

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2022
FOR
REBOUND CARERS SUPPORT GROUP**

REBOUND CARERS SUPPORT GROUP

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REBOUND CARERS SUPPORT GROUP
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2022

The trustees present their report with the financial statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our continuing Objectives is to provide support to our Members, many of whom have suffered the problems caused by loved ones and relatives due to Alcohol Abuse and / or Drug Addiction and Substance Abuse, by holding Group Meetings or one to one assistance.

Some Members find help from our "Bereavement by Addiction" meetings to help them guide a path through their grief and suffering.

Our activities have been based upon trying to attract new members who need our assistance by enhancing our use of our Website and other Social Media.

Effort to obtain more funding has been critical as funding that we previously obtained from Portsmouth City Council, Hampshire County Council, the NHS and the Police has dried up due to cuts in spending by National and Local Government.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

ACHIEVEMENT AND PERFORMANCE

The number of people attending our meetings has increased and the age range is from 18 years to senior citizens, covering a good mix of sexes.

Our Outreach Program of visiting people who require help but are unable to attend meetings is growing steadily.

The performance of trained Volunteers goes from strength to strength as they gain in experience.

Since Covid-19 has struck it has caused us major problems as it has not been possible to hold meetings at The Carers Centre nor "one to one" help. Our Website, Zoom Meetings, Facebook, email and telephone contact have been useful but the human contact is missing and that is causing member's distress.

We were looking to performing a production of our successful stage play but are now having to consider a filmed version that can be circulated and sold to schools etc.

FINANCIAL REVIEW

Since becoming a Registered Charity we have been able to attract more funding from The Big Lottery, The Henry Smith Charity and The Garfield Weston Foundation.

We are careful with our expenditure always aware that obtaining funding is difficult due to the Social Stigma relating to Alcohol and Drugs.

We end our year still in a good financial position with a surplus of £14,947 and unrestricted reserves to carry forward of £20,000.

It has not been possible to obtain further funding which is causing great concern. Reserves are at a level to cover current costs for the next period.

REBOUND CARERS SUPPORT GROUP

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 OCTOBER 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable incorporated organisation.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1169310

Principal address

255 The Causeway
Petersfield
Hampshire
GU31 4LR

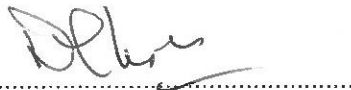
Trustees

Mrs L J Evans
D T Meager
R Batterbury
D Hawkins
Miss S Reddin

Chief Executive

We are pleased to be able to have the use of Portsmouth City Council's Carers Centre at 117, Orchard Road, Southsea, Hampshire, PO4 0AD which is a purpose built establishment that meets our requirements.

Approved by order of the board of trustees on31/01/23..... and signed on its behalf by:



.....
D T Meager - Trustee

REBOUND CARERS SUPPORT GROUP

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2	23,813	581
		<hr/>	<hr/>
EXPENDITURE ON			
Raising funds	3	75	108
Charitable activities	4		
Carer's Support		8,791	6,637
		<hr/>	<hr/>
Total		8,866	6,745
		<hr/>	<hr/>
NET INCOME/(EXPENDITURE)		14,947	(6,164)
RECONCILIATION OF FUNDS			
Total funds brought forward		5,053	11,217
		<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD		20,000	5,053
		<hr/>	<hr/>

The notes form part of these financial statements

REBOUND CARERS SUPPORT GROUP

BALANCE SHEET 31 OCTOBER 2022

	Notes	2022 Total funds £	2021 Total funds £
CURRENT ASSETS			
Cash at bank		20,294	5,335
CREDITORS			
Amounts falling due within one year	8	(294)	(282)
NET CURRENT ASSETS		<u>20,000</u>	<u>5,053</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		20,000	5,053
NET ASSETS		<u>20,000</u>	<u>5,053</u>
FUNDS	9		
Unrestricted funds		20,000	5,053
TOTAL FUNDS		<u>20,000</u>	<u>5,053</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31/10/23 and were signed on its behalf by:



D T Meager - Trustee

REBOUND CARERS SUPPORT GROUP

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Financial instruments

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties and loans to related parties and investments in non-puttable ordinary shares.

Trade and other debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, deposits with banks and other short-term highly liquid investments and bank overdrafts. In the balance sheet, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

REBOUND CARERS SUPPORT GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2022

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	23,813	581

3. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Sundries	75	108

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
Carer's Support	8,497	294	8,791

5. SUPPORT COSTS

	Governance costs
	£
Carer's Support	294

Support costs, included in the above, are as follows:

Governance costs

	2022	2021
	Carer's Support	Total activities
	£	£
Accountancy and legal fees	294	288

6. TRUSTEES' REMUNERATION AND BENEFITS

During the year a trustee was paid for their services to the charity totalling £2,781 (2021: £2,188).

Trustees' expenses

During the year one trustee was reimbursed out of pocket expenses totalling £825 for travelling (2021: £30).

REBOUND CARERS SUPPORT GROUP

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2022**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	581
EXPENDITURE ON	
Raising funds	108
Charitable activities	
Carer's Support	6,637
Total	6,745
NET INCOME/(EXPENDITURE)	(6,164)
RECONCILIATION OF FUNDS	
Total funds brought forward	11,217
TOTAL FUNDS CARRIED FORWARD	5,053

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other creditors	294	282

9. MOVEMENT IN FUNDS

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	5,053	14,947	20,000
TOTAL FUNDS	5,053	14,947	20,000

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,813	(8,866)	14,947
TOTAL FUNDS	23,813	(8,866)	14,947

REBOUND CARERS SUPPORT GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2022

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	11,217	(6,164)	5,053
TOTAL FUNDS	<u>11,217</u>	<u>(6,164)</u>	<u>5,053</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	581	(6,745)	(6,164)
TOTAL FUNDS	<u>581</u>	<u>(6,745)</u>	<u>(6,164)</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.