

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
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BRITISH INDIAN PSYCHIATRIC ASSOCIATION

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FOR THE YEAR ENDED 31 MARCH 2023

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BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the BIPA are to protect and promote good health amongst people with mental illness or intellectual disability, in particular those from the black and minority ethnic communities, This is achieved by:

- advancing education in mental health through training and research:
- working with statutory bodies, healthcare professionals and other organization to assist in the improvement of mental healthcare provision.

Significant activities

The Trustees have referred to the Charity Commissions general guidance on public benefit when reviewing the BIPA's aims and objectives and in planning its future activities. The Trustees are satisfied that all standards of the BIPA's activities come under the overarching goal of improving mental health for all and contribute toward the benefit of the public as a whole.

BIPA membership has increased from 500 to 525 members, indicating a growing interest in the organisation and its activities.

BIPA members actively participated in the IPS annual conference ANCIPS in Bhubaneswar in February 2023, fostering collaboration and knowledge exchange within the psychiatric community.

The executive team has held regular meetings throughout the year, ensuring effective leadership and decision-making. Recently, the team has focused on the successful organisation of a conference, demonstrating their commitment to advancing the goals of BIPA.

The BIPA website has been consistently updated with relevant information, ensuring that members and the community stay informed about the organization's activities and achievements.

A WhatsApp group has been established for BIPA members, providing a convenient platform for communication, sharing resources, and building a stronger sense of community

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Board of trustees:-

President:- Dr Bhavana Chawda

Vice President:- Dr Sridevi Sira Mahalingappa

Honorary Secretary:- Dr Harinder Bains

Treasurer:- Dr Ramneesh Puri

Immediate Past President:- Dr Ananta Dave

Trustees:-

Dr Seshagiri Rao Nimmagadda

Dr Manoj Rajagopal

Executive Committee 2022 - 2023:-

Dr Sanjukta Das

Dr Nita Agarwal

Dr Fabida Aria

Dr Shweta Mittal

Dr Anu Priya

Dr Ashok Jainer

Dr Sen Kallumpuram

Dr Baxi Neeraj Prasad Sinha

Dr Mano Manoharan

Dr Ananta Dave

Dr Trupti Koli

Dr Mina Bobdey

Dr Niraj Singh

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE008349 (England and Wales)

Registered Charity number

1169838

Registered office

Cash's Business Centre

First Floor

228 Widdrington Road

Coventry

Warwickshire

CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Harendra Shah
Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

Approved by order of the board of trustees on 7 November 2024 and signed on its behalf by:

Dr S Sira Mahalingappa - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Independent examiner's report to the trustees of British Indian Psychiatric Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Harendra Shah
The Association of Chartered Certified Accountants

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
West Midlands
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7 November 2024

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

		31.3.23 Unrestricted fund £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	6,932	13,298
Other trading activities	3	25,079	2,170
Total		<u>32,011</u>	<u>15,468</u>
 EXPENDITURE ON			
Charitable activities	4		
Trustee Expenses		-	8,384
Postage and Stationery		248	3,943
Advertising and Conference Set up fees		454	2,754
Telephone Expenses		173	1,687
Insurance and Lincencing		784	781
Sundry Expenses		350	605
Event Fees		23,407	-
Total		<u>25,416</u>	<u>18,154</u>
 NET INCOME/(EXPENDITURE)		6,595	(2,686)
 RECONCILIATION OF FUNDS			
Total funds brought forward		52,298	54,984
 TOTAL FUNDS CARRIED FORWARD		<u><u>58,893</u></u>	<u><u>52,298</u></u>

The notes form part of these financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

BALANCE SHEET
31 MARCH 2023

	Notes	31.3.23 Unrestricted fund £	31.3.22 Total funds £
CURRENT ASSETS			
Debtors	7	(975)	(975)
Cash at bank		59,868	53,273
		58,893	52,298
NET CURRENT ASSETS		58,893	52,298
TOTAL ASSETS LESS CURRENT LIABILITIES		58,893	52,298
NET ASSETS		58,893	52,298
FUNDS	8		
Unrestricted funds		58,893	52,298
TOTAL FUNDS		58,893	52,298

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 November 2024 and were signed on its behalf by:

S Sira Mahalingappa - Trustee

The notes form part of these financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	3,074	2,375
Donated services and facilities	3,858	10,923
	<u>6,932</u>	<u>13,298</u>

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Sponsorships	25,079	2,170
	<u>25,079</u>	<u>2,170</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £
Postage and Stationery	248
Advertising and Conference Set up fees	454
Telephone Expenses	173
Insurance and Lincencing	784
Sundry Expenses	350
Event Fees	23,407
	<hr/> 25,416 <hr/>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

	31.3.23	31.3.22
	£	£
Trustees' expenses	<hr/> 800 <hr/>	<hr/> 8,384 <hr/>

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	13,298
Other trading activities	2,170
Total	<hr/> 15,468 <hr/>
EXPENDITURE ON	
Charitable activities	
Trustee Expenses	8,384
Postage and Stationery	3,943
Advertising and Conference Set up fees	2,754
Telephone Expenses	1,687
Insurance and Lincencing	781
Sundry Expenses	605
Total	<hr/> 18,154 <hr/>
NET INCOME/(EXPENDITURE)	(2,686)
RECONCILIATION OF FUNDS	
Total funds brought forward	54,984
TOTAL FUNDS CARRIED FORWARD	<hr/> 52,298 <hr/>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Accruals	(975)	(975)
	<u> </u>	<u> </u>

8. MOVEMENT IN FUNDS

	At 1/4/22	Net movement in funds	At 31/3/23
	£	£	£
Unrestricted funds			
General fund	52,298	6,595	58,893
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>52,298</u>	<u>6,595</u>	<u>58,893</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	32,011	(25,416)	6,595
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>32,011</u>	<u>(25,416)</u>	<u>6,595</u>

Comparatives for movement in funds

	At 1/4/21	Net movement in funds	At 31/3/22
	£	£	£
Unrestricted funds			
General fund	54,984	(2,686)	52,298
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>54,984</u>	<u>(2,686)</u>	<u>52,298</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	15,468	(18,154)	(2,686)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>15,468</u>	<u>(18,154)</u>	<u>(2,686)</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	54,984	3,909	58,893
TOTAL FUNDS	<u>54,984</u>	<u>3,909</u>	<u>58,893</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	47,479	(43,570)	3,909
TOTAL FUNDS	<u>47,479</u>	<u>(43,570)</u>	<u>3,909</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,074	2,375
Donated services and facilities	3,858	10,923
	<hr/> 6,932	<hr/> 13,298
Other trading activities		
Sponsorships	25,079	2,170
	<hr/>	<hr/>
Total incoming resources	32,011	15,468
EXPENDITURE		
Charitable activities		
Trustees' expenses	800	8,384
Insurance	784	781
Telephone	173	1,687
Postage and stationery	248	3,943
Advertising	454	2,754
Sundries	350	605
No description	22,607	-
	<hr/> 25,416	<hr/> 18,154
	<hr/>	<hr/>
Total resources expended	25,416	18,154
	<hr/>	<hr/>
Net income/(expenditure)	<u>6,595</u>	<u>(2,686)</u>

This page does not form part of the statutory financial statements