

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

England & Wales · Charity number 1169838

Details

Other names BIPA

Status Registered

Legal form CIO

Registered 2016-10-21

Register [View on the Charity Commission register](#)

Contact

Address SHAH & CO ACCOUNTANTS LTD
Unit 1
Cash's Business Centre
Widdrington Rd
Coventry
CV1 4PB

Phone 01234 350 885

Website <http://www.bipa.org.uk/>

Activities

Objects: TO PROTECT AND PROMOTE GOOD HEALTH FOR THE PUBLIC BENEFIT AMONG PEOPLE WITH MENTAL ILLNESS OR INTELLECTUAL DISABILITY, IN PARTICULAR BUT NOT EXCLUSIVELY PEOPLE FROM BME COMMUNITIES, BY: A) ADVANCING EDUCATION IN MENTAL HEALTH AND INTELLECTUAL DISABILITY AND UNDERTAKING TRAINING AND PROMOTING RESEARCH, THE USEFUL RESULTS OF WHICH WILL BE PUBLISHED. B) WORKING WITH STATUTORY BODIES, HEALTHCARE PROFESSIONALS AND OTHER ORGANISATIONS TO ASSIST IN THE IMPROVEMENT OF MENTAL HEALTHCARE PROVISION.

Activities: Improve mental health awareness. Organise educational and training events in mental health for benefit of public. Engage in charitable activities in U.K. and India.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- Australia
- India
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£65,251	£47,547	-	-
2024-03-31	£48,819	£31,018	-	-
2023-03-31	£32,011	£25,416	-	-
2022-03-31	£15,468	£18,154	-	-
2021-03-31	£4,181	£2,367	-	-
2020-03-31	£5,767	£9,540	-	-

Trustees

Name	Role	Appointed
SRIDEVI SIRA MAHALINGAPPA	Chair	2022-06-01
Bhavana Chawda		2022-10-02
Dr Fabida Aria		2024-06-30
Dr Harinder Singh Bains		2022-11-30
Dr Shweta Mittal		2024-06-30

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

England & Wales - Charity number 1169838

Accounts

**BRITISH INDIAN PSYCHIATRIC ASSOCIATION
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
1st Floor, Cash's Business Centre
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
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BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Trustees' Report For The Year Ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives

The objects of the BIPA are to protect and promote good health amongst people with mental illness or intellectual disability, in particular those from the black and minority ethnic communities, This is achieved by:

Significant Activities

Executive team members- Dr Amar Sardana, Dr Anu Priya, Dr Ashok Jainar, Dr Baxi Neraj Prasad Sinha, Dr Bettahalasoor Somashekar, Dr Nita Agarwal, Dr Prashanth Ampalam, Dr Prutha Desai, Dr Samir Shah and Dr Tina Malhotra.

BIPA membership has continued to grow to over 700. BIPA continues to work both in the UK and wider, and the collaborations have been extremely helpful to share knowledge and information and ultimately help improve mental health care to patients.

We had a very successful conference in 2024, and the executive committee have been meeting regularly to discuss a develop a number of initiatives, many of which have been hugely successful. Academic activities have increased hugely and we have had a number of webinars on a range of topics, and our President has been instrumental in organising these.

Our online presence has improved immensely, and special thanks to Dr Vats Zapadia who has contributed with his creative and innovative ideas for administrative tasks.

We had a great representation at Ancips January 2025 and RCPsych International Congress June 2024 and BIPA members continue to have many leadership roles, and be recognised for many achievements formally and informally. In addition many members were also part of the cultural events and this was received very positively. There were many oral and poster presentations at both these events by BIPA members We have many published authors, people doing phenomenal work in areas outside psychiatry including voluntary work, music, arts, sports etc.

We also have members who have attended BAPIO events, other diaspora events and continue to support to help improve experiences for everyone. It is important for us to have a voice that is heard as we are representing patients, public and colleagues who come to UK from around the world and have unique abilities to make a positive difference and reduce inequalities.

The Executive Committee and Trustees have met a number of times, and our BIPA Trustees continue to support and encourage activities of the organisation. For the next year we would like to build on all the progress, learn and improve from the feedback. We would like to increase our membership further and engage more doctors and spread awareness about mental health.

Reference and Administrative Details

Trustees

Dr Sridevi Sira Mahalingappa - President
Dr Harinder Bains - Vice President
Dr Shweta Mittal - Treasurer (appointed 30/06/2024)
Dr Fabida Aria - General Secretary (appointed 01/04/2024)
Dr Bhavana Chavada - Ex President

Charity Number

1169838

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Trustees' Report (continued)
For The Year Ended 31 March 2025

Principal Address

Cash's Business Centre
1st Floor, 228 Widdrington Road
Coventry
CV1 4PB

Independent Examiner

Harendra K Shah ACCA
Shah & Co (Accountants) Ltd
Chartered Certified Accountants
1st Floor, Cash's Business Centre
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

Executive Committee members

Dr Tina Malhotra
Dr Samir Shah
Dr Ashok Jainer
Dr Prutha Desai
Dr Prasanth Ampalam
Dr Nita Agarwal
Dr Bettahalasoor Somashekar
Dr Baxi Neeraj Prasad Sinha
Dr Anu Priya
Dr Aman Sardana

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Trustees' Report (continued)
For The Year Ended 31 March 2025

The trustees' report was approved by the board of trustees and signed on its behalf by:

Dr Shweta Mittal

Trustee

02/04/2026

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Independent Examiner's Report to the Trustees of BRITISH INDIAN PSYCHIATRIC ASSOCIATION
For The Year Ended 31 March 2025

I report to the trustees on my examination of the accounts of BRITISH INDIAN PSYCHIATRIC ASSOCIATION (the Trust) for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Harendra K Shah ACCA
02/04/2026
1st Floor, Cash's Business Centre
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Statement of Financial Activities
For The Year Ended 31 March 2025

		2025	2024
		Unrestricted funds	Unrestricted funds
	Notes	£	£
INCOME AND ENDOWMENTS FROM:			
Donations and legacies		65,251	48,818
EXPENDITURE ON:			
Raising funds	3	(47,547)	(31,017)
Charitable activities:	3		
NET INCOME		17,704	17,801
NET MOVEMENT IN FUNDS		17,704	17,801
RECONCILIATION OF FUNDS:			
Total funds brought forward		76,694	58,893
TOTAL FUNDS CARRIED FORWARD		94,398	76,694

The notes on pages 7 to 9 form part of these financial statements.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Statement of Financial Position
As At 31 March 2025

	2025	2024
	Unrestricted funds	Total funds
Notes	£	£
CURRENT ASSETS		
Cash at bank and in hand	96,333	77,669
	96,333	77,669
Creditors: Amounts Falling Due Within One Year	(1,935)	(975)
	(1,935)	(975)
NET CURRENT ASSETS (LIABILITIES)	94,398	76,694
TOTAL ASSETS LESS CURRENT LIABILITIES	94,398	76,694
NET ASSETS	94,398	76,694
FUNDS OF THE CHARITY		
Unrestricted Funds	94,398	76,694
TOTAL FUNDS	94,398	76,694

On behalf of the board

Dr Shweta Mittal

Trustee

02/04/2026

The notes on pages 7 to 9 form part of these financial statements.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Notes to the Financial Statements
For The Year Ended 31 March 2025

1. General Information

BRITISH INDIAN PSYCHIATRIC ASSOCIATION is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1169838. The principal address is Cash's Business Centre, 1st Floor, 228 Widdrington Road, Coventry, CV1 4PB.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charity's ability to continue as a going concern.

2.3. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for a specific purpose.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2.4. Incoming Resources

Income is recognized when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

2.5. Donated Goods and Services

Charity has made donations of goods and services. It is valued at fair market value.

2.6. Investment Properties

All investment properties are carried at fair value determined annually and derived from the current market rents and investment property yields for comparable real estate, adjusted if necessary for any difference in the nature, location or condition of the specific asset. No depreciation is provided for. Changes in fair value are recognised in the statement of financial activities.

2.7. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

3. Analysis of Expenditure

		2025
	Activities undertaken directly	Support costs (see note 4)
	£	£
Raising funds	46,208	1,339
	<u>46,208</u>	<u>1,339</u>
		<u>47,547</u>

		2024
	Activities undertaken directly	Support costs (see note 4)
	£	£
Raising funds	28,125	2,892
	<u>28,125</u>	<u>2,892</u>
		<u>31,017</u>

4. Support Costs

	2025
	Raising funds
	£
General administration	1,339
	<u>1,339</u>

	2024
	Raising funds
	£
General administration	1,459
Governance costs	1,433
	<u>1,433</u>
	<u>2,892</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

5. Independent Examiner's Remuneration

Independent examiner's report to the trustees of British Indian Psychiatric Association ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

	2025	2024
	£	£
Independent examination of the financial statements	480	-

6. Average Number of Employees

Average number of employees during the year was: NIL (2024:)

7. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

8. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION
Detailed Statement of Financial Activities
For The Year Ended 31 March 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	32,518	6,740
Sponsorships	23,549	37,333
Donated goods, facilities and services	9,184	4,745
	65,251	48,818
	65,251	48,818
EXPENDITURE ON:		
Raising funds		
Staging fundraising events	(45,941)	(28,125)
Computer software, IT consumables and maintenance	(267)	-
Advertising and marketing costs	(288)	(307)
Telephone	(91)	(352)
Independent examiner's fees	(480)	(400)
Accountancy fees	(480)	(400)
Trustees' expenses	-	(1,433)
	(47,547)	(31,017)
	(47,547)	(31,017)
NET INCOME	17,704	17,801

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

England & Wales - Charity number 1169838

Accounts

REGISTERED COMPANY NUMBER: CE008349 (England and Wales)
REGISTERED CHARITY NUMBER: 1169838

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
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BRITISH INDIAN PSYCHIATRIC ASSOCIATION

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FOR THE YEAR ENDED 31 MARCH 2024

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BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the BIPA are to protect and promote good health amongst people with mental illness or intellectual disability, in particular those from the black and minority ethnic communities, This is achieved by:

- advancing education in mental health through training and research:

- working with statutory bodies, healthcare professionals and other organization to assist in the improvement of mental healthcare provision.

Significant activities

BIPA members have attended the Indian Psychiatry Society (IPS) annual conference ANCIPS in January 2024, where they presented and also had opportunity to network and continue developing BIPA links with IPS. Joint presentations of BIPA and IPS executive teams focussed on transcultural landscapes and collaborative working

The executive team has held regular meetings throughout the year, ensuring effective leadership and decision-making.

The BIPA website has been updated with relevant information, ensuring that members and the community stay informed about the organization's activities and achievements

A WhatsApp group has been established for BIPA members, providing a convenient platform for communication, sharing resources, and building a stronger sense of community.

BIPA members have attended various conferences and diaspora events such as the as British Pakistan Psychiatry Association, British Sri Lankan Psychiatry Association and BAPIO annual events.

BIPA president Dr Bhavana Chawda has attended the society for brain mapping and therapeutics 2024 annual world congress and The American Psychiatric Association annual general meeting in New York. A joint presentation with IAPA and IPS presidents on alcohol use disorder was well received.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE008349 (England and Wales)

Registered Charity number

1169838

Registered office

Cash's Business Centre
First Floor
228 Widdrington Road
Coventry
Warwickshire
CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Trustees

President:- Dr Bhavana Chawda
Vice President:- Dr Sridevi Sira Mahalingappa
Honorary Secretary:- Dr Harinder Bains
Treasurer:- Dr Ramneesh Puri

Immediate Past President:- Dr Ananta Dave

Dr Seshagiri Rao Nimmagadda
Dr Manoj Rajagopal

Executive Committee 2022 - 2024:-

Dr Sanjukta Das
Dr Nita Agarwal
Dr Fabida Aria
Dr Shweta Mittal
Dr Anu Priya
Dr Ashok Jainer
Dr Sen Kallumpuram
Dr Baxi Neeraj Prasad Sinha
Dr Mano Manoharan
Dr Ananta Dave
Dr Trupti Koli
Dr Mina Bobdey

Independent Examiner

Harendra Shah
Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

Approved by order of the board of trustees on 17 March 2025 and signed on its behalf by:

Dr S Sira Mahalingappa - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRITISH INDIAN PSYCHIATRIC ASSOCIATION**

Independent examiner's report to the trustees of British Indian Psychiatric Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Harendra Shah
The Association of Chartered Certified Accountants

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

17 March 2025

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

		31.3.24 Unrestricted fund £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	11,486	6,932
Other trading activities	3	37,333	25,079
Total		<u>48,819</u>	<u>32,011</u>
EXPENDITURE ON			
Charitable activities	4		
Postage and Stationery		-	248
Advertising and Conference Set up fees		307	454
Telephone Expenses		353	173
Insurance and Lincencing		-	784
Sundry Expenses		-	350
Event Fees		29,558	23,407
Accountancy		800	-
Total		<u>31,018</u>	<u>25,416</u>
NET INCOME		17,801	6,595
RECONCILIATION OF FUNDS			
Total funds brought forward		58,893	52,298
TOTAL FUNDS CARRIED FORWARD		<u><u>76,694</u></u>	<u><u>58,893</u></u>

The notes form part of these financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

BALANCE SHEET
31 MARCH 2024

	Notes	31.3.24 Unrestricted fund £	31.3.23 Total funds £
CURRENT ASSETS			
Debtors	7	(975)	(975)
Cash at bank		77,669	59,868
		<u>76,694</u>	<u>58,893</u>
NET CURRENT ASSETS		<u>76,694</u>	<u>58,893</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>76,694</u>	<u>58,893</u>
NET ASSETS		<u>76,694</u>	<u>58,893</u>
FUNDS	8		
Unrestricted funds		<u>76,694</u>	<u>58,893</u>
TOTAL FUNDS		<u>76,694</u>	<u>58,893</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17 March 2025 and were signed on its behalf by:

S Sira Mahalingappa - Trustee

The notes form part of these financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	31.3.24	31.3.23
	£	£
Donations	6,741	3,074
Donated services and facilities	4,745	3,858
	<u>11,486</u>	<u>6,932</u>

3. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Sponsorships	<u>37,333</u>	<u>25,079</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Advertising and Conference Set up fees	307	-	307
Telephone Expenses	353	-	353
Event Fees	29,558	-	29,558
Accountancy	-	800	800
	<u>30,218</u>	<u>800</u>	<u>31,018</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

	31.3.24	31.3.23
	£	£
Trustees' expenses	<u>1,433</u>	<u>800</u>

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	6,932
Other trading activities	25,079
Total	<u>32,011</u>
EXPENDITURE ON	
Charitable activities	
Postage and Stationery	248
Advertising and Conference Set up fees	454
Telephone Expenses	173
Insurance and Lincencing	784
Sundry Expenses	350
Event Fees	23,407
Total	<u>25,416</u>
NET INCOME	6,595
RECONCILIATION OF FUNDS	
Total funds brought forward	52,298
TOTAL FUNDS CARRIED FORWARD	<u>58,893</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Accruals	<u>(975)</u>	<u>(975)</u>

8. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At
	£	£	31/3/24
Unrestricted funds			
General fund	58,893	17,801	76,694
	<u>58,893</u>	<u>17,801</u>	<u>76,694</u>
TOTAL FUNDS	<u>58,893</u>	<u>17,801</u>	<u>76,694</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	48,819	(31,018)	17,801
	<u>48,819</u>	<u>(31,018)</u>	<u>17,801</u>
TOTAL FUNDS	<u>48,819</u>	<u>(31,018)</u>	<u>17,801</u>

Comparatives for movement in funds

	At 1/4/22	Net movement in funds	At
	£	£	31/3/23
Unrestricted funds			
General fund	52,298	6,595	58,893
	<u>52,298</u>	<u>6,595</u>	<u>58,893</u>
TOTAL FUNDS	<u>52,298</u>	<u>6,595</u>	<u>58,893</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	32,011	(25,416)	6,595
	<u>32,011</u>	<u>(25,416)</u>	<u>6,595</u>
TOTAL FUNDS	<u>32,011</u>	<u>(25,416)</u>	<u>6,595</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	52,298	24,396	76,694
TOTAL FUNDS	<u>52,298</u>	<u>24,396</u>	<u>76,694</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	80,830	(56,434)	24,396
TOTAL FUNDS	<u>80,830</u>	<u>(56,434)</u>	<u>24,396</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	31.3.24	31.3.23
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	6,741	3,074
Donated services and facilities	4,745	3,858
	<u>11,486</u>	<u>6,932</u>
Other trading activities		
Sponsorships	37,333	25,079
	<u>48,819</u>	<u>32,011</u>
Total incoming resources	<u>48,819</u>	<u>32,011</u>
EXPENDITURE		
Charitable activities		
Trustees' expenses	1,433	800
Insurance	-	784
Telephone	353	173
Postage and stationery	-	248
Advertising	307	454
Sundries	-	350
No description	28,125	22,607
	<u>30,218</u>	<u>25,416</u>
Support costs		
Governance costs		
Accountancy and legal fees	800	-
	<u>31,018</u>	<u>25,416</u>
Total resources expended	<u>31,018</u>	<u>25,416</u>
Net income	<u><u>17,801</u></u>	<u><u>6,595</u></u>

This page does not form part of the statutory financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

England & Wales - Charity number 1169838

Accounts

REGISTERED COMPANY NUMBER: CE008349 (England and Wales)
REGISTERED CHARITY NUMBER: 1169838

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

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FOR THE YEAR ENDED 31 MARCH 2023

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BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the BIPA are to protect and promote good health amongst people with mental illness or intellectual disability, in particular those from the black and minority ethnic communities, This is achieved by:

- advancing education in mental health through training and research:
- working with statutory bodies, healthcare professionals and other organization to assist in the improvement of mental healthcare provision.

Significant activities

The Trustees have referred to the Charity Commissions general guidance on public benefit when reviewing the BIPA's aims and objectives and in planning its future activities. The Trustees are satisfied that all standards of the BIPA's activities come under the overarching goal of improving mental health for all and contribute toward the benefit of the public as a whole.

BIPA membership has increased from 500 to 525 members, indicating a growing interest in the organisation and its activities.

BIPA members actively participated in the IPS annual conference ANCIPS in Bhubaneswar in February 2023, fostering collaboration and knowledge exchange within the psychiatric community.

The executive team has held regular meetings throughout the year, ensuring effective leadership and decision-making. Recently, the team has focused on the successful organisation of a conference, demonstrating their commitment to advancing the goals of BIPA.

The BIPA website has been consistently updated with relevant information, ensuring that members and the community stay informed about the organization's activities and achievements.

A WhatsApp group has been established for BIPA members, providing a convenient platform for communication, sharing resources, and building a stronger sense of community

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Board of trustees:-

President:- Dr Bhavana Chawda

Vice President:- Dr Sridevi Sira Mahalingappa

Honorary Secretary:- Dr Harinder Bains

Treasurer:- Dr Ramneesh Puri

Immediate Past President:- Dr Ananta Dave

Trustees:-

Dr Seshagiri Rao Nimmagadda

Dr Manoj Rajagopal

Executive Committee 2022 - 2023:-

Dr Sanjukta Das

Dr Nita Agarwal

Dr Fabida Aria

Dr Shweta Mittal

Dr Anu Priya

Dr Ashok Jainer

Dr Sen Kallumpuram

Dr Baxi Neeraj Prasad Sinha

Dr Mano Manoharan

Dr Ananta Dave

Dr Trupti Koli

Dr Mina Bobdey

Dr Niraj Singh

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE008349 (England and Wales)

Registered Charity number

1169838

Registered office

Cash's Business Centre

First Floor

228 Widdrington Road

Coventry

Warwickshire

CV1 4PB

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Harendra Shah
Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

Approved by order of the board of trustees on 7 November 2024 and signed on its behalf by:

Dr S Sira Mahalingappa - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRITISH INDIAN PSYCHIATRIC ASSOCIATION**

Independent examiner's report to the trustees of British Indian Psychiatric Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Harendra Shah
The Association of Chartered Certified Accountants

Shah & Co (Accountants) Ltd
Chartered Certified Accountants
Cash's Business Centre
1st Floor
228 Widdrington Road
Coventry
West Midlands
CV1 4PB

7 November 2024

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	31.3.23 Unrestricted fund £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2	6,932	13,298
Other trading activities	3	25,079	2,170
Total		<u>32,011</u>	<u>15,468</u>
EXPENDITURE ON			
Charitable activities	4		
Trustee Expenses		-	8,384
Postage and Stationery		248	3,943
Advertising and Conference Set up fees		454	2,754
Telephone Expenses		173	1,687
Insurance and Lincencing		784	781
Sundry Expenses		350	605
Event Fees		23,407	-
Total		<u>25,416</u>	<u>18,154</u>
NET INCOME/(EXPENDITURE)		6,595	(2,686)
RECONCILIATION OF FUNDS			
Total funds brought forward		52,298	54,984
TOTAL FUNDS CARRIED FORWARD		<u><u>58,893</u></u>	<u><u>52,298</u></u>

The notes form part of these financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

BALANCE SHEET
31 MARCH 2023

	Notes	31.3.23 Unrestricted fund £	31.3.22 Total funds £
CURRENT ASSETS			
Debtors	7	(975)	(975)
Cash at bank		59,868	53,273
		<u>58,893</u>	<u>52,298</u>
NET CURRENT ASSETS		<u>58,893</u>	<u>52,298</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		58,893	52,298
NET ASSETS		<u>58,893</u>	<u>52,298</u>
FUNDS	8		
Unrestricted funds		58,893	52,298
TOTAL FUNDS		<u>58,893</u>	<u>52,298</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 November 2024 and were signed on its behalf by:

S Sira Mahalingappa - Trustee

The notes form part of these financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	3,074	2,375
Donated services and facilities	3,858	10,923
	<u>6,932</u>	<u>13,298</u>

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Sponsorships	25,079	2,170
	<u>25,079</u>	<u>2,170</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £
Postage and Stationery	248
Advertising and Conference Set up fees	454
Telephone Expenses	173
Insurance and Lincencing	784
Sundry Expenses	350
Event Fees	23,407
	<u>25,416</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

	31.3.23	31.3.22
	£	£
Trustees' expenses	<u>800</u>	<u>8,384</u>

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	13,298
Other trading activities	2,170
Total	<u>15,468</u>
EXPENDITURE ON	
Charitable activities	
Trustee Expenses	8,384
Postage and Stationery	3,943
Advertising and Conference Set up fees	2,754
Telephone Expenses	1,687
Insurance and Lincencing	781
Sundry Expenses	605
Total	<u>18,154</u>
NET INCOME/(EXPENDITURE)	(2,686)
RECONCILIATION OF FUNDS	
Total funds brought forward	54,984
TOTAL FUNDS CARRIED FORWARD	<u>52,298</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Accruals	<u>(975)</u>	<u>(975)</u>

8. MOVEMENT IN FUNDS

	At 1/4/22	Net movement in funds	At 31/3/23
	£	£	£
Unrestricted funds			
General fund	52,298	6,595	58,893
	<u>52,298</u>	<u>6,595</u>	<u>58,893</u>
TOTAL FUNDS	<u>52,298</u>	<u>6,595</u>	<u>58,893</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	32,011	(25,416)	6,595
	<u>32,011</u>	<u>(25,416)</u>	<u>6,595</u>
TOTAL FUNDS	<u>32,011</u>	<u>(25,416)</u>	<u>6,595</u>

Comparatives for movement in funds

	At 1/4/21	Net movement in funds	At 31/3/22
	£	£	£
Unrestricted funds			
General fund	54,984	(2,686)	52,298
	<u>54,984</u>	<u>(2,686)</u>	<u>52,298</u>
TOTAL FUNDS	<u>54,984</u>	<u>(2,686)</u>	<u>52,298</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	15,468	(18,154)	(2,686)
	<u>15,468</u>	<u>(18,154)</u>	<u>(2,686)</u>
TOTAL FUNDS	<u>15,468</u>	<u>(18,154)</u>	<u>(2,686)</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	54,984	3,909	58,893
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>54,984</u>	<u>3,909</u>	<u>58,893</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	47,479	(43,570)	3,909
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>47,479</u>	<u>(43,570)</u>	<u>3,909</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	31.3.23	31.3.22
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,074	2,375
Donated services and facilities	3,858	10,923
	<u>6,932</u>	<u>13,298</u>
Other trading activities		
Sponsorships	25,079	2,170
	<u>32,011</u>	<u>15,468</u>
Total incoming resources		
	32,011	15,468
EXPENDITURE		
Charitable activities		
Trustees' expenses	800	8,384
Insurance	784	781
Telephone	173	1,687
Postage and stationery	248	3,943
Advertising	454	2,754
Sundries	350	605
No description	22,607	-
	<u>25,416</u>	<u>18,154</u>
Total resources expended	25,416	18,154
Net income/(expenditure)	<u>6,595</u>	<u>(2,686)</u>

This page does not form part of the statutory financial statements

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

England & Wales - Charity number 1169838

Accounts

BRITISH INDIAN PSYCHIATRIC ASSOCIATION



ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31st March 2022

Charity Commission for England
and Wales Registration Number
1169838

BRITISH INDIAN PSYCHIATRIC

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REFERENCE AND ADMINISTRATIVE DETAILS

Board of Trustees

President	Dr Ananta Dave
Honorary Vice President	Dr Bhavana Chawda
Honorary Secretary	Dr Donna Arya
Honorary Treasurer	Dr Ashwani Kapila
Immediate Past President	Dr Santosh Mudholkar

Executive Committee 2021 - 2022

Dr Ananta Dave
Dr Donna Arya
Dr Harinder Bains
Prof Kam Bhui
Dr Bhavana Chawda
Dr Sri Kalidindi
Dr Ashwani Kapila
Dr Arun Kishore
Dr Trupti Koli
Dr Sridevi Sira Mahalingappa
Dr Venkatesh Malipathil
Dr Mano Manoharan
Dr Sweta Mittal
Dr Santosh Mudholkar
Dr Ramneesh Puri
Dr Ranga Rao
Dr Sita Ratna

REFERENCE AND ADMINISTRATIVE DETAILS

Registered office British Indian Psychiatric Association
c/o Hallbrookes
(Accountancy) Ltd. 14
Elstow Road
Bedford
MK42 9LA

Telephone 07954 170083

Website www.bipa.org.uk

Charity Commission for England and Wales Registration Number

1169838

Independent Examiner/Accountant Hallbrookes (Accountancy) Ltd.
14 Elstow
Road
Bedford
MK42 9LA
Email: services@hallbrookes.com

TRUSTEES REPORT FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their report along with the financial statements for the year ended 31 March 2022.

Structure, Governance and Management

The British Indian Psychiatric Association (BIPA) was incorporated on 21 October 2016 as a Charitable Incorporated Organisation (CIO), at which date it took over the charitable activities of the British Indian Psychiatric Association, an unincorporated body, which was established in 1984.

The Board of Trustees is the governing body of the BIPA, which meets periodically to consider how income should be raised and how monies should be expended to further the BIPA's charitable objectives.

The Executive Committee is a sub-committee of the Board of Trustees, and has delegated powers regarding matters pertaining to education and training, but the Board of Trustees retains full decision-making powers.

The Trustees and the Members of the Executive Committee are required to attend regular training, where their responsibilities are explained and they receive a copy of the BIPA's constitution.

The Trustees and the Members of the Executive Committee who were in office at 31 March 2022 and who served throughout the year are shown on pages 1 to 2.

Principal activities and objects

The objects of the BIPA are to protect and promote good health amongst people with mental illness or intellectual disability, in particular those from the black and minority ethnic communities. This is achieved by:

- advancing education in mental health through training and research;
- working with statutory bodies, healthcare professionals and other organisation to assist in the improvement of mental healthcare provision.

The Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the BIPA's aims and objectives, and in planning its future activities. The Trustees are satisfied that all standards of the BIPA's activities come under the overarching goal of improving mental health for all, and contribute toward the benefit of the public as a whole.

Highlights of the Year 2021/2022

All our academic programmes and CPD events are based on our strategic priorities. Given the pandemic, early on the organisation worked to hold the meetings virtually, including plans for the Annual General Meeting in July 2020 to be held virtually. The EC and Trustee meetings were also held virtually. Face-to-face community and charitable activities did not occur during the pandemic.

Professor Mala Rao, Public Health Consultant, as Specialist Advisor to BIPA, in December 2020 provided expertise in public mental health to support BIPA in its work on health inequalities. All the Executive Members of BIPA provided extraordinary support to the organisation in the pandemic.

BIPA continues to grow, albeit slowly, and has developed a good reputation for working in collaboration with the Royal College of Psychiatrists and the Diaspora Group within the Royal College, and playing its part in establishing anti-racist policies and supporting International Medical Graduates.

BIPA Secretary's report:

In 2021-2022 BIPA has had another good year under the inspiring leadership of Dr Ananta Dave as President. The officers, trustees, executive elected committee members, and opt-in executive members have all worked hard to support the President in her leadership for yet another productive year.

Some of the activities are as below:

1. Dr Ananta Dave joined a podcast "You are not alone" presented by the Psychiatric Trainees Committee (PTC), discussing her early experiences as an International Medical Graduate (IMG) and how this has shaped her role as a current leader and educator in psychiatry.
2. At the ANCIPS (Annual National Conference of Indian Psychiatric Society) 2022 in Visakhapatnam on 24.3.22 - 26.03.22:
 - Dr Ananta Dave presented a session entitled "The Impact of Covid-19 on children and families- What can mental health services do?"
 - At the BIPA Session in ANCIPS, Dr Manomani Manoharan, Dr Sita Ratna and Prof. Subodh Dave gave a presentation entitled "Aiming for Excellence in Mental Health Care Through Education and Early Intervention". Their individual topics were:
 - 1) "Melodies and Mums Research Project" by Dr Mano Manoharan
 - 2) "ASD and Early Intervention in Psychosis in Young People under 18 years" by Dr Sita Ratna
 - 3) "Transforming the Psychiatry Curriculum" by Prof. Subodh Dave.
 - Dr Seshagiri Rao Nimmagadda presented a talk on forensic psychiatry in a separate session at the conference.
3. Dr Arun Kishore represented BIPA at a one-day workshop in Kerala state in India entitled "Supporting Doctors in Need" at the charity event called "Accept Support Help Another".
4. International medical graduates face a variety of problems/challenges when looking to start to practise in the UK. Dr Arun Kishore, as lead member for IMG work, started one-to-one mentoring, group mentoring and Trust champions with the aim to recruit a doctor from each Trust to provide advice, guidance, information and opportunities for international doctors looking to practise in the UK, with the aim to create and distribute a comprehensive, easy-to-follow guide.

WEBINARS AND CONFERENCES:

- 1) The Royal College of Psychiatrists' Volunteering and International Psychiatry Special Interest group hosted a webinar open for all healthcare professionals called "Psychological First Aid" on 27th May 2021. Dr Bhavana Chawda, Vice President of BIPA, presented a well-received "COVID in India - What we can do to help" session.
- 2) The BIPA Spring Conference (virtual) was entitled "Neuroscience, Arts and Culture", which received very good feedback.
- 3) Professor Alka Ahuja, Consultant Child and Adolescent Psychiatrist, has been honoured with an MBE for services to NHS Wales during the pandemic for instituting digital teleservices and rapidly ensuring the delivery of services in February 2021.
- 4) Professor Subodh Dave and Dr Ananta Dave contributed as workstream leads and chapter/article authors for the Bridging the Gap series published by BAPIO to address differential attainment in the medical profession.
- 5) Dr Sridevi Sira Mahalingappa and other BIPA members helped with the 4th year Nottingham medical students who missed clinical placements due to Covid-19 by facilitating psychiatric OSCEs for them.
- 6) Dr Sridevi Sira Mahalingappa, Dr Roshelle Ramkisson, Dr Shevonne Matheiken, Dr Anu Priya, Dr Raka Maitra, Dr Rupal Dave, Dr Bhargavi Chatterjee, and Dr Nandini Chakraborty were among the 25 amazing women psychiatrists that The Royal College of Psychiatry Women and mental health SPIG highlighted at marked their 25th anniversary in March 2021.
- 7) Dr Ananta Dave was appointed as honorary Assistant Professor at University of Nottingham in February 2021.
- 8) BIPA media engagement team - BIPA had its 1000th twitter follower in March 2021.
- 9) Prof Kam Bhui, one of our co-opted members on the BIPA EC, and his team at the Department of Psychiatry at Oxford University have won a prestigious £24 million UKRI research grant towards improving adolescent mental health and wellbeing in March 2021.

HONOURABLE MENTIONS:

- 1) BIPA fondly remembered Professor Bhaumik on his first death anniversary in November 2020. Prof. Bhaumik contributed immensely for diversity and helping IMGs achieve their potential. He passed away on 9th November 2019 and this anniversary is an occasion to celebrate and remember his enormous contributions with humility and gratitude.
- 2) BIPA EC (Executive Committee) has been busy in drafting the BIPA strategy and the IMG charter, and ensuring that the core values are embedded in the strategy and inform the operational working of the charity as an organisation. Dr Arun Kishore, who is the EC lead member for IMG work, has started a WhatsApp group to discuss and develop a BIPA strategy to support IMGs. People who are interested to join may please contact us at: enquiries@bipa.org.uk
- 3) We would like to appreciate all the efforts by various unsung heroes that form the BIPA family for their continued dedication towards this branch of Medicine, Psychiatry, that we call our own.

Dr Ananta Dave retired as President on 2 October 2022 and Dr Bhavana Chawda was appointed President on the same day.

This report is read and approved by the BIPA Officers.

Dr Bhavana Chawda
President, BIPA
6 March 2023

Financial Review

These are the fifth accounts since our incorporation as a CIO. The CIO acquired the business, assets and liabilities of the previously unincorporated body on 21 October 2016.

The Trustees' view is that the overall performance of the charity has improved this year. Expenditure exceeded income in the year resulting in a deficit of £2,686 (2021: £1,814) which has been deducted from reserves brought forward from previous years.

Risk Management

The Board of Trustees is aware of the need to consider risks affecting the BIPA and its day-to-day operation. The Trustees were satisfied that systems and internal controls are in place to manage exposure to major risks.

Reserve Policy

The BIPA intends to maintain an adequate general reserve to meet its continuing charitable obligations and day to day working capital requirements. Reserves, in this context, are those funds that are freely available for the BIPA's general purposes. At 31 March 2022, the balance of the general reserve was £52,298 (2021: £54,984).

Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the applicable law and the Statement of Recommended Practice for charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.

The Trustees have a general responsibility for taking such steps and are reasonably open to them to safeguard the assets of the BIPA and to prevent and detect fraud and

Statement of Financial Activities
For the year ended 31st March 2022

INCOME AND EXPENDITURE

	<u>Notes</u>	<u>Unrestrict</u> <u>ed</u> <u>Fun</u> <u>d</u> <u>31st</u> <u>March</u> <u>202</u> <u>2</u> <u>£</u>	<u>Restrict</u> <u>ed</u> <u>Fund</u> <u>31st</u> <u>March</u> <u>2022</u> <u>£</u>	<u>Total</u> <u>Fund</u> <u>31st</u> <u>March</u> <u>2022</u> <u>£</u>	<u>Total</u> <u>Fund</u> <u>31st</u> <u>March</u> <u>2021</u> <u>£</u>
<u>Incoming Resources</u>					
Donations and legacies					
Income from donations and legacies	(2)	15,468	0	15,468	4,181
Investment income	(3)	0	0	0	0
Total Incoming Resources		15,468	0	15,468	4,181
Resources Expended					
Expenditure on raising funds		0	0	0	0
Charitable activities: (includes governance costs)		18,154	0	18,154	2,367
Total Resources Expended	(4)	18,154	0	18,154	2,367
Net movements in funds		(2,686)	0	(2,686)	1,814
Funds at 31st March 2021		54,984	0	54,984	53,170
Total Funds at 31st March 2022	(7)	52,298	0	52,298	54,984

other irregularities. They also have a general statutory responsibility to prepare annual accounts.

In preparing the attached accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Statement of Recommended Practice (Accounting and Reporting by Charities) - the Charities' SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the BIPA will continue in operation.

The Trustees also have responsibility for keeping adequate accounting records that are sufficient to show and explain the BIPA's transactions and disclose with reasonable accuracy at any time the financial position of the organisation and enable them to ensure that the financial statements comply with the Charities' SORP.

This report was approved by the trustees on 6 March 2023 and signed on their behalf.

(Chairperson)
Dr Bhavana Chawda.
Date 06.03.2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

I report on the accounts of the British Indian Psychiatric Association for the year ended 31st March 2022.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- to follow the procedures laid down in the general directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanation from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not provide an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no material matter has come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulation 2008

other than any requirements that the accounts give a “true and fair view” which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Fomon Singh FFA, FIPA, FAIA, MAAT
Independent Examiner
Hallbrookes
(Accountancy) Ltd 14
Elstow Road
Bedford
MK42
9LA

Statement of Financial Activities
For the year ended 31st March 2022

INCOME AND EXPENDITURE

	<u>Notes</u>	<u>Unrestrict ed Fun d 31st March 202 2</u> £	<u>Restrict ed Fund 31st March 2022</u> £	<u>Total Fund 31st March 2022</u> £	<u>Total Fund 31st March 2021</u> £
<u>Incoming Resources</u>					
Donations and legacies					
Income from donations and legacies	(2)	15,468	0	15,468	4,181
Investment income	(3)	0	0	0	0
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Net movements in funds		(2,686)	0	(2,686)	1,814
Funds at 31st March 2021		54,984	0	54,984	53,170
Total Funds at 31st March 2022	(7)	52,298	0	52,298	54,984

.....

Balance Sheet as at 31st March 2022

	<u>Not es</u>	<u>31st March 202 2 £</u>	<u>31st March 202 1 £</u>
<u>Current Assets</u>			
Cash at Bank and in Hand		53,273	55,534
<u>Creditors: amounts due within one year</u>			
Accruals and other creditors	(6)	(975)	(1,550)
Net Current Assets		52,298	54,984
Net Assets		52,298	54,984
<u>Financed by:</u>			
General Funds		52,298	54,984
Restricted Funds		0	0
<u>Total Funds</u>	(7)	52,298	54,984

These Financial Statements were approved by the Trustees on 06.03.2023 and were signed by:

(Chairperson)

Name Bhavana Chawda

(Treasurer)

Name Ashwani Kapila

NOTES to the Financial Statements for the year ended 31/03/2022

(1) ACCOUNTING POLICIES

Basis of preparation

These accounts (financial statements) have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011. The accounts (financial statements) have been prepared to give a “true and fair” view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a “true and fair view”.

Incoming Resources

Incoming resources are recognised in the statement of financial activities when entitlement has passed to the charity and the amounts are certain and measurable. Any incoming resources received that relate exclusively to future periods are deferred on the Balance Sheet.

Resources Expended

Expenditure is recognised in the statement of financial activities when a liability is incurred or increased without a commensurate increase in recognised assets or a reduction in liabilities. All expenditure is accounted on an accruals basis.

Allocation of Costs

Direct Activity Costs comprise those costs that contribute directly to an activity and are allocated to the relevant activity.

Support Costs comprise those costs that are necessary to deliver an activity but in themselves do not produce or deliver an activity.

Governance Costs are those costs incurred to meet statutory and constitutional requirements. Funds

- (a) Unrestricted funds, which are credited to the Income and Expenditure accounts are normally expendable at the discretion of the management.
- (b) Restricted funds, which are for specific purpose declared by the donors and are credited to the Income and Expenditure account when received and debited to the same account when paid.
- (c) Designated funds represent funds set aside by the trustees for specific purposes.

BRITISH INDIAN PSYCHIATRIC

Taxation

The organisation is exempt from tax on its charitable activities. The organisation is a charity and any surplus of incomes is ploughed back into the reserves for charitable purposes, so the activities are not subject to corporation tax.

Notes to the Accounts **For the year ended 31st March 2022**

	<u>2022</u>	<u>2021</u>
(2)	<u>£</u>	<u>£</u>
Donations & Subscriptions	2,375	205
Sponsorship	2,170	2,960
Conference	<u>10,923</u>	<u>1,016</u>
	-	<u>4,181</u>
	<u>15,468</u>	
(3)		
Income from investments		
Bank Interest Received	0	0
	<u>0</u>	<u>0</u>
	<u>0</u>	
	<u>0</u>	
<u>TOTAL</u>	<u>15,468</u>	<u>4,181</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

England & Wales - Charity number 1169838

Accounts

BRITISH INDIAN PSYCHIATRIC ASSOCIATION



ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31st March 2021

Charity Commission for England and Wales
Registration Number 1169838

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

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BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REFERENCE AND ADMINISTRATIVE DETAILS

Board of Trustees

President	Dr Ananta Dave
Vice President	Dr Bhavana Chawda
Honorary Secretary	Dr Donna Arya
Treasurer	Dr Ashwani Kapila
Immediate Past President	Dr Santosh Mudholkar

Executive Committee 2020 – 2022

Dr Ananta Dave
Dr Donna Arya
Dr Harinder Bains
Prof Kam Bhui
Dr Bhavana Chawda
Dr Sri Kalidindi
Dr Ashwani Kapila
Dr Arun Kishore
Dr Trupti Koli
Dr Sridevi Sira Mahalingappa
Dr Venkatesh Malipathil
Dr Mano Manoharan
Dr Sweta Mittal
Dr Santosh Mudholkar
Dr Ramneesh Puri
Dr Ranga Rao
Dr Sita Ratna

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

REFERENCE AND ADMINISTRATIVE DETAILS

Registered office British Indian Psychiatric Association
c/o Hallbrookes (Accountancy) Ltd
14 Elstow Road
Bedford
MK42 9LA

Telephone 07954 170083

Website www.bipa.org.uk

**Charity Commission for England and Wales
Registration Number** 1169838

Independent Examiner/Accountant Hallbrookes (Accountancy) Limited
14 Elstow Road
Bedford
MK42 9LA
Email: services@hallbrookes.com

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

TRUSTEES REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their report along with the financial statements for the year ended 31 March 2021.

Structure, Governance and Management

The British Indian Psychiatric Association (BIPA) was incorporated on 21 October 2016 as a Charitable Incorporated Organisation (CIO), at which date it took over the charitable activities of the British Indian Psychiatric Association, an unincorporated body, which was established in 1984.

The Board of Trustees is the governing body of the BIPA, which meets periodically to consider how income should be raised and how monies should be expended to further the BIPA's charitable objectives.

The Executive Committee is a sub-committee of the Board of Trustees, and has delegated powers regarding matters pertaining to education and training, but the Board of Trustees retains full decision-making powers.

The Trustees and the Members of the Executive Committee are required to attend regular training, where their responsibilities are explained and they receive a copy of the BIPA's constitution.

The Trustees and the Members of the Executive Committee who were in office at 31 March 2021 and who served throughout the year are shown on pages 1 to 2.

Principal activities and objects

The objects of the BIPA are to protect and promote good health amongst people with mental illness or intellectual disability, in particular those from the black and minority ethnic communities. This is achieved by:

- advancing education in mental health through training and research;
- working with statutory bodies, healthcare professionals and other organisation to assist in the improvement of mental healthcare provision.

The Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the BIPA's aims and objectives, and in planning its future activities. The Trustees are satisfied that all standards of the BIPA's activities come under the overarching goal of improving mental health for all, and contribute toward the benefit of the public as a whole.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Highlights of the Year 2020/2021

Following the virtual Annual General Meeting held on 25 July 2020 and the new Executive Committee (EC) taking over, all of BIPA's EC and Trustee meetings and its educational and CPD activities have been held virtually due to the Covid-19 pandemic.

During this time, BIPA has been prolific in terms of its training and development activities and in working towards its strategic objectives except in the matter of community events and charitable activities which have been suspended due to the pandemic.

[BIPA strategy on a page 2020 22.01.pdf \(mcusercontent.com\)](#)

All our academic programmes and CPD events were based on our work towards our strategic priorities. Following an amendment to the BIPA Constitution at the AGM in July 2020, **two Trustees Dr Sheshagiri Rao Nimmagadda and Dr Manoj Rajgopal** were elected from among BIPA members, this is the first time Trustees were appointed following an election, and who were not members of the BIPA Executive Committee. I would like to extend a big thank you to Dr Anand Ramakrishnan for acting as the returning officer for the elections and conducting proceedings impeccably.

Dr Santosh Mudholkar, immediate Past President finished his term of four years as Trustee and stood down at the end of August 2020.

Dr Anand Ramakrishnan, ex-President of BIPA finished his term of four years as Trustee and stood down at the end of October 2020.

Following the stepping down of Dr Ramneesh Puri from the General Secretary's role in August 2020, **Dr Donna Arya who was Joint Secretary was appointed as interim General Secretary.**

We also appointed a Co-opted member to the EC, BIPA member **Dr Trupti Koli as a lead for SAS doctors' issues.**

Professor Mala Rao, Public Health Consultant was appointed as Specialist Advisor to BIPA in December 2020 to provide expertise in public mental health and to support BIPA in its work on health inequalities.

I would like to thank all my EC colleagues for the extra-ordinary support, camaraderie and patience they have given me over the last 18 months during the pandemic. Several of you have picked up specific roles at very short notice in the run up to the Conference due to colleagues having to step down temporarily.

BIPA continues to grow, albeit slowly, and has developed a good reputation for working in collaboration during the Covid-19 pandemic and playing its part in establishing anti-racist policies and supporting International Medical Graduates.

BIPA Secretary's report:

2020-2021 has been a traumatic and trying year for everyone due to the Covid-19 pandemic, notwithstanding this BIPA has had a productive year under the leadership of Dr Ananta Dave as President.

BIPA conducted multiple webinars, an online Spring conference and is gearing up for its Annual Conference which will be held face-to-face on 13th and 14th November 2021 in Birmingham.

BIPA also undertook various social responsibilities during the year including joining the campaign with other diaspora organisations to ask for a review of adult dependant visa rules, calling on the General Medical Council to look at findings of racism within its institution; and playing its part in addressing vaccine hesitancy; and supporting BAME colleagues and communities to take up Covid-19 vaccination (details below). BIPA members excelled during a devastating second Covid-19 wave in India, holding online session to support colleagues in the UK and in India and doing charitable activities to support fundraising efforts. BIPA issued monthly newsletters for the first year of the new Executive Committee's (EC) term, curated by

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

various EC members including the President. These were emailed to member inboxes. Thanks to Dr Sita Ratna and Dr Sridevi Sira Mahalingappa for helping with the newsletters on some of the editions. This was undertaken by the President to give the members a chance to get to know their EC colleagues, and to keep them up to date on developments.

Following are the various programmes / events/ activities conducted by BIPA and its members during this eventful year.

These have been classed under 4 categories viz.

- Webinars
- Conferences
- Social Responsibility.
- BIPA Members' Special Appointments/ Nominations/ Achievements
- Honourable mentions
-

WEBINARS:

- 1) BIPA webinar programme in July 2020 as part of a modified Annual Conference and AGM, on the role of BIPA in addressing racism and discrimination during Covid-19.
- 2) BIPA was a part of a world suicide prevention day webinar on **9th September 2020** on the issue of preventing doctor suicides in which BIPA members **Prof JS Bamrah, Prof Subodh Dave and Dr Ananta Dave gave presentations.**
- 3) BIPA webinar by the Academic Committee lead and organiser **Dr Ranga Rao** on **10th October 2020** as part of the World Mental health day celebrations. **Theme was on Mental Health of Doctors.** Talks on issues with mental health problems, suicide and stigma within the medical fraternity by **Prof Subodh Dave; Professor Linda Gask**- Emeritus Professor with the University of Manchester and author of the bestselling book "The other side of silence- A Psychiatrist's memoir of Depression"; **Dr Arun Kishore**, Consultant Psychiatrist in Worthing with the Sussex Partnership NHS trust and also the SAS tutor spoke on "Stress and Doctors- Where should we locate the disturbance?"; **Dr Nilima Kadambi** from India- Paediatric Surgeon and Indian Medical Association Chair and authored a book "My Ajji and I" a best seller in India which has Hindi and Marathi translations. Dr Kadambi's talk was on "Doctors 4 Doctors" and focussed on the emotional Health and wellbeing of Medical Students and Doctors in India.
- 4) BIPA webinar by the Academic Committee lead **Dr Ranga Rao** on **25th November 2020** - "**Are we doing enough to support IMGs in the NHS?**". It was attended by more than 150 people to discuss how we could appreciate the contribution of International Medical Graduates and support them to do their best in the NHS. Huge thanks to **Prof Mala Rao, Prof Subodh Dave, Dr Shevonne Mathieken and Dr Pullical Ravindranath** for their talks and special thanks to **Drs Ishan Chaudhuri and Ferose Azeez** for their moving presentations so soon after arriving in the UK.
- 5) Webinar organized by Doctors in Distress, supported by AUTP, with a stellar panel of speakers- **Prof Wendy burns; Dr Sam Anthony; Prof Subodh Dave; Dr Sarah Wellerton** - '**Supporting Doctor's in Distress are we doing enough?**' on **15th December 2020.**
- 6) The Royal College of Psychiatrists' Volunteering and International Psychiatry Special Interest group hosted a webinar open for all health care professionals called "**Psychological first aid**" on **27th May 2021.** **Dr Bhavana Chawda**, Vice President of BIPA presented a well-received "**COVID in India-What we can do to help.**" session.

CONFERENCES:

BIPA Spring Conference (Virtual) on 10th March 2021 titled "**Neuroscience, Arts and Culture**" had a veritable and excitingly diverse cornucopia of events, scintillating and informative speakers interspersed with a cultural Bollywood themed quiz. Received very good feedback.

- 1) **Janury2021 and took Office in June 2021.**
- 2) **Professor Alka Ahuja**, Consultant Child and Adolescent Psychiatrist, who has been honoured with an

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

- MBE for services to NHS Wales during the pandemic for instituting digital teleservices and rapidly ensuring the delivery of services. (February 2021)
- 3) **Prof Subodh Dave and Dr Ananta Dave contributed as workstream leads and chapter/article authors** for the Bridging the Gap series published by BAPIO to address differential attainment in the medical profession. – **November 2020-March 2021**
 - 4) **Kudos to Dr Sridevi Sira Mahalingappa and BIPA members** for being responsive to 4th year Nottingham medical students who missed clinical placements due to Covid-19 and facilitating psychiatric OSCE's for them (February 2021)
 - 5) **Dr Sridevi Sira Mahalingappa, Dr Roshelle Ramkisson, Dr Shevonne Matheiken, Dr Anu Priya, Dr Raka Maitra, Dr Rupal Dave, Dr Bhargavi Chatterjee, and Dr Nandini Chakraborty** were among the 25 amazing women psychiatrists that The Royal College of Psychiatry Women and mental health SPIG highlighted at marked their 25th anniversary (March 2021)
 - 6) **Dr Ananta Dave** appointed as honorary Assistant Professor at University of Nottingham – February 2021
 - 7) **BIPA media engagement team** - BIPA had its **1000th twitter follower**- Well Done. (March 2021)
 - 8) **Dr Ravindranath Pullical** appointed as Medical Director of Adult Directorate Black Country Healthcare NHS Foundation Trust. – February 2021
 - 9) **Dr Madhav Rao**, appointed as Medical Director for CAMHS directorate Black Country Healthcare NHS Foundation Trust.- February 2021
 - 10) **Prof Kam Bhui**, one of our co-opted members on the BIPA EC and his team at the Department of Psychiatry at Oxford University have won a prestigious £24 million UKRI research grant towards improving adolescent mental health and wellbeing – March 2021.

HONOURABLE MENTIONS:

- 1) BIPA fondly remembered **Prof Bhaumik** on his 1st death anniversary in November 2020. Prof Bhaumik was an ex-BIPA president, scholar, friend, philosopher, mentor and guide to so many of us, and who did so much to advance the case for diversity and helping IMGs achieve their potential. He passed away on 9th November 2019 and this anniversary is an occasion to celebrate and remember his enormous contributions with humility and gratitude.
- 2) **BIPA EC (Executive Committee)** has been busy in drafting the BIPA strategy and the IMG charter and ensuring that the core values are embedded in the strategy and inform the operational working of the charity as an organisation. **Dr Arun Kishore** who is the EC lead member for IMG work, has started a WhatsApp group to discuss and develop a BIPA strategy to support IMGs. People who are interested to join please contact us at: enquiries@bipa.org.uk - **November 2020**
- 3) BIPA welcomes the formation of **Association of Black Psychiatrists**, the latest diaspora organisation to be formed.- November 2020
- 4) A special shout out to **Jacqui Harris** for bearing up with BIPA EC and its various demands.
- 5) Last but not the least BIPA would like to appreciate all the efforts by **various unsung heroes** that form the BIPA family for their continued dedication towards this branch of Medicine – Psychiatry- that we call our own. Thank you all.

Secretary's report prepared by Dr Trupti Koli, acting as interim Secretary up to the Annual Conference due to Dr Donna Arya having to temporarily stepping back from duties due to unavoidable circumstances.

This report has been approved by the Trustees of BIPA, and it is requested that this be considered as providing the information required for a Trustee's report too.

Dr Ananta Dave
President, BIPA
March 2021

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Financial Review

These are the fifth accounts since our incorporation as a CIO. The CIO acquired the business, assets and liabilities of the previously unincorporated body on 21 October 2016.

The trustees' view is that the overall performance of the charity has improved this year. Income exceeded expenditure in the year resulting in a surplus of £1,814 (2020: £3,773 loss) which has been added to reserves brought forward from previous years.

Risk Management

The Board of Trustees is aware of the need to consider risks affecting the BIPA and its day-to-day operation. The Trustees were satisfied that systems and internal controls are in place to manage exposure to major risks.

Reserve Policy

The BIPA intends to maintain an adequate general reserve to meet its continuing charitable obligations and day to day working capital requirements. Reserves, in this context, are those funds that are freely available for the BIPA's general purposes. At 31 March 2021, the balance of the general reserve was £54,984 (2020: £53,170).

Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the applicable law and the Statement of Recommended Practice for charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.

The Trustees have a general responsibility for taking such steps and are reasonably open to them to safeguard the assets of the BIPA and to prevent and detect fraud and other irregularities. They also have a general statutory responsibility to prepare annual accounts.

In preparing the attached accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Statement of Recommended Practice (Accounting and Reporting by Charities) – the Charities' SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the BIPA will continue in operation.

The Trustees also have responsibility for keeping adequate accounting records that are sufficient to show and explain the BIPA's transactions and disclose with reasonable accuracy at any time the financial position of the organisation and enable them to ensure that the financial statements comply with the Charities' SORP.

This report was approved by the trustees on 24 January 2022 and signed on their behalf.

(Chairperson)

Name Ananta Dave.

Date 24.01.2022

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2021

I report on the accounts of the British Indian Psychiatric Association for the year ended 31st March 2021.

Respective responsibilities of Trustees and Examiners

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- to follow the procedures laid down in the general directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the general directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanation from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not provide an audit opinion on the view given by the accounts.

Independent examiners' statement

In connection with my examination, no material matter has come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulation 2008 other than any requirements that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

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Fomon Singh FFA, FIPA, FAIA, MAAT
Independent Examiners
Hallbrookes (Accountancy) Ltd
14 Elstow Road
Bedford
MK42 9LA

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Statement of Financial Activities
For the year ended 31st March 2021

INCOME AND EXPENDITURE

	<u>Notes</u>	<u>Unrestricted</u> <u>Fund</u> <u>31st March</u> <u>2021</u> <u>£</u>	<u>Restricted</u> <u>Fund</u> <u>31st March</u> <u>2021</u> <u>£</u>	<u>Total</u> <u>Fund</u> <u>31st March</u> <u>2021</u> <u>£</u>	<u>Total</u> <u>Fund</u> <u>31st March</u> <u>2020</u> <u>£</u>
<u>Incoming Resources</u>					
Donations and legacies					
Income from donations and legacies	(2)	4,181	0	4,181	5,741
Investment Income	(3)	0	0	0	26
Total Incoming resources		4,181	0	4,181	5,767
Resources Expended					
Expenditure on raising funds		0	0	0	0
Charitable activities: (includes governance costs)		2,367	0	2,367	9,540
Total Resources Expended	(4)	2,367	0	2,367	9,540
Net movements in funds		1,814	0	1,814	(3,773)
Funds at 31st March 2020		53,170	0	53,170	56,943
Total Funds at 31st March 2021	(7)	54,984	0	54,984	53,170
.....					

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Balance Sheet as at 31st March 2021

	<u>Notes</u>	<u>31st March</u> <u>2021</u> £	<u>31st March</u> <u>2020</u> £
<u>Current Assets</u>			
Cash in Bank and in Hand		56,534	55,164
<u>Creditors: amounts due within one year</u>			
Accruals and other creditors	(6)	1,550	1,994
Net Current Assets		54,984	53,170
Net Assets		<u>54,984</u>	<u>53,170</u>
<u>Financed by:</u>			
General Funds		54,984	53,170
Restricted Funds		0	0
<u>Total Funds</u>	(7)	<u>54,984</u>	<u>53,170</u>

These Financial Statements were approved by the trustees on 24.01.2022 and were signed by:

(Chairperson)

Name Ananta Dave

(Treasurer)

Name Ashwani Kapila

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

NOTES to the Financial Statements for the year ended 31/03/2021

(1) ACCOUNTING POLICIES

Basis of preparation

These accounts (financial statements) have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011. The accounts (financial statements) have been prepared to give a “true and fair” view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a “true and fair view”.

Incoming Resources

Incoming resources are recognised in the statement of financial activities when entitlement has passed to the charity and the amounts are certain and measurable. Any incoming resources received that relate exclusively to future periods are deferred on the Balance Sheet.

Resources Expended

Expenditure is recognised in the statement of financial activities when a liability is incurred or increased without a commensurate increase in recognised assets or a reduction in liabilities. All expenditure is accounted on an accruals basis.

Allocation of Costs

Direct Activity Costs comprise those costs that contribute directly to an activity and are allocated to the relevant activity.

Support Costs comprise those costs that are necessary to deliver an activity but in themselves do not produce or deliver an activity.

Governance Costs are those costs incurred to meet statutory and constitutional requirements.

Funds

- (a) Unrestricted funds, which are credited to the Income and Expenditure accounts are normally expendable at the discretion of the management.
- (b) Restricted funds, which are for specific purpose declared by the donors and are credited to the Income and Expenditure account when received and debited to the same account when paid.
- (c) Designated funds represent funds set aside by the trustees for specific purposes.

Taxation:

The organisation is exempt from tax on its charitable activities. The organisation is a charity and any surplus of incomes is ploughed back into the reserves for charitable purposes, so the activities are not subject to corporation tax.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Notes to the Accounts For the year ended 31st March 2021

	<u>2021</u>	<u>2020</u>
(2) <u>Donations</u>	£	£
Donations & Subscriptions	205	4,242
Sponsorship	2,960	1,000
Conference	<u>1,016</u>	<u>499</u>
	<u>4,181</u>	<u>5,741</u>
(3) <u>Income from investments</u>		
Bank Interest Received	0	26
	<u>0</u>	<u>26</u>
<u>TOTAL</u>	<u>4,181</u>	<u>5,767</u>

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Notes to the Accounts

For the year ended 31st March 2021

(4) TOTAL RESOURCES EXPENDED

	<u>Basis of allocation</u>	<u>Charitable Activities</u>	<u>Governance</u>	<u>Total 2021</u>	<u>Total 2020</u>
<u>Costs directly allocated to activities</u>		£	£	£	£
Hire of Venue	Direct	782		782	5,453
Speaker Expenses	Direct	0		0	0
Catering	Direct	0		0	0
Prizes/Entertainment	Direct	0		0	300
Donations	Direct	0		0	0
Secretarial Expenses	Direct	0		0	100
<u>Support Costs allocated to activities</u>					
General Administration		324		324	1,528
Website Costs		1,705		1,705	0
Accountancy fees			750	750	1,300
Trustees Expenses			0	0	0
Overprovisions		-1,194		-1,194	0
Management Fees		0		0	0
Travel		0		0	859
<u>Total Resources Expended</u>		<u>1,617</u>	<u>750</u>	<u>2,367</u>	<u>9,540</u>

(5) STAFF COSTS

No staff costs were paid during the year and no trustees received any remuneration.

BRITISH INDIAN PSYCHIATRIC ASSOCIATION

Notes to the Accounts For the year ended 31st March 2021

(6) CREDITORS AMOUNTS FALLING DUE WITHIN ONE YEAR

	<u>Year ended</u> <u>31st March</u> <u>2021</u> £	<u>Year ended</u> <u>31st March</u> <u>2020</u> £
Accruals	850	1,994
Other creditors	700	0
	<u>1,550</u>	<u>1,994</u>

(7) CAPITAL COMMITMENTS

Authorised but not contracted.

MOVEMENT IN FUNDS

	<u>Bal b/fwd</u> <u>1st April</u> <u>2020</u> £	<u>Income</u> <u>Resources</u> £	<u>Outgoing</u> <u>Resources</u> £	<u>Total</u> <u>31st</u> <u>March</u> <u>2021</u> £
Unrestricted Funds				
General Funds	53,170	4,181	2,367	54,984
Total Funds	<u>53,170</u>	<u>4,181</u>	<u>2,367</u>	<u>54,984</u>