



Trustees' Annual Report for the period

Period start date				Period end date			
From	01	January	2022	To	31	December	2022

Section A Reference and administration details

Charity name

Lammas Street Centre, Carmarthen

Other names charity is known by

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Registered charity number (if any)

1169514

Charity's principal address

Lammas Street Centre, English Baptist Church

Lammas Street

Carmarthen

Postcode

SA31 3AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Stephenson	Chairperson		
2	Martin Dalling			
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-

(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.

<p>(b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not).</p> <p>(c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre.</p> <p>(d) To do all things deemed to be charitable in furtherance of the above objects.</p>	<p>The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities:</p> <ol style="list-style-type: none"> 1) Cellar Café – Following the easing of pandemic restrictions consideration was given to re-opening the café facility. Initially, changes in the personal circumstances of several key volunteers made this difficult. Following an offer of collaboration from a local restaurateur, the café reopened in October as a canteen style pay what you can (from £0 upwards) canteen style café with the title Cegin Hedyn. This now operates a vegetarian based menu using produce donated by local suppliers. 2) Christmas Day Dinner – Following on from the operational changes to the café a free traditional Christmas Day Dinner was provided on the premises, very similar in format to those offered pre-pandemic. Approximately 75 dinners were provided along with a number of take-away meals for housebound and frail people. 3) Provide the facilities for the use of local groups supporting and helping people with physical challenges or mental health issues. Following the easing of pandemic restrictions planning has been taking place to resume these services. In practice no activities were scheduled to recommence until the beginning of 2023. 4) Offered space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate. Following the easing of pandemic restrictions this facility offer was re-activated. 5) Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items in response to referral to the project by recognised agencies in social welfare. This project, too, was severely impacted by the pandemic restrictions, and following easing of slow to get going again.
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

around Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- 1) Cellar Café/Cegin Hedyn – Following the service changes and facilities outlined in Section C above, during the first three months of operation around 800 meals were served of which over 100 were given free of charge.
- 2) Christmas Day Dinner following the changes outline in section C above, approximately 75 dinners were provided along with a number of take-away meals for housebound and frail people.
- 3) Local bereavement counselling services once again, post pandemic, had the use of the Centre and its facilities one day a week.
- 4) Fresh Start project as outlined in Section C above issued 15 vouchers and subsequently the requested items. This number which was much lower than pre-pandemic due to changes in personnel in the referral agencies requiring reacquaintance with the system.
- 5) Despite the curtailment of many activities by the Covid-19 pandemic and its associated restrictions, the Centre distributed a total of £7000 from raised funds to (14) local, national and UK based international projects/organisations.

Section E

Financial review

Brief statement of the charity's policy on reserves

The provide Centre for aims to hold a reserve of £10K against equipment failure and to provide an immediate response to any arising emergency

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

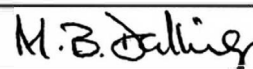
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Philip Edward Stephenson

Martin Brian Dalling

Position (eg Secretary, Chair, etc)

Chair

TRUSTEE

Date

29th October 2023

Income & Expenditure Account for the Year Ended 31st December 2022

[illegible]

Closing Bank Balances as at 31/12/22

NatWest 30247209	<u>17925.17</u>	<u>24210.65</u>	NatWest 30247209	<u>14942.41</u>	<u>17925.17</u>
	17925.17	24210.65		14942.41	17925.17
	<u>24502.20</u>	<u>28880.62</u>		<u>24502.20</u>	<u>28880.62</u>

I confirm my agreement to the Income & Expenditure Account for the year ended 31 December 2022.

on behalf of the Lammas Street Centre, Carmarthen

In accordance with instructions given to us, we have prepared the Income & Expenditure Account for the year ended 31 December 2022 from the accounting records and from information & explanations given to us. We have not audited or otherwise attempted to verify the accuracy or completeness of such information and accordingly express no opinion thereon. The accounts have been prepared for the use of the trustees of the Centre, and are not to be shown to any other party without our express written authorisation.

Dated: 12 May 2023