

GIVE US A BREAK

England & Wales · Charity number 1169333

Details

Other names	-
Status	Registered
Legal form	CIO
Registered	2016-09-23
Register	View on the Charity Commission register

Contact

Address	23 Kynance Grove Wolverhampton WV14 8GR
Phone	01902723939
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Website	www.GUAB.uk

Activities

Objects: TO PROVIDE OPPORTUNITIES FOR CHILDREN AND YOUNG PEOPLE WITH SEVERE AND COMPLEX SPECIAL NEEDS, AND ARE NOT ABLE TO ACCESS MAINSTREAM PROVISIONS, TO ACCESS APPROPRIATE PLAY AND LEISURE ACTIVITIES DURING SCHOOL HOLIDAYS. MEMBERSHIP IS OPEN TO ALL CHILDREN AND YOUNG PEOPLE WITH SEVERE AND COMPLEX SPECIAL NEEDS INCLUDING THEIR BROTHERS, SISTERS AND FAMILY MEMBERS. MEMBERSHIP IS FREE. ADVICE AND SUPPORT IS OFFERED TO THESE FAMILIES BY THE VOLUNTEER MEMBERS, AND THIS IN TURN OFFERS A NETWORK OF SUPPORT TO THE FAMILIES.COMMITTEE MEETINGS ARE HELD REGULARLY AS NEEDS DICTATE, IN ADDITION TO THE AGM. THESE ARE RECORDED IN MINUTES AND COPIES ARE CIRCULATED TO ALL THE COMMITTEE TEAM.FUNDING IS SOUGHT THROUGH GRANTS FROM APPROPRIATE RELATED BODIES AND LOCAL COUNCILS.

Activities: Give Us A Break provide a variety of accessible activities, usually in school holidays and occasional weekends, for children and young people with severe and complex disabilities and their families to enjoy together. Activities run in Wolverhampton and the surrounding areas. Membership is free, activities are subsidised by the charity to keep any costs as affordable as possible for families.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Disability, Recreation
- **Who:** Children/young People, People With Disabilities

Geography

- Wolverhampton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-01	£20,524	£9,750	-	-
2024-01-01	£9,601	£8,794	-	-
2023-01-01	£20,496	£26,729	-	-
2022-01-01	£18,325	£17,160	-	-
2021-01-01	£5,493	£4,505	-	-

Trustees

Name	Role	Appointed
Richard James Edward Shaylor	Chair	2024-09-19
Claire Dainty		2017-03-22
Eleanor Rosanne Biggs		2019-03-26
Kirsty Wassell		2022-01-13
LINDA WHIDDON		2016-09-01

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Give Us A Break

Reports & Accounts

Financial Year Ending 31/12/2024

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Legal & Administrative Details

Charity Name: Give Us A Break

Charity Number: 1169333

Charity Address: 23 Kynance Grove
Bilston
WV148GR

Trustees: Claire Dainty

Eleanor Rosanne Biggs

Kirsty Wassell

Linda Whiddon

Lindsay Kinght (Resigned 19/09/2024)

Lindsey Douglas (Appointed 19/09/2024)

Richard James Edward Shaylor (Appointed 19/09/2024)

Trustees Report

Objects of the charity

To support children with complex disabilities by organising accessible and inclusive activities. To provide respite for families and carers by offering engaging and safe environments for children. To promote public awareness of the challenges faced by children with disabilities and their families.

Summary of the charity's main activities and achievements

To further the above objects and vision, the charity's main activities and achievements were as follows:

During 2024 the charity were awarded The Kings Award for Voluntary Service. The charity continued to offer activities that met the needs of the members every school holiday and at weekends.

In planning the activities, the trustees have applied the guidance on public benefit issued by the Charity Commission.

Financial Review

The charity's total income for the year was £20,524, primarily generated through donations, grants, and fundraising activities. This represents an increase of 117% compared to the previous year, reflecting successful community engagement and grant applications.

Expenditure for the year totalled £9750, with most funds directed toward activities for children with complex disabilities.

At the end of the financial year, the charity held unrestricted reserves of £18,173, exceeding the minimum reserves target of £9,000. These reserves provide a strong financial foundation, ensuring the charity can continue its work even if income fluctuates.

The trustees remain mindful of financial risks, including potential changes in grant funding and rising operational costs. To mitigate these risks, the charity will continue to diversify its income streams and seek cost efficiencies where possible.

Looking ahead, the trustees plan to invest in specific initiatives such as enhancing activities, expanding outreach efforts, or upgrading technology to further the charity's mission.

Reserves Policy

The charity aims to hold a minimum of £9,000 as unrestricted cash reserves to ensure continued operations should income or expenditure vary adversely. At the year end, the charity held unrestricted cash reserves of £18,173, exceeding the minimum target.

Receipts & Payments Statement

	Unrestricted	Restricted	Total	Prior Year
Receipts				
Donations & Legacies				
Donations	18,185	0	18,185	8,949
Gift Aid	0	0	0	0
Grants	2,340	0	2,340	652
Charitable Activities				
Event Income	0	0	0	0
Investments				
Bank Interest	0	0	0	0
Trading Activities				
Rental Income	0	0	0	0
Sales	0	0	0	0
Other				
Loans Received	0	0	0	0
Other Income	0	0	0	0
Sale of Fixed Assets	0	0	0	0
Sale of Investments	0	0	0	0
Total receipts	20,524	0	20,524	9,601
Payments				
Charitable Activities				
Activities	6,748	0	6,748	8,171
Admin	2,593	0	2,593	1,430
Advertising	0	0	0	0
Bank Charges	168	0	168	0
Event Costs	0	0	0	0
Gifts Given	0	0	0	0
Other Expenditure	0	0	0	0
Premises	120	0	120	0
Staff Costs	121	0	121	0
Governance Costs				
Governance Costs	0	0	0	0
Other				
Fixed Asset Purchases	0	0	0	0
Loans Repaid	0	0	0	0
Money Invested	0	0	0	0
Total payments	9,750	0	9,750	9,601
Net Receipts / Payments (before transfers)	10,774	0	10,774	0
Fund Transfers In	0	0	0	0
Fund Transfers Out	0	0	0	0
Net Movement of Cash Funds	10,774	0	10,774	0
Total Cash Funds Brought Forward	7,532	0	7,532	7,532
Total Cash Funds Carried Forward	18,306	0	18,306	7,532
Represented By				
General (Unrestricted)	18,306	0	18,306	7,532

Asset & Liability Statement

Cash Assets

	Unrestricted	Restricted	Total	Prior Year
General (Unrestricted)	18,306	0	18,306	7,532

Other Monetary Assets

	Notes	Unrestricted	Restricted	Total	Prior Year
Gift Aid		0	0	0	0
Stock		0	0	0	0
Other		0	0	0	0

Investment Assets

	Notes	Unrestricted	Restricted	Total	Prior Year
Property		0	0	0	0
Investment Accounts		0	0	0	0
Other		0	0	0	0

Fixed Assets

	Notes	Unrestricted	Restricted	Total	Prior Year
Land & Buildings		0	0	0	0
Music & PA Equipment		0	0	0	0
Computers & IT		0	0	0	0
Furniture		0	0	0	0
Motor Vehicles		0	0	0	0

Liabilities

	Notes	Unrestricted	Restricted	Total	Prior Year
Loans Outstanding		0	0	0	0
Pension Payment Owed		0	0	0	0
HMRC Payments Owed		0	0	0	0
Independent Examination Fee Due		0	0	0	0
Other		0	0	0	0

Notes to the Accounts

Accounting Policies

The accounts have been prepared on a receipts and payments basis and comprise a statement that shows the charity's receipts and payments, a statement that summarises the charity's assets and liabilities and related notes. The accountancy profession have determined that only accounts prepared in accordance with applicable accounting standards present a 'true and fair' view and, as these receipts and payments accounts have not (and cannot) be prepared in accordance with accounting standards, these accounts do not present (and are not intended to present) a 'true and fair' view of the charity's financial activities and state of affairs.

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. Restricted funds are donations which are to be used in accordance with specific restrictions imposed by donors; they include donations received from appeals for specific activities or projects.

Transactions to Related Parties

There were no transactions related parties during the accounting period.

Movement of Funds

Fund Name	Opening Balance	Income	Expenditure	Fund Transfers	Closing Balance
Unrestricted					
General (Unrestricted)	7,532	20,524	9,750	0	18,306
Total	7,532	20,524	9,750	0	18,306
Unrestricted Total	7,532	20,524	9,750	0	18,306
Restricted Total	0	0	0	0	0
TOTAL	7,532	20,524	9,750	0	18,306

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Treasurers Report 2023

Give Us a Break started 2023 with a bank balance of £6695.38 plus cash in the tin of £90.00. The charities accounts appear annually on the charity commission website available for anyone to view. We previously have had our accounts and cash handling systems audited successfully and these procedures have remained the same. Very little cash handling now takes place as nearly all income and expenditure goes through paypal and online banking systems.

Income

During the year we had donations in of £5627.02, these come in from various sources. Most of the donations come in from our members themselves when they attend events. The charity also received some regular monthly donations from supporters.

Grants for 2023 came in at an amount of £652.00.

Fundraising came to £3321.55 this year.

Total income for 2023 was £9600.57

Expenditure

We spent a total of £8171.09 on venue hire and the running costs of activities. This is always our biggest outgoing expense. This figure includes hire of venues, hire of suppliers such as big top music, bubble lady, animal experiences, costs of hiring coaches, tickets purchased, swimming pools and snoezelon. It also includes purchase of items for activities like craft supplies, sensory items and gifts from santa.

Other expenditure came to £622.69, this includes our liability insurance, stationery, printing, storage costs.

Total Expenditure for 2023 was £8793.78.

The closing bank balance was £7502.17 with £30.00 cash in the tin. A decision was agreed in committee meetings to reduce the cash in the tin due to not using it and therefore we felt a float of 30 to be more appropriate.

This year we were the mayors charity. Financially the charity is secure and the committee continue to review spending and plan in line with funding received and cost accordingly. Another successful year providing much needed support, experiences and activities to children and adults with severe and complex needs.

Give Us A Break Accounts 2023

	Bank Account	Cash	Total as per bank 2023
Opening Bank Balance			6695.38
Cash In Tin start 2023		£90.00	
<u>Income</u>			
Donations	5627.02		
Grants	£652.00		
Fundraising	£3,321.55		
TOTAL Income for 2023	£9,600.57		
<u>Expenditure</u>			
Venue Hire /Activity Costs	£8,171.09		
Other Expenditure (refreshments,admin etc)	£622.69		
Total Expenditure for 2023	£8,793.78		
Closing Bank Balance			£7,502.17
Cash In Tin as at 31/12/23			
		£30.00	

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Give Us A Break Accounts 2022

	Bank Account	Cash	Total as per bank 2022
Opening Bank Balance			12948.26
Cash In Tin start 2022		£90.00	
<u>Income</u>			
Donations	£8,016.90		
Grants	£9,591.20		
Fundraising	£2,887.59		
TOTAL Income for 2022	£20,495.69		
<u>Expenditure</u>			
Venue Hire /Activity Costs	£17,118.38		
Other Expenditure (refreshments,admin etc)	£9,610.19		
Total Expenditure for 2022	£26,728.57		
Closing Bank Balance			£6,695.38
Cash In Tin as at 31/12/22		£90.00	

Treasurers Report 2022 for AGM

Give Us a Break started 2022 with a bank balance of £12948.26 plus cash in the tin of £90.00. The charities accounts appear annually on the charity commission website available for anyone to view. We previously have had our accounts and cash handling systems audited successfully and these procedures have remained the same. Very little cash handling now takes place as nearly all income and expenditure goes through paypal and online banking systems.

Income

During the year we had donations in of £8016.90, these come in from various sources. Most of the donations come in from our members themselves when they attend events. The charity also received some regular monthly donations from supporters.

Grants for 2022 came in at an amount of £9591.20 including the £5524.00 towards the interactive OMI projector we purchased.

Fundraising came to £2887.59 this year.

Total income for 2022 was £20495.69

Expenditure

We spent a total of £17118.38 on venue hire and the running costs of activities. This is always our biggest outgoing expense. This figure includes hire of venues, hire of suppliers such as big top music, bubble lady, animal experiences, costs of hiring coaches, tickets purchased, swimming pools and snoezelon. It also includes purchase of items for activities like craft supplies, sensory items and gifts from santa.

Other expenditure came to £9610.19, this includes our liability insurance, stationery, printing, storage costs. This is a lot higher than previous years as it includes the cost of purchasing the projector.

Total Expenditure for 2022 was £26728.57. The closing bank balance was £6695.38 with £90.00 cash in the tin.

If we compare the accounts of 2021 to this year we can see there has been a rise in costs of expenditure relating to activities as we spent over £3000 more. Also if we take a look at the income, although it looks slightly more, income towards activities was actually less once you consider the grant for the projector is separate. Due to the closing bank balance being a lot less than previous years, the rising costs of activities as suppliers increase their costs, and funding is also harder to get in due to the cost of living crisis we have had to look at how we run going into 2023. The committee will be planning with this in mind, they will be reviewing all spending, activity costs and popularity of activities and considering how we move forward with charges for activities and getting in funding for 2023.

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Treasurers/Trustee Report 2021

Give Us a Break started 2021 with a bank balance of £11782.34 plus cash in the tin of £90.00. The charities accounts appear annually on the charity commission website available for anyone to view. We previously have had our accounts and cash handling systems audited successfully and these procedures have remained the same. Since covid and booking procedure changes very little cash handling now takes place as nearly all income and expenditure goes through paypal and online banking systems.

Income

During the year we had donations in of £8886.48, these come in from various sources. Most of the donations come in from our members themselves when they attend events. The charity also received some regular monthly donations from supporters.

Grants for 2021 came in at an amount of £5907.00. These grants came from Happy Days and WVSC thriving communities project. The grants from happy days we use to run our bigger trips which are popular and the other grants were used to run some of the activities costs.

Fundraising came to £3532.47 this year. This included income from people shopping on amazon, a kind donation from the rotary club, money that came from the lovely shopping event that Paula Timmins and the cricket club organised plus a large donation from one of our families companies who wishes to remain anonymous. A special thankyou to Jennys parents Gemma and Simon who did a go fund me go sober for two months. We would like to say a massive thankyou to everyone who fundraised or sent donations. The charity is currently wanting to purchase a portable interactive projector and this £3532.47 will go towards this.

Total income for 2021 was £18325.95

Expenditure

We spent a total of £14067.69 on venue hire and the running costs of activities. This is always our biggest outgoing expense. This figure includes hire of venues, hire of suppliers such as big top music, bubble lady, animal experiences, costs of hiring coaches, tickets purchased, swimming pools and snoezelon. It also includes purchase of items for activities like craft supplies, sensory items and gifts from santa.

Other expenditure came to £3092.34, this includes our liability insurance, stationery, printing, storage costs, laptop security software and postage. We also purchased the mobile hoist. A changing bed was also purchased to be installed in Busy Buildings. We thank Busy buildings for all your support and help with the use of the building and the cost, hard work and time taken to create the new sensory room.

Total Expenditure for 2021 was £17160.03. The closing bank balance was £12948.26 with £90.00 cash in the tin.

The charity continues to run with all volunteers and no staffing costs, no building of its own, therefore the committee is very proud that all of our income is spent on our families and

members. Our income and expenditure has gone up which reflects the rise in member numbers and also the fact we are providing more activities focusing on accessibility which often comes at a premium. As Treasurer I also am pleased to see that during 2021 we spent £17160.03 and income was £18325.95, this shows that we are planning and costing correctly and also our prices charged to members are appropriate. This plus the amount we keep in the bank to safely secure the charities future means that as a growing charity we have a financially stable future.

(as required at an agm the full accounts are here and available for families to view)

Thankyou

Give Us A Break Accounts 2021

	Bank Account	Cash	Total as per bank 2021
Opening Bank Balance			£11,782.34
Cash In Tin start 2021		£90.00	
<u>Income</u>			
Donations	£8,886.48		
Grants	£5,907.00		
Fundraising	£3,532.47		
TOTAL Income for 2021	£18,325.95		
<u>Expenditure</u>			
Venue Hire /Activity Costs	£14,067.69		
Other Expenditure (refreshments,admin etc)	£3,092.34		
Total Expenditure for 2021	£17,160.03		
Closing Bank Balance			£12,948.26
Cash In Tin as at 31/12/21		£90.00	

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Treasurers Report 2020

Give Us a Break started 2020 with a bank balance of £10794.29 plus cash in the tin of £90.00. The charity has continued to gain new members and although this year we couldn't offer activities after February safely due to covid restrictions we continued to support our families on facebook, through emails, during Christmas with Santa visits and offering sensory packs. Cash at activities that are pay on the day smaller values are taken and recorded on signing in sheets signed by the member paying and then it is transferred onto the petty cash sheet signed by door person, which is balanced, signed off and banked by the treasurer. Payments are also taken via paypal, for pay in advance events. The committee all agree and review cash handling procedure. We previously have had our accounts and cash handling systems audited successfully and these procedures have remained the same.

We aim to offer family activities to children with the most complex and challenging behaviour, providing opportunities and support.

Income

During the year we had donations in of £3014.48, these come in from various sources. As expected this has fallen this year due to covid. Most of the donations come in from our members themselves when they attend events. The charity also received some regular monthly donations from supporters.

Grants for 2019 came in at an amount of £0. We did not get any grant funding in this year but this is also as some we had will be going through in next year because funding we did have for trips will go ahead once covid restrictions allow.

Fundraising bought in £2478.72 this year. This amount includes money from collecting tins, donations from our families who fundraised, from our supporters shopping on amazon, from asda and the rotary club, and st barts church. We continue to also be supported by Thornes Solicitors.

Total income for 2020 was £5493.20

Expenditure

We spent a total of £3955.44 on venue hire and activities. This is usually our biggest cost and would be four times that but as a charity covid has meant we could not hire venues. During 2020 most of the expenditure has been on providing sensory bags for our families.

Other expenditure came to £549.71, this includes, insurance, stationery, printing, topping up the charities mobile telephone, storage costs, laptop security software, postage costs. Total Expenditure for 2020 was £4505.15, again a lot less than in previous years due to the impact of covid. The closing bank balance was £11782.34 with £90.00 cash in the tin.

Accounts are available if you want the emailed please get in touch (AGM)

Give Us A Break Accounts 2020

		Bank Account	Cash	Total as per bank 2020
Opening Bank Balance				10794.29
Cash In Tin start 2020			£90.00	
<u>Income</u>				
Donations		3014.48		
Grants		£0.00		
Fundraising		£2,478.72		
TOTAL Income for 2020		£5,493.20		
<u>Expenditure</u>				
Venue Hire /Activity Costs		£3,955.44		
Other Expenditure (refreshments,admin etc)		£549.71		
Total Expenditure for 2020		£4,505.15		
Closing Bank Balance				11782.34
Cash In Tin as at 31/12/20			£90.00	