

THETFORD & DISTRICT DEMENTIA SUPPORT GROUP

England & Wales · Charity number 1169626

Details

Other names	TADDSGROUP
Status	Registered
Legal form	CIO
Registered	2016-10-12
Register	View on the Charity Commission register

Contact

Address	44 Earls Street Thetford IP24 2AD
Phone	07542866519
Email	admin@tadds.org
Website	http://www.tadds.org

Activities

Objects: TO PRESERVE AND PROTECT GOOD HEALTH AND RELIEVE THE NEEDS OF THOSE SUFFERING WITH DEMENTIA, THEIR CARERS AND FAMILIES IN PARTICULAR BUT NOT EXCLUSIVELY BY: · BY PROVIDING ADVICE, SUPPORT AND INFORMATION; · ONE TO ONE AND PEER SUPPORT; · DISSEMINATING INFORMATION AND ADVICE TO DEMENTIA SUFFERERS, THEIR FAMILIES AND CARERS IN ORDER TO IMPROVE THEIR UNDERSTANDING AND TO ENHANCE COPING STRATEGIES; · RAISING AWARENESS OF DEMENTIA AND PROVIDING INFORMATION, EDUCATION OR TRAINING ABOUT DEMENTIA WITH A VIEW TO HELPING THE WIDER COMMUNITY UNDERSTAND DEMENTIA AND TO REDUCE THE STIGMA

Activities: Provide regular weekly group support and information to people living with dementia and their carer within the Thetford & District area

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Norfolk
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£16,348	£19,229	-	-
2024-04-05	£16,912	£13,763	-	-
2023-04-05	£11,509	£9,678	-	-
2022-04-05	£9,652	£7,122	-	-
2021-04-05	£6,800	£3,206	-	-

Trustees

Name	Role	Appointed
JOANNE MOUNTJOY-DIXON Bsc Hons	Chair	2016-07-25
Colin Parodi		2021-05-27
Doreen Harvey		2021-05-27
Jane Howard		2022-08-12
Joyce Avilla		2019-11-14
Linda Stow-Butcher		2022-08-12
Mark Rainbird-Bryant		2025-11-21
YVONNE WARREN		2016-07-25

THETFORD & DISTRICT DEMENTIA SUPPORT GROUP

England & Wales - Charity number 1169626

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	6 th	April	2024	To	5 th	April	2025

Section A Reference and administration details

Charity name	Thetford & District Dementia Support Group		
Other names charity is known by	TADDS		
Registered charity number (if any)	1169626		
Charity's principal address	c/o 44 Earls Street		
	Thetford		
	Norfolk		
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Postcode</td> <td style="border: 1px solid black; padding: 5px;">IP24 2AD</td> </tr> </table>	Postcode	IP24 2AD
Postcode	IP24 2AD		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016 - current	
2	Yvonne Warren	Treasurer	2016 - current	
3	Doreen Harvey		2021 - current	
4	Jane Howard		2022 - current	
5	Joyce Avilla		2019 - Current	
6	Linda Stow-Butcher		2022 - current	
7	Colin Parodi		2021 - current	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Lovewell Blake Accountants	The Gables, Old Market Street, Thetford IP24 2EN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	C.I.O
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustee Committee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

	<p>The Charity has policies and procedures in place to govern volunteers and to safeguard group users and volunteers.</p> <p>The Charity has a mission statement and is managed by a committee of Trustees. The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia.</p> <p>Since the pandemic, the Charity has put in place online contact and recovery procedures to support our work going forward and continue to provide much needed support to the vulnerable people within our group.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

	<p>The Objectives of the CIO are: <i>To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.</i> <i>We achieve this by:</i> <i>Providing specialist advice, support and information</i> <i>One to one and peer support. (continued below..)</i></p>
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

*Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;
Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.*

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The Charity holds weekly group meetings as well as a monthly Carers only group meetings to allow for peer support within the group and to provide speakers from specialist organisations who can help carers and cared for with further specific resources, advocacy and information dissemination.

Since the pandemic we have ensured that people are able to contact us via phone, video call, email and face to face to facilitate the provision of ongoing support (if people require it) when they are unable to attend or group.

As a group we have taken part in outdoor and indoor activities, days out and social events and have seen the numbers in the group grown again this year.

We have actively promoted the group within the community and have Social Media presence.
We have contact and periodic visits from the local Admiral Nurse Service within Norfolk.

We also actively promote the group to the Statutory Services including Health and Social Care and have periodic visits from healthcare staff.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The continued contribution made by the volunteers and Trustees throughout 2024 and into 2025 is significant to the running and maintenance of the charity and is important to the continuation of the Charity and work we do.

The valuable contribution made by each person is not taken for granted and is recognised with gratitude.

Without this body of individuals who have selflessly and willingly given their time and effort to ensure smooth running of the Charity and its service, there would be no support for people living with a dementia or their carers in this local area. The Chair of Trustees extends grateful thanks to every one involved.

The skills of the Chair, Vice Chair and other members of the Trustees has contributed to the ongoing funding into the Charity.

Continued awareness raising within the local community and the support we have given to other Charities in the delivery of their own work where there has been Carers in attendance has grown our profile within the community.

As a charity we always need to be mindful in ensuring our financial stability and continue to seek funding from community sources outside of the statutory authorities who have limited budgets.

Summary of the main achievements of the charity during the year

The Charity continues to be very successful and has earned the respect of the local health authorities as being a place where people can get the much needed support for their diagnosis.

Attendance by previous and new members has been ongoing throughout the year and we have seen the numbers within the group grow significantly.

We managed to give the group a Summer outing and a Christmas lunch in 2024 and provided a variety of entertainment for them at the group throughout the year and including Christmas carol singers from the local school.

Group events and weekly meetings have been well attended by members and sponsors of the group and days provide quality time to form new friendships or re-enforce the friendships they have already made.

Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, our group provides a much-needed resource for friendship, peer support as well as access to learning and advice and information.

As a Charity we are delighted with our achievements in 2024 and into 2025, and it continues to be a source of pride and achievement when you can help someone (no matter how small that help is), to regain some control and stability in their life, when they are facing a catastrophic life changing diagnosis.

Carers are massively under supported in our local area, and we are proud of our achievements in providing a regular weekly event, giving people a welcome, warm and friendly environment where they can get some much-needed respite for a couple of hours. We are constantly told how much we are needed and how grateful people are to be able to come along.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and occasionally submits bids allowing for specific activities as resources arise.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

We were fortunate to a recipient of a donation from a large corporate organisation who did a collection which generated over £1000

Through donations we have been able to secure the payments necessary for the rent of the church room, have our outdated website redesigned making it more user friendly and take members of our group out on activities to enhance their physical and mental well-being.

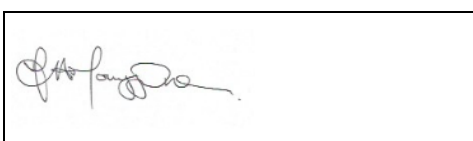
We have no investments

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Joanne Mountjoy-Dixon	
Position (eg Secretary, Chair, etc)	Chair	
Date	5 th April 2025	

CHARITY REGISTRATION NUMBER 1169626

THETFORD AND DISTRICT DEMENTIA SUPPORT GROUP

FINANCIAL STATEMENTS

5 APRIL 2025

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2025

The Trustees present their report and financial statements for the year ended 5 April 2025.

Reference and Administrative Information

Charity name Thetford and District Dementia Support Group

Charity registration number 1169626

Registered Office
44 Earls Street
Thetford
Norfolk
IP24 2AD

Trustees
J Mountjoy-Dixon
L Stow-Butcher
J Howard
C Parodi
D Harvey
J Avilla
Y Warren

Independent Examiner
Jamie Norton FCCA
Lovewell Blake LLP
First Floor Suite
2 Hillside Business Park
Bury St Edmunds
Suffolk
IP32 7EA

Bankers
NatWest Bank
Bede House
11 Western Boulevard
Leicester
LE2 7EJ

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2025

Objectives and Activities

The primary objective of the Trust is to provide weekly group support and information to people living with Dementia and their carers within the Thetford area. Funding is received through monies drawn from grants and general and funereal donations.

Public benefit

The Trustees have given due regard to the guidance published by the Charity Commission with regards to public benefit. The Trustees considers that public benefit is provided through the provision of support, activities and giving advice to the people with Dementia and disabilities and their carers.

Achievements and Performance

The value of the bank and cash balances decreased from £30,854 at 5 April 2024 to £27,241 at 5 April 2025.

Financial Review

A summary of the receipts and payments during the year is shown on page 5.

Reserves Policy

It is the Trustees' policy to distribute all income through donations and grants to fund activities, dinner groups and advice and peer support for the benefit of people with Dementia and their carers.

Plans for Future Periods

The Trust's future activities will continue to be on a similar basis supporting a spread of activities across the different sectors, with special emphasis on the support to this within Thetford and its Districts.

Structure, Governance and Management

Governing Document

The organisation is a registered Charity, created under a Trust Deed dated 12 October 2016.

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2025

Trustees

The Trustees as below held office during the year:

J Mountjoy-Dixon
L Stow-Butcher
J Howard
C Parodi
D Harvey
J Avilla
Y Warren

Organisation Structure

The Trust is governed by its Trustees, who meet regularly with the Trust's chairperson to consider the Trust's income stream with a view to providing support mechanisms and activities to Dementia sufferers and carers.

Independent Examiner

A resolution to reappoint J Norton of Lovewell Blake LLP as independent examiner was approved by the Trustee.

Approved by the Trustees

Joanne Mountjoy-Dixon

J Mountjoy-Dixon

Date: 25/8/2025

Independent Examiners Report to the Trustees of

Thetford and District Dementia Support Group

For the year ended 5 April 2025

I report to the charity trustees on my examination of the accounts of the charity for the year ended 5 April 2025 which are set out on pages 5 to 6.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Jamie Norton FCCA
Independent Examiner
LOVEWELL BLAKE LLP
Chartered Accountants**

**First Floor Suite
2 Hillside Business Park
Bury St Edmunds
IP32 7EA**

Date: 1/9/2025

Thetford and District Dementia Support Group

Receipts and Payments Account

For the year ended 5 April 2025

	2025	2024
Income		
Friday club	4,181	4,295
Breckland lotto	25	48
Grants	2,000	2,000
General donations	3,749	6,213
Funeral donations	5,366	2,944
Raffle (other)	1,027	1,272
Bressingham coach seat (other)	<u>-</u>	<u>140</u>
Total revenue	16,348	16,912
Expenses		
Refreshments and kitchen expenses	2,668	2,459
Cook	1,928	2,064
Hall hire	3,240	2,789
Staff training	36	225
Insurance	157	157
Repairs and maintenance	13	120
Advertising	-	485
Telephone	72	72
Activities and entertainment	3,191	2,457
Computer and software expenses	3,705	188
Christmas dinner	-	934
Raffle and bingo prizes	5	55
Card reader	48	27
Postage and stationery	24	46
Sundry expenses	508	175
Cleaning	515	485
Legal and professional fees	669	40
Accountancy fees	600	985
Bookkeeping fees	1,825	-
Bank fees	<u>25</u>	<u>-</u>
Total expenses	<u>19,229</u>	<u>13,763</u>
Net (deficit)/surplus for the year	<u>(2,881)</u>	<u>3,149</u>

Thetford and District Dementia Support Group

Statement of Assets and Notes to the Financial Statements

For the year ended 5 April 2025

	2025	2024
	£	£
Bank balances:		
NatWest Bank account	27,106	30,361
Cash account	<u>135</u>	<u>493</u>
	<u>27,241</u>	<u>30,854</u>
Liabilities		
Accountancy fees (including VAT)	<u>648</u>	<u>600</u>

These accounts were approved by the Trustees on ^{25/8/2025}

Joanne Mountjoy-Dixon

J Mountjoy-Dixon

1. Accounting Convention

The financial statements have been prepared on the receipts and payments basis.

2. Related party transactions

There were no related party transactions for the year.

THETFORD & DISTRICT DEMENTIA SUPPORT GROUP

England & Wales - Charity number 1169626

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	6 th	April	2023	To	5 th	April	2024

Section A Reference and administration details

Charity name	Thetford & District Dementia Support Group
Other names charity is known by	TADDS
Registered charity number (if any)	1169626
Charity's principal address	c/o 44 Earls Street
	Thetford
	Norfolk
Postcode	IP24 2AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016 - current	
2	Yvonne Warren	Treasurer	2016 - current	
3	Mark Robinson	Vice Chair	2019 – August 2023	
4	Jane Howard		2022 - current	
5	Joyce Avilla		2019 - Current	
6	Linda Stow-Butcher		2022 - current	
7	Colin Parodi		2021 - current	
8	Doreen Harvey		2021 - current	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Mark Robinson	2019 – 2 nd August 2023

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Lovewell Blake Accountants	The Gables, Old Market Street, Thetford IP24 2EN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	C.I.O
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointed by Trustee Committee

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>The Charity has policies and procedures in place to govern volunteers and to safe guard group users and volunteers.</p> <p>The Charity also has a mission statement.</p> <p>The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia.</p> <p>The pandemic year focussed the Charity's attention on major risks to service and service users and has put in place online contact and recovery procedures to support our work going forward.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objectives of the CIO are:
To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.
 We achieve this by:
*Providing specialist advice, support and information
 One to one and peer support. (continued below..)*

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

*Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;
Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.*

=====

The Charity has always held weekly group meetings as well as monthly Carers only group meetings to allow for peer support, advocacy and information dissemination. Since the pandemic we have ensured that people are able to contact us via phone, video call, email and face to face to continue to provide ongoing support (if people require it) when they are unable to attend or group.

As a group we have taken part in outdoor and indoor activities, days out and social events and have seen the numbers in the group grown again this year.

We have actively promoted the group within the community and have Social Media presence.
We also actively promote the group to the Statutory Services including Health and Social Care and have regular visits from healthcare staff.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The continued contribution made by the volunteers and Trustees throughout 2023 and into 2024 is significant to the running and maintenance of the charity and is important to the continuation of the Charity and work we do.

The valuable contribution made by each person is not taken for granted and is recognised with gratitude.

Without this body of individuals who have selflessly and willingly given their time and effort to ensure smooth running of the Charity and its service, there would be no support for people living with a dementia or their carers in this local area. The Chair of Trustees extends her grateful thanks to every one of the people involved.

The skills of the Chair, Vice Chair and other members of the Trustees has provided ongoing funding into the Charity and awareness raising within the local community and we have supported other Charities in the delivery of their work within our local area.

As a charity we always need to be mindful in ensuring our financial stability and continue to seek funding from community sources outside of the statutory authorities who have limited budgets.

Summary of the main achievements of the charity during the year

The Charity continues to be very successful.

Attendance by previous and new members has been ongoing throughout the year and we have seen the numbers within the group grow significantly.

We managed to give all the members a much needed Summer outing and a Christmas lunch in 2023 and included a variety of entertainment for them at the group including Christmas carol singers from the local school. It was heartily supported by members and sponsors of the group and provides quality time to form new friendships or re-enforce the friendships they have already made.

Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, our group provides a much needed resource for friendship, peer support and learning and advice and information.

As a Charity we were delighted with our achievements in 2023 and into 2024, and it continues to be a source of pride and achievement when you can help someone (no matter how small that help is), to regain some control and stability in their life, when they are facing a catastrophic life changing diagnosis.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and the Charity does submit bids allowing for specific activities as resources arise.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

Through donations we have been able to secure the payments necessary for the rent of the church room and for taking members of our group out on activities to enhance their physical and mental well-being.

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Mountjoy-Dixon

Position (eg Secretary, Chair, etc)

Chair

Date

5th April 2024

CHARITY REGISTRATION NUMBER 1169626

THETFORD AND DISTRICT DEMENTIA SUPPORT GROUP

UNAUDITED FINANCIAL STATEMENTS

5 APRIL 2024

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2024

The Trustees present their report and unaudited financial statements for the year ended 5 April 2024.

Reference and Administrative Information

Charity name Thetford and District Dementia Support Group

Charity registration number 1169626

Registered Office
44 Earls Street
Thetford
Norfolk
IP24 2AD

Trustees
J Mountjoy-Dixon
L Stow-Butcher
J Howard
C Parodi
D Harvey
J Avilla
Y Warren

Independent Examiner
Jamie Norton FCCA
Lovewell Blake LLP
The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN

Bankers
NatWest Bank
Bede House
11 Western Boulevard
Leicester
LE2 7EJ

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2024

Objectives and Activities

The primary objective of the Trust is to provide weekly group support and information to people living with Dementia and their carers within the Thetford area. Funding is received through monies drawn from grants together with general and funeral donations.

Public benefit

The Trustees have given due regard to the guidance published by the Charity Commission with regard to public benefit. The Trustees considers that public benefit is provided through the provision of support, activities and giving advice to the people with Dementia and disabilities and their carers.

Achievements and Performance

The value of the bank and cash balances increased from £27,703 at 5 April 2023 to £30,854 at 5 April 2024.

Financial Review

A summary of the receipts and payments during the year is shown on page 5.

Reserves Policy

It is the Trustees' policy to distribute all income through donations and grants to fund activities, dinner groups and advice and peer support for the benefit of people with Dementia and their carers.

Plans for Future Periods

The Trust's future activities will continue to be on a similar basis supporting a spread of activities across the different sectors, with special emphasis on the support to this within Thetford and its Districts.

Structure, Governance and Management

Governing Document

The organisation is a registered Charity, created under a Trust deed dated 12 October 2016.

Thetford and District Dementia Support Group

Trustees Report

For the year ended 5 April 2024

Trustees

The Trustees as below held office during the year :

J Mountjoy-Dixon

L Stow-Butcher

J Howard

C Parodi

D Harvey

J Avilla

Y Warren

Organisation Structure

The Trust is governed by its Trustees, who meet regularly with the Trust's chairperson to consider the Trust's income stream with a view to providing support mechanisms and activities to Dementia sufferers and carers.

Independent Examiner

A resolution to reappoint J Norton of Lovewell Blake LLP as independent examiner was approved by the Trustee.

Approved by the Trustees

J Mountjoy-Dixon

Date: 4 November 2024

Independent Examiners Report to the Trustees of

Thetford and District Dementia Support Group

For the year ended 5 April 2024

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 5 April 2024 which are set out on pages 5 to 6.

Responsibilities and basis of report

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Jamie Norton FCCA
Independent Examiner
Lovewell Blake LLP
Chartered Accountants**

**The Gables
Old Market Street
Thetford
Norfolk
IP24 2EN**

Date : 7 November 2024

Thetford and District Dementia Support Group

Receipts and Payments Account

For the year ended 5 April 2024

	2024	2023
Income	£	£
Friday club	4,295	4,219
Fund raising	-	576
Breckland lotto	48	55
Grants	2,000	892
Stall income	-	17
General donations	6,213	3,660
Funeral donations	2,944	1,246
Raffle (other)	1,272	844
Bressingham coach seat (other)	<u>140</u>	<u>-</u>
Total revenue	16,912	11,509
Expenses		
Refreshments and kitchen expenses	2,459	2,254
Cook	2,064	790
Hall hire	2,789	2,740
Staff training	225	-
Insurance	157	157
Repairs and maintenance	120	8
Advertising	485	-
Telephone	72	74
Electric for hall	-	200
Activities and entertainment	2,457	1,014
Computer and software expenses	188	154
Christmas gifts	-	40
Christmas dinner	934	1,063
Raffle and bingo prizes	55	53
Volunteer gifts	-	112
Card reader	27	28
Craft materials	-	48
Easter eggs	-	42
Postage and stationery	46	191
Sundry expenses	175	80
Cleaning	485	-
Legal and professional fees	40	80
Accountancy fees	<u>985</u>	<u>550</u>
Total expenses	<u>13,763</u>	<u>9,678</u>
Net surplus for the year	<u>3,149</u>	<u>1,831</u>

Thetford and District Dementia Support Group

Statement of Assets and Notes to the Financial Statements

For the year ended 5 April 2024

	2024	2023
	£	£
Bank balances:		
NatWest Bank account	30,361	27,400
Cash account	<u>493</u>	<u>305</u>
	<u>30,854</u>	<u>27,703</u>
Liabilities		
Accountancy fees (including VAT)	<u>600</u>	<u>600</u>

These accounts were approved by the Trustees on 4 November 2024

J Mountjoy-Dixon

1. Accounting Convention

The financial statements have been prepared on the receipts and payments basis.

2. Related party transactions

There were no related party transactions for the year.

THETFORD & DISTRICT DEMENTIA SUPPORT GROUP

England & Wales - Charity number 1169626

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	6 th	April	2022	To	5 th	April	2023

Section A Reference and administration details

Charity name	Thetford & District Dementia Support Group
Other names charity is known by	TADDS
Registered charity number (if any)	1169626
Charity's principal address	c/o 44 Earls Street
	Thetford
	Norfolk
	Postcode IP24 2AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016 - current	
2	Yvonne Warren	Treasurer	2016 - current	
3	Mark Robinson	Vice Chair	2019 - current	
4	Doris Goulding		2016 - 2022	
5	Joyce Avilla		2019 - Current	
6	Billie Lawler		2018 – 2022	
7	Colin Parodi		2021 - current	
8	Doreen Harvey		2021 - current	
9	Linda Stow-Butcher		2022 - current	
10	Jane Howard		2022 - current	
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Mays Accounting Ltd	6 Ixworth Road, Troston, Bury St Edmunds

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	C.I.O
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustee Committee

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity’s organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees’ consideration of major risks and the system and procedures to manage them. 	<p>The Charity has policies and procedures in place to govern volunteers and to safe guard group users and volunteers.</p> <p>The Charity also has a mission statement.</p> <p>The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia.</p> <p>The pandemic year focussed the Charity’s attention on major risks to service and service users and has put in place online contact and recovery procedures to support our work going forward.</p>
--	---

Section C Objectives and activities

<p>Summary of the objects of the charity set out in its governing document</p>	<p>The Objectives of the CIO are: <i>To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.</i> <i>We achieve this by:</i> <i>Providing specialist advice, support and information</i> <i>One to one and peer support. (continued below..)</i></p>
---	---

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

*Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;
Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.*

=====

The Charity has always held weekly group meetings as well as monthly Carers only group meetings to allow for peer support, advocacy and information dissemination. Since the pandemic we have ensured that people are able to contact us via phone, video call, email and face to face to continue to provide ongoing support (if people require it) when they are unable to attend or group.

We have resumed all of our outdoor and indoor activities, days out and social events and have seen the numbers in the group grown to pre-pandemic levels and above.

We have actively promoted the group within the community and have Social Media presence with Facebook and Twitter accounts. We actively promote the group to the Statutory Services including Health and Social Care and have regular visits from healthcare staff.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The continued contribution made by the volunteers and Trustees throughout 2022 and into 2023 is significant to the running and maintenance of the charity and is important to the continuation of the Charity. The value and contribution made by each one is not taken for granted and is recognised with gratitude.

Without this body of individuals who have selflessly and willingly given their time and effort to ensure smooth running of the Charity and its service, there would be no support for people living with a dementia or their carers in this local area. The Chair of Trustees extend their grateful thanks to every one of the people involved.

The skills of the Chair, Vice Chair and other members of the Trustees has provided ongoing funding into the Charity and awareness raising within the local community and we have supported other Charities in the delivery of their work within our local area.

As a charity we always need to be mindful in ensuring our financial stability and continue to seek funding from community sources outside of the statutory authorities who have limited budgets.

Summary of the main achievements of the charity during the year

The Charity continues to be very successful.

Attendance by previous and new members has been ongoing throughout the year and we have seen the numbers within the group grow to pre-pandemic levels and above.

We managed to give all the members a much needed Summer outing and a Christmas Lunch in 2022 and included entertainment for them at the group. It was heartily supported by members of the group and provides quality time to form new friendships or re-enforce the friendships they have already made.

Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, our group provides a much needed resource for friendship, peer support and learning and advice and information.

As a Charity we were delighted with our achievements in 2022 and into 2023, and it continues to be a source of pride and achievement when you can help someone (no matter how small that help is), to regain some control and stability in their life, when they are facing a catastrophic life changing diagnosis.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and the Charity does submit bids allowing for specific activities as resources arise.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

Through donations we have been able to secure the payments necessary for the rent of the church room and for taking members of our group out on activities to enhance their physical and mental well-being.

Section F

Other optional information

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Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Mountjoy-Dixon

Position (eg Secretary, Chair, etc)

Chair

Date

5th April 2023

Charity Name Thetford and District Dementia Support Group	No (if any) 1169626
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CHARITY COMMISSION
FOR ENGLAND AND WALES

Receipts and payments accounts

For the period from	Period start date 06/04/2022	To	Period end date 05/04/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Friday Club	4,219	-	-	4,219	1,253
Fund raising	576			576	-
Donations	3,660	-	-	3,660	7,541
Breckland lotto	55	-	-	55	73
Raffle	844	-	-	844	785
Funeral contributions	1,246	-	-	1,246	-
Grants	892	-	-	892	-
Stall income	17	-	-	17	-
	-	-	-	-	-
Sub total (Gross income for AR)	11,509	-	-	11,509	9,652
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-

Total receipts

11,509

-

-

11,509

9,652

A3 Payments

Refreshments amd kitchen expenses	2,254	-	-	2,254	1,276
Postage and stationery	191	-	-	191	206
Phone	74	-	-	74	30
Insurance	157	-	-	157	146
Cook	790	-	-	790	100
Website and promotional	-	-	-	-	107
Hall Hire	2,740	-	-	2,740	1,930
Electric for hall	200	-	-	200	-
Activities and entertainment	1,014	-	-	1,014	1,549
Accounts and auditing	550	-	-	550	350
Computer and software expenses	154	-	-	154	157
Christmas gifts	40	-	-	40	-
Christmas dinner	1,063	-	-	1,063	-
Repairs, maintenance and small equipment	8	-	-	8	170
Advertising	-	-	-	-	539
Raffle and bingo prizes	53	-	-	53	-
Volunteer gifts	112	-	-	112	-
Card reader	28	-	-	28	179
Legal and professional	80	-	-	80	-
Craft materials	48	-	-	48	-
Easter eggs	42	-	-	42	-
Training	-	-	-	-	72
Memorial plague	-	-	-	-	264
Mileage	-	-	-	-	10

Sundries	80	-	-	80	37
<i>Sub total</i>	9,678	-	-	9,678	7,122
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
<i>Total payments</i>	9,678	-	-	9,678	7,122
<i>Net of receipts/(payments)</i>	1,831	-	-	1,831	2,530
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	25,874	-	-	25,874	19,749
<i>Cash funds this year end</i>	27,705	-	-	27,704	22,279

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds	Restricted funds	Endowment funds																																															
Categories	Details	to nearest £	to nearest £	to nearest £																																															
B1 Cash funds	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 100%;">Cash At Bank</td> <td style="width: 15%; text-align: right;">27,400</td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">-</td> </tr> <tr> <td>Cash Account</td> <td style="text-align: right;">305</td> <td></td> <td style="text-align: center;">-</td> </tr> <tr> <td></td> <td style="text-align: right;">-</td> <td></td> <td style="text-align: center;">-</td> </tr> <tr style="background-color: #e0ffff;"> <td style="text-align: right;">Total cash funds</td> <td style="text-align: right;">27,705</td> <td></td> <td style="text-align: center;">-</td> </tr> </table> <p style="text-align: center; font-size: small;">(agree balances with receipts and payments account(s))</p>	Cash At Bank	27,400		-	Cash Account	305		-		-		-	Total cash funds	27,705		-	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 100%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">-</td> </tr> <tr> <td></td> <td style="text-align: right;">-</td> <td></td> <td style="text-align: center;">-</td> </tr> <tr> <td></td> <td style="text-align: right;">-</td> <td></td> <td style="text-align: center;">-</td> </tr> <tr style="background-color: #e0ffff;"> <td></td> <td style="text-align: right;">-</td> <td></td> <td style="text-align: center;">-</td> </tr> </table>				-		-		-		-		-		-		-	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 100%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">-</td> </tr> <tr> <td></td> <td></td> <td></td> <td style="text-align: center;">-</td> </tr> <tr> <td></td> <td></td> <td></td> <td style="text-align: center;">-</td> </tr> <tr style="background-color: #e0ffff;"> <td></td> <td></td> <td></td> <td style="text-align: center;">-</td> </tr> </table>				-				-				-				-
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B2 Other monetary assets	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td></td></tr> </table>			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td style="text-align: center;">-</td></tr> <tr><td style="text-align: center;">-</td></tr> </table>		-	-	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td style="text-align: center;">-</td></tr> <tr><td style="text-align: center;">-</td></tr> </table>		-	-	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td style="text-align: center;">-</td></tr> <tr><td style="text-align: center;">-</td></tr> </table>		-	-																																				
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	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)																																															
B3 Investment assets	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td></td></tr> </table>			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td></td></tr> </table>			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td style="text-align: center;">-</td></tr> <tr><td style="text-align: center;">-</td></tr> </table>		-	-	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 100%;"></td></tr> <tr><td style="text-align: center;">-</td></tr> <tr><td style="text-align: center;">-</td></tr> </table>		-	-																																					
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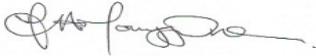
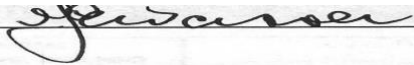
B4 Assets retained for the charity's own use

		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J A Mountjoy-Dixon	24/01/2024
	Y Warren	24/01/2024

THETFORD & DISTRICT DEMENTIA SUPPORT GROUP

England & Wales - Charity number 1169626

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	6 th	April	2021	To	5 th	April	2022

Section A Reference and administration details

Charity name	Thetford & District Dementia Support Group
Other names charity is known by	TADDS
Registered charity number (if any)	1169626
Charity's principal address	c/o 44 Earls Street
	Thetford
	Norfolk
	Postcode IP24 2AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016 - Current	
2	Yvonne Warren	Treasurer	2016 - Current	
3	Mark Robinson	Vice Chair	2019 - Current	
4	Doris Goulding		2016 - Current	
5	Joyce Avilla		2019 - Current	
6	Billie Lawler		2018 - Current	
7	Colin Parodi		2021 - current	
8	Doreen Harvey		2021 - current	
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16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Colin Parodi	From May 2021 - Current
Doreen Harvey	From May 2021 - current

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Mays Accounting Ltd	6 Ixworth Road, Troston, Bury St Edmunds

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	C.I.O
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustee Committee

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity’s organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees’ consideration of major risks and the system and procedures to manage them. 	<p>The Charity has of policies and procedures in place to govern volunteers and to safe guard group users and volunteers.</p> <p>The Charity also has a mission statement.</p> <p>The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia.</p> <p>The pandemic year focussed the Charity’s attention on major risks to service and service users and has put in place online contact and recovery procedures to support our work going forward.</p>
--	--

Section C Objectives and activities

<p>Summary of the objects of the charity set out in its governing document</p>	<p>The Objectives of the CIO are: <i>To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.</i> <i>We achieve this by:</i> <i>Providing specialist advice, support and information</i> <i>One to one and peer support. (continued below..)</i></p>
---	---

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

*Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;
Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.*

=====

The Charity has always held weekly group meetings as well as monthly Carers only group meetings to allow for peer support, advocacy and information dissemination. But had to adapt this in the pandemic year and through 2021 when the group closed for a significant period of time. We moved all our contact services online to maintain communication to people who were especially vulnerable.

We provided a weekly online coffee club, where people could zoom in to chat to each other, as well as providing a number of volunteer telephone befrienders to people who were not technically minded until we were able to meet up in person again, which finally happened in 2021 when after the lifting of Government restrictions, we put into place significant measures to ensure safety around Covid control to keep our members safe and well.

We have actively promoted the group within the community and have Social Media presence with Facebook and Twitter accounts. We actively promote the group to the Statutory Services including Health and Social Care.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The contribution made by the volunteers and Trustees throughout 2021 and into 2022 has been significant and their importance to the running of this Charity and its much needed service within the community cannot be understated.

Without this body of individuals who have selflessly and willingly given their time and effort to ensure smooth running of the Charity and its service, there would be no support for people living with a dementia or their carers in this local area. The Trustees extend their grateful thanks to every one of the people involved.

The skills of the Chair, Vice Chair and other members of the Trustees has provided ongoing funding into the Charity and awareness raising within the local community and we have supported other Charities in the delivery of their work within our local area.

Summary of the main achievements of the charity during the year

The Charity continues to be very successful.

Attendance by previous and new members has been ongoing throughout the year and we have seen the numbers within the group grow.

We managed to give all the members a much needed Christmas Lunch in 2021 and included entertainment for them. It was heartily supported by members of the group and for many, was the first real get together they had had with their friends. The Charity saw it as a great success.

Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, so our services became a lifeline to people to access conversation, familiar faces and support services.

As a Charity we were delighted with our achievements in 2021 and into 2022, it was heart-warming to see people re-connecting and bonding with their peers and forming those much needed support connections which were eroded by the Pandemic.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and the Charity does submit bids allowing for specific activities as resources arise.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

Through donations we have been able to secure the payments necessary for the rent of the church room and for taking members of our group out on activities as soon as permitted

Section F Other optional information


--

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Mountjoy-Dixon

Position (eg Secretary, Chair, etc)

Chair

Date

5th April 2022

**Thetford and District Dementia
Support**
Year ended 5th April 2022

Income and Expenditure
Account

Income	Total	Unrestricted	Restricted
Friday Club	1253.14	1253.14	
Fund Raising	0.00	0.00	
Grants Received	0.00		
Donations	7541.49	7541.49	
Breckland Lotto	73.00	73.00	
Raffle	784.60	784.60	
Christmas hamper	0.00	0.00	
	<hr/>	<hr/>	<hr/>
	9652.23	9652.23	0.00

Expenses

Refreshments & kitchen expenses	1276.33	190.47	1085.86
Postage	7.92	7.92	
Stationery	197.95	197.95	0.00
Phone top up	30.00	30.00	
Insurance	145.60	145.60	
Cook	100.00	100.00	
Website & Promotional	106.65	106.65	
Hall Hire	1929.63	1929.63	0.00
Activities & Entertainment	1548.77	1548.77	
Consultancy & administration	0.00	0.00	0.00
Accounts and auditing	350.00	350.00	
Computer and software expenses	156.96	156.96	
Training	72.00	72.00	0.00
Repairs & maintenance/small equipment	170.45	0.00	170.45
Rent	0.00		
DBS Checks	0.00		0.00
Advertising	539.00	539.00	
Legal and professional	0.00	0.00	
Memorial plaque	264.00	264.00	0.00
Mileage	10.00	10.00	
Card reader	178.80	178.80	
Sundries	38.05	38.05	
	<hr/>	<hr/>	<hr/>
	7122.11	5865.80	1256.31
Retained Surplus for year	2530.12	3786.43	-1256.31

Reserves B/f	Bank Account Cash Account	22487.87 856.58	21319.13 769.01	1168.74 87.57
Reserves c/f		<u>25874.57</u>	<u>25874.57</u>	<u>0.00</u>

Represented By:				
Bank Current Account		25590.75	25590.75	0.00
Cash Account		283.82	283.82	0.00
		<u>25874.57</u>	<u>25874.57</u>	<u>0.00</u>

Prepared by:

.....
K A Everett FMAAT ATT (Fellow)
Director at Mays Accounting
Ltd

Approved By:

J A Mountjoy-Dixon
Chair

Y Warren
Treasurer

Date: . 04/02/2023

Date: .. 04/02/2023

THETFORD & DISTRICT DEMENTIA SUPPORT GROUP

England & Wales - Charity number 1169626

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	6th	April	2020	To	5 th	April	2021

Section A Reference and administration details

Charity name	Thetford & District Dementia Support Group
Other names charity is known by	TADDS
Registered charity number (if any)	1169626
Charity's principal address	c/o 44 Earls Street
	Thetford
	Norfolk
Postcode	IP24 2AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Mountjoy-Dixon	Chair	2016-current	
2	Yvonne Warren	Treasurer	2016-current	
3	Mark Robinson		2019-current	
4	Doris Goulding		2016-current	
5	Joyce Avilla		2019-current	
6	Billie Lawler		2018-current	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	C.I.O
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustee committee

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity’s organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees’ consideration of major risks and the system and procedures to manage them. 	<p>The Charity has of policies and procedures in place to govern volunteers and to safe guard group users and volunteers.</p> <p>The Charity also has a mission statement</p> <p>The Charity works with other local groups and church groups within the community to encompass all people who may be living with a dementia</p> <p>The pandemic has focussed the Charity’s attention on major risks to service and service users and has put in place online contact and recovery procedures to support our work going forward.</p>
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Section C Objectives and activities

<p>Summary of the objects of the charity set out in its governing document</p>	<p>The Objectives of the CIO are:</p> <p><i>To preserve and protect good health and support the needs of those living with a dementia as well as those that care for them (spouse, family and extended family in particular but not exclusively) but also friends or neighbours where someone has no other relations.</i></p> <p><i>We achieve this by:</i></p> <p><i>Providing specialist advice, support and information</i></p> <p><i>One to one and peer support. (continued below..)</i></p>
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Disseminating information and advice to people with a dementia, their families and other (extended) carers in order to improve their understanding and to enhance coping strategies;

Raising awareness of dementia and provide information, education or training about dementia with a view to helping the wider community understand dementia and to reduce the stigma.

=====

The Charity has always held weekly group meetings as well as monthly Carers only group meetings to allow for peer support, advocacy and information dissemination. But had to adapt this for 2020 through to 2021 when the group closed for a significant period of time. We moved all our contact services online to maintain communication to people who were especially vulnerable.

We provided a weekly online coffee club, where people could zoom in to chat to each other, as well as providing a number of volunteer telephone befrienders to people who were not technically minded.

We also delivered Christmas Hampers to each of our group attendees as they had been unable to get together with everyone else to enjoy the festive season.

We will seek to restore weekly group activities and regular speakers when we re-open.

We have actively promoted the group within the community and have Social Media presence with Facebook and Twitter accounts.

We actively promote the group to the Statutory Services including Health and Social Care and provided zoom meetings, quizzes and coffee mornings throughout the pandemic year until we are authorised to meet up in person again

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

I feel that it needs to be mentioned that in early 2020 the global pandemic hit the UK and we were required quite early on in the year (March) to abandon group meetings for the health and wellbeing of group attendees, volunteers and trustees.

We quickly moved our support system on line and endeavoured wherever possible to get all our group members onto Facebook or Zoom so that we could continue to provide online activities, as well as support and companionship.

I would like to commend our volunteers at this time for continuing to provide support to all our members in what has been a very difficult and lonely time for them by means of telephone calls, Video calls, shopping and prescription getting, and generally being a listening ear and keeping a gentle eye on everyone.

Summary of the main achievements of the charity during the year

The Charity continues to be very successful.

Attendance although affected by the pandemic and accrued huge physical loss of group members has still managed to rise out of the ashes and gain new members from people recently diagnosed.

Although activities were moved online or to telephone, the need was still there for support and to help Carers as well as people living with a dementia cope with the loneliness and isolation that shielding brought. Dementia does not go away and carers suffer from burn out even more so when they have no support services going in to help them, so our services became a lifeline to people to access conversation, familiar faces and support services.

It is our intention to return to group meetings in a safe and timely manner as soon as we are able.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity is in a strong financial position and has adequate reserves in the bank to fund the charities ongoing activities. The Charity continues to be fortunate to receive donations from time to time and the Charity does submit bids allowing for specific activities as resources arise.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principle source of funding is still from public donation or when permitted from local fundraising activities or grants.

Through donations we have been able to secure the payments necessary for the rent of the church room and for taking members of our group out on activities as soon as permitted

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Mountjoy-Dixon

Position (eg Secretary, Chair, etc)

Chair

Date

31st December 2021



Section A

Independent Examiner's Report

Report to the trustees/directors/members of

Charity Name

Thetford and District Dementia Support Group

On accounts for the year ended

5th April 2021

Charity no.:

1169626

Company no.:

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the charity trustees on my examination of the accounts of the Company for the year ended 05 / 04 / 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

[The company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:  Date: 3/1/22

Name: KAREN ANN EVERETT FMAAT ATT(fellow)

Relevant professional qualification(s) or body (if any): Association of Accounting Technician's

Address: Mays Accounting Ltd
Ask House, 2 Northgate Avenue
Bury St Edmunds, Suffolk IP32 6BB

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Thetford and District Dementia Support Group

No (if any)
1169626

CC16a

Receipts and payments accounts

For the period from	Period start date 06/04/2020	Period end date 5th April 2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Friday Club	210	-	-	210	5,769
Fund Raising	360	-	-	360	600
Grants - Befriending	-	-	-	-	-
Donations	5,654	-	-	5,654	10,410
Breckland Lotto	77	-	-	77	93
Raffle	-	-	-	-	737
Kitchen Fund Grant	-	-	-	-	-
Christmas Hamper	500	-	-	500	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,801	-	-	6,801	17,609
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,801	-	-	6,801	17,609
A3 Payments					
Refreshments/kitchen expenses	184	-	-	184	2,216
Kitchen	-	-	-	-	35,000
Stationery & postage	- #	-	-	-	192
Phone	10	-	-	10	70
Insurance	146	-	-	146	157
Cook	-	-	-	-	1,260
Website & promotional	74	-	-	74	114
Hall hire	66	-	-	66	4,443
Activities & Entertainment	609	-	-	609	3,576
Consultancy & Administration	-	-	-	-	2,325
Accounts & Auditing	1,275	-	-	1,275	1,055
Computer Expenses	209	-	-	209	154
Training	-	-	-	-	48
Repairs & Maintenance	102	-	-	102	200
Rent	-	-	-	-	720
DBS Checks	-	-	-	-	14
Advertising	451	-	-	451	-
Business Cards	-	-	-	-	-
Mileage	-	-	-	-	83
Legal & professional	80	-	-	80	-
Sundry	-	-	-	-	177
	-	-	-	-	-
Sub total	3,206	-	-	3,206	51,804
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3,206	-	-	3,206	51,804
Net of receipts/(payments)	3,595	-	-	3,595	- 34,195
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	18,493	1,256	-	19,749	-
Cash funds this year end	22,088	1,256	-	23,344	- 34,195

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash At Bank	21,319	1,168	-
	Cash Account	769	88	-
	Petty Cash Account	-	-	-
	Total cash funds	22,088	1,256	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

Thetford and District Dementia Support**Period ended 5th April 2021****Income and Expenditure Account**

Income	Total	Unrestricted	Restricted
Friday Club	209.77	209.77	
Fund Raising	360.36	360.36	
Grants Received	0.00		
Donations	5653.83	5653.83	
Breckland Lotto	77.00	77.00	
Raffle	0.00	0.00	
Christmas hamper	500.00	500.00	
	<hr/>	<hr/>	<hr/>
	6800.96	6800.96	0.00
 Expenses			
Refreshments & kitchen expenses	183.90	183.90	
Kitchen	0.00		
Postage	0.00	0.00	
Stationery	0.00	0.00	0.00
Phone top up	10.00	10.00	
Insurance	145.60	145.60	
Cook	0.00	0.00	
Website & Promotional	74.25	74.25	
Hall Hire	66.00	66.00	0.00
Activities & Entertainment	609.22	609.22	
Consultancy & administration	0.00	0.00	0.00
Accounts and auditing	1275.00	1275.00	
Computer and software expenses	209.01	209.01	
Training	0.00	0.00	0.00
Repairs & maintenance	102.48	102.48	
Rent	0.00		0.00
DBS Checks	0.00		0.00
Advertising	450.85	450.85	
Legal and professional	80.00	80.00	
Business cards	0.00		0.00
Mileage	0.00		
Sundries	0.00		
	<hr/>	<hr/>	<hr/>
	3206.31	3206.31	0.00
 Retained Surplus for year	3594.65	3594.65	0.00
 Reserves B/f			
Bank Account	18997.47	17828.73	1168.74
Cash Account	752.33	664.76	87.57
Petty Cash Account	0.00		
	<hr/>	<hr/>	<hr/>
Reserves c/f	23344.45	22088.14	1256.31

Represented By:

Bank Current Account

22487.87

21319.13

1168.74

Cash Account

856.58

769.01


87.57

23344.45

22088.14

1256.31

Prepared by:



K A Everett MAAT ATT

Director at Mays Accounting Ltd

Date: 31/1/22

Approved By:

.....
Chair

.....
Treasurer

Date: