

Registered Charity No: 1169466

FORGOTTEN WOMEN

(A CHARITABLE INCORPORATED ORGANISATION)

TRUSTEES REPORT AND FINANCIAL STATEMENTS

**FOR THE YEAR ENDED
31 MARCH 2021**

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

FOR THE YEAR ENDED 31 MARCH 2021

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FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2021

Forgotten Women, Charitable incorporated organisation (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 4 October 2016 and is governed by its constitution.

The charity is non-profit making and its trustees are volunteers.

The trustees present their report and the financial statements of the charity for the year ended 31 March 2021.

The trustees have adopted the provision of Accounting and Reporting by the charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)

Reference and administrative Information

Charities registered name: FORGOTTEN WOMEN

Charities registered number: 1169466

Charities Principal address:

Xandwhy Building
20-30 Whitechapel Road
London, E1 1EW

Trustees: At the date of this report following were the trustees of the Charity:

Salauddin Ali
Mandeep Kaur Bahia
Gurpreet Kaur Bahia
Humeera Amin Dar

Bankers:

Barclays Bank plc
Holborn 2
Leicestershire, LE87 2BB

Al Rayan Bank
97-99 Whitechapel Road
London, E1 1DT

Independent Examiner & Accountant:

Smartbiz Consultants
Chartered Certified Accountants
Stanley House, Kelvin Way
Crawley, RH10 9SE
West Sussex, UK

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

REPORT OF THE TRUSTEES – *Continued*
FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

THE OBJECTIVES AND AIMS

- To support Women empowerment, emergency Aid, relief of poverty or financial hardship any part of the world with particular focus on women and girls.

ACHIVEMENTS AND PERFORMANCE

The financial year began with the impact of Covid 19 restrictions effecting many areas of the operation. All events that had been planned for the year had to be cancelled. This meant that expansion could not take place as planned for the year as the income that is generated from event fundraising had to be discounted.

The year began for us with the start of restrictions due to the Covid 19 outbreak. In order to help the communities in Britain we initiated a 'Talking Therapies' programme across Britain to provide emotional support to those in Isolation. It soon transpired that the NHS was running a better service, so the Trust decided to direct all volunteers to the NHS.

We initiated a service to provide group emotional therapy over telephone and soon realised that people were hesitant to open up and express issues. So, we scaled our service to provide one to one emotional support via telephone, the service would provide quality support to largely women. The service is still running to this day and services around 10-15 women per week with dedicated timeslots.

We also introduced Walking Therapies in East London only starting from the onset of Covid 19 restrictions to help people cope with isolation. This involved meeting up once a fortnight at local park observing social distancing and facemasks to take walks through the park and expressive talking sessions.

Yemen

Food distributions were largely the focus for Yemen as the country was suffering from starvation and famine exacerbated by the arrival of the Covid19 virus. The war was continuing to impact the daily lives of the people. Food distributions were organised in May 2020 and August 2020. 2 x food containers shipped from UK donated by the Slough community to the value of £20k each, along with another 4 x containers of rice to the value of £10k each arrived by August 2020 thereby enabling us to deliver a large amount of aid to the poor of Yemen. The next large aid distribution took place in April 2021, funds of \$50k were sent in March 2021.

Syria (Turkey)

A small amount of food aid was distributed to the Syrian refugees through our aid partner IHH in April 2020. Although our focus has been Yemen due to the situation in the country but some of our donors gave funds specifically for internally displaced refugees in Syria. This was delivered through our partner on the ground the IHH charity based in Turkey.

Malawi

January 2020 was the last time that the team went out to do an audit of projects delivered through a UK charity partner. They came across a specific case which required larger than usual intervention. The young woman called Zioni, with kids was a widow living in very appalling conditions. A call was put out to the donors to help and as result of which, a piece of land was bought for her and a house with farmland built to help her generate income. Safe toilets were also built for women in 2 locations.

The plan for 2020/21 was to train and provide businesses for 30 women. However due to the Covid 19 outbreak

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CHARITABLE INCORPORATED ORGANISATION

REPORT OF THE TRUSTEES – *Continued*

FOR THE YEAR ENDED 31 MARCH 2021

leading travel and entry restrictions this was put on hold pending easing of rules.

Bangladesh

The start of Covid 19 had a massive impact on poor countries including Bangladesh. The lockdown Bangladesh created unemployment through lack of movement and the labourers being able to deploy their skills and therefore leading them to face food shortage. Therefore, in November 2020 we decided to spend money to setup women in business. We also helped relocate a lady suffering abuse from her landlord to a property donated by Mr Ruhul Tarafdar and his family. This property was renovated, and a chicken farm built to help her along in life.

Some safe toilets and wells were also built in November 2020 and February 2021. Significant price increases meant that we were paying more for the same delivery of services.

Pakistan

In April 2020 we commenced our trial project of helping 5 women and their families to escape poverty by providing livestock to the widows of Thar in the Sind province. We gave each lady 4 goats to help with nutrition and breeding livestock. We repeated the project with another 5 women and families in September 2020. We drew a conclusion after a few months that 4 goats were not sufficient and increased the numbers to 10 for each family in the latter part of 2021. In September 2020, we carried out food distributions to the poor in the Thar region of Sind.

Most of the funds raised were from individuals, grants were made by institutions or funding bodies.

1. The Lottery Fund - £10,000

PLAN FOR THE FUTURE AND COVID-19

At the time of writing this report, the charity was not able to function normally due to covid-19 pandemic. This will reflect in the next financial statement as large amount is raised at the events.

PUBLIC BENEFIT

As a charity we are asked by the Charity Commission to consider whether our activities provide "a public benefit." The trustees have considered this matter, in accordance with the latest guidance. It believes our services do provide a public benefit and therefore justify our charitable status. We have complied with the duty in section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission and in planning future activities.

FINANCIAL REVIEW

The financial results of the charity for the year ended 31 March 2021 are fully reflected in the attached Financial Statements together with the Notes thereon. Income from donations, grant and gift aid for the year amounted to £327,841 (2020: £239,295). Total resources expended were £288,351 (2020: £223,329) resulting in net surplus of £39,489 (2020: £15,966).

At 31 March 2021, the charity has total unrestricted funds of £93,502 (2020: £54,013).

The charity paid to four part time staff during the year, all the major activities were carried out by the 35 volunteers and trustees.

RESERVES POLICY

The trustees consider, the reserves held are sufficient to continue the charities activity in future years. The trustees actively review the major risks which the charity faces on a regular basis and have also examined other operational risks faced by the charity. The trustees confirm that they have established systems to mitigate the significant risks.

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

REPORT OF THE TRUSTEES – *Continued*

FOR THE YEAR ENDED 31 MARCH 2021

ORGANISATIONAL STRUCTURE

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits.

The trustees meet once a month collectively in order to review progress of the charity and take any decisions in relation to the activities provided by the charity.

TAXATION

The Trustees are of the opinion that as charity, the organisation will be exempt from taxation under the provisions of section 505 of the income and corporation Taxes act 1988.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate financial and accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts Reports) Regulations 2008 and trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report was approved by the board of trustees on 27 January 2021 and signed on its behalf by:

 Trustee

Humeera Amin Dar

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FORGOTTEN WOMEN FOR THE YEAR ENDED 31 MARCH 2020

I report to the trustees on my examination of the accounts of the charitable for the period from 1 April 2020 to 31 March 2021.

Responsibilities and basis of report

As the charity's trustees, who are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination.

I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the

Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Noman Haseeb

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Noman Haseeb FCCA

Smartbiz Consultants
Certified Chartered Accountants
Stanley House, Kelvin Way
Crawley, RH10 9SE
West Sussex, UK

27 January 2022

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2021

		31-Mar-21	31-Mar-20
		Unrestricted	Unrestricted
Incoming Resources		Funds	Funds
		£	£
Voluntary Donations		296,086	213,459
Furlough grant		21,755	-
Grant		10,000	8,500
Gift Aid		-	17,336
	2	<u>327,841</u>	<u>239,295</u>
Less: Resources Expended			
Fund Raising Expenses	3	3,806	77,367
Charitable Activities – Projects	4	232,750	112,767
Charitable Activities - Support Services	5	26,310	30,890
Furlough salaries	6	21,755	-
Governance costs	7	<u>3,730</u>	<u>2,305</u>
		288,351	223,329
Total Income - Less Resources Expended		39,489	15,966
RECONCILIATION OF FUNDS			
Total Funds Brought Forward		<u>54,013</u>	<u>38,047</u>
Total Funds Carried Forward		<u><u>93,502</u></u>	<u><u>54,013</u></u>

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2020

	Note	31-Mar-21	31-Mar-20
		£	£
Non-current assets			
Fixed assets		<u>1,833</u>	<u>-</u>
		<u>1,833</u>	<u>-</u>
Current assets			
Debtors	8	40,268	51,268
Cash at Bank and in Hand		<u>68,990</u>	<u>21,333</u>
Total Current Assets		<u>109,258</u>	<u>72,601</u>
Current liabilities			
Creditors and accrued liabilities	9	<u>(17,588)</u>	<u>(18,588)</u>
Total assets less current liabilities		<u>93,502</u>	<u>54,013</u>
Funds			
Unrestricted income funds		<u>93,502</u>	<u>54,013</u>
Total Funds	10	<u>93,502</u>	<u>54,013</u>

The financial statements were approved and authorised for issue by the Board on 27 January 2022 and signed on its behalf by:

Humeera Dar Trustee

Humeera Amin Dar

NOTES TO THE FINANCIAL STATEMENTS - *Continued*
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES**a) Basis of preparing the financial statements and assessment of going concern**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 1 January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011.

The trust constitutes a public benefit entity as defined by FRS102.

b) Going concern

The trustees consider that there are no material uncertainties about the Trust's ability to continue as a going concern and accordingly the accounts have been prepared on a going concern basis.

c) Funds

The charities funds are split between restricted and unrestricted.

Unrestricted funds: All donations are considered unrestricted unless specifically stated by the donor. Unrestricted funds comprise the accumulated surplus or deficit on the statement of financial activities which are available for use at the discretion of the trustees in furtherance of the objectives of the charity.

Restricted funds: These are assigned by the donor, or the terms of the appeal, specified by a particular country or project. The donation and income deriving from them will be used in accordance with the specific purposes.

d) Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income:

Voluntary income: This comprises all incoming resources from donations and income from fundraising partners on the basis of that which is remitted.

e) Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure.

All expenditure is accounted for on an accruals basis and is recognised where there is a legal or constructive obligation to pay. Expenditure has been classified under headings that aggregate all costs related to that category.

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

NOTES TO THE FINANCIAL STATEMENTS - *Continued* FOR THE YEAR ENDED 31 MARCH 2021

f) Costs of generating funds

Costs of generating voluntary income: The costs incurred in seeking voluntary income / fundraising. The costs incurred in seeking voluntary donations.

g) Charitable activities

These are costs associated with the provision of emergency relief and development humanitarian programmes. These include both the direct costs and support costs relating to these activities.

i) Taxation

As a charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value added tax (VAT) is not recoverable by the company and is therefore included in the relevant costs in the statement of financial activities.

j) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

k) Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

l) Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

m) Cash and Cash equivalents

The charity only considers cash in hand as cash at bank which is immediately available as cash equivalents.

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

NOTES TO THE FINANCIAL STATEMENTS - *Continued*
FOR THE YEAR ENDED 31 MARCH 2021**UNRESTRICTED FUNDS**

2. Income voluntary donations	31-Mar-21	31-Mar-20
	£	£
Voluntary Donation	296,086	213,459
Grants	10,000	8,500
Furlough grant	21,755	-
Gift Aid	-	17,336
Total Incoming Resources	327,841	239,295
3. Costs of fund raising	31-Mar-21	31-Mar-20
	£	£
Event	2,000	75,514
IT Expenses	1,806	1,853
Marketing & Advertising	-	-
	3,806	77,367
4. Cost of charitable activity	31-Mar-21	31-Mar-20
	£	£
Direct costs - Projects	232,750	112,767
Support costs- Services	26,310	30,890
Total	259,060	143,657
5. Support Costs: Services	31-Mar-21	31-Mar-20
	£	£
Salaries - furlough	21,755	-
	21,755	-
6. Support Costs: Services	31-Mar-21	31-Mar-20
	£	£
Salaries	3,419	15,078
Rent	16,000	14,397
Telephone	-	288
Stationary	59	-
Professional and Consultancy	6,772	-
Bank Charges	60	1,127
	26,310	30,890

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

NOTES TO THE FINANCIAL STATEMENTS - *Continued*
FOR THE YEAR ENDED 31 MARCH 2021

7. Governance costs	31-Mar-21	31-Mar-20		
	£	£		
Independent Examiners’ fees	-	1,225		
Accountancy fee	3,730	1,080		
	3,730	2,305		
8. Debtors	31-Mar-21	31-Mar-20		
	£	£		
Event Deposits	29,000	40,000		
Gift Aid	11,268	11,268		
	40,268	51,268		
9. Creditors	31-Mar-21	31-Mar-20		
	£	£		
Loan	15,000	16,000		
Accruals and Creditors	2,588	2,588		
	17,588	18,588		
10. Movement in funds	Balance at 01-Apr-20	Incoming resources	Outgoing resources	Balance at 31-Mar-21
Unrestricted Funds Balance B/Fwd	54.013	-	-	54,013
Unrestricted Funds -for the year	-	327,841	(288,351)	39,489
	54,013	327,841	(288,351)	93,502

FORGOTTEN WOMEN

CHARITABLE INCORPORATED ORGANISATION

DETAILED STATEMENTS OF THE FINANCIAL ACTIVITIES FOR
THE YEAR ENDED 31 MARCH 2021**UNRESTRICTED FUNDS****31-Mar-21****31-Mar-20**

£

£

INCOMING RESOURCES

Voluntary Donation

296,086

213,459

Grants

10,000

8,500

Furlough grant

21,755

-

Gift Aid

-

17,336

Total Incoming Resources**327,841**

239,295

EXPENDITURE**Fund Raising and Support Expenses**

Events

2,000

75,514

IT expenses

1,806

1,853

Marketing & advertising

-

-

3,806

77,367

Charitable activities

Cost of direct charitable activities

232,750

112,767

232,750

112,767

Support Costs: Management

Salaries

3,419

15,078

Salaries furlough

21,755

Rent

16,000

14,397

Telephone & internet

-

288

Stationary

59

-

Professional and consultancy fees

6,772

-

Bank Charges

60

1,127

48,065

30,890

Governance costs

Accountancy and Examiners' fees

3,730

2,305

3,730

2,305

Total Resources Expended**265,881**

223,329

Total Income -Less Resources Expended**81,960**

15,966