

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
The Haven Project

The Haven Project

Contents of the Financial Statements for the Year Ended 31 March 2025

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6 to 7
Notes to the Financial Statements	8 to 13
Detailed Statement of Financial Activities	14 to 15

The Haven Project

Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

It is the aim of the Haven Project to enable individuals who live with the diagnosis of Personality Disorder, c-PTSD or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

The Haven currently has 198 registered clients, and we have contact with 15 carers. The Haven had 4,547 individual interventions in 2024. This included 2,725 Crisis Prevention Calls in 2024, 897 One to One support sessions plus a further 68 Outreach One to One support sessions (depending on whether the person was able to attend our premises or not), and a further 857 individual attendances at our Group (recovery groups and social). Looking at the last 3 years, The Haven has provided a total of 16,361 individual interventions from January 2022 - December 24, 10,380 of which were Crisis Prevention Calls.

The Haven's resilience groups at the MIND Crisis Café Tuesdays in Clacton and Thursdays in Colchester attract between 37 and 52 participations each month and the wellbeing outcomes for the participants continued to reach about 70% of the maximum scores. This programme however, has now ceased (from September 2024) due to cuts in funding.

The Community Discharge Programme has now also been finalised, with over 100% completion of our client target. The Community Recovery group participants register confirmed a Mean Average for attendance score of 83.19%, and a Wellbeing score of 62.25, with 92.86% of clients rating their wellbeing as being either "Significantly better" (66.67%) or "Much better" (26.19%). We also saw a significant improvement in the number of presentations to the Emergency Department where Mental Health was the primary reason, with 92% reporting a reduction in presentations, and 79% reduction in the number of presentations to Urgent Mental Health Care Services post programme, compared to pre-programme levels.

Public benefit

The work the Haven does benefit not only the Haven clients, Crisis Café and Community Recovery Programme participants, but all these activities reduce the stigma associated with the diagnosis of Personality Disorder, c-PTSD and Complex Trauma. Through the platforms that reach beyond the Haven itself we are also reaching the wider community, and significantly reducing the cost to the NHS for re-admission, presentation at A&E and Urgent Critical Care services, and improving clients interaction with the wider community.

Future Plans

The Haven is working hard to secure our existing programmes, together with new growth opportunities. This includes a full review of our 5 year Strategy, with a Strategy Day involving all clients, staff and trustees planned for Summer 2025. We are already working with the NHS and Healthwatch Essex, as well as additional suitable partners, to increase our client reach to further areas, and to provide services as identified by the NHS and Integrated Care Boards (ICB's), including responding to the Darzi Report, as commissioned by UK Government, on reducing the lack of services for those with Personality Disorder and Complex Trauma diagnosis/history. We have further been working on a proposal for a new Crisis/Respite Hub, to provide accommodation, as was provided previously by The Haven Project, and looking at the impact of our work on Suicide Prevention, another key priority identified by the Suffolk and North East Essex Integrated Care Board (SNEE ICB). We believe these services will be able to be further replicated in other parts of the country, and are seeking to review our location definition with the Charity Commission to enable this work to be possible. We see the Haven Project as being a key expert in the care of people with a Personality Disorder, c-PTSD or Complex Trauma diagnosis/history, and are keen to spread our expertise further.

OBJECTIVES AND ACTIVITIES

Funding

We have secured repeated funding through the National Lottery Community Fund and Lloyds Bank Foundation, together with further Consultant services and further support, in addition to the funding provided. We are seeking to increase our funding base over the next year, in line with our ambitions to grow as above. We believe we provide a win:win solution to increasing NHS costs for treating people with PD/c-PTSD/CT to help them provide a better and more cost-effective solution.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Haven charity is controlled by its governing document a deed of trust and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020. This has been under review, with the assistance of an independent Consultant provided by Lloyds Bank Foundation, and a new version will be submitted very shortly for the Charity Commissions further consideration.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 2310.04 updated 2020.

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We are engaged in a recruitment drive to attract more diversity onto the board.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

Ms K Magee
N J Tweed (resigned 25.3.25)
C Mann
S Gathercole (resigned 31.12.24)
P M Lorimer (appointed 22.10.24)
C Brewis (appointed 19.11.24)

Independent Examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

The Haven Project

**Report of the Trustees
for the Year Ended 31 March 2025**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 24 June 2025 and signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'C Mann', written over a horizontal line.

C Mann - Trustee

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

JTF

P J T Frost

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

Date:27/06/2025

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		2,078	-	2,078	5,808
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		25,000	39,432	64,432	78,864
Other trading activities	2	18,017	-	18,017	27,938
Investment income	3	9,648	-	9,648	12,515
Other income		5,600	-	5,600	-
Total		60,343	39,432	99,775	125,125
EXPENDITURE ON					
Raising funds		-	186	186	264
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		40,059	116,401	156,460	161,734
Total		40,059	116,587	156,646	161,998
NET INCOME/(EXPENDITURE)		20,284	(77,155)	(56,871)	(36,873)
RECONCILIATION OF FUNDS					
Total funds brought forward		100,890	95,263	196,153	233,026
TOTAL FUNDS CARRIED FORWARD		121,174	18,108	139,282	196,153

The notes form part of these financial statements

The Haven Project

**Balance Sheet
31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	8	825	-	825	1,339
CURRENT ASSETS					
Debtors	9	4,397	-	4,397	4,979
Cash at bank		119,640	37,824	157,464	215,928
		<u>124,037</u>	<u>37,824</u>	<u>161,861</u>	<u>220,907</u>
CREDITORS					
Amounts falling due within one year	10	(3,688)	(19,716)	(23,404)	(26,093)
NET CURRENT ASSETS		<u>120,349</u>	<u>18,108</u>	<u>138,457</u>	<u>194,814</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>121,174</u>	<u>18,108</u>	<u>139,282</u>	<u>196,153</u>
NET ASSETS		<u>121,174</u>	<u>18,108</u>	<u>139,282</u>	<u>196,153</u>
FUNDS	12				
Unrestricted funds				121,174	100,890
Restricted funds				18,108	95,263
TOTAL FUNDS				<u>139,282</u>	<u>196,153</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

The Haven Project

Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 June 2025 and were signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'C Mann', with a long horizontal flourish extending to the right.

C Mann - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Fundraising events	3,434	2,938
Services provided	14,583	25,000
	<u>18,017</u>	<u>27,938</u>

3. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Bank interest receivable	9,648	12,515
	<u>9,648</u>	<u>12,515</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	514	1,023
Other operating leases	17,054	17,000
	<u>17,568</u>	<u>18,023</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	2	2
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	5,808	-	5,808
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	-	78,864	78,864
Other trading activities	27,938	-	27,938
Investment income	12,515	-	12,515
Total	<u>46,261</u>	<u>78,864</u>	<u>125,125</u>
EXPENDITURE ON			
Raising funds	264	-	264
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	10,759	150,975	161,734
Total	<u>11,023</u>	<u>150,975</u>	<u>161,998</u>
NET INCOME/(EXPENDITURE)	35,238	(72,111)	(36,873)
RECONCILIATION OF FUNDS			
Total funds brought forward	65,652	167,374	233,026
TOTAL FUNDS CARRIED FORWARD	<u>100,890</u>	<u>95,263</u>	<u>196,153</u>

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2024 and 31 March 2025	<u>241</u>	<u>15,795</u>	<u>16,036</u>
DEPRECIATION			
At 1 April 2024	241	14,456	14,697
Charge for year	-	514	514
At 31 March 2025	<u>241</u>	<u>14,970</u>	<u>15,211</u>
NET BOOK VALUE			
At 31 March 2025	<u>-</u>	<u>825</u>	<u>825</u>
At 31 March 2024	<u>-</u>	<u>1,339</u>	<u>1,339</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Prepayments and accrued income	<u>4,397</u>	<u>4,979</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	64	3,227
Other creditors	1,286	-
Accruals and deferred income	<u>22,054</u>	<u>22,866</u>
	<u>23,404</u>	<u>26,093</u>

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.25	31.3.24
	£	£
Within one year	2,833	17,000
Between one and five years	-	2,833
	<u>2,833</u>	<u>19,833</u>

12. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	100,890	20,284	(72,500)	48,674
New Crisis/Respite Hub	-	-	65,000	65,000
Staff salary increases	-	-	7,500	7,500
	<u>100,890</u>	<u>20,284</u>	<u>-</u>	<u>121,174</u>
Restricted funds				
Recovery Programme	95,263	(77,155)	-	18,108
	<u>196,153</u>	<u>(56,871)</u>	<u>-</u>	<u>139,282</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	60,343	(40,059)	20,284
Restricted funds			
Recovery Programme	-	(77,155)	(77,155)
Big Lottery Fund	39,432	(39,432)	-
	<u>39,432</u>	<u>(116,587)</u>	<u>(77,155)</u>
TOTAL FUNDS	<u>99,775</u>	<u>(156,646)</u>	<u>(56,871)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	65,652	35,238	100,890
Restricted funds			
Recovery Programme	167,374	(72,111)	95,263
	<u>233,026</u>	<u>(36,873)</u>	<u>196,153</u>
TOTAL FUNDS	<u>233,026</u>	<u>(36,873)</u>	<u>196,153</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,261	(11,023)	35,238
Restricted funds			
Recovery Programme	-	(72,111)	(72,111)
Big Lottery Fund	78,864	(78,864)	-
	<u>78,864</u>	<u>(150,975)</u>	<u>(72,111)</u>
TOTAL FUNDS	<u>125,125</u>	<u>(161,998)</u>	<u>(36,873)</u>

The Recovery Programme fund is in respect of a grant received for a structured programme of support to people with personality disorders from discharge from hospital to the community.

12. MOVEMENT IN FUNDS - continued

The Big Lottery fund is in respect of a grant received to provide funding to enable the charity to continue its programme of service delivery.

The New Crisis/Respite Hub fund is a designated fund in respect of an amount set aside to cover a suitable deposit, upfront lease costs, legal fees and consultation fees.

The Staff salary increases fund is a designated fund in respect of an amount set aside to cover staff salary increases in the year ended 31 March 2026.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	2,078	5,808
Other trading activities		
Fundraising events	3,434	2,938
Services provided	14,583	25,000
	<u>18,017</u>	<u>27,938</u>
Investment income		
Bank interest receivable	9,648	12,515
Charitable activities		
Grants	64,432	78,864
Other income		
Rent receivable	5,600	-
Total incoming resources	<u>99,775</u>	<u>125,125</u>
EXPENDITURE		
Other trading activities		
Fundraising costs	186	264
Charitable activities		
Wages	47,098	51,391
Social security	472	657
Pensions	2,424	2,857
Other operating leases	12,804	11,333
Rates and water	1,768	235
Insurance	4,088	3,893
Light and heat	2,320	206
Communications	215	564
Postage and stationery	1,912	1,513
Advertising	288	312
Sundries	311	181
Training	385	296
IT support services	6,187	6,002
Cleaning	761	824
Property insurance and service charge	1,423	1,871
Repairs and maintenance	1,319	2,956
Supervision	1,265	1,754
Carried forward	85,040	86,845

This page does not form part of the statutory financial statements

The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
Charitable activities		
Brought forward	85,040	86,845
Travel	485	1,117
Dues and subscriptions	247	351
Other professional fees	-	238
Depreciation office equipment	514	1,023
	<u>86,286</u>	<u>89,574</u>
Support costs		
Management		
Wages	56,198	56,565
Social security	906	1,309
Pensions	3,386	3,161
Other operating leases	4,250	5,667
Rates and water	391	118
Light and heat	1,160	1,275
Property insurance and service charge	711	935
	<u>67,002</u>	<u>69,030</u>
Finance		
Bank charges	3	4
Governance costs		
Accountancy fees	1,050	1,140
Legal fees	1,440	1,320
Payroll administration	576	546
Other professional fees	103	120
	<u>3,169</u>	<u>3,126</u>
Total resources expended	<u>156,646</u>	<u>161,998</u>
Net expenditure	<u>(56,871)</u>	<u>(36,873)</u>

This page does not form part of the statutory financial statements