

BLACK HEALTH FORUM (BRADFC)

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Total Receipts & Payments Account for the year ended 31/3/2023

	Unrestricted	Restricted	Total	Previous year	Budget	Variance
Receipts						
Donations	-	672.00	672.00			672.00
Grant	-	9,437.03	9,437.03			9,437.03
Membership Fee	-	-	-			-
Heritage Grant In	-	1,500.00	1,500.00			1,500.00
Receipt - spare 5	0	-	-			-
Receipt - spare 6	-	-	-			-
Receipt - spare 7	-	-	-			-
Receipt - spare 8	-	-	-			-
Receipt - spare 9	-	-	-			-
Receipt - spare 10	-	-	-			-
Total receipts	-	11,609.03	11,609.03	-	-	11,609.03
Payments						
Volunteer Expenses	-	875.10	875.10			(875.10)
Mileage	-	-	-			-
Winter Warmth Shopping	-	848.64	848.64			(848.64)
Insurance	-	-	-			-
Equipment	972.00	76.95	1,048.95			(1,048.95)
Internet	-	-	-			-
Day Opportunities Shopping	-	3,600.98	3,600.98			(3,600.98)
Room Hire	-	410.00	410.00			(410.00)
Catering	-	100.00	100.00			(100.00)
Website Hosting & Domain	73.86	-	73.86			(73.86)
Platinum Jubilee Event	-	454.33	454.33			(454.33)
Zoom Licence	47.96	47.96	95.92			(95.92)
Refund in	-	(24.00)	(24.00)			24.00
Stationary	-	16.96	16.96			(16.96)
Printing and Photocoping	-	-	-			-
Invoices	500.00	-	500.00			(500.00)
Training	-	-	-			-
Coordinating Day Ops	-	-	-			-
Community Champion	-	447.97	447.97			(447.97)
Performer Fees	-	-	-			-
Incorrect Paymnt	-	3.99	3.99			(3.99)
BHM Event	-	-	-			-
Gifts	30.00	50.00	80.00			(80.00)
Donation Out	-	35.00	35.00			(35.00)
Coach Hire	-	1,150.00	1,150.00			(1,150.00)
Total payments	1,623.82	8,093.88	9,717.70	-	-	(9,717.70)
Net receipts / (payments)	(1,623.82)	3,515.15	1,891.33	-	-	21,326.73
Transfer	-	-	-	-		-
Balance brought forward	4,647.71	9,471.46	14,119.17			14,119.17
Balance carried forward	3,023.89	12,986.61	16,010.50	-	-	35,445.90
Made up of:						
Current account	16,010.50					
Savings account	-					
Cash float	-					
Spare	-					
	<u>16,010.50</u>					

Checks - this should equal zero

0.00

Approval of the accounts

The financial statements were approved at a meeting of the management committee and signed on its behalf by:

Signed: ...*Gary Serrant*.....

Name Gary Serrant..... (Management Committee member)

Date: 30-01-2024.....



BLACK HEALTH FORUM CHAIRPERSONS REPORT

After several years serving as a Committee Member of the Black Health Forum, I was appointed Chairperson in September 2023.

The aim of the BHF is to work in partnership with voluntary, Community and statutory organisations, to plan and deliver relevant culturally appropriate services that meet the needs of the African and African-Caribbean communities to help reduce Health and Social Care inequalities.

This report covers the period 2022 to 2023 which has been quieter than normal for the BHF; however, we used the time to set out a pathway for the BHF to follow going forward. We started by attending an away day to help refocus on core initiatives such as developing overall strategy, producing a business plan which resulted in the formulation of an action plan to help address the health inequalities faced by black and minoritised communities in the Bradford Metropolitan District.

Here are some of the works carried out by the BHF during the period of the Report.

A Health Needs Assessment was carried out with Public Health to identify inequalities in health among the black and minoritised communities in Bradford. This resulted in a positive outcome where funding was made available for community organisations to carry out Mental Health projects to address some of the problems identified.

We have also supported Bradford University School of Health to secure research funding for Cancer Research to continue their work in that area.

The BHF also worked collaboratively with the Institute of Health Research co-facilitating a focus group to establish the quality of the care given to black and minoritised' communities during end of life care.

Members of the BHF African and African Caribbean Wellbeing Café (AACWC) participated in a Research Project proposal about Dementia Prevention this is ongoing.

The work of the BHF AACWC is volunteer led and continues to deliver health and wellbeing activities for the elders on a monthly basis. This contributes to the elders living happy healthy lives.

During the 75th Windrush Celebrations, our African Caribbean elders shared their first and second Windrush Generation memories. Their stories were captured through a series of focus groups and presented as a project titled 'Wha Inna D Grip'. This was featured as an exhibition over 5 months. It was a very successful project which highlighted the mental strength and resilience of the AC first and second generation who were invited to help rebuild Britain in the immediate post war period. It also showed how they overcame adversities and maintain their mental health during that period of rejection.

As the world is swiftly moving towards digitalisation, it is becoming necessary for everyone to have access to the internet so they are able to connect and communicate with essential services e.g. GP surgery, NHS. This has had a huge impact on people on low income because they struggle to afford and in most instances are unable to afford the cost of internet services. This could have a devastating effect on their mental, physical health and wellbeing in order to help address this problem, the BHF become a partner of the Good Things Foundation, a charitable organisation whose aim is to help eradicate data poverty so that everyone has access to the internet.

Since becoming a partner the BHF has distributed free SIM cards supplied by the National Databank and devices from the Device Bank to their members who meet the criteria. This is having a positive impact on their quality of life because they are able to access essential services. It also helps to alleviate loneliness because they are able to communicate without incurring extra cost which they cannot afford.

The BHF continues to work tirelessly to support the black and minoritised communities in improving their mental and physical health and Wellbeing. We have an experienced team of Committee members and volunteers who are committed to deliver the priorities of the Forum. I would like to thank the team for their hard work and commitment in moving the BHF agenda forward by helping to reduce health inequalities among the black and minoritised communities in the Bradford Metropolitan District therefore, improving their mental and physical health and wellbeing.

Lorna James

Chairperson.