

REGISTERED CHARITY NUMBER: 1169577

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2023
for
Art Therapy Yorkshire

Asquith & Co Accountants Limited
Rowan House
7 West Bank
SCARBOROUGH
North Yorkshire
YO12 4DX

Art Therapy Yorkshire

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for the Year Ended 31 October 2023

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Art Therapy Yorkshire

Report of the Trustees
for the Year Ended 31 October 2023

The trustees present their report with the financial statements of the charity for the year ended 31 October 2023.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The charity was incorporated as a Charitable Incorporated Organisation on 10 October 2016.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The object of the CIO is the relief of sickness and the promotion of good health in Scarborough and the surrounding area by the provision of Art Therapy. The emphasis is on mental health and wellbeing.

OBJECTIVES AND ACTIVITIES

Significant activities

Delivery and income in 2022/23 were, as with so many others in the Charity and Voluntary Sector, affected adversely by the continued cost of living crisis; we found charitable funding became increasingly hard to access as it was spread over an even greater range of services across the sector. This is a very unfortunate situation. It is well known and understood the pressure the NHS and other public sector services are under. ATY, along with many other charities who could be more effective than they are able to be, can support and make a difference to the physical and mental wellbeing of many people of all ages. However, steady year on year funding is not available to very many charities, and to others working in the voluntary sector. This means that opportunities to make a positive difference to people's lives, and to society at large, with relatively low-cost funding, is not being undertaken on the scale needed to help more people, and society, to be in a healthier place.

In November 2022 ATY had positive funding news from the York based Allen Lane Foundation. We were delighted to host their representative, and to be able to work with two carefully designed groups through this funding. This was also supported by the Jack Brunton Charitable Trust based in Middlesbrough giving further North Yorkshire connection to place. These groups enabled women who had experienced severe trauma in their lives to connect with others, usually after engaging in a period of 1-1 therapy. They were then able to move on in a positive way, and often to other opportunities within the community.

December 2022 brought excellent news from the Postcode Neighbourhood Trust who offered us a significant grant for which ATY was immensely grateful. Whilst our contracted work allowed us to deliver to those referred into that specific project, this grant allowed us to deliver to many of those who self-refer. This can be through Social Prescribing or indeed all manner of other routes including, for example, a suggestion from a GP, social worker or any other health care professional, as well as from friends or family.

ATY, along with 3 other mental health charities, put lot of work and time into presenting a case for a Therapies Hub in the locality, to deliver into the NHS Transformation Fund. This, sadly, was to no avail, but we do know we cannot succeed at all attempts to provide much needed therapeutic support to people whom we could help in this coastal area with its well-documented profile of poverty and ill-health. But we are grateful to those organisations who supported us in this endeavour and to those able to see the value of what we do and achieve.

Our programme delivering to Children and Young People continued with the 2nd tranche of funding, for which ATY is grateful, from the locally based Woodsmith Foundation. This enabled support to continue to be given to young people aged between 7 & 18 years who were, to varying degrees, suffering mental health problems. It was a pleasure to be able to support young people, with the aim, amongst others, of reducing long term reliance on mental health services and post-Covid school anxiety. We are happy to be able to announce that this work will continue into 2024 and look forward to ongoing contact with Early Help and various other child and family support professionals.

2023 saw the final delivery phase of the Action Towards Inclusion (ATI) project which has delivered support and encouragement to so many people over its 7-year life span. Better Connect in Knaresborough, where ATI was founded, worked tirelessly to launch a follow-on project called RISE - Reducing Inequalities, Supporting Employment. This began mid-year following on from ATI's innovative work. ATY is proud to continue to be delivery partners, in part in recognition of the success we had in delivering the objectives of ATI. ATY continues to work with many of the same keyworkers and organisations. Funded now by North Yorkshire Council through Levelling Up funding, it continues to support individuals who may be described as economically inactive, across the region.

Through North Yorkshire's Stronger Communities work we were able to continue to meet the high demand for Childrens Therapeutic Services with their Inspire and Get Going Grants. These were received in August and September 2023. ATY is once again very grateful to Stronger Communities for choosing to support ATY's work.

OBJECTIVES AND ACTIVITIES

Through our continuing relationship with Gallery 6, which is owned by one of ATY's trustees, ATY was involved with, and received the proceeds from, a sale of work from its Tea Pot exhibition. Thank you to the trustee who continues to be supportive to ATY in this practical way. At a later point Gallery 6 hosted an exhibition by ATY's therapists using a small grant from Scarborough Arts Society to whom thanks are recorded here. Such events are very important as they enable the work of ATY to be shared with the public. Public facing fundraising is particularly difficult for us. ATY therapists are often working with severely damaged, traumatised and vulnerable individuals and therefore its work is highly confidential. Most of the clients would not want to, or are unable to, interact with the public. This is disadvantageous to us when many other charities can be very open about what they do and achieve.

We thank also those involved in an event held locally in Hackness Village Hall to raise funds for ATY late in our financial year. We enjoyed dressing up for Halloween and selling donated goods, and, of course, running a tombola. Thanks go to all who contributed to that fun community event. Again, ATY's physical presence in this community event helps our profile and gives us a chance to meet the public and explain our approach to working with clients with a view to improving people's mental health of all ages.

Towards the end of the reporting period ATY had an opportunity to consider using a donation from an individual to rent an additional room which would enable 3 rather than 2 therapists to work with clients simultaneously. The matter was given careful consideration. The risk level was low as ATY knew that it could vacate the space without any financial penalty after 6 months should that be necessary. The change was made and has so far proved to be a very good decision. Many thanks go to the donor. We know that we have sufficient funds to be able to continue working in this way for some time to come.

Goodwill was also shown through the year by donations from 3 exceptional individuals totalling almost £4000. ATY is so very grateful to these people. That amount of money is of huge significance to us, and to our ability to continue year on year so far with our work.

ATY is based in a beautiful Grade 2 * listed building and is part of a larger creative and arts hub that enables us to benefit from relationships with some of the other tenants, and with the staff of Scarborough Art Gallery next door. The staff of our base, Woodend Creative, are very pleasant and supportive. This is not only important to those of us based there, but in our work, it is important that our clients, with all their many and varied challenges, feel comfortable and welcome when they enter Reception.

For many clients, they may not have left their accommodation for some time, such can be the fear and trauma they live with daily, so we are very grateful to be able to acknowledge the staff in this report. The clients are beneficiaries too. The team of therapists, who are all part-time, is hard working, committed and excellent in the way each works therapeutically with their group/individual.

There is a male in the team, and, along with younger newly qualified staff, this brings a great balance to ATY's profile and helps determine who will work with whom and on which days. This is where the additional room mentioned above is so helpful to this jigsaw of planning.

We have a therapist in training on placement annually (art therapists must qualify at Masters' level to work in the profession) and we have good relationships with more than one university.

Public benefit

Art Therapy Yorkshire, originally founded in 2012, has, since its registration as a Charitable Incorporated Organisation in 2016, continued with its ongoing programme of activities delivered for the public benefit, and, in most cases, free to the beneficiaries. When undertaking any decision making or reporting, the trustees have regard for the Charity Commission Guidance on Public Benefit: Rules for Charities issued on 14 February 2014. This guidance is drawn to the attention of any potential or newly appointed trustee.

OBJECTIVES AND ACTIVITIES

Volunteers

Because of the nature of the work of ATY we are unable to ask for volunteers. Even trustees are rightly not privy to knowledge of who the clients are and the nature of their problems unless the information is spoken about anonymously or in written form with appropriate redactions. We always spend some time in our trustee meetings listening to some exemplars of current cases, and instances of successful outcomes. It is an important motivational aspect of our commitment to trusteeship given, as has already been referred to above, the highly confidential and often very harrowing nature of other people's lives. What we do have is a trustee who is our Membership Secretary, and a small membership who support us eg at fundraising events and who are invited to the AGM and are sent the TAR annually. We want to expand the membership in the next year or so.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The best way of summarising our main achievements and performance this year is to list them under the headings of the different aspects of the work undertaken with both individuals and groups.

Firstly, work with individuals. Through the support of our funders and contracted projects ATY has been able to offer 1-1 art psychotherapy to an increasing number of referrals. Some individuals coming in through a short programme have been able to extend their time with us and have a longer period of therapy when the therapists know that this will benefit the client. Because of the often almost lifelong harms of various kinds that many of our clients have suffered, it is often advantageous to keep the client with us for a longer journey and into a stronger recovery. This can only be done, of course, if there is appropriate funding available, and, sadly, that is not always the case. Clients can choose to pay for their therapy, and sometimes they do, but this is not a common occurrence.

Groups. As reported above, ATY was able to host women's groups and our student co-facilitated our men's group. These continue to be an important part of our delivery and we long for more sustainable funding to make this a fixed part of our programme in the longer term.

During this period, we met with 68 returning clients. This is a big increase from the previous, post-Covid reporting year making a total of 192 clients overall throughout 22/23. Some clients only needed a brief intervention whilst others were with us for longer interventions as required. Amongst this number we were able to offer support to 55 young people, including those who may be neurodivergent, and, hopefully, ATY has made a lasting positive impact on their lives.

Early in the year we had a surprise visit from the then nominee High Sheriff of North Yorkshire, Clare Grainger. We were invited to the Coronation Garden Party - which was great fun and, importantly, we found a vocal advocate both for the importance of art in people's lives and for the efficacy of Art Therapy. These links will continue into 23/24 culminating with the High Sheriffs of North Yorkshires Award for great and valuable contribution to the community.

Another surprising development was a visit by the author and broadcaster Horatio Clare. He had published a book entitled "Heavy, Light" about his own recent mental health journey and was speaking locally. Our Chair of Trustees was there and able to have a few minutes with him. Sometime afterwards he asked if he could visit us. He spent the first part of the day asking questions to learn about exactly what art therapy is, and how it works. He was then able to observe a full client session with the client's permission obtained in advance. His time at ATY will appear as a chapter in his forthcoming book to be published in 2024 - "Your Journey, Your Way". This is something which we are proud to have contributed to and hope that his writings, and radio series, do much to help people learn about and understand better that there are a variety of helpful therapies that can be used to help people to heal.

July saw the appointment of our newest trustee, Grace Edey, who brings a fresh perspective to the team.

We welcomed our annual student from Derby University; work-based placements are vital to students in completing their Master's and they always bring fresh perspectives into our practice.

Every year ATY has been in existence there has been evidence of an ever-growing need for our services. It has already been alluded to in the earlier part of this section that ATY has helped an increased number of clients in this reporting period. But, sadly, the demand for our services, and the services provided by other types of health professionals working in the Charity and Voluntary Sector, just keeps on growing. We are all acutely aware of our long list of referrals and our inability to meet the needs of everyone that we could potentially help if we had more funding, and especially some longer-term funding such as that which was provided by ATI over 7 years. We will continue to bid for funds and grants as we have done since ATY's inception, but it is a precarious existence and, as said earlier, along with many other services in the CVS, the funding environment is only becoming tougher each year. This can only mean that this important sector, which is generally lower cost and has good outcomes, will increasingly not be available to the people who could be helped to recover sufficiently to feel better and be more able to make a contribution to society and the economy.

Art Therapy Yorkshire

Report of the Trustees for the Year Ended 31 October 2023

FINANCIAL REVIEW

Financial position

ATY believes that it is essential to build reserves, whenever possible, to be able to deal with unplanned financial circumstances, and to be able to draw on in the event of cash flow problems. It has now built up some reserve funding.

This year has been difficult for ATY. Struggles with funding has meant that funds have depleted to £3,407 as a loss in the year of £20,590 has been recorded. The reserves stand at £3,407 which is low, however after the year end the charity has obtained further funding from Woodsmith Foundation and Rise to Thrive.

The charity is hopeful that this renewed funding will enable the charity to stabilise and grow.

Principal funding sources

ATY is heavily reliant on charitable foundations for a major part of its income.

It is worth noting that, because of the nature of its work with vulnerable clients, confidentiality both inhibits the use of volunteers and has to be taken into account when fundraising eg funding providers of any kind can only have access to, for example, redacted evaluations by clients or therapists. This does, of course, make our fundraising work even more difficult in a time when we know that many small charities are struggling. And it also makes the success that we have had to be something to be even more proud of when we cannot show or share in an open way the success our therapists have with many clients who are so much in need of help. The potential number of such clients is especially high in in our deprived coastal town where government provided services in the field of mental health are hard pressed.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1169577

Trustees

Mrs M W Bentley

Mrs K C Torkington

Ms L A Stones

Ms M E Davies

Ms G Edey

P Tissington (appointed 5.2.24)

Art Therapy Yorkshire

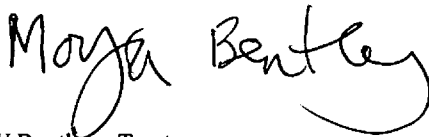
Report of the Trustees
for the Year Ended 31 October 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Miss Jennifer Springham FCCA
Asquith & Co Accountants Limited
Rowan House
7 West Bank
SCARBOROUGH
North Yorkshire
YO12 4DX

Approved by order of the board of trustees on 9 May 2024 and signed on its behalf by:

A handwritten signature in black ink, reading 'Moya Bentley'. The signature is written in a cursive style with a large, looping 'M' and a long, sweeping underline.

Mrs M W Bentley - Trustee

**Independent Examiner's Report to the Trustees of
Art Therapy Yorkshire**

Independent examiner's report to the trustees of Art Therapy Yorkshire ('the Charity')

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 October 2023.

Responsibilities and basis of report

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the Charities Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Miss Jennifer Springham FCCA
The Association of Chartered Certified Accountants

Asquith & Co Accountants Limited
Rowan House
7 West Bank
SCARBOROUGH
North Yorkshire
YO12 4DX

9 May 2024

Art Therapy Yorkshire

Statement of Financial Activities
for the Year Ended 31 October 2023

	Notes	Unrestricted fund £	Restricted fund £	31.10.23 Total funds £	31.10.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,734	1,001	8,735	3,329
Charitable activities					
Activities undertaken directly		75	65,915	65,990	79,336
Investment income	2	<u>59</u>	<u>-</u>	<u>59</u>	<u>6</u>
Total		<u>7,868</u>	<u>66,916</u>	<u>74,784</u>	<u>82,671</u>
EXPENDITURE ON					
Charitable activities					
Activities undertaken directly		2,380	90,827	93,207	78,578
Support costs		<u>1,413</u>	<u>754</u>	<u>2,167</u>	<u>2,116</u>
Total		<u>3,793</u>	<u>91,581</u>	<u>95,374</u>	<u>80,694</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	8	4,075 <u>(11,405)</u>	(24,665) <u>11,405</u>	(20,590) <u>-</u>	1,977 <u>-</u>
Net movement in funds		(7,330)	(13,260)	(20,590)	1,977
RECONCILIATION OF FUNDS					
Total funds brought forward		10,737	13,260	23,997	22,020
TOTAL FUNDS CARRIED FORWARD		<u>3,407</u>	<u>-</u>	<u>3,407</u>	<u>23,997</u>

The notes form part of these financial statements

Art Therapy Yorkshire

Balance Sheet
31 October 2023


	Notes	Unrestricted fund £	Restricted fund £	31.10.23 Total funds £	31.10.22 Total funds £
FIXED ASSETS					
Tangible assets	6	6,129	-	6,129	6,072
CURRENT ASSETS					
Cash at bank and in hand		3,915	-	3,915	23,318
CREDITORS					
Amounts falling due within one year	7	(6,637)	-	(6,637)	(5,393)
NET CURRENT ASSETS		<u>(2,722)</u>	<u>-</u>	<u>(2,722)</u>	<u>17,925</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>3,407</u>	<u>-</u>	<u>3,407</u>	<u>23,997</u>
NET ASSETS		<u>3,407</u>	<u>-</u>	<u>3,407</u>	<u>23,997</u>
FUNDS	8				
Unrestricted funds				3,407	10,737
Restricted funds				-	13,260
TOTAL FUNDS				<u>3,407</u>	<u>23,997</u>

The notes form part of these financial statements

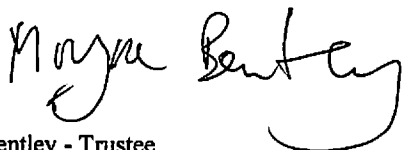
Art Therapy Yorkshire

Balance Sheet - continued
31 October 2023

The financial statements were approved by the Board of Trustees and authorised for issue on 9 May 2024 and were signed on its behalf by:



K C Torkington - Trustee



M W Bentley - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	31.10.23	31.10.22
	£	£
Deposit account interest	<u>59</u>	<u>6</u>

Notes to the Financial Statements - continued
for the Year Ended 31 October 2023

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.10.23	31.10.22
	£	£
Depreciation - owned assets	<u>93</u>	<u>-</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2023 nor for the year ended 31 October 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2023 nor for the year ended 31 October 2022.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	3,329	-	3,329
Charitable activities			
Activities undertaken directly	3,660	75,676	79,336
Investment income	<u>6</u>	<u>-</u>	<u>6</u>
Total	<u>6,995</u>	<u>75,676</u>	<u>82,671</u>
EXPENDITURE ON			
Charitable activities			
Activities undertaken directly	2,895	75,683	78,578
Support costs	<u>1,227</u>	<u>889</u>	<u>2,116</u>
Total	<u>4,122</u>	<u>76,572</u>	<u>80,694</u>
NET INCOME/(EXPENDITURE)	2,873	(896)	1,977
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>7,864</u>	<u>14,156</u>	<u>22,020</u>
TOTAL FUNDS CARRIED FORWARD	<u>10,737</u>	<u>13,260</u>	<u>23,997</u>

Notes to the Financial Statements - continued
for the Year Ended 31 October 2023

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2022	289	5,783	6,072
Additions	<u>-</u>	<u>150</u>	<u>150</u>
At 31 October 2023	<u>289</u>	<u>5,933</u>	<u>6,222</u>
DEPRECIATION			
Charge for year	<u>43</u>	<u>50</u>	<u>93</u>
NET BOOK VALUE			
At 31 October 2023	<u>246</u>	<u>5,883</u>	<u>6,129</u>
At 31 October 2022	<u>289</u>	<u>5,783</u>	<u>6,072</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.10.23 £	31.10.22 £
Other creditors	5,393	5,393
Accrued expenses	<u>1,244</u>	<u>-</u>
	<u>6,637</u>	<u>5,393</u>

8. MOVEMENT IN FUNDS

	At 1.11.22 £	Net movement in funds £	Transfers between funds £	At 31.10.23 £
Unrestricted funds				
General fund	10,737	4,075	(11,405)	3,407
Restricted funds				
Restricted funds	13,260	(24,665)	11,405	-
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>23,997</u>	<u>(20,590)</u>	<u>-</u>	<u>3,407</u>

Notes to the Financial Statements - continued
for the Year Ended 31 October 2023

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,868	(3,793)	4,075
Restricted funds			
Restricted funds	66,916	(91,581)	(24,665)
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TOTAL FUNDS	<u>74,784</u>	<u>(95,374)</u>	<u>(20,590)</u>

Comparatives for movement in funds

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	7,864	2,873	10,737
Restricted funds			
Restricted funds	14,156	(896)	13,260
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>22,020</u>	<u>1,977</u>	<u>23,997</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	6,995	(4,122)	2,873
Restricted funds			
Restricted funds	75,676	(76,572)	(896)
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TOTAL FUNDS	<u>82,671</u>	<u>(80,694)</u>	<u>1,977</u>

Notes to the Financial Statements - continued
for the Year Ended 31 October 2023

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.21 £	Net movement in funds £	Transfers between funds £	At 31.10.23 £
Unrestricted funds				
General fund	7,864	6,948	(11,405)	3,407
Restricted funds				
Restricted funds	14,156	(25,561)	11,405	-
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>22,020</u>	<u>(18,613)</u>	<u>-</u>	<u>3,407</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,863	(7,915)	6,948
Restricted funds			
Restricted funds	142,592	(168,153)	(25,561)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>157,455</u>	<u>(176,068)</u>	<u>(18,613)</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2023.

Art Therapy Yorkshire

Detailed Statement of Financial Activities
for the Year Ended 31 October 2023

	31.10.23 £	31.10.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,735	3,329
Investment income		
Deposit account interest	59	6
Charitable activities		
Funding	12,886	19,216
Therapy fees	75	660
Grants	<u>53,029</u>	<u>59,460</u>
	<u>65,990</u>	<u>79,336</u>
Total incoming resources	74,784	82,671
EXPENDITURE		
Charitable activities		
Therapists	76,696	64,275
Art materials	234	315
Supervision	2,175	2,085
Training	130	110
Rent	8,681	8,975
Insurance	237	643
Office expenses	1,387	1,513
Advertising	346	72
Refreshments	246	224
Travelling	237	185
Repairs and renewals	23	181
Fundraising	1,530	-
Computer costs	312	-
Licences and subscriptions	35	-
Fixtures and fittings	43	-
Computer equipment	<u>50</u>	<u>-</u>
	92,362	78,578
Support costs		
Governance costs		
Accountancy fees	2,952	1,361
Legal fees	-	668
Bank charges	<u>60</u>	<u>87</u>
	<u>3,012</u>	<u>2,116</u>
Total resources expended	<u>95,374</u>	<u>80,694</u>
Net (expenditure)/income	<u>(20,590)</u>	<u>1,977</u>

This page does not form part of the statutory financial statements