



Trustees' Annual Report for the period

From

Period start date

Day 04

Month 04

Year 2020

To

Period end date

Day 04

Month 04

Year 2021

Charity name

MOORLAND STAR

Other names charity is known by**Registered charity number (if any)**

1169760

Charity's principal address

MOORLAND ROAD

SPLOTT

CARDIFF

Postcode

CF24 2LG

Names of the charity trustees who manage the charity

Trustee name**Office (if any)****Dates acted if not for whole year****Name of person (or body) entitled to appoint trustee (if any)**

1 LUKE HOLLAND

CHAIR

2 LOUISE BASSETT

TRUSTEE

3 JESS NEWTON

TRUSTEE

4 BETHAN JONES

TRUSTEE

5 SAM SPELLER

TRUSTEE

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name**Dates acted if not for whole year**

Names and addresses of advisers (Optional information)

Type of adviser**Name****Address**

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	ASSOCIATION
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY BOARD OF TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

TRAINING & INDUCTION OF TRUSTEES BY CHAIR

Summary of the objects of the charity set out in its governing document

To provide a lunch provision for those over 50+ years in Cardiff area.
To reduce isolation & loneliness & promote a stimulating & safe environment for all users of the centre.
Provide services, Bingo, Complementary therapies, Toenail cutting service, Keep fit sessions, day trips, reorientation programme & themed evenings.
Support & Signposting to other appropriate agencies.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

1. We provide a freshly cooked 2 course hot lunch three times a week. This is an opportunity for users to socialise over a nutritious meal'
2. We have developed an ongoing calendar of events, trips out, themed evenings
3. 4. Provision of Holistic therapies, to enhance physical & emotional wellbeing.
4. Offer a nail cutting service to help with good foot hygiene & alert to foot problems.
5. Exercise & stretching & movement sessions, to help strengthen & maintain good posture & mobility.
6. A weekly reorientation programme, consisting of discussions using, various proven methods, flash cards, pictures, quizzes
5. We are working with various agencies to encourage social interaction such as local nursery visits, the Royal college of music performances at the centre
6. signpost users to other agencies where appropriate
7. **In the last month we have had to adapt to the Corona virus pandemic.**

Please see Section D.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The contribution made by volunteers is unmeasurable, the centre would not be able to run effectively without the time & effort given by our team.

Over the past year, we have worked in unprecedented times in dealing with Corona virus & its impact on us all.

We have gained skills and successfully secured funding & undertaken advice & guidance on grant applications for future bids.

We have maintained our lunch provision by adapting to a mobile provision.

We depend on local volunteers to help with lunch preparation & delivery of between 110- 130 meals a week.

Volunteers have helped keep in contact with our users by assisting us in daily phone calls, doorstep visits.

We put on themed events, such as drive by deliveries of food parcels marking bank holidays, Mother's Day, VE day, Easter & Christmas.

Summary of the main achievements of the charity during the year

We were maintaining a very healthy user uptake up until March 16th, 2020

Our stats showed the activities we provide to have a strong number retention.

On March 18th we began lockdown, our centre was closed to our users. We were able to survey our user group on how we could keep up a lunch provision.

Contingency plan

We were able to secure funding from various agencies, this will be included in financial report 20/21

a) We took time to consider a safe working practise for staff, following government guidelines.

b) what was practical & realistic

c) Plans could be maintained for at least 12 weeks & up to 52 weeks.

we are now entering a second year of provision under covid 19 restrictions.

- Provide a 2-course hot lunch, prepared & freshly cooked on the premises.
Lunches Collected & delivered by a local mobile catering business
- Continue with waste food collections, sorted daily, food used to make up food parcels
- We recognised that only a small proportion of our users used social media, therefore we have developed local & themed, quizzes, wordsearch, & other activities. These are printed & sent out with deliveries, this to help with boredom & also helping users feel part of their community
- Develop, print & circulate to all our pensioners, simple exercise & stretching worksheets, this to help prevent loss of mobility due to isolation
- Devise & print relaxation sheets, hand reflexology techniques that can be done at home. This to help relieve anxiety
- Daily phone calls to the pensioners thus maintaining contact & alerting us to changes such as physical, low mood, deteriorating mental health.

We have increased the waste food collections, food preparation & packaging of food parcels which are given out daily.

The building is cleaned & sanitised stringently extra care taken as per government guidelines

The mobile lunch provision is still ongoing & will be maintained for as long as it is wanted & needed.

We are proud that we were able to continue to maintain our core aims & objectives

We are able to retain our current staff team.

Total number of meals delivered in the period: 6063

Total number of additional food parcels provided in the period : 6900

Brief statement of the charity's policy on reserves

Our current level of reserves is £ 51,339

We aimed to retain as much of our reserves as possible so as to continue with the work achieved over the last year.
We have in the main been able to achieve this by utilising covid 19 funding, which was available to organisations such as ours.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

We continue to receive funding from local authority for next 12 months

We were able to secure funding from:
National lottery community fund / Waterloo foundation / Moondance foundation & government covid 19 funding streams

We are only able to continue operations with carefully managed expenditure & projections

Section F

Other optional information

This has been an extremely challenging period.

We have maintained our core values, aims & objectives by a swift response to the covid 19 pandemic, listening to the needs of our users & adapting services accordingly.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)	LUKE HOLLAND	
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Position (eg Secretary, Chair, etc)	CHAIR	
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Date	27.01.2022
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MOORLAND STAR

INCOME & EXPENDITURE ACCOUNT

FOR THE PERIOD

1 APRIL 2020 TO 31 MARCH 2021

MOORLAND STAR

INCOME & EXPENDITURE ACCOUNT

FOR THE PERIOD

1 APRIL 2020 TO 31 MARCH 2021

INCOME	Notes	2021 £	2020 £
GRANTS AND DONATIONS	1	129,030.47	48,136.91
BANK INTEREST		0.00	0.00
ACTIVITIES AND FEES		6,013.50	25,784.04
		135,043.97	73,920.95
EXPENDITURE			
INSURANCE		685.43	744.93
ACTIVITIES COSTS		13,402.10	8,607.65
TRAINING		42.00	0.00
ESTABLISHMENT COSTS		19,747.90	15,203.65
WAGES & SALARIES		44,901.38	34,350.80
		78,778.81	58,907.03
Surplus / (Shortfall) of Income over Expenditure		56,265.16	15,013.92
Accumulated surplus b/fwd		51,339.33	36,325.41
Total funds		107,604.49	51,339.33
Represented by			
Bank balance		107,604.49	51,339.33
		107,604.49	51,339.33

The accounts have been prepared from the books and records of the Centre, and are a true and fair statement of the financial position as at 31 March 2021.



Chairman

Dated ...**27/01/22**...

I confirm that these accounts have been verified as true and fair

Stephen

Accountant / Independent Examiner

27 October

Dated 2020

MOORLAND STAR
INCOME & EXPENDITURE ACCOUNT
FOR THE PERIOD
1 APRIL 2020 TO 31 MARCH 2021

Notes

1 Grants and donations

The following amounts were received or held during the period for restricted purposes

	Held at start of period £	Received in period £	Used in period £	Remaining at end of period £	Purpose
COMIC RELIEF	2,033.12	-	2,033.12	-	Classes for the community
NEIGHBOURHOOD PARTNERSHIP FUND	2.83	-	2.83	-	IT equipment
TESCO BAGS OF HELP - GROUNDWORK UK	550.55	-	550.55	-	Therapy and other equipment
ALLEN LANE FOUNDATION	8,281.07	-	8,281.07	-	
LOTTERY COMMUNITY FUND	3,185.83	-	3,185.83	-	
THE WATERLOO FOUNDATION	2,575.53	-	2,575.53	-	
W G EDWARDS	1,178.50	-	1,178.50	-	
MOONDANCE	-	14,500.00	3,000.00	11,500.00	COVID-19 Assistance
CF IN WALES	-	3,800.00	3,800.00	-	COVID-19 Assistance
GROUNDWORKS TESCO	-	1,000.00	1,000.00	-	COVID-19 Assistance
THE WATERLOO FOUNDATION	-	17,520.00	5,000.00	12,520.00	COVID-19 Assistance
VOLUNTARY SECTOR GRANT	-	26,686.20	4,603.14	22,083.06	COVID-19 Assistance
NATIONAL LOTTERY	-	20,000.00	10,000.00	10,000.00	COVID-19 Assistance
CARDIFF BAY ROTARY CLUB	-	1,000.00	1,000.00	-	COVID-19 Assistance
CO-OPERATIVE COMMUNITY COVID-19 GRANT	-	550.00	550.00	-	COVID-19 Assistance
CARDIFF COUNTY COUNCIL FOOD PROVISION GRANT	-	5,000.00	5,000.00	-	COVID-19 Assistance
WELSH GOVERNMENT ECONOMIC RESILIENCE GRANT	-	10,000.00	10,000.00	-	COVID-19 Assistance
CAF	-	8,500.00	7,500.00	1,000.00	COVID-19 Assistance
ADMIRAL	-	1,200.00	1,200.00	-	COVID-19 Assistance

The following amounts were received during the period for unrestricted purposes

	£
ATLANTIC	30.00
LYNDON BOWLEY	100.00
CARDIFF COUNTY COUNCIL	15,994.08
CARDIFF COMMUNITY HOUSING ASSOCIATION	500.00
JUST GIVING	2,182.19
THE FRIENDLY TRUST	468.00



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Signed on behalf of the charity's trustees

Signature(s)



Full name(s)	LUKE HOLLAND	
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Position (eg Secretary, Chair, etc)	CHAIR	
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Date	27.01.2022
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