



Trustees' Annual Report for the period

Period start date				Period end date			
From	01	January	2023	To	31	December	2023

Section A Reference and administration details

Charity name

Lammas Street Centre, Carmarthen

Other names charity is known by

-

Registered charity number (if any)

1169514

Charity's principal address

Lammas Street Centre, English Baptist Church

Lammas Street

Carmarthen

Postcode

SA31 3AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Stephenson	Chairperson		
2	Martin Dalling			
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
-	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-

(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.

- (b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not).
- (c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre.
- (d) To do all things deemed to be charitable in furtherance of the above objects.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities:

- 1) Cellar Café now Cegin Hedyn – Following last year's changes the café operated as a canteen style pay what you can (from £0 upwards) café with a vegetarian based menu using produce largely donated by local suppliers. This has had increasing success and served approximately two and a half thousand meals during the year only opening on one day a week with a possible expansion in 2024. The financial cost of living crisis meant that there was an upward trend in the number for free meals supplied, The cafe also runs a Community freezer from which frozen meals are supplied. The change in the cafe operation has focussed on meeting local needs which has resulted in a reduced level of surplus income to support other charities from previous years. Decisions on the distribution operation of this lower level of available monies were postponed to 2024.
- 2) Christmas Day Dinner – Following on from the operational changes to the café a free vegetarian Christmas Day Dinner was provided on the premises using the regular weekday service format. Approximately 100 dinners were provided along with a number of take-away meals
- 3) Offered space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate. Following the easing of pandemic restrictions this facility offer was re-activated.
- 4) The Centre has seen the use of the warm safe space for outside organisations helping with wellbeing issues including a team supporting families with autistic members.
- 5) Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items has continued after a lull during the Covid pandemic.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

around Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- 1) Cellar Café/Cegin Hedyn – Following the service changes and facilities outlined in Section C above, delivered around 2500 meals of which about 600 were served free of charge.
- 2) Christmas Day Dinner following the changes outline in section C above, approximately 100 dinners were provided along with a number of take-away meals for housebound and frail people.
- 3) Local wellbeing groups, including those supporting families with autistic members have been supported and accomodated. Local bereavement counselling services once again had the use of the Centre and its facilities one day a week.
- 4) Fresh Start project as outlined in Section C above issued 25 vouchers and subsequently the requested items.

Section E

Financial review

Brief statement of the charity's policy on reserves

The provide Centre for aims to hold a reserve of £10K against equipment failure and to provide an immediate response to any arising emergency

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

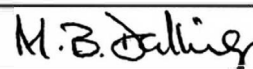
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Philip Edward Stephenson

Martin Brian Dalling

Position (eg Secretary, Chair, etc)

Chair

TRUSTEE

Date

28th October 2024

LAMMAS STREET CENTRE CARMARTHEN

Income & Expenditure Account for the Year Ended 31st December 2023

[illegible]

Opening Bank Balances as at 31/12/22

NatWest 30247209	<u>14942.41</u>	
		14942.41 17925.17
		<u>26923.78 24502.20</u>

Closing Bank Balances as at 31/12/23

NatWest 30247209	18536.44	14942.41
	18536.44	14942.41
	26923.78	24502.20

Treasurer's Confirmation:

I confirm my agreement to the Income & Expenditure Account for the year ended 31 December 2023.

Signed E D Stephenson
Dated 31/05/24

on behalf of the Lammas Street Centre, Carmarthen

Accountants' Report:

In accordance with instructions given to us, we have prepared the Income & Expenditure Account for the year ended 31 December 2023 from the accounting records and from information & explanations given to us. We have not audited or otherwise attempted to verify the accuracy or completeness of such information and accordingly express no opinion thereon.

The accounts have been prepared for the use of the trustees of the Centre, and are not to be shown to any other party without our express written authorisation.

Charles Carmarthen.
Charles Carmarthen.
Accountants

Dated: 24 May 2024