

# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	6 <sup>th</sup>	April	2021		5 <sup>th</sup>	April	2022

## Section A

## Reference and administration details

Charity name

Thetford & District Dementia Support Group

Other names charity is known by

TADDS

Registered charity number (if any)

1169626

Charity's principal address

c/o 44 Earls Street

Thetford

Norfolk

Postcode

IP24 2AD

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016 - Current	
2	Yvonne Warren	Treasurer	2016 - Current	
3	Mark Robinson	Vice Chair	2019 - Current	
4	Doris Goulding		2016 - Current	
5	Joyce Avilla		2019 - Current	
6	Billie Lawler		2018 - Current	
7	Colin Parodi		2021 - current	
8	Doreen Harvey		2021 - current	
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Colin Parodi	From May 2021 - Current
Doreen Harvey	From May 2021 - current

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Mays Accounting Ltd	6 Ixworth Road, Troston, Bury St Edmunds

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	C.I.O
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustee Committee

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity has of policies and procedures in place to govern volunteers and to safe guard group users and volunteers.

The Charity also has a mission statement.

The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia.

The pandemic year focussed the Charity's attention on major risks to service and service users and has put in place online contact and recovery procedures to support our work going forward.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The Objectives of the CIO are:

*To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.*

*We achieve this by:*

*Providing specialist advice, support and information*

*One to one and peer support. (continued below..)*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

*Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;  
Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.*

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The Charity has always held weekly group meetings as well as monthly Carers only group meetings to allow for peer support, advocacy and information dissemination. But had to adapt this in the pandemic year and through 2021 when the group closed for a significant period of time. We moved all our contact services online to maintain communication to people who were especially vulnerable.

We provided a weekly online coffee club, where people could zoom in to chat to each other, as well as providing a number of volunteer telephone befrienders to people who were not technically minded until we were able to meet up in person again, which finally happened in 2021 when after the lifting of Government restrictions, we put into place significant measures to ensure safety around Covid control to keep our members safe and well.

We have actively promoted the group within the community and have Social Media presence with Facebook and Twitter accounts. We actively promote the group to the Statutory Services including Health and Social Care.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The contribution made by the volunteers and Trustees throughout 2021 and into 2022 has been significant and their importance to the running of this Charity and its much needed service within the community cannot be understated.

Without this body of individuals who have selflessly and willingly given their time and effort to ensure smooth running of the Charity and its service, there would be no support for people living with a dementia or their carers in this local area. The Trustees extend their grateful thanks to every one of the people involved.

The skills of the Chair, Vice Chair and other members of the Trustees has provided ongoing funding into the Charity and awareness raising within the local community and we have supported other Charities in the delivery of their work within our local area.

**Summary of the main achievements of the charity during the year**

The Charity continues to be very successful.

Attendance by previous and new members has been ongoing throughout the year and we have seen the numbers within the group grow.

We managed to give all the members a much needed Christmas Lunch in 2021 and included entertainment for them. It was heartily supported by members of the group and for many, was the first real get together they had had with their friends. The Charity saw it as a great success.

Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, so our services became a lifeline to people to access conversation, familiar faces and support services.

As a Charity we were delighted with our achievements in 2021 and into 2022, it was heart-warming to see people re-connecting and bonding with their peers and forming those much needed support connections which were eroded by the Pandemic.

## Section E Financial review

### Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and the Charity does submit bids allowing for specific activities as resources arise.

### Details of any funds materially in deficit

none

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

Through donations we have been able to secure the payments necessary for the rent of the church room and for taking members of our group out on activities as soon as permitted

## Section F Other optional information

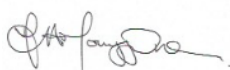
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## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Mountjoy-Dixon

Position (eg Secretary, Chair, etc)

Chair

Date

5<sup>th</sup> April 2022

**Thetford and District Dementia  
Support**  
**Year ended 5th April 2022**

**Income and Expenditure  
Account**

<b>Income</b>	<b>Total</b>	<b>Unrestricted</b>	<b>Restricted</b>
Friday Club	1253.14	1253.14	
Fund Raising	0.00	0.00	
Grants Received	0.00		
Donations	7541.49	7541.49	
Breckland Lotto	73.00	73.00	
Raffle	784.60	784.60	
Christmas hamper	0.00	0.00	
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	9652.23	9652.23	0.00

**Expenses**

Refreshments & kitchen expenses	1276.33	190.47	1085.86
Postage	7.92	7.92	
Stationery	197.95	197.95	0.00
Phone top up	30.00	30.00	
Insurance	145.60	145.60	
Cook	100.00	100.00	
Website & Promotional	106.65	106.65	
Hall Hire	1929.63	1929.63	0.00
Activities & Entertainment	1548.77	1548.77	
Consultancy & administration	0.00	0.00	0.00
Accounts and auditing	350.00	350.00	
Computer and software expenses	156.96	156.96	
Training	72.00	72.00	0.00
Repairs & maintenance/small equipment	170.45	0.00	170.45
Rent	0.00		
DBS Checks	0.00		0.00
Advertising	539.00	539.00	
Legal and professional	0.00	0.00	
Memorial plaque	264.00	264.00	0.00
Mileage	10.00	10.00	
Card reader	178.80	178.80	
Sundries	38.05	38.05	
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	7122.11	5865.80	1256.31

Retained Surplus for year	2530.12	3786.43	-1256.31
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Reserves B/f	Bank Account	22487.87	21319.13	1168.74
	Cash Account	856.58	769.01	87.57
Reserves c/f		<u>25874.57</u>	<u>25874.57</u>	<u>0.00</u>

Represented By:				
Bank Current Account		25590.75	25590.75	0.00
Cash Account		283.82	283.82	0.00
		<u>25874.57</u>	<u>25874.57</u>	<u>0.00</u>

Prepared by:

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K A Everett FMAAT ATT (Fellow)  
Director at Mays Accounting  
Ltd

Date: . 04/02/2023

Approved By:

J A Mountjoy-Dixon  
Chair

Y Warren  
Treasurer

Date: .. 04/02/2023