

# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	6 <sup>th</sup>	April	2022		5 <sup>th</sup>	April	2023

## Section A

## Reference and administration details

Charity name

Thetford & District Dementia Support Group

Other names charity is known by

TADDS

Registered charity number (if any)

1169626

Charity's principal address

c/o 44 Earls Street

Thetford

Norfolk

Postcode

IP24 2AD

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016 - current	
2	Yvonne Warren	Treasurer	2016 - current	
3	Mark Robinson	Vice Chair	2019 - current	
4	Doris Goulding		2016 - 2022	
5	Joyce Avilla		2019 - Current	
6	Billie Lawler		2018 – 2022	
7	Colin Parodi		2021 - current	
8	Doreen Harvey		2021 - current	
9	Linda Stow-Butcher		2022 - current	
10	Jane Howard		2022 - current	
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Mays Accounting Ltd	6 Ixworth Road, Troston, Bury St Edmunds

### Name of chief executive or names of senior staff members (Optional information)

--

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	C.I.O
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustee Committee

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity has policies and procedures in place to govern volunteers and to safe guard group users and volunteers.

The Charity also has a mission statement.

The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia.

The pandemic year focussed the Charity's attention on major risks to service and service users and has put in place online contact and recovery procedures to support our work going forward.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The Objectives of the CIO are:

*To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.*

*We achieve this by:*

*Providing specialist advice, support and information*

*One to one and peer support. (continued below..)*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

*Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;  
Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.*

=====

The Charity has always held weekly group meetings as well as monthly Carers only group meetings to allow for peer support, advocacy and information dissemination. Since the pandemic we have ensured that people are able to contact us via phone, video call, email and face to face to continue to provide ongoing support (if people require it) when they are unable to attend or group.

We have resumed all of our outdoor and indoor activities, days out and social events and have seen the numbers in the group grown to pre-pandemic levels and above.

We have actively promoted the group within the community and have Social Media presence with Facebook and Twitter accounts. We actively promote the group to the Statutory Services including Health and Social Care and have regular visits from healthcare staff.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The continued contribution made by the volunteers and Trustees throughout 2022 and into 2023 is significant to the running and maintenance of the charity and is important to the continuation of the Charity. The value and contribution made by each one is not taken for granted and is recognised with gratitude.

Without this body of individuals who have selflessly and willingly given their time and effort to ensure smooth running of the Charity and its service, there would be no support for people living with a dementia or their carers in this local area. The Chair of Trustees extend their grateful thanks to every one of the people involved.

The skills of the Chair, Vice Chair and other members of the Trustees has provided ongoing funding into the Charity and awareness raising within the local community and we have supported other Charities in the delivery of their work within our local area.

As a charity we always need to be mindful in ensuring our financial stability and continue to seek funding from community sources outside of the statutory authorities who have limited budgets.

**Summary of the main achievements of the charity during the year**

The Charity continues to be very successful.

Attendance by previous and new members has been ongoing throughout the year and we have seen the numbers within the group grow to pre-pandemic levels and above.

We managed to give all the members a much needed Summer outing and a Christmas Lunch in 2022 and included entertainment for them at the group. It was heartily supported by members of the group and provides quality time to form new friendships or re-enforce the friendships they have already made.

Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, our group provides a much needed resource for friendship, peer support and learning and advice and information.

As a Charity we were delighted with our achievements in 2022 and into 2023, and it continues to be a source of pride and achievement when you can help someone (no matter how small that help is), to regain some control and stability in their life, when they are facing a catastrophic life changing diagnosis.

## Section E Financial review

### Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and the Charity does submit bids allowing for specific activities as resources arise.

### Details of any funds materially in deficit

none

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

Through donations we have been able to secure the payments necessary for the rent of the church room and for taking members of our group out on activities to enhance their physical and mental well-being.

## Section F Other optional information

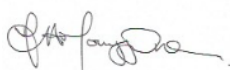
--

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Mountjoy-Dixon

Position (eg Secretary, Chair, etc)

Chair

Date

5<sup>th</sup> April 2023

Charity Name Thetford and District Dementia Support Group	No (if any) 1169626
--	------------------------

CC16a



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Receipts and payments accounts

For the period from	Period start date 06/04/2022	To	Period end date 05/04/2023
------------------------	---------------------------------	----	-------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Friday Club	4,219	-	-	4,219	1,253
Fund raising	576	-	-	576	-
Donations	3,660	-	-	3,660	7,541
Breckland lotto	55	-	-	55	73
Raffle	844	-	-	844	785
Funeral contributions	1,246	-	-	1,246	-
Grants	892	-	-	892	-
Stall income	17	-	-	17	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	11,509	-	-	11,509	9,652
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-

**Total receipts****11,509****-****-****11,509****9,652****A3 Payments**

Refreshments amd kitchen expenses	<b>2,254</b>	-	-	<b>2,254</b>	<b>1,276</b>
Postage and stationery	<b>191</b>	-	-	<b>191</b>	<b>206</b>
Phone	<b>74</b>	-	-	<b>74</b>	<b>30</b>
Insurance	<b>157</b>	-	-	<b>157</b>	<b>146</b>
Cook	<b>790</b>	-	-	<b>790</b>	<b>100</b>
Website and promotional	-	-	-	-	<b>107</b>
Hall Hire	<b>2,740</b>	-	-	<b>2,740</b>	<b>1,930</b>
Electric for hall	<b>200</b>			<b>200</b>	-
Activities and entertainment	<b>1,014</b>	-	-	<b>1,014</b>	<b>1,549</b>
Accounts and auditing	<b>550</b>	-	-	<b>550</b>	<b>350</b>
Computer and software expenses	<b>154</b>	-	-	<b>154</b>	<b>157</b>
Christmas gifts	<b>40</b>	-	-	<b>40</b>	-
Christmas dinner	<b>1,063</b>			<b>1,063</b>	-
Repairs, maintenance and small equipment	<b>8</b>	-	-	<b>8</b>	<b>170</b>
Advertising	-	-	-	-	<b>539</b>
Raffle and bingo prizes	<b>53</b>	-	-	<b>53</b>	-
Volunteer gifts	<b>112</b>	-	-	<b>112</b>	-
Card reader	<b>28</b>	-	-	<b>28</b>	<b>179</b>
Legal and professional	<b>80</b>			<b>80</b>	-
Craft materials	<b>48</b>			<b>48</b>	-
Easter eggs	<b>42</b>			<b>42</b>	-
Training	-			-	<b>72</b>
Memorial plague	-	-	-	-	<b>264</b>
Mileage	-	-	-	-	<b>10</b>

Sundries	80	-	-	80	37
<b>Sub total</b>	9,678	-	-	9,678	7,122

<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-

<b>Total payments</b>	9,678	-	-	9,678	7,122
-----------------------	-------	---	---	-------	-------

<b>Net of receipts/(payments)</b>	1,831	-	-	1,831	2,530
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	25,874	-	-	25,874	19,749
<b>Cash funds this year end</b>	27,705	-	-	27,704	22,279



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash At Bank	27,400		-
	Cash Account	305		-
		-	-	-
	<b>Total cash funds</b>	27,705	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-


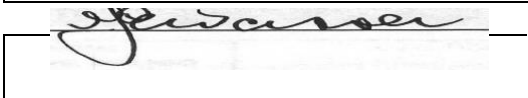
**B4 Assets retained for the charity’s own use**

		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J A Mountjoy-Dixon	24/01/2024
	Y Warren	24/01/2024