

Company registration number: CE008100

Charity registration number: 1169632

The MASIC Foundation

A charitable incorporated organisation

Annual Report and Financial Statements

for the Year Ended 31 December 2022

The MASIC Foundation

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The MASIC Foundation

Reference and Administrative Details

Trustees

Prof Michael Keighley MA MS FRCS, President (resigned 1 June 2023 as Trustee remains President)

Prof Debra Bick MMedSc PhD RM, Chair

Julie Cornish MD FRCS

Geoffrey Hand MA, Treasurer

Prof Robert Freeman MB FRCOG

Ranee Thakar MD FRCOG

Henrietta Mary Rose Bidwell (appointed 12 December 2022)

Joanna Prance (appointed 6 January 2022)

Amanda Hughes (appointed 5 September 2022)

Samantha Vincent (appointed 6 January 2023)

Sarah Embleton (appointed 21 March 2023)

Patrons

Donna Ockenden FRSA

The MASIC Foundation

Reference and Administrative Details

Principal Office

PO Box 10875
Nottingham
NG12 5YU

Registered Office

PO Box 10875
Nottingham
NG12 5YU

Company Registration Number

CE008100

Charity Registration Number

1169632

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Independent Examiner

Ballards LLP
Oakmoore Court
11C Kingswood Road
Hampton Lovett
Droitwich
Worcestershire
WR9 0QH

Website

www.masic.org.uk

Email

Info@masic.org.uk

Twitter

[@masic_uk](https://twitter.com/masic_uk)

Instagram

<https://www.instagram.com/masicfoundation/>

Facebook

<https://www.facebook.com/MASICFOUNDATION>

LinkedIn

<https://www.linkedin.com/company/masicfoundation>

The MASIC Foundation

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 December 2022.

Trustees

Prof Michael Keighley MA MS FRCS, President (resigned 1 June 2023 as Trustee remains President)

Prof Debra Bick MMedSc PhD RM, Chair

Julie Cornish MD FRCS

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Sarah Embleton (appointed 21 March 2023)

Objectives and Aims

Background

The MASIC Foundation was formed in 2016 and is the UK's only charity dedicated to supporting women who have suffered severe perineal injuries during childbirth known as obstetric anal sphincter injuries (OASI) or third and fourth degree tears. Such injuries are life-changing and can have a devastating impact on a woman's quality of life - her health, intimate relationships, family relationships, employment.

Our Aims

The MASIC Foundation has three aims:

- 1) Raising public awareness and supporting injured women
- 2) Supporting research and prevention of OASI injuries
- 3) Education of healthcare professionals.

The MASIC Foundation

Trustees' Report

Achievements and performance

A key aim in 2022 was the establishment of a network of MASIC Support Groups, providing peer-led face-to-face support to injured women, with the assistance of a healthcare professional. The North West had been identified as a starting point for our first group which was held onsite at the Ronald McDonald House Manchester Hospital Group in October 22 and was both a launch and first group session with a number of healthcare professionals and birth-injured women attending. The feedback from the first event was overwhelmingly positive, leading to further dates being set and plans to roll out to other locations, ultimately providing a nationwide network of support groups. Thank you to the National Lottery and the Albert Hunt Trust for making this possible, Ronald McDonald House Manchester for hosting and the clinicians of the NW Steering Group.

"Another incredible support group with the MASIC Foundation. Every time I meet these women (advocates), I'm just in complete awe of the sheer amount of empowerment, acceptance and passion these women have when it comes to our life changing injuries. It's an incredible feeling to feel accepted, so normalised and so empowered to be able to talk about such embarrassing and traumatic injuries and experiences. Forever grateful to have them, and even more grateful for the level of support I have received during my own journey".

Other Support

Aside from in-person support groups, there is a vibrant online community of women who support each other through their experiences of injury from birth trauma. At the end of 2022, we had 371 members of a closed support group on Facebook and, through email, phone call and an online contact form, received over 170 enquiries during the year from injured women.

'I really appreciate you taking time for me, your support and encouragement.'

Social Media

Our social media continues to grow in reach and impact - serving injured women by providing a rich source of information and guidance and disseminating information to health professionals. We ended the year with 2,350 followers on Instagram, 1,839 on Twitter, 789 on the Facebook open page. These platforms are used to promote relevant new stories, remind followers of MASIC's free-to-access webinar archives, share useful information and guidance from other health professionals, charities and health organisations and reach other health professionals and those interested in this area of women's health.

The MASIC Foundation

Trustees' Report

Press

MASIC has strengthened its links with the media as the profile of this injury grows, and has been quoted in four press articles this year calling for improved treatment and care for birth-injured women:

7 April 2022 The Guardian:

<https://www.theguardian.com/society/2022/apr/07/it-seems-if-you-have-a-baby-you-should-expect-to-be-in-pain-the-women-living-with-postpartum-incontinence>

28 May 2022 BBC Online:

https://www.bbc.co.uk/news/uk-wales-61592798?fbclid=IwAR0mM5z_g4-njRSVfXX4o6Bf-EzX0IMRuKI8RbqpZClyULiDTU2TqZub4xw

6 August 2022 Daily Mail:

<https://www.dailymail.co.uk/news/article-10371409/Mothers-bid-person-stomach-swim-Channel-traumatic-birth-son.html>

20 November 2022 Mail on Sunday:

<https://www.dailymail.co.uk/health/article-11447163/Campaigners-call-new-mothers-receive-GP-check-nine-months-giving-birth.html>

Website

Traffic to our website continues to increase. It remains an important resource for both injured women and healthcare professionals. In 2022 our website's software was updated enabling us to analyse and monitor traffic and areas of interest on the site more closely.

Webinars in 2022

The MASIC webinars in 2022 included:

- Montgomery and consent - where are we now?
- Persistent pain after delivery: causes and management
- Childbirth injury: how is it managed in Primary Care?

These events are supported by a range of sponsors to cover costs. We particularly wish to thank the following law and medical firms for their support: Bolt Burdon Kemp, Leigh Day, Moore Barlow, Medtronic and THD. A full programme of webinars continued into 2023.

"Enjoyed all aspects of the webinar - very interesting talks and great to look at the issue from different perspectives ." Health Professional

Assisted Birth Survey

We conducted an Assisted Birth Survey across our social media outlets, via email distribution and our website. The survey was open to women in UK only who had given birth assisted by forceps and/or ventouse. Questions focussed on the quality of information women were given antenatally, where this information came from, whether they were given choice and informed consent for instruments to be used and how they rated the aftercare they received following instrumental delivery.

We also researched the extent of injuries they or their babies had received, if those injuries had been missed or misdiagnosed, and their concerns about their health and wellbeing following the delivery. The response level was excellent, with over 700 responses. The findings of the survey will be released later in 2023.

The MASIC Foundation

Trustees' Report

Other Projects, Research and Collaborative Working

We continue to work with an ever-increasing network of clinicians, charities and others committed to perineal health. Some highlights include:

- We continue to advise and support the OASI care bundle through The Royal College of Obstetrics and Gynaecology and The Royal College of Midwives in the roll out of the second phase of the perineal trauma prevention programme.
- The GRACE study - we were delighted to work over the past 2 years on the GRACE study - a University of Warwick-led qualitative study, funded by the UK National Institute for Health and Care Research that looked at women's experiences of anal incontinence following vaginal birth and the missed opportunities in routine health care contacts. With input from the MASIC Foundation the study identified missed opportunities in getting a diagnosis of AI, an absence of clear pathways for those who are referred for treatment and a lack of awareness of the problem among healthcare professionals. A training package has been developed for the Royal College of General Practitioners (RCGP) as have resource pages linked to the study which the charity will be hosting on its website.
- Working with physiotherapists and co-ordinators on the NHS Pelvic Health Clinics providing training packages, we were able to support these clinics by providing Advocate case studies and speakers for educational seminars for HCP's.

Administration and Governance

Trustees and Committees:

Professor Bick continues as Chair of Trustees

Professor Freeman chairs the Education Committee

Geoffrey Hand continued as Treasurer throughout 2022, with Amanda Hughes becoming Treasurer in 2023. Both are members of the Finance and Resources Committee.

Joanna Prance, Amanda Hughes and Henrietta Mary Rose Bidwell were welcomed to the Trustee Board in 2022, and Samantha Vincent and Sarah Embleton in 2023.

The Trustees meet on a quarterly basis. MASIC's two subcommittees - the Education Committee and the Finance and Resources Committee - meet regularly.

Staff:

Chloë Oliver took up office as MASIC's Chief Executive Officer in January 2022 and is supported by a team of three part time staff, two of whom have lived experience of birth injury.

Council:

MASIC is supported by over 40 Council Members who form a resource for professional, parliamentary and financial introductions, generating political debate, public awareness and support. Council membership is by invitation; its role is developing in line with MASIC's increasing influence as the national voice of birth-injured women.

The MASIC Foundation

Trustees' Report

Financial review

We have sustained a stable cash position throughout 2022. The Finance and Resources Committee closely monitors the charity's financial position and works to ensure a proper balance between the ever-increasing demands upon the charity, its continuing growth and the resources available to meet those needs.

Fundraising Strategy and Activity

We have been working hard on a strategy to strengthen, maximise and diversify our income sources. Being still a relatively small and newly-formed charity, our aim is to develop long-term relationships with appropriate grant-making charities and to develop our own community fundraising streams. The attainment of long-term financial sustainability is one of the CEO's primary objectives.

To this end MASIC seeks to maximise its fundraising capacity by way of social media and website utilisation. Trustee, Joanna Prance, is forming and leading MASIC's community fundraising efforts.

MASIC derives invaluable financial support from companies, law firms, clothing and equipment manufacturers and other organisations supporting birth-injured women in as many aspects of their lives as possible. Our trustees constantly review the relationship between the charity and commercial organisations to ensure that these are appropriately managed.

Particular value comes from the generous sponsorship of MASIC's specialised OASI webinars (10 to date) with "The Perinatal Pelvic Health Initiative", "OASI and Disability - Employment, Rights and Assessment" and "Instrumental Delivery: Exploring the Impact on Maternal Health" all in current production for 2023. The MASIC staff and Trustees express their sincere gratitude to all the commercial organisations that have supported MASIC and make possible its ongoing vital contribution to women's health.

Policy on reserves

The trustees adopt a risk-based approach to reserves, the principle present risk, as in any charity in its early years, being an inadequacy of funds. MASIC benefits from close and regular scrutiny of its resources by its Finance and Resources Committee in order to avoid any sudden or unforeseen shortfall. Taking into account the charity's predictable running costs and the costs of closure the trustees adopt a reserves policy of maintaining approximately six months' unrestricted funds.

The MASIC Foundation

Trustees' Report

Structure, governance and management

Constitution

The charity is governed by a Constitution and registered with the Charity Commission for England and Wales as a Charitable Incorporated Organisation on 13 October 2016.

Recruitment and Appointment of Trustees

Trustees are drawn from the key healthcare professionals involved in the prevention or treatment of OASI, and the Board includes women who have experienced OASI. In selecting individuals for appointment, the trustees have had regard to the skills, knowledge and experience needed for the effective management of the Foundation. New trustees are provided with an appropriate induction on joining the charity. Initial training and annual refresher courses are mandatory for all Trustees.

Public Benefit

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011. They have due regard to the public benefit guidance published by the Charities Commission for England and Wales in determining the activities undertaken by the Charity.

All trustees give their time voluntarily and no trustee receives any private benefit or remuneration from the Charity. The Charity is run by the trustees who meet at least three times per year.

Staff

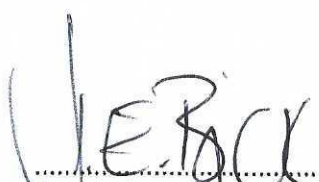
During 2019 the Foundation reorganised to generate greater MASIC Ambassador involvement at the start of 2020 we shall have two part time paid staff who are MASIC Ambassadors to run our administration and social media activities.

Risk management

The Trustees recognise there are a range of strategic risks to which MASIC is exposed. These include financial, reputational, technological, legal and operational risks. To date, as MASIC is a small charity, it has been possible to manage risks quite practically on a day-to-day basis.

As the charity expands during 2020, trustees will develop a Risk Management Plan, to identify key risks and mitigations, in order to meet the requirements of good governance. Regular reports of key risks will be made to Trustees and the risk plan will be updated regularly.

The annual report was approved by the trustees of the charity on 25/10/23 and signed on its behalf by:


Prof Debra Bick MMedSc PhD RM
~~President~~

Chair of Trustees

The MASIC Foundation

Statement of Trustees' Responsibilities

The law applicable to charities in England and Wales requires Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of incoming resources and application of resources of the charity for that period.

In preparing these Financial Statements the Trustees are required to:

- (a) Select suitable accounting policies and then apply them consistently;
- (b) Observe the methods and principles in the Charities SORP;
- (c) Make judgements and accounting estimates that are reasonable and prudent;
- (d) State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- (e) Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps to prevent and detect fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the Charity and the financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The MASIC Foundation

Independent Examiner's Report to the trustees of The MASIC Foundation

I report on the accounts of the charity for the year ended 31 December 2022 which are set out on pages 11 to 18 .

Respective responsibilities of trustees and examiner

The trustees of the CIO are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and comply with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Benjamin Powell MSci ACA

Oakmoore Court
11C Kingswood Road
Hampton Lovett
Droitwich
Worcestershire
WR9 0QH

Date: 25 October 2023
.....

The MASIC Foundation

Statement of Financial Activities for the Year Ended 31 December 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Restricted funds £	Total 2022 £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	1,090	7,446	9,346
Charitable activities	4	-	106,893	45,718
Grants		-	5,850	12,000
Total Income		1,090	120,189	67,064
Expenditure on:				
Raising funds		-	(21)	(5,009)
Charitable activities	5	(10,429)	(119,803)	(63,380)
Other expenditure	6	-	(5,484)	(3,498)
Total Expenditure		(10,429)	(125,308)	(71,887)
Net expenditure		(9,339)	(5,119)	(4,823)
Net movement in funds		(9,339)	(5,119)	(4,823)
Reconciliation of funds				
Total funds brought forward		12,000	95,568	100,391
Total funds carried forward	13	2,661	90,449	95,568

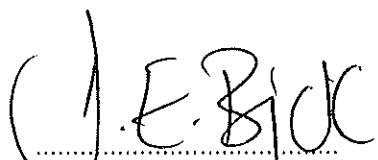
All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 13.

The MASIC Foundation
(Registration number: CE008100)
Balance Sheet as at 31 December 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	10	1,581	868
Current assets			
Debtors	11	2,522	5,023
Cash at bank and in hand		92,738	94,159
		95,260	99,182
Creditors: Amounts falling due within one year	12	(6,392)	(4,482)
Net current assets		88,868	94,700
Net assets		90,449	95,568
Funds of the charity:			
Restricted funds		2,661	12,000
Unrestricted income funds			
Unrestricted funds		87,788	83,568
Total funds	13	90,449	95,568

The financial statements on pages 11 to 18 were approved by the trustees, and authorised for issue on 10.10.23 and signed on their behalf by:



 Prof Debra Bick MMedSc PhD RM
 President
 Chair of Trustees

The MASIC Foundation

Notes to the Financial Statements for the Year Ended 31 December 2022

1 Charity status

The charity is a charitable incorporated organisation and consequently does not have share capital.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Basis of preparation

The MASIC Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

The MASIC Foundation

Notes to the Financial Statements for the Year Ended 31 December 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Tangible fixed assets

We capitalise the purchase of any tangible item with a useful economic life over 1 year.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Office equipment	33.3% on reducing balance

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

The MASIC Foundation

Notes to the Financial Statements for the Year Ended 31 December 2022

3 Income from donations and legacies

	Restricted funds £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations	1,090	7,446	9,346
Grants, including capital grants;			
Grants	-	5,850	12,000
	1,090	13,296	21,346

4 Income from charitable activities

	Total 2022 £	Total 2021 £
Charitable income;		
Sponsorship and conference income	106,893	45,718

5 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Conference and event costs		17,384	1,384	18,768	3,489
Governance costs	7	91,990	9,045	101,035	59,891
		109,374	10,429	119,803	63,380

£109,374 (2021 - £59,048) of the above expenditure was attributable to unrestricted funds and £10,429 (2021 - £4,332) to restricted funds.

6 Other expenditure

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Legal fees	2,291	2,291	-
Marketing and publicity	1,071	1,071	1,677
Depreciation, amortisation and other similar costs	791	791	434
Other resources expended	88	88	187
Independent Examiner's remuneration	1,243	1,243	1,200
	5,484	5,484	3,498

The MASIC Foundation

Notes to the Financial Statements for the Year Ended 31 December 2022

7 Analysis of governance and support costs

Governance costs

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	General £	£	£	£
Staff costs				
Wages and salaries	81,735	7,378	89,113	36,102
Pension costs	2,350	-	2,350	1,020
Other staff costs	-	-	-	1,144
Legal fees	768	1,016	1,784	-
Other governance costs	7,137	651	7,788	21,625
	<u>91,990</u>	<u>9,045</u>	<u>101,035</u>	<u>59,891</u>

8 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	<u>1,243</u>	<u>1,200</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

The MASIC Foundation

Notes to the Financial Statements for the Year Ended 31 December 2022

10 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 January 2022	1,302	1,302
Additions	1,504	1,504
At 31 December 2022	2,806	2,806
Depreciation		
At 1 January 2022	434	434
Charge for the year	791	791
At 31 December 2022	1,225	1,225
Net book value		
At 31 December 2022	1,581	1,581
At 31 December 2021	868	868

11 Debtors

	2022 £	2021 £
Other debtors	2,522	5,023

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	2,598	542
Other creditors	2,654	2,800
Accruals	1,140	1,140
	6,392	4,482

The MASIC Foundation

Notes to the Financial Statements for the Year Ended 31 December 2022

13 Funds

	Balance at 1 January 2022 £	Incoming resources £	Resources expended £	Balance at 31 December 2022 £
Unrestricted funds				
<i>General</i>				
General	83,568	119,100	(114,880)	87,788
Restricted funds				
Restricted funds	12,000	1,090	(10,429)	2,661
Total funds	95,568	120,190	(125,309)	90,449
	Balance at 1 January 2021 £	Incoming resources £	Resources expended £	Balance at 31 December 2021 £
Unrestricted funds				
<i>General</i>				
General	96,059	55,064	(67,555)	83,568
Restricted funds				
Restricted funds	4,332	12,000	(4,332)	12,000
Total funds	100,391	67,064	(71,887)	95,568