

THE HAVEN PROJECT

England & Wales · Charity number 1169747

Details

Status	Registered
Legal form	Charitable company
Company number	05081953
Registered	2016-10-18
Register	View on the Charity Commission register

Contact

Address	The Haven Project 10 St. Peters Court Middleborough Colchester CO1 1WD
Phone	01206572215
Email	the.haven@thehavenproject.org.uk
Website	www.thehavenproject.org.uk

Activities

Objects: The relief of sickness and the preservation of health among people residing permanently or temporarily in England and Wales through the provision of facilities to help people with a Personality Disorder or c-PTSD diagnosis including those with an experience of Complex Trauma, or who are in the process of diagnosis, to recover and to sustain that recovery.

Activities: The relief of sickness and the preservation of health among people residing permanently or temporarily in England and Wales through the provision of facilities to help people with Personality Disorders or c-PTSD diagnosis including those with an experience of Complex Trauma, or who are in the process of diagnosis, to recover and to sustain that recovery.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£99,775	£156,646	-	-
2024-03-31	£125,125	£161,998	-	-
2023-03-31	£205,712	£183,528	-	-
2022-03-31	£179,621	£159,765	-	-
2021-03-31	£155,246	£159,765	-	-

Trustees

Name	Role	Appointed
Brewis Christine		2024-11-19
Carolyn Mann		2021-12-06
KAORU MAGEE		2016-10-18
Pamela Margaret Lorimer		2024-10-22

THE HAVEN PROJECT

England & Wales - Charity number 1169747

Accounts

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
The Haven Project

The Haven Project

**Contents of the Financial Statements
for the Year Ended 31 March 2025**

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The Haven Project

Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

It is the aim of the Haven Project to enable individuals who live with the diagnosis of Personality Disorder, c-PTSD or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

The Haven currently has 198 registered clients, and we have contact with 15 carers. The Haven had 4,547 individual interventions in 2024. This included 2,725 Crisis Prevention Calls in 2024, 897 One to One support sessions plus a further 68 Outreach One to One support sessions (depending on whether the person was able to attend our premises or not), and a further 857 individual attendances at our Group (recovery groups and social). Looking at the last 3 years, The Haven has provided a total of 16,361 individual interventions from January 2022 - December 24, 10,380 of which were Crisis Prevention Calls.

The Haven's resilience groups at the MIND Crisis Café Tuesdays in Clacton and Thursdays in Colchester attract between 37 and 52 participations each month and the wellbeing outcomes for the participants continued to reach about 70% of the maximum scores. This programme however, has now ceased (from September 2024) due to cuts in funding.

The Community Discharge Programme has now also been finalised, with over 100% completion of our client target. The Community Recovery group participants register confirmed a Mean Average for attendance score of 83.19%, and a Wellbeing score of 62.25, with 92.86% of clients rating their wellbeing as being either "Significantly better" (66.67%) or "Much better" (26.19%). We also saw a significant improvement in the number of presentations to the Emergency Department where Mental Health was the primary reason, with 92% reporting a reduction in presentations, and 79% reduction in the number of presentations to Urgent Mental Health Care Services post programme, compared to pre-programme levels.

Public benefit

The work the Haven does benefit not only the Haven clients, Crisis Café and Community Recovery Programme participants, but all these activities reduce the stigma associated with the diagnosis of Personality Disorder, c-PTSD and Complex Trauma. Through the platforms that reach beyond the Haven itself we are also reaching the wider community, and significantly reducing the cost to the NHS for re-admission, presentation at A&E and Urgent Critical Care services, and improving clients interaction with the wider community.

Future Plans

The Haven is working hard to secure our existing programmes, together with new growth opportunities. This includes a full review of our 5 year Strategy, with a Strategy Day involving all clients, staff and trustees planned for Summer 2025. We are already working with the NHS and Healthwatch Essex, as well as additional suitable partners, to increase our client reach to further areas, and to provide services as identified by the NHS and Integrated Care Boards (ICB's), including responding to the Darzi Report, as commissioned by UK Government, on reducing the lack of services for those with Personality Disorder and Complex Trauma diagnosis/history. We have further been working on a proposal for a new Crisis/Respite Hub, to provide accommodation, as was provided previously by The Haven Project, and looking at the impact of our work on Suicide Prevention, another key priority identified by the Suffolk and North East Essex Integrated Care Board (SNEE ICB). We believe these services will be able to be further replicated in other parts of the country, and are seeking to review our location definition with the Charity Commission to enable this work to be possible. We see the Haven Project as being a key expert in the care of people with a Personality Disorder, c-PTSD or Complex Trauma diagnosis/history, and are keen to spread our expertise further.

OBJECTIVES AND ACTIVITIES

Funding

We have secured repeated funding through the National Lottery Community Fund and Lloyds Bank Foundation, together with further Consultant services and further support, in addition to the funding provided. We are seeking to increase our funding base over the next year, in line with our ambitions to grow as above. We believe we provide a win:win solution to increasing NHS costs for treating people with PD/c-PTSD/CT to help them provide a better and more cost-effective solution.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Haven charity is controlled by its governing document a deed of trust and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020. This has been under review, with the assistance of an independent Consultant provided by Lloyds Bank Foundation, and a new version will be submitted very shortly for the Charity Commissions further consideration.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 2310.04 updated 2020.

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We are engaged in a recruitment drive to attract more diversity onto the board.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

Ms K Magee
N J Tweed (resigned 25.3.25)
C Mann
S Gathercole (resigned 31.12.24)
P M Lorimer (appointed 22.10.24)
C Brewis (appointed 19.11.24)

Independent Examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilbert Road
Colchester
Essex
CO2 7LR

The Haven Project

**Report of the Trustees
for the Year Ended 31 March 2025**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 24 June 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'C Mann', written over a horizontal line.

C Mann - Trustee

**Independent Examiner's Report to the Trustees of
The Haven Project**

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

JTF

P J T Frost

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

Date:27/06/2025

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		2,078	-	2,078	5,808
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		25,000	39,432	64,432	78,864
Other trading activities	2	18,017	-	18,017	27,938
Investment income	3	9,648	-	9,648	12,515
Other income		5,600	-	5,600	-
Total		<u>60,343</u>	<u>39,432</u>	<u>99,775</u>	<u>125,125</u>
EXPENDITURE ON					
Raising funds		-	186	186	264
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		40,059	116,401	156,460	161,734
Total		<u>40,059</u>	<u>116,587</u>	<u>156,646</u>	<u>161,998</u>
NET INCOME/(EXPENDITURE)		20,284	(77,155)	(56,871)	(36,873)
RECONCILIATION OF FUNDS					
Total funds brought forward		100,890	95,263	196,153	233,026
TOTAL FUNDS CARRIED FORWARD		<u>121,174</u>	<u>18,108</u>	<u>139,282</u>	<u>196,153</u>

The notes form part of these financial statements

The Haven Project

**Balance Sheet
31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	8	825	-	825	1,339
CURRENT ASSETS					
Debtors	9	4,397	-	4,397	4,979
Cash at bank		119,640	37,824	157,464	215,928
		<u>124,037</u>	<u>37,824</u>	<u>161,861</u>	<u>220,907</u>
CREDITORS					
Amounts falling due within one year	10	(3,688)	(19,716)	(23,404)	(26,093)
NET CURRENT ASSETS		<u>120,349</u>	<u>18,108</u>	<u>138,457</u>	<u>194,814</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>121,174</u>	<u>18,108</u>	<u>139,282</u>	<u>196,153</u>
NET ASSETS		<u>121,174</u>	<u>18,108</u>	<u>139,282</u>	<u>196,153</u>
FUNDS					
Unrestricted funds	12			121,174	100,890
Restricted funds				18,108	95,263
TOTAL FUNDS				<u>139,282</u>	<u>196,153</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

The Haven Project

Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 June 2025 and were signed on its behalf by:



C Mann - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The Haven Project

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

2. OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Fundraising events	3,434	2,938
Services provided	14,583	25,000
	<u>18,017</u>	<u>27,938</u>

3. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Bank interest receivable	9,648	12,515

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	514	1,023
Other operating leases	17,054	17,000

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	2	2
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	5,808	-	5,808
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	-	78,864	78,864
Other trading activities	27,938	-	27,938
Investment income	12,515	-	12,515
Total	<u>46,261</u>	<u>78,864</u>	<u>125,125</u>
EXPENDITURE ON			
Raising funds	264	-	264
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	10,759	150,975	161,734
Total	<u>11,023</u>	<u>150,975</u>	<u>161,998</u>
NET INCOME/(EXPENDITURE)	35,238	(72,111)	(36,873)
RECONCILIATION OF FUNDS			
Total funds brought forward	65,652	167,374	233,026
TOTAL FUNDS CARRIED FORWARD	<u><u>100,890</u></u>	<u><u>95,263</u></u>	<u><u>196,153</u></u>

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2024 and 31 March 2025	<u>241</u>	<u>15,795</u>	<u>16,036</u>
DEPRECIATION			
At 1 April 2024	241	14,456	14,697
Charge for year	-	514	514
At 31 March 2025	<u>241</u>	<u>14,970</u>	<u>15,211</u>
NET BOOK VALUE			
At 31 March 2025	<u>-</u>	<u>825</u>	<u>825</u>
At 31 March 2024	<u>-</u>	<u>1,339</u>	<u>1,339</u>

The Haven Project

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.25	31.3.24
	£	£
Prepayments and accrued income	<u>4,397</u>	<u>4,979</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.25	31.3.24
	£	£
Trade creditors	64	3,227
Other creditors	1,286	-
Accruals and deferred income	<u>22,054</u>	<u>22,866</u>
	<u>23,404</u>	<u>26,093</u>

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.25	31.3.24
	£	£
Within one year	2,833	17,000
Between one and five years	-	2,833
	<u>2,833</u>	<u>19,833</u>

12. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
Unrestricted funds				
General fund	100,890	20,284	(72,500)	48,674
New Crisis/Respite Hub	-	-	65,000	65,000
Staff salary increases	-	-	7,500	7,500
	<u>100,890</u>	<u>20,284</u>	-	<u>121,174</u>
Restricted funds				
Recovery Programme	95,263	(77,155)	-	18,108
	<u>196,153</u>	<u>(56,871)</u>	-	<u>139,282</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	60,343	(40,059)	20,284
Restricted funds			
Recovery Programme	-	(77,155)	(77,155)
Big Lottery Fund	39,432	(39,432)	-
	<u>39,432</u>	<u>(116,587)</u>	<u>(77,155)</u>
TOTAL FUNDS	<u>99,775</u>	<u>(156,646)</u>	<u>(56,871)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	65,652	35,238	100,890
Restricted funds			
Recovery Programme	167,374	(72,111)	95,263
	<u>233,026</u>	<u>(36,873)</u>	<u>196,153</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,261	(11,023)	35,238
Restricted funds			
Recovery Programme	-	(72,111)	(72,111)
Big Lottery Fund	78,864	(78,864)	-
	<u>78,864</u>	<u>(150,975)</u>	<u>(72,111)</u>
TOTAL FUNDS	<u>125,125</u>	<u>(161,998)</u>	<u>(36,873)</u>

The Recovery Programme fund is in respect of a grant received for a structured programme of support to people with personality disorders from discharge from hospital to the community.

12. MOVEMENT IN FUNDS - continued

The Big Lottery fund is in respect of a grant received to provide funding to enable the charity to continue its programme of service delivery.

The New Crisis/Respite Hub fund is a designated fund in respect of an amount set aside to cover a suitable deposit, upfront lease costs, legal fees and consultation fees.

The Staff salary increases fund is a designated fund in respect of an amount set aside to cover staff salary increases in the year ended 31 March 2026.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	2,078	5,808
Other trading activities		
Fundraising events	3,434	2,938
Services provided	14,583	25,000
	<u>18,017</u>	<u>27,938</u>
Investment income		
Bank interest receivable	9,648	12,515
Charitable activities		
Grants	64,432	78,864
Other income		
Rent receivable	5,600	-
Total incoming resources	<u>99,775</u>	<u>125,125</u>
EXPENDITURE		
Other trading activities		
Fundraising costs	186	264
Charitable activities		
Wages	47,098	51,391
Social security	472	657
Pensions	2,424	2,857
Other operating leases	12,804	11,333
Rates and water	1,768	235
Insurance	4,088	3,893
Light and heat	2,320	206
Communications	215	564
Postage and stationery	1,912	1,513
Advertising	288	312
Sundries	311	181
Training	385	296
IT support services	6,187	6,002
Cleaning	761	824
Property insurance and service charge	1,423	1,871
Repairs and maintenance	1,319	2,956
Supervision	1,265	1,754
Carried forward	85,040	86,845

This page does not form part of the statutory financial statements

The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25	31.3.24
	£	£
Charitable activities		
Brought forward	85,040	86,845
Travel	485	1,117
Dues and subscriptions	247	351
Other professional fees	-	238
Depreciation office equipment	514	1,023
	<u>86,286</u>	<u>89,574</u>
Support costs		
Management		
Wages	56,198	56,565
Social security	906	1,309
Pensions	3,386	3,161
Other operating leases	4,250	5,667
Rates and water	391	118
Light and heat	1,160	1,275
Property insurance and service charge	711	935
	<u>67,002</u>	<u>69,030</u>
Finance		
Bank charges	3	4
Governance costs		
Accountancy fees	1,050	1,140
Legal fees	1,440	1,320
Payroll administration	576	546
Other professional fees	103	120
	<u>3,169</u>	<u>3,126</u>
Total resources expended	<u>156,646</u>	<u>161,998</u>
Net expenditure	<u>(56,871)</u>	<u>(36,873)</u>

This page does not form part of the statutory financial statements

THE HAVEN PROJECT

England & Wales - Charity number 1169747

Accounts

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for
The Haven Project

The Haven Project

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**Report of the Trustees
for the Year Ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

It is the aim of the Haven Project to enable individuals who live with the diagnosis of Personality Disorder or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

The haven currently has 182 registered clients, and we have contact with 15 carers. The haven had 5791 contacts of which 4093 were calls, 780 were groups (recovery groups and social) 918 were 1:1 contacts. Taking a snap short of client satisfaction from 10 clients receiving crisis prevention calls, 10 client who receive 1:1 support, 10 clients participating in groups and 4 clients getting outreach support the satisfaction levels hovers around 85-97 % of maximum.

The Haven's resilience groups at the MIND Crisis Café Tuesdays in Clacton and Thursdays in Colchester attract between 37 and 52 participations each month and the wellbeing outcomes for the participants continues to reach about 70% of the maximum scores. The outcome of the remodelled Crisis Alternative- which the Haven took a very active part in is not yet known.

The Community Discharge Programme has increased participation and during the past year we increased our cohorts and had a total of 17 participants. The Community Recovery group participants register 52-93% of maximum score for the help they feel they are getting. The cohort size is accelerating.

Public benefit

The work the Haven does benefit not only the Haven clients, Crisis Café and Community Recovery Programme participants, but all these activities reduce the stigma associated with the diagnosis of Personality Disorder and Complex Trauma. Through the platforms that reach beyond the Haven itself we are reaching the wider community.

Future Plans

The Haven is working very hard to make the Crisis Café and the Community Recovery Programme successful so more individuals can have access to and benefit from the Haven's psycho-social model of recovery. In due course the Haven aim to extend its services demographically.

Funding

We have been approaching other grant funders as well as the Big Lottery to help us to achieve a more sustainable income. Moving forward we will be showing cost benefit results from the Community Recovery Programme to encourage further funding from the Health Commissioners.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Haven charity is controlled by its governing document a deed of trust and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020 and this is due for a review.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 2310.04 updated 2020.

**Report of the Trustees
for the Year Ended 31 March 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We are engaged in a recruitment drive to attract more diversity onto the board.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

Ms K Magee
N J Tweed (appointed 26.3.24)
A J L Milner (resigned 3.4.23)
T Singh (resigned 26.3.24)
C Mann
S Gathercole (appointed 26.3.24)

Independent Examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 5 September 2024 and signed on its behalf by:

C Mann - Trustee

Independent Examiner's Report to the Trustees of The Haven Project

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

P J T Frost

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

5 September 2024

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		5,808	-	5,808	3,616
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		-	78,864	78,864	69,248
Other trading activities	2	27,938	-	27,938	28,618
Investment income	3	12,515	-	12,515	4,088
Total		<u>46,261</u>	<u>78,864</u>	<u>125,125</u>	<u>105,570</u>
EXPENDITURE ON					
Raising funds		264	-	264	127
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		10,759	150,975	161,734	149,140
Total		<u>11,023</u>	<u>150,975</u>	<u>161,998</u>	<u>149,267</u>
NET INCOME/(EXPENDITURE)		35,238	(72,111)	(36,873)	(43,697)
RECONCILIATION OF FUNDS					
Total funds brought forward		65,652	167,374	233,026	276,723
TOTAL FUNDS CARRIED FORWARD		<u>100,890</u>	<u>95,263</u>	<u>196,153</u>	<u>233,026</u>

The notes form part of these financial statements

The Haven Project (Registered number: 05081953)

**Balance Sheet
31 March 2024**

	Notes	Unrestricted funds £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Tangible assets	8	1,339	-	1,339	1,266
CURRENT ASSETS					
Debtors	9	4,979	-	4,979	5,079
Cash at bank and in hand		<u>100,949</u>	<u>114,979</u>	<u>215,928</u>	<u>248,567</u>
		105,928	114,979	220,907	253,646
CREDITORS					
Amounts falling due within one year	10	(6,377)	(19,716)	(26,093)	(21,886)
NET CURRENT ASSETS		<u>99,551</u>	<u>95,263</u>	<u>194,814</u>	<u>231,760</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		100,890	95,263	196,153	233,026
NET ASSETS FUNDS	12	<u>100,890</u>	<u>95,263</u>	<u>196,153</u>	<u>233,026</u>
Unrestricted funds				100,890	65,652
Restricted funds				95,263	167,374
TOTAL FUNDS				<u>196,153</u>	<u>233,026</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 September 2024 and were signed on its behalf by:

C Mann - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Fundraising events	2,938	3,618
Services provided	25,000	25,000
	<u>27,938</u>	<u>28,618</u>

3. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Bank interest receivable	12,515	4,088

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	1,023	2,433
Other operating leases	17,000	17,000
Deficit on disposal of fixed assets	<u>-</u>	<u>12</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	2	2
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	3,616	-	3,616
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	69,248	-	69,248
Other trading activities	28,618	-	28,618
Investment income	4,088	-	4,088
Total	<u>105,570</u>	<u>-</u>	<u>105,570</u>
EXPENDITURE ON			
Raising funds	127	-	127
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	<u>110,510</u>	<u>38,630</u>	<u>149,140</u>
Total	<u>110,637</u>	<u>38,630</u>	<u>149,267</u>
NET INCOME/(EXPENDITURE)	(5,067)	(38,630)	(43,697)
RECONCILIATION OF FUNDS			
Total funds brought forward	70,719	206,004	276,723
TOTAL FUNDS CARRIED FORWARD	<u>65,652</u>	<u>167,374</u>	<u>233,026</u>

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2023	241	14,699	14,940
Additions	-	1,096	1,096
At 31 March 2024	<u>241</u>	<u>15,795</u>	<u>16,036</u>
DEPRECIATION			
At 1 April 2023	241	13,433	13,674
Charge for year	-	1,023	1,023
At 31 March 2024	<u>241</u>	<u>14,456</u>	<u>14,697</u>
NET BOOK VALUE			
At 31 March 2024	<u>-</u>	<u>1,339</u>	<u>1,339</u>
At 31 March 2023	<u>-</u>	<u>1,266</u>	<u>1,266</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Prepayments and accrued income	<u>4,979</u>	<u>5,079</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	3,227	839
Accruals and deferred income	<u>22,866</u>	<u>21,047</u>
	<u>26,093</u>	<u>21,886</u>

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.24	31.3.23
	£	£
Within one year	17,000	17,000
Between one and five years	<u>2,833</u>	<u>19,833</u>
	<u>19,833</u>	<u>36,833</u>

12. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	65,652	35,238	100,890
Restricted funds			
Recovery Programme	167,374	(72,111)	95,263
TOTAL FUNDS	<u>233,026</u>	<u>(36,873)</u>	<u>196,153</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,261	(11,023)	35,238
Restricted funds			
Recovery Programme	-	(72,111)	(72,111)
Big Lottery Fund	78,864	(78,864)	-
TOTAL FUNDS	<u>125,125</u>	<u>(161,998)</u>	<u>(36,873)</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	70,719	(5,067)	65,652
Restricted funds			
Awards for All Grant	292	(292)	-
Recovery Programme	205,712	(38,338)	167,374
TOTAL FUNDS	<u>276,723</u>	<u>(43,697)</u>	<u>233,026</u>

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,570	(110,637)	(5,067)
Restricted funds			
Awards for All Grant	-	(292)	(292)
Recovery Programme	-	(38,338)	(38,338)
	<u>-</u>	<u>(38,630)</u>	<u>(38,630)</u>
TOTAL FUNDS	<u>105,570</u>	<u>(149,267)</u>	<u>(43,697)</u>

The Awards for All fund was in respect of a grant received for the provision of wellbeing activities.

The Recovery Programme fund is in respect of a grant received for a structured programme of support to people with personality disorders from discharge from hospital to the community.

The Big Lottery fund is in respect of a grant received to provide funding to enable the charity to continue its programme of service delivery.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

THE HAVEN PROJECT

England & Wales - Charity number 1169747

Accounts

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2021
for
The Haven Project

The Haven Project

Contents of the Financial Statements for the Year Ended 31 March 2021

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Statement of Financial Activities	4
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Notes to the Financial Statements	7 to 13
Detailed Statement of Financial Activities	14 to 15

The Haven Project

Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our aim is to enable individuals with Personality Disorder and/or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

We currently have 164 registered clients and have intermittent needs-based contact with 10 carers. We are planning to re-open for registration - Covid permitting by tackling our waiting list. In addition we have regular contact with 5-12 people who visit the Colchester and Clacton Crisis Café for support in resilience groups. During most of 2020 this work was carried out mainly by phone. We have also been doing in-reach virtually at the local mental health unit to prepare for discharge - Here we saw between 2- 5 individuals each week. This work is growing. Geographically we serve the Colchester and Tendring areas-corresponding to those who reside within the CO post code.

The Haven has tried throughout the Covid restrictive period deliver that same kind of services that we provided before but with modifications. During 2020 we started doing our recovery groups online on ZOOM and our 1:1 were done over the phone as was our out-reach. We managed to provide 3 recovery groups per week on Zoom and two with limited numbers when restrictions were lifted a little in the summer of 2020.

We have not been providing placements for new students during the pandemic but one who was finishing her placement stayed on and helped with the remote groups. She is now a P/T staff member, as from February 2021.

Our calls have remained largely the same at 4,491, but the group numbers are understandably lower. We had 313 attendances at Zoom and 111 in live groups (July 2020- November only (as lock-down prevented further face-to-face activities) 1:1 have been kept up with 743 1:1 contacts having been conducted on the phone. Out-reach contacts reached 229 calls made (albeit by phone).

Public benefit

During the pandemic we contributed much to keeping our clients stable at a time when anxiety was rising, and the flux of change was taking a significant toll on people's mental health generally and very much so for our client group. We have been able to keep our clients as safe as possible and keep most of them out of hospital and A&E.

Our support on the phone has been invaluable to many as have the groups we have been able to run. Their wellbeing has been sufficient to stay afloat at an exceedingly difficult time.

Future Plans

At the end of the year, we were in a position to develop more consistent plans to work with the Trust and reach more vulnerable people living with the diagnosis. These plans have included a trialing of extra support call for CMHT clients and in-reach at Ardleigh in-patient ward. We are hoping to combine the tracked benefits from these initiatives into a more structured plan. During 2020 the Crisis café at Clacton and Colchester also started up with our resilience work developing gradually from telephone contact to live groups as restrictions eased.

Funding

We are currently starting to negotiate with the Big Lottery for another, a third, three year grant but on a smaller scale as we upscale income from more sustainable sources as indicated above. In the first quarter of 2021 we hired a fundraiser on an hoc basis and she successfully secured a covid recovery grant of £20,000 from Essex Community Foundation charging only 5%. We are looking at further grant funding from Lloyds and Henry Smith foundation in the forthcoming year. New more consistent plans are being developed with the Trust.

The Haven Project

Report of the Trustees for the Year Ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document a deed of trust, and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 23.5.01 (updated 2020).

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We continue to attract more diversity onto the board. We have a new member as of early 2021. We are trying out new routes to attract competent and enthusiastic individuals for the post.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

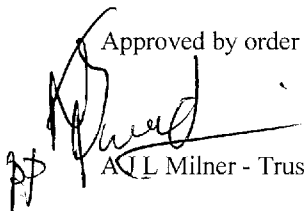
Ms K Magee
N J Tweed
A J L Milner
J Stone
M Rozier (appointed 15.8.20)

Independent Examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 13 December 2021 and signed on its behalf by:


A J L Milner - Trustee

**Independent Examiner's Report to the Trustees of
The Haven Project**

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



P J T Frost
FCCA
JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

15 December 2021

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		10,013	-	10,013	19,989
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		164,500	-	164,500	123,162
Other trading activities	2	5,038	-	5,038	11,411
Investment income	3	70	-	70	594
Other income		-	-	-	90
Total		179,621	-	179,621	155,246
EXPENDITURE ON					
Raising funds		-	-	-	1,768
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		129,717	4,615	134,332	157,997
Total		129,717	4,615	134,332	159,765
NET INCOME/(EXPENDITURE)		49,904	(4,615)	45,289	(4,519)
RECONCILIATION OF FUNDS					
Total funds brought forward		47,521	4,907	52,428	56,947
TOTAL FUNDS CARRIED FORWARD		97,425	292	97,717	52,428

The notes form part of these financial statements

The Haven Project

**Balance Sheet
31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	8	5,243	-	5,243	4,859
CURRENT ASSETS					
Debtors	9	8,667	-	8,667	9,063
Cash at bank and in hand		89,905	292	90,197	49,550
		<u>98,572</u>	<u>292</u>	<u>98,864</u>	<u>58,613</u>
CREDITORS					
Amounts falling due within one year	10	(6,390)	-	(6,390)	(11,044)
NET CURRENT ASSETS					
		<u>92,182</u>	<u>292</u>	<u>92,474</u>	<u>47,569</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>97,425</u>	<u>292</u>	<u>97,717</u>	<u>52,428</u>
NET ASSETS					
		<u>97,425</u>	<u>292</u>	<u>97,717</u>	<u>52,428</u>
FUNDS					
Unrestricted funds	12			97,425	47,521
Restricted funds				292	4,907
TOTAL FUNDS					
				<u>97,717</u>	<u>52,428</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.


The notes form part of these financial statements

The Haven Project

Balance Sheet - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13 December 2021 and were signed on its behalf by:



A J L Milner - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The Haven Project

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

2. OTHER TRADING ACTIVITIES

	31.3.21	31.3.20
	£	£
Fundraising events	953	11,411
Services provided	4,085	-
	<u>5,038</u>	<u>11,411</u>

3. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Bank interest receivable	70	594
	<u>70</u>	<u>594</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	2,526	1,820
Other operating leases	17,000	17,000
	<u>19,526</u>	<u>18,820</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	2	2
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,989	-	19,989
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	112,750	10,412	123,162
Other trading activities	11,411	-	11,411
Investment income	594	-	594
Other income	90	-	90
Total	144,834	10,412	155,246
EXPENDITURE ON			
Raising funds	1,768	-	1,768
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	152,779	5,218	157,997
Total	154,547	5,218	159,765
NET INCOME/(EXPENDITURE)	(9,713)	5,194	(4,519)
Transfers between funds	5,617	(5,617)	-
Net movement in funds	(4,096)	(423)	(4,519)
RECONCILIATION OF FUNDS			
Total funds brought forward	51,617	5,330	56,947
TOTAL FUNDS CARRIED FORWARD	47,521	4,907	52,428

The Haven Project

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2020	241	13,419	13,660
Additions	-	2,910	2,910
At 31 March 2021	241	16,329	16,570
DEPRECIATION			
At 1 April 2020	241	8,560	8,801
Charge for year	-	2,526	2,526
At 31 March 2021	241	11,086	11,327
NET BOOK VALUE			
At 31 March 2021	-	5,243	5,243
At 31 March 2020	-	4,859	4,859

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	4,265	-
Prepayments and accrued income	4,402	9,063
	8,667	9,063

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade creditors	586	5,229
Social security and other taxes	1,498	1,375
Other creditors	57	1,421
Accruals and deferred income	4,249	3,019
	6,390	11,044

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.21	31.3.20
	£	£
Within one year	17,000	2,833
Between one and five years	2,833	-
	<u>19,833</u>	<u>2,833</u>

12. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	47,521	49,904	97,425
Restricted funds			
Awards for All Grant	292	-	292
Lloyds Foundation Enable Grant	4,615	(4,615)	-
	<u>4,907</u>	<u>(4,615)</u>	<u>292</u>
TOTAL FUNDS	<u>52,428</u>	<u>45,289</u>	<u>97,717</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	179,621	(129,717)	49,904
Restricted funds			
Lloyds Foundation Enable Grant	-	(4,615)	(4,615)
	<u>179,621</u>	<u>(134,332)</u>	<u>45,289</u>
TOTAL FUNDS	<u>179,621</u>	<u>(134,332)</u>	<u>45,289</u>

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	51,617	(9,713)	5,617	47,521
Restricted funds				
Awards for All Grant	1,580	(1,288)	-	292
Essex Community Foundation	3,750	(3,750)	-	-
Lloyds Foundation Enable Grant	-	10,232	(5,617)	4,615
	<u>5,330</u>	<u>5,194</u>	<u>(5,617)</u>	<u>4,907</u>
TOTAL FUNDS	<u>56,947</u>	<u>(4,519)</u>	<u>-</u>	<u>52,428</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	144,834	(154,547)	(9,713)
Restricted funds			
Awards for All Grant	-	(1,288)	(1,288)
Essex Community Foundation	-	(3,750)	(3,750)
Lloyds Foundation Enable Grant	10,412	(180)	10,232
	<u>10,412</u>	<u>(5,218)</u>	<u>5,194</u>
TOTAL FUNDS	<u>155,246</u>	<u>(159,765)</u>	<u>(4,519)</u>

The Awards for All fund is in respect of a grant received for the provision of wellbeing activities.

The Lloyds Foundation Enable Grant is in respect of a grant received to pay for an IT upgrade and quality assurance of the organisation's governance and overall structure.

The Essex Community Foundation fund and the Tudor Trust fund were in respect of grants received towards the salary of therapeutic support workers.

The Haven Project

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	10,013	19,989
Other trading activities		
Fundraising events	953	11,411
Services provided	4,085	-
	<u>5,038</u>	<u>11,411</u>
Investment income		
Bank interest receivable	70	594
Charitable activities		
Grants	164,500	123,162
Other income		
Acquired on conversion to charity	-	90
Total incoming resources	<u>179,621</u>	<u>155,246</u>
EXPENDITURE		
Other trading activities		
Fundraising costs	-	1,768
Charitable activities		
Wages	42,619	52,205
Social security	672	1,790
Pensions	2,574	3,773
Other operating leases	11,333	11,333
Rates and water	1,227	1,375
Insurance	3,135	4,047
Light and heat	2,831	2,147
Communications	2,769	3,455
Postage and stationery	557	1,522
Sundries	268	957
Service user activities	-	967
Training	812	1,924
IT support services	3,788	1,966
Cleaning	576	608
Office consumables	183	972
Office supplies	89	329
Agency workers	-	154
Carried forward	73,433	89,524

This page does not form part of the statutory financial statements

The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21	31.3.20
	£	£
Charitable activities		
Brought forward	73,433	89,524
Property service charge	1,086	1,499
Repairs and maintenance	475	684
Supervision	410	520
Travel	66	1,271
Dues and subscriptions	35	35
Equipment	-	1
Office	2,526	1,075
	<u>78,031</u>	<u>94,609</u>
Support costs		
Management		
Wages	42,730	47,806
Social security	491	1,766
Pensions	3,323	3,360
Other operating leases	5,667	5,667
Rates and water	613	521
Light and heat	1,415	1,074
Property service charge	543	749
	<u>54,782</u>	<u>60,943</u>
Finance		
Bank charges	117	177
Computer equipment	-	744
	<u>117</u>	<u>921</u>
Governance costs		
Accountancy fees	780	1,020
Payroll administration	504	504
Other professional fees	118	-
	<u>1,402</u>	<u>1,524</u>
Total resources expended	<u>134,332</u>	<u>159,765</u>
Net income/(expenditure)	<u>45,289</u>	<u>(4,519)</u>

This page does not form part of the statutory financial statements

THE HAVEN PROJECT

England & Wales - Charity number 1169747

Accounts

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2021
for
The Haven Project

The Haven Project

Contents of the Financial Statements for the Year Ended 31 March 2021

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Report of the Trustees	1 to 2
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The Haven Project

Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our aim is to enable individuals with Personality Disorder and/or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

We currently have 164 registered clients and have intermittent needs-based contact with 10 carers. We are planning to re-open for registration - Covid permitting by tackling our waiting list. In addition we have regular contact with 5-12 people who visit the Colchester and Clacton Crisis Café for support in resilience groups. During most of 2020 this work was carried out mainly by phone. We have also been doing in-reach virtually at the local mental health unit to prepare for discharge - Here we saw between 2- 5 individuals each week. This work is growing. Geographically we serve the Colchester and Tendring areas-corresponding to those who reside within the CO post code.

The Haven has tried throughout the Covid restrictive period deliver that same kind of services that we provided before but with modifications. During 2020 we started doing our recovery groups online on ZOOM and our 1:1 were done over the phone as was our out-reach. We managed to provide 3 recovery groups per week on Zoom and two with limited numbers when restrictions were lifted a little in the summer of 2020.

We have not been providing placements for new students during the pandemic but one who was finishing her placement stayed on and helped with the remote groups. She is now a P/T staff member, as from February 2021.

Our calls have remained largely the same at 4,491, but the group numbers are understandably lower. We had 313 attendances at Zoom and 111 in live groups (July 2020- November only (as lock-down prevented further face-to-face activities) 1:1 have been kept up with 743 1:1 contacts having been conducted on the phone. Out-reach contacts reached 229 calls made (albeit by phone).

Public benefit

During the pandemic we contributed much to keeping our clients stable at a time when anxiety was rising, and the flux of change was taking a significant toll on people's mental health generally and very much so for our client group. We have been able to keep our clients as safe as possible and keep most of them out of hospital and A&E.

Our support on the phone has been invaluable to many as have the groups we have been able to run. Their wellbeing has been sufficient to stay afloat at an exceedingly difficult time.

Future Plans

At the end of the year, we were in a position to develop more consistent plans to work with the Trust and reach more vulnerable people living with the diagnosis. These plans have included a trialing of extra support call for CMHT clients and in-reach at Ardleigh in-patient ward. We are hoping to combine the tracked benefits from these initiatives into a more structured plan. During 2020 the Crisis café at Clacton and Colchester also started up with our resilience work developing gradually from telephone contact to live groups as restrictions eased.

Funding

We are currently starting to negotiate with the Big Lottery for another, a third, three year grant but on a smaller scale as we upscale income from more sustainable sources as indicated above. In the first quarter of 2021 we hired a fundraiser on an hoc basis and she successfully secured a covid recovery grant of £20,000 from Essex Community Foundation charging only 5%. We are looking at further grant funding from Lloyds and Henry Smith foundation in the forthcoming year. New more consistent plans are being developed with the Trust.

The Haven Project

Report of the Trustees for the Year Ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document a deed of trust, and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 23.5.01 (updated 2020).

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We continue to attract more diversity onto the board. We have a new member as of early 2021. We are trying out new routes to attract competent and enthusiastic individuals for the post.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

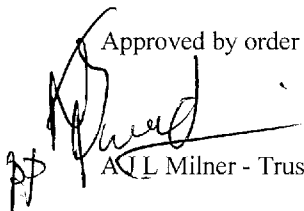
Ms K Magee
N J Tweed
A J L Milner
J Stone
M Rozier (appointed 15.8.20)

Independent Examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 13 December 2021 and signed on its behalf by:


A J L Milner - Trustee

Independent Examiner's Report to the Trustees of The Haven Project

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



P J T Frost
FCCA
JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

15 December 2021

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		10,013	-	10,013	19,989
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		164,500	-	164,500	123,162
Other trading activities	2	5,038	-	5,038	11,411
Investment income	3	70	-	70	594
Other income		-	-	-	90
Total		179,621	-	179,621	155,246
EXPENDITURE ON					
Raising funds		-	-	-	1,768
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		129,717	4,615	134,332	157,997
Total		129,717	4,615	134,332	159,765
NET INCOME/(EXPENDITURE)		49,904	(4,615)	45,289	(4,519)
RECONCILIATION OF FUNDS					
Total funds brought forward		47,521	4,907	52,428	56,947
TOTAL FUNDS CARRIED FORWARD		97,425	292	97,717	52,428

The notes form part of these financial statements

The Haven Project

**Balance Sheet
31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	8	5,243	-	5,243	4,859
CURRENT ASSETS					
Debtors	9	8,667	-	8,667	9,063
Cash at bank and in hand		89,905	292	90,197	49,550
		<u>98,572</u>	<u>292</u>	<u>98,864</u>	<u>58,613</u>
CREDITORS					
Amounts falling due within one year	10	(6,390)	-	(6,390)	(11,044)
NET CURRENT ASSETS		<u>92,182</u>	<u>292</u>	<u>92,474</u>	<u>47,569</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>97,425</u>	<u>292</u>	<u>97,717</u>	<u>52,428</u>
NET ASSETS		<u>97,425</u>	<u>292</u>	<u>97,717</u>	<u>52,428</u>
FUNDS					
Unrestricted funds	12			97,425	47,521
Restricted funds				292	4,907
TOTAL FUNDS				<u>97,717</u>	<u>52,428</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.


The notes form part of these financial statements

The Haven Project

Balance Sheet - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13 December 2021 and were signed on its behalf by:



A J L Milner - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The Haven Project

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

2. OTHER TRADING ACTIVITIES

	31.3.21	31.3.20
	£	£
Fundraising events	953	11,411
Services provided	4,085	-
	<u>5,038</u>	<u>11,411</u>

3. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Bank interest receivable	70	594
	<u>70</u>	<u>594</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	2,526	1,820
Other operating leases	17,000	17,000
	<u>19,526</u>	<u>18,820</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	2	2
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,989	-	19,989
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	112,750	10,412	123,162
Other trading activities	11,411	-	11,411
Investment income	594	-	594
Other income	90	-	90
Total	144,834	10,412	155,246
EXPENDITURE ON			
Raising funds	1,768	-	1,768
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	152,779	5,218	157,997
Total	154,547	5,218	159,765
NET INCOME/(EXPENDITURE)	(9,713)	5,194	(4,519)
Transfers between funds	5,617	(5,617)	-
Net movement in funds	(4,096)	(423)	(4,519)
RECONCILIATION OF FUNDS			
Total funds brought forward	51,617	5,330	56,947
TOTAL FUNDS CARRIED FORWARD	47,521	4,907	52,428

The Haven Project

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2020	241	13,419	13,660
Additions	-	2,910	2,910
At 31 March 2021	241	16,329	16,570
DEPRECIATION			
At 1 April 2020	241	8,560	8,801
Charge for year	-	2,526	2,526
At 31 March 2021	241	11,086	11,327
NET BOOK VALUE			
At 31 March 2021	-	5,243	5,243
At 31 March 2020	-	4,859	4,859

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	4,265	-
Prepayments and accrued income	4,402	9,063
	8,667	9,063

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade creditors	586	5,229
Social security and other taxes	1,498	1,375
Other creditors	57	1,421
Accruals and deferred income	4,249	3,019
	6,390	11,044

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.21	31.3.20
	£	£
Within one year	17,000	2,833
Between one and five years	2,833	-
	<u>19,833</u>	<u>2,833</u>

12. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	47,521	49,904	97,425
Restricted funds			
Awards for All Grant	292	-	292
Lloyds Foundation Enable Grant	4,615	(4,615)	-
	<u>4,907</u>	<u>(4,615)</u>	<u>292</u>
TOTAL FUNDS	<u>52,428</u>	<u>45,289</u>	<u>97,717</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	179,621	(129,717)	49,904
Restricted funds			
Lloyds Foundation Enable Grant	-	(4,615)	(4,615)
	<u>179,621</u>	<u>(134,332)</u>	<u>45,289</u>
TOTAL FUNDS	<u>179,621</u>	<u>(134,332)</u>	<u>45,289</u>

The Haven Project

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	51,617	(9,713)	5,617	47,521
Restricted funds				
Awards for All Grant	1,580	(1,288)	-	292
Essex Community Foundation	3,750	(3,750)	-	-
Lloyds Foundation Enable Grant	-	10,232	(5,617)	4,615
	<u>5,330</u>	<u>5,194</u>	<u>(5,617)</u>	<u>4,907</u>
TOTAL FUNDS	<u>56,947</u>	<u>(4,519)</u>	<u>-</u>	<u>52,428</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	144,834	(154,547)	(9,713)
Restricted funds			
Awards for All Grant	-	(1,288)	(1,288)
Essex Community Foundation	-	(3,750)	(3,750)
Lloyds Foundation Enable Grant	10,412	(180)	10,232
	<u>10,412</u>	<u>(5,218)</u>	<u>5,194</u>
TOTAL FUNDS	<u>155,246</u>	<u>(159,765)</u>	<u>(4,519)</u>

The Awards for All fund is in respect of a grant received for the provision of wellbeing activities.

The Lloyds Foundation Enable Grant is in respect of a grant received to pay for an IT upgrade and quality assurance of the organisation's governance and overall structure.

The Essex Community Foundation fund and the Tudor Trust fund were in respect of grants received towards the salary of therapeutic support workers.

The Haven Project

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	10,013	19,989
Other trading activities		
Fundraising events	953	11,411
Services provided	4,085	-
	<u>5,038</u>	<u>11,411</u>
Investment income		
Bank interest receivable	70	594
Charitable activities		
Grants	164,500	123,162
Other income		
Acquired on conversion to charity	-	90
Total incoming resources	<u>179,621</u>	<u>155,246</u>
EXPENDITURE		
Other trading activities		
Fundraising costs	-	1,768
Charitable activities		
Wages	42,619	52,205
Social security	672	1,790
Pensions	2,574	3,773
Other operating leases	11,333	11,333
Rates and water	1,227	1,375
Insurance	3,135	4,047
Light and heat	2,831	2,147
Communications	2,769	3,455
Postage and stationery	557	1,522
Sundries	268	957
Service user activities	-	967
Training	812	1,924
IT support services	3,788	1,966
Cleaning	576	608
Office consumables	183	972
Office supplies	89	329
Agency workers	-	154
Carried forward	73,433	89,524

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The Haven Project

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21	31.3.20
	£	£
Charitable activities		
Brought forward	73,433	89,524
Property service charge	1,086	1,499
Repairs and maintenance	475	684
Supervision	410	520
Travel	66	1,271
Dues and subscriptions	35	35
Equipment	-	1
Office	2,526	1,075
	<u>78,031</u>	<u>94,609</u>
Support costs		
Management		
Wages	42,730	47,806
Social security	491	1,766
Pensions	3,323	3,360
Other operating leases	5,667	5,667
Rates and water	613	521
Light and heat	1,415	1,074
Property service charge	543	749
	<u>54,782</u>	<u>60,943</u>
Finance		
Bank charges	117	177
Computer equipment	-	744
	<u>117</u>	<u>921</u>
Governance costs		
Accountancy fees	780	1,020
Payroll administration	504	504
Other professional fees	118	-
	<u>1,402</u>	<u>1,524</u>
Total resources expended	<u>134,332</u>	<u>159,765</u>
Net income/(expenditure)	<u>45,289</u>	<u>(4,519)</u>

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