

METANOIA PROJECT

England & Wales - Charity number 1169470

Details

Status Registered

Legal form CIO

Registered 2016-10-04

Register [View on the Charity Commission register](#)

Contact

Address Metanoia Project
1 Chapel Street
Preston
PR1 8BU

Phone 07957566741

Email team@metanoiaproject.co.uk

Website www.metanoiaproject.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE THE ADVANCEMENT OF THE CHRISTIAN RELIGION WITHIN THE UNITED KINGDOM IN ACCORDANCE WITH THE DOCTRINES AND POLICIES OF THE ROMAN CATHOLIC CHURCH, FOR THE PUBLIC BENEFIT.

Activities: Working to foster the Christian message in the local community in age appropriate groups through residential and non residential communities.Reaching out to the local community in practical ways.Offering opportunities to all members of the local community to engage with the project at what ever level they are comfortable with.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Religious Activities
- **Who:** Children/young People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£119,944	£117,779	-	-
2023-08-31	£153,689	£147,297	-	-
2022-03-31	£65,767	£64,817	-	-
2021-03-31	£33,728	£36,099	-	-
2020-03-31	£39,899	£38,707	-	-

Trustees

Name	Role	Appointed
Rev LUIZ RUSCILLO	Chair	2018-07-19
Christine Burgess		2020-12-30
David Alcock		2020-10-22
HELEN MARIE CROSS		2016-06-28

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England & Wales - Charity number 1169470

Accounts

METANOIA PROJECT

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS**

YEAR ENDED 31 AUGUST 2024

CHARITY NUMBER 1169470

Metanoia Project

Trustees' Report for the year ended 31 August 2024

The Trustees present their report for the year ended 31 August 2024.

Public Benefit

In preparing this report the Trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe that the objectives, activities and achievements set out below indicate that the Charity is providing a public benefit as defined by the Charity Commission guidance.

History

The Metanoia Project is a Charitable Incorporated Organisation (CIO). The objects of the CIO are the advancement of the Christian religion within the United Kingdom in accordance with the doctrines and policies of the Roman Catholic Church, for the public benefit.

The Metanoia Project charity was formed as a Charity in June 2016 and became a registered Charity in England and Wales on 4 October 2016. The new Charity took over the work of the similarly named Metanoia Project that Ruth and Joseph White set up in 2011 in the Preston area. Ruth and Joe White transferred to the Charity their drive and vision for the future of the project and are now employed by the Charity as Project Directors.

This report and the attached accounts cover the year to 31 August 2024.

Objectives and Activities

The Vision of the Metanoia Project is to build a vibrant, faith filled, evangelistic community who help to bring about the Kingdom of God through both proclamation and service. Focussed on transforming their local area and the lives of those around them, they will become a light for and the centre of the wider community

To further this vision The Metanoia Project carries out its purposes:

- By establishing Christian Communities, comprising both residential and non-residential members, which are a place of witness, welcome and nurture for the local community.
- By working alongside local Schools, Parishes, Priests, People and other organisations in order to offer both initial proclamation of the Christian message and on-going discipleship to help build and strengthen the local Church.
- By facilitating age appropriate groups, for people of all ages, that offer opportunities for a deeper encounter with Christ which will inspire and envision Catholics to be excited about their faith, whilst equipping and supporting them to share that faith with others through both proclamation and very practical service within their local community.
- By developing a variety of training and discipleship programmes that lead people into relationship with Christ and His Church and enable personal growth.
- By creating and sustaining a variety of initiatives that reach out to the local community and find practical ways to meet their material, spiritual and emotional needs.

Metanoia Project

Trustees' Report for the year ended 31 August 2024

•By offering opportunities for all members of the local community to engage with the project at whatever level they are comfortable in order to provide an introduction to Christian work and Christian people.

Activities and achievements

Prior to the Charity being registered Joe and Ruth White had shaped and developed and delivered activities in the spirit of the New Evangelisation, 'new in its ardour, methods and expression'. (St. John Paul II, 1983).

The projects of the charity are underpinned by the rich tradition of Catholic Social Teaching and by the Papal Apostolic Exhortation Evangelii - 'The Joy of the Gospel' by Pope Francis. The Charity has continued to deliver these activities while continually reviewing and updating their content.

The main activities are:

- **Adult Formation**
- **Young Leaders Formation**
- **Children and Young People's Activities**
- **Homeless Outreach**
- **Leading Worship**
- **Leading School Programmes**
- **Families and Young Children's Activities**
- **Providing chaplaincy services for a local high school and the local university**

The Charity relies on the work done by volunteers to assist in delivering these activities and to further the aims and objectives of the Charity.

Review of Activities and Looking to the future

The Charity continues to provide Chaplaincy services to a local Catholic High School. The Chaplaincy assistant recruited in September 2022 continues in post for the academic year 2024/25 and has proved a huge asset to the project freeing up the time of the Project Directors.

The project also provides the Students at UCLAN University with Chaplaincy services and the number of Students involved has seen a satisfying increase. This is being funded jointly by Lancaster RC Diocese and St Wilfrid's RC parish in Preston.

I January 2025 the project took over the running of a homeless service providing a cooked meal on Tuesday evening in the centre of Preston. This adds to the services for the homeless which have been provided on a Wednesday evening for several years and funds relating to both these services will be accounted for through the restricted fund.

The Charity has long had a desire to set up a community house. While this was achieved in 2022-23, it was not possible to recruit suitable participants in the year covered by this report

Metanoia Project

Trustees' Report for the year ended 31 August 2024

or the current academic year. A further attempt to recruit participants to start in September 2025 will be made in spring/summer 2025.

Financial Review

During the period the Charity has received £2,997 which was donated specifically to fund the Homeless Outreach programme. The Trustees have decided that the Homeless Outreach funds should be accounted for in a Restricted Fund and all expenses, including staff costs, incurred in that project be set against the restricted fund donations.

All other income and expenditure is accounted for in the Unrestricted Fund.

Unrestricted Fund

Income credited to this fund of £115,947 is made up of donations from individuals and charitable organisations and contributions received for services provided. After expenses of £113,782 have been debited the fund has increased by £2,165 as at 31 August 2024.

Restricted Fund

This is the fund set up to account for monies donated for the Homeless Outreach. Income of £3,997 was received. After expenses of £3,997 have been debited the fund has a balance at 31 August 2024 of £0.

Balance Sheet

The Total of the Unrestricted and Restricted Funds of £21,043 are represented by Bank and Cash balances and monies due to the Charity less short-term liabilities which include a loan from Joe and Ruth White of £2,912

Going concern

The Trustees consider that the Charity is a going concern.

Reserves

The reserves carried forward at the end of the period are £21,043 and are considered by the Trustees to be adequate to cover the short-term needs of the Charity.

Gift Aid

The Charity relies heavily on donations and where individual donors have signed appropriate gift aid declarations gift aid is reclaimed from the Inland Revenue. It is intended to apply for grant funding to fund future projects.

Metanoia Project

Trustees' Report for the year ended 31 August 2024

Structure Governance and Management

The Charity is governed by a trust deed signed on 28 June 2016 which sets up the Charity as a Charitable Incorporated Organisation (CIO). The first Trustees were appointed for varying terms of office, but any further Trustees will be appointed for three-year terms of office. Trustees are to be appointed by majority resolution at a properly convened meeting of the Charity Trustees. The Charity was registered by the Charity Commission on 4 October 2016.

Reference and Administrative details

The Charity name is - Metanoia Project

Registered Charity number – 1169470

The principle address is – 1 Chapel Street, Preston, PR1 8BU

The Charity's Trustees who acted during the period are as follows:

	Appointed	Retired
Canon Luiz Ruscillo	Chairman 19 July 2018	
Mrs Helen Cross	Treasurer 28 June 2016	
Miss Christine Burgess	30 July 2020	
Mr David Alcock	22 October 2020	

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature _____

Full name _____

Position _____

Date _____

Independent Examiners' Report for the year ended 31 August 2024

I report on the accounts of the charity for the year ended 31 August 2024, which are set out on pages 7-12.

Respective responsibilities of Trustees and examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedure laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the Charities Act 2006; and
 - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met:
- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Metanoia Project

Independent Examiners' Report for the year ended 31 August 2024

S M Robinson ACA
CHAMPION
Chartered Accountants
Preston

7-9 Station Road
Hesketh Bank
Preston
PR4 6SN

Date:

Metanoia Project

Statement of Financial Affairs for the year ended 31 August 2024

		Year to 31 August 2024			17 months to 31 August 2023
	Note	General Fund £	Homeless Fund £	Total £	£
Incoming Resources					
Income from:					
Donations	1	31627	3997	35624	54396
Charitable activities	2	84320	0	84320	99293
Total		<u>115947</u>	<u>3997</u>	<u>119944</u>	<u>153689</u>
Resources expended					
Expenditure on:					
Charitable activities	3	113782	3997	117779	147297
Total		<u>113782</u>	<u>3997</u>	<u>117779</u>	<u>147297</u>
Net Income/(expenditure)		2165	0	2165	6392
Extraordinary items		0	0	0	0
Transfers between funds		0	0	0	0
Net movement in funds		<u>2165</u>	<u>0</u>	<u>2165</u>	<u>6392</u>
Reconciliation of funds					
Total funds brought forward		18878	0	18878	12486
Total funds carried forward		<u>21043</u>	<u>0</u>	<u>21043</u>	<u>18878</u>

The notes on pages 9 to 12 form part of these financial statements.

Metanoia Project

Balance sheet as at 31 August 2024

		31 August 2024	31 August 2023
		£	£
	Note		
Current assets			
Debtors	4	12426	4333
Cash at bank and in hand	5	14664	19862
Total current assets		<u>27090</u>	<u>24195</u>
		————	————
Creditors			
Amounts falling due within one year	6	(6047)	(5317)
Total net assets		<u>21043</u>	<u>18878</u>
		————	————
Funds of the Charity			
Restricted fund	7	0	0
Unrestricted fund		21043	18878
Total funds		<u>21043</u>	<u>18878</u>
		————	————

The notes on pages 9 to 12 form part of these financial statements.

Basis of preparation and assessment of going concern

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011. Exceptions to the requirements therein have been noted within the notes to the financial statements. The Charity constitutes a public benefit entity as defined by FRS102.

The accounts have been prepared in accordance with the historical cost convention as modified by the revaluation of land and buildings and investments.

The Trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern in the foreseeable future. The Trustees have addressed whether the use of the going concern assumption is appropriate in preparing the accounts. The Trustees have made this assessment in respect to a period of one year from the date of approval of these accounts. The view of the Trustees' is that they believe that the Charity is well placed to negotiate the current conditions and they are of the opinion that the Charity will have sufficient resources to meet its liabilities. After consideration of all the factors, the Trustees continue to adopt the going concern basis in preparing the financial statements.

Funds Structure

Within the Unrestricted Fund the trustees have established a restricted funds to account for funds donated to the Charity to provide services to the homeless in Preston area and for funds donated for the renovation of the community house.

Income Recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations, Legacies and Other Voluntary Income are credited to the Statement of Financial Activities as they become receivable.

Where funds are received for a specific purpose as defined by the donor, these are credited to a restricted fund, and are matched against expenditure incurred with the purpose specified.

Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

Allocation of Expenditure

Allocation of expenditure to cost of generating funds, direct charitable costs, governance costs, and other resources expended have been made on a basis consistent with the nature of the expenditure giving consideration to the application, directly or otherwise, to external charitable causes.

Metanoia Project

Accounting policies for the year ended 31 August 2024 (cont)

VAT

Irrecoverable VAT is charged against the expenditure heading on which it was incurred.

Tangible Fixed Assets and Depreciation

All tangible fixed assets of the charity are considered by the Trustees as having a useful life of less than 5 years and are therefore written of in the year of acquisition.

Metanoia Project

Notes to the accounts for the year ended 31 August 2024

	Year to 31 August 2024			17 months to 31 August 2023
	General Fund £	Homeless Fund £	Total £	£
1. Income from Donations				
Donations from individuals	31127	3497	34624	52496
Donations from other charities	500	500	1000	1900
	<u>31627</u>	<u>3997</u>	<u>35624</u>	<u>54396</u>
2. Income from charitable Activities				
Contributions received for Services provided	81699	0	81699	96153
Sundry income	2621	0	2621	3140
	<u>84320</u>	<u>0</u>	<u>84320</u>	<u>99293</u>
3. Resources expended on charitable Activities				
Expenses incurred on activities	10799	1425	12224	24728
House renovation costs	0	0	0	9397
Staff costs	92115	2572	94687	102322
Premises and office costs	9937	0	9937	9855
Travel and parking	650	0	650	955
Trustee expenses	0	0	0	39
Professional expenses	281	0	281	0
	<u>113782</u>	<u>3997</u>	<u>117779</u>	<u>147296</u>
4. Debtors				
Monies due to be received	9749	0	9749	2563
Gift aid claim due	1473	0	1473	1722
Prepayments	1204	0	1204	48
	<u>12426</u>	<u>0</u>	<u>12426</u>	<u>4333</u>

Metanoia Project

Notes to the accounts for the year ended 31 August 2024

	Year to 31 August 2024			17 months to
	General Fund £	Homeless Fund £	Total £	31 August 2023 £
5. Cash at bank and in hand				
Cash at bank	14568	0	14568	19230
Cash in hand	96	0	96	632
	<u>14664</u>	<u>0</u>	<u>14664</u>	<u>19862</u>

6. Creditors

Accrued expenses	600	0	600	500
H M Revenue and Customs	2535	0	2535	1977
Short term loan	2912	0	2912	2840
	<u>6047</u>	<u>0</u>	<u>6047</u>	<u>5317</u>

7. Restricted fund

The restricted fund represents the remaining funds held for the continuation of the homeless outreach programme.

8. Analysis of net assets between funds

	Current Assets £	Current liabilities £	Total £
General fund	27090	(6047)	21043
Homeless fund	0	0	0
	<u>27090</u>	<u>(6047)</u>	<u>21043</u>

METANOIA PROJECT

England & Wales - Charity number 1169470

Accounts

METANOIA PROJECT

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS**

PERIOD ENDED 31 AUGUST 2023

CHARITY NUMBER 1169470

Metanoia Project

Trustees' Report for the period ended 31 August 2023

The Trustees present their report for the period ended 31 August 2023.

Public Benefit

In preparing this report the Trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe that the objectives, activities and achievements set out below indicate that the Charity is providing a public benefit as defined by the Charity Commission guidance.

History

The Metanoia Project is a Charitable Incorporated Organisation (CIO). The objects of the CIO are the advancement of the Christian religion within the United Kingdom in accordance with the doctrines and policies of the Roman Catholic Church, for the public benefit.

The Metanoia Project charity was formed as a Charity in June 2016 and became a registered Charity in England and Wales on 4 October 2016. The new Charity took over the work of the similarly named Metanoia Project that Ruth and Joseph White set up in 2011 in the Preston area. Ruth and Joe White transferred to the Charity their drive and vision for the future of the project and are now employed by the Charity as Project Directors.

This report and the attached accounts cover the 17 months to 31 August 2023.

Objectives and Activities

The Vision of the Metanoia Project is to build a vibrant, faith filled, evangelistic community who help to bring about the Kingdom of God through both proclamation and service. Focussed on transforming their local area and the lives of those around them, they will become a light for and the centre of the wider community

To further this vision The Metanoia Project carries out its purposes:

- By establishing Christian Communities, comprising both residential and non-residential members, which are a place of witness, welcome and nurture for the local community.
- By working alongside local Schools, Parishes, Priests, People and other organisations in order to offer both initial proclamation of the Christian message and on-going discipleship to help build and strengthen the local Church.
- By facilitating age appropriate groups, for people of all ages, that offer opportunities for a deeper encounter with Christ which will inspire and envision Catholics to be excited about their faith, whilst equipping and supporting them to share that faith with others through both proclamation and very practical service within their local community.
- By developing a variety of training and discipleship programmes that lead people into relationship with Christ and His Church and enable personal growth.
- By creating and sustaining a variety of initiatives that reach out to the local community and find practical ways to meet their material, spiritual and emotional needs.

Metanoia Project

Trustees' Report for the period ended 31 August 2023

•By offering opportunities for all members of the local community to engage with the project at whatever level they are comfortable in order to provide an introduction to Christian work and Christian people.

Activities and achievements

Prior to the Charity being registered Joe and Ruth White had shaped and developed and delivered activities in the spirit of the New Evangelisation, 'new in its ardour, methods and expression'. (St. John Paul II, 1983).

The projects of the charity are underpinned by the rich tradition of Catholic Social Teaching and by the Papal Apostolic Exhortation Evangelii - 'The Joy of the Gospel' by Pope Francis. The Charity has continued to deliver these activities while continually reviewing and updating their content.

The main activities are:

- **Adult Formation**
- **Young Leaders Formation**
- **Children and Young People's Activities**
- **Homeless Outreach**
- **Leading Worship**
- **Leading School Programmes**
- **Families and Young Children's Activities**

The Charity relies on the work done by volunteers to assist in delivering these activities and to further the aims and objectives of the Charity.

Looking to the future

The Charity has long had a desire to set up a community house, and this became a reality in the period covered by these accounts. Three young people known as missionaries, were recruited to live together in community and work as volunteers with the Charity. They completed their year in summer 2023. The Charity advertised for further young people to start a years volunteering in September 2023 but had a very response and it was decided to have a year without Missionaries and try and fill the roles in the 2024-25 year.

The Charity continues to provide Chaplaincy services to a local Catholic High School. The Chaplaincy assistant recruited in September 2022 continues in post for the academic year 2023-24 and has proved a successful appointment freeing up the time of the Project Directors. The project also provides the Students at UCAN University with Chaplaincy services and the number of Students involved has seen a satisfying increase. This is being funded jointly by Lancaster RC Diocese and St Wilfrid's RC parish in Preston.

Metanoia Project

Trustees' Report for the period ended 31 August 2023

Financial Review

During the period the Charity has received £3,672 which was donated specifically to fund the Homeless Outreach programme. The Trustees have decided that the Homeless Outreach funds should be accounted for in a Restricted Fund and all expenses, including staff costs, incurred in that project be set against the restricted fund donations.

The Income and expenditure relating to the renovation and running of the community house are also accounted for in a separate fund. All other income and expenditure is accounted for in the Unrestricted Fund.

Unrestricted Fund

Income credited to this fund of £147,017 is made up of donations from individuals and from charitable organisations and contributions received for services provided. After expenses of £134,228 have been debited the fund has decreased by £12,789 as at 31 August 2023.

Restricted Fund

This is the fund set up to account for monies donated for the Homeless Outreach. Income of £3,672 was received. After expenses of £3,672 have been debited the fund has a balance at 31 August 2023 of £0.

House Renovation fund

The owner of the house donated a further £3,000 to cover additional costs incurred for the renovation of the property and £9,397 has been spent in the year (£6,397 having been carried forward from the previous accounting year. The fund now stands at £0

Balance Sheet

The Total of the Unrestricted and Restricted Funds of £18,878 are represented by Bank and Cash balances and monies due to the Charity less short-term liabilities which include a loan from Joe and Ruth White of £2,840.

Going concern

The Trustees consider that the Charity is a going concern.

Reserves

The reserves carried forward at the end of the period are £18,878 and are considered by the Trustees to be adequate to cover the short-term needs of the Charity.

Gift Aid

The Charity relies heavily on donations and where individual donors have signed appropriate gift aid declarations gift aid is reclaimed from the Inland Revenue. It is intended to apply for grant funding to fund future projects.

Metanoia Project

Trustees' Report for the period ended 31 August 2023

Structure Governance and Management

The Charity is governed by a trust deed signed on 28 June 2016 which sets up the Charity as a Charitable Incorporated Organisation (CIO). The first Trustees were appointed for varying terms of office, but any further Trustees will be appointed for three-year terms of office. Trustees are to be appointed by majority resolution at a properly convened meeting of the Charity Trustees. The Charity was registered by the Charity Commission on 4 October 2016.

Reference and Administrative details

The Charity name is - Metanoia Project

Registered Charity number – 1169470

The principle address is – 1 Chapel Street, Preston, PR1 8BU

The Charity's Trustees who acted during the period are as follows:

		Appointed	Retired
Mr Charles Whitehead		28 June 2016	Retired July 2022
Canon Luiz Ruscillo	Chairman	19 July 2018	
Mrs Helen Cross	Treasurer	28 June 2016	
Miss Christine Burgess		30 July 2020	
Mr David Alcock		22 October 2020	

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature _____

Full name _____

Position _____

Date _____

Metanoia Project

Independent Examiners' Report for the period ended 31 August 2023

I report on the accounts of the charity for the period ended 31 August 2023, which are set out on pages 7-12.

Respective responsibilities of Trustees and examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedure laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the Charities Act 2006; and
 - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met:
- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Metanoia Project

Independent Examiners' Report for the period ended 31 August 2023

S M Robinson ACA
CHAMPION
Chartered Accountants
Preston

7-9 Station Road
Hesketh Bank
Preston
PR4 6SN

Date:

Metanoia Project

Statement of Financial Affairs for the period ended 31 August 2023

		Period to 31 August 2023				31 March
				House		
		General	Homeless	Renovation	Total	2022
		Fund	Fund	Fund	£	£
£	Note		£	£		£
Incoming Resources						
Income from:						
Donations	1	47724	3672	3000	54396	30227
Charitable activities	2	99293	0	0	99293	35540
Total		<u>147017</u>	<u>3672</u>	<u>3000</u>	<u>153689</u>	<u>65767</u>
Resources expended						
Expenditure on:						
Raising funds		0	0	0	0	0
Charitable activities	3	134228	3672	9397	147297	64816
Total		<u>134228</u>	<u>3672</u>	<u>9397</u>	<u>147297</u>	<u>64816</u>
Net Income/(expenditure)		12789	(0)	(6397)	6392	951
Extraordinary items		0	0	0	0	0
Transfers between funds		0	0	0	0	0
Net movement in funds		<u>12789</u>	<u>0</u>	<u>(6397)</u>	<u>6392</u>	<u>951</u>
Reconciliation of funds						
Total funds brought forward		6089	0	6397	12486	11535
Total funds carried forward		<u>18878</u>	<u>0</u>	<u>0</u>	<u>18878</u>	<u>12486</u>

The notes on pages 9 to 12 form part of these financial statements.

Balance sheet as at 31 August 2023

		31 August 2023	31 March 2022
		£	£
Current assets	Note		
Debtors	4	4333	5502
Cash at bank and in hand	5	19862	10247
Total current assets		<u>24195</u>	<u>15749</u>
Creditors			
Amounts falling due within one year	6	(5317)	(3263)
Total net assets		<u>18878</u>	<u>12486</u>
Funds of the Charity			
Restricted fund	7	0	0
House Renovation fund	7	0	6397
Unrestricted fund		18878	6088
Total funds		<u>18878</u>	<u>12486</u>

The notes on pages 9 to 12 form part of these financial statements.

Basis of preparation and assessment of going concern

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011. Exceptions to the requirements therein have been noted within the notes to the financial statements. The Charity constitutes a public benefit entity as defined by FRS102.

The accounts have been prepared in accordance with the historical cost convention as modified by the revaluation of land and buildings and investments.

The Trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern in the foreseeable future. The Trustees have addressed whether the use of the going concern assumption is appropriate in preparing the accounts. The Trustees have made this assessment in respect to a period of one year from the date of approval of these accounts. The view of the Trustees' is that they believe that the Charity is well placed to negotiate the current conditions and they are of the opinion that the Charity will have sufficient resources to meet its liabilities. After consideration of all the factors, the Trustees continue to adopt the going concern basis in preparing the financial statements.

Funds Structure

Within the Unrestricted Fund the trustees have established a restricted funds to account for funds donated to the Charity to provide services to the homeless in Preston area and for funds donated for the renovation of the community house.

Income Recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. Donations, Legacies and Other Voluntary Income are credited to the Statement of Financial Activities as they become receivable.

Where funds are received for a specific purpose as defined by the donor, these are credited to a restricted fund, and are matched against expenditure incurred with the purpose specified.

Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

Allocation of Expenditure

Allocation of expenditure to cost of generating funds, direct charitable costs, governance costs, and other resources expended have been made on a basis consistent with the nature of the expenditure giving consideration to the application, directly or otherwise, to external charitable causes.

Accounting policies for the period ended 31 August 2023 (cont)

VAT

Irrecoverable VAT is charged against the expenditure heading on which it was incurred.

Tangible Fixed Assets and Depreciation

All tangible fixed assets of the charity are considered by the Trustees as having a useful life of less than 5 years and are therefore written of in the year of acquisition.

Metanoia Project

Notes to the accounts for the period ended 31 August 2023

	Year to 31 August 2023				31 March 2022
	General Fund	Homeless Fund	House Renovation Fund	Total	
	£	£	£	£	£
1. Income from Donations					
Donations from individuals	47224	2272	3000	52496	27907
Donations from other charities	500	1400	0	1900	2320
	<u>47724</u>	<u>3672</u>	<u>3000</u>	<u>54396</u>	<u>30227</u>
2. Income from charitable Activities					
Contributions received for					
Services provided	96153	0	0	96153	35228
Sundry income	3140	0	0	3140	312
	<u>99293</u>	<u>0</u>	<u>0</u>	<u>99293</u>	<u>35540</u>
3. Resources expended on charitable Activities					
Expenses incurred on activities	23108	1620	0	24728	7648
House renovation costs	0	0	9397	9397	3603
Staff costs	100270	2052	0	102322	47776
Premises and office costs	9855	0	0	9855	4964
Travel and parking	955	0	0	955	(10)
Trustee expenses	39	0	0	39	229
Professional expenses	0	0	0	0	606
	<u>134227</u>	<u>3672</u>	<u>9397</u>	<u>147296</u>	<u>64816</u>
4. Debtors					
Monies due to be received	2563	0	0	2563	4433
Gift aid claim due	1722	0	0	1722	961
Prepayments	48	0	0	48	108
	<u>4333</u>	<u>0</u>	<u>0</u>	<u>4333</u>	<u>5502</u>

	Year to 31 August 2023				31 March 2022
	General Fund £	Homeless Fund £	House Renovation Fund £	Total £	
5. Cash at bank and in hand					
Cash at bank	19230	0	0	19230	9839
Cash in hand	632	0	0	632	408
	<u>19862</u>	<u>0</u>	<u>0</u>	<u>19862</u>	<u>10247</u>

6. Creditors

Accrued expenses	500	0	0	500	172
H M Revenue and Customs	1977	0	0	1977	192
Short term loan	2840	0	0	2840	2900
	<u>5317</u>	<u>0</u>	<u>0</u>	<u>5317</u>	<u>3264</u>

7. Restricted fund

The restricted fund represents the remaining funds held for the continuation of the homeless outreach programme.

8. Analysis of net assets between funds

	Current Assets £	Current liabilities £	Total £
General fund	24195	(5317)	18878
Homeless fund	0	0	0
House renovation fund			
	<u>24195</u>	<u>(5317)</u>	<u>18878</u>

METANOIA PROJECT

England & Wales - Charity number 1169470

Accounts

METANOIA PROJECT

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2022

CHARITY NUMBER 1169470

Trustees' Report for the year ended 31 March 2022

The Trustees present their report for the period ended 31 March 2022.

Public Benefit

In preparing this report the Trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe that the objectives, activities and achievements set out below indicate that the Charity is providing a public benefit as defined by the Charity Commission guidance.

History

The Metanoia Project is a Charitable Incorporated Organisation (CIO). The objects of the CIO are the advancement of the Christian religion within the United Kingdom in accordance with the doctrines and policies of the Roman Catholic Church, for the public benefit.

The Metanoia Project charity was formed as a Charity in June 2016 and became a registered Charity in England and Wales on 4 October 2016. The new Charity took over the work of the similarly named Metanoia Project that Ruth and Joseph White set up in 2011 in the Preston area. Ruth and Joe White transferred to the Charity their drive and vision for the future of the project and are now employed by the Charity as Project Directors.

This report and the attached accounts cover the year to 31 March 2022.

Objectives and Activities

The Vision of the Metanoia Project is to build a vibrant, faith filled, evangelistic community who help to bring about the Kingdom of God through both proclamation and service. Focussed on transforming their local area and the lives of those around them, they will become a light for and the centre of the wider community

To further this vision The Metanoia Project carries out its purposes:

- By establishing Christian Communities, comprising both residential and non-residential members, which are a place of witness, welcome and nurture for the local community.
- By working alongside local Schools, Parishes, Priests, People and other organisations in order to offer both initial proclamation of the Christian message and on-going discipleship to help build and strengthen the local Church.
- By facilitating age appropriate groups, for people of all ages, that offer opportunities for a deeper encounter with Christ which will inspire and envision Catholics to be excited about their faith, whilst equipping and supporting them to share that faith with others through both proclamation and very practical service within their local community.
- By developing a variety of training and discipleship programmes that lead people into relationship with Christ and His Church and enable personal growth.

•By creating and sustaining a variety of initiatives that reach out to the local community and find practical ways to meet their material, spiritual and emotional needs.

Metanoia Project

Trustees' Report for the year ended 31 March 2022

•By offering opportunities for all members of the local community to engage with the project at whatever level they are comfortable in order to provide an introduction to Christian work and Christian people.

Activities and achievements

Prior to the Charity being registered Joe and Ruth White had shaped and developed and delivered activities in the spirit of the New Evangelisation, 'new in its ardour, methods and expression'. (St. John Paul II, 1983).

The projects of the charity are underpinned by the rich tradition of Catholic Social Teaching and by the Papal Apostolic Exhortation Evangelii - 'The Joy of the Gospel' by Pope Francis.

The Charity has continued to deliver these activities while continually reviewing and updating their content.

The main activities are:

- **Adult Formation**
- **Young Leaders Formation**
- **Children and Young People's Activities**
- **Homeless Outreach**
- **Leading Worship**
- **Leading School Programmes**
- **Families and Young Children's Activities**

Following the disruption caused by the COVID 19 pandemic all the normal activities of the Charity have now recommenced.

The Charity relies on the work done by volunteers to assist in delivering these activities and to further the aims and objectives of the Charity.

Looking to the future

The Charity has long had a desire to set up a community house, and this has been made possible by a supporter of the Charity donating the use of a residential house in Preston at a peppercorn rent. The renovations needed and paid for by the landlord, are now nearing completion and three young people have been recruited for a gap year programme where they will live together in community and volunteer on the various Charity programmes.

The Charity continues to provide Chaplaincy services to a local Catholic High School. This has taken up a lot of the time of the project directors and going forward a chaplaincy assistant has been recruited to start in August /September 2022 and work within the school and also with the Students at

UCAN. This is being funded jointly by Lancaster RC Diocese and St Wilfrid's RC parish in Preston.

Metanoia Project

Trustees' Report for the year ended 31 March 2022

Financial Review

During the period the Charity has received £2,907 which was donated specifically to fund the Homeless Outreach programme. The Trustees have decided that the Homeless Outreach funds should be accounted for in a Restricted Fund and all expenses, including staff costs, incurred in that project be set against the restricted fund donations. The Income and expenditure relating to the renovation and running of the community house are also accounted for in a separate fund. All other income and expenditure is accounted for in the Unrestricted Fund.

Unrestricted Fund

Income credited to this fund of £52,860 is made up of donations from individuals and from charitable organisations and contributions received for services provided. After expenses of £58,307 have been debited the fund has decreased by £5,447 as at 31 March 2022.

Restricted Fund

This is the fund set up to account for monies donated for the Homeless Outreach. Income of £2,907 was received. After expenses of £2,907 have been debited the fund has a balance at 31 March 2022 of £0.

House Renovation fund

The owner of the house has donated £10,000 for the renovation of the property and £3,603 has been spent in the year. The remaining balance of £6,397 will be spent in the coming year

Balance Sheet

The Total of the Unrestricted and Restricted Funds of £12,485 are represented by Bank and Cash balances and monies due to the Charity less short-term liabilities which include a loan from Joe and Ruth White of £2,900.

Going concern

The Trustees consider that the Charity is a going concern.

Reserves

The reserves carried forward at the end of the period are £12,485 and are considered by the Trustees to be adequate to cover the short-term needs of the Charity.

Gift Aid

The Charity relies heavily on donations and where individual donors have signed appropriate gift aid declarations gift aid is reclaimed from the Inland Revenue. It is intended to apply for grant funding to fund future projects.

Metanoia Project

Trustees’ Report for the year ended 31 March 2022

Structure Governance and Management

The Charity is governed by a trust deed signed on 28 June 2016 which sets up the Charity as a Charitable Incorporated Organisation (CIO). The first Trustees were appointed for varying terms of office, but any further Trustees will be appointed for three year terms of office. Trustees are to be appointed by majority resolution at a properly convened meeting of the Charity Trustees. The Charity was registered by the Charity Commission on 4 October 2016.

Reference and Administrative details

The Charity name is - Metanoia Project
Registered Charity number – 1169470
The principle address is - 1 Chapel Street, Preston, PR1 8BU

The Charity’s Trustees who acted during the period are as follows:

		Appointed	Retired
Mr Charles Whitehead	Chairman	28 June 2016	
Canon Luiz Ruscillo		19 July 2018	
Mrs Helen Cross	Treasurer	28 June 2016	
Miss Christine Burgess		30 July 2020	
Mrs Jennifer Murphy		30 July 2020	Retired August 2021
Mr David Alcock		22 October 2020	

Declaration

The Trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature _____

Full name _____

Position _____

Date _____

Metanoia Project

Independent Examiners' Report for the year ended 31 March 2022

I report on the accounts of the charity for the year ended 31 March 2022 which are set out on pages 7-12.

Respective responsibilities of Trustees and examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedure laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect, the requirements:

- To keep accounting records in accordance with section 130 of the Charities Act 2006; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met:

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Metanoia Project

Independent Examiners' Report for the year ended 31 March 2021

S M Robinson ACA
CHAMPION TLL
Chartered Accountants
Preston

7-9 Station Road
Hesketh Bank
Preston
PR4 6SN

Date:

Metanoia Project

Statement of Financial Affairs for the year ended 31 March 2022

		Year to 31 March 2022				
		General	House Homeless		Renovation	Total
31 March		Fund	Fund	Fund	Fund	Fund
2021	Note	£	£	£	£	£
Incoming Resources						
Income from:						
Donations	1	17320	2907	10000	30227	27529
Charitable activities	2	35540	0	0	35540	6199
Total		<u>52860</u>	<u>2907</u>	<u>10000</u>	<u>65767</u>	<u>33728</u>
Resources expended						
Expenditure on:						
Raising funds		0	0	0	0	588
Charitable activities	3	58307	2907	3603	64817	35511
Separate material item of expense			0	0	0	0
Total		<u>58307</u>	<u>2907</u>	<u>3603</u>	<u>64817</u>	<u>36099</u>
Net Income/(expenditure)			(5447)	(0)	6397	950
						(2371)
Extraordinary items		0	0	0	0	0
Transfers between funds			0	0	0	0
						0
Net movement in funds			<u>(5447)</u>	<u>0</u>	<u>6397</u>	<u>950</u>
						(2371)
Reconciliation of funds						
Total funds brought forward		11535	0	0	11535	13906
Total funds carried forward		<u>6088</u>	<u>0</u>	<u>6397</u>	<u>12485</u>	<u>11535</u>

The notes on pages 9 to 12 form part of these financial statements.

Metanoia Project

Balance sheet as at 31 March 2022

		31 March 2022	31 March 2021
		£	£
Current assets	Note		
Debtors	4	5502	1421
Cash at bank and in hand	5	10247	13848
Total current assets		<u>15748</u>	<u>15269</u>
		—	—
Creditors			
Amounts falling due within one year (3734)	6		(3262)
Total net assets		<u>12486</u>	<u>11535</u>
		—	—
Funds of the Charity			
Restricted fund	7	0	0
House Renovation fund	7	6397	0
Unrestricted fund		6089	11535
Total funds		<u>12486</u>	<u>11535</u>
		—	—

The notes on pages 9 to 12 form part of these financial statements.

Metanoia Project

Accounting policies for the year ended 31 March 2022

Basis of preparation and assessment of going concern

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011. Exceptions to the requirements therein have been noted within the notes to the financial statements. The Charity constitutes a public benefit entity as defined by FRS102.

The accounts have been prepared in accordance with the historical cost convention as modified by the revaluation of land and buildings and investments.

The Trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern in the foreseeable future. The Trustees have addressed whether the use of the going concern assumption is appropriate in preparing the accounts. The Trustees have made this assessment in respect to a period of one year from the date of approval of these accounts. As part of their going concern assessment the Trustees have considered the on-going situation regarding COVID-19. The view of the Trustees' is that they believe that the Charity is well placed to negotiate the current conditions and they are of the opinion that the Charity will have sufficient resources to meet its liabilities. After consideration of all the factors, the Trustees continue to adopt the going concern basis in preparing the financial statements.

Funds Structure

Within the Unrestricted Fund the trustees have established a restricted funds to account for funds donated to the Charity to provide services to the homeless in Preston area and for funds donated for the renovation of the community house.

Income Recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. Donations, Legacies and Other Voluntary Income are credited to the Statement of Financial Activities as they become receivable.

Where funds are received for a specific purpose as defined by the donor, these are credited to a restricted fund, and are matched against expenditure incurred with the purpose specified.

Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is

probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

Allocation of Expenditure

Allocation of expenditure to cost of generating funds, direct charitable costs, governance costs, and other resources expended have been made on a basis consistent with the nature of the expenditure giving consideration to the application, directly or otherwise, to external charitable causes.

Metanoia Project

Accounting policies for the year ended 31 March 2022 (cont)

VAT

Irrecoverable VAT is charged against the expenditure heading on which it was incurred.

Tangible Fixed Assets and Depreciation

All tangible fixed assets of the charity are considered by the Trustees as having a useful life of less than 5 years and are therefore written off in the year of acquisition.

Metanoia Project

Notes to the accounts for the year ended 31 March 2022

Year to 31 March 2022					
31 March 2021	General	House		Total	
	Fund	Fund	Homeless	Renovation	Fund
£	£	£	£	£	£
1. Income from Donations					
Donations from individuals	15820	2087	10000	27907	19063
Donations from other charities	1500	820	0	2320	8466
	<u>17320</u>	<u>2907</u>	<u>10000</u>	<u>30227</u>	<u>27529</u>
2. Income from charitable Activities					
Contributions received for					
Services provided	35228	0	0	35228	5899
Sundry income	312	0	0	312	300
	<u>35540</u>	<u>9</u>	<u>0</u>	<u>35540</u>	<u>6199</u>
3. Resources expended on charitable Activities					
Expenses incurred on activities	6472	1176	0	7648	2971
House renovation costs	0	0	3603	3603	0
Staff costs	46045	1731	0	47776	28150
Premises and office costs	4964	0	0	4964	3278
Travel and parking	(10)	0	0	(10)	871
Trustee expenses	229	0	0	229	241
Professional expenses	606	0	0	606	0
	<u>58307</u>	<u>2907</u>	<u>3603</u>	<u>64817</u>	<u>35511</u>
Trustee's expenses are travel and subsistence expenses paid to one trustee					
4. Debtors					
Monies due to be received	4433	0	0	4433	0
Gift aid claim due	961	0	0	961	1313
Prepayments	108	0	0	108	108
	<u>5502</u>	<u>0</u>	<u>0</u>	<u>5502</u>	<u>1421</u>

Metanoia Project

Notes to the accounts for the year ended 31 March 2022

31 March 2021	Year to 31 March 2022				Total
	House			Total	
	General	Homeless	Renovation		
Fund	Fund	Fund	Fund		
£	£	£	£	£	

5. Cash at bank and in hand

Cash at bank	3442	0	6397	9839	13518
Cash in hand	408	0	0	408	330
	<u>3850</u>	<u>0</u>	<u>6397</u>	<u>10247</u>	<u>13848</u>

6. Creditors

Accrued expenses	171	0	0	171	650
H M Revenue and Customs	191	0	0	191	192
Short term loan	2900	0	0	2900	1892
	<u>3262</u>	<u>0</u>	<u>0</u>	<u>3262</u>	<u>2734</u>

7. Restricted fund

The restricted fund represents the remaining funds held for the continuation of the homeless outreach programme.

8. Analysis of net assets between funds

	Current Assets £	Current liabilities £	Total £
General fund	9352	(3263)	6089
Homeless fund	0	0	0

House renovation fund	6397	0	6397
	<u>15748</u>	<u>(3263)</u>	<u>12486</u>
	—	—	—

METANOIA PROJECT

England & Wales - Charity number 1169470

Accounts

METANOIA PROJECT

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2021

CHARITY NUMBER 1169470

Metanoia Project

Trustees' Report for the year ended 31 March 2021

The Trustees present their report for the period ended 31 March 2021.

Public Benefit

In preparing this report the Trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe that the objectives, activities and achievements set out below indicate that the Charity is providing a public benefit as defined by the Charity Commission guidance.

History

The Metanoia Project is a Charitable Incorporated Organisation (CIO). The objects of the CIO are the advancement of the Christian religion within the United Kingdom in accordance with the doctrines and policies of the Roman Catholic Church, for the public benefit.

The Metanoia Project charity was formed as a Charity in June 2016 and became a registered Charity in England and Wales on 4 October 2016. The new Charity took over the work of the similarly named Metanoia Project that Ruth and Joseph White set up in 2011 in the Preston area. Ruth and Joe White transferred to the Charity their drive and vision for the future of the project and are now employed by the Charity as Project Directors.

This report and the attached accounts cover the year to 31 March 2021.

Objectives and Activities

The Vision of the Metanoia Project is to build a vibrant, faith filled, evangelistic community who help to bring about the Kingdom of God through both proclamation and service. Focussed on transforming their local area and the lives of those around them, they will become a light for and the centre of the wider community

To further this vision The Metanoia Project carries out its purposes:

- By establishing Christian Communities, comprising both residential and non-residential members, which are a place of witness, welcome and nurture for the local community.
- By working alongside local Schools, Parishes, Priests, People and other organisations in order to offer both initial proclamation of the Christian message and on-going discipleship to help build and strengthen the local Church.
- By facilitating age appropriate groups, for people of all ages, that offer opportunities for a deeper encounter with Christ which will inspire and envision Catholics to be excited about their faith, whilst equipping and supporting them to share that faith with others through both proclamation and very practical service within their local community.
- By developing a variety of training and discipleship programmes that lead people into relationship with Christ and His Church and enable personal growth.
- By creating and sustaining a variety of initiatives that reach out to the local community and find practical ways to meet their material, spiritual and emotional needs.

Metanoia Project

Trustees' Report for the year ended 31 March 2021

•By offering opportunities for all members of the local community to engage with the project at whatever level they are comfortable in order to provide an introduction to Christian work and Christian people.

Activities and achievements

Prior to the Charity being registered Joe and Ruth White had shaped and developed and delivered activities in the spirit of the New Evangelisation, 'new in its ardour, methods and expression'. (St. John Paul II, 1983).

The projects of the charity are underpinned by the rich tradition of Catholic Social Teaching and by the Papal Apostolic Exhortation Evangelii - 'The Joy of the Gospel' by Pope Francis. The Charity has continued to deliver these activities while continually reviewing and updating their content.

The main activities are:

- **Adult Formation**
- **Young Leaders Formation**
- **Children and Young People's Activities**
- **Homeless Outreach**
- **Leading Worship**
- **Leading School Programmes**
- **Families and Young Children's Activities**

During the year the activities of the Charity have been severely curtailed by the Covid 19 pandemic and the resulting 'lock downs'. All group meetings ceased in March 2020, although the 'Homeless Outreach' was able to continue through out the year in a revised form to comply with Covid regulations on social distancing. The youth groups were restarted in 2021 and the numbers attending are increasing slowly.

The Charity relies on the work done by volunteers to assist in delivering these activities and to further the aims and objectives of the Charity.

Looking to the future

The Charity has long had a desire to set up a community house, and this has been made possible by a supporter of the Charity donating the use of a residential house in Preston at a peppercorn rent. After some renovations to the house, paid for by the landlord, it is intended to recruit up to four young people for a gap year programme where they will live together in community and volunteer on the various Charity programmes.

The Charity has agreed to provide Chaplaincy services to a local Catholic High School commencing in September 2021.

Metanoia Project

Trustees' Report for the year ended 31 March 2021

Financial Review

During the period the Charity has received £2,316 which was donated specifically to fund the Homeless Outreach programme. The Trustees have decided that the Homeless Outreach funds should be accounted for in a Restricted Fund and all expenses, including staff costs, incurred in that project be set against the restricted fund donations. All other income and expenditure is accounted for in the Unrestricted Fund.

Unrestricted Fund

Income credited to this fund of £31,412 is made up of donations from individuals and from charitable organisations and contributions received for services provided. After expenses of £33,536 have been debited the fund has decreased by £2,124 as at 31 March 2021.

Restricted Fund

This is the fund set up to account for monies donated for the Homeless Outreach. Income of £2,316 was received. After expenses of £2,563 have been debited the fund has decreased by £247 over the year to leave a balance of £0 as at 31 March 2021.

Balance Sheet

The Total of the Unrestricted and Restricted Funds of £11,535 are represented by Bank and Cash balances and monies due to the Charity less short-term liabilities which include a loan from Joe and Ruth White of £2,892.

Going concern

Having taken into account the effect of Covid-19 on the Charity, the Trustees consider that the Charity is a going concern.

Reserves

The reserves carried forward at the end of the period are £11,535 and are considered by the Trustees to be adequate to cover the short-term needs of the Charity.

Gift Aid

The Charity relies heavily on donations and where individual donors have signed appropriate gift aid declarations gift aid is reclaimed from the Inland Revenue. It is intended to apply for grant funding to fund future projects.

Structure Governance and Management

The Charity is governed by a trust deed signed on 28 June 2016 which sets up the Charity as a Charitable Incorporated Organisation (CIO). The first Trustees were appointed for varying terms of office but any further Trustees will be appointed for three year terms of office. Trustees are to be appointed by majority resolution at a properly convened meeting of the Charity Trustees. The Charity was registered by the Charity Commission on 4 October 2016.

Metanoia Project

Trustees' Report for the year ended 31 March 2021

Reference and Administrative details

The Charity name is - Metanoia Project
Registered Charity number – 1169470
The principle address is – 1 Chapel Street, Preston, PR1 8BU

The Charity's Trustees who acted during the period are as follows:

		Appointed	Retired
Mr Charles Whitehead	Chairman	28 June 2016	
Canon Luiz Ruscillo		19 July 2018	
Mrs Helen Cross	Treasurer	28 June 2016	
Mr Michael Crowther		28 June 2016	30 June 2020
Miss Christine Burgess		30 July 2020	
Mrs Jennifer Murphy		30 July 2020	
Mr David Alcock		22 October 2020	

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature _____

Full name _____

Position _____

Date _____

I report on the accounts of the charity for the year ended 31 March 2021, which are set out on pages 7-12.

Respective responsibilities of Trustees and examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedure laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect, the requirements:

- To keep accounting records in accordance with section 130 of the Charities Act 2006; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met:

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Metanoia Project

Independent Examiners' Report for the year ended 31 March 2021

S M Robinson ACA
CHAMPION
Chartered Accountants
Preston

4 Nile Close
Riversway
PR2 2XU

Date:

Metanoia Project

Statement of Financial Affairs for the year ended 31 March 2021

		Year to 31 March 2021			Year to 31 March 2020
	Note	£	£	£	£
Incoming Resources					
Income from:					
Donations	1	25213	2316	27529	20756
Charitable activities	2	6199	0	6199	19143
Total		<u>31412</u>	<u>2316</u>	<u>33728</u>	<u>39899</u>
Resources expended					
Expenditure on:					
Raising funds		588	0	588	0
Charitable activities		32948	2563	35511	38707
Separate material item of expense		0	0	0	0
Total		<u>33536</u>	<u>2563</u>	<u>36099</u>	<u>38707</u>
Net Income/(expenditure)		(2124)	(247)	(2371)	1192
Extraordinary items		0	0	0	0
Transfers between funds		0	0	0	0
Net movement in funds		<u>(2124)</u>	<u>(247)</u>	<u>(2371)</u>	<u>1192</u>
Reconciliation of funds					
Total funds brought forward		13659	247	13906	12714
Total funds carried forward		<u>11535</u>	<u>0</u>	<u>11535</u>	<u>13906</u>

Metanoia Project

Balance sheet as at 31 March 2021

		31 March 2021 £	31 March 2020 £
Current assets	Note		
Debtors	4	1421	1031
Cash at bank and in hand	5	13848	17802
Total current assets		<u>15269</u>	<u>18833</u>
Creditors			
Amounts falling due within one year	6	(3734)	(4927)
Total net assets		<u>11535</u>	<u>13906</u>
Funds of the Charity			
Restricted fund	7	0	247
Unrestricted fund		11535	13659
Total funds		<u>11535</u>	<u>13906</u>

Basis of preparation and assessment of going concern

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011. Exceptions to the requirements therein have been noted within the notes to the financial statements. The Charity constitutes a public benefit entity as defined by FRS102.

The accounts have been prepared in accordance with the historical cost convention as modified by the revaluation of land and buildings and investments.

The Trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern in the foreseeable future. The Trustees have addressed whether the use of the going concern assumption is appropriate in preparing the accounts. The Trustees have made this assessment in respect to a period of one year from the date of approval of these accounts. As part of their going concern assessment the Trustees have considered the on-going situation regarding COVID-19. The view of the Trustees' is that they believe that the Charity is well placed to negotiate the current conditions and they are of the opinion that the Charity will have sufficient resources to meet its liabilities. After consideration of all the factors, the Trustees continue to adopt the going concern basis in preparing the financial statements.

Funds Structure

Within the Unrestricted Fund the trustees have established a restricted fund to account for funds donated to the Charity to provide services to the homeless in Preston area.

Income Recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations, Legacies and Other Voluntary Income are credited to the Statement of Financial Activities as they become receivable.

Where funds are received for a specific purpose as defined by the donor, these are credited to a restricted fund, and are matched against expenditure incurred with the purpose specified.

Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

Allocation of Expenditure

Allocation of expenditure to cost of generating funds, direct charitable costs, governance costs, and other resources expended have been made on a basis consistent with the nature of the expenditure giving consideration to the application, directly or otherwise, to external charitable causes.

Metanoia Project

Accounting policies for the year ended 31 March 2021 (cont)

VAT

Irrecoverable VAT is charged against the expenditure heading on which it was incurred.

Tangible Fixed Assets and Depreciation

All tangible fixed assets of the charity are considered by the Trustees as having a useful life of less than 5 years and are therefore written of in the year of acquisition.

Metanoia Project

Notes to the accounts for the year ended 31 March 2021

	Year to 31 March 2021			Year to 31 March 2020
	Unrestricted Fund	Restricted Fund	Total	
	£	£	£	£
1. Income from Donations				
Donations from individuals	18063	1000	19063	15538
Donations from other charities	7150	1316	8466	5218
	<u>25213</u>	<u>2316</u>	<u>27529</u>	<u>20756</u>
2. Income from charitable Activities				
Contributions received for				
Services provided	5899	0	5899	17856
Sundry income	300	0	300	1287
	<u>6199</u>	<u>9</u>	<u>6199</u>	<u>19143</u>
3. Resources expended on charitable Activities				
Expenses incurred on activities	752	2219	2971	10631
Staff costs	27806	344	28150	22955
Premises and office costs	3278	0	3278	3292
Travel and parking	871	0	871	1539
Trustee expenses	241	9	241	290
	<u>32948</u>	<u>2563</u>	<u>35511</u>	<u>38707</u>
Trustee's expenses are travel expenses paid to one trustee				
4. Debtors				
Monies due to be received	0	0	0	0
Gift aid claim due	1313	0	1313	923
Prepayments	108	0	108	108
	<u>1421</u>	<u>0</u>	<u>1421</u>	<u>1031</u>
5. Cash at bank and in hand				
Cash at bank	13518	0	13518	17717
Cash in hand	330	0	330	85
	<u>13848</u>	<u>0</u>	<u>13848</u>	<u>17802</u>

Metanoia Project

Notes to the accounts for the year ended 31 March 2021

	Year to 31 March 2021			Year to 31 March 2020
	Unrestricted Fund	Restricted Fund	Total	
	£	£	£	£
6. Creditors				
Accrued expenses	650	0	650	1672
H M Revenue and Customs	192	0	192	354
Short term loan	2892	0	2892	2901
	<u>3734</u>	<u>0</u>	<u>3734</u>	<u>4927</u>

7. Restricted fund

The restricted fund represents the remaining funds held for the continuation of the homeless outreach programme.

8. Analysis of net assets between funds

	Current Assets	Current liabilities	Total
	£	£	£
Unrestricted fund	15269	(3734)	11535
Restricted fund	0	0	0
	<u>15269</u>	<u>(3734)</u>	<u>11535</u>

METANOIA PROJECT

England & Wales - Charity number 1169470

Accounts

METANOIA PROJECT

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2020

CHARITY NUMBER 1169470

Metanoia Project

Trustees' Report for the year ended 31 March 2020

The Trustees present their report for the period ended 31 March 2020.

Public Benefit

In preparing this report the Trustees have had regard to the guidance issued by the Charity Commission on public benefit and believe that the objectives, activities and achievements set out below indicate that the Charity is providing a public benefit as defined by the Charity Commission guidance.

History

The Metanoia Project is a Charitable Incorporated Organisation (CIO). The objects of the CIO are the advancement of the Christian religion within the United Kingdom in accordance with the doctrines and policies of the Roman Catholic Church, for the public benefit.

The Metanoia Project charity was formed as a charity in June 2016 and became a registered charity in England and Wales on 4 October 2016. The new Charity took over the work of the similarly named Metanoia Project that Ruth and Joseph White set up in 2011 in the Preston area. Ruth and Joe White transferred to the Charity their drive and vision for the future of the project and are now employed by the Charity as Project Directors.

This report and the attached accounts cover the year to 31 March 2020.

Objectives and Activities

The Vision of the Metanoia Project is to build a vibrant, faith filled, evangelistic community who help to bring about the Kingdom of God through both proclamation and service. Focussed on transforming their local area and the lives of those around them, they will become a light for and the centre of the wider community

To further this vision The Metanoia Project carries out its purposes:

- By establishing Christian Communities, comprising both residential and non-residential members, which are a place of witness, welcome and nurture for the local community.
- By working alongside local Schools, Parishes, Priests, People and other organisations in order to offer both initial proclamation of the Christian message and on-going discipleship to help build and strengthen the local Church.
- By facilitating age appropriate groups, for people of all ages, that offer opportunities for a deeper encounter with Christ which will inspire and envision Catholics to be excited about their faith, whilst equipping and supporting them to share that faith with others through both proclamation and very practical service within their local community.
- By developing a variety of training and discipleship programmes that lead people into relationship with Christ and His Church and enable personal growth.
- By creating and sustaining a variety of initiatives that reach out to the local community and find practical ways to meet their material, spiritual and emotional needs.

Metanoia Project

Trustees' Report for the year ended 31 March 2020

•By offering opportunities for all members of the local community to engage with the project at whatever level they are comfortable in order to provide an introduction to Christian work and Christian people.

Activities and achievements

Prior to the Charity being registered Joe and Ruth White had shaped and developed and delivered activities in the spirit of the New Evangelisation, 'new in its ardour, methods and expression'. (St. John Paul II, 1983). Pope Francis' 'The Joy of the Gospel' and the rich tradition of Catholic Social Teaching underpin the planning and delivery of all new projects. The Charity has continued to deliver these activities while continually reviewing and updating their content. The main activities successfully delivered over the year are:

- **Adult Formation**
- **Young Leaders Formation**
- **Children and Young People's Activities**
- **Homeless Outreach**
- **Leading Worship**
- **Leading School Programmes**
- **Families and Young Children's Activities**

The Charity relies on the work done by volunteers to assist in delivering these activities and to further the aims and objectives of the Charity.

Financial Review

During the period the Charity has received £2,898 which was donated specifically to fund the Homeless Outreach programme. The Trustees have decided that the Homeless Outreach funds should be accounted for in a Restricted Fund and all expenses, including staff costs, incurred in that project be set against the restricted fund donations. All other income and expenditure is accounted for in the Unrestricted Fund.

Unrestricted Fund

Income credited to this fund of £37,226 is made up of donations from individuals and from charitable organisations and contributions received for services provided. After expenses of £36,281 have been debited the fund has increased by £945 as at 31 March 2020.

Restricted Fund

This is the fund set up to account for monies donated for the Homeless Outreach. Income of £2,898 was received. After expenses of £2,651 have been debited the fund has increased by £247 over the year to leave a balance of £247 as at 31 March 2020.

Balance Sheet

The Total of the Unrestricted and Restricted Funds of £13,906 are represented by Bank and Cash balances and monies due to the Charity less short-term liabilities which include a loan from Joe and Ruth White of £2,901.

Metanoia Project

Trustees' Report for the year ended 31 March 2020

Going concern

The Trustees consider that the Charity is a going concern.

Reserves

The reserves carried forward at the end of the period are £13,906 and are considered by the Trustees to be adequate to cover the short-term needs of the Charity.

Gift Aid

The Charity relies heavily on donations and where individual donors have signed appropriate gift aid declarations gift aid is reclaimed from the Inland Revenue. It is intended to apply for grant funding to fund future projects.

Structure Governance and Management

The Charity is governed by a trust deed signed on 28 June 2016 which sets up the Charity as a Charitable Incorporated Organisation (CIO). The first Trustees were appointed for varying terms of office but any further Trustees will be appointed for three year terms of office. Trustees are to be appointed by majority resolution at a properly convened meeting of the Charity Trustees. The Charity was registered by the Charity Commission on 4 October 2016.

Reference and Administrative details

The Charity name is - Metanoia Project

Registered Charity number – 1169470

The principle address is – 1 Chapel Street, Preston, PR1 8BU

The Charity's Trustees who acted during the period are as follows:

		Appointed	Retired
Mr Charles Whitehead	Chairman	28 June 2016	
Canon Luiz Ruscillo		19 July 2018	
Mrs Helen Cross	Treasurer	28 June 2016	
Mr Michael Crowther		28 June 2016	

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature J. Charles Whitehead

Full name JOHN CHARLES WHITEHEAD

Position Chairman

Date 03.12.2020

Metanoia Project

Independent Examiners' Report for the year ended 31 March 2020

I report on the accounts of the charity for the year ended 31 March 2020, which are set out on pages 6-10.

Respective responsibilities of Trustees and examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedure laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that, in any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the Charities Act 2006; and
 - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met:
- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Metanoia Project

Independent Examiners' Report for the year ended 31 March 2020

S. M. Robinson

S M Robinson ACA
CHAMPION
Chartered Accountants
Preston

4 Nile Close
Riversway
PR2 2XU

Date: 1/12/2020

Metanoia Project

Statement of financial Affairs for the year ended 31 March 2020

Year to 31 March 2020					
	Unrestricted Fund	Restricted Fund	Total	Year to 31 March 2019	
Note	£	£	£		
Incoming Resources					
Income from:					
Donations	1	17,858	2,898	20,756	21,861
Charitable Activities	2	19,143	0	19,143	17,379
Total		<u>37,001</u>	<u>2,898</u>	<u>39,899</u>	<u>39,240</u>
Resources expended					
Expenditure on:					
Raising funds		0	0	0	0
Charitable activities	3	36,056	2,651	38,707	43,639
Separate material item of expense		0	0	0	0
Total		<u>36,056</u>	<u>2,651</u>	<u>38,707</u>	<u>43,639</u>
Net Income/(expenditure)		945	247	1,192	(4,399)
Extraordinary Items		0	0	0	0
Transfers between funds		0	0	0	0
Net movement in funds		<u>945</u>	<u>247</u>	<u>1,192</u>	<u>(4,399)</u>
Reconciliation of funds:					
Total funds brought forward		12,714	0	12,714	17,113
Total funds carried forward		<u>13,659</u>	<u>247</u>	<u>13,906</u>	<u>12,714</u>

Metanoia Project

Balance Sheet as at 31 March 2020

		31 March 2020	31 March 2019
		£	£
Current assets	Note		
Debtors	4	1,031	5,031
Cash at bank and in hand	5	17,802	14,482
Total current assets		<u>18,833</u>	<u>19,513</u>
Creditors:			
Amounts falling due within one year	6	(4,927)	(6,799)
Total net assets or liabilities		<u>13,906</u>	<u>12,714</u>
Funds of the Charity			
Restricted fund	7	247	0
Unrestricted funds		13,659	12,714
Total funds		<u>13,906</u>	<u>12,714</u>

Metanoia Project

Accounting Policies for the year ended 31 March 2020

Basis of preparation and assessment of going concern

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011. Exceptions to the requirements therein have been noted within the notes to the financial statements.

The accounts have been prepared in accordance with the historical cost convention as modified by the revaluation of land and buildings and investments.

The trust constitutes a public benefit entity as defined by FRS102.

The Trustees consider that there are no material uncertainties about the Charities ability to continue as a going concern in the foreseeable future.

Funds Structure

Within the Unrestricted Fund the trustees have established a restricted fund to account for funds donated to the Charity to provide services to the homeless in Preston area.

Income Recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. Donations, Legacies and Other Voluntary Income are credited to the Statement of Financial Activities as they become receivable. Where funds are received for a specific purpose as defined by the donor, these are credited to a restricted fund, and are matched against expenditure incurred with the purpose specified.

Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

Allocation of Expenditure

Allocation of expenditure to cost of generating funds, direct charitable costs, governance costs, and other resources expended have been made on a basis consistent with the nature of the expenditure giving consideration to the application, directly or otherwise, to external charitable causes.

VAT

Irrecoverable VAT is charged against the expenditure heading on which it was incurred.

Tangible Fixed Assets and Depreciation

All tangible fixed assets of the charity are considered by the Trustees as having a useful life of less than 5 years and are therefore written off in the year of acquisition.

Metanoia Project

Notes to the accounts for the year ended 31 March 2019

	Year to 31 March 2020			Year to 31 March 2019
	Unrestricted Fund	Restricted Fund	Total	
	£	£	£	£
1 Income from Donations				
Donations from individuals	13,408	2,130	15,538	13,699
Donations from other charities	4,450	768	5,218	8,162
	<u>17,858</u>	<u>2,898</u>	<u>20,756</u>	<u>21,861</u>
2 Income from Charitable Activities				
Contributions received for services provided	17,856	0	17,856	17,378
Sundry Income	1,287	0	1,287	1
	<u>19,143</u>	<u>0</u>	<u>19,143</u>	<u>17,379</u>
3 Resources expended on charitable Activities				
Expenses incurred on activities	9,644	987	10,631	10,436
Staff costs	21,291	1,664	22,955	26,263
Premises and office costs	3,292	0	3,292	4,506
Travel and parking	1,539	0	1,539	2,434
Trustee expenses	290	0	290	0
Professional expenses	0	0	0	0
	<u>36,056</u>	<u>2,651</u>	<u>38,707</u>	<u>43,639</u>
Trustees expenses are travel expenses paid to one trustee				
4 Debtors				
Monies due to be received	0	0	0	3,125
Gift aid claim due	923	0	923	808
Prepayments	108	0	108	1,098
	<u>1,031</u>	<u>0</u>	<u>1,031</u>	<u>5,031</u>
5 Cash at bank and In hand				
Cash at bank	17,470	247	17,717	14,254
Cash in hand	85	0	85	228
	<u>17,555</u>	<u>247</u>	<u>17,802</u>	<u>14,482</u>

Metanoia Project

Notes to the accounts for the year ended 31 March 2020

	Year to 31 March 2020			Year to 31 March 2019
	Unrestricted Fund	Restricted Fund	Total	
	£	£	£	£
6 Creditors				
Accrued expenses	1,672	0	1,672	708
H M Revenue & Customs	354	0	354	3,190
Short term loan	2,901	0	2,901	2,901
	<u>4,927</u>	<u>0</u>	<u>4,927</u>	<u>6,799</u>

7 Restricted Fund

The restricted fund represents the remaining funds held for the continuation of the Homeless Outreach programme.

8 Analysis of net assets between funds

	Current assets	Current liabilities	Total
Unrestricted fund	18,586	(4,927)	13,659
Restricted fund	247	0	247
	<u>18,833</u>	<u>(4,927)</u>	<u>13,906</u>

