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**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 OCTOBER 2025  
FOR  
REBOUND CARERS SUPPORT GROUP**

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**REBOUND CARERS SUPPORT GROUP**

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FOR THE YEAR ENDED 31 OCTOBER 2025**

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## **REBOUND CARERS SUPPORT GROUP**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 October 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

Our continuing Objectives is to provide support to our Members, many of whom have suffered the problems caused by loved ones and relatives due to Alcohol Abuse and / or Drug Addiction and Substance Abuse, by holding Group Meetings or one to one assistance.

Our activities have been based upon trying to attract new members who need our assistance by enhancing our use of our Website and other Social Media.

Effort to obtain more funding has been critical as funding that we previously obtained from various sources has dried up due to cuts in spending by National and Local Government. Funding has been received from Portsmouth City Council and The League of Friends of St. Mary's Hospital Portsmouth.

##### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

#### **ACHIEVEMENTS AND PERFORMANCE**

The number of people attending our meetings varies though the age range is from 18 years to senior citizens, covering a good mix of sexes.

We do aim to visit people who require help but are unable to attend meetings.

#### **FINANCIAL REVIEW**

This year we secured funding from both Portsmouth City Council and The League of Friends of St Mary's Hospital, Portsmouth.

We are careful with our expenditure always aware that obtaining funding is difficult due to the Social Stigma relating to Alcohol and Drugs.

Nevertheless, we end our year in a good financial position.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable incorporated organisation.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1169310

##### **Principal address**

101 Washbrook Road  
Portsmouth  
Hampshire  
PO6 3SB

**REBOUND CARERS SUPPORT GROUP**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 OCTOBER 2025**

**Trustees**

L J Evans  
R Batterbury  
D Hawkins  
S Reddin  
A Newman  
P Darvill  
J West

**Chief Executive**

We are pleased to be able to have the use of Portsmouth City Council's Carers Centre at 117, Orchard Road, Southsea, Hampshire, PO4 0AD which is a purpose built establishment that meets our requirements.

Approved by order of the board of trustees on 17/11/2025 and signed on its behalf by:

  
A Newman - Trustee

REBOUND CARERS SUPPORT GROUP

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 OCTOBER 2025

		2025 Unrestricted fund £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>	Notes		
Donations and legacies	2	4,787	24,738
<b>EXPENDITURE ON</b>			
Raising funds	3	688	185
<b>Charitable activities</b>	4		
Carer's Support		11,598	12,310
<b>Total</b>		12,286	12,495
<b>NET INCOME/(EXPENDITURE)</b>		(7,499)	12,243
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		19,104	6,861
<b>TOTAL FUNDS CARRIED FORWARD</b>		11,605	19,104

The notes form part of these financial statements

# REBOUND CARERS SUPPORT GROUP

## BALANCE SHEET 31 OCTOBER 2025

		2025 Total funds £	2024 Total funds £
<b>CURRENT ASSETS</b>	Notes		
Cash at bank		12,127	19,434
<b>CREDITORS</b>			
Amounts falling due within one year	8	(522)	(330)
<b>NET CURRENT ASSETS</b>		<u>11,605</u>	<u>19,104</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		11,605	19,104
<b>NET ASSETS</b>		<u>11,605</u>	<u>19,104</u>
<b>FUNDS</b>	9		
Unrestricted funds		11,605	19,104
<b>TOTAL FUNDS</b>		<u>11,605</u>	<u>19,104</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 17/11/2025 and were signed on its behalf by:

  
A Newman - Trustee

## REBOUND CARERS SUPPORT GROUP

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2025

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Financial instruments**

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties and loans to related parties and investments in non-puttable ordinary shares.

##### **Trade and other debtors**

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

##### **Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, deposits with banks and other short-term highly liquid investments and bank overdrafts. In the balance sheet, bank overdrafts are shown within borrowings or current liabilities.

##### **Trade and other creditors**

Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

# REBOUND CARERS SUPPORT GROUP

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2025

### 2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	4,787	24,738

### 3. RAISING FUNDS

#### Raising donations and legacies

	2025	2024
	£	£
Sundries	688	185

### 4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Carer's Support	10,926	672	11,598

### 5. SUPPORT COSTS

	Governance costs £
Carer's Support	672

Support costs, included in the above, are as follows:

#### Governance costs

	2025 Carer's Support £	2024 Total activities £
Accountancy and legal fees	672	330

### 6. TRUSTEES' REMUNERATION AND BENEFITS

During the year a trustee was paid for their services to the charity totalling £2,290 (2024: £3,535).

#### Trustees' expenses

During the year two trustees were reimbursed out of pocket expenses totalling £172 for travelling (2024: £582).



# REBOUND CARERS SUPPORT GROUP

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2025

### 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	24,738
<b>EXPENDITURE ON</b>	
Raising funds	185
<b>Charitable activities</b>	
Carer's Support	12,310
<b>Total</b>	12,495
<b>NET INCOME</b>	12,243
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	6,861
<b>TOTAL FUNDS CARRIED FORWARD</b>	19,104

### 8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Other creditors	522	330

### 9. MOVEMENT IN FUNDS

	At 1.11.24 £	Net movement in funds £	At 31.10.25 £
<b>Unrestricted funds</b>			
General fund	19,104	(7,499)	11,605
<b>TOTAL FUNDS</b>	19,104	(7,499)	11,605

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	4,787	(12,286)	(7,499)
<b>TOTAL FUNDS</b>	4,787	(12,286)	(7,499)

# REBOUND CARERS SUPPORT GROUP

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2025

### 9. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1.11.23 £	Net movement in funds £	At 31.10.24 £
<b>Unrestricted funds</b>			
General fund	6,861	12,243	19,104
<b>TOTAL FUNDS</b>	<u>6,861</u>	<u>12,243</u>	<u>19,104</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	24,738	(12,495)	12,243
<b>TOTAL FUNDS</b>	<u>24,738</u>	<u>(12,495)</u>	<u>12,243</u>

### 10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2025.