

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 July 2025
for
Love, Jasmine

Douglas Fairless Partnership
Seymour Chambers
92 London Road
Liverpool
Merseyside
L3 5NW

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for the Year Ended 31 July 2025**

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**Report of the Trustees
for the Year Ended 31 July 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Over the past 12 months we have supported 322 unique individuals, which is an increase from 287 the previous year. A more detailed breakdown of the numbers who attended the different types of support that we provide can be found below.

We're pleased to say that every person that referred into our service was more informed about how we can help support them and their families. We were also pleased to see that for the second year everyone who responded to our peer group survey said that they felt more connected to others. Of those people who completed their counselling with us this year, 92% of everyone who underwent counselling showed an improvement in their mental wellbeing, 75% were able to deal with problems better and 79% were more confident. On top of the 9 bereaved family members who volunteered their time with us last year, a further 5 different family members have also volunteered this year. One of whom is a volunteer counsellor, who had previously accessed support with us.

We continue to involve the families that we support in the development of our service, and this remains very important to us. We continue to ask for their feedback and suggestions for the types of group activities that we provide and also for their ideas to develop our current groups.

Another aspect of our community involvement is providing training to bereaved parents so that they can train to become qualified counsellors as we have previously done in the past. This year 3 bereaved parents completed their Level 2 Counselling concepts course and two will go on to the level 3 course starting in September 2025.

OBJECTIVES AND ACTIVITIES

Charitable purposes and aims

Our charitable purposes which are clearly set out in our constitution are:-

1. To preserve and protect the mental and physical health of families who are suffering as a result of a terminal diagnosis or bereavement of a child of any age by the provision of counselling, guidance and support.
2. To advance the education of the public and in particular professionals who assist bereaved families by raising awareness of their needs by way of information, training, guidance and support.

Love, Jasmine supports families directly affected by the loss of a child. We provide emotional and practical support and promote self-care to improve the emotional well being of the whole family.

All families bereaved by the loss of a child should receive the support that they need, when they need it, for as long they need it.

**Report of the Trustees
for the Year Ended 31 July 2025**

OBJECTIVES AND ACTIVITIES

1. Emotional Support

1.1. Counselling

Demand for our counselling service has again grown. Last year 202 people accessed one to one support with us (187 adults and 15 children) which is up from 155 people (143 adults and 12 children) during the previous year. We have been able to keep up with the demand due to a grant from Steve Morgan Foundation which has funded the salary of Therapeutic Co-Ordinator. This has meant we are able to use our unreserved funds to increase the provision of sessional counsellors. Because of this our waiting list times have dropped from 3-4 months to just a couple of weeks depending on the availability of the family member.

Towards the end of the year, we added a male counsellor to our team of sessional counsellors. This is the first time that we have had a male counsellor work for us, and it improves our ability to better match someone to the most appropriate counsellor.

1.2. One to one peer support

As part ensuring that families can access support, we offer families who may otherwise cannot or don't feel they need one to one counselling for whatever reason the opportunity to speak to someone from our team on one-to-one basis. Sometimes this can be a regular chat, but for others, it can be done on an ad hoc basis at a time that suits them. Last year, 14 people access one to one peer support.

1.3. EMDR

Like last year two people underwent EMDR therapy. Both showed a reduction in their symptoms for PTSD.

Person 1

	Start	Finish
PCL5	44	4
GAD7	12	4
PHQ9	7	2

Person 2

	Start	Finish
PCL5	63	43
GAD7	18	9
PHQ9	18	11

1.4. Hypnotherapy

We've been able to offer Hypnotherapy to families for the first time this year following two of our counsellors becoming qualified to practice. Hypnotherapy is offered to family members who having difficulty with a particular issue, such as anxiety, low mood, low motivation, poor sleep or they are unable to relax for instance. All of these issues are symptoms of the grief and trauma that they have experienced. To be considered for hypnotherapy the family members would have to undergone one to one counselling first. To date 5 people have accessed to hypnotherapy. As we progress, we will need to develop our outcome measurement for hypnotherapy, so we are better able to demonstrate the benefits of the therapy.

1.5. Peer and Support Groups

Our offer of peer and support groups continues to evolve based on the needs of the families that we support. During the year, we have provided two regular monthly groups - a monthly coffee morning open to bereaved parents, grandparents, older siblings and wider family members as well as a bereaved parents' monthly support group. Both of these groups are well attended and are a mainstay of our group offer.

Throughout the year the numbers of different people that attended both of these groups were

- Coffee Morning - 38
- Bereaved Parents Support Group - 31

Both of these groups are different in terms of how they are run and therefore attract different people and only 5 people attended both the coffee morning and the parents support group.

As well as our two regular monthly groups we also continued to provide one off pop groups which are more focussed on a particular type of loss. This year we provided groups for: -

- Sudden and unexpected loss
- Baby loss
- Loss of an only child
- Loss due to suicide

**Report of the Trustees
for the Year Ended 31 July 2025**

OBJECTIVES AND ACTIVITIES

- Termination for medical reasons
- Grandparents
- Loss due to cancer
- Mum's wellbeing event (soundbath)
- Stillbirth
- Dads
- Adult sibling
- Life limiting conditions
- Coffee and chat
- Walk and Talk

As with last year, we surveyed those attended the groups more than three times (13 responses) and again 100% said that they felt more connected and 100% said that they felt more connected to others, which was pleasing to see once again.

We also surveyed those who regularly attend the parent support group for their thoughts on how the group is ran and asked them for ideas on how to manage the group going forward. The reason for this is that sometimes the group is that well attended that we are almost full to capacity. As we don't ask parents to book in advance, we were beginning to become concerned that people may come, and we won't have room for them. We asked them if they would be ok with booking a space in future sessions, whether or not they preferred large or small groups and whether or not they would attend a second group each month.

The feedback was that they like how they group is run, whereby there isn't an agenda and that they can just turn up, but there was a concern about potentially people not having a space and when the group is large that some people may not get an opportunity to speak. So, until the end of the year, we have introduced a second parents group each month, without the need to book a space to see if that slightly reduces the numbers of people attending. Our reasoning for this is that people have two opportunities to attend each month and they may not feel as if they have to attend each session, whereas at the moment many of the regular attendees feel the need to attend each session.

We are also considering offering a regular monthly group for newly bereaved parents and are trialling this as a one-off pop-up group in September.

Here is a selection of the feedback that we have received about our parents' group

"Attending the group is one of the only times a month we get to be amongst people in our situation and are able to be 100% ourselves, without having to wear a mask and pretend we're not still living with the weight of grief. A chance to be around people who understand and talk about things that really matter to us also, so many people don't understand our pain but, in the group, we find support and genuine help. It's where we can be truly honest and it helps us in so many ways"

"This group is important to me as without it I don't know how I'd cope, the group is like a coping mechanism for me, it's my outlet for getting things off my chest when I can't talk to others. I have made a bond with this group, there is a rapport between us, and I feel this is the only place where when I talk, my feelings and thoughts are completely understood, and I feel heard and not judged. I attend every month and when I can't attend, I really miss it"

2. Self-Care

Although a similar number of people accessed complimentary therapies as last year, 41 compared to 43 last year, only 3 people accessed this service three times or more during the year and because of that we didn't survey those three people because of the small sample size. During the year, we made the decision to limit access to the complimentary therapies to people who actively getting other types of support from us as it became apparent that some people were unfortunately taking advantage of the service.

3. Practical Support

24 people were provided much needed transport to appointments over the year. For all of these people getting help with transport made the difference between getting support and not accessing support. We have continued to signpost families on a regular basis to other organisations who are better placed to help, particularly for legal advice.

Last year's Christmas card appeal raised nearly £1,800 and this has once again been used to support families in financial crisis. To date we have purchased a tumble dryer for a bereaved mum who has mobility issues as well as suffering from asthma. We have also purchased supermarket gift cards for families who have been struggling to purchase essential food items.

4. Third Sector Partnerships

As well as continuing to partner with long-term partners, Zoe's Place Baby Hospice and Amy & Friends, we also entered into a pilot project with Tiny Tickers who provide support to families whose children have congenital heart conditions, and we are providing one to one bereavement support to families whose children have sadly died.

**Report of the Trustees
for the Year Ended 31 July 2025**

OBJECTIVES AND ACTIVITIES

5. Community Fundraising

We organised some events to raise funds to support our work - Skydive, Santa Dash, Comedy Bingo Night and a Spring Soirée evening fundraiser.

We were also extremely grateful to the families and organisers of the following events for raising money on our behalf

- Chester University Event Planning students (Bubbles and Bingo)
- The family of Tallulah Marshall (Quiz Night)
- The family of Krishnan Patel (Fashion Show)
- The family of Faye Holden (Charity Football Match)
- The family of Annayah Rosa Balmer (Charity Football Match)
- The family of Zoe Tynan (The Zoe Tynan Tournament)
- The family of Kirsten Hawksey (30th Birthday)
- The family of Charlotte Davies (Cheese and Wine Tasting)
- The family of Gabby Verdin (Gabby's Gift)
- The family of Gwilym Owen (Quiz Night)
- The family of Daniel Skeggs (13th Birthday)
- The family of Joe Mullin (Memorial Events)

The Trustees would also like to acknowledge and thank every individual or family member who has donated or took part in a challenge over the year for all of their donations and efforts.

6. Corporate Support

The Trustees would also like to express their gratitude to Mikkeller Running Club for their continued support of work with families, Morecroft Solicitors and Knowsley Running Club for their support.

7. Grant Funding

Throughout the year, we have been very grateful for the support of the following Grant Funders, and the Trustees would like to express their sincere thanks for the support that they have shown Love, Jasmine.

- The National Lottery Reaching Communities Fund - Year 2 of a three-year grant of £255,571
- Steve Morgan Foundation - Year 1 of three-year grant of £116,408
- John Moores Foundation - Year 1 of a two-year grant of £15,000
- Vola Consortium - £4,281.60
- Hill Dickinson Foundation - £2,340
- The Rose Of Mossley - £4,100

FINANCIAL REVIEW

During the year the charity raised £262,989 (2024 - £215,437) and spent on £229,216 (2024 - £214,772) on various activities and running costs. The remaining funds of £68,116 (2024 - £34,343) are contained within a general fund and will be used against future projects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE007956 (Not specified/Other)

Registered Charity number

1169397

Registered office

10 TAPTON WAY
WAVERTREE BUSINESS VILLAGE
Liverpool
Merseyside
L13 1DA

Love, Jasmine

**Report of the Trustees
for the Year Ended 31 July 2025**

Trustees

Miss L. Dyson Trustee
I Stringer Trustee
Mrs K Lapsley Trustee
Mrs E E Furlong Trustee
Miss L Devine

Company Secretary

Independent Examiner

Douglas Fairless Partnership
Seymour Chambers
92 London Road
Liverpool
Merseyside
L3 5NW

Approved by order of the board of trustees on 13/5/26 and signed on its behalf by:


.....
Mrs E E Furlong - Trustee

**Independent Examiner's Report to the Trustees of
Love, Jasmine**

Independent examiner's report to the trustees of Love, Jasmine ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

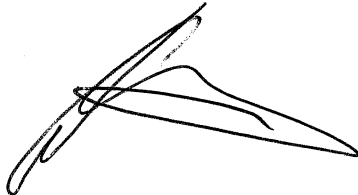
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gregory Newton FCCA

Douglas Fairless Partnership
Seymour Chambers
92 London Road
Liverpool
Merseyside
L3 5NW

Date: 13/5/26

Douglas Fairless Partnership
Accountants & Registered Auditors
Seymour Chambers
92 London Road
Liverpool L3 5NW
Tel: 0151 709 1931
Fax: 0151 709 9412

Love, Jasmine

**Statement of Financial Activities
for the Year Ended 31 July 2025**

	Notes	Unrestricted fund £	Restricted fund £	31.7.25 Total funds £	31.7.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		86,744	117,766	204,510	159,980
Other trading activities	2	58,479	-	58,479	55,457
Total		<u>145,223</u>	<u>117,766</u>	<u>262,989</u>	<u>215,437</u>
EXPENDITURE ON					
Raising funds	3	8,147	-	8,147	16,757
Other		107,668	113,401	221,069	198,015
Total		<u>115,815</u>	<u>113,401</u>	<u>229,216</u>	<u>214,772</u>
NET INCOME		29,408	4,365	33,773	665
RECONCILIATION OF FUNDS					
Total funds brought forward		32,343	2,000	34,343	33,678
TOTAL FUNDS CARRIED FORWARD		<u><u>61,751</u></u>	<u><u>6,365</u></u>	<u><u>68,116</u></u>	<u><u>34,343</u></u>

Love, Jasmine

Balance Sheet
31 July 2025

	Notes	Unrestricted fund £	Restricted fund £	31.7.25 Total funds £	31.7.24 Total funds £
CURRENT ASSETS					
Cash at bank		62,183	6,365	68,548	37,292
CREDITORS					
Amounts falling due within one year	9	(432)		(432)	(2,949)
NET CURRENT ASSETS		<u>61,751</u>	<u>6,365</u>	<u>68,116</u>	<u>34,343</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>61,751</u>	<u>6,365</u>	<u>68,116</u>	<u>34,343</u>
NET ASSETS		<u>61,751</u>	<u>6,365</u>	<u>68,116</u>	<u>34,343</u>
FUNDS	10				
Unrestricted funds				61,751	32,343
Restricted funds				<u>6,365</u>	<u>2,000</u>
TOTAL FUNDS				<u>68,116</u>	<u>34,343</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/5/26 and were signed on its behalf by:



E E Furlong - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 July 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- at varying rates on cost
Computer equipment	- at varying rates on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	31.7.25	31.7.24
	£	£
Other income	58,479	55,457
	<u> </u>	<u> </u>

**Notes to the Financial Statements - continued
for the Year Ended 31 July 2025**

3. RAISING FUNDS**Raising donations and legacies**

	31.7.25	31.7.24
	£	£
Events	5,646	15,274
Direct costs	2,501	1,483
	<u>8,147</u>	<u>16,757</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.7.25	31.7.24
	£	£
Depreciation - owned assets	<u>-</u>	<u>389</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 July 2025 nor for the year ended 31 July 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 July 2025 nor for the year ended 31 July 2024.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.7.25	31.7.24
	1	1
Manager	3	3
Admin	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	72,850	87,130	159,980
Other trading activities	55,457	-	55,457
Total	<u>128,307</u>	<u>87,130</u>	<u>215,437</u>
EXPENDITURE ON			
Raising funds	(71,073)	87,830	16,757
Other	198,015	-	198,015
Total	<u>126,942</u>	<u>87,830</u>	<u>214,772</u>
NET INCOME/(EXPENDITURE)	1,365	(700)	665

Notes to the Financial Statements - continued
for the Year Ended 31 July 2025

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	30,978	2,700	33,678
TOTAL FUNDS CARRIED FORWARD	<u>32,343</u>	<u>2,000</u>	<u>34,343</u>

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 August 2024 and 31 July 2025	<u>2,348</u>	<u>2,752</u>	<u>5,100</u>
DEPRECIATION			
At 1 August 2024 and 31 July 2025	<u>2,348</u>	<u>2,752</u>	<u>5,100</u>
NET BOOK VALUE			
At 31 July 2025	<u>-</u>	<u>-</u>	<u>-</u>
At 31 July 2024	<u>-</u>	<u>-</u>	<u>-</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.25 £	31.7.24 £
Social security and other taxes	-	2,541
Accrued expenses	<u>432</u>	<u>408</u>
	<u>432</u>	<u>2,949</u>

10. MOVEMENT IN FUNDS

	At 1.8.24 £	Net movement in funds £	At 31.7.25 £
Unrestricted funds			
General fund	32,343	29,408	61,751
Restricted funds			
Restricted	2,000	4,365	6,365
TOTAL FUNDS	<u>34,343</u>	<u>33,773</u>	<u>68,116</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	145,223	(115,815)	29,408
Restricted funds			
Restricted	117,766	(113,401)	4,365
TOTAL FUNDS	<u>262,989</u>	<u>(229,216)</u>	<u>33,773</u>

Notes to the Financial Statements - continued
for the Year Ended 31 July 2025

10. MOVEMENT IN FUNDS - continued**Comparatives for movement in funds**

	At 1.8.23 £	Net movement in funds £	At 31.7.24 £
Unrestricted funds			
General fund	30,978	1,365	32,343
Restricted funds			
Restricted	2,700	(700)	2,000
TOTAL FUNDS	<u>33,678</u>	<u>665</u>	<u>34,343</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	128,307	(126,942)	1,365
Restricted funds			
Restricted	87,130	(87,830)	(700)
TOTAL FUNDS	<u>215,437</u>	<u>(214,772)</u>	<u>665</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.23 £	Net movement in funds £	At 31.7.25 £
Unrestricted funds			
General fund	30,978	30,773	61,751
Restricted funds			
Restricted	2,700	3,665	6,365
TOTAL FUNDS	<u>33,678</u>	<u>34,438</u>	<u>68,116</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	273,530	(242,757)	30,773
Restricted funds			
Restricted	204,896	(201,231)	3,665
TOTAL FUNDS	<u>478,426</u>	<u>(443,988)</u>	<u>34,438</u>

**Notes to the Financial Statements - continued
for the Year Ended 31 July 2025**

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 July 2025.

**Detailed Statement of Financial Activities
for the Year Ended 31 July 2025**

	31.7.25 £	31.7.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	2	1
Donations	86,742	72,849
Grants	117,766	87,130
	<u>204,510</u>	<u>159,980</u>
Other trading activities		
Other income	58,479	55,457
	<u>262,989</u>	<u>215,437</u>
EXPENDITURE		
Raising donations and legacies		
Events	5,646	15,274
Direct costs	2,501	1,483
	<u>8,147</u>	<u>16,757</u>
Support costs		
Finance		
Bank charges	-	5
Human resources		
Wages	103,591	98,372
Pensions	3,978	3,677
Subscriptions	81	1,163
	<u>107,650</u>	<u>103,212</u>
Office costs		
Computer costs	8,393	4,402
Insurance	326	1,103
Rates and water	959	240
Telephone	4,526	4,644
Postage and stationery	400	1,164
Sundries	1,717	1,337
Meeting, Office & Storage Rent	20,060	21,600
Light and heat	4,481	3,300
Repairs and new office costs	167	1,838
	<u>41,029</u>	<u>39,628</u>
Support costs		
Professional fees	8,761	-
Travel	7,248	6,566
Counselling/Yoga	50,054	38,654
Marketing	-	536
Other Support costs	5,871	7,874
Fixtures and fittings	-	211
Computer equipment	-	177
	<u>71,934</u>	<u>54,018</u>

Love, Jasmine

**Detailed Statement of Financial Activities
for the Year Ended 31 July 2025**

	31.7.25 £	31.7.24 £
Support costs		
Governance costs		
Accountancy fees	456	432
Legal fees	-	720
	<u>456</u>	<u>1,152</u>
Total resources expended	<u>229,216</u>	<u>214,772</u>
Net income	<u><u>33,773</u></u>	<u><u>665</u></u>