

LAMMAS STREET CENTRE, CARMARTHEN

England & Wales · Charity number 1169514

Details

Other names LAMMAS STREET CENTRE CARMARTHEN

Status Registered

Legal form CIO

Registered 2016-10-06

Register [View on the Charity Commission register](#)

Contact

Address Frondeg
St. Peters
Carmarthen
SA31 3RR

Phone 01267233756

Email freshstart@englishbaptistchurch.org.uk

Website <http://www.englishbaptistchurch.org.uk/freshstartcarmarthen.htm>

Activities

Objects: 1. THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE.2. SUCH CHARITABLE PURPOSES FOR THE PUBLIC BENEFIT AS ARE EXCLUSIVELY CHARITABLE ACCORDING TO THE LAWS OF ENGLAND AND WALES AS THE TRUSTEES MAY FROM TIME TO TIME DETERMINE.

Activities: The charity provides a safe place for the vulnerable or lonely to socialize in cafe surroundings, devoid of addiction related temptations, providing warmth, food & often supplying everyday essential living items such as kitchen,crockery, bedding and cleaning items. An annual Christmas Day dinner is offered free of charge to anyone who needs it. Money from public use of cafe given to aid projects.

Classification

- **How:** Provides Other Finance, Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Carmarthenshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£10,769	£7,139	-	-
2023-12-31	£11,981	£8,387	-	-
2022-12-31	£6,577	£9,560	-	-
2021-12-31	£4,670	£10,955	-	-
2020-12-31	£13,506	£15,532	-	-

Trustees

Name	Role	Appointed
PHIL STEPHENSON	Chair	2016-03-28
MARTIN DALLING		2016-03-28

LAMMAS STREET CENTRE, CARMARTHEN

England & Wales - Charity number 1169514

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	01	January	2024	To	31	December	2024

Section A Reference and administration details

Charity name

Lammas Street Centre, Carmarthen

Other names charity is known by

-

Registered charity number (if any)

1169514

Charity's principal address

Lammas Street Centre, English Baptist Church
 Lammas Street
 Carmarthen
Postcode SA31 3AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Stephenson	Chairperson		
2	Martin Dalling			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
-	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-

(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.

- (b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not).
- (c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre.
- (d) To do all things deemed to be charitable in furtherance of the above objects.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities:

Cellar Café now Cegin Hedyn – Following previously reported changes the café continued to operate as a canteen style pay what you can (from £0 upwards) café with a plant-based menu using produce largely donated by local suppliers supplemented by produce from the new Cegin Hedyn Community Allotment project wing. Last year’s reported success has continued with expansion to two days a week operation during the course of the year. The continuing financial cost of living crisis meant that the previous upward trend in the number of free meals supplied continued, The cafe also runs a Community freezer from which frozen meals are supplied. The increased cafe operation expanded its contribution to meeting local needs which, in turn, continued the previous year’s reduced level of surplus income to support other charities compared to pre-Covid years.

Christmas Day Dinner – This free annual offering was once again provided in its recent plant-based form on the premises using the regular weekday service format. A similar number of dinners were provided as the previous year along with take-away meals for the housebound and some residential home residents. This provided not only food, but also the opportunity for those living alone to meet others on what could otherwise be an isolating day for them

The Centre has seen the use of the warm safe space for outside organisations helping with wellbeing issues including a team supporting families with autistic members. During the late autumn and into the winter period the café extended its opening hours to start earlier as a Warm Space recognised by the local council.

The Centre continued to offer space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate.

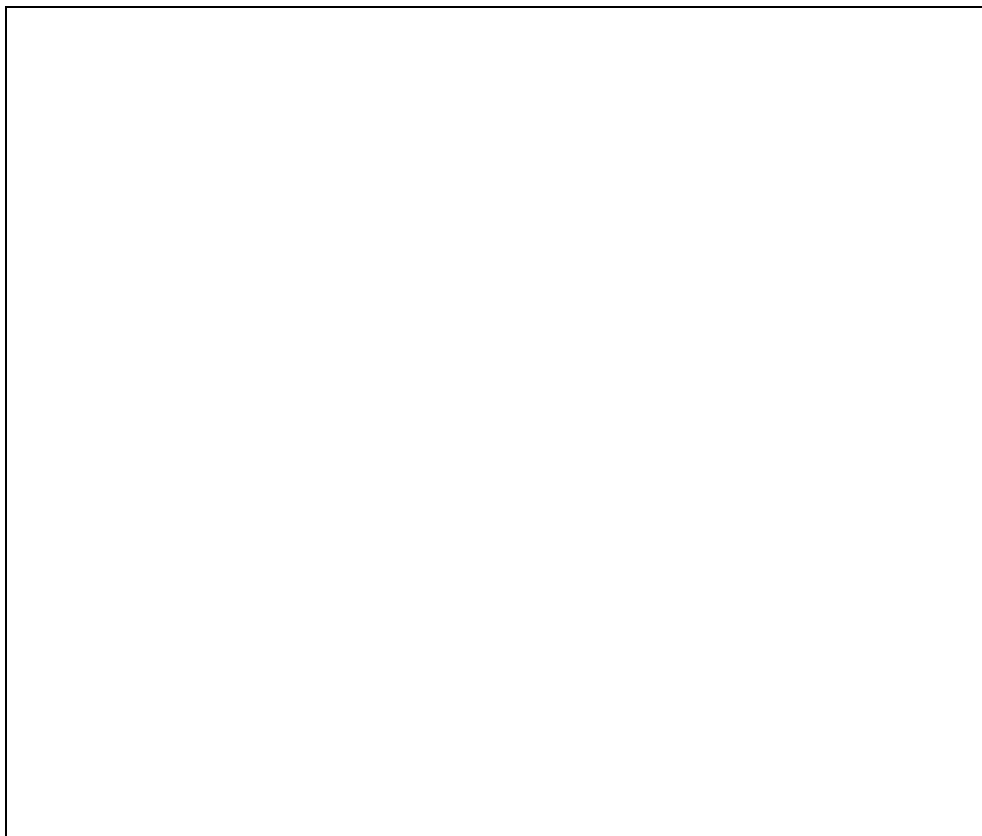
Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items continued when requests were made by the registered local referral agencies.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- 1) The Cegin Hedyn Café has flourished as a community café for all including serving seamlessly the less fortunate and those needing free food. With sufficient volunteer support it has been possible to extend the opening to a second day in the week enabling the more people to access affordable nutritious food.
- 2) Once again a free plant-based Christmas Day Dinner was served in the café or as a takeaway to some eighty of so people and additionally offering companionship to some people normally living alone.
- 3) During the winter season, the café opened for longer by starting earlier to provide a warm space environment with hot light meal food until the start of its normal service hours and menu.
- 4) Local bereavement counselling services had the use of the Centre and its facilities one day a week.
- 5) The Centre continued to offer a number of alternative relaxation therapy sessions run by qualified practitioners at the same time as the café opening hours.
- 6) Fresh Start project to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items continued as and when requests were made by the registered local referral agencies. More were issued this year although the demand has yet to return to pre-pandemic levels.

Section E

Financial review

Brief statement of the charity's policy on reserves

The provide Centre for aims to hold a reserve of £10K against equipment failure and to provide an immediate response to any arising emergency

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F



Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Philip Edward Stephenson	Martin Brian Dalling
Position (eg Secretary, Chair, etc)	Chair	TRUSTEE

Date 29th October 2025

LAMMAS STREET CENTRE CARMARTHEN
Income & Expenditure Account for the Year Ended 31st December 2024

Income	2024	2023	Expenditure	2024	2023
	£	£		£	£
Donations	2762.97	2069.00	Food & Drink	444.13	2151.75
Utilities contrinutions EBC	0.00	3350.27	Charities	0.00	60.00
Hall Hire	3750.00	3616.95	Miscellaneous	445.55	446.94
Light & Heat Contributions	3731.01	2792.15	Heating & Lighting	6249.71	5728.65
Sundry Income	525.00	153.00			
	<u>10768.98</u>	<u>11981.37</u>		<u>7139.39</u>	<u>8387.34</u>
Opening Bank Balances as at 31/12/23			Closing Bank Balances as at 31/12/23		
NatWest 30247209	18536.44	14942.41	NatWest 30247209	22166.03	18536.44
	<u>29305.42</u>	<u>26923.78</u>		<u>29305.42</u>	<u>26923.78</u>

Treasurer's Confirmation:

I confirm my agreement to the Income & Expenditure Account for the year ended 31 December 2024.

Signed *A. D. Stephenson*
Dated 3/6/25

on behalf of the Lammas Street Centre, Carmarthen

Accountants' Report:

In accordance with instructions given to us, we have prepared the Income & Expenditure Account for the year ended 31 December 2024 from the accounting records and from information & explanations given to us. We have not audited or otherwise attempted to verify the accuracy or completeness of such information and accordingly express no opinion thereon. The accounts have been prepared for the use of the trustees of the Church, and are not to be shown to any other party without our express written authorisation.

Charles Carmarthen

Charles Carmarthen.
Accountants

Dated : 30 May 2024

LAMMAS STREET CENTRE, CARMARTHEN

England & Wales - Charity number 1169514

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	01	January	2023	To	31	December	2023

Section A Reference and administration details

Charity name

Lammas Street Centre, Carmarthen

Other names charity is known by

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Registered charity number (if any)

1169514

Charity's principal address

Lammas Street Centre, English Baptist Church
 Lammas Street
 Carmarthen
Postcode SA31 3AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Stephenson	Chairperson		
2	Martin Dalling			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
-	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	Charitable Incorporated Organisation
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-

(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.

- (b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not).
- (c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre.
- (d) To do all things deemed to be charitable in furtherance of the above objects.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities:

- 1) Cellar Café now Cegin Hedyn – Following last year's changes the café operated as a canteen style pay what you can (from £0 upwards) café with a vegetarian based menu using produce largely donated by local suppliers. This has had increasing success and served approximately two and a half thousand meals during the year only opening on one day a week with a possible expansion in 2024. The financial cost of living crisis meant that there was an upward trend in the number for free meals supplied, The cafe also runs a Community freezer from which frozen meals are supplied. The change in the cafe operation has focussed on meeting local needs which has resulted in a reduced level of surplus income to support other charities from previous years. Decisions on the distribution operation of this lower level of available monies were postponed to 2024.
- 2) Christmas Day Dinner – Following on from the operational changes to the café a free vegetarian Christmas Day Dinner was provided on the premises using the regular weekday service format. Approximately 100 dinners were provided along with a number of take-away meals
- 3) Offered space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate. Following the easing of pandemic restrictions this facility offer was re-activated.
- 4) The Centre has seen the use of the warm safe space for outside organisations helping with wellbeing issues including a team supporting families with autistic members.
- 5) Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items has continued after a lull during the Covid pandemic.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

around Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- 1) Cellar Café/Cegin Hedyn – Following the service changes and facilities outlined in Section C above, delivered around 2500 meals of which about 600 were served free of charge.
- 2) Christmas Day Dinner following the changes outline in section C above, approximately 100 dinners were provided along with a number of take-away meals for housebound and frail people.
- 3) Local wellbeing groups, including those supporting families with autistic members have been supported and accomodated. Local bereavement counselling services once again had the use of the Centre and its facilities one day a week.
- 4) Fresh Start project as outlined in Section C above issued 25 vouchers and subsequently the requested items.

Section E

Financial review

Brief statement of the charity's policy on reserves

The provide Centre for aims to hold a reserve of £10K against equipment failure and to provide an immediate response to any arising emergency

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

P.E. Stephenson

M.B. Dalling

Full name(s)

Philip Edward Stephenson

Martin Brian Dalling

Position (eg Secretary, Chair, etc)

Chair

TRUSTEE

Date

28th October 2024

LAMMAS STREET CENTRE CARMARTHEN

Income & Expenditure Account for the Year Ended 31st December 2023

Income	2023	2022	Expenditure	2023	2022
	£	£		£	£
Donations	2069.00	4723.95	Food & Drink	2151.75	698.10
E. On Refund		150.92	Charities	60.00	6500.00
Utilities Contributions EBC	335027	1702.16	Miscellaneous	446.94	224.16
Hall Hire	3616.95		Heating & Lighting	5728.65	2137.53
Light & Heat contributions	2792.15				
Sundry Income	153.00				
	<u>11981.37</u>	<u>6577.03</u>		<u>8387.34</u>	<u>9559.79</u>

Opening Bank Balances as at 31/12/22

NatWest 30247209	<u>14942.41</u>	<u>17925.17</u>
	14942.41	17925.17
	<u>26923.78</u>	<u>24502.20</u>

Closing Bank Balances as at 31/12/23

NatWest 30247209	<u>18536.44</u>	<u>14942.41</u>
	18536.44	14942.41
	<u>26923.78</u>	<u>24502.20</u>

Treasurer's Confirmation:

I confirm my agreement to the Income & Expenditure Account for the year ended 31 December 2023.

Signed A D Stephenson

Dated 31/05/24

on behalf of the Lammas Street Centre, Carmarthen

Accountants' Report:

In accordance with instructions given to us, we have prepared the Income & Expenditure Account for the year ended 31 December 2023 from the accounting records and from information & explanations given to us. We have not audited or otherwise attempted to verify the accuracy or completeness of such information and accordingly express no opinion thereon.

The accounts have been prepared for the use of the trustees of the Centre, and are not to be shown to any other party without our express written authorisation.

Charles Carmarthen

Charles Carmarthen,
Accountants

Dated: 24 May 2024

LAMMAS STREET CENTRE, CARMARTHEN

England & Wales - Charity number 1169514

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	01	January	2022	To	31	December	2022

Section A Reference and administration details

Charity name

Lammas Street Centre, Carmarthen

Other names charity is known by

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Registered charity number (if any)

1169514

Charity's principal address

Lammas Street Centre, English Baptist Church
 Lammas Street
 Carmarthen
Postcode SA31 3AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Stephenson	Chairperson		
2	Martin Dalling			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
-	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	Charitable Incorporated Organisation
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-

(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.

- (b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not).
- (c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre.
- (d) To do all things deemed to be charitable in furtherance of the above objects.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities:

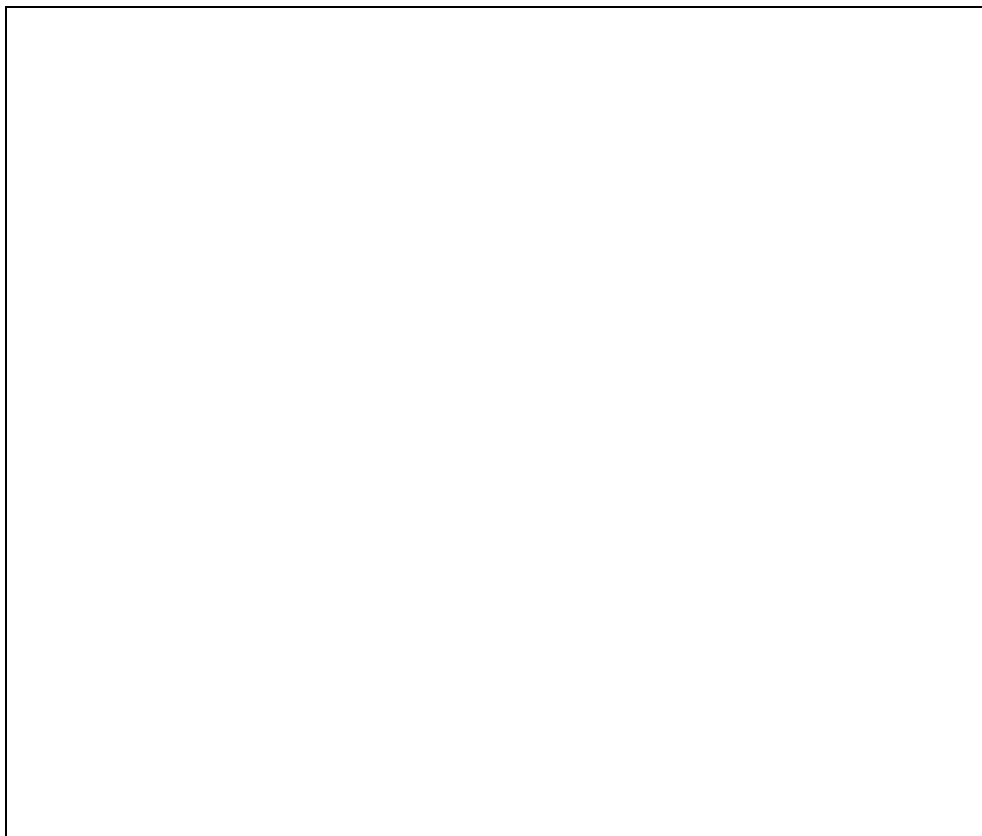
- 1) Cellar Café – Following the easing of pandemic restrictions consideration was given to re-opening the café facility. Initially, changes in the personal circumstances of several key volunteers made this difficult. Following an offer of collaboration from a local restaurateur, the café reopened in October as a canteen style pay what you can (from £0 upwards) canteen style café with the title Cegin Hedyn. This now operates a vegetarian based menu using produce donated by local suppliers.
- 2) Christmas Day Dinner – Following on from the operational changes to the café a free traditional Christmas Day Dinner was provided on the premises, very similar in format to those offered pre-pandemic. Approximately 75 dinners were provided along with a number of take-away meals for housebound and frail people.
- 3) Provide the facilities for the use of local groups supporting and helping people with physical challenges or mental health issues. Following the easing of pandemic restrictions planning has been taking place to resume these services. In practice no activities were scheduled to recommence until the beginning of 2023.
- 4) Offered space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate. Following the easing of pandemic restrictions this facility offer was re-activated.
- 5) Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items in response to referral to the project by recognised agencies in social welfare. This project, too, was severely impacted by the pandemic restrictions, and following easing of slow to get going again.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

around Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- 1) Cellar Café/Cegin Hedyn – Following the service changes and facilities outlined in Section C above, during the first three months of operation around 800 meals were served of which over 100 were given free of charge.
- 2) Christmas Day Dinner following the changes outline in section C above, approximately 75 dinners were provided along with a number of take-away meals for housebound and frail people.
- 3) Local bereavement counselling services once again, post pandemic, had the use of the Centre and its facilities one day a week.
- 4) Fresh Start project as outlined in Section C above issued 15 vouchers and subsequently the requested items. This number which was much lower than pre-pandemic due to changes in personnel in the referral agencies requiring reacquaintance with the system.
- 5) Despite the curtailment of many activities by the Covid-19 pandemic and its associated restrictions, the Centre distributed a total of £7000 from raised funds to (14) local, national and UK based international projects/organisations.

Section E

Financial review

Brief statement of the charity's policy on reserves

The provide Centre for aims to hold a reserve of £10K against equipment failure and to provide an immediate response to any arising emergency

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F


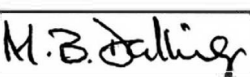
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Philip Edward Stephenson	Martin Brian Dalling
Position (eg Secretary, Chair, etc)	Chair	TRUSTEE

Date 29th October 2023

LAMMAS STREET CENTRE CARMARTHEN

Income & Expenditure Account for the Year Ended 31st December 2022

Income	2022	2021	Expenditure	2022	2021
	£	£		£	£
Donations	4723.95	2231.00	Food & Drink	698.10	201.50
E.On Refund	150.92	598.97	Bulk Food Purchases		511.39
Utilities Contribution EBC	1702.16	1840.00	Charities	6500.00	7000.00
			Miscellaneous	224.16	84.00
			Fittings & Equipment		719.59
			Heating & Lighting	2137.53	2438.97
	<u>6577.03</u>	<u>4869.97</u>		<u>9559.79</u>	<u>10956.45</u>

Opening Bank Balances as at 31/12/21

Closing Bank Balances as at 31/12/22

NatWest 30247209	<u>17925.17</u>	<u>24210.65</u>	NatWest 30247209	<u>14942.41</u>	<u>17925.17</u>
	17925.17	24210.65		14942.41	17925.17
	<u>24502.20</u>	<u>28880.62</u>		<u>24502.20</u>	<u>28880.62</u>

Treasurer's Confirmation:

I confirm my agreement to the Income & Expenditure Account for the year ended 31 December 2022.

Signed *A D Stephenson*

Dated 12-05-2023

on behalf of the Lammas Street Centre, Carmarthen

Accountants' Report:

In accordance with instructions given to us, we have prepared the Income & Expenditure Account for the year ended 31 December 2022 from the accounting records and from information & explanations given to us. We have not audited or otherwise attempted to verify the accuracy or completeness of such information and accordingly express no opinion thereon.

The accounts have been prepared for the use of the trustees of the Centre, and are not to be shown to any other party without our express written authorisation.

Charles Carmarthen

Charles Carmarthen.
Accountants

Dated: 12 May 2023

LAMMAS STREET CENTRE, CARMARTHEN

England & Wales - Charity number 1169514

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	01	January	2021	To	31	December	2021

Section A Reference and administration details

Charity name

Lammas Street Centre, Carmarthen

Other names charity is known by

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Registered charity number (if any)

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Charity's principal address

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
-	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	Charitable Incorporated Organisation
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-

(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.

- (b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not).
- (c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre.
- (d) To do all things deemed to be charitable in furtherance of the above objects.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities:

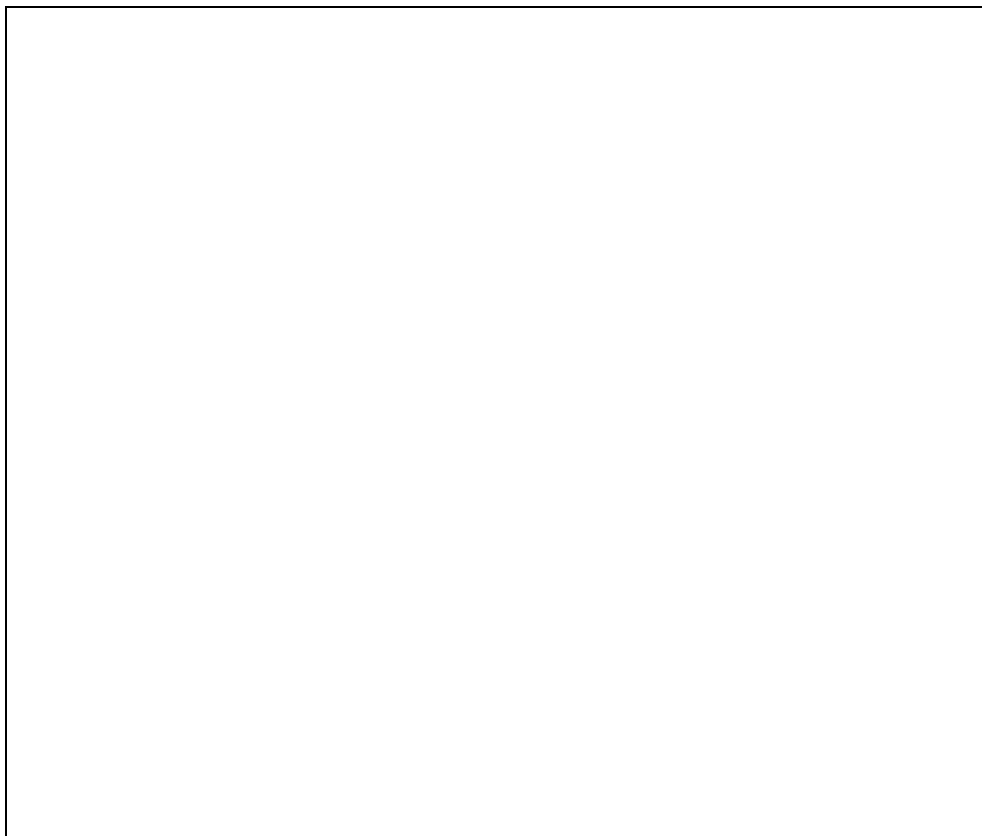
- 1) Cellar Café – This provided appropriate people with free food and drink & an opportunity to socialise in an area devoid of addiction related temptations. This function operated in an area used as a public café which as well as providing a safe area for lonely people to meet was a source of income provided by the paying general public. The Covid-19 pandemic restrictions meant this activity was suspended for the whole year.
- 2) Christmas Day Dinner – As a result of the Covid-19 pandemic and its associated restrictions our traditional Christmas Day dinner could not be offered in its usual format. However, a take-away version was prepared and collected or delivered to some 64 families on 25th December.
- 3) Provided the facilities for the use of local groups supporting and helping people with physical challenges or mental health issues. These activities too were suspended for the whole year due to Covid-19 restrictions.
- 4) Offered space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate. The pandemic restrictions in place during the year meant, in practice, little use was able to be made of this facility.
- 5) Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items in response to referral to the project by recognised agencies in social welfare. This project, too, was severely impacted by the pandemic restrictions. Although not completely suspended, only a very limited emergency service was possible for the year.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- 1) Cellar Café – Continued Covid pandemic restrictions resulted in a suspension of the services and facilities outlined in Section C above.
- 2) Christmas Day Dinner provided a take-away version of the traditional festive meal for 64 families.
- 3) A local mental health support group used the facilities weekly whilst the local sight impaired group used the Centre once a month until the pandemic restrictions and periodic risk assessments resulted in a suspension of the services and facilities
- 4) Local bereavement counselling services had the use of the Centre and its facilities one day a week.
- 5) Fresh Start project as outlined in Section C above issued 28 vouchers and subsequently the requested items. This number which was much lower than pre-pandemic due to the continuing restrictions imposed by the Covid-19 pandemic.
- 6) Despite the curtailment of many activities by the Covid-19 pandemic and its associated restrictions, the Centre distributed a total of £7000 from raised funds to (14) local, national and UK based international projects/organisations.

Section E

Financial review

Brief statement of the charity's policy on reserves

The provide Centre for aims to hold a reserve of £10K against equipment failure and to provide an immediate response to any arising emergency

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

P.E. Stephenson

M.B. Dalling

Full name(s)

Philip Edward Stephenson

Martin Brian Dalling

Position (eg Secretary, Chair, etc)

Chair

TRUSTEE

Date

30th October 2022

LAMMAS STREET CENTRE, CARMARTHEN

England & Wales - Charity number 1169514

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	01	January	2020	To	31	December	2020

Section A Reference and administration details

Charity name

Lammas Street Centre, Carmarthen

Other names charity is known by

-

Registered charity number (if any)

1169514

Charity's principal address

Lammas Street Centre, English Baptist Church
 Lammas Street
 Carmarthen
Postcode SA31 3AD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Stephenson	Chairperson		
2	Martin Dalling			
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
-	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	Charitable Incorporated Organisation
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Elected by membership

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> policies and procedures adopted for the induction and training of trustees; the charity's organisational structure and any wider network with which the charity works; relationship with any related parties; trustees' consideration of major risks and the system and procedures to manage them. 	<p>Following the retirement resignation of Mrs. Janet Mock as a Trustee, a non-church connected replacement candidate was chosen, but had not been appointed before the Covid-19 pandemic struck with its associated risks and restrictions. With the candidate falling into a high risk Covid- 19 category, and the suspension of many of the charity's activities, the appointment was not formalised during the year.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-</p> <p>(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.</p>

- (b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not).
- (c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre.
- (d) To do all things deemed to be charitable in furtherance of the above objects.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities:

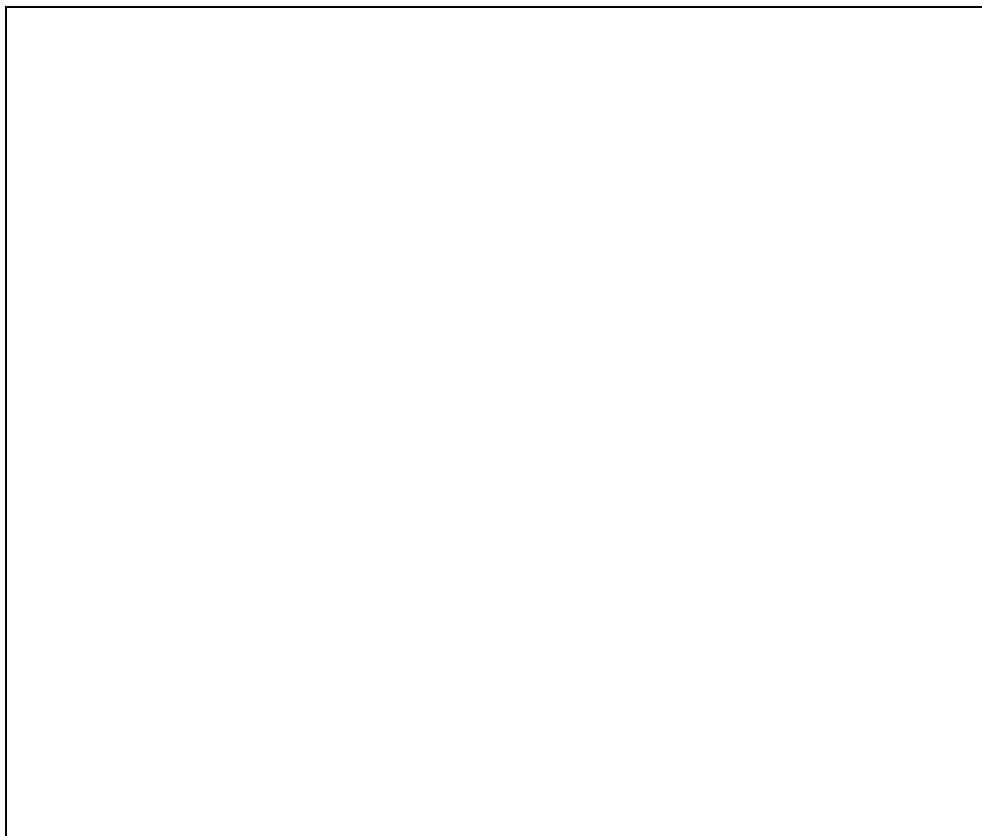
- 1) Cellar Café – This provided appropriate people with free food and drink & an opportunity to socialise in area devoid of addiction related temptations. This function operated in an area used as a public café which as well as providing a safe area for lonely people to meet was a source of income provided by the paying general public. The declaration of the Covid-19 as a pandemic and subsequently imposed lockdown restrictions meant this activity was suspended for the remainder of the year.
- 2) Christmas Day Dinner – As a result of the Covid-19 pandemic and its associated restrictions our traditional Christmas Day dinner could not be offered in its usual format. However, a take-away version was prepared and collected or delivered to some 65 families on 25th December.
- 3) Provided the facilities for the use of local groups supporting and helping people with physical challenges or mental health issues. These activities too were suspended following the imposition of Covid-19 restrictions.
- 4) Offered space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate. The pandemic restrictions meant, in practice, little use was able to be made of this facility.
- 5) Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items in response to referral to the project by recognised agencies in social welfare. This project, too, was severely impacted after March by the pandemic restrictions. Although not completely suspended, only a very limited emergency service was possible for the remainder of the year.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

- 1) Cellar Café – This operated once a week until the pandemic restrictions and periodic risk assessments resulted in a suspension of the services and facilities outlined in Section C above.
- 2) Christmas Day Dinner provided a take-away version of the traditional festive meal for 65 families.
- 3) A local mental health support group used the facilities weekly whilst the local sight impaired group used the Centre once a month until the pandemic restrictions and periodic risk assessments resulted in a suspension of the services and facilities
- 4) Local bereavement counselling services had the use of the Centre and its facilities one day a week.
- 5) Fresh Start project as outlined in Section C above issued 28 vouchers and subsequently the requested items. This number which was much lower than usual due to the restrictions imposed by the Covid-19 pandemic.
- 6) Despite the curtailment of many activities by the Covid-19 pandemic and its associated restrictions, the Centre distributed a total of £9011 from raised funds to 18 local, national and UK based international projects/organisations.

Section E Financial review

Brief statement of the charity's policy on reserves

The Centre aims to hold a reserve of £20K against equipment failure and to provide for an immediate response to any arising emergency.

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)	Chair	
Date	27 th October 2021	

Section E Financial review

Brief statement of the charity's policy on reserves

The Centre aims to hold a reserve of £20K against equipment failure and to provide for an immediate response to any arising emergency.

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:


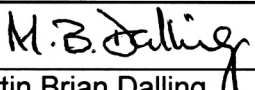
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Philip Edward Stephenson	Martin Brian Dalling
Position (eg Secretary, Chair, etc)	Chair	TRUSTEE

Date 27th October 2021

