

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2023
FOR
REBOUND CARERS SUPPORT GROUP**

REBOUND CARERS SUPPORT GROUP

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FOR THE YEAR ENDED 31 OCTOBER 2023**

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REBOUND CARERS SUPPORT GROUP

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2023

The trustees present their report with the financial statements of the charity for the year ended 31 October 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our continuing Objectives is to provide support to our Members, many of whom have suffered the problems caused by loved ones and relatives due to Alcohol Abuse and / or Drug Addiction and Substance Abuse, by holding Group Meetings or one to one assistance.

Some Members find help from our "Bereavement by Addiction" meetings to help them guide a path through their grief and suffering.

Our activities have been based upon trying to attract new members who need our assistance by enhancing our use of our Website and other Social Media.

Effort to obtain more funding has been critical as funding that we previously obtained from Hampshire County Council, the NHS and the Police has dried up due to cuts in spending by National and Local Government. Funding has been received from Portsmouth City Council and The League of Friends of St. Mary's Hospital Portsmouth.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

ACHIEVEMENT AND PERFORMANCE

The number of people attending our meetings has increased and the age range is from 18 years to senior citizens, covering a good mix of sexes.

Our Outreach Program of visiting people who require help but are unable to attend meetings is growing steadily.

The performance of trained Volunteers goes from strength to strength as they gain in experience.

FINANCIAL REVIEW

Since becoming a Registered Charity we have been able to attract more funding from The Big Lottery, The Partnership Foundation, Breeze Radio, The Henry Smith Charity, The Garfield Weston Foundation and The League of Friends of St May's Hospital Portsmouth.

We are careful with our expenditure always aware that obtaining funding is difficult due to the Social Stigma relating to Alcohol and Drugs.

Nevertheless, we end our year in a good financial position.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable incorporated organisation.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1169310

REBOUND CARERS SUPPORT GROUP

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2023**

Principal address

255 The Causeway
Petersfield
Hampshire
GU31 4LR

Trustees

Mrs L J Evans
D T Meager
R Batterbury
D Hawkins
Miss S Reddin

Chief Executive

We are pleased to be able to have the use of Portsmouth City Council's Carers Centre at 117, Orchard Road, Southsea, Hampshire, PO4 0AD which is a purpose built establishment that meets our requirements.

Approved by order of the board of trustees on20/02/24..... and signed on its behalf by:



.....
D T Meager - Trustee

REBOUND CARERS SUPPORT GROUP

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2023

	Notes	2023 Unrestricted fund £	2022 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2	4,727	23,813
EXPENDITURE ON			
Raising funds	3	515	75
Charitable activities	4		
Carer's Support		7,351	8,791
Total		17,866	8,866
NET INCOME/(EXPENDITURE)		(13,139)	14,947
RECONCILIATION OF FUNDS			
Total funds brought forward		20,000	5,053
TOTAL FUNDS CARRIED FORWARD		6,861	20,000

The notes form part of these financial statements

REBOUND CARERS SUPPORT GROUP

BALANCE SHEET 31 OCTOBER 2023

	Notes	2023 Total funds £	2022 Total funds £
CURRENT ASSETS			
Cash at bank		7,173	20,294
CREDITORS			
Amounts falling due within one year	8	(312)	(294)
NET CURRENT ASSETS		<u>6,861</u>	<u>20,000</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		6,861	20,000
NET ASSETS		<u>6,861</u>	<u>20,000</u>
FUNDS	9		
Unrestricted funds		<u>6,861</u>	<u>20,000</u>
TOTAL FUNDS		<u>6,861</u>	<u>20,000</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 20/02/24 and were signed on its behalf by:



D T Meager - Trustee

REBOUND CARERS SUPPORT GROUP

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Financial instruments

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties and loans to related parties and investments in non-puttable ordinary shares.

Trade and other debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, deposits with banks and other short-term highly liquid investments and bank overdrafts. In the balance sheet, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

REBOUND CARERS SUPPORT GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	<u>4,727</u>	<u>23,813</u>

3. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Sundries	<u>515</u>	<u>75</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Carer's Support	<u>17,033</u>	<u>318</u>	<u>17,351</u>

5. SUPPORT COSTS

	Governance costs £
Carer's Support	<u>318</u>

Support costs, included in the above, are as follows:

Governance costs

	2023 Carer's Support £	2022 Total activities £
Accountancy and legal fees	<u>318</u>	<u>294</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

During the year a trustee was paid for their services to the charity totalling £3,308 (2022: £2,781).

Trustees' expenses

During the year two trustees were reimbursed out of pocket expenses totalling £540 for travelling (2022: £825).

REBOUND CARERS SUPPORT GROUP

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	23,813
EXPENDITURE ON	
Raising funds	75
Charitable activities	
Carer's Support	8,791
Total	<u>8,866</u>
NET INCOME	14,947
RECONCILIATION OF FUNDS	
Total funds brought forward	5,053
TOTAL FUNDS CARRIED FORWARD	<u><u>20,000</u></u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other creditors	<u>312</u>	<u>294</u>

9. MOVEMENT IN FUNDS

	At 1.11.22 £	Net movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	20,000	(13,139)	6,861
TOTAL FUNDS	<u><u>20,000</u></u>	<u><u>(13,139)</u></u>	<u><u>6,861</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	4,727	(17,866)	(13,139)
TOTAL FUNDS	<u><u>4,727</u></u>	<u><u>(17,866)</u></u>	<u><u>(13,139)</u></u>

REBOUND CARERS SUPPORT GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	5,053	14,947	20,000
TOTAL FUNDS	<u>5,053</u>	<u>14,947</u>	<u>20,000</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,813	(8,866)	14,947
TOTAL FUNDS	<u>23,813</u>	<u>(8,866)</u>	<u>14,947</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2023.