

Down Right Worthy

England & Wales · Charity number 1169236

Details

Other names	CUMBRIA DOWN'S SYNDROME SUPPORT GROUP
Status	Registered
Legal form	CIO
Registered	2016-09-16
Register	View on the Charity Commission register

Contact

Address	8 Eldon Drive Carlisle CA1 3RS
Phone	07966659238
Email	DOWNRIGHTWORTHYCUMBRIA@GMAIL.COM
Website	www.downrightworthy.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:TO RELIEVE THE NEEDS OF ADULTS AND CHILDREN WITH DOWN'S SYNDROME, THEIR PARENTS AND CARERS LIVING IN THE CUMBRIA AREA, IN PARTICULAR BUT NOT EXCLUSIVELY, BY PROVIDING SUPPORT, CREATING AND DEVELOPING CONDITIONS WHICH WILL ENABLE PEOPLE WITH DOWN'S SYNDROME TO ATTAIN THEIR FULL POTENTIAL AND TO UNDERTAKE ANY OTHER CHARITABLE ACTIVITIES IN CONNECTION WITH DOWN'S SYNDROME.

Activities: Support group for people with Down's Syndrome, their families and carers. Providing day trips, leisure activities, Events to bring the community together. collaborating with other community groups and national health services to provide more cohesive services in the area.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Recreation
- **Who:** Children/young People, People With Disabilities

Geography

- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-01	£1,650	£2,076	-	-
2024-07-01	£2,304	£2,681	-	-
2023-07-01	£2,319	£4,157	-	-
2022-07-01	£3,029	£6,839	-	-
2021-07-01	£6,555	£270	-	-
2020-07-01	£3,754	£4,460	-	-

Trustees

Name	Role	Appointed
Louise Karen Hext	Chair	2019-07-01
JULIE PHINN		2014-07-07
ROBYN ANDRIA PARK		2017-07-05
SUSAN HELEN CURTIS		2017-07-07
WENDY LOUISE JEPKES		2014-07-07

Down Right Worthy

England & Wales - Charity number 1169236

Accounts

Chairs report for Down Right Worthy

July 2024-June2025

AGM 24th July 2025

This has been my 6th year as Chair of this wonderful group. We have tried really hard to organise a range of activities throughout the year for all of our members covering a wide range of age groups. Unfortunately, we are struggling to get many people to attend some of the events and are finding ourselves having to cancel due to low numbers. This is a real shame as there is a lot of work that goes into the planning and not something that can continue in the long term. We have, however, continued trying to increase engagement across our social media channels as well as our website. We do have some plans in place to keep this going and more moving forward. These plans can hopefully see the charity continuing on to provide vital support to our members and their families.

July

Kicking off the start of a new financial year we organised a soft play session to Rheged in Penrith. Everybody had a great time and as we hadn't been there in a while it was nice to see how much the little ones had advanced in their development and how much more they could access independently.

August

As it is the school summer holidays we don't usually organise many activities as we have found in the past lots of families are off on their own holidays and the events are not well attended.

We did however arrange a soft play date at Wee Rascalz. So much fun was had by all that attended.

September

At the start of the month we organised a trip to Watchtree Nature Reserve for a walk/cycle and picnic. We had a good turnout for it and thankfully the weather was on our side. There was a mix of bikes hired and some even went around the track more than once.

At the end of the month we also had our monthly soft play session again at Wee Rascalz, it was well attended and lots of giggles were had.

October

It's Halloween month so we organised something a little different this year and went with Coffee, Cake, Crafts and Carving. We had lots of pumpkins being carved, biscuits decorated, ceramics painted, pictures coloured in and of course cake was eaten. There was lots of spooky outfits worn and even some cheeky dancing at the end.

November

This month we only had our monthly soft play session as Wee Rascalz, so much fun was had by all that attended.

December

Its Christmas!! Always a fun time of year. Our annual Christmas party is always our most well attended event of the year. This year was no exception. Lots of dancing, singing, party games, yummy food and of course a visit from Santa Claus himself.

Our older members attended the Green Room Club for a theatre showing of Hansel and Gretel. Lots of people attended and they all had a fantastic time.

January

Our monthly soft play session to Wee Rascalz was thoroughly enjoyed by all that attended.

February

Again we had our monthly soft play session to Wee Rascalz, everyone had a great time.

We had booked a Fun Swim session at Woggle Goggle in Penrith for all of our members but this unfortunately had to be cancelled due to a very low volume of numbers. we hope to revisit this in the future.

Our Secretary Sam has been having discussions with the LA regarding EHCP's and SALT . She attended a 'chat with Emma Hamer session' on behalf of Down Right Worthy. They had a lot of discussions around EHCP's and the lack of SALT provision in our area. She has also engaged in follow up discussions with Emma Hamer (Assistant Director Education, SEND and Inclusion), Tania Desborough (Strategic Head of Commissioning North Cumbria Local Delivery Team and Dr Helen Howlett (Head of Community and CYP Women's Health Champion and FASD Specialist). It is excellent news that Sam has now managed to create some professional contacts with those stated above and as a group we are very grateful for your perseverance and dedication to always fight for the provisions our children need and deserve.

March

We started this month off with a parent social event. Sadly there was only 3 of us that went, we had a great time nevertheless. Hopefully the next one will be better attended.

We had our usual visit to Wee Rascalz soft play, where lots of energy was burned and lots of fun was had by all.

For World Down Syndrome Day, we hosted a UV Glow party in celebration. It was a huge success and everyone had a brilliant time and danced their socks off. Lots of people dressed up, there was UV tattoos and facepainting, glow sticks, light up glasses, light up whistles and lots of other fun things. Everyone got to take a glow baton home with them at the end.

For our social media platforms Sam put together a video showcasing pictures of all of our members.

April

We did have a trip to Watchtree planned for this month but the great Cumbrian weather was not on our side and we unfortunately had to cancel.

May

As the weather was lovely we decided to go to Bitts Park for our monthly play session rather than soft play. Even though there was only 3 families we had a fab time and look forward to doing it again.

I would like to take this opportunity to thank each member of the committee for their continued dedication and commitment to the charity. I would like to thank Sam (secretary) for always being on hand for help and support in more ways than one. This has been your first year as Secretary and you have jumped in with both feet and been the main source of social media, communication, emails, networking, and generally keeping the charity going. Thank you to Louise W (treasurer) for always keeping the accounts up to date, you've taken to the new role like a duck to water. Kellie (vice chair) had to step down from the role early on due to some very difficult and upsetting family times, we have all been thinking of you and your family. We are hoping to see you at some events again soon.

A special thank you to those that have helped fundraise this year, all donations are much appreciated and very gratefully received.

Down Right Worthy

England & Wales - Charity number 1169236

Accounts

Chairs report for Down Right Worthy

July 2023-June2024

AGM 10th July 2024

This is my 5th year as Chair. We've had a bit of a tough year getting enough people to attend events we had planned on hosting. We are working very hard to hopefully see some changes in the upcoming year.

July

The first organised event of the year was to Whale of a Time soft play, it's a firm favourite amongst the younger ones as it is all very easily accessible for toddlers and young children.

August

The younger members of the group went to Simple Sounds Barn for some Montessori type playing for the younger members of our group. We only had a few families attend but that did not stop the children from having lots of fun exploring all the toys they had to offer. I think the dressing up corner was the favourite amongst them.

September

We went along to Whale of a Time soft play again this month. So much fun was had by all that attended. We also hosted a charity night that included a drag act and raffle, it was a well attended evening and everyone had a great time. There was lots of laughs and people danced the night away. We raised an impressive £1765.10 for the charity, it was a fabulous night all round.

October

We had our Halloween party this month, there was a little stress with the venue being double booked but once we got situated in a different venue everyone had a great time. There was lots of happy faces and scary outfits. The limbo seemed to be a firm favourite.

November

We had our big Christmas event a little early this year, we went to Kielder Winter Wonderland in Northumberland. It was very well attended and so many fun things to do there from small theatre shows, seeing the reindeers, watching the Mrs Clause show,

enchanting stories, making things in the toy workshop, choosing a gift from the toy emporium and of course the best part of the day was meeting Father Christmas.

December

We never managed to get out big pantomime event this year due to the venue going through refurbishments but the older children and young adults did attend the Green Room for a smaller pantomime. They were roaring with laughter and really engaged with the cast throughout. There are some lovely friendship groups with our young adults which is very heartwarming to see. Its safe to say they loved it.

January

We attended soft play at whale of a time again this month. It was well attended and thoroughly enjoyed as usual.

February

We done pancake making this month for Shrove Tuesday, there was some very good measuring and mixing skills by the younger and the older members that attended. We finished off the evening with a pancake flipping competition. It was a great evening and we look forward to doing it again one day.

March

The littles ones went to Whale of Time soft play this month, its so nice to see how much the little ones have grown and how independent they are now.

May

We organised a trip to The Lake District Wildlife Park this month, sadly only 2 families attended but they did have a great time.

We also booked the soft play at Rheged in Penrith, it was a lovely afternoon and everyone had so much fun.

I would like to take this opportunity to thank each member of the committee for their continued commitment and dedication to the charity by attending regular meetings. I would like to thank Julie for stepping in as secretary whilst Kellie had to take some time out – we

will hopefully be seeing Kellie return in the near future. Thank you to Susan (treasurer) for keeping the accounts up to date and adding events to the website when needed. Thank you to Robyn (vice chair) for being a fantastic support to myself and the charity and always being on hand for help. Lastly, I would like to thank Sam Kennon for organising the baby/toddler groups despite not having an official role within the charity, it is very appreciated.

A special thank you to those that have helped fundraise this year, all donations are much appreciated and very gratefully received.

With all of the above said we are very sadly seeing some of our committee members stand down from their roles. Susan has been treasurer for many years but unfortunately cannot continue in the role due to other commitments. Robyn has also been on the committee for many years starting out as Chair and finishing her time as vice chair. It's a very sad time for the charity but hopefully we will have some fabulous people step into their roles and continue the good work.

Statement Date:

01.07.23 - 30.06.24



STATEMENT OF MAIN ACCOUNT
 Cumbria Down's Syndrome Support Group
 8 Eldon Drive
 Carlisle, CA1 3RS

DATE	DESCRIPTION	IN	OUT	BALANCE
	<i>Balance brought forward</i>			£3,476.98
22/9/23	PRIMARK FUNDRAISER	£106		£3,583.08
13/10/23	LISA BYRNE DONATION	£170		£3,753.08
28/10/23	CASH FROM CHARITY NIGHT	£985		£4,738.08
28/10/23	KIELDER CHRISTMAS OUTING		£1,278.00	£3,460.08
28/10/23	PANTO AT GREEN ROOM		£120.00	£3,340.08
		£1,261	£1,398.00	
	CLOSING BALANCE £3340.08			

£1,261 £1,398.00

END BALANCE £

Donations	Fundraising Charity Activities
106	985
170	



Statement Date: 01/07/22 - 30/06/23

STATEMENT OF PETTY CASH
 Cumbria Down's Syndrome Support Group
 8 Eldon Drive
 Carlisle, CA1 3RS

DATE	DESCRIPTION	IN	OUT	BALANCE	Donations Fundraising Charity A
	<i>Balance brought forward</i>			£148.25	68.95 299.41
09/07/23	SOFT PLAY		15.00	£133.25	
28/08/23	CASH FROM DELICIOUS FUNDRAISER	299.41		£432.66	
	CASH PRIZE FOR RAFFLE		50.00	£382.66	
	ENTERTAINER FOR HALLOWEEN		50.00	£332.66	
29/10/23	ASDA DRINKS FOR HALLOWEEN		25.50	£307.16	
04/12/23	XMAS PARTY ENTERTAINMENT		80.00	£227.16	
	ROOM HIRE FOR XMAS PARTY		40.00	£187.16	
02/05/24	FUNDRAISER	68.95		£256.11	
05/06/24	BELAH COMMUNITY CENTRE		60.00	£196.11	
		368.36	320.50		

CLOSING BALANCE £196.11

END BALANCE

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STATEMENT OF PAYPAL
 Cumbria Down's Syndrome Support Group
 8 Eldon Drive
 Carlisle, CA1 3RS

DATE	DESCRIPTION	IN	OUT	BALANCE
	<i>opening balance</i>			£510.00
09/07/23	CHITTY BANG BANG		180.55	£329.45
	CUSTOM BANNERS		44.47	£284.98
16/07/23	BELINDA LIGHTFOOT FUNDRAISER	23.46		£308.44
	BELINDA LIGHTFOOT FUNDRAISER	7.69		£316.13
25/07/23	JULY/AUGUST SOFT PLAY		65.00	£251.13
10/09/23	CHARITY NIGHT	24.44		£275.57
26/09/23	CHARITY NIGHT	4.73		£280.30
	CHARITY NIGHT	29.38		£309.68
	CHARITY NIGHT	4.73		£314.41
27/09/23	CHARITY NIGHT	9.66		£324.07
	CHARITY NIGHT	4.73		£328.80
	CHARITY NIGHT	9.66		£338.46
	CHARITY NIGHT	9.66		£348.12
	CHARITY NIGHT	4.73		£352.85
	DELICIOUS ENTERTAINMENT FOR FUNDRAISER		150.00	£202.85
	CHARITY NIGHT	9.66		£212.51
28TH	CHARITY NIGHT	9.66		£222.17
	CHARITY NIGHT	9.66		£231.83
29/09/23	CHARITY NIGHT	29.38		£261.21
	CHARITY NIGHT	9.66		£270.87
30/09/23	CHARITY NIGHT	4.73		£275.60
01/10/23	CHARITY NIGHT	49.10		£324.70
	CHARITY NIGHT	9.66		£334.36
12/10/23	PANTO		20.00	£314.36
01/11/23	KIELDER	16.32		£330.68
	KIELDER	16.25		£346.93
	KIELDER	16.32		£363.25
	KIELDER	32.83		£396.08
	Halloween party		151.20	£244.88
02/11/24	KIELDER	32.83		£277.71
	KIELDER	49.35		£327.06
05/11/23	KIELDER	49.35		£376.41
	KIELDER	49.35		£425.76
	KIELDER	32.83		£458.59
06/11/23	KIELDER	32.80		£491.39
07/11/23	KIELDER	49.35		£540.74
15/11/23	KIELDER	16.25		£556.99
16/11/23	KIELDER		33.50	£523.49
17/11/23	KIELDER	16.25		£539.74
11/01/24	MADDISON XMAS PARTY DEPOSIT		50.00	£489.74
07/02/24	HI VIS VESTS		35.70	£454.04
05/06/24	LAKE DISTRICT WILDLIFE		115.94	£338.10
05/06/24	BELAH ROOM HIRE		60.00	£278.10
	RHEGED SOFT PLAY		56.00	£222.10

674.46

962.36

CLOSING BALANCE £222.10

Donations	Fundraising	Charity Activities
31.15	233.23	410.08

Statement Date: 1/07/23 - 30/06/24



SUMMARY OF ALL ACCOUNTS
Cumbria Down's Syndrome Support Group
8 Eldon Drive
Carlisle, CA1 3RS

ACCOUNT	IN	OUT	ACCOUNT BALANCE
Cumberland Building Society - Main Account	£1,261	£1,398.00	£3,340.08
Petty Cash	£368.36	£320.50	£196.11
PayPal	£674.46	£962.36	£222.10
	£2,303.92	£2,680.86	£3,758.29

Donations	Other Trading Activities- Fundraising	Charitable Activities - sale of good/services
£276.00	£985.00	
£68.95	£299.41	
£31.15	£233.23	£410.08
£376.10	£1,517.64	£410.08

Down Right Worthy

England & Wales - Charity number 1169236

Accounts

Chairs report for Down Right Worthy

July 2022-June2023

AGM 5th July 2023

This is my fourth year as chair for the group. This last year has seen some big changes within the charity. We have had a change of name from Cumbria Down Syndrome Support Group to Down Right Worthy. The name change has been very much welcomed from our members and has given us (the committee) a fresh outlook on where we see the charity going in the future.

July

We started out our new year with a much loved trip to Lakeland Maze Farm Park, we had some very excited children running free in the fresh air, bouncing, swinging, jumping and even seeing the animals. The event was well attended and thoroughly enjoyed.

Our monthly bowling session was well attended as usual, there are some lovely friend groups being formed there.

Soft play was well attended and thoroughly enjoyed by all.

We had a session booked at total enigma for UV golf for our older members, everyone that attended had lots of fun.

August

We organised an event at Fusion the trampoline park, there was a very large turnout and everyone had a brilliant time.

The monthly bowling session was also well attended, this event is a firm favourite amongst some of our older members and their siblings.

We went to Beamish museum this month, there was only a few families that came but we it was such a brilliant day with so much to see and so much to do. It is definitely an event we will run again.

There was no soft play session this month due to the school holidays.

September

Bowling was a well attended event and everyone thoroughly enjoyed themselves.

Soft play was well attended and enjoyed by all.

We received a total of £803 from donations given at the funeral of Graeme French, a much loved brother of one of our members. We send our condolences to the family and are really grateful for the donation.

We also received a donation from a company called much loved of £143, thank you very much.

October

Bowling was unfortunately cancelled this month.

We went to Halloween at Carlisle Castle this year instead of having a party. Everyone enjoyed getting together despite there being very little to do.

Soft play was cancelled due to lots of the kids being poorly.

November

As usual bowling was very popular this month with lots of attendees.

We were approached by a parent of one of our young adults asking us if we could arrange for a group of our older members to go to the panto at the Green Room Theatre, we were very happy to do this and also appreciated them asking us. They all went to watch 3 little pigs and they all had so much fun. There was lots of cheering and shouting during the show.

December

We had our annual Christmas party at the start of the month with an entertainer, buffet and a surprise visit from Santa. The party was absolutely fabulous and everyone had a great time with lots of singing and dancing. Every child that attended received a selection box and those with Down Syndrome received a gift voucher for Amazon.

We had our yearly pantomime visit this month too, it was Aladdin this year. It was such a good turnout and everyone had an amazing time. There was so much laughing, cheering and chanting from everyone.

We received a donation of £150 from D A Walker for which we are very grateful.

January

Soft play was very well attended, there is a lovely bond between all the little ones, its nice to see them growing alongside each other.

Bowling was busy this month with lots of the same faces all having fun in their own friend groups they have formed.

Andrew Robinson raised £100 for the group through his work place, thank you very much.

February

Soft play session was a busy one, all the children had a great time.

Bowling was also well attended, all had fun.

We had a planned trip to Walby Farm Park, this was a huge success. We had lots of families attend with a few families we haven't seen for a long time and also a new family with a little baby. It was a fabulous day out and everyone was exhausted when it was time to go home. We even got to see twin lambs being born.

March

Baby group was well attended, we had the new baby that we met at Walby come to this session so it was lovely to see them in a more intimate setting.

The bowling session was a busy one, with everyone having lots of fun.

We booked the Alan Shearer Centre to celebrate World Down Syndrome day! We had a few families from the younger group attend, they all had a fabulous time and really enjoyed being free to roam around looking at all the lights and pressing the buttons for the sounds.

April

Bowling this month was a busy one, its always well attended especially by the older members of the group.

Soft play didn't go ahead this month unfortunately.

We had a planned day out to Rookery Woods. It was lovely to see a couple of new families and some faces we haven't seen for a little while. It was lovely to be out in the fresh air letting the children go exploring.

A large group of mums from the group organised an evening/night out together, it seems they all thoroughly enjoyed it and are already planning for the next one. This was a self funded event for the mums to let their hair down.

May

Soft play was well attended again, the friendships are really blossoming.

The bowling session was very busy and lots of fun was had by all.

We organised a cycle and picnic at Watchtree, it was lovely to see some of the members managing to ride different bikes. It was lovely weather and we all had a great day, finished off with ice creams all round.

June

Soft play and bowling both went ahead and we both well attended and enjoyed by all.

We had a donation of £100 from Wigton Road Methodist Church 'wives group'. It is very appreciated.

I would like to take this opportunity to thank each member of the committee for their continued commitment and dedication to the charity by attending the regular meetings. I would like to thank Susan (treasurer) for keeping the accounts up to date. Thank you to Kellie (secretary) for getting the new website set up and running and for completing the administrative side of things. Thank you to Robyn for helping to keep all events running smoothly and always being on hand for help.

A special thank you to those that have helped fundraise this year. I am confident the charity will continue to flourish, providing valuable support for local families throughout Cumbria. I am looking forward to the upcoming year and all of the very exciting changes and events we have in the pipeline.

And last but not least thank you to all of our members for continuing to attend the events we organise. The group would not be what it is today if it wasn't for the members supporting us.



STATEMENT OF MAIN ACCOUNT
Cumbria Down's Syndrome Support Group
473 Durdar Road
Carlisle

DATE	DESCRIPTION	IN	OUT	BALANCE
	<i>Balance brought forward</i>			£5,353.24
8/8/22	lakeland maze		90.50	£5,262.74
	uv golf		76.00	£5,186.74
19/8/22	BEAMISH		72.00	£5,114.74
12/9/22	BOWLING SEPTEMBER 22		28.03	£5,086.71
12/9/22	ROOM HIRE		60.00	£5,026.71
12/9/22	CHEQUE, GRAHAMS WAKE	£763		£5,789.51
	TRAMPOLINE		97.10	£5,692.41
15/9/22	MUCH LOVED DONATION	£143		£5,835.66
3/11/22	HALLOWEEN AT CASTLE		100.35	£5,735.31
	CARLISLE GREEN ROOM PANTO		140.00	£5,595.31
16/11/22	DNA KIDS PARTY		189.00	£5,406.31
1/12/22	SELECTION BOXES		40.00	£5,366.31
	DRINK		46.74	£5,319.57
	PARTY FOOD		255.00	£5,064.57
	PETTY CASH		300.00	£4,764.57
4/12/22	D A WALKER DONATION FUNDRAISER	£150		£4,914.57
7/12/22	PANTO		576.00	£4,338.57
1/12/22	GIFT CARDS		450.00	£3,888.57
7/12/22	ROOM HIRE		60.00	£3,828.57
26/1/23	DEPOSIT BJ ENTERTAINMENT		50.00	£3,778.57
	DEPOSIT ROOM		50.00	£3,728.57
27/1/23	DONATION ROBINSON	£100		£3,828.57
23/2/23	PAYPAL BOWLING		40.62	£3,787.95
	PAYPAL WALBY		322.25	£3,465.70
1/3/23	PAYPAL WALBY		44.85	£3,420.85
	PAYPAL WATCHTREE		50.00	£3,370.85
	PAYPAL BOWLING		28.07	£3,342.78
6/3/23	PAYPAL ROOM HIRE		60.00	£3,282.78
	WIX WEBSITE		242.41	£3,040.37
5/4/23	ROOKERY WOODS		70.74	£2,969.63
13/4/23	BOWLING		47.05	£2,922.58
7/6/23	ATCHTREE		36.00	£2,886.58
	BOWLING		59.60	£2,826.98
27/6/23	CHURCH	£450		£3,276.98
	DONATION CUMBERLAND COMMUNITY	£200		£3,476.98
		£1,806	3,682.31	

END BALANCE £3476.98



Statement Date: 01/07/22 - 30/06/23

STATEMENT OF PETTY CASH
Cumbria Down's Syndrome Support Group
473 Durdar Road
Carlisle CA2 4TU

DATE	DESCRIPTION	IN	OUT	BALANCE
	<i>Balance brought forward</i>			£48.25
01/12/22	CASH FROM BANK	300.00		£348.25
04/12/22	ENTERTAINER		150.00	£198.25
	ROOM HIRE		90.00	£108.25
	GRAHAMS WAKE	40.00		£148.25

END BALANCE



STATEMENT OF PAYPAL
 Cumbria Down's Syndrome Support Group
 473 Durdar Road
 Carlisle CA2 4TU

DATE	DESCRIPTION	IN	OUT	BALANCE
	<i>opening balance</i>			£271.89
01/07/22	BOWLING		44.86	£227.03
06/07/22	SOFT PLAY		12.00	£215.03
04/08/22	TEST	0.79		£215.82
	DONATION	19.52		£235.34
	MEETING ROOM		60.00	£175.34
	CHITTY SUSAN	29.37		£204.71
	HASBRO KELLIE	20.52		£225.23
	ROOKERY WOOD		70.74	£154.49
	BOWLING		47.05	£107.44
	DEELICIOUS JULIE	49.08		£156.52
	GEORGINA HARPER	4.73		£161.25
	GEORGINA HARPER	3.74		£164.99
	RACHEL BUCKLE	5.72		£170.71
	EMMA FLACK	3.74		£174.45
	DANIELLE HILTON	3.74		£178.19
	SUE HARPER	3.74		£181.93
	PAYPAL GIVING FUND	15.00		£196.93
	JULIE DEELIOCIOUS	4.73		£201.66
	SUSAN DEELICIOUS	4.73		£206.39
	INNER PHOENIX	9.66		£216.05
	MISS ROWE	9.66		£225.71
	MICHAEL FELL	24.44		£250.15
	ROBYNPARK	29.37		£279.52
	LOXY	24.44		£303.96
	KELLIE	19.51		£323.47
	WENDY	9.66		£333.13
	SHANE	19.51		£352.64
	MAXINE	9.66		£362.30
	DENISE HALL	147.70		£510.00
		472.76	234.65	
	BALANCE £510			
	CLOSING BALANCE			



Statement Date:

01.07.22 - 30.06.23



SUMMARY OF ALL ACCOUNTS
Cumbria Down's Syndrome Support Group
473 Durdar Road
Carlisle

	IN	OUT	BALANCE
Main Account	£1,806.05	£3,682.31	£3,476.98
Petty Cash	£40.00	£240.00	£148.25
PayPal	£472.76	£234.65	£510.00
	£2,318.81	£4,156.96	£4,135.23

Down Right Worthy

England & Wales - Charity number 1169236

Accounts

Chairs report for Cumbria Down Syndrome Support Group

July 2021-June2022

AGM 6th July 2022

My third year of being Chair has been yet another exciting year with lots of new faces and places visited. This has been our first full year following on from Covid-19 and national lockdowns, this has had an effect on fundraising however we have still managed to organise some fabulous trips with thanks to Primark and the Keswick Boot Co in the years previous.

JULY

We started our new year with a well-loved trip to Watchtree, this was well attended and it was great to see everyone again after the pandemic.

AUGUST

We had two trips to Watchtree booked for August but due to a storm one of them had to be cancelled last minute. The date that went ahead was well attended with lots of families enjoying either a nice stroll around or making use of the fabulous bicycle hire that Watchtree has to offer.

SEPTEMBER

We finally managed to get our soft play sessions up and running this month, there has been a few babies born during the pandemic so it was lovely to meet the babies and parents face to face and get to know them properly. It was well attended and everyone left looking forward to the next meet up.

OCTOBER

We booked a Halloween party with an entertainer and a buffet, this was very well attended with lots of faces we haven't seen for a long time. We ran a competition for the best

dressed with different age brackets and each winner got an age-appropriate prize. There was lots of dancing and giggles to be had by everyone.

We did have a soft play session booked but unfortunately this had to be cancelled as all the babies and toddler were poorly with the usual winter bugs.

NOVEMBER

We had a soft play session at the start of the month which was well attended by babies and toddlers. It is used as great time for the parents to chat to people that really understand what it is like to have a child with additional needs.

We had a day out to Walby farm park in the middle of the month that was thoroughly enjoyed by all that could make it.

We organised a tropic pamper evening with a select choice of beauty treatments being offered to anyone attending. The Tropic ambassador asked for £10 per treatment which she donated to the group along with any commission she earned from her sales.

DECEMBER

We had our annual Christmas party at the start of the month with an entertainer, buffet and a surprise visit from Santa. We also had a craft room to the side where anyone could go and make some reindeer dust and design their very own Christmas card. The party was absolutely fabulous and everyone had a great time with lots of singing and dancing. Every child that attended received a selection box and those with Down Syndrome received a gift voucher for Smyths.

We had two dates available for the local pantomime this year both of which were well attended and enjoyed by all.

FEBRUARY

Soft play was again thoroughly enjoyed by all that could attend.

We organised a little friendly competition at Watchtree in the form of a Valentines colour war. Everyone was split into 2 colours and went round as fast as they could. The team that got back the fastest were each given a small medal and everyone was given some sweets. We managed to raise a small amount of money for the event too. Everyone had a great time despite the fact it rained all the way around.

March

Soft play was unfortunately cancelled again last minute due to sickness.

We attended a session at Fusion trampoline park on World Down Syndrome Day, there were lots of families that attended and great fun was had by all.

We ran a competition for people to design their own pair of odd socks and asked people to make a donation to the charity along with their entry. The response was huge, we had well over 80 entries from a good age range of children. We split the competition into 3 age ranges and the winner from each range received a £10 gift voucher.

APRIL

We started the month off with a weekend away in Scarborough, this weekend was only possible because of the fantastic fundraising from the Keswick Boot Co and for that we are eternally grateful. There were 10 families that came with us and everyone had an amazing time. There were lots of smiling faces in the swimming pool, arcades, on site activities and evening entertainment. We all loved it so much we are hoping we can make it a semi regular event.

We booked a private swimming pool as our Easter activity, after the swimming session we hired the hall at the leisure centre to do an easter egg hunt, have a few party games and some dancing. We arranged for some food to be delivered too. Morrisons at Penrith very kindly donated some Easter eggs so everyone that attended left with an Easter egg of their own.

MAY

Instead of a soft play session we were very lucky to be offered a group physio session by a private physiotherapist who gave each of us personalised tips and guidance to help our children with the whichever level of gross motor skill they are at. This was provided free of charge and she has very kindly offered to do something similar again and also to do the same with some of our older group members. We are very grateful for this opportunity and everyone that attended found it to be very useful.

JUNE

We arranged a day trip to Lowther castle at the start of the month, lots of fun was had by all exploring the grounds and the huge outdoor play area.

We had our first monthly bowling session back up and running this month, there was a good turn out and everyone had a great time seeing all their friends again. These sessions will now be resumed on the first Friday of every month and open to all ages.

We had a session at Fusion trampoline park at the end of the month, there were lots of families and a good age range of children that attended. Everyone had a great time and lots of fun was had by all.

I would like to take this opportunity to thank each member of the committee for their continued commitment and dedication to the charity by attending the regular meetings. Thanks to Susan (Treasurer) for keeping the accounts balanced. Kellie (Secretary) for helping to keep events running smoothly and completing the administrative side of things. Robyn (vice chairperson) for helping to guide Kellie in her new role and for always keeping our newsletter up to date.

A special thank you to those that have helped fundraise this year and again to the Keswick Boot Co for the opportunity to book a weekend away in Scarborough. I am confident the charity will continue to flourish, providing valuable support for local families throughout Cumbria. I am looking forward to the upcoming year and all of the very exciting changes and events we have in the pipeline.

Last but by no means least I would like to take this opportunity to give a special thank you to Wendy who has decided to take a step back from the committee. Wendy has been a very valuable member of the committee for 14 years taking on various roles over that time. She is always on hand for any help you need and will be a huge miss to the regular meetings. I'm sure we will be calling upon her for invaluable wealth of knowledge and the long list of useful contacts she has made over the years. Thank you for giving everyone in the Down Syndrome community your time and commitment over the last 14 years.



Statement Date: 01/07/21 - 30/06/22

STATEMENT OF PETTY CASH
 Cumbria Down's Syndrome Support Group
 473 Durdar Road
 Carlisle CA2 4TU

DATE	DESCRIPTION	IN	OUT	BALANCE
	<i>Balance brought forward</i>			£61.88
08/09/21	MEETING		49.02	£12.86
01/10/21	TROPIC SQUARE SALES	50.00		£62.86
06/10/21	BELAH ROOM HIRE		37.50	£25.36
20/10/21	cash from bank	200.00		£225.36
19/10.21	DRINKS FOR PARTY		23.26	£202.10
23/10/21	HIRE ROOM FOR PARTY		40.00	£162.10
03/11/21	ROOM HIRE BELAH		20.00	£142.10
09/11/2021	PAMPER FUNDRAISER	89.00		£231.10
03/12/2021	ENTERTAINER		70.00	£161.10
03/12/2021	SELECTION EXTRAS		8.00	£153.10
04/12/2021	NAPKINS ECT..		14.85	£138.25
02/02/2022	BELAH ROOM HIRE		60.00	£78.25
30.6.22	VOUCHER FOR ODD SOCKS WINNER		30.00	£48.25

END BALANCE £48.25

Down Right Worthy

England & Wales - Charity number 1169236

Accounts

Chairs report for Cumbria Down Syndrome Support Group

July 2020-June 2021

AGM 6th October 2021

Due to the current Covid-19 pandemic my second year as chair did not start off as we would have liked. We were still in a national lockdown for most of the year, however, there continued to be tight restrictions in place so many events sadly had to be cancelled or postponed until further notice.

Primark have continued to fundraise for us during the pandemic, as yet we do not have a final figure of the total amount raised.

In April we arranged for a few of us to go to Fitz Park in Keswick to meet with owners of the Keswick Boot Co (KBC) to do a cheque presentation. KBC raised £5440 in total for us, this is a huge amount and opens up many opportunities for us as a charity to provide support for our families. We are hoping to use the money to pay for a weekend trip for our families to a UK holiday park and also provide free Makaton training to our families that are interested.

In May, between lockdowns, we managed to arrange a trip to Lake District Wildlife Park. The day out was attended by a couple of families and lots of fun was had despite social distancing and restrictions.

September, we hosted a virtual pamper party with Tropic. The ambassador donated 100% of the profit to the charity. A total of £120.10 was raised.

Our regular activities such as bowling and soft play have yet to be resumed due to restrictions on numbers of people allowed in one place at any one time.

We had hoped to host a Halloween party, Christmas party, Christmas pantomime, Walby play session, Watchtree Wheelers sessions and lots more but this unfortunately couldn't happen.

I would like to take this opportunity to thank each member of the committee for their continued commitment and dedication to the charity by attending the regular zoom meetings. Thanks to Susan (Treasurer) for keeping the accounts balanced. Wendy and Julie (joint Secretaries) for sharing the secretary role and completing the administrative side of

things. Robyn (vice chairperson) for organising events even if they couldn't go ahead due to the pandemic.

A special thank you to those that have helped fundraise this year and also to the two businesses that chose us to extend the time being their charity of the year. I am confident the charity will continue to flourish, providing valuable support for local families throughout Cumbria. I am very excited to see what becomes of Cumbria Down Syndrome in the year ahead.

Statement Date:



STATEMENT OF MAIN ACCOUNT
Cumbria Down's Syndrome Support Group
473 Durdar Road
Carlisle

DATE	DESCRIPTION	IN	OUT
	<i>Balance brought forward</i>		
31/03/21	interest		£1
20/04/21	keswick boot company		£5,440
8/05/21	ramsdens robins nursery		£32
11/5/21	primark		£750
			£6,222
	closing balance £9112.54		

01.07.20 - 30.06.21

BALANCE

£2,890.12
£2,890.84
£8,330.84
£8,362.54
£9,112.54

