

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for
The Haven Project

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**Report of the Trustees
for the Year Ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

It is the aim of the Haven Project to enable individuals who live with the diagnosis of Personality Disorder or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

The haven currently has 182 registered clients, and we have contact with 15 carers. The haven had 5791 contacts of which 4093 were calls, 780 were groups (recovery groups and social) 918 were 1:1 contacts. Taking a snap short of client satisfaction from 10 clients receiving crisis prevention calls, 10 client who receive 1:1 support, 10 clients participating in groups and 4 clients getting outreach support the satisfaction levels hovers around 85-97 % of maximum.

The Haven's resilience groups at the MIND Crisis Café Tuesdays in Clacton and Thursdays in Colchester attract between 37 and 52 participations each month and the wellbeing outcomes for the participants continues to reach about 70% of the maximum scores. The outcome of the remodelled Crisis Alternative- which the Haven took a very active part in is not yet known.

The Community Discharge Programme has increased participation and during the past year we increased our cohorts and had a total of 17 participants. The Community Recovery group participants register 52-93% of maximum score for the help they feel they are getting. The cohort size is accelerating.

Public benefit

The work the Haven does benefit not only the Haven clients, Crisis Café and Community Recovery Programme participants, but all these activities reduce the stigma associated with the diagnosis of Personality Disorder and Complex Trauma. Through the platforms that reach beyond the Haven itself we are reaching the wider community.

Future Plans

The Haven is working very hard to make the Crisis Café and the Community Recovery Programme successful so more individuals can have access to and benefit from the Haven's psycho-social model of recovery. In due course the Haven aim to extend its services demographically.

Funding

We have been approaching other grant funders as well as the Big Lottery to help us to achieve a more sustainable income. Moving forward we will be showing cost benefit results from the Community Recovery Programme to encourage further funding from the Health Commissioners.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Haven charity is controlled by its governing document a deed of trust and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020 and this is due for a review.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 2310.04 updated 2020.

**Report of the Trustees
for the Year Ended 31 March 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We are engaged in a recruitment drive to attract more diversity onto the board.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court

Middleborough

Colchester

Essex

CO1 1WD

Trustees

Ms K Magee

N J Tweed (appointed 26.3.24)

A J L Milner (resigned 3.4.23)

T Singh (resigned 26.3.24)

C Mann

S Gathercole (appointed 26.3.24)

Independent Examiner

JTF

Chartered Certified Accountants

Electra House

1A Gilberd Road

Colchester

Essex

CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 5 September 2024 and signed on its behalf by:

C Mann - Trustee

Independent Examiner's Report to the Trustees of The Haven Project

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

P J T Frost

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

5 September 2024

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2024

| | Notes | Unrestricted funds £ | Restricted funds £ | 31.3.24 Total funds £ | 31.3.23 Total funds £ |
|---|-------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | | 5,808 | - | 5,808 | 3,616 |
| Charitable activities | | | | | |
| Maximising the recovery of people diagnosed with personality disorder | | - | 78,864 | 78,864 | 69,248 |
| Other trading activities | 2 | 27,938 | - | 27,938 | 28,618 |
| Investment income | 3 | 12,515 | - | 12,515 | 4,088 |
| Total | | 46,261 | 78,864 | 125,125 | 105,570 |
| EXPENDITURE ON | | | | | |
| Raising funds | | 264 | - | 264 | 127 |
| Charitable activities | | | | | |
| Maximising the recovery of people diagnosed with personality disorder | | 10,759 | 150,975 | 161,734 | 149,140 |
| Total | | 11,023 | 150,975 | 161,998 | 149,267 |
| NET INCOME/(EXPENDITURE) | | 35,238 | (72,111) | (36,873) | (43,697) |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 65,652 | 167,374 | 233,026 | 276,723 |
| TOTAL FUNDS CARRIED FORWARD | | 100,890 | 95,263 | 196,153 | 233,026 |

The notes form part of these financial statements

Balance Sheet
31 March 2024

| | Notes | Unrestricted funds £ | Restricted funds £ | 31.3.24 Total funds £ | 31.3.23 Total funds £ |
|--|-------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| FIXED ASSETS | | | | | |
| Tangible assets | 8 | 1,339 | - | 1,339 | 1,266 |
| CURRENT ASSETS | | | | | |
| Debtors | 9 | 4,979 | - | 4,979 | 5,079 |
| Cash at bank and in hand | | <u>100,949</u> | <u>114,979</u> | <u>215,928</u> | <u>248,567</u> |
| | | 105,928 | 114,979 | 220,907 | 253,646 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 10 | (6,377) | (19,716) | (26,093) | (21,886) |
| NET CURRENT ASSETS | | <u>99,551</u> | <u>95,263</u> | <u>194,814</u> | <u>231,760</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | 100,890 | 95,263 | 196,153 | 233,026 |
| NET ASSETS FUNDS | 12 | <u>100,890</u> | <u>95,263</u> | <u>196,153</u> | <u>233,026</u> |
| Unrestricted funds | | | | 100,890 | 65,652 |
| Restricted funds | | | | 95,263 | 167,374 |
| TOTAL FUNDS | | | | <u>196,153</u> | <u>233,026</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Balance Sheet - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 September 2024 and were signed on its behalf by:

C Mann - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

| | |
|------------------|---------------|
| Equipment | - 25% on cost |
| Office equipment | - 25% on cost |

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

2. OTHER TRADING ACTIVITIES

| | 31.3.24 | 31.3.23 |
|--------------------|---------------|---------------|
| | £ | £ |
| Fundraising events | 2,938 | 3,618 |
| Services provided | 25,000 | 25,000 |
| | <u>27,938</u> | <u>28,618</u> |

3. INVESTMENT INCOME

| | 31.3.24 | 31.3.23 |
|--------------------------|---------------|--------------|
| | £ | £ |
| Bank interest receivable | <u>12,515</u> | <u>4,088</u> |

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

| | 31.3.24 | 31.3.23 |
|-------------------------------------|----------|-----------|
| | £ | £ |
| Depreciation - owned assets | 1,023 | 2,433 |
| Other operating leases | 17,000 | 17,000 |
| Deficit on disposal of fixed assets | <u>-</u> | <u>12</u> |

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

| | 31.3.24 | 31.3.23 |
|----------------------------|----------|----------|
| Crisis workers | 3 | 3 |
| Therapeutic and support | 2 | 2 |
| Finance and administration | <u>2</u> | <u>2</u> |
| | <u>7</u> | <u>7</u> |

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
|--|----------------------------|--------------------------|---------------------|
| INCOME AND ENDOWMENTS FROM | | | |
| Donations and legacies | 3,616 | - | 3,616 |
| Charitable activities | | | |
| Maximising the recovery of people diagnosed with personality disorder | 69,248 | - | 69,248 |
| Other trading activities | 28,618 | - | 28,618 |
| Investment income | 4,088 | - | 4,088 |
| Total | <u>105,570</u> | <u>-</u> | <u>105,570</u> |
| EXPENDITURE ON | | | |
| Raising funds | 127 | - | 127 |
| Charitable activities | | | |
| Maximising the recovery of people diagnosed with personality disorder | <u>110,510</u> | <u>38,630</u> | <u>149,140</u> |
| Total | <u>110,637</u> | <u>38,630</u> | <u>149,267</u> |
| NET INCOME/(EXPENDITURE) | (5,067) | (38,630) | (43,697) |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | 70,719 | 206,004 | 276,723 |
| TOTAL FUNDS CARRIED FORWARD | <u>65,652</u> | <u>167,374</u> | <u>233,026</u> |

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

8. TANGIBLE FIXED ASSETS

| | Equipment £ | Office equipment £ | Totals £ |
|-----------------------|----------------|--------------------------|-------------|
| COST | | | |
| At 1 April 2023 | 241 | 14,699 | 14,940 |
| Additions | - | 1,096 | 1,096 |
| At 31 March 2024 | 241 | 15,795 | 16,036 |
| DEPRECIATION | | | |
| At 1 April 2023 | 241 | 13,433 | 13,674 |
| Charge for year | - | 1,023 | 1,023 |
| At 31 March 2024 | 241 | 14,456 | 14,697 |
| NET BOOK VALUE | | | |
| At 31 March 2024 | - | 1,339 | 1,339 |
| At 31 March 2023 | - | 1,266 | 1,266 |

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | | |
|--------------------------------|---------|---------|
| | 31.3.24 | 31.3.23 |
| | £ | £ |
| Prepayments and accrued income | 4,979 | 5,079 |

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | | |
|------------------------------|---------|---------|
| | 31.3.24 | 31.3.23 |
| | £ | £ |
| Trade creditors | 3,227 | 839 |
| Accruals and deferred income | 22,866 | 21,047 |
| | 26,093 | 21,886 |

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

| | | |
|----------------------------|---------|---------|
| | 31.3.24 | 31.3.23 |
| | £ | £ |
| Within one year | 17,000 | 17,000 |
| Between one and five years | 2,833 | 19,833 |
| | 19,833 | 36,833 |

12. MOVEMENT IN FUNDS

| | At 1.4.23 £ | Net movement in funds £ | At 31.3.24 £ |
|---------------------------|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 65,652 | 35,238 | 100,890 |
| Restricted funds | | | |
| Recovery Programme | 167,374 | (72,111) | 95,263 |
| TOTAL FUNDS | <u>233,026</u> | <u>(36,873)</u> | <u>196,153</u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 46,261 | (11,023) | 35,238 |
| Restricted funds | | | |
| Recovery Programme | - | (72,111) | (72,111) |
| Big Lottery Fund | 78,864 | (78,864) | - |
| | <u>78,864</u> | <u>(150,975)</u> | <u>(72,111)</u> |
| TOTAL FUNDS | <u>125,125</u> | <u>(161,998)</u> | <u>(36,873)</u> |

Comparatives for movement in funds

| | At 1.4.22 £ | Net movement in funds £ | At 31.3.23 £ |
|---------------------------|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 70,719 | (5,067) | 65,652 |
| Restricted funds | | | |
| Awards for All Grant | 292 | (292) | - |
| Recovery Programme | 205,712 | (38,338) | 167,374 |
| | <u>206,004</u> | <u>(38,630)</u> | <u>167,374</u> |
| TOTAL FUNDS | <u>276,723</u> | <u>(43,697)</u> | <u>233,026</u> |

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 105,570 | (110,637) | (5,067) |
| Restricted funds | | | |
| Awards for All Grant | - | (292) | (292) |
| Recovery Programme | - | (38,338) | (38,338) |
| | - | (38,630) | (38,630) |
| TOTAL FUNDS | <u>105,570</u> | <u>(149,267)</u> | <u>(43,697)</u> |

The Awards for All fund was in respect of a grant received for the provision of wellbeing activities.

The Recovery Programme fund is in respect of a grant received for a structured programme of support to people with personality disorders from discharge from hospital to the community.

The Big Lottery fund is in respect of a grant received to provide funding to enable the charity to continue its programme of service delivery.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.