

**BRITISH INDIAN PSYCHIATRIC ASSOCIATION
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
1st Floor, Cash's Business Centre
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
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BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Trustees' Report For The Year Ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives

The objects of the BIPA are to protect and promote good health amongst people with mental illness or intellectual disability, in particular those from the black and minority ethnic communities, This is achieved by:

Significant Activities

Executive team members- Dr Amar Sardana, Dr Anu Priya, Dr Ashok Jainar, Dr Baxi Neraj Prasad Sinha, Dr Bettahalasoor Somashekar, Dr Nita Agarwal, Dr Prashanth Ampalam, Dr Prutha Desai, Dr Samir Shah and Dr Tina Malhotra.

BIPA membership has continued to grow to over 700. BIPA continues to work both in the UK and wider, and the collaborations have been extremely helpful to share knowledge and information and ultimately help improve mental health care to patients.

We had a very successful conference in 2024, and the executive committee have been meeting regularly to discuss a develop a number of initiatives, many of which have been hugely successful. Academic activities have increased hugely and we have had a number of webinars on a range of topics, and our President has been instrumental in organising these.

Our online presence has improved immensely, and special thanks to Dr Vats Zapadia who has contributed with his creative and innovative ideas for administrative tasks.

We had a great representation at Ancips January 2025 and RCPsych International Congress June 2024 and BIPA members continue to have many leadership roles, and be recognised for many achievements formally and informally. In addition many members were also part of the cultural events and this was received very positively. There were many oral and poster presentations at both these events by BIPA members. We have many published authors, people doing phenomenal work in areas outside psychiatry including voluntary work, music, arts, sports etc.

We also have members who have attended BAPIO events, other diaspora events and continue to support to help improve experiences for everyone. It is important for us to have a voice that is heard as we are representing patients, public and colleagues who come to UK from around the world and have unique abilities to make a positive difference and reduce inequalities.

The Executive Committee and Trustees have met a number of times, and our BIPA Trustees continue to support and encourage activities of the organisation. For the next year we would like to build on all the progress, learn and improve from the feedback. We would like to increase our membership further and engage more doctors and spread awareness about mental health.

Reference and Administrative Details

Trustees

Dr Sridevi Sira Mahalingappa - President
Dr Harinder Bains - Vice President
Dr Shweta Mittal - Treasurer (appointed 30/06/2024)
Dr Fabida Aria - General Secretary (appointed 01/04/2024)
Dr Bhavana Chavada - Ex President

Charity Number

1169838

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Trustees' Report (continued)
For The Year Ended 31 March 2025

Principal Address

Cash's Business Centre
1st Floor, 228 Widdrington Road
Coventry
CV1 4PB

Independent Examiner

Harendra K Shah ACCA
Shah & Co (Accountants) Ltd
Chartered Certified Accountants
1st Floor, Cash's Business Centre
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

Executive Committee members

Dr Tina Malhotra
Dr Samir Shah
Dr Ashok Jainer
Dr Prutha Desai
Dr Prasanth Ampalam
Dr Nita Agarwal
Dr Bettahalasoor Somashekar
Dr Baxi Neeraj Prasad Sinha
Dr Anu Priya
Dr Aman Sardana

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Trustees' Report (continued)
For The Year Ended 31 March 2025

The trustees' report was approved by the board of trustees and signed on its behalf by:

Dr Shweta Mittal

Trustee

02/04/2026

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Independent Examiner's Report to the Trustees of BRITISH INDIAN PSYCHIATRIC ASSOCIATION
For The Year Ended 31 March 2025

I report to the trustees on my examination of the accounts of BRITISH INDIAN PSYCHIATRIC ASSOCIATION (the Trust) for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Harendra K Shah ACCA
02/04/2026
1st Floor, Cash's Business Centre
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Statement of Financial Activities
For The Year Ended 31 March 2025

		2025	2024
		Unrestricted funds	Unrestricted funds
	Notes	£	£
INCOME AND ENDOWMENTS FROM:			
Donations and legacies		65,251	48,818
EXPENDITURE ON:			
Raising funds	3	(47,547)	(31,017)
Charitable activities:	3		
NET INCOME		17,704	17,801
NET MOVEMENT IN FUNDS		17,704	17,801
RECONCILIATION OF FUNDS:			
Total funds brought forward		76,694	58,893
TOTAL FUNDS CARRIED FORWARD		94,398	76,694

The notes on pages 7 to 9 form part of these financial statements.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Statement of Financial Position
As At 31 March 2025

	2025	2024
	Unrestricted funds	Total funds
Notes	£	£
CURRENT ASSETS		
Cash at bank and in hand	96,333	77,669
	<u>96,333</u>	<u>77,669</u>
Creditors: Amounts Falling Due Within One Year	(1,935)	(975)
	<u>(1,935)</u>	<u>(975)</u>
NET CURRENT ASSETS (LIABILITIES)	94,398	76,694
	<u>94,398</u>	<u>76,694</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	94,398	76,694
	<u>94,398</u>	<u>76,694</u>
NET ASSETS	94,398	76,694
	<u>94,398</u>	<u>76,694</u>
FUNDS OF THE CHARITY		
Unrestricted Funds	94,398	76,694
	<u>94,398</u>	<u>76,694</u>
TOTAL FUNDS	94,398	76,694
	<u>94,398</u>	<u>76,694</u>

On behalf of the board

Dr Shweta Mittal

Trustee

02/04/2026

The notes on pages 7 to 9 form part of these financial statements.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Notes to the Financial Statements
For The Year Ended 31 March 2025

1. General Information

BRITISH INDIAN PSYCHIATRIC ASSOCIATION is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1169838. The principal address is Cash's Business Centre, 1st Floor, 228 Widdrington Road, Coventry, CV1 4PB.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charity's ability to continue as a going concern.

2.3. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2.4. Incoming Resources

Income is recognized when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

2.5. Donated Goods and Services

Charity has made donations of goods and services. It is valued at fair market value.

2.6. Investment Properties

All investment properties are carried at fair value determined annually and derived from the current market rents and investment property yields for comparable real estate, adjusted if necessary for any difference in the nature, location or condition of the specific asset. No depreciation is provided for. Changes in fair value are recognised in the statement of financial activities.

2.7. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

3. Analysis of Expenditure

	2025		
	Activities undertaken directly	Support costs (see note 4)	Total
	£	£	£
Raising funds	46,208	1,339	47,547

	2024		
	Activities undertaken directly	Support costs (see note 4)	Total
	£	£	£
Raising funds	28,125	2,892	31,017

4. Support Costs

	2025
	Raising funds
	£
General administration	1,339

	2024
	Raising funds
	£
General administration	1,459
Governance costs	1,433
	2,892

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

5. Independent Examiner's Remuneration

Independent examiner's report to the trustees of British Indian Psychiatric Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

	2025	2024
	£	£
Independent examination of the financial statements	480	-

6. Average Number of Employees

Average number of employees during the year was: NIL (2024:)

7. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

8. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Detailed Statement of Financial Activities
For The Year Ended 31 March 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	32,518	6,740
Sponsorships	23,549	37,333
Donated goods, facilities and services	9,184	4,745
	<u>65,251</u>	<u>48,818</u>
	65,251	48,818
EXPENDITURE ON:		
Raising funds		
Staging fundraising events	(45,941)	(28,125)
Computer software, IT consumables and maintenance	(267)	-
Advertising and marketing costs	(288)	(307)
Telephone	(91)	(352)
Independent examiner's fees	(480)	(400)
Accountancy fees	(480)	(400)
Trustees' expenses	-	(1,433)
	<u>(47,547)</u>	<u>(31,017)</u>
	(47,547)	(31,017)
NET INCOME	<u><u>17,704</u></u>	<u><u>17,801</u></u>