

SPORTING FORCE LTD

England & Wales · Charity number 1169441

Details

Other names SPORTING FORCE

Status Registered

Legal form Charitable company

Company number 10008613

Registered 2016-10-03

Register [View on the Charity Commission register](#)

Contact

Address Sporting Force Recovery and Wellness Centre
35-36 Blackwellgate
Darlington
County Durham
DL1 5HW

Phone 08000509502

Email info@sportingforce.org

Website www.sportingforce.org

Activities

Objects: 'TO RELIEVE NEED, SUFFERING AND DISTRESS AMONGST VETERANS OR THOSE LEAVING THE ARMED FORCES, IN SUCH WAYS AS THE TRUSTEES SHALL THINK FIT, PARTICULARLY BUT NOT EXCLUSIVELY BY PROVIDING WORK PLACEMENTS TO WOUNDED, INJURED AND SICK VETERANS OR THOSE LEAVING THE ARMED FORCES WHO HAVE SUFFERED THE EFFECTS OF WAR AND HAVE FOUND THE TRANSITION FROM MILITARY TO CIVILIAN LIFE DIFFICULT AS A MEANS TO PRESERVE AND PROTECT THEIR PHYSICAL AND MENTAL HEALTH; SUPPORT THEIR RESETTLEMENT, REHABILITATION, IF NEEDED AND THEIR RETRAINING TO HELP THEM OBTAIN EMPLOYMENT.

Activities: The charity's mission is to help members of the Armed Forces & Emergency Blue Light Services, their families and carers and through our partners to support the wider community. To improve beneficiaries physical and mental wellbeing. The provision of lifestyle and emotional wellbeing education. Other charitable purposes for the public benefit as may be determined by the Trustees.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport, Armed Forces/emergency Service Efficiency, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Germany
- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		-	-	-
2024-03-31		-	-	-
2023-03-31		-	-	-
2022-03-31	£464,074	£310,276		-
2021-03-31	£82,925	£74,361		-
2020-03-31	£71,495	£99,022		-
2019-03-31	£220,630	£224,696		-
2018-03-31	£205,875	£181,266		-

Trustees

Name	Role	Appointed
Amy Marriott		2023-09-15

SPORTING FORCE LTD

England & Wales - Charity number 1169441

Accounts

REGISTERED COMPANY NUMBER: 10008613 (England and Wales)
REGISTERED CHARITY NUMBER: 1169441

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2022
for
Sporting Force Ltd**

Clive Owen LLP
Chartered Accountants
140 Coniscliffe Road
DARLINGTON
Co Durham
DL3 7RT

Sporting Force Ltd

**Contents of the Financial Statements
for the Year Ended 31 March 2022**

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Sporting Force Ltd

Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Sporting Force has a mission to help veterans transition from the forces into civilian life through sport, starting their journey using social engagement and camaraderie to alleviate feelings of isolation, increase self-esteem, confidence and wellbeing. The charity's vision is that across every region in Great Britain professional sports clubs will engage to deliver sustainable, long term professional, amateur and volunteer sport related career opportunities and offers for veterans. Life in the military is an active life and by working with sports organisations we can offer opportunities that appeal to veterans and ignite a passion to help them create a new life outside of the services.

Public benefit

Research has suggested that the two best self-help strategies are exercise and social support. For anxiety sufferers exercise helps reduce worry, panic and other symptoms. Sporting Force offers sport, exercise, camaraderie and being part of a team again; things that veterans all miss. We offer our services to both male and female veterans.

Post-Traumatic Stress Disorder (PTSD) and mental health affect the whole family; we understand the pressures and pain involved. Making services open to partners of Wounded, Injured or Sick (WIS) and PTSD sufferers we offer access to support and opportunities for the families, an opportunity to meet others who understand what it's like to care for their loved ones, giving the opportunity to mutually support each other.

The activities set out in this report have been undertaken to further the Charity's charitable purposes for the public benefit. The trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission and the trustees have paid due regard to this guidance in deciding what activities the charity should undertake.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2021/2022 financial year remained a difficult time for Sporting Force, with continued Covid-19 restrictions impacting the organisation into Q2. Funding continued to be difficult, given the inability to deliver the in-person services. Beneficiary services during the year continued to be restricted to a small number of small social engagement activities, delivery of food boxes, and activity boxes working in partnership with other local charities, and predominantly serviced by volunteers within the Charity. Following the cessation of UK lockdowns, the staff and volunteers worked tirelessly to begin service delivery again, focussed on social activities given the time these were unable to be undertaken, as well as the recommencement of some sporting activities. These included Combat Café events, walking events, access to the gymnasium and weekend family activities.

December 2021 saw the organisation achieve a huge milestone, with the granting of the role of portfolio lead for the Veterans' Places, Pathways and People Programme for the Northern England Region. As the portfolio lead, Sporting Force will manage a total grant allocation of £809,776 over 2 years, delivering against a number of themes and priorities as laid out under the programme, in partnership with 9 partner organisations in the region.

The prior years attention to reserves and costs ensured that the organisation retained sufficient funding at the year end to continue operations, but highlighted the importance of being able to pivot delivery priorities by increasing unrestricted income generation. There will also be further work on the refinement of the next 5 year strategy and rebuilding the team and services in line with the Charities objectives, work which continues into the next financial year.

FINANCIAL REVIEW

Reserves policy

The financial statements on pages 5 to 14 show the performance and current position of the charitable company which the trustees, given the individual circumstances and general market conditions, consider to be satisfactory. The company is now establishing a formal reserves policy and the trustees would ideally like to hold free reserves to cover at least four months operating expenditure which is estimated on the date of signing at £113,178. The company held free reserves of £52,702 on the 31st of March 2022 against a reserves policy of £55,000. The trustees believe that the required level in unrestricted free reserves will be achieved by 2022/23.

Sporting Force Ltd

Report of the Trustees for the Year Ended 31 March 2022

FUTURE PLANS

Where local lockdown regulations permit, Sporting Force continues to offer a wide range of social engagement, physical and sporting activities to support health and mental wellbeing. The Wellbeing Coaches continue to offer a full programme of activities, with new activities being reviewed constantly, including a number of paddle boarding days during the summer of 2022.

Employment support opportunities are ongoing, to help ex-service personnel to find a new and fulfilling vocation will commence. These activities include open days, training events, work placements, coaching, mentoring and potentially in the longer term job offers. Many of our Club partners had ceased allowing volunteers from programmes to attend their grounds during the Covid crisis, but they are slowly recommencing activities and Sporting Force continue to work with them to develop these opportunities for our service users.

For veterans who were medically discharged because of physical injuries not being as mobile as when able bodied, does not mean that they cannot be involved in sport, whether playing adapted methods or working within the sports sector in other roles.

Families are so important to service personnel after being injured or whilst suffering with poor mental health, many family members provide unpaid care. Research has shown that if a caregiver is well supported, then recovery is improved. Sporting Force offers support services to immediate family members recognising that they also need the support and opportunities to reintegrate with life outside of the services.

Following the move to the Veterans Hub in May 2021, Sporting Force were able to offer some great services in collaboration with other parties within the hub. However, following a series of management changes within the Hub, along with its strategic redirection of services, the Charity has elected to broaden its own services with the securing of its own premises in Darlington Town Centre, which officially opened in November 2022. During the first 6 months of 2022-23 direct grant funding reached £100,000 and donations/corporate sponsors £68,500, with managed funding under V3P of £136,622 in income immediately passed through to our partner organisations in the scheme.

The new Executive team continue to provide strategic direction and oversight, with additional trustees being sought to complete the skills matrix to ensure strength of the strategic leadership. The Executive team remain committed to ensuring that everyone remains focused on the delivery of the charity's charitable purposes to provide even greater beneficiary benefit, whilst operating within the guidelines of the Charities Commission regulations and in accordance with the rules of any grant funding.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Sporting Force Limited is a charitable company, limited by guarantee, incorporated on 16 February 2016. The company was established under a Memorandum of Association which established the objects and powers of the company and is governed under its Articles of Association. The company obtained charitable registration on 3 October 2016. Day to day management is delegated to T P Lowther.

Recruitment and appointment of new trustees

Trustee appointments will be by joint decision by the current trustees at the AGM.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The risks have been reviewed by the trustees and systems established to mitigate those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

10008613 (England and Wales)

Registered Charity number

1169441

Sporting Force Ltd

**Report of the Trustees
for the Year Ended 31 March 2022**

Registered office

35-36 Blackwellgate
Darlington
DL1 5HW

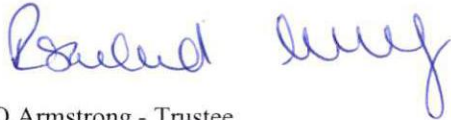
Trustees

M O Dewhurst
M R E Storey (resigned 28.5.21)
M A Wing (resigned 12.6.22)
R O Armstrong (appointed 28.5.21)
C Moat (appointed 29.11.21)
L J Smith (appointed 1.1.22)
M Young (appointed 1.1.22)

Independent Examiner

Christopher Beaumont BA (Hons) BFP FCA DChA
Institute of Chartered Accountants in England and Wales
Clive Owen LLP
Chartered Accountants
140 Coniscliffe Road
DARLINGTON
Co Durham
DL3 7RT

Approved by order of the board of trustees on 20 December 2022 and signed on its behalf by:



R O Armstrong - Trustee

**Independent Examiner's Report to the Trustees of
Sporting Force Ltd**

Independent examiner's report to the trustees of Sporting Force Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Beaumont BA (Hons) BFP FCA DChA
Institute of Chartered Accountants in England and Wales
Clive Owen LLP
Chartered Accountants
140 Coniscliffe Road
DARLINGTON
Co Durham
DL3 7RT

20 December 2022

Sporting Force Ltd

**Statement of Financial Activities
for the Year Ended 31 March 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	35,725	21,085	56,810	79,468
Charitable activities					
Charitable activities		42,700	346,817	389,517	2,650
Other trading activities	3	<u>17,747</u>	<u>-</u>	<u>17,747</u>	<u>807</u>
Total		<u>96,172</u>	<u>367,902</u>	<u>464,074</u>	<u>82,925</u>
EXPENDITURE ON					
Charitable activities					
Charitable activities	5	<u>76,894</u>	<u>233,382</u>	<u>310,276</u>	<u>74,361</u>
Total		<u>76,894</u>	<u>233,382</u>	<u>310,276</u>	<u>74,361</u>
NET INCOME					
		19,278	134,520	153,798	8,564
Transfers between funds	15	<u>9,133</u>	<u>(9,133)</u>	<u>-</u>	<u>-</u>
Net movement in funds		28,411	125,387	153,798	8,564
RECONCILIATION OF FUNDS					
Total funds brought forward		24,291	-	24,291	15,727
TOTAL FUNDS CARRIED FORWARD		<u><u>52,702</u></u>	<u><u>125,387</u></u>	<u><u>178,089</u></u>	<u><u>24,291</u></u>

The notes form part of these financial statements

Sporting Force Ltd

**Balance Sheet
31 March 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	11	26,096	16,234	42,330	6,262
CURRENT ASSETS					
Debtors	12	21,828	40,640	62,468	-
Cash at bank		<u>15,192</u>	<u>68,513</u>	<u>83,705</u>	<u>39,548</u>
		37,020	109,153	146,173	39,548
CREDITORS					
Amounts falling due within one year	13	<u>(10,414)</u>	-	<u>(10,414)</u>	<u>(21,519)</u>
NET CURRENT ASSETS					
		<u>26,606</u>	<u>109,153</u>	<u>135,759</u>	<u>18,029</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>52,702</u>	<u>125,387</u>	<u>178,089</u>	<u>24,291</u>
NET ASSETS					
		<u><u>52,702</u></u>	<u><u>125,387</u></u>	<u><u>178,089</u></u>	<u><u>24,291</u></u>
FUNDS					
Unrestricted funds	15			52,702	24,291
Restricted funds				<u>125,387</u>	-
TOTAL FUNDS					
				<u><u>178,089</u></u>	<u><u>24,291</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 December 2022 and were signed on its behalf by:

R O Armstrong - Trustee

The notes form part of these financial statements

Sporting Force Ltd

Notes to the Financial Statements for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)' effective 1 January 2019, the Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Critical accounting judgements and key sources of estimation uncertainty

Estimates and judgements are continually evaluated and based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The charity makes estimates and assumptions concerning the future. There are no resulting accounting estimates and assumptions that have a significant risk of causing material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Critical areas of judgement:

In the application of the charity's accounting policies the trustees are required to make judgements, estimates and assumptions about the carrying amounts of certain assets and liabilities. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. There are no items in the financial statements where these judgements and estimates have been made.

Depreciation - depreciation is calculated so as to write off the cost of an asset, less its residual value, over the economic life of that asset. An estimate of the useful life of assets is detailed in the depreciation accounting policy. The value of depreciation during the year was £12,138.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donated assets

Where the donated good is a fixed asset it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset category and depreciated.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment	- 25% on reducing balance
Plant & machinery	- 25% on reducing balance
Motor vehicles	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Sporting Force Ltd

Notes to the Financial Statements - continued for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Basic financial instruments

Basic financial instruments are measured at amortised cost with changes recognised in income or expenditure.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	<u>56,810</u>	<u>79,468</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Other income	<u>17,747</u>	<u>807</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	2022	2021
	£	£
Grants	<u>389,517</u>	<u>2,650</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Veterans' Foundation	50,375	-
Help for Heroes	15,727	-
Armed Forces Covenant	103,379	-
Snow Sports	269	-
National Lottery Awards	9,996	-
County Durham Community Foundation	5,000	-
AFCT - V3P - Veterans Places	136,597	-
Versus Arthritis	4,987	-
Kickstart	12,159	-
Stamp it Out - Suicide Prevention	5,000	-
Great Aycliffe Town Council	3,597	-
General	<u>42,431</u>	<u>2,650</u>
	<u>389,517</u>	<u>2,650</u>

Sporting Force Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

5. CHARITABLE ACTIVITIES

	2022	2021
	£	£
Direct costs	280,591	51,155
Support costs	<u>29,685</u>	<u>23,206</u>
	<u>310,276</u>	<u>74,361</u>

6. SUPPORT COSTS

	Support of service men and women	Governance costs	Totals
	£	£	£
Charitable activities	<u>27,151</u>	<u>2,534</u>	<u>29,685</u>

Support costs, included in the above, are as follows:

Support of service men and women

	2022	2021
	Charitable activities	Total activities
	£	£
Insurance	2,288	542
Telephone	772	607
Legal and professional fees	4,634	7,862
General office costs	5,747	2,216
Bad debts	-	970
Other costs	1,572	7,254
Depreciation of tangible fixed assets	<u>12,138</u>	<u>1,755</u>
	<u>27,151</u>	<u>21,206</u>

Governance costs

	2022	2021
	Charitable activities	Total activities
	£	£
Independent examiners fee	2,000	2,000
Entertaining	<u>534</u>	-
	<u>2,534</u>	<u>2,000</u>

7. NET INCOME/(EXPENDITURE)

Net income is stated after charging:

	2022	2021
	£	£
Depreciation - owned assets	<u>12,138</u>	<u>1,755</u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

No Trustees have been reimbursed with travel and entertaining expenses in both 2022 and 2021.

9. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	114,290	27,963
Social security costs	10,644	-
Other pension costs	<u>1,842</u>	<u>354</u>
	<u>126,776</u>	<u>28,317</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Direct charitable activities staff	<u>5</u>	<u>1</u>

No employee received benefits of than £60,000 in the current or previous period.

No wages were paid to key management in the current or previous period.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	79,468	-	79,468
Charitable activities			
Charitable activities	2,650	-	2,650
Other trading activities	<u>807</u>	<u>-</u>	<u>807</u>
Total	<u>82,925</u>	<u>-</u>	<u>82,925</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	<u>74,361</u>	<u>-</u>	<u>74,361</u>
Total	<u>74,361</u>	<u>-</u>	<u>74,361</u>
NET INCOME	8,564	-	8,564
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>15,727</u>	<u>-</u>	<u>15,727</u>
TOTAL FUNDS CARRIED FORWARD	<u>24,291</u>	<u>-</u>	<u>24,291</u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

11. TANGIBLE FIXED ASSETS

	Office equipment £	Plant & machinery £	Motor vehicles £	Totals £
COST				
At 1 April 2021	15,085	-	-	15,085
Additions	<u>813</u>	<u>30,316</u>	<u>17,077</u>	<u>48,206</u>
At 31 March 2022	<u>15,898</u>	<u>30,316</u>	<u>17,077</u>	<u>63,291</u>
DEPRECIATION				
At 1 April 2021	8,823	-	-	8,823
Charge for year	<u>1,599</u>	<u>5,297</u>	<u>5,242</u>	<u>12,138</u>
At 31 March 2022	<u>10,422</u>	<u>5,297</u>	<u>5,242</u>	<u>20,961</u>
NET BOOK VALUE				
At 31 March 2022	<u>5,476</u>	<u>25,019</u>	<u>11,835</u>	<u>42,330</u>
At 31 March 2021	<u>6,262</u>	<u>-</u>	<u>-</u>	<u>6,262</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	62,245	-
Prepayments and accrued income	<u>223</u>	<u>-</u>
	<u>62,468</u>	<u>-</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	1,115	2,211
Social security and other taxes	-	5,448
Other creditors	549	914
Accruals and deferred income	<u>8,750</u>	<u>12,946</u>
	<u>10,414</u>	<u>21,519</u>

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2022 £	2021 £
Within one year	<u>-</u>	<u>1,224</u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

15. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	24,291	19,278	9,133	52,702
Restricted funds				
Help for Heroes	-	11,835	(11,835)	-
Veterans Foundation	-	29,082	-	29,082
Armed Forces Covenant	-	34,688	-	34,688
Snow Sports Donations	-	(2,702)	2,702	-
National Lottery Awards for All	-	8,815	-	8,815
County Durham Community Foundation	-	4,177	-	4,177
V3P - Veterans Places	-	41,194	-	41,194
Versus Arthritis	-	736	-	736
Stamp it Out - Suicide Prevention	-	4,217	-	4,217
Great Aycliffe Town Council	-	2,478	-	2,478
	<u>-</u>	<u>134,520</u>	<u>(9,133)</u>	<u>125,387</u>
TOTAL FUNDS	<u>24,291</u>	<u>153,798</u>	<u>-</u>	<u>178,089</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	96,172	(76,894)	19,278
Restricted funds			
Help for Heroes	15,727	(3,892)	11,835
Veterans Foundation	50,375	(21,293)	29,082
Armed Forces Covenant	103,379	(68,691)	34,688
Snow Sports Donations	21,085	(23,787)	(2,702)
National Lottery Awards for All	9,996	(1,181)	8,815
County Durham Community Foundation	5,000	(823)	4,177
V3P - Veterans Places	136,597	(95,403)	41,194
Versus Arthritis	4,987	(4,251)	736
Kickstart	12,159	(12,159)	-
Stamp it Out - Suicide Prevention	5,000	(783)	4,217
Great Aycliffe Town Council	3,597	(1,119)	2,478
	<u>367,902</u>	<u>(233,382)</u>	<u>134,520</u>
TOTAL FUNDS	<u>464,074</u>	<u>(310,276)</u>	<u>153,798</u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	15,727	8,564	24,291
	<u>15,727</u>	<u>8,564</u>	<u>24,291</u>
TOTAL FUNDS			

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	82,925	(74,361)	8,564
	<u>82,925</u>	<u>(74,361)</u>	<u>8,564</u>
TOTAL FUNDS			

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	15,727	27,842	9,133	52,702
Restricted funds				
Help for Heroes	-	11,835	(11,835)	-
Veterans Foundation	-	29,082	-	29,082
Armed Forces Covenant	-	34,688	-	34,688
Snow Sports Donations	-	(2,702)	2,702	-
National Lottery Awards for All	-	8,815	-	8,815
County Durham Community Foundation	-	4,177	-	4,177
V3P - Veterans Places	-	41,194	-	41,194
Versus Arthritis	-	736	-	736
Stamp it Out - Suicide Prevention	-	4,217	-	4,217
Great Aycliffe Town Council	-	2,478	-	2,478
	<u>-</u>	<u>134,520</u>	<u>(9,133)</u>	<u>125,387</u>
TOTAL FUNDS	<u>15,727</u>	<u>162,362</u>	<u>-</u>	<u>178,089</u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	179,097	(151,255)	27,842
Restricted funds			
Help for Heroes	15,727	(3,892)	11,835
Veterans Foundation	50,375	(21,293)	29,082
Armed Forces Covenant	103,379	(68,691)	34,688
Snow Sports Donations	21,085	(23,787)	(2,702)
National Lottery Awards for All	9,996	(1,181)	8,815
County Durham Community Foundation	5,000	(823)	4,177
V3P - Veterans Places	136,597	(95,403)	41,194
Versus Arthritis	4,987	(4,251)	736
Kickstart	12,159	(12,159)	-
Stamp it Out - Suicide Prevention	5,000	(783)	4,217
Great Aycliffe Town Council	<u>3,597</u>	<u>(1,119)</u>	<u>2,478</u>
	<u>367,902</u>	<u>(233,382)</u>	<u>134,520</u>
TOTAL FUNDS	<u>546,999</u>	<u>(384,637)</u>	<u>162,362</u>

All restricted funds are received in support of ex service men and women.

The unrestricted funds represent unrestricted resources available for general work of the charitable company.

Transfers between funds

During 2022 the Charity transferred £2,702 from general funds to Snow Sports, to cover the additional costs incurred. £11,835 was transferred to general funds from Help for Heroes for the purchase of a minibus.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

17. COMPANY LIMITED BY GUARANTEE

There is no authorised share capital and the number of members, each of whose liability is limited to £1, at the year end was 3 (2021: 3).

Sporting Force Ltd

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	56,810	79,468
Other trading activities		
Other income	17,747	807
Charitable activities		
Grants	<u>389,517</u>	<u>2,650</u>
Total incoming resources	464,074	82,925
EXPENDITURE		
Charitable activities		
Wages	114,290	27,963
Social security	10,644	-
Pensions	1,842	354
Costs of running activities	125,352	2,299
Rent, rates and room hire	6,415	6,957
Advertising	3,159	1,467
Travel and subsistence	15,925	12,115
Training	<u>2,964</u>	<u>-</u>
	280,591	51,155
Support costs		
Support of service men and women		
Insurance	2,288	542
Telephone	772	607
Legal and professional fees	4,634	7,862
General office costs	5,747	2,216
Bad debts	-	970
Other costs	1,572	7,254
Depreciation of tangible fixed assets	<u>12,138</u>	<u>1,755</u>
	27,151	21,206
Governance costs		
Independent examiners fee	2,000	2,000
Entertaining	<u>534</u>	<u>-</u>
	<u>2,534</u>	<u>2,000</u>
Total resources expended	<u>310,276</u>	<u>74,361</u>
Net income	<u><u>153,798</u></u>	<u><u>8,564</u></u>

This page does not form part of the statutory financial statements

SPORTING FORCE LTD

England & Wales - Charity number 1169441

Accounts

REGISTERED COMPANY NUMBER: 10008613 (England and Wales)
REGISTERED CHARITY NUMBER: 1169441

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2021
for
Sporting Force Ltd**

Clive Owen LLP
Chartered Accountants
140 Coniscliffe Road
DARLINGTON
Co Durham
DL3 7RT

Sporting Force Ltd

**Contents of the Financial Statements
for the Year Ended 31 March 2021**

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Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 15

**Report of the Trustees
for the Year Ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Sporting Force has a mission to help veterans transition from the forces into civilian life through sport, starting their journey using social engagement and camaraderie to alleviate feelings of isolation, increase self-esteem, confidence and wellbeing. The charity's vision is that across every region in Great Britain professional sports clubs will engage to deliver sustainable, long term professional, amateur and volunteer sport related career opportunities and offers for veterans. Life in the military is an active life and by working with sports organisations we can offer opportunities that appeal to veterans and ignite a passion to help them create a new life outside of the services.

Public benefit

Research has suggested that the two best self-help strategies are exercise and social support. For anxiety sufferers exercise helps reduce worry, panic and other symptoms. Sporting Force offers sport, exercise, camaraderie and being part of a team again; things that veterans all miss. We offer our services to both male and female veterans.

Post-Traumatic Stress Disorder (PTSD) and mental health affect the whole family; we understand the pressures and pain involved. Making services open to partners of Wounded, Injured or Sick (WIS) and PTSD sufferers we offer access to support and opportunities for the families, an opportunity to meet others who understand what it's like to care for their loved ones, giving the opportunity to mutually support each other.

The activities set out in this report have been undertaken to further the Charity's charitable purposes for the public benefit. The trustees have complied with the duty under Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission and the trustees have paid due regard to this guidance in deciding what activities the charity should undertake.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2020/2021 financial year has been a difficult time for Sporting Force with Covid-19 restrictions that were imposed in March 2020. A historic issue when the Charity relied too much on restricted funds for delivery of services to the WIS community has had repercussion in this financial year. The change in funder priorities resulted in significant reduction in restricted funds for WIS beneficiaries and the associated delivery of services. Employed staff were released in order to retain the financial integrity of the Charity and from August 2019 the Charity was run by the Trustees and one volunteer.

Beneficiary services during the period 2020/21 were restricted to a small number of; small social engagement activities delivery of food boxes, activity boxes working in partnership with other local charities.

The positive aspect for the charity was that the previous cost reduction already meant the charity was running lean going into national lockdown which undoubtedly ensured the survival of the charity. The 2020/21 priorities of increasing unrestricted income generation, refinement of the new strategy and rebuilding the team and services in line with the new plans has been successful.

FINANCIAL REVIEW

Reserves policy

The financial statements on pages 5 to 15 show the performance and current position of the company which the trustees, given the individual circumstances and general market conditions, consider to be satisfactory. The company is now establishing a formal reserves policy and the trustees would ideally like to hold free reserves to cover at least four months operating expenditure which is currently estimated at £55,000. The company currently holds free reserves of £24,291. The trustees believe that the required level in unrestricted free reserves will be achieved by 2022/23.

**Report of the Trustees
for the Year Ended 31 March 2021**

FUTURE PLANS

Since the 1st of April 2021 Sporting Force has recommenced a wide range of social engagement, physical and sporting activities to support health and mental wellbeing. With the recruitment of Wellbeing Coaches a full programme has commenced.

From December 2021 our employment support opportunities to help ex-service personnel to find a new and fulfilling vocation will commence. These activities include open days, training events, work placements, coaching, mentoring and potentially in the longer term job offers.

For veterans who were medically discharged because of physical injuries not being as mobile as when able bodied, does not mean that they cannot be involved in sport, whether playing adapted methods or working within the sports sector in other roles.

Families are so important to service personnel after being injured or whilst suffering with poor mental health, many family members provide unpaid care. Research has shown that if a caregiver is well supported, then recovery is improved. Sporting Force offers support services to immediate family members recognising that they also need the support and opportunities to reintegrate with life outside of the services.

On the 1st of May 2021 the charity moved into a Veterans Hub to reduce overheads further. We now have service level agreements with 3 corporate supporters, the trustees were able to start the new strategy plans to take the Charity into a new era. The first 6 months of 2021/22 grant funding reached £100k and donations/corporate sponsors £68.5k.

Team members returned to the charity and a new Executive team was established, additional trustees are being recruited to complete the skills matrix to ensure strength of the strategic leadership. Providing leadership to the charity by ensuring that everyone remains focused on the delivery of the charity's charitable purposes to provide even greater beneficiary benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Sporting Force Limited is a charitable company, limited by guarantee, incorporated on 16 February 2016. The company was established under a Memorandum of Association which established the objects and powers of the company and is governed under its Articles of Association. The company obtained charitable registration on 3 October 2016. Day to day management is delegated to T P Lowther.

Recruitment and appointment of new trustees

Trustee appointments will be by joint decision by the current trustees at the AGM.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The risks have been reviewed by the trustees and systems established to mitigate those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

10008613 (England and Wales)

Registered Charity number

1169441

Registered office

1st Floor
Sapphire House
Horndale Avenue
Newton Aycliffe
DL5 6DS

Sporting Force Ltd (Registered number: 10008613)

**Report of the Trustees
for the Year Ended 31 March 2021**

Trustees

M O Dewhurst
M R E Storey (resigned 28.5.21)
M A Wing
R O Armstrong (appointed 28.5.21)
C Moat (appointed 29.11.21)

Independent Examiner

Christopher Beaumont BA (Hons) BFP FCA DChA
Institute of Chartered Accountants in England and Wales
Clive Owen LLP
Chartered Accountants
140 Coniscliffe Road
DARLINGTON
Co Durham
DL3 7RT

Approved by order of the board of trustees on 16 December 2021 and signed on its behalf by:



M O Dewhurst - Trustee

**Independent Examiner's Report to the Trustees of
Sporting Force Ltd**

Independent examiner's report to the trustees of Sporting Force Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Beaumont BA (Hons) BFP FCA DChA
Institute of Chartered Accountants in England and Wales
Clive Owen LLP
Chartered Accountants
140 Coniscliffe Road
DARLINGTON
Co Durham
DL3 7RT

16 December 2021

Sporting Force Ltd

**Statement of Financial Activities
for the Year Ended 31 March 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	79,468	-	79,468	5,140
Charitable activities	4				
Charitable activities		2,650	-	2,650	22,355
Other trading activities	3	807	-	807	44,000
Total		<u>82,925</u>	<u>-</u>	<u>82,925</u>	<u>71,495</u>
 EXPENDITURE ON					
Raising funds	5	2,299	-	2,299	765
Charitable activities	6				
Charitable activities		72,062	-	72,062	98,257
Total		<u>74,361</u>	<u>-</u>	<u>74,361</u>	<u>99,022</u>
NET INCOME/(EXPENDITURE)		<u>8,564</u>	<u>-</u>	<u>8,564</u>	<u>(27,527)</u>
 RECONCILIATION OF FUNDS					
Total funds brought forward		15,727	-	15,727	43,254
TOTAL FUNDS CARRIED FORWARD		<u><u>24,291</u></u>	<u><u>-</u></u>	<u><u>24,291</u></u>	<u><u>15,727</u></u>

The notes form part of these financial statements

Sporting Force Ltd (Registered number: 10008613)

Balance Sheet
31 March 2021

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	13	6,262	-	6,262	7,009
CURRENT ASSETS					
Debtors	14	-	-	-	3,942
Cash at bank		39,548	-	39,548	9,100
		39,548	-	39,548	13,042
CREDITORS					
Amounts falling due within one year	15	(21,519)	-	(21,519)	(4,324)
NET CURRENT ASSETS		18,029	-	18,029	8,718
TOTAL ASSETS LESS CURRENT LIABILITIES		24,291	-	24,291	15,727
NET ASSETS		24,291	-	24,291	15,727
FUNDS	18				
Unrestricted funds				24,291	15,727
TOTAL FUNDS				24,291	15,727

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 December 2021 and were signed on its behalf by:



M O Dewhurst - Trustee

The notes form part of these financial statements

Sporting Force Ltd

Notes to the Financial Statements for the Year Ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)' effective 1 January 2019, the Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Critical accounting judgements and key sources of estimation uncertainty

Estimates and judgements are continually evaluated and based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The charity makes estimates and assumptions concerning the future. There are no resulting accounting estimates and assumptions that have a significant risk of causing material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Critical areas of judgement:

In the application of the charity's accounting policies the trustees are required to make judgements, estimates and assumptions about the carrying amounts of certain assets and liabilities. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. There are no items in the financial statements where these judgements and estimates have been made.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donated assets

Where the donated good is a fixed asset it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset category and depreciated.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Basic financial instruments

Basic financial instruments are measured at amortised cost with changes recognised in income or expenditure.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	79,468	5,140
	<u>79,468</u>	<u>5,140</u>

Income from donations and legacies was £79,468 (2020 - £5,140) of which £Nil (2020 - £75) was attributable to restricted and £79,468 (2020 - £5,065) was attributable to unrestricted funds.

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Other income	807	44,000
	<u>807</u>	<u>44,000</u>

Income from other trading activities was unrestricted during both the current and previous year.

4. INCOME FROM CHARITABLE ACTIVITIES

		2021	2020
	Activity	£	£
Grants	Charitable activities	2,650	22,355
		<u>2,650</u>	<u>22,355</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
General	2,650	2,605
Leeds Community Foundation Jimbo's Fund	-	19,750
	<u>2,650</u>	<u>22,355</u>

Income from charitable activities was £2,650 (2020 - £22,355 of which £Nil (2020 - £19,750) was attributable to restricted and £2,650 (2020 - £2,605) was attributable to unrestricted funds.

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

5. RAISING FUNDS

Other trading activities

	2021	2020
	£	£
Purchases	2,299	765
	<u>2,299</u>	<u>765</u>

Expenditure on raising funds was £2,299 (2020: £765) of which £2,299 (2020: £255) was unrestricted and £Nil (2020: £510) restricted.

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	48,856	23,206	72,062
	<u>48,856</u>	<u>23,206</u>	<u>72,062</u>

Expenditure on charitable activities was £74,361 (2020: £98,257) of which £74,361 (2020: £37,530) was unrestricted and £Nil (2020: £60,727) was restricted.

7. SUPPORT COSTS

	Support of service men and women £	Governance costs £	Totals £
Charitable activities	21,206	2,000	23,206
	<u>21,206</u>	<u>2,000</u>	<u>23,206</u>

Support costs, included in the above, are as follows:

Support of service men and women

	2021 Charitable activities £	2020 Total activities £
Wages	-	3,194
Social security	-	188
Pensions	-	585
Insurance	542	1,272
Telephone	607	1,959
Legal and professional fees	7,862	166
General office costs	2,216	1,307
Bad debts	970	-
Other costs	7,254	1,590
Depreciation of tangible fixed assets	1,755	2,315
	<u>21,206</u>	<u>12,576</u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

7. SUPPORT COSTS - continued
Governance costs

	2021 Charitable activities £	2020 Total activities £
Independent examiners fee	2,000	2,000
Entertaining	-	49
	2,000	2,049
	2,000	2,049

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	1,755	2,315
	1,755	2,315
	1,755	2,315

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

No Trustees have been reimbursed with travel and entertaining expenses in both 2021 and 2020.

10. STAFF COSTS

	2021 £	2020 £
Wages and salaries	27,963	24,557
Social security costs	-	188
Other pension costs	354	585
	28,317	25,330
	28,317	25,330

The average monthly number of employees during the year was as follows:

	2021	2020
Direct charitable activities staff	1	1
Admin staff	-	1
	1	2
	1	2

No employee received benefits of than £60,000 in the current or previous period.

No wages were paid to key management in the current or previous period.

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

11. EXCEPTIONAL ITEMS

During 2020 the Charity repaid an element of monies received from a donor in previous periods.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	5,065	75	5,140
Charitable activities			
Charitable activities	2,605	19,750	22,355
Other trading activities	44,000	-	44,000
Total	51,670	19,825	71,495
 EXPENDITURE ON			
Raising funds	255	510	765
Charitable activities			
Charitable activities	37,530	60,727	98,257
Total	37,785	61,237	99,022
NET INCOME/(EXPENDITURE)	13,885	(41,412)	(27,527)
Transfers between funds	(17,965)	17,965	-
Net movement in funds	(4,080)	(23,447)	(27,527)
 RECONCILIATION OF FUNDS			
Total funds brought forward	19,807	23,447	43,254
TOTAL FUNDS CARRIED FORWARD	15,727	-	15,727

Sporting Force Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

13. TANGIBLE FIXED ASSETS

	Office equipment £
COST	
At 1 April 2020	14,077
Additions	1,008
	15,085
At 31 March 2021	15,085
DEPRECIATION	
At 1 April 2020	7,068
Charge for year	1,755
	8,823
At 31 March 2021	8,823
NET BOOK VALUE	
At 31 March 2021	6,262
At 31 March 2020	7,009

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	-	270
Other debtors	-	750
Prepayments and accrued income	-	2,922
	-	3,942
	-	3,942

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Bank loans and overdrafts (see note 16)	-	33
Trade creditors	2,211	897
Social security and other taxes	5,448	144
Other creditors	914	110
Accruals and deferred income	12,946	3,140
	21,519	4,324
	21,519	4,324

16. LOANS

An analysis of the maturity of loans is given below:

	2021 £	2020 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	33
	-	33

Sporting Force Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2021	2020
	£	£
Within one year	1,224	4,560
Between one and five years	-	1,140
	<u>1,224</u>	<u>5,700</u>

18. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	15,727	8,564	24,291
	<u>15,727</u>	<u>8,564</u>	<u>24,291</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	82,925	(74,361)	8,564
	<u>82,925</u>	<u>(74,361)</u>	<u>8,564</u>

Comparatives for movement in funds

	At 1.4.19	Net movement in funds	Transfers between funds	At 31.3.20
	£	£	£	£
Unrestricted funds				
General fund	19,807	13,885	(17,965)	15,727
Restricted funds				
Help for Heroes	570	(22,095)	21,525	-
Veterans Foundation	18,617	(18,617)	-	-
Football Foundation	700	(700)	-	-
National Lottery Awards for All	3,560	-	(3,560)	-
	<u>23,447</u>	<u>(41,412)</u>	<u>17,965</u>	<u>-</u>
TOTAL FUNDS	<u>43,254</u>	<u>(27,527)</u>	<u>-</u>	<u>15,727</u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	51,670	(37,785)	13,885
Restricted funds			
Help for Heroes	-	(22,095)	(22,095)
Veterans Foundation	-	(18,617)	(18,617)
Football Foundation	-	(700)	(700)
Snow Sports Donations	75	(75)	-
Leeds Community Foundation	19,750	(19,750)	-
	<u>19,825</u>	<u>(61,237)</u>	<u>(41,412)</u>
TOTAL FUNDS	<u><u>71,495</u></u>	<u><u>(99,022)</u></u>	<u><u>(27,527)</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	19,807	22,449	(17,965)	24,291
Restricted funds				
Help for Heroes	570	(22,095)	21,525	-
Veterans Foundation	18,617	(18,617)	-	-
Football Foundation	700	(700)	-	-
National Lottery Awards for All	3,560	-	(3,560)	-
	<u>23,447</u>	<u>(41,412)</u>	<u>17,965</u>	<u>-</u>
TOTAL FUNDS	<u><u>43,254</u></u>	<u><u>(18,963)</u></u>	<u><u>-</u></u>	<u><u>24,291</u></u>

Sporting Force Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

18. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	134,595	(112,146)	22,449
Restricted funds			
Help for Heroes	-	(22,095)	(22,095)
Veterans Foundation	-	(18,617)	(18,617)
Football Foundation	-	(700)	(700)
Snow Sports Donations	75	(75)	-
Leeds Community Foundation	19,750	(19,750)	-
	<u>19,825</u>	<u>(61,237)</u>	<u>(41,412)</u>
TOTAL FUNDS	<u>154,420</u>	<u>(173,383)</u>	<u>(18,963)</u>

Help for Heroes - to fund costs incurred in support of ex service men and women.

Veterans Foundation - to fund costs associated with retraining veterans for careers in the sports industry.

Football Foundation - to create veterans football teams for the purpose of reducing social isolation and improving well being.

Snow Sports donation - to enable wounded and injured veterans to participate in snow sports.

Leeds Community Foundation - to help veterans who are disengaged with their local community.

19. RELATED PARTY DISCLOSURES

During the year ended 31 March 2021, Mr T Lowther, Chief Executive Officer has drawn £Nil (2020: £10,807) in consultancy fees.

20. COMPANY LIMITED BY GUARANTEE

There is no authorised share capital and the number of members, each of whose liability is limited to £1, at the year end was 3 (2020: 3).