

YOUBELONG
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2025

YOUBELONG

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Doctor A Jenkins
Doctor S Jacob
Doctor J Tibenderana

Charity number

1169229

Accountants and independent examiner

Neil Major
Bruton Charles
The Coach House
Greys Green Business Centre
Henley-on-Thames
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YOUBELONG

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YOUBELONG

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 AUGUST 2025

The Trustees of YouBelong (the Foundation), who are also members of the Foundation, present their report and accounts for the period ended 31 August 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Foundation's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

Structure, governance and management

The Foundation is a Charitable Incorporated Organisation (CIO) which was registered with the Charity Commission for England and Wales on 16 September 2016 with registered charity number 1169229. The Foundation is governed by its constitution dated 16 September 2016.

The trustees who served during the year were:

Doctor A Jenkins

Doctor S Jacob

Doctor J Tibenderana

There have been no new trustees appointed since the Foundation was registered with the Charity Commission for England and Wales.

If and when new trustees are required, they will be identified by the existing Trustees. Any new trustee will be recruited on the basis of their expertise. It is the policy of the Trustees to have a multi-disciplinary board. In selecting new trustees, the Trustees will expect the prospective trustees to be exemplary in their honesty and commitment to the objects of the Foundation.

A newly-appointed trustee will be provided with a copy of the constitution of the Foundation, the latest financial statements and details of any conflicts of interest and grant-making policies. New trustees will have the decision-making process explained to them by the existing Trustees and will be provided with an overview of the administrative procedures employed by the Foundation.

The Trustees are responsible for the overall governance of the Foundation. The Trustees meet regularly throughout the year by electronic means, as they reside in different countries, and are responsible for ensuring that the Foundation acts in accordance with its objects. The Trustees are also responsible for determining the policies of the charity.

Currently, there are three trustees from a variety of backgrounds relevant to the aims of the charity. The Trustees collectively review strategy and operational performance and approve grants to be provided and fundraising events and activities to be arranged to ensure the Foundation meets its aims. The Trustees also consider conflicts of interest policies, reserves management and risk management.

The chair of the trustees is Dr Annalisa Jenkins. The Trustees have delegated the day to day administration of the charity to Dr Annalisa Jenkins.

Related Parties

The Trustees understand that they must disclose transactions with related parties of the Foundation. The Trustees recognise that there are a range of donors, individuals, and organisations that work with and network with the Foundation. In the Trustees' opinion, the only related parties are the three Trustees of the Foundation. All other parties are unconnected with the Foundation.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

How our activities deliver public benefit

As required by the Charity Commission, the Trustees have always had due regard for the requirement that the Foundation's aims should be for the public benefit.

The public benefit of the grants made available by the Foundation is significant. Mental patients, who have been in long-term confinement in institutional/asylum care in dehumanising conditions, have been resettled with their families and are provided with a level of support to restore their dignity and to help them towards full recovery. Families have been reunited and supported and enabled to live with increased quality of life. Local communities have a sense of wellbeing in the knowledge that the vulnerable amongst them, such as people with mental illness, are being assisted in order to participate in the economic and social life of the community.

As well, grants made, contribute to public awareness of the causes of mental illness and methods of self-help, as well as advice on seeking professional support. This occurs through radio programs and mental health seminars at community events.

Risk review and management

The Trustees have undertaken a risk assessment that highlights the principal risks associated with the Foundation's activities. They are satisfied that adequate reporting procedures are in place to identify and mitigate the risks posed to the Foundation. The Trustees regularly assess the funding requirements and the costs that the Foundation regularly incurs to ensure that there are no factors that could impact the Foundation's ability to fulfil its objectives.

The Trustees have also taken reasonable steps to prevent fraud and other irregularities. For example, the transfer of funds from the Foundation to programs in Uganda by electronic means requires full security measures with Hoare's Bank UK, who hold the accounts of the Foundation. A two-person approval and verification system is in place to ensure that only formally authorised payments can be executed.

The Trustees have also adopted a conflicts of interest policy that is continually referred to in respect of all of its planned charitable events and grant-making activities.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

Objectives and activities

The objects of the Foundation, as set out in the constitution of the Foundation, are as follows:

The objects of the CIO, are the relief of persons in East Africa who are in need, hardship or distress and in particular (without prejudice to the generality) suffering from mental illness and to advance the health of said people by the provision of grants to organisations working with said people.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Foundation's aims and objects and distributing grants.

Mindful of the objects of the CIO, the Trustees of the Foundation have examined the objects of YouBelong Uganda, being the main recipient of grants from the Foundation in the current financial year, and have determined that the work of YouBelong Uganda is consistent with the above objects. YouBelong Uganda is a registered NGO in Uganda established for the purpose of moving people recovering from mental illness from the national mental hospital in Kampala, Uganda, and transporting them to their families and local communities and then working with the returned patient, and their family to prevent relapse and return to institutional life. The activities of YouBelong Uganda highlight the needed mental health and wellbeing support for girls and women, in a highly patriarchal society, such as Uganda.

The Foundation has provided grants to YouBelong Uganda and continues to monitor and evaluate the work of the Ugandan based organisation to ensure that the grants are appropriately applied to the proper work of the organisation.

YouBelong has supported the decision of YouBelong Uganda to give special attention to the mental health needs of children, particularly girls, within school environments, in consideration of the high levels of emotional distress amongst children, due to poverty, family abuse, and teachers who are untrained in safeguarding and early childhood development.

The Trustees of the Foundation will continue to monitor organisations in East Africa that provide support to people with mental illness and are open to funding a range of organisations, depending upon available funds, and depending upon the relevance of the work of organisations in East Africa, to the objects of the Foundation.

The Trustees have decided for the next financial year to maintain their focus grant-making to YouBelong Uganda and to provide grants to build sustainability of a mental hospital decongestion and deinstitutionalisation model of mental health care being implemented in Uganda. Following the successful evaluation of a new model of mental health in Uganda that is properly subjected to evidence based research, the Trustees of the Foundation are mindful that such a model could be transported into the health systems of other East African countries.

The core belief of the Foundation is that belonging to family, local community, and culture is foundational to human wellbeing and mental wellbeing. The crucial role of the main carer in families, most usually wife or mother, grandmother, aunt, or older child, is a vital part of the strategy of YouBelong Uganda, in developing community based mental health services. Harnessing the lived experience of people recovering from severe mental illness, and empowering these persons to be peer supporters in helping others manage their severe mental illness, is also fundamental to the belief of the Foundation, and of YouBelong Uganda. Respect, recognition, and dignity within community are fundamental relational experiences if a person is to possess a healthy self-image and a sense of wellbeing. It is this core belief in the human need to belong that underpins the work of the Foundation in restoring people to mental health in low income countries in East Africa, such as Uganda.

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

Grant making Policy

The Trustees of the Foundation have resolved that the Foundation's grant-making should be guided by the following principles:

1. Organisations may only qualify for grants from the Foundation if the activities and goals of such organisations are directly within the scope of the objects of the Foundation.
2. Organisations may only qualify for grants from the Foundation if they are legally registered as a non government organisation (NGO) in the East African country in which they operate.
3. Organisations may only qualify for grants from the Foundation if the programmes they run are sustainable beyond the life of the grant.
4. Organisations may only qualify for grants from the Foundation if the programmes they run have the potential to be scalable and to have an impact not only upon individuals but also families and local communities and the health system within the particular East African country.
5. Preference is given to programmes which are evidence-based and innovative.
6. Preference is also given to programmes which strengthen the local health system and are particularly geared to the creation of a community-based mental health system balanced between acute in-patient hospital care and community-based support.

Volunteers

Although there are currently no volunteers working for the Foundation, the Trustees agree that volunteers have the potential to be an important part of local innovation, mobilising the community to assist in mental health support. The Foundation supports organisations such as YouBelong Uganda in exploring the use of people who are in a high level of recovery from mental illness to act as volunteer peer support workers. These volunteers would be easily accessible to families who might be experiencing some difficulties when a family member returned from hospital care relapses and behavioural problems occur.

The Foundation continues to emphasise the importance of the lived experience of people recovering from severe mental illness, being engaged in the care of people in the beginning stages of their recovery from severe mental illness. This is viewed by the Foundation as a vitally important tool in low income countries in providing low cost and this sustainable support.

Achievements and performance

Grants from the Foundation to programmes in Uganda, East Africa, during this period of time have produced significant achievements.

Grants from the Foundation have also enabled:

- The ongoing employment and support in Uganda of a multi-disciplinary team of 4 social workers, 2 clinical nurses, 1 occupational therapist, 2 psychiatric clinical officers. These qualified professionals provide expert care for people with severe mental illness, particularly various forms of psychosis.
- The renting of offices close-by the national mental hospital in Kampala, Uganda.
- The development and the implementation of a unique PRE-DISCHARGE FROM HOSPITAL ASSESSMENT TOOL and a POST- DISCHARGE EMPOWERMENT TOOL, to enable the community mental health team to prepare a patient for discharge and to prepare their family to receive the patient back home and to maintain the patient with family and in the community. Before these tools were developed, there was no preparation of the patient or their family before discharge. YouBelong Uganda has now increased its return to family rate to between 40 to 60 persons per month to assist the rate of decongestion of the national mental hospital in Uganda.
- The introduction of a WALK ALONGSIDE training program, for primary health workers in local health centres in the Wakiso and Kampala Districts of Uganda, where approximately 50% of hospital inpatients reside. This training program is unique in its practical on-location approach to assist health workers in diagnosis, prescribing medications, and counselling support.

YOUBELONG

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

- The development of YOUTH CONSULTATION GROUPS in order to bring together groups of young people who are recovering from mental illness, and their careers. The purpose of these quarterly group meetings is to ensure that the lived experience of young people continues to inform and influence policy and program development in mental health care, particularly in the community. This initiative is a vital aspect of the importance of persons with lived experience shaping the supportive programs that will assist them.
- A YouBelong Uganda WOMEN FOR WOMEN GROUP comprising the two female social workers, and the two female mental health nurses and two female psychiatric clinical officers at YouBelong Uganda, provides an important filter to be used on all programs funded by the Foundation. The mandate of the Women for Women Group is to ensure that all programs have a priority focus for the mental health wellbeing needs of girls and young women, as they are particularly disadvantaged in a highly patriarchal society, such as Uganda. This group also publish articles in local media, promoting the needs of girls and young women. The Women For Women Group has been active in providing mental health wellbeing information to groups of young women in the business community. The Women For Women Group are presently addressing high levels of family violence in Uganda and throughout East Africa.
- The education of community leaders in local villages in the causes of serious mental illness in order to dispel local beliefs regarding mental illness, is also a significant achievement. The Foundation supports the organisation in its dialogue with alternative health care providers, such as faith healers, and traditional healers to develop an informal level of cooperation with them, considering their cultural importance in Uganda and throughout East Africa. As well, cultural sensitivity is a crucial part of the work of YouBelong Uganda in the development and implementation of evidence based mental health care. During this report period, a formal education meeting was held with faith and traditional healers to provide them with information about mental illness from an evidence-based perspective.
- The organisation has been funded by WELLCOME TRUST to research test the viability of using peer supporters in the care of people recovering from psychosis. This research is producing important insights into the powerful impact that people in the advanced stage of recovery from psychosis have in supporting people in the early stages of psychosis. As well, their impact in assisting in training primary health workers in mental health, has been both unique and productive.
- The organisation has developed a partnership with the JINJA EDUCATIONAL TRUST (JET) to provide mental health education and care, and teacher training in mental health awareness and care, for primary school children in the city of Jinja, in schools being supported by JET. This program is about turning primary schools into communities of care, with children's groups formed so that children have an active voice in their own mental wellbeing. The training of teachers in how to recognise signs of emotional distress, and how to support children in distress is core to this work, as is involving both children and teachers in the developing and implementation of safeguarding policies and processes.

Financial review

The results and financial position of the Foundation are shown on the Statement of Financial Activities and the Balance sheet on pages 9 and 10.

Income for the period was \$131,775 and expenditure was \$84,088. The net result was a surplus of \$47,687.

Funds granted to Uganda were applied to the salaries of the community mental health team of YouBelong-Uganda for its work in assisting people with severe mental illness. It was also applied to salaries for a driver, one administration assistant in Uganda, security guards for the Ugandan office building, rent payments, and accountancy fees. Income was also applied to the purchase of a minibus to transport mental patients from the hospital institution to the community.

A commitment for further funding has been made to the Foundation by the Hintze Family Charitable Fund. As well, professional fundraising will assist in expanding the sources of funds for the Foundation.

Reserves policy

The Trustees have reviewed the Foundation's requirement for reserves in line with guidance from the Charity Commission. They are comfortable that in holding such reserves the Foundation is financially able to continue its work in 2025/2026.

YOUBELONG

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

Investment policy

The Foundation does not hold any investments and so has no investment policy at this stage.

Plans for future periods

The decongestion and the deinstitutionalisation of the colonial era mental hospitals in East Africa, is of primary interest to YouBelong. National mental hospitals such as the one in Uganda are overcrowded and understaffed leading to very serious humanitarian concerns, where patients lose their human dignity, self-respect, and independence. In Uganda the national mental hospital has an official 550 beds capacity, yet the daily level of inpatients is often over 1,000 patients. The focus of the Foundation's plans will be to continue exploring initiatives to increase the discharge and return rate from hospital to family, in an evidence based framework, that assists families to manage relapses, with support, and to significantly reduce returns to hospital care.

Population projections forecast an increasingly young population in East Africa, with significant barriers for future employment. Poverty remains major social and economic barriers in highly patriarchal societies. Young girls in particular, have high rates of drop out from school education, being placed in caring and domestic service roles, and due to child marriages. Working with families and school teachers and local community leaders is seen as crucial to provide young children, particularly girls, with avenues and opportunities for long term education and wellbeing.

The Trustees will continue to pursue discussions with organisations that are prepared to move in the above direction. This is seen as culturally appropriate.

The 2024 and 2025 grant from WELLCOME to YouBelong Uganda, engaging with the lived experience of people in the advanced stage of recovery from psychosis, supporting those who are in the early stages of psychosis, confirms to the Trustees that the organisation is seen as highly credible and engaging in excellent work, both from a research perspective, and in humanitarian program delivery.

By broadening the funding base of the Foundation, the Trustees hope to be able to fund additional programs in East Africa to continue to fulfil the objects of the Foundation, particularly, for children and adolescents. A preventative and early intervention approach to the development of mental health care in East Africa, is highly recommended by the Trustees. Also, the training of health workers in mental health care should also have such a preventative and early intervention focus.

On behalf of the board of trustees

DocuSigned by:
Annalisa Jenkins
79986C8731EF41F...

Doctor A Jenkins

Trustee

Dated: 16/6/26

YOUBELONG

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUBELONG

I report to the trustees on my examination of the financial statements of YouBelong (the charity) for the year ended 31 August 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Neil E Major

Neil Major

Bruton Charles

Dated: 16/6/26

YOUBELONG

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2025

	Notes	Unrestricted funds 2025 \$	Unrestricted funds 2024 \$
Income from:			
Donations and legacies	2	131,751	21,737
Other trading activities	3	24	95
Total income		131,775	21,832
Expenditure on:			
Raising funds	4	664	725
Charitable activities	5	83,527	32,774
Total expenditure		84,191	33,499
Net income/(expenditure)		47,584	(11,667)
Other recognised gains and losses:			
Other gains/(losses)	10	103	(594)
Net movement in funds		47,687	(12,261)
Reconciliation of funds:			
Fund balances at 1 September 2024		3,421	15,682
Fund balances at 31 August 2025		51,108	3,421

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

YOUBELONG

BALANCE SHEET

AS AT 31 AUGUST 2025

	Notes	2025 \$	\$	2024 \$	\$
Current assets					
Cash at bank and in hand		66,608		18,921	
Creditors: amounts falling due within one year	11	<u>(15,500)</u>		<u>(15,500)</u>	
Net current assets			<u>51,108</u>		<u>3,421</u>
The funds of the charity					
Unrestricted funds	12		<u>51,108</u>		<u>3,421</u>
			<u>51,108</u>		<u>3,421</u>

The financial statements were approved by the trustees on ...16/6/26.....

DocuSigned by:

Annalisa Jenkins

.....79986C8731EF44F.....

Doctor A Jenkins

Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2025

1 Accounting policies

1.1 Accounting convention

The accounts have been prepared under the historical cost convention.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest \$.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.3 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2025

1 Accounting policies

(Continued)

1.5 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

2 Income from donations and legacies

	Unrestricted funds 2025 \$	Unrestricted funds 2024 \$
Donations and gifts	131,751	21,737

3 Income from other trading activities

	Unrestricted funds 2025 \$	Unrestricted funds 2024 \$
Bank interest received	24	95

4 Expenditure on raising funds

	Unrestricted funds 2025 \$	Unrestricted funds 2024 \$
Fundraising and publicity		
Staging fundraising events	665	725

5 Expenditure on charitable activities

	Charitable expenses 2025 \$	Charitable expenses 2024 \$
Direct costs		
Accountancy	5,850	6,309
Travel	3,629	5,987
Legal & Professional	3,385	38
Bank Charges	662	622
	13,526	12,956
Grant funding of activities (see note 6)	70,000	19,818
	83,526	32,774
Analysis by fund		
Unrestricted funds	83,526	32,774

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

6 Grants payable

	Charitable expenses 2025 \$	Charitable expenses 2024 \$
Grants to institutions:		
Grants payable (refer to annexed data)	70,000	19,818

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the period.

8 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Total	-	-

YouBelong does not have any employees of its own as it is a very small organisation. The chair of the trustees and the other trustees carry out any necessary executive work for the charity unpaid. The CEO and trustees have not been remunerated so as to allow for as much funding as possible to be provided for the charities objectives.

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

10 Other gains and losses

	Unrestricted funds 2025 \$	Unrestricted funds 2024
Gains/(losses) upon:		
Foreign exchange	(103)	594

11 Creditors: amounts falling due within one year

	2025 \$	2024 \$
Other creditors	15,500	15,500

YOUBELONG

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

12 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 September 2024	Incoming resources	Resources expended	Gains and losses	At 31 August 2025
	\$	\$	\$	\$	\$
General funds	3,421	131,775	(84,191)	103	51,108
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 September 2023	Incoming resources	Resources expended	Gains and losses	At 31 August 2024
	\$	\$	\$	\$	\$
General funds	15,682	21,832	(33,499)	(594)	3,421
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

13 Related party transactions

During the year, Trustee Doctor A Jenkins donated a total of \$54,980 to the charity. (2024 - none).

YOUBELONG

ANNEXED YOUBELONG UGANDA OPERATIONS DATA

FOR THE YEAR ENDED 31 AUGUST 2025

STATEMENT OF FINANCIAL ACTIVITIES	2025 \$	2024 \$
<u>Incoming resources from generated funds</u>		
Donations and legacies	243,500	29,083
Incoming resources from charitable activities	70,000	19,818
	<u> </u>	<u> </u>
Total incoming resources	313,500	48,901
	<u> </u>	<u> </u>
<u>Resources expended</u>		
Charitable activities		
Direct charitable activities	158,582	131,287
Charitable support costs	36,329	35,052
	<u> </u>	<u> </u>
Total charitable expenditure	194,911	166,339
	<u> </u>	<u> </u>
Governance costs	4,877	9,173
Management and administrative costs	30,030	23,988
	<u> </u>	<u> </u>
Total resources expended	229,818	199,500
	<u> </u>	<u> </u>
Net expenditure for the year/ Net movement in funds	83,682	(150,599)
	<u> </u>	<u> </u>
Fund balance at 1 September 2024	110,172	260,773
	<u> </u>	<u> </u>
Fund balance at 31 August 2025	193,854	110,172
	<u> </u>	<u> </u>

YOUBELONG

ANNEXED YOUBELONG UGANDA OPERATIONS DATA

FOR THE YEAR ENDED 31 AUGUST 2025

TOTAL RESOURCES EXPENDED

	Staff costs \$	Other costs \$	Total 2025 \$	Total 2024 \$
Direct Charitable activities				
Technical director	21,395	-	21,395	19,417
Motor vehicles depreciation	-	6,726	6,726	7,484
CEO accommodation and security	32,786	-	32,786	14,269
Local travelling costs	-	6,893	6,893	4,598
Motor vehicle costs	-	4,311	4,311	5,355
Drivers' allowances	4,333	-	4,333	4,929
Research on diseases prevention	-	16,458	16,458	15,271
Administrators	-	-	-	1,958
Study co-ordinators	22,956	-	22,956	15,555
Occupational therapist	7,073	-	7,073	5,090
Nursing costs	7,223	-	7,223	10,428
Policy advisors	-	-	-	9,182
Social workers	23,669	-	23,669	17,358
Meetings and workshops	-	4,759	4,759	393
Total	<u>119,435</u>	<u>39,147</u>	<u>158,582</u>	<u>131,287</u>
Charitable support costs				
Plant and equipment depreciation	-	4,959	4,959	4,163
Fixtures and fittings depreciation	-	125	125	297
Office security and maintenance costs	-	6,928	6,928	3,556
Cleaners and janitor's fees	2,770	-	2,770	1,958
Staff development and welfare	21,547	-	21,547	25,078
Total	<u>24,317</u>	<u>12,012</u>	<u>36,329</u>	<u>35,052</u>

YOUBELONG

ANNEXED YOUBELONG UGANDA OPERATIONS DATA

FOR THE YEAR ENDED 31 AUGUST 2025

TOTAL RESOURCES EXPENDED (CONTINUED)

Governance costs

	Staff costs	Other costs	Total 2025	Total 2024
	\$	\$	\$	\$
Local accounting fees		1,598	1,598	1,174
Legal and professional costs		3,279	3,279	1,975
Finance and human resource fees		-	-	6,024
		<u>4,877</u>	<u>4,877</u>	<u>9,173</u>

Management and administration costs

	Staff costs	Other costs	Total 2025	Total 2024
	\$	\$	\$	\$
Office hire and rent		13,772	13,772	8,521
IT services		4,655	4,655	3,799
Office supplies and stationery		6,205	6,205	7,454
Telephone, internet, electricity & water		4,295	4,295	3,344
Bank charges & foreign exchange		1,103	1,103	870
		<u>30,030</u>	<u>30,030</u>	<u>23,988</u>

YOUBELONG

ANNEXED YOUBELONG UGANDA OPERATIONS DATA

FOR THE YEAR ENDED 31 AUGUST 2025

BALANCE SHEET	2025		2024	
	\$	\$	\$	\$
Fixed assets				
Tangible assets		21,272		26,328
Current assets				
Debtors	8,607		8,610	
Cash at bank and in hand	163,975		75,234	
Net current assets		172,582		83,844
Creditors		-		-
Total assets less current liabilities		193,854		110,772
Income funds				
Unrestricted funds		193,854		110,772
		193,854		110,772

YUBELONG

ANNEXED YUBELONG UGANDA OPERATIONS DATA FOR THE YEAR ENDED 31 AUGUST 2025

Tangible fixed assets

	Plant and machinery	Fixtures, fittings & equipment	Motor vehicles	Total
	\$	\$	\$	\$
Cost				
At 1 September 2024	26,502	10,032	60,789	97,323
Re-evaluation	1,424	-	5,328	6,752
	<u>27,926</u>	<u>10,032</u>	<u>66,117</u>	<u>104,075</u>
At 31 August 2025	27,926	10,032	66,117	104,075
Depreciation and impairment				
At 1 September 2024	15,903	9,907	45,183	70,993
Depreciation charged in the year	4,959	125	6,726	11,810
	<u>20,862</u>	<u>10,032</u>	<u>51,909</u>	<u>82,803</u>
At 31 August 2025	20,862	10,032	51,909	82,803
Carrying amount				
At 31 August 2025	7,064	-	14,208	21,272
	<u>7,064</u>	<u>-</u>	<u>14,208</u>	<u>21,272</u>
At 31 August 2024	10,598	125	15,605	26,328
	<u>10,598</u>	<u>125</u>	<u>15,605</u>	<u>26,328</u>