

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	6 th	April	2024		5 th	April	2025

Section A

Reference and administration details

Charity name	Thetford & District Dementia Support Group
Other names charity is known by	TADDS
Registered charity number (if any)	1169626
Charity's principal address	c/o 44 Earls Street
	Thetford
	Norfolk
Postcode	IP24 2AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016 - current	
2	Yvonne Warren	Treasurer	2016 - current	
3	Doreen Harvey		2021 - current	
4	Jane Howard		2022 - current	
5	Joyce Avilla		2019 - Current	
6	Linda Stow-Butcher		2022 - current	
7	Colin Parodi		2021 - current	
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Lovewell Blake Accountants	The Gables, Old Market Street, Thetford IP24 2EN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	C.I.O
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustee Committee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity has policies and procedures in place to govern volunteers and to safeguard group users and volunteers.

The Charity has a mission statement and is managed by a committee of Trustees. The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia.

Since the pandemic, the Charity has put in place online contact and recovery procedures to support our work going forward and continue to provide much needed support to the vulnerable people within our group.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objectives of the CIO are:
To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.
 We achieve this by:
Providing specialist advice, support and information
One to one and peer support. (continued below..)

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;
Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.
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The Charity holds weekly group meetings as well as a monthly Carers only group meetings to allow for peer support within the group and to provide speakers from specialist organisations who can help carers and cared for with further specific resources, advocacy and information dissemination.

Since the pandemic we have ensured that people are able to contact us via phone, video call, email and face to face to facilitate the provision of ongoing support (if people require it) when they are unable to attend or group.

As a group we have taken part in outdoor and indoor activities, days out and social events and have seen the numbers in the group grown again this year.

We have actively promoted the group within the community and have Social Media presence.
 We have contact and periodic visits from the local Admiral Nurse Service within Norfolk.

We also actively promote the group to the Statutory Services including Health and Social Care and have periodic visits from healthcare staff.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The continued contribution made by the volunteers and Trustees throughout 2024 and into 2025 is significant to the running and maintenance of the charity and is important to the continuation of the Charity and work we do.

The valuable contribution made by each person is not taken for granted and is recognised with gratitude.

Without this body of individuals who have selflessly and willingly given their time and effort to ensure smooth running of the Charity and its service, there would be no support for people living with a dementia or their carers in this local area. The Chair of Trustees extends grateful thanks to every one involved.

The skills of the Chair, Vice Chair and other members of the Trustees has contributed to the ongoing funding into the Charity.

Continued awareness raising within the local community and the support we have given to other Charities in the delivery of their own work where there has been Carers in attendance has grown our profile within the community.

As a charity we always need to be mindful in ensuring our financial stability and continue to seek funding from community sources outside of the statutory authorities who have limited budgets.

Summary of the main achievements of the charity during the year

The Charity continues to be very successful and has earned the respect of the local health authorities as being a place where people can get the much needed support for their diagnosis.

Attendance by previous and new members has been ongoing throughout the year and we have seen the numbers within the group grow significantly.

We managed to give the group a Summer outing and a Christmas lunch in 2024 and provided a variety of entertainment for them at the group throughout the year and including Christmas carol singers from the local school.

Group events and weekly meetings have been well attended by members and sponsors of the group and days provide quality time to form new friendships or re-enforce the friendships they have already made.

Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, our group provides a much-needed resource for friendship, peer support as well as access to learning and advice and information.

As a Charity we are delighted with our achievements in 2024 and into 2025, and it continues to be a source of pride and achievement when you can help someone (no matter how small that help is), to regain some control and stability in their life, when they are facing a catastrophic life changing diagnosis.

Carers are massively under supported in our local area, and we are proud of our achievements in providing a regular weekly event, giving people a welcome, warm and friendly environment where they can get some much-needed respite for a couple of hours. We are constantly told how much we are needed and how grateful people are to be able to come along.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and occasionally submits bids allowing for specific activities as resources arise.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

We were fortunate to a recipient of a donation from a large corporate organisation who did a collection which generated over £1000

Through donations we have been able to secure the payments necessary for the rent of the church room, have our outdated website redesigned making it more user friendly and take members of our group out on activities to enhance their physical and mental well-being.

We have no investments

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Mountjoy-Dixon

Position (eg Secretary, Chair, etc)

Chair

Date

5th April 2025

CHARITY REGISTRATION NUMBER 1169626

THETFORD AND DISTRICT DEMENTIA SUPPORT GROUP

FINANCIAL STATEMENTS

5 APRIL 2025

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2025

The Trustees present their report and financial statements for the year ended 5 April 2025.

Reference and Administrative Information

Charity name	Thetford and District Dementia Support Group
Charity registration number	1169626
Registered Office	44 Earls Street Thetford Norfolk IP24 2AD
Trustees	J Mountjoy-Dixon L Stow-Butcher J Howard C Parodi D Harvey J Avilla Y Warren
Independent Examiner	Jamie Norton FCCA Lovewell Blake LLP First Floor Suite 2 Hillside Business Park Bury St Edmunds Suffolk IP32 7EA
Bankers	NatWest Bank Bede House 11 Western Boulevard Leicester LE2 7EJ

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2025

Objectives and Activities

The primary objective of the Trust is to provide weekly group support and information to people living with Dementia and their carers within the Thetford area. Funding is received through monies drawn from grants and general and funereal donations.

Public benefit

The Trustees have given due regard to the guidance published by the Charity Commission with regards to public benefit. The Trustees considers that public benefit is provided through the provision of support, activities and giving advice to the people with Dementia and disabilities and their carers.

Achievements and Performance

The value of the bank and cash balances decreased from £30,854 at 5 April 2024 to £27,241 at 5 April 2025.

Financial Review

A summary of the receipts and payments during the year is shown on page 5.

Reserves Policy

It is the Trustees' policy to distribute all income through donations and grants to fund activities, dinner groups and advice and peer support for the benefit of people with Dementia and their carers.

Plans for Future Periods

The Trust's future activities will continue to be on a similar basis supporting a spread of activities across the different sectors, with special emphasis on the support to this within Thetford and its Districts.

Structure, Governance and Management

Governing Document

The organisation is a registered Charity, created under a Trust Deed dated 12 October 2016.

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2025

Trustees

The Trustees as below held office during the year:

J Mountjoy-Dixon
L Stow-Butcher
J Howard
C Parodi
D Harvey
J Avilla
Y Warren

Organisation Structure

The Trust is governed by its Trustees, who meet regularly with the Trust's chairperson to consider the Trust's income stream with a view to providing support mechanisms and activities to Dementia sufferers and carers.

Independent Examiner

A resolution to reappoint J Norton of Lovewell Blake LLP as independent examiner was approved by the Trustee.

Approved by the Trustees



J Mountjoy-Dixon

Date: 25/8/2025

Independent Examiners Report to the Trustees of

Thetford and District Dementia Support Group

For the year ended 5 April 2025

I report to the charity trustees on my examination of the accounts of the charity for the year ended 5 April 2025 which are set out on pages 5 to 6.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Jamie Norton FCCA
Independent Examiner
LOVEWELL BLAKE LLP
Chartered Accountants**

**First Floor Suite
2 Hillside Business Park
Bury St Edmunds
IP32 7EA**

Date: 1/9/2025

Thetford and District Dementia Support Group

Receipts and Payments Account

For the year ended 5 April 2025

	2025	2024
Income		
Friday club	4,181	4,295
Breckland lotto	25	48
Grants	2,000	2,000
General donations	3,749	6,213
Funeral donations	5,366	2,944
Raffle (other)	1,027	1,272
Bressingham coach seat (other)	<u>-</u>	<u>140</u>
Total revenue	16,348	16,912
Expenses		
Refreshments and kitchen expenses	2,668	2,459
Cook	1,928	2,064
Hall hire	3,240	2,789
Staff training	36	225
Insurance	157	157
Repairs and maintenance	13	120
Advertising	-	485
Telephone	72	72
Activities and entertainment	3,191	2,457
Computer and software expenses	3,705	188
Christmas dinner	-	934
Raffle and bingo prizes	5	55
Card reader	48	27
Postage and stationery	24	46
Sundry expenses	508	175
Cleaning	515	485
Legal and professional fees	669	40
Accountancy fees	600	985
Bookkeeping fees	1,825	-
Bank fees	<u>25</u>	<u>-</u>
Total expenses	<u>19,229</u>	<u>13,763</u>
Net (deficit)/surplus for the year	<u>(2,881)</u>	<u>3,149</u>

Thetford and District Dementia Support Group

Statement of Assets and Notes to the Financial Statements

For the year ended 5 April 2025

	2025 £	2024 £
Bank balances:		
NatWest Bank account	27,106	30,361
Cash account	<u>135</u>	<u>493</u>
	<u>27,241</u>	<u>30,854</u>
Liabilities		
Accountancy fees (including VAT)	<u>648</u>	<u>600</u>

These accounts were approved by the Trustees on 25/8/2025

Joanne Mountjoy-Dixon

J Mountjoy-Dixon

1. Accounting Convention

The financial statements have been prepared on the receipts and payments basis.

2. Related party transactions

There were no related party transactions for the year.