

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Art Therapy Yorkshire (ATY)
Charitable Incorporated Organisation

Annual Report and Accounts
for the year ended 31 October 2022

Charity Number: 1169577

Fortus North Limited
Business Advisors & Accountants
5 & 6 Manor Court
Manor Garth
Scarborough
North Yorkshire
YO11 3TU

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

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Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Reference and administrative information

Charity Registration number 1169577

Trustees

Ms Moyra Bentley
Mrs Leslie Stones
Mrs Moira Davies
Mrs Karen Torkington
Mrs Fiona Mullane

Principal officers

Chair - Ms Moyra Bentley
Vice Chair - Mrs Leslie Stones
Treasurer - Mrs Karen Torkington
Membership Secretary - Mrs Moira Davies

Principal office

Unit 316, Woodend Creative Workspace
The Crescent
Scarborough
North Yorkshire
YO11 2PW

Bankers

Virgin Money
Glasgow
G81 2NR

Independent examiner

Mr R D Thorpe
5 & 6 Manor Court
Manor Garth
Scarborough
North Yorkshire
YO11 3TU

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Trustees' report for the year ended 31 October 2022

Introduction

The Trustees present their report and financial statements for the year ending 31 October 2022.

The Charity is a Charitable Incorporated Organisation (CIO) governed according to the Constitution dated 1 October 2016. The CIO was established 10 October 2016 to take forward the work of its previous incarnation.

The CIO's annual reports will be published on the Charity Commission Website (note the 2017 period end accounts were the first set of accounts prepared by the CIO).

The CIO is an independent charity and not part of any "umbrella" body.

Structure, governance and management

Trustees are appointed by a resolution of the existing trustees.

The members of the CIO may be an individual, a corporate body, or an organisation which is not incorporated.

Membership of the CIO cannot be transferred to anyone else, except in the case of an individual or corporate body representing an organisation which is not incorporated, whose membership may be transferred by the unincorporated organisation to a new representative.

Liability of members to contribute to the assets of the CIO if it is wound up:

(1) If the CIO is wound up, each member of the CIO is liable to contribute to the assets of the CIO such amount (but not more than £1) as may be required for payment of the debts and liabilities of the CIO contracted before that person or organisation ceases to be a member, for payment of the costs, charges and expenses of winding up, and for adjustment of the rights of the contributing members amount themselves.

(2) In sub-clause (1) of this clause, "member" includes any person or organisation that was a member of the CIO within 12 months before the commencement of the winding up.

(3) But subject to that, the members of the CIO have no liability to contribute to its assets if it is wound up, and accordingly have no personal responsibility for the settlement of its debts and liabilities beyond the amount that they are liable to contribute.

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Trustees' report for the year ended 31 October 2022

Trustees

The trustees are as follows:

Ms Moyra Bentley	(Chair)
Mrs Leslie Stones	(Vice Chair)
Mrs Moira Davies	(Membership Secretary)
Mrs Karen Torkington	(Treasurer)
Mrs Fiona Mullane	

The constitution states that there must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.

Every trustee of the charity must be a natural person, and must also be a member of the CIO.

The maximum number of charity trustees is twelve. The charity may not appoint any charity trustee if, as a result, the number of charity trustees would exceed the maximum.

At each annual general meeting of the CIO (subsequent to the first annual general meeting), one third of the charity trustees shall retire from office. Section 13 of the constitution covers in detail the methodology for the retirement and appointment of the trustees.

The vacancies so arising at the annual meeting may be filled by the decision of the members, and any outstanding vacancies will be filled by the decision of the members at a later date.

Any person who retires as a charity trustee by rotation or by giving notice to the CIO is eligible for reappointment.

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Trustees' report for the year ended 31 October 2022

Financial review

The receipts and payments account for the year can be found on pages 8 - 9 and, together with the statement of assets and liabilities on page 10, represent a financial summary of the charity's activities for the year to 31 October 2022 and its financial position at that date.

Reserves policy

The charity currently holds its funds in bank accounts held with Virgin Bank and CAF Bank.

ATY believes that it is essential to build reserves whenever possible in order to be in a position to deal with unplanned financial circumstances, and to draw on in the event of cash flow problems. It has now built up some reserve funding.

Objectives and activities

The object of the CIO is the relief of sickness and the promotion of good health in Scarborough and the surrounding area by the provision of Art Therapy.

Art Therapy Yorkshire, originally founded in 2012, has, since its registration as a Charitable Incorporated Organisation on 10 October 2016, continued with its ongoing programme of activities delivered for the public benefit and, in most cases, free to the beneficiaries. When undertaking any decision-making or reporting, the trustees have regard for the Charity Commission Guidance on Public Benefit: rules for charities issued on 14 February 2014. This guidance is drawn to the attention of any potential or newly appointed trustee.

Happily, ATY was able to continue to deliver our service as we came out of the rigours of the pandemic, although both the charitable sector and those using the service have been further impacted by the cost-of-living increase, the effect of which has continued into 2023.

ATY continued to support many individuals on a 1 to 1 basis through our involvement as delivery partners in the Building Better Opportunities/Action Towards Inclusion project, which is scheduled to close in 2023. This excellent programme will be missed across the county. Through this 7-year programme, we have supported over 170 participants, exceeding our targeted number.

Our work has been helped this year because of monies received from several generous supporters. In December 2021, ATY received funding from The Bramall Foundation and the Albert Hunt Trust, followed in February 2022 by support from Garfield Weston.

ATY has also been successful in gaining funds from sources such as Scarborough Borough Council where we were able to work in the community utilising space at the neighbouring Art Gallery. ATY is delighted to report that this work has blossomed independently into A Space to Be. We also received £ 5,000 from North Yorkshire County Council as part of their suicide prevention work.

Importantly, we have strengthened links with Sirius Minerals who became Woodsmith Foundation this year. We were pleased to be awarded funding towards their Children's and Young People's work which grew in volume as the year progressed. The Foundation are also supporting us now in our work with adults and we are both happy and grateful for that strong charitable partnership.

Following participation in a local fair, ATY received a small grant from MADL which is the charitable arm of a local group of shops – Proudfoot. And finally, a sum was received from the Sylvia and Colin Shepherd Charitable

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Trustees' report for the year ended 31 October 2022

Trust. All these monies/donations are very much appreciated and ATY thanks everyone who has given us funding during 2021/22 which has allowed us to continue to provide high quality and successful help to very vulnerable clients. We have an excellent reputation locally and regionally for "making a difference" both in this difficult and challenging aspect of health and wellbeing, and in challenging and difficult times too.

The demand for our services has always been greater than ATY has been able to meet, and that demand will only increase further given the known growth in people of all ages with mental health needs. ATY has, as has already been mentioned, an excellent reputation both locally and more widely in the county for helping individuals to make positive progress in their lives. This recognition has led to repeat funding from certain providers over several years in recognition of the success we have achieved, but the work to be constantly working this way to keep the organisation in being is very challenging.

Due to ever-increasing demand, ATY has offered interventions to many individuals referred through a growing number of agencies, especially those involved in Social Prescribing, and local teams across the field including Youth Justice and Probation.

The success of ATY is due to a very high quality and committed team of therapists, enhanced by the supportive environment of Woodend Creative, both the building, and its staff. We do excellent work in a superb environment and hope to be able to continue to do so in coming years. For that, we will need to be successful in our bidding processes but, as everyone in the charity sector knows, there are no guarantees of continuing success.

Achievements and performance

We feel we have managed to perform well under continuing challenging circumstances throughout this year. The best way of summarising our main achievements and performance this year is to list them under the headings of the different aspects of the work undertaken with both groups and individuals:

Groups - Early in the reporting period, we facilitated two large groups in the conference room in Woodend Creative. These were a men's and a women's group, each supported by both male and female therapists which worked well. However, we have reverted to small groups, reformatted as 3 women's and 1 men's group in our existing studio space as a cost-cutting exercise. The principle of utilising both male/female co-therapists continued as it was deemed to be a useful and successful process. ATY is fortunate to have a male therapist and therefore able to work in this way.

Post pandemic, ATY continued to meet face-to-face and those accessing our services welcomed the personal contact although unfortunately, there were numerous cancellations and delays as clients and therapists continued to self-isolate at times.

During this period, ATY met 15 returning clients and 83 new clients, and spoke to many more who were enquiring about getting support or asking about volunteering and student placements.

ATY has again hosted a Master's student from the University of Derby and have now noticed previous students working in the locality which is rewarding.

Further financial review details

ATY believes that it is essential to build reserves, whenever possible, to be able to deal with unplanned financial circumstances, and to be able to draw on in the event of cash flow problems. It has built up some reserve funding.

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

**Trustees' report
for the year ended 31 October 2022**

ATY is heavily reliant on charitable foundations for a major part of its income:-

It is worth noting that, because of the nature of its work with vulnerable clients, confidentiality both inhibits the use of volunteers and has to be taken into account when fundraising eg funding providers of any kind can only have access to, for example, redacted evaluations by clients or therapists. This does, of course, make our fundraising work even more difficult in a time when we know that many small charities are struggling. And it also makes the success that we have had to be something to be even more proud of when we cannot show or share in an open way the success our therapists have with many clients who are so much in need of help. The potential number of such clients is especially high in in our deprived coastal town where government and council provided services in the field of mental health are hard-pressed.

Declaration

The trustees declare that they have approved the foregoing trustees' report.

Signed on behalf of the charity's trustees: -

Ms Moyra Bentley

Chair

Date

23/5/23

Moyra Bentley

Mrs Karen Torkington

Treasurer

Date

23/5/23.

Karen C Torkington

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Independent examiner's report to the trustees of Art Therapy Yorkshire (Charity Number 1169577)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 October 2022 which are set out on pages 8 to 11.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr Robert David Thorpe FCCA

5 & 6 Manor Court

Manor Garth

Scarborough

North Yorkshire

YO11 3TU

23/5/23 Date

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

**Receipts and payments account
for the year ended 31 October 2022**

Charity Number 1169577

	Unrestricted		2022	2021
	General	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Receipts				
George A Moor Foundation	2,500	-	2,500	-
The Bramall Foundation	-	7,500	7,500	-
Albert Hunt Trust	-	1,000	1,000	-
One/one clients	660	-	660	4,060
ATI BBO	-	19,216	19,216	13,752
NYCC Suicide Prevention Fund	-	5,000	5,000	-
Garfield Weston Foundation	-	7,500	7,500	-
SBC Locality grant	-	1,500	1,500	-
The Woodsmiths Foundation Young People	-	23,000	23,000	-
The Woodsmiths Foundation Adults	-	9,960	9,960	4,480
Sylvia and Colin Shepherd Charitable Trust	-	1,000	1,000	-
Making A Difference Locally	500	-	500	-
D'Oyly Carte Charitable Trust	-	-	-	3,500
Aviva	-	-	-	1,214
Two Ridings	-	-	-	9,280
Big Lottery A4A	-	-	-	9,900
ERCS	-	-	-	5,001
The Armed Forces Covenant Fund	-	-	-	500
Sundry donations	3,329	-	3,329	3,927
Bank interest received	6	-	6	-
Total receipts	6,995	75,676	82,671	55,614

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

	Unrestricted		2022	2021
	General	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Charitable payments				
Therapists	1,380	62,895	64,275	56,869
Art materials	-	315	315	747
Supervision	450	1,635	2,085	2,915
Training	-	110	110	1,435
Rent payable	503	8,472	8,975	7,709
Insurance	406	237	643	645
Office expenses	-	1,513	1,513	1,730
Advertising	-	72	72	72
Refreshments	146	78	224	84
Travelling expenses	4	181	185	851
Repairs and renewals	6	175	181	600
Cost of fundraising	-	-	-	146
Legal & professional	-	668	668	915
Accountancy	1,140	221	1,361	990
Bank charges	87	-	87	90
Sub total	4,122	76,572	80,694	75,798
 Asset purchases	 678	 -	 678	 -
Total payments	4,800	76,572	81,372	75,798

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Net surplus/(deficit) for the year	2,195	(896)	1,299	(20,184)
Accumulated surplus brought forward	7,864	14,156	22,020	42,204
Projects funded by unrestricted funds	(10,059)	10,059	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
Cash funds carried forward	-	23,319	23,319	22,020
	<hr/>	<hr/>	<hr/>	<hr/>


Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

Statement of assets and liabilities

as at 31 October 2022

	Unrestricted	Restricted	2022	2021
	£	£	£	£
<u>Cash funds</u>				
CAF Bank	-	8,717	8,717	14,839
Virgin account	-	14,513	14,513	7,131
Petty cash	-	89	89	50
	<hr/>	<hr/>	<hr/>	<hr/>
Total cash funds	-	23,319	23,319	22,020
	<hr/>	<hr/>	<hr/>	<hr/>
<u>Assets retained for the charity's own use</u>				
IT Equipment				
As at 1 November 2021	5,105	-	5,105	5,105
Additions in year	678	-	678	-
Fixtures & Fittings				
As at 1 November 2021	289	-	289	289
	<hr/>	<hr/>	<hr/>	<hr/>
Total (at cost)	6,072	-	6,072	5,394
	<hr/>	<hr/>	<hr/>	<hr/>

Signed on behalf of the trustees:



Ms Moyra Bentley

Chair

Date 23/5/23

Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

1. Notes to the financial statements

1.1. CIO formation and related party

As disclosed in the introduction section of the Trustees' report, the charity operates as a Charitable Incorporated Organisation (CIO), and the CIO was established on 10 October 2016 to take forward the work of the previous incarnation of the charity.

The previous incarnation of the charity transferred its assets to the newly formed CIO upon formation and this was verbally agreed between the trustees, however this was not formally documented until an EGM of the trustees on 3 January 2018.

The transfer between the organisations consisted of cash and bank balances (transferred at their value at 10 October 2016), together with other small sundry assets, which were deemed to have a negligible financial value.

Other related party

During the period, the charity paid for therapy services from Mrs Susan Holmes, who acts as bookkeeper for the charity (she is not remunerated for bookkeeping services). The therapy services are assumed to have taken place on an arm's length basis, under normal commercial terms.