



Black Health Forum

Trustee Report for the year ended 31st March 2024

Administrative Details of the Charity and its Trustees

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position
Lorna James	Interim Chair
Barbara Clayton	Interim Vice Chair
Sandra Brown	Secretary
Gary Serrant	Treasurer
Karl Hamilton	
Adam Deacon	
Lucillia Grayston	

Charity number	1169605	Registered in England and Wales
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Registered address
C/o Dominica Association
10 Worthington Street
Bradford
BD8 8ET

Governance Structure and Management

The charity is a Charitable Incorporated Organization (CIO) formed on 20 May 2016 and is governed by a constitution.

Objectivities and Activities

The Charity's Objects

- (1) The promotion, protection and preservation of the good health both mental and physical of the inhabitants of Bradford and District, that of members of black and minoritised communities in the district of Bradford.
- (2) The relief of sickness of the aged, of young people and of other persons in the Metropolitan District of Bradford City.
- (3) To promote research on relevant African/African-Caribbean Health and well being needs, which will influence the delivery of services to the communities in the Bradford District.

Public Benefit Statement

To set the charity's objectives and plan activities, we have considered the Charity Commission's general guidance on public benefit for addressing improvement of health, access to services and advancement of education for the inhabitants of the Bradford District and the African and African Caribbean communities.

The Charity's Main Activities

Performance and achievements

The charity's main activities during the period of the Report.

The Black Health Forum provides a wide range of activities and services which supports health and wellbeing and promotes education. These include:

- A monthly African and African Caribbean Wellbeing café which delivers health and wellbeing activities for older people monthly. This contributes to reducing loneliness and isolation and help the elders to live independent, healthy, happy lives.

- Weekly exercise sessions are provided online and in person.
- We have recently started to form partnership with local schools in the area so that the elderly and school children can have a better understanding of each other and learn together.
- In contributing to research, a Health Needs Assessment was carried out with Public Health Bradford to identify inequalities in health among the black and minoritised communities in Bradford District. This resulted in a positive outcome where funding was made available for community organisations to carry out projects to address the issues identified.
- We have worked collaboratively with the Institute of Health Research co-facilitating focus groups to ascertain the quality of care given to black and minoritised communities during end-of-life care.
- Members of the BHF African and African Caribbean Wellbeing café (AACWC) participated in a Research Project proposal about dementia prevention. This resulted in funding being allocated to carry out further research in this area.
- During the 75th Windrush celebrations, the African Caribbean elders shared their first and second Windrush Generation memories which were captured and made into an exhibition which was exhibited and appreciated.
- The BHF became a partner of Good Things Foundation, a charitable organisation which supplies SIM cards and devices to organisations to distribute members on low income so they can stay connected and access vital services.
- The BHF was awarded funding from Bradford District and Craven Health and Care Partnership to deliver a Black Women's Health in Pregnancy project. The project ended in October, and we are still awaiting the release of the report.
- Funding was obtained from Wellsprings Together for the development of the BHF. This was carried out successfully.
- Funding was also obtained from Lottery Heritage Awards for All to recruit a community development worker this is ongoing
- The BHF in partnership with the Dominica Association implemented 'De Man Dem Health Club' to tackle health problems in men but particularly black men.

Over the year we have made great strides toward achieving our main objectives. Our team has worked hard to, help reduce health inequalities among the black communities and provide services that enables older people in the Bradford District to live happy healthy lives. We have also collaborated with community partners in participating in research education and training.

The Black Health Forum has an excellent team of trustees and trained volunteers who have been instrumental in providing the support needed to deliver a high-quality service to our communities. Thanks to all members of the Black Health Forum's team for their dedication and hard work in providing these services. As a community organisation, we will continue to work hard for the benefit of the descendants of Bradford, and we look forward to continuing to be achieving our goals in the future.

Lorna James

Interim Chairperson.

Black Health Forum (Bradford)

Charity Number 1169605

Financial Statements

For the year ended 31 March 2024

Black Health Forum (Bradford)
Charity Number 1169605

Annual Report and Financial Statements for the Year Ended 31 March 2024

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Black Health Forum (Bradford)

Independent Examiners Report to the Trustees of Black Health Forum (Bradford)

I report to the trustees on my examination of the accounts of the Black Health Forum (Bradford). For the year ended 31 March 2024 set out on the attached pages.

Responsibilities and basis of the Report

As the charity Trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Charity's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145 (5) (b) of the Act

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect.

- 1) accounting records were not kept in respect of the charity as requested by the Section 130 of the Act (the Act)
- 2) the accounts do not accord with those records, or
- 3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this respect in order to enable a proper understanding of the accounts to be reached.

Marcia Marie Marczynski (CPAA)
3MMM Accountancy Services Ltd
Unit 4a
30-34 Aire Street
Leeds
West Yorkshire
LS1 4HT

Signed  Marcia Marie Marczynski (Jan 21, 2025 09:50 GMT) Name Marcia Marie Marczynski CPAA

Date 21/01/2025

Black Health Forum (Bradford)
Charity Number 1169605

Statement of Financial Activities

	2024	2024	2024	2023
Income From	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
Grants & Donations	724	9032	9756	10937
Project Contracts	0	22008	22008	0
Community Funds	0	10000	10000	0
Other Income	575	0	575	672
Total Income	1299	41040	42339	11609
Expenditure				
Professional Fees	0	0	0	500
Project Costs	0	15042	15042	5437
Volunteer Expenses	0	666	666	870
Room Hire Costs	478	1580	2058	410
Catering Costs	129	28	157	0
Excursions/Trips	0	311	311	0
Coach Hire	0	660	660	1150
Training/Development	0	66	66	0
Equipment Costs	0	1036	1036	1049
Performers Fees	0	701	701	0
Administrative Costs	0	1023	1023	205
Stationery/Printing	0	35	35	17
Uniforms	0	352	352	0
Gifts	0	259	259	80
Wellbeing Café	0	1372	1372	0
Christmas Event	335	0	335	0
Total Expenditure	942	23131	24073	9718
Net Income	357	17909	18266	1891
Fund Balance B/Fwd	4593	12072	16665	14119
Closing Balance C/Fwd	4950	29981	34931	16010

Black Health Forum (Bradford)
Balance Sheet as at 31 March 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
Current Assets				
Cash at Bank and In Hand	4688	30243	34931	16010
Current Liabilities				
Falling due within one year				
Creditors & Accruals	750	0	750	0
Net Current Assets	3938	30243	34181	16010
Funds				
Unrestricted Funds	3938	0	3938	4593
Restricted Funds	0	30243	30243	11417
Total Funds	3938	30243	34181	16010

The financial statements were approved by the board of trustees on 21/01/2025

Signed Gary Serrant
 Signed [Gary Serrant \(Jan 21, 2025 10:00 GMT\)](#) Trustee

Name Gary Serrant

Black Health Forum (Bradford)

Charity Number 1169605

Financial Statements

For the year ended 31 March 2024

Black Health Forum (Bradford)
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Name Gary Serrant