

# LOVE, JASMINE

England & Wales · Charity number 1169397

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-09-28

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 10 Tapton Way  
Wavertree Business Village  
Liverpool  
L13 1DA

**Phone** 01514594779

**Email** [enquiries@lovejasmine.org.uk](mailto:enquiries@lovejasmine.org.uk)

**Website** [www.lovejasmine.org.uk](http://www.lovejasmine.org.uk)

## Activities

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**Objects:** 1. TO PRESERVE AND PROTECT THE MENTAL AND PHYSICAL HEALTH OF FAMILIES WHO ARE SUFFERING AS A RESULT OF A TERMINAL DIAGNOSIS OR BEREAVEMENT OF A CHILD OF ANY AGE BY THE PROVISION OF COUNSELLING, GUIDANCE AND SUPPORT. 2. TO ADVANCE THE EDUCATION OF THE PUBLIC AND IN PARTICULAR PROFESSIONALS WHO ASSIST BEREAVED FAMILIES BY RAISING AWARENESS OF THEIR NEEDS BY WAY OF INFORMATION, TRAINING, GUIDANCE AND SUPPORT.

**Activities:** Love, Jasmine provides support to family members directly affected by the loss of a child. We provide emotional and practical support and promote self-care to improve the emotional wellbeing of the whole family.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, The General Public/mankind

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£262,989	£229,216	-	-
2024-07-31	£215,437	£214,772	-	-
2023-07-31	£104,566	£128,928	-	-
2022-07-31	£104,371	£145,889	-	-
2021-07-31	£176,318	£161,524	-	-
2020-07-31	£124,496	£114,497	-	-

## Trustees

Name	Role	Appointed
<b>Leanne Devine</b>	Chair	2018-09-21
ELIZABETH FURLONG		2016-07-07
IAN STRINGER		2017-01-07
LEILA DYSON		2016-07-07
Zoe Ainscough		2023-03-15

**LOVE, JASMINE**

England & Wales - Charity number 1169397

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# Accounts

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**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 July 2025  
for  
Love, Jasmine**

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Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

**Contents of the Financial Statements  
for the Year Ended 31 July 2025**

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## Love, Jasmine

### Report of the Trustees for the Year Ended 31 July 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Over the past 12 months we have supported 322 unique individuals, which is an increase from 287 the previous year. A more detailed breakdown of the numbers who attended the different types of support that we provide can be found below.

We're pleased to say that every person that referred into our service was more informed about how we can help support them and their families. We were also pleased to see that for the second year everyone who responded to our peer group survey said that they felt more connected to others. Of those people who completed their counselling with us this year, 92% of everyone who underwent counselling showed an improvement in their mental wellbeing, 75% were able to deal with problems better and 79% were more confident. On top of the 9 bereaved family members who volunteered their time with us last year, a further 5 different family members have also volunteered this year. One of whom is a volunteer counsellor, who had previously accessed support with us.

We continue to involve the families that we support in the development of our service, and this remains very important to us. We continue to ask for their feedback and suggestions for the types of group activities that we provide and also for their ideas to develop our current groups.

Another aspect of our community involvement is providing training to bereaved parents so that they can train to become qualified counsellors as we have previously done in the past. This year 3 bereaved parents completed their Level 2 Counselling concepts course and two will go on to the level 3 course starting in September 2025.

#### **OBJECTIVES AND ACTIVITIES**

##### **Charitable purposes and aims**

Our charitable purposes which are clearly set out in our constitution are:-

1. To preserve and protect the mental and physical health of families who are suffering as a result of a terminal diagnosis or bereavement of a child of any age by the provision of counselling, guidance and support.
2. To advance the education of the public and in particular professionals who assist bereaved families by raising awareness of their needs by way of information, training, guidance and support.

Love, Jasmine supports families directly affected by the loss of a child. We provide emotional and practical support and promote self-care to improve the emotional well being of the whole family.

All families bereaved by the loss of a child should receive the support that they need, when they need it, for as long they need it.

Report of the Trustees  
for the Year Ended 31 July 2025

**OBJECTIVES AND ACTIVITIES**

**1. Emotional Support**

**1.1. Counselling**

Demand for our counselling service has again grown. Last year 202 people accessed one to one support with us (187 adults and 15 children) which is up from 155 people (143 adults and 12 children) during the previous year. We have been able to keep up with the demand due to a grant from Steve Morgan Foundation which has funded the salary of Therapeutic Co-Ordinator. This has meant we are able to use our unreserved funds to increase the provision of sessional counsellors. Because of this our waiting list times have dropped from 3-4 months to just a couple of weeks depending on the availability of the family member.

Towards the end of the year, we added a male counsellor to our team of sessional counsellors. This is the first time that we have had a male counsellor work for us, and it improves our ability to better match someone to the most appropriate counsellor.

**1.2. One to one peer support**

As part ensuring that families can access support, we offer families who may otherwise cannot or don't feel they need one to one counselling for whatever reason the opportunity to speak to someone from our team on one-to-one basis. Sometimes this can be a regular chat, but for others, it can be done on an ad hoc basis at a time that suits them. Last year, 14 people access one to one peer support.

**1.3. EMDR**

Like last year two people underwent EMDR therapy. Both showed a reduction in their symptoms for PTSD.

Person 1

	<b>Start</b>	<b>Finish</b>
PCL5	44	4
GAD7	12	4
PHQ9	7	2

Person 2

	<b>Start</b>	<b>Finish</b>
PCL5	63	43
GAD7	18	9
PHQ9	18	11

**1.4. Hypnotherapy**

We've been able to offer Hypnotherapy to families for the first time this year following two of our counsellors becoming qualified to practice. Hypnotherapy is offered to family members who having difficulty with a particular issue, such as anxiety, low mood, low motivation, poor sleep or they are unable to relax for instance. All of these issues are symptoms of the grief and trauma that they have experienced. To be considered for hypnotherapy the family members would have to undergo one to one counselling first. To date 5 people have accessed to hypnotherapy. As we progress, we will need to develop our outcome measurement for hypnotherapy, so we are better able to demonstrate the benefits of the therapy.

**1.5. Peer and Support Groups**

Our offer of peer and support groups continues to evolve based on the needs of the families that we support. During the year, we have provided two regular monthly groups - a monthly coffee morning open to bereaved parents, grandparents, older siblings and wider family members as well as a bereaved parents' monthly support group. Both of these groups are well attended and are a mainstay of our group offer.

Throughout the year the numbers of different people that attended both of these groups were

- Coffee Morning - 38
- Bereaved Parents Support Group - 31

Both of these groups are different in terms of how they are run and therefore attract different people and only 5 people attended both the coffee morning and the parents support group.

As well as our two regular monthly groups we also continued to provide one off pop groups which are more focussed on a particular type of loss. This year we provided groups for: -

- Sudden and unexpected loss
- Baby loss
- Loss of an only child
- Loss due to suicide

**Report of the Trustees  
for the Year Ended 31 July 2025**

**OBJECTIVES AND ACTIVITIES**

- Termination for medical reasons
- Grandparents
- Loss due to cancer
- Mum's wellbeing event (soundbath)
- Stillbirth
- Dads
- Adult sibling
- Life limiting conditions
- Coffee and chat
- Walk and Talk

As with last year, we surveyed those attended the groups more than three times (13 responses) and again 100% said that they felt more connected and 100% said that they felt more connected to others, which was pleasing to see once again.

We also surveyed those who regularly attend the parent support group for their thoughts on how the group is ran and asked them for ideas on how to manage the group going forward. The reason for this is that sometimes the group is that well attended that we are almost full to capacity. As we don't ask parents to book in advance, we were beginning to become concerned that people may come, and we won't have room for them. We asked them if they would be ok with booking a space in future sessions, whether or not they preferred large or small groups and whether or not they would attend a second group each month.

The feedback was that they like how they group is run, whereby there isn't an agenda and that they can just turn up, but there was a concern about potentially people not having a space and when the group is large that some people may not get an opportunity to speak. So, until the end of the year, we have introduced a second parents group each month, without the need to book a space to see if that slightly reduces the numbers of people attending. Our reasoning for this is that people have two opportunities to attend each month and they may not feel as if they have to attend each session, whereas at the moment many of the regular attendees feel the need to attend each session.

We are also considering offering a regular monthly group for newly bereaved parents and are trialling this as a one-off pop-up group in September.

Here is a selection of the feedback that we have received about our parents' group

"Attending the group is one of the only times a month we get to be amongst people in our situation and are able to be 100% ourselves, without having to wear a mask and pretend we're not still living with the weight of grief. A chance to be around people who understand and talk about things that really matter to us also, so many people don't understand our pain but, in the group, we find support and genuine help. It's where we can be truly honest and it helps us in so many ways"

"This group is important to me as without it I don't know how I'd cope, the group is like a coping mechanism for me, it's my outlet for getting things off my chest when I can't talk to others. I have made a bond with this group, there is a rapport between us, and I feel this is the only place where when I talk, my feelings and thoughts are completely understood, and I feel heard and not judged. I attend every month and when I can't attend, I really miss it"

**2. Self-Care**

Although a similar number of people accessed complimentary therapies as last year, 41 compared to 43 last year, only 3 people accessed this service three times or more during the year and because of that we didn't survey those three people because of the small sample size. During the year, we made the decision to limit access to the complimentary therapies to people who actively getting other types of support from us as it became apparent that some people were unfortunately taking advantage of the service.

**3. Practical Support**

24 people were provided much needed transport to appointments over the year. For all of these people getting help with transport made the difference between getting support and not accessing support. We have continued to signpost families on a regular basis to other organisations who are better placed to help, particularly for legal advice.

Last year's Christmas card appeal raised nearly £1,800 and this has once again been used to support families in financial crisis. To date we have purchased a tumble dryer for a bereaved mum who has mobility issues as well as suffering from asthma. We have also purchased supermarket gift cards for families who have been struggling to purchase essential food items.

**4. Third Sector Partnerships**

As well as continuing to partner with long-term partners, Zoe's Place Baby Hospice and Amy & Friends, we also entered into a pilot project with Tiny Tickers who provide support to families whose children have congenital heart conditions, and we are providing one to one bereavement support to families whose children have sadly died.

**Report of the Trustees  
for the Year Ended 31 July 2025**

**OBJECTIVES AND ACTIVITIES**

**5. Community Fundraising**

We organised some events to raise funds to support our work - Skydive, Santa Dash, Comedy Bingo Night and a Spring Soirée evening fundraiser.

We were also extremely grateful to the families and organisers of the following events for raising money on our behalf

- Chester University Event Planning students (Bubbles and Bingo)
- The family of Tallulah Marshall (Quiz Night)
- The family of Krishnan Patel (Fashion Show)
- The family of Faye Holden (Charity Football Match)
- The family of Annayah Rosa Balmer (Charity Football Match)
- The family of Zoe Tynan (The Zoe Tynan Tournament)
- The family of Kirsten Hawksey (30th Birthday)
- The family of Charlotte Davies (Cheese and Wine Tasting)
- The family of Gabby Verdin (Gabby's Gift)
- The family of Gwilym Owen (Quiz Night)
- The family of Daniel Skeggs (13th Birthday)
- The family of Joe Mullin (Memorial Events)

The Trustees would also like to acknowledge and thank every individual or family member who has donated or took part in a challenge over the year for all of their donations and efforts.

**6. Corporate Support**

The Trustees would also like to express their gratitude to Mikkeller Running Club for their continued support of work with families, Morecroft Solicitors and Knowsley Running Club for their support.

**7. Grant Funding**

Throughout the year, we have been very grateful for the support of the following Grant Funders, and the Trustees would like to express their sincere thanks for the support that they have shown Love, Jasmine.

- The National Lottery Reaching Communities Fund - Year 2 of a three-year grant of £255,571
- Steve Morgan Foundation - Year 1 of three-year grant of £116,408
- John Moores Foundation - Year 1 of a two-year grant of £15,000
- Vola Consortium - £4,281.60
- Hill Dickinson Foundation - £2,340
- The Rose Of Mossley - £4,100

**FINANCIAL REVIEW**

During the year the charity raised £262,989 (2024 - £215,437) and spent on £229,216 (2024 - £214,772) on various activities and running costs. The remaining funds of £68,116 (2024 - £34,343) are contained within a general fund and will be used against future projects.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE007956 (Not specified/Other)

**Registered Charity number**

1169397

**Registered office**

10 TAPTON WAY  
WAVERTREE BUSINESS VILLAGE  
Liverpool  
Merseyside  
L13 1DA

Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2025**

**Trustees**

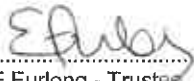
Miss L. Dyson Trustee  
I Stringer Trustee  
Mrs K Lapsley Trustee  
Mrs E E Furlong Trustee  
Miss L Devine

**Company Secretary**

**Independent Examiner**

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Approved by order of the board of trustees on .....13/5/26..... and signed on its behalf by:



.....  
Mrs E E Furlong - Trustee

**Independent Examiner's Report to the Trustees of  
Love, Jasmine**

**Independent examiner's report to the trustees of Love, Jasmine ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

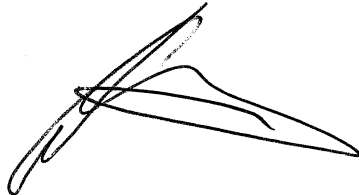
**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gregory Newton FCCA

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Date: ..... 13/5/26 .....

**Douglas Fairless Partnership**  
**Accountants & Registered Auditors**  
**Seymour Chambers**  
**92 London Road**  
**Liverpool L3 5NW**  
**Tel: 0151 709 1931**  
**Fax: 0151 709 9412**

Love, Jasmine

Statement of Financial Activities  
for the Year Ended 31 July 2025

	Notes	Unrestricted fund £	Restricted fund £	31.7.25 Total funds £	31.7.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		86,744	117,766	204,510	159,980
Other trading activities	2	58,479	-	58,479	55,457
<b>Total</b>		<u>145,223</u>	<u>117,766</u>	<u>262,989</u>	<u>215,437</u>
<b>EXPENDITURE ON</b>					
Raising funds	3	8,147	-	8,147	16,757
Other		107,668	113,401	221,069	198,015
<b>Total</b>		<u>115,815</u>	<u>113,401</u>	<u>229,216</u>	<u>214,772</u>
<b>NET INCOME</b>		29,408	4,365	33,773	665
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		32,343	2,000	34,343	33,678
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>61,751</u></u>	<u><u>6,365</u></u>	<u><u>68,116</u></u>	<u><u>34,343</u></u>

Love, Jasmine

Balance Sheet  
31 July 2025

	Notes	Unrestricted fund £	Restricted fund £	31.7.25 Total funds £	31.7.24 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		62,183	6,365	68,548	37,292
<b>CREDITORS</b>					
Amounts falling due within one year	9	(432)		(432)	(2,949)
<b>NET CURRENT ASSETS</b>		<u>61,751</u>	<u>6,365</u>	<u>68,116</u>	<u>34,343</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>61,751</u>	<u>6,365</u>	<u>68,116</u>	<u>34,343</u>
<b>NET ASSETS</b>		<u>61,751</u>	<u>6,365</u>	<u>68,116</u>	<u>34,343</u>
<b>FUNDS</b>					
Unrestricted funds	10			61,751	32,343
Restricted funds				6,365	2,000
<b>TOTAL FUNDS</b>				<u>68,116</u>	<u>34,343</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/5/26 and were signed on its behalf by:



E E Furlong - Trustee

**Notes to the Financial Statements  
for the Year Ended 31 July 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

- Fixtures and fittings - at varying rates on cost
- Computer equipment - at varying rates on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	31.7.25	31.7.24
	£	£
Other income	58,479	55,457
	<u>          </u>	<u>          </u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 July 2025**

**3. RAISING FUNDS****Raising donations and legacies**

	31.7.25	31.7.24
	£	£
Events	5,646	15,274
Direct costs	2,501	1,483
	<u>8,147</u>	<u>16,757</u>

**4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.7.25	31.7.24
	£	£
Depreciation - owned assets	-	389
	<u>-</u>	<u>389</u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 July 2025 nor for the year ended 31 July 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 July 2025 nor for the year ended 31 July 2024.

**6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	31.7.25	31.7.24
Manager	1	1
Admin	3	3
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	72,850	87,130	159,980
Other trading activities	55,457	-	55,457
<b>Total</b>	<u>128,307</u>	<u>87,130</u>	<u>215,437</u>
<b>EXPENDITURE ON</b>			
Raising funds	(71,073)	87,830	16,757
Other	198,015	-	198,015
<b>Total</b>	<u>126,942</u>	<u>87,830</u>	<u>214,772</u>
<b>NET INCOME/(EXPENDITURE)</b>	1,365	(700)	665

**Notes to the Financial Statements - continued  
for the Year Ended 31 July 2025**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued	Unrestricted fund £	Restricted fund £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	30,978	2,700	33,678
	<u>32,343</u>	<u>2,000</u>	<u>34,343</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>			
<b>8. TANGIBLE FIXED ASSETS</b>			
	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 August 2024 and 31 July 2025	<u>2,348</u>	<u>2,752</u>	<u>5,100</u>
<b>DEPRECIATION</b>			
At 1 August 2024 and 31 July 2025	<u>2,348</u>	<u>2,752</u>	<u>5,100</u>
<b>NET BOOK VALUE</b>			
At 31 July 2025	<u>-</u>	<u>-</u>	<u>-</u>
At 31 July 2024	<u>-</u>	<u>-</u>	<u>-</u>
<b>9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		31.7.25 £	31.7.24 £
Social security and other taxes		-	2,541
Accrued expenses		<u>432</u>	<u>408</u>
		<u>432</u>	<u>2,949</u>
<b>10. MOVEMENT IN FUNDS</b>			
	At 1.8.24 £	Net movement in funds £	At 31.7.25 £
<b>Unrestricted funds</b>			
General fund	32,343	29,408	61,751
<b>Restricted funds</b>			
Restricted	2,000	4,365	6,365
	<u>34,343</u>	<u>33,773</u>	<u>68,116</u>
<b>TOTAL FUNDS</b>			
Net movement in funds, included in the above are as follows:			
	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	145,223	(115,815)	29,408
<b>Restricted funds</b>			
Restricted	117,766	(113,401)	4,365
	<u>262,989</u>	<u>(229,216)</u>	<u>33,773</u>
<b>TOTAL FUNDS</b>			

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2025

## 10. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

	At 1.8.23 £	Net movement in funds £	At 31.7.24 £
<b>Unrestricted funds</b>			
General fund	30,978	1,365	32,343
<b>Restricted funds</b>			
Restricted	2,700	(700)	2,000
<b>TOTAL FUNDS</b>	<u>33,678</u>	<u>665</u>	<u>34,343</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	128,307	(126,942)	1,365
<b>Restricted funds</b>			
Restricted	87,130	(87,830)	(700)
<b>TOTAL FUNDS</b>	<u>215,437</u>	<u>(214,772)</u>	<u>665</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.23 £	Net movement in funds £	At 31.7.25 £
<b>Unrestricted funds</b>			
General fund	30,978	30,773	61,751
<b>Restricted funds</b>			
Restricted	2,700	3,665	6,365
<b>TOTAL FUNDS</b>	<u>33,678</u>	<u>34,438</u>	<u>68,116</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	273,530	(242,757)	30,773
<b>Restricted funds</b>			
Restricted	204,896	(201,231)	3,665
<b>TOTAL FUNDS</b>	<u>478,426</u>	<u>(443,988)</u>	<u>34,438</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 July 2025**

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 July 2025.

Love, Jasmine

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2025

	31.7.25 £	31.7.24 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Gifts	2	1
Donations	86,742	72,849
Grants	117,766	87,130
	<u>204,510</u>	<u>159,980</u>
<b>Other trading activities</b>		
Other income	58,479	55,457
	<u>262,989</u>	<u>215,437</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Events	5,646	15,274
Direct costs	2,501	1,483
	<u>8,147</u>	<u>16,757</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	-	5
<b>Human resources</b>		
Wages	103,591	98,372
Pensions	3,978	3,677
Subscriptions	81	1,163
	<u>107,650</u>	<u>103,212</u>
<b>Office costs</b>		
Computer costs	8,393	4,402
Insurance	326	1,103
Rates and water	959	240
Telephone	4,526	4,644
Postage and stationery	400	1,164
Sundries	1,717	1,337
Meeting, Office & Storage Rent	20,060	21,600
Light and heat	4,481	3,300
Repairs and new office costs	167	1,838
	<u>41,029</u>	<u>39,628</u>
<b>Support costs</b>		
Professional fees	8,761	-
Travel	7,248	6,566
Counselling/Yoga	50,054	38,654
Marketing	-	536
Other Support costs	5,871	7,874
Fixtures and fittings	-	211
Computer equipment	-	177
	<u>71,934</u>	<u>54,018</u>

This page does not form part of the statutory financial statements

Love, Jasmine

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2025

	31.7.25 £	31.7.24 £
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy fees	456	432
Legal fees	-	720
	<u>456</u>	<u>1,152</u>
Total resources expended	<u>229,216</u>	<u>214,772</u>
<b>Net income</b>	<u><u>33,773</u></u>	<u><u>665</u></u>

**LOVE, JASMINE**

England & Wales - Charity number 1169397

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# Accounts

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REGISTERED COMPANY NUMBER: CE007956  
REGISTERED CHARITY NUMBER: 1169397

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 July 2024  
for  
Love, Jasmine**

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

**Contents of the Financial Statements  
for the Year Ended 31 July 2024**

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Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Over the past 12 months, 287 unique individuals directly benefited from our services and a more detailed breakdown of the support provided can be found below.

As well as our long-standing work with families whose children have died, we have now begun providing support to families whose children have been given a terminal diagnosis, and we feel this is a natural progression for the charity. It will allow us to provide continuous support to families before and after their child dies.

Our charity was founded by bereaved parents and from the very outset bereaved parents have had a say in the running of the charity as well as playing a crucial role in deciding what services we provide and that has continued over the past year. Our family focus group has played an important role in deciding what peer group activities we have provided this year including the focus of our newly introduced pop-up groups and our children's social activities.

As well as the family focus group, we've sought feedback from families who have accessed our groups on a regular basis as well as the families who have attended our pop-up groups to see what future activities that they would like to see and it's because of this feedback we will shortly introduce a regular baby loss group.

As mentioned, we have begun providing support to families whose children have been given a terminal diagnosis. It was agreed by the Trustees that we should slightly amend our charitable purposes so that we could also provide pre-bereavement support to families and this change was approved by the Charity Commission earlier this year.

We've made a conscious effort to involve family members as volunteers in the activities that we provide and events that we take part in. Family members have taken part in awareness days, helping at stalls and they have also given up time at our fundraising events, helping to sell raffle tickets. One bereaved Dad led two Walk and Talk Groups where bereaved families met in a park and he provided information about the different types of trees and flowers in the park. Other family members have helped at our coffee mornings by meeting and greeting other family members and making them feel welcome. One bereaved mum gave up her time to translate for a mum who had recently been referred to us for support as she wasn't able to communicate very well in English. In total 9 bereaved family members have given up their time to help with different activities this year. This is on top of the 4 volunteer counsellors who were already providing support to bereaved families and who themselves had previously accessed support with us.

**OBJECTIVES AND ACTIVITIES**

**Charitable purposes and aims**

Our charitable purposes which are clearly set out in our constitution are:-

1. To preserve and protect the mental and physical health of families who are suffering as a result of a terminal diagnosis or bereavement of a child of any age by the provision of counselling, guidance and support.
2. To advance the education of the public and in particular professionals who assist bereaved families by raising awareness of their needs by way of information, training, guidance and support.

Love, Jasmine supports families directly affected by the loss of a child. We provide emotional and practical support and promote self-care to improve the emotional well being of the whole family.

All families bereaved by the loss of a child should receive the support that they need, when they need it, for as long they need it.

**Report of the Trustees  
for the Year Ended 31 July 2024**

**OBJECTIVES AND ACTIVITIES**

**1. Emotional Support**

**1.1. Counselling**

Over the course of the year, we provided counselling support to 143 adults and 12 children. Of the family members that finished counselling 74% are able to cope with problems better than they did before they started counselling and 76% of individuals were more confident than they were before. 95% of all those that finished counselling recorded an improvement in their mental health and wellbeing score.

Since our outset we have always believed in breaking down barriers to support and two examples of how we've gone the extra mile in trying to support bereaved families include finding a counsellor that could communicate using British Sign Language for a bereaved Dad. We were contacted by his wife, who had said that he was struggling to find someone that could adequately support him and that he had been let down by other organisations. We managed to find a counsellor who could provide support to him, and he has been seeing her on a weekly basis since March and his support is ongoing. We also managed to find a counsellor for a bereaved Mum whose first language is French and who couldn't communicate very well in English. For our initial conversations with the Mum, we asked someone who had previously accessed support with ourselves to translate so that we could better understand her needs and her support is also ongoing.

**1.2. One to one peer support**

As well as the therapeutic one to one sessions that we provide families we also provide one to one peer support for those that may not be suitable for more intense therapeutic support. This can come in the form of ad hoc chats or catch ups when needed or for some family members this comes in the form of regular planned visits into the office. This year we provided one to one peer support to 13 people.

**1.3. EMDR**

Over the past 12 months two people started and completed their therapy. In both cases, they showed a reduction in their symptoms of PTSD

Person 1 - GAD7 score went from severe symptoms of anxiety to none, PHQ9 score went from moderate symptoms of depression to none and their PCL5 score went from 59 to 8 indicating that significant progress had been made in dealing with the symptoms of PTSD and the person no longer met the threshold of needing trauma therapy.

Person 2 - GAD7 score went from moderate to mild symptoms of anxiety, PHQ9 score went from moderate symptoms of depression to none and their PCL5 score went from 54 to 25 meaning that good progress had been made in dealing with the symptoms of PTSD and the person no longer met the threshold of needing trauma therapy.

**1.4. Peer Groups**

We have continued to provide 3 monthly groups for bereaved families - a bereaved parents group, a coffee morning open to parents and wider family members and a pregnancy after loss coffee morning. Throughout the year the numbers that attended these groups were

" Coffee Morning - 42

" Bereaved Parents Support Group - 31

" Pregnancy After Loss Coffee Morning - 26

There was some crossover in terms of attendance at the groups as some family members attended multiple groups throughout the year. We surveyed all of those who had attended the groups more than 3 times and out of those who responded to the survey (18 people), 100% said that they felt more connected to others, which was really pleasing to see. As well as feeling more connected to others, 100% of all of those who responded said that they felt supported whilst attending our groups.

Some comments about these groups included: -

"Thanks for being there! Having access to groups and counselling has helped me through a really difficult time."

"A big thank you for holding the support groups, to be with others that understand makes a massive difference."

"We are so grateful for the support we find through Love, Jasmine. It's been a real lifeline for us in our grief and appreciate all the help and support we've had over the years. Thank you x."

"I can't thank you enough for everything that you do to provide support. I know I can come to a space and the people truly understand. Thank you so much for all that you do!"

**Report of the Trustees  
for the Year Ended 31 July 2024**

**OBJECTIVES AND ACTIVITIES**

As well as our 3 regular groups, at the beginning of 2024 we introduced monthly pop-up groups which have given families a chance to connect with others with similar experiences. These groups have been

- " Loss of an adult child
- " Grandparents drop in
- " Bereaved Mums Relaxation and Connection
- " Bereaved Dads
- " Baby Loss Drop In & Hypnotherapy
- " Loss of an adult sibling
- " Loss of a child who had a life limiting condition and/or had complex health needs

The pop-up groups have been popular, and they have brought people together who wouldn't have normally accessed some of our other support groups. 35 people attended the different pop-up groups that we provided since the beginning of 2024.

As well as surveying family members who attended 3 or more of our group sessions throughout the year, we also asked those family members who attended the one-off pop-up groups to complete a feedback form at the end of each session, if they felt comfortable doing so. Because of feedback obtained after these groups, we will be introducing a more permanent baby loss group over the next couple of months and similar to the other survey that we sent to those that attended 3 or more group sessions, 100% of family members who completed feedback forms at the end of the pop-up groups, said that they felt more connected to others. Some feedback from families included: -

**Baby Loss Drop In**

"I found this group helpful as we had not experienced a connection in previous groups. I would love to attend again. Thank you x."

"Amazing to connect with others who know how we feel. Thank you guys x"

**Bereaved Dads Drop In & Hypnotherapy**

"I felt very comfortable being with people in a similar situation. Came away feeling better than when I arrived. Would do it again."

"I didn't know what to expect but I know now that I would live to make this a regular activity for myself"

Loss of a child who had a life limiting condition and/or had complex health needs

"Nice to feel more connected to other parents who have been through similar situations"

"Could really relate to others in the group, looking forward to the next group."

**Children's Group Activities**

We organised two trips for families that we support this year. The first was an Easter outing to a private screening of the film 'Hop' at Hope Street Hotel. 42 adults and children enjoyed lunch, followed by the film in the hotel's private cinema. All of the children who attended also left with an Easter egg.

The second trip was the Cheshire Ice Cream during the May half term, where 20 adults and children spent the day enjoying attractions and ice cream.

These activities are important for the children as it gives them an opportunity to meet other bereaved siblings in a non-therapeutic setting. It can help them understand that they're not alone in their grief.

**2. Practical Support**

Our practical support is varied and is based on the needs of the family. We have helped a number of families access appropriate legal advice and we have continued to provide transport to our office for families that would otherwise struggle to get to our office for support. This year we have helped 25 families with transportation, and it remains an important part of ensuring that families can access support when they need it.

**Report of the Trustees  
for the Year Ended 31 July 2024**

**OBJECTIVES AND ACTIVITIES**

Our annual Christmas Card Appeal this year raised £1,000 and this money has been used for families who have been struggling with the cost-of-living crisis. This has helped us provide one family with vouchers for Asda who were facing a period without receiving any benefits. We have also bought a microwave for a family who were moving to a new premises and whose surviving child has cerebral palsy. We also helped the same family obtain a washing machine through the Children In Need emergency essentials programme.

**3. Self-Care**

43 people accessed our complimentary therapies this year and out of the 25 that accessed the therapies on 3 or more occasions, 85% said that it helped with their overall health and well-being.

"The complimentary therapy sessions have been amazing and extremely helpful during a chapter filled with extreme anxiety".

**4. Third Sector Partnerships**

We've always believed that it is important to work with other charities to ensure that families get the support that they need it, when they need it. We have partnered with Zoe's Place Baby Hospice in Liverpool since 2022 and this year we have begun working with Amy & Friends who support families whose children have rare DNA repair disorders, Cockayne Syndrome (CS) and Trichothiodystrophy (TTD).

**5. Community Fundraising**

Throughout the year we organised our own fundraising activities to help meet the increasing need for support. This included a Cheese and Wine Tasting Night, a fundraising evening, a Skydive and a sponsored walk. These events raised over £15,000.

As well as our own fundraising efforts, we have also been fortunate to have been the beneficiary of a number of other events organised by beneficiaries and their families as well as other individuals. These have included a girl's football tournament called the Zoe Tynan Tournament, a quiz night, a wine tasting night and these events raised around £20,000 for the charity and we're extremely grateful to those who organised the events on our behalf.

**6. Corporate Support**

The trustees would like to place on record our thanks to the following organisations who have shown support to the charity over the past 12 months. These are Mikkeller Running Club for organising two fundraising parties - one in December 2023 and one in July 2024; Morecrofts Solicitors for their continued support as their charity of the year; Waterloo Rugby Club for also choosing us as their charity of the year for this year and Knowsley Harriers Running Club for re-naming the monthly 5k race 'Love, Jasmine 5Km' for 2024.

**7. Grant Funding**

We were delighted to receive funding of £255,571 over the 3 years from the National Lottery. The funding was a major boost to supporting our work with bereaved families and we're very appreciate of the support that we have received from the National Lottery throughout the grant process and also for the award itself.

Other grants received throughout the year include £3,750 from Certas, and £2,400 from Liverpool Charitable Voluntary Services to support our peer groups.

**FINANCIAL REVIEW**

During the year the charity raised £215,437 (2023 - £104,566) and spent on £214,772 (2023 - £128,928) on various activities and running costs. The remaining funds of £34,343 (2023 - £33,678) are contained within a general fund and will be used against future projects.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE007956 (Not specified/Other)

**Registered Charity number**

1169397

Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2024**

**Registered office**

10 TAPTON WAY  
WAVERTREE BUSINESS VILLAGE  
Liverpool  
Merseyside  
L13 1DA

**Trustees**


Miss L Dyson Trustee  
I Stringer Trustee  
Mrs K Lapsley Trustee  
Mrs E E Furlong Trustee  
Miss L Devine

**Company Secretary**

**Independent Examiner**

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Approved by order of the board of trustees on 27 May '25 and signed on its behalf by:

  
.....  
Mrs E E Furlong - Trustee

**Independent Examiner's Report to the Trustees of  
Love, Jasmine**

**Independent examiner's report to the trustees of Love, Jasmine ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

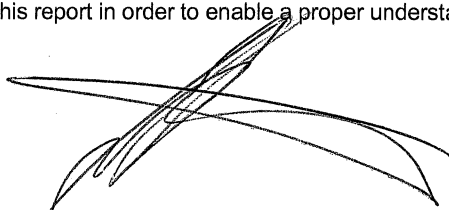
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gregory Newton FCCA

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Date: 21/05/25

**Douglas Fairless Partnership**  
**Accountants & Registered Auditors**  
Seymour Chambers  
92 London Road  
Liverpool L3 5NW  
Tel: 0151 709 1931  
Fax: 0151 709 9412

Love, Jasmine

Statement of Financial Activities  
for the Year Ended 31 July 2024

	Notes	Unrestricted fund £	Restricted fund £	31.7.24 Total funds £	31.7.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		72,850	87,130	159,980	76,297
Other trading activities	2	55,457	-	55,457	28,269
<b>Total</b>		<u>128,307</u>	<u>87,130</u>	<u>215,437</u>	<u>104,566</u>
<b>EXPENDITURE ON</b>					
Raising funds	3	(71,073)	87,830	16,757	5,989
Other		198,015	-	198,015	122,939
<b>Total</b>		<u>126,942</u>	<u>87,830</u>	<u>214,772</u>	<u>128,928</u>
<b>NET INCOME/(EXPENDITURE)</b>		1,365	(700)	665	(24,362)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		30,978	2,700	33,678	58,040
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>32,343</u></u>	<u><u>2,000</u></u>	<u><u>34,343</u></u>	<u><u>33,678</u></u>

The notes form part of these financial statements

Love, Jasmine

Balance Sheet  
31 July 2024

	Notes	Unrestricted fund £	Restricted fund £	31.7.24 Total funds £	31.7.23 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	-	-	-	389
<b>CURRENT ASSETS</b>					
Cash at bank		35,292	2,000	37,292	35,011
<b>CREDITORS</b>					
Amounts falling due within one year	9	(2,949)	-	(2,949)	(1,722)
<b>NET CURRENT ASSETS</b>		<u>32,343</u>	<u>2,000</u>	<u>34,343</u>	<u>33,289</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>32,343</u>	<u>2,000</u>	<u>34,343</u>	<u>33,678</u>
<b>NET ASSETS</b>		<u>32,343</u>	<u>2,000</u>	<u>34,343</u>	<u>33,678</u>
<b>FUNDS</b>	10				
Unrestricted funds				32,343	30,978
Restricted funds				2,000	2,700
<b>TOTAL FUNDS</b>				<u>34,343</u>	<u>33,678</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 May '25 and were signed on its behalf by:

  
E E Fungong - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 31 July 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- at varying rates on cost
Computer equipment	- at varying rates on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	31.7.24	31.7.23
	£	£
Other income	55,457	28,269
	<u>          </u>	<u>          </u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

3. RAISING FUNDS

Raising donations and legacies

	31.7.24	31.7.23
Events	£	£
Direct costs	15,274	5,427
	1,483	562
	<u>16,757</u>	<u>5,989</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.7.24	31.7.23
Depreciation - owned assets	£	£
	389	1,258
	<u>389</u>	<u>1,258</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 July 2024 nor for the year ended 31 July 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 July 2024 nor for the year ended 31 July 2023.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.7.24	31.7.23
Manager	1	1
Admin	3	3
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	76,297	-	76,297
Other trading activities	28,269	-	28,269
<b>Total</b>	<u>104,566</u>	<u>-</u>	<u>104,566</u>
<b>EXPENDITURE ON</b>			
Raising funds	5,989	-	5,989
Other	101,966	20,973	122,939
<b>Total</b>	<u>107,955</u>	<u>20,973</u>	<u>128,928</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

<b>7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued</b>			
	Unrestricted fund £	Restricted fund £	Total funds £
<b>NET INCOME/(EXPENDITURE)</b>	(3,389)	(20,973)	(24,362)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	34,367	23,673	58,040
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>30,978</u>	<u>2,700</u>	<u>33,678</u>
<b>8. TANGIBLE FIXED ASSETS</b>			
	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 August 2023 and 31 July 2024	<u>2,348</u>	<u>2,752</u>	<u>5,100</u>
<b>DEPRECIATION</b>			
At 1 August 2023	2,137	2,574	4,711
Charge for year	211	178	389
At 31 July 2024	<u>2,348</u>	<u>2,752</u>	<u>5,100</u>
<b>NET BOOK VALUE</b>			
At 31 July 2024	<u>-</u>	<u>-</u>	<u>-</u>
At 31 July 2023	<u>211</u>	<u>178</u>	<u>389</u>
<b>9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		31.7.24	31.7.23
Social security and other taxes		£	£
Accrued expenses		2,541	1,338
		408	384
		<u>2,949</u>	<u>1,722</u>
<b>10. MOVEMENT IN FUNDS</b>			
	At 1.8.23 £	Net movement in funds £	At 31.7.24 £
<b>Unrestricted funds</b>			
General fund	30,978	1,365	32,343
<b>Restricted funds</b>			
Restricted	2,700	(700)	2,000
<b>TOTAL FUNDS</b>	<u>33,678</u>	<u>665</u>	<u>34,343</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	128,307	(126,942)	1,365
<b>Restricted funds</b>			
Restricted	87,130	(87,830)	(700)
<b>TOTAL FUNDS</b>	<u>215,437</u>	<u>(214,772)</u>	<u>665</u>

Comparatives for movement in funds

	At 1.8.22 £	Net movement in funds £	At 31.7.23 £
<b>Unrestricted funds</b>			
General fund	34,367	(3,389)	30,978
<b>Restricted funds</b>			
Restricted	23,673	(20,973)	2,700
<b>TOTAL FUNDS</b>	<u>58,040</u>	<u>(24,362)</u>	<u>33,678</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	104,566	(107,955)	(3,389)
<b>Restricted funds</b>			
Restricted	-	(20,973)	(20,973)
<b>TOTAL FUNDS</b>	<u>104,566</u>	<u>(128,928)</u>	<u>(24,362)</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2024

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.22 £	Net movement in funds £	At 31.7.24 £
<b>Unrestricted funds</b>			
General fund	34,367	(2,024)	32,343
<b>Restricted funds</b>			
Restricted	23,673	(21,673)	2,000
<b>TOTAL FUNDS</b>	<u>58,040</u>	<u>(23,697)</u>	<u>34,343</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	232,873	(234,897)	(2,024)
<b>Restricted funds</b>			
Restricted	87,130	(108,803)	(21,673)
<b>TOTAL FUNDS</b>	<u>320,003</u>	<u>(343,700)</u>	<u>(23,697)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 July 2024.

Love, Jasmine

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2024

	31.7.24 £	31.7.23 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Gifts	1	2
Donations	72,849	76,295
Grants	87,130	-
	<u>159,980</u>	<u>76,297</u>
<b>Other trading activities</b>		
Other income	55,457	28,269
	<u>215,437</u>	<u>104,566</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Events	15,274	5,427
Direct costs	1,483	562
	<u>16,757</u>	<u>5,989</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	5	-
<b>Human resources</b>		
Wages	98,372	56,689
Pensions	3,677	2,124
Subscriptions	1,163	135
	<u>103,212</u>	<u>58,948</u>
<b>Office costs</b>		
Computer costs	4,402	6,154
Insurance	1,103	1,057
Rates and water	240	-
Telephone	4,644	1,109
Postage and stationery	1,164	241
Sundries	1,337	439
Meeting, Office & Storage Rent	21,600	15,680
Light and heat	3,300	3,785
Repairs and new office costs	1,838	1,817
	<u>39,628</u>	<u>30,282</u>
<b>Support costs</b>		
Professional fees	-	250
Travel	6,566	2,568
Counselling/Yoga	38,654	22,390
Marketing	536	1,600
Carried forward	45,756	26,808

This page does not form part of the statutory financial statements

Love, Jasmine

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2024

	31.7.24 £	31.7.23 £
<b>Support costs</b>		
Brought forward		
Other Support costs	45,756	26,808
Fixtures and fittings	7,874	5,258
Computer equipment	211	667
	177	592
	<u>54,018</u>	<u>33,325</u>
<b>Governance costs</b>		
Accountancy fees	432	384
Legal fees	720	-
	<u>1,152</u>	<u>384</u>
Total resources expended	<u>214,772</u>	<u>128,928</u>
<b>Net income/(expenditure)</b>	<u>665</u>	<u>(24,362)</u>

This page does not form part of the statutory financial statements

**LOVE, JASMINE**

England & Wales - Charity number 1169397

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# Accounts

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REGISTERED COMPANY NUMBER: CE007956  
REGISTERED CHARITY NUMBER: 1169397

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 July 2023  
for  
Love, Jasmine**

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

**Contents of the Financial Statements  
for the Year Ended 31 July 2023**

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**Love, Jasmine**

**Report of the Trustees  
for the Year Ended 31 July 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Charitable purposes and aims**

Our charitable purposes which are clearly set out in our constitution are:

1. To preserve and protect the mental and physical health of families who are suffering as a result of a bereavement of a child of any age by the provision of counselling, guidance and support.
2. To advance the education of the public and in particular professionals who assist bereaved families by raising awareness of their needs by way of information, training, guidance and support.

Love, Jasmine supports family members directly affected by the loss of a child. We provide practical, emotional and respite support and promote self-care to improve the emotional well-being of the whole family.

All families bereaved by the loss of a child should receive the support they need, when they need it, for as long as they need it.

**Report of the Trustees  
for the Year Ended 31 July 2023**

**OBJECTIVES AND ACTIVITIES**

**1. EMOTIONAL SUPPORT**

**1.1. Counselling**

Our counselling service is a major part of our emotional support and it's an area where we are seeing an increase in demand year on year. In the year ending 2022, 120 new referrals for one-to-one counselling were received. However, this year the figure increased to 142 which is an increase of over 18% on the previous year.

The increase in demand is due, in part, to an increase in the number of referrals for families who have lost adult children and many of these referrals are coming from Social Prescribers, linked to GP surgeries.

The loss of a child is a deeply distressing time, and it is very common for families that we support to need long term support and our counselling service is operated with that in mind. Bereaved parents will receive counselling support for as long as they need it and although we operate an open-ended approach for bereaved parents, the counselling is reviewed every 8 sessions using WEMWBS to see if the counselling is effective and identify any issues that may be impacting the counselling. This approach is needed so that families get adequate support. For instance, a lot of families that we support must go through the trauma of an inquest or criminal trial and this can be a lengthy, distressing process. Long term support is also needed in situations where families go on to have another child. This is a time of very mixed emotions for families, who on the one hand are looking forward to having another child, but it is also a very anxious time where families can feel isolated because of the reactions of other people. It is very common for friends and family to believe that the new baby will 'fix' things, when the reality is that what has happened can never be fixed. These added complications can mean some families access one-to-one support for multiple years.

For grandparents and older siblings, we initially offer 8 sessions of counselling. However, if the counsellor feels that they would benefit from more sessions then we would extend their support.

As well as supporting older siblings, we also provide one-to-one support to younger siblings from 4 years of age and they, like older siblings, are initially offered 8 sessions. It is important that children are given the time to explore their feelings in an environment that they feel comfortable in and that they are supported by someone who is experienced in working with children and bereavement. Our dedicated children's therapy room is equipped with activities to suit all ages and is suitable for children who have ASD as we have sensory toys and lighting. As children grow, their understanding of death, dead and dying improves and this can cause sometimes cause a regression in how they are dealing with the loss of their brother or sister. This can be because they now better understand the finality of death, or it could be because they now have different issues that may need addressing. An example of this is when children begin using the internet and discover things about their brother or sister that they never knew before. Because of this, we encourage parents to bring their children back to us if they think that they need additional support. This way we ensure that they get the support when they need it.

We have always tried to breakdown barriers to accessing support and we were able to provide bereavement counselling to a Tamil speaking Mum who wasn't able to fully engage with one of our counsellors in English. We contacted a Tamil speaking qualified counsellor in London who was able to provide counselling via Zoom meaning the Mum got the help that she desperately needed. This is an example of how we go out of our way to ensure families get the help that they need.

Whilst families are waiting to access one to one counselling, they can access other types of emotional support such as our peer groups while they wait to be allocated to a counsellor. We regularly check in with families while they wait to access counselling support and families will often just come in for a chat during this time. This peer support is important and shows the families that they aren't just a number on a waiting list.

As well as one to one person centred counselling, we also provide families with trauma therapy, in particular Eye Movement Desensitization and Reprocessing (EMDR) therapy. For some families that we support the effects of the trauma that they have suffered can get worse over time meaning they go on to develop Post Traumatic Stress Disorder and EMDR can help reduce the effects of these traumatic memories.

**1.2. Peer Support**

One of the reasons that the charity was established was to provide families with the opportunity to meet others living with the same loss and our groups are a major part of what we do.

Our coffee morning which takes place between 10am and 12pm on the first Wednesday morning of each month is held in Café In the Park, Stanley Park in Liverpool. The venue is ideal for the session as there is parking available and it also doesn't impact on our counselling service at the office. The Trustees would like to send our sincere gratitude to Café In The Park for their continued support by providing us with the space at their fantastic venue.

The coffee morning is led by two bereaved parents and is ran in a very informal manner. Family members can bring other people with them for support, and they can stay for the duration or pop in for a shorter period, whatever works for them. The number of family members that attend the coffee morning varies month to month, but we are consistently seeing on average 16-18 people per month.

**Report of the Trustees  
for the Year Ended 31 July 2023**

**OBJECTIVES AND ACTIVITIES**

Our parents support group which is held monthly on a Monday between 6pm and 7:30pm at our Wavertree office is another group that is well attended and has regular attendees. From the outset, we have always believed that there is strength in numbers and that bereaved parents can comfort and gain strength from each other. The group is facilitated by two counsellors. We use two counsellors for the group in case there is any safeguarding concerns or in case there is a need for anyone to step out of the group for whatever reason. The discussion can be very difficult to manage at times and the counsellors ensure that everyone can speak freely if they wish.

Our Pregnancy After Loss Coffee Morning is held monthly on a Sunday between 10am and 12pm. This group was started after a number of our counsellors were feeding back that parents that they were supporting felt uncomfortable attending our other groups as they didn't want to upset families who for whatever reason couldn't go on to have another child. Parents who are expecting another child can talk about their anxieties and what concerns them, and they can also meet other parents who have since had another child. This can give reassurance to the families who are expecting as it shows that they have got through the pregnancy without any issues, and it can help to calm nerves. Families are also able to bring their children with them to the group and we hold the group on a Sunday, so that families who have returned to work can also attend.

In October 2022, we began a men's bereavement group in partnership with a men's mental health charity, Sean's Place, who are based in Bootle. The group is open to men who have suffered a loss of any kind and is limited to no more than 8 people at a time, so each man has a chance to contribute. The group is also a closed group meaning no one else can join the group after the first session. The group runs weekly for a period of 6 weeks.

**2. PRACTICAL HELP**

**2.1. Help with Transport**

This is an important part of our support for bereaved families as it enables families, who would otherwise struggle, to get to and from our appointments.

We are in a central location situated to very good road links with a train station just a couple of minutes' walk away. However, some of our families don't drive as they may be elderly or have a medical condition that stops them driving. Some also live in some of the most deprived areas of Merseyside and don't have access to a car or the local rail network, so they would be reliant on using the local bus service. For some this would mean taking two buses and potentially travelling for an hour each side of their appointment and for many this isn't an option. There is also a financial consideration for some families as the travel would impact on their limited budget. In some cases, this is resolved by using Zoom or telephone for remote sessions but for others this isn't possible, due anxiety about using technology or not having access to adequate Wi-fi or simply because they need to see someone face to face. For the families who would otherwise struggle to get here, the help with transport is really important.

**2.2. Signposting and Advocacy**

When a child dies it has a huge impact on every part of a family's life and many need help accessing services which can help them with benefit advice, funeral costs and headstones, wills and probate, housing and accessing medical records. They also may need help in getting the expert legal advice for inquests or civil cases. Having to search for the right help can be difficult at the best of times, but when your world has been turned upside down, this can be an even more difficult and stressful experience. We will help families in any way we can, and we try to find out what they are struggling with when we first meet with them and help them with whatever issue that they may have.

**3. SELF-CARE**

The third pillar of our support is self-care and it's about teaching families how to manage their grief, trauma, and anxiety in a way that's right for them. Lack of sleep is a problem for so many families that we support and it's an issue that comes up all the time during one-to-one sessions and group support. Relaxation techniques such as mindfulness and meditation can help with sleep issues if practiced on a regular basis and we provide families with information about different apps that they can download free of charge to help with this. We also provide families with information on sleep routines.

Dealing with intense grief and trauma can have a detrimental impact on people and we encourage families to utilise the complimentary therapies that we provide alongside a company called Shea Therapies, which was founded by a bereaved parent. Being able to relax and switch off even for a short time can really help, particularly as it's in an environment that is safe and understanding.

**4. COMMUNITY FUNDRAISING**

As a charity we believe that it is important to raise our own funds and not be wholly reliant on grant funders and other organisations to support our work. Throughout the year we host numerous fundraising activities to help raise money to support our work including a fundraising evening which raised over £7,000. We also gave people the opportunity to take part in challenges such as a sky dive and zip wire challenges which combined raised over £10,000 to support our work with bereaved families.

Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2023**

**OBJECTIVES AND ACTIVITIES**

**5. CORPORATE SUPPORT**

We are very grateful for the continued support of Mikkeller Running Club Liverpool who host two fundraising events on our behalf each raising £4,000 combined. They have been a continuous source of support since our inception. We were also delighted to be named as charity of the year for Morecrofts Solicitors after the staff chose us to be a beneficiary of the fundraising efforts for the year.

**6. GRANT FUNDING**

The trustees would like to place on record our sincere thanks and gratitude to the following organisations who provided grant funding throughout the year.

- 6.1. Steve Morgan Foundation / DMS Match Funding Challenge - £10,333.36 to support our counselling service.
- 6.2. St James Place Foundation - £2,400.00 to support our work with bereaved siblings.
- 6.3. LCVS Community Impact Fund - £2,500.00 to help with our practical support for bereaved families, in particular beneficiary transport.
- 6.4. PH Holt Foundation - £5,000.00 to support our counselling service.
- 6.5. Albert Hunt Trust - £4,000.00 to support our counselling service.

**FINANCIAL REVIEW**

During the year the charity raised £104,566 (2022 - £104,371) and spent on £128,928 (2022 - £145,889) on various activities and running costs. The remaining funds of £33,678 (2022 - £58,040) are contained within a general fund and will be used against future projects.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

Registered Company number  
CE007956 (Not specified/Other)

Registered Charity number  
1168397

Registered office  
10 TAPTON WAY  
WAVERTREE BUSINESS VILLAGE  
Liverpool  
Merseyside  
L13 1DA

Trustees  
Miss L Dyson Trustee  
I Stringer Trustee  
Mrs K Lapeley Trustee  
Mrs E E Furlong Trustee  
Miss L Devine

Company Secretary

Independent Examiner  
Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Approved by order of the board of trustees on 30/05/24 and signed on its behalf by:

  
Mrs E E Furlong - Trustee

**Independent Examiner's Report to the Trustees of  
Love, Jasmine**

**Independent examiner's report to the trustees of Love, Jasmine ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

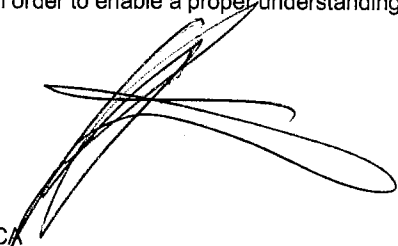
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gregory Newton FCCA

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Date: 30/05/24

**Douglas Fairless Partnership**  
**Accountants & Registered Auditors**  
Seymour Chambers  
92 London Road  
Liverpool L3 5NW  
Tel: 0151 709 1931  
Fax: 0151 709 9412

Love, Jasmine

Statement of Financial Activities  
for the Year Ended 31 July 2023

	Notes	Unrestricted fund £	Restricted fund £	31.7.23 Total funds £	31.7.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		76,297	-	76,297	65,021
Other trading activities	2	28,269	-	28,269	39,350
<b>Total</b>		<u>104,566</u>	<u>-</u>	<u>104,566</u>	<u>104,371</u>
<b>EXPENDITURE ON</b>					
Raising funds		5,989	-	5,989	5,861
Other		101,966	20,973	122,939	140,028
<b>Total</b>		<u>107,955</u>	<u>20,973</u>	<u>128,928</u>	<u>145,889</u>
<b>NET INCOME/(EXPENDITURE)</b>		(3,389)	(20,973)	(24,362)	(41,518)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		34,367	23,673	58,040	99,558
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>30,978</u></u>	<u><u>2,700</u></u>	<u><u>33,678</u></u>	<u><u>58,040</u></u>

The notes form part of these financial statements

Love, Jasmine

Balance Sheet  
31 July 2023

	Notes	Unrestricted fund £	Restricted fund £	31.7.23 Total funds £	31.7.22 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	389	-	389	1,647
<b>CURRENT ASSETS</b>					
Cash at bank		32,311	2,700	35,011	64,248
<b>CREDITORS</b>					
Amounts falling due within one year	8	(1,722)	-	(1,722)	(7,853)
<b>NET CURRENT ASSETS</b>		<u>30,589</u>	<u>2,700</u>	<u>33,289</u>	<u>56,395</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>30,978</u>	<u>2,700</u>	<u>33,678</u>	<u>58,040</u>
<b>NET ASSETS</b>		<u>30,978</u>	<u>2,700</u>	<u>33,678</u>	<u>58,040</u>
<b>FUNDS</b>					
Unrestricted funds	9			30,978	34,367
Restricted funds				2,700	23,673
<b>TOTAL FUNDS</b>				<u>33,678</u>	<u>58,040</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30/05/24 and were signed on its behalf by:

  
E E Furlong - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 31 July 2023**

**1. ACCOUNTING POLICIES****Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- at varying rates on cost
Computer equipment	- at varying rates on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	31.7.23	31.7.22
	£	£
Other income	28,269	39,350
	<u>          </u>	<u>          </u>

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.7.23	31.7.22
	£	£
Depreciation - owned assets	1,258	1,411
	<u>          </u>	<u>          </u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 July 2023**

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 July 2023 nor for the year ended 31 July 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 July 2023 nor for the year ended 31 July 2022.

**5. STAFF COSTS**

The average monthly number of employees during the year was as follows:

Manager	31.7.23	31.7.22
Admin	1	1
	3	3
	<u>4</u>	<u>4</u>
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	41,348	23,673	65,021
Other trading activities	39,350	-	39,350
<b>Total</b>	<u>80,698</u>	<u>23,673</u>	<u>104,371</u>
<b>EXPENDITURE ON</b>			
Raising funds	5,861	-	5,861
Other	140,028	-	140,028
<b>Total</b>	<u>145,889</u>	<u>-</u>	<u>145,889</u>
<b>NET INCOME/(EXPENDITURE)</b>	(65,191)	23,673	(41,518)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	99,558	-	99,558
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>34,367</u>	<u>23,673</u>	<u>58,040</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2023

## 7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 August 2022 and 31 July 2023	2,348	2,752	5,100
<b>DEPRECIATION</b>			
At 1 August 2022	1,470	1,983	3,453
Charge for year	667	591	1,258
At 31 July 2023	2,137	2,574	4,711
<b>NET BOOK VALUE</b>			
At 31 July 2023	211	178	389
At 31 July 2022	878	769	1,647

## 8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.23	31.7.22
	£	£
Trade creditors	-	6,340
Social security and other taxes	1,338	1,193
Accrued expenses	384	320
	1,722	7,853

## 9. MOVEMENT IN FUNDS

	At 1.8.22 £	Net movement in funds £	At 31.7.23 £
<b>Unrestricted funds</b>			
General fund	34,367	(3,389)	30,978
<b>Restricted funds</b>			
Restricted	23,673	(20,973)	2,700
<b>TOTAL FUNDS</b>	58,040	(24,362)	33,678

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	104,566	(107,955)	(3,389)
<b>Restricted funds</b>			
Restricted	-	(20,973)	(20,973)
<b>TOTAL FUNDS</b>	104,566	(128,928)	(24,362)

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2023

## 9. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

	At 1.8.21 £	Net movement in funds £	At 31.7.22 £
<b>Unrestricted funds</b>			
General fund	99,558	(65,191)	34,367
<b>Restricted funds</b>			
Restricted	-	23,673	23,673
<b>TOTAL FUNDS</b>	<u>99,558</u>	<u>(41,518)</u>	<u>58,040</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	80,698	(145,889)	(65,191)
<b>Restricted funds</b>			
Restricted	23,673	-	23,673
<b>TOTAL FUNDS</b>	<u>104,371</u>	<u>(145,889)</u>	<u>(41,518)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.21 £	Net movement in funds £	At 31.7.23 £
<b>Unrestricted funds</b>			
General fund	99,558	(68,580)	30,978
<b>Restricted funds</b>			
Restricted	-	2,700	2,700
<b>TOTAL FUNDS</b>	<u>99,558</u>	<u>(65,880)</u>	<u>33,678</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	185,264	(253,844)	(68,580)
<b>Restricted funds</b>			
Restricted	23,673	(20,973)	2,700
<b>TOTAL FUNDS</b>	<u>208,937</u>	<u>(274,817)</u>	<u>(65,880)</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 July 2023**

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 July 2023.

Love, Jasmine

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2023

	31.7.23 £	31.7.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Gifts	2	-
Donations	76,295	65,021
	<u>76,297</u>	<u>65,021</u>
<b>Other trading activities</b>		
Other income	28,269	39,350
	<u>28,269</u>	<u>39,350</u>
<b>Total incoming resources</b>	<u>104,566</u>	<u>104,371</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Events	5,427	5,284
Direct costs	562	577
	<u>5,989</u>	<u>5,861</u>
<b>Support costs</b>		
<b>Human resources</b>		
Wages	56,689	65,864
Pensions	2,124	2,474
Subscriptions	135	250
Training	-	160
	<u>58,948</u>	<u>68,748</u>
<b>Office costs</b>		
Computer costs	6,154	6,520
Insurance	1,057	1,040
Telephone	1,109	2,366
Postage and stationery	241	348
Sundries	439	1,087
Meeting, Office & Storage Rent	15,680	20,798
Light and heat	3,785	587
Repairs and new office costs	1,817	4,780
	<u>30,282</u>	<u>37,526</u>
<b>Support costs</b>		
Professional fees	250	-
Travel	2,568	1,162
Counselling/Yoga	22,390	17,261
Marketing	1,600	752
Other Support costs	5,258	12,808
Fixtures and fittings	667	494
Computer equipment	592	917
	<u>33,325</u>	<u>33,394</u>
<b>Governance costs</b>		
Accountancy fees	384	360
	<u>384</u>	<u>360</u>
<b>Total resources expended</b>	<u>128,928</u>	<u>145,889</u>
<b>Net expenditure</b>	<u>(24,362)</u>	<u>(41,518)</u>

This page does not form part of the statutory financial statements

**LOVE, JASMINE**

England & Wales - Charity number 1169397

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# Accounts

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**REGISTERED COMPANY NUMBER: CE007956**  
**REGISTERED CHARITY NUMBER: 1169397**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 July 2022**  
**for**  
**Love, Jasmine**

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

**Contents of the Financial Statements  
for the Year Ended 31 July 2022**

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Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Charitable purposes and aims**

Our charitable purposes which are clearly set out in our constitution are:

1. To preserve and protect the mental and physical health of families who are suffering as a result of a bereavement of a child of any age by the provision of counselling, guidance and support.
2. To advance the education of the public and in particular professionals who assist bereaved families by raising awareness of their needs by way of information, training, guidance and support.

Love, Jasmine supports family members directly affected by the loss of a child. We provide practical, emotional and respite support and promote self-care to improve the emotional well-being of the whole family.

All families bereaved by the loss of a child should receive the support they need, when they need it, for as long as they need it.

**Report of the Trustees  
for the Year Ended 31 July 2022**

**OBJECTIVES AND ACTIVITIES**

**1. COVID-19 AND OUR RESPONSE**

Although we had resumed all of our face to face services, the impact of COVID was still being felt throughout the year. It had a negative impact on community fundraising and our own fundraising efforts, and it also affected our service delivery as counselling sessions and peer groups were cancelled due to illness to either to staff, volunteers or service users.

**2. PREMISES**

We took over new premises in February 2021 and work continued into this financial year to ensure that the premises met the needs of the families that we support. Work was carried out on the ground floor of the building which is where both of the adult counselling rooms and children's therapy is situated. Due to the very confidential and sensitive nature of discussions that take place within these rooms, we needed to greatly improve the soundproofing in these rooms, and we did this by thickening the walls with sound board, insulating the ceiling voids, purchasing new doors and installing sound absorbing artwork. We'd like to thank Masterfix Ceilings, OBL Plastering and Rendering and a local charity An Hour for Others for helping us carrying the essential work.

Feedback from families using our service about our new premises has been very positive and for those families who had been to our previous home, the improvements were very much appreciated.

**3. WEBSITE**

We launched our new website in the spring of 2022 following a grant from Jenson's Twinkle Start of £4,398 during the previous year. The website allows families to refer themselves at a time that is convenient for them meaning we are able to speed up the time from referral to actually seeing a counsellor. Following an online referral, we contact families within one working day. From that point they can access support immediately. This gives families access to our peer groups such as parents support groups and coffee mornings and they are also able access practical help straight away.

**4. EMOTIONAL SUPPORT**

**4.1. Counselling**

The completion of the soundproofing works allowed us to make full use of all three therapy rooms. It allowed us to conduct more than one session at a time which meant different family members were able to attend their own individual therapy sessions at the same time.

As part of ensuring that families could access support at a time that was convenient for them, we continued to provide evening sessions on two different days so that families could come for therapy after they had finishes work.

We also continued to offer remote counselling sessions, using video conferencing and telephone, to families who preferred that medium instead of face to face. This option is also available to families who access face to face on an hoc basis should they need it.

Demand for our counselling service remained consistent throughout the year resulting in us receiving 120 referrals for one-to-one support. In normal circumstances this would have meant families waiting around 2-4 weeks to access counselling, however due to changes in staffing for sessional and volunteer counsellors, assigning families to counsellors in the normal time frame was disrupted during the latter part of the year meaning some families waited around 3 months to be assigned a counsellor. It is anticipated that this issue will be resolved during the next financial year.

We pride ourselves on the fact that families can access support for as long as they need it, and our counselling service reflects that vision. Bereaved parents know that when they come to us they won't be rushed and their support won't be limited to 6 or 8 sessions, although for some that may be enough. They are assured that will be there for them for as long as they need it.

**4.2. Peer Related Activities**

Throughout the year we continued with the mainstay of our peer related activities, namely the monthly Bereaved Parent's Support Group and monthly Coffee Morning which is also open to wider family members. Over the course of the year, numbers attending the groups steadily increased to pre-pandemic levels, however, due to resources, we decided against re-instating the Wirral based groups. We'd like to once again thank Café In the Park for again hosting our monthly Coffee Morning and their continued support over the years, has been greatly appreciated by everyone at Love, Jasmine.

Instead, we introduced a Grandparents Lunch and Chat which gave grandparents the chance to meet others in a relaxed environment and following feedback from our counsellors we introduced a Pregnancy After Loss Coffee Morning, for families that were either expecting another child or who had recently gone on to have another child.

**4.3. Practical Help**

Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2022**

**OBJECTIVES AND ACTIVITIES**

Even with the introduction of video conferencing and telephone counselling we have continued to provide transport to families who may not be able to access or use video conferencing or telephone for remote sessions. Some of the families that we support live in the most deprived areas of the city and don't have access to the local rail network or a car. Some are elderly and aren't comfortable with remote counselling or using technology. Where families would not be able to access support without help with transport, we will ensure that they get here and home safely.

**5. GRANT FUNDING**

The Trustees would like to place on record our sincere thanks and gratitude to the following organisations who provided grant funding.

**5.1. Steve Morgan Foundation/DMS Match Funding Challenge**

Funding over £15,500 was received towards the cost of sessional counsellors to support our counselling service with bereaved families.

**5.2. Steve Morgan Foundation**

August and September of 2021 were the final two months of a 3-year cost grant of £82,986 which was awarded in 2018.

**5.3. Postcode Lottery**

£18,600 was received from the Postcode Lottery to fund the rent of our Wavertree office.

**5.4. The National Lotter Awards For All**

We received a grant of £9,700 to support our peer related activities and self-care strategies for a period of 12 months.

**5.5. The Rose of Mossley**

A grant of £2,530 was received from a local pub as part of their charity fundraising events for local charities.

**5.6. Cadent Foundation**

£3,000 was donated by the Cadent Foundation following a public vote amongst their customers.

**5.7. The Co-Op Local Community Fund**

£1,364 was received as part of our involvement in the Co-op Local Community Fund.

**FINANCIAL REVIEW**

During the year the charity raised £104,371 (2021 - £179,515) and spent on £145,889 (2021 - £161,524) on various activities and running costs. The remaining funds of £58,040 (2021 - £99,558) are contained within a general fund and will be used against future projects.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE007956 (Not specified/Other)

**Registered Charity number**

1169397

**Registered office**

10 TAPTON WAY  
WAVERTREE BUSINESS VILLAGE  
Liverpool  
Merseyside  
L13 1DA

**Trustees**

Miss L Dyson Trustee  
I Stringer Trustee  
Mrs K Lapsley Trustee  
Mrs E E Furlong Trustee  
Miss L Devine

**Company Secretary**

Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**  
Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Approved by order of the board of trustees on 25 May 2023 and signed on its behalf by:



.....  
Mrs E E Furlong - Trustee

**Independent Examiner's Report to the Trustees of  
Love, Jasmine**

**Independent examiner's report to the trustees of Love, Jasmine ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

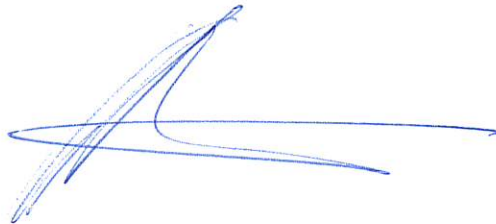
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gregory Newton FCCA

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Date: 25/05/23

**Douglas Fairless Partnership**  
**Accountants & Registered Auditors**  
Seymour Chambers  
92 London Road  
Liverpool L3 5NW  
Tel: 0151 709 1931  
Fax: 0151 709 9412

Love, Jasmine

**Statement of Financial Activities  
for the Year Ended 31 July 2022**

	Notes	Unrestricted fund £	Restricted fund £	31.7.22 Total funds £	31.7.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		41,348	23,673	65,021	179,515
Other trading activities	2	39,350	-	39,350	-
Other income		-	-	-	3,170
<b>Total</b>		<u>80,698</u>	<u>23,673</u>	<u>104,371</u>	<u>182,685</u>
<b>EXPENDITURE ON</b>					
Raising funds		5,861	-	5,861	6,389
Other		140,028	-	140,028	155,135
<b>Total</b>		<u>145,889</u>	<u>-</u>	<u>145,889</u>	<u>161,524</u>
<b>NET INCOME/(EXPENDITURE)</b>		(65,191)	23,673	(41,518)	21,161
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		99,558	-	99,558	81,542
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>34,367</u></u>	<u><u>23,673</u></u>	<u><u>58,040</u></u>	<u><u>102,703</u></u>

Love, Jasmine

Balance Sheet  
31 July 2022

	Notes	Unrestricted fund £	Restricted fund £	31.7.22 Total funds £	31.7.21 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	1,647	-	1,647	3,058
<b>CURRENT ASSETS</b>					
Cash at bank		40,573	23,673	64,246	111,520
<b>CREDITORS</b>					
Amounts falling due within one year	8	(7,853)	-	(7,853)	(15,020)
<b>NET CURRENT ASSETS</b>		<u>32,720</u>	<u>23,673</u>	<u>56,393</u>	<u>96,500</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>34,367</u>	<u>23,673</u>	<u>58,040</u>	<u>99,558</u>
<b>NET ASSETS</b>		<u>34,367</u>	<u>23,673</u>	<u>58,040</u>	<u>99,558</u>
<b>FUNDS</b>	9				
Unrestricted funds				34,367	99,558
Restricted funds				23,673	-
<b>TOTAL FUNDS</b>				<u>58,040</u>	<u>99,558</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....  
E E Furlong - Trustee

**Notes to the Financial Statements  
for the Year Ended 31 July 2022**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- at varying rates on cost
Computer equipment	- at varying rates on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	31.7.22	31.7.21
	£	£
Other income	<u>39,350</u>	<u>-</u>

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.7.22	31.7.21
	£	£
Depreciation - owned assets	1,411	-
Surplus on disposal of fixed assets	<u>-</u>	<u>(3,170)</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2022

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 July 2022 nor for the year ended 31 July 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 July 2022 nor for the year ended 31 July 2021.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.7.22	31.7.21
Manager	1	1
Admin	3	3
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	85,946	93,569	179,515
Other income	3,170	-	3,170
<b>Total</b>	<u>89,116</u>	<u>93,569</u>	<u>182,685</u>
<b>EXPENDITURE ON</b>			
Raising funds	6,389	-	6,389
Other	61,566	93,569	155,135
<b>Total</b>	<u>67,955</u>	<u>93,569</u>	<u>161,524</u>
<b>NET INCOME</b>	21,161	-	21,161
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	81,542	-	81,542
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>102,703</u>	<u>-</u>	<u>102,703</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 July 2022

## 7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 August 2021 and 31 July 2022	<u>2,348</u>	<u>2,752</u>	<u>5,100</u>
<b>DEPRECIATION</b>			
At 1 August 2021	976	1,066	2,042
Charge for year	<u>494</u>	<u>917</u>	<u>1,411</u>
At 31 July 2022	<u>1,470</u>	<u>1,983</u>	<u>3,453</u>
<b>NET BOOK VALUE</b>			
At 31 July 2022	<u>878</u>	<u>769</u>	<u>1,647</u>
At 31 July 2021	<u>1,372</u>	<u>1,686</u>	<u>3,058</u>

## 8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.22 £	31.7.21 £
Trade creditors	6,340	14,700
Social security and other taxes	1,193	-
Accrued expenses	<u>320</u>	<u>320</u>
	<u>7,853</u>	<u>15,020</u>

## 9. MOVEMENT IN FUNDS

	At 1.8.21 £	Net movement in funds £	At 31.7.22 £
<b>Unrestricted funds</b>			
General fund	99,558	(65,191)	34,367
<b>Restricted funds</b>			
Restricted	-	23,673	23,673
<b>TOTAL FUNDS</b>	<u>99,558</u>	<u>(41,518)</u>	<u>58,040</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	80,698	(145,889)	(65,191)
<b>Restricted funds</b>			
Restricted	23,673	-	23,673
<b>TOTAL FUNDS</b>	<u>104,371</u>	<u>(145,889)</u>	<u>(41,518)</u>

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 July 2022**

**9. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1.8.20 £	Net movement in funds £	At 31.7.21 £
<b>Unrestricted funds</b>			
General fund	81,542	18,016	99,558
<b>TOTAL FUNDS</b>	<u>81,542</u>	<u>18,016</u>	<u>99,558</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	89,116	(71,100)	18,016
<b>Restricted funds</b>			
Restricted	93,569	(93,569)	-
<b>TOTAL FUNDS</b>	<u>182,685</u>	<u>(164,669)</u>	<u>18,016</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.20 £	Net movement in funds £	At 31.7.22 £
<b>Unrestricted funds</b>			
General fund	81,542	(47,175)	34,367
<b>Restricted funds</b>			
Restricted	-	23,673	23,673
<b>TOTAL FUNDS</b>	<u>81,542</u>	<u>(23,502)</u>	<u>58,040</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	169,814	(216,989)	(47,175)
<b>Restricted funds</b>			
Restricted	117,242	(93,569)	23,673
<b>TOTAL FUNDS</b>	<u>287,056</u>	<u>(310,558)</u>	<u>(23,502)</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 July 2022**

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 July 2022.

Love, Jasmine

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2022

	31.7.22 £	31.7.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Gifts	-	1
Donations	65,021	74,695
Grants	-	104,819
	<hr/>	<hr/>
	65,021	179,515
<b>Other trading activities</b>		
Other income	39,350	-
<b>Other income</b>		
Gain on sale of tangible fixed assets	-	3,170
	<hr/>	<hr/>
<b>Total incoming resources</b>	104,371	182,685
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Events	5,284	4,102
Merchandise	-	1,725
Direct costs	577	562
	<hr/>	<hr/>
	5,861	6,389
<b>Support costs</b>		
<b>Human resources</b>		
Wages	65,864	50,339
Pensions	2,474	2,058
Subscriptions	250	668
Training	160	20,078
	<hr/>	<hr/>
	68,748	73,143
<b>Office costs</b>		
Computer costs	6,520	5,069
Insurance	1,040	687
Telephone	2,366	2,516
Postage and stationery	348	639
Sundries	1,087	530
Meeting, Office & Storage Rent	20,798	24,449
Light and heat	587	141
Repairs and new office costs	4,780	10,474
	<hr/>	<hr/>
	37,526	44,505
<b>Support costs</b>		
Travel	1,162	1,415
Jasmines retreat	-	5,984
Counselling/Yoga	17,261	24,072
Marketing	752	166
Other Support costs	12,808	5,490
Fixtures and fittings	494	-
Computer equipment	917	-
	<hr/>	<hr/>
	33,394	37,127

This page does not form part of the statutory financial statements

Love, Jasmine

Detailed Statement of Financial Activities  
for the Year Ended 31 July 2022

	31.7.22 £	31.7.21 £
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy fees	360	360
Total resources expended	<u>145,889</u>	<u>161,524</u>
<b>Net (expenditure)/income</b>	<u>(41,518)</u>	<u>21,161</u>

This page does not form part of the statutory financial statements

**LOVE, JASMINE**

England & Wales - Charity number 1169397

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# Accounts

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Love, Jasmine

**Report of the Trustees  
for the Year Ended 31 July 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE007956 (Not specified/Other)

**Registered Charity number**

1169397

**Registered office**

10 TAPTON WAY  
WAVERTREE BUSINESS VILLAGE  
Liverpool  
Merseyside  
L13 1DA

**Trustees**

Miss L Dyson Trustee  
I Stringer Trustee  
Mrs K Lapsley Trustee  
Mrs E E Furlong Trustee  
Miss L Devine

**Company Secretary**

**Independent Examiner**

Douglas Fairless Partnership  
Seymour Chambers  
92 London Road  
Liverpool  
Merseyside  
L3 5NW

Approved by order of the board of trustees on 26/5/22 and signed on its behalf by:



.....  
Mrs E E Furlong - Trustee

Love, Jasmine

Balance Sheet  
31 July 2021

	Notes	Unrestricted fund £	Restricted fund £	31.7.21 Total funds £	31.7.20 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	6	3,058	-	3,058	28,639
<b>CURRENT ASSETS</b>					
Cash at bank		111,520	-	111,520	53,223
<b>CREDITORS</b>					
Amounts falling due within one year	7	(15,020)	-	(15,020)	(320)
<b>NET CURRENT ASSETS</b>		<u>96,500</u>	<u>-</u>	<u>96,500</u>	<u>52,903</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>99,558</u>	<u>-</u>	<u>99,558</u>	<u>81,542</u>
<b>NET ASSETS</b>		<u>99,558</u>	<u>-</u>	<u>99,558</u>	<u>81,542</u>
<b>FUNDS</b>	8				
Unrestricted funds				99,558	81,542
<b>TOTAL FUNDS</b>				<u>99,558</u>	<u>81,542</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2021.


The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26 May 22 and were signed on its behalf by:

  
E E Furlong - Trustee