

REGISTERED COMPANY NUMBER: 10079100 (England and Wales)
REGISTERED CHARITY NUMBER: 1169072

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
ROBIN HOOD HEALTH FOUNDATION**

ROBIN HOOD HEALTH FOUNDATION

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FOR THE YEAR ENDED 31 MARCH 2024**

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ROBIN HOOD HEALTH FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

The objects of the charity are:

1. the relief and prevention of sickness and the preservation of health for the public benefit by the provision of complementary, natural and alternative medicine, in particular but not exclusively through the provision of affordable complementary therapy treatments and therapeutic art projects;
2. to advance the education of the public in health and wellbeing and the therapeutic benefit of the arts by but not exclusively through the provision of lectures, exhibitions, arts programmes and workshops. for the purposes of this clause complementary therapies will be: acupuncture, chiropractic, herbal medicine, homeopathy, osteopathy, alexander technique, aromatherapy, bach and other flower remedies, body work therapies, counselling stress therapy, hypnotherapy, meditation, reflexology, shiatsu, healing, maharishi ayurvedic medicine, nutritional medicine and yoga.

IMPACT AND ACHIEVEMENTS

Overview

The charity maintained a range of high-quality social and creative programmes, in the context of an ever-more challenging funding environment. Engagement numbers were comparative to the previous year, while the overall picture of the complexity of need increased. Three-quarters of the charity's clients report a mental health concern, and over half a physical disability. Welcome support from Arts Council England and the Baring Foundation enabled the recruitment of a new Creative Programmer, and an Access & Engagement Officer. An increased focus on tackling the social determinants of health that lie behind population health inequalities saw the charity engage with several important new networks, including the Sussex Health Inequalities Network and the NHS Mental Health Transformation Programme. A new contract was agreed to work with partners to support health & wellbeing amongst vulnerable migrants. A further new contract was agreed with Adult Social Care in Brighton & Hove to support adults with multiple compound needs. Our work demonstrates in real time what a rapidly growing body of evidence shows: creative health programmes are highly effective, both in terms of health outcomes for individuals and cost savings to the health & care system, in particular by supporting self-management of symptoms, reducing avoidable decline, and preventing unnecessary medical appointments and treatments. The appointment of an NHS Creative Health Associate for the region at the start of this financial year was welcome (funded by Arts Council England and employed by the National Centre for Creative Health), but as yet there remains no clear commissioning pathway for this work, and much management time and effort has been devoted to NHS relationships in order to stay engaged with important but slow change processes in health policy and structures.

In the spring of 2024 the Hera Project was named as one of three finalists in the National Social Prescribing Awards - Best Arts & Culture Project.

Overall during the course of the year, our programmes supported approximately 1600 people, most over extended periods of several months.

The HERA Partnership (Healing, Expressive and Recovery Arts)

We were notified during the year that funding for this work in Brighton & Hove would be reduced by 10% due to local government budget pressures. 2024-25 is the last year of this five-year agreement, and the City Council has confirmed there is no applicable budget to support the work from April 2025, despite the national and international reputation of the programme, and demonstrable local impact.

Hera Connect

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

This programme is ongoing, with the possibility of applying for a funding extension to 2027 becoming available in autumn 2024. Despite changes to partnership funding arrangements in Reigate & Bansted, that work continues successfully, and focuses on those in the borough most impacted by health inequity. An agreement was reached to launch development of a new programme in Gravesham in Kent (Dartford area), and negotiations with three further locations are proceeding.

Hera Great Outdoors

Micro-grants have been available for tiny one-off events in green prescribing, but as yet no strategic commissioning opportunities have been available. However, it is planned that a new contract the charity has with Adult Social Care, providing intensive one-to-one support for adults with compound needs, will build referral numbers over time, which will enable some group 'green prescribing' support to be offered to these individuals in the 2025-26 financial year.

NHS Social Prescribing Link Workers

The Goldstone Primary Care Network contract for social prescribing to primary care patients continues successfully, achieving target numbers and exceeding target health outcomes, and is due to run to March 2025 with the possibility of re-tender. We were asked to contribute to statutory cancer and dementia care reviews, without additional payment, which is beyond the scope of the contract, so a negotiation process was scheduled for summer 2024 to ensure that we are able to deliver on the agreed social prescribing work, within our skillset and contractual obligations, while contributing to a necessary process of improved personalised care across the health & care system.

Integrated Migrant Pathways (IMP)

Funding has been provided by the UOK partnership (community mental health support) to continue our work supporting vulnerable migrants, but at approximately one-third of the previous year's level. As yet long-term commissioning has not been made available, but negotiations for re-tender were due to emerge during the 2024-25 financial year. This work supports some of the most under-served and traumatised people in our communities, many of whom have come across the channel in small boats and are precariously housed in Home Office accommodation. The IMP programme will see our partnership with Brighton Exiled/Refugee Trauma Service continue, albeit at a reduced capacity.

Board Development

Three new trustees have been appointed during the year, Jack Burton, Hannah Becker and Luna Gladman, who bring vital strategic, business and other experience to the board. A board skills audit was undertaken to identify future development and/or external support needs going forward.

A review of key policies was undertaken in the spring of 2024, including safeguarding, confidentiality, environmental impact, diversity & inclusion, and lone working.

The board has scheduled a strategic review and new business plan to be developed in 2024-25.

Reserves Policy

The charity was founded in 2016 and has grown significantly. In the context of managing risk, the trustees keep reserves policy under review. It was agreed to maintain the reserves target to £35,000, equivalent to three months' core operating and closure costs. This will be reviewed in early 2025, with a view to increase to £45,000 should pending contract tenders be successful.

Going Concern

ROBIN HOOD HEALTH FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The charity remains a going concern, with funding in place for all major programmes for 2024-25. The board have undertaken a strategic review over the summer of 2024, with a view to ensuring that the charity is better positioned to receive unrestricted philanthropic giving. There are two key areas of resource development required for 2025-26 onwards: Hera Partnership creative health work in Brighton & Hove, and confirmation of social prescribing (primary care and migrants) arrangements, again in Brighton & Hove. Two major and two smaller tender processes are underway, and confirmation has been received that one of the three FTE social prescribing posts is secure from 2025 onwards, while the other two-thirds of that contract will be reviewed in January 2025. Revenue from the Hera GO contract with Adult Social Care is growing, and is on track to support 1 FTE post by the end of the financial year. The core funding for Hera Connect and Hera GO are secure for the next four years, while our approaches and target participants have been identified as priorities by local health commissioners, which supports our partnership tender submissions. In the event of Hera Partnership and Goldstone funding not achieving current levels in the next funding round, reduced hours or possibly redundancies may have to be considered, but the foundation holds sufficient reserves to navigate this event.

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

FINANCIAL REVIEW

The charity has made a surplus of £56,791 in the year ended 31 March 2024 (2023: deficit £21,470)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

10079100 (England and Wales)

Registered Charity number

1169072

Registered office

Brighton Health and Wellbeing Centre
18-19 Western Road
Hove
West Sussex
BN3 1AE

Trustees

Dr N Ashwell Retired
D B Stewart Retired GP
G Toyne Manager
Dr L M Andrews General Practitioner
J Leigh Project Manager
J Burton Ux Researcher (appointed 31.10.2023)
Ms H E Becker Independent Consultant (appointed 20.2.2024)
Ms L L Gladman Independent Consultant (appointed 20.2.2024)

ROBIN HOOD HEALTH FOUNDATION

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Mr M J Southern BA(Hons) FCA
Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Approved by order of the board of trustees on and signed on its behalf by:

.....
J Leigh - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ROBIN HOOD HEALTH FOUNDATION**

Independent examiner's report to the trustees of Robin Hood Health Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr M J Southern BA(Hons) FCA

Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Date:

ROBIN HOOD HEALTH FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	116	136,138	136,254	146,178
Charitable activities	3				
Creative and health services		-	269,061	269,061	125,204
Other income		-	-	-	150
Total		<u>116</u>	<u>405,199</u>	<u>405,315</u>	<u>271,532</u>
EXPENDITURE ON					
Charitable activities	4				
Creative and health services		<u>(2)</u>	<u>348,526</u>	<u>348,524</u>	<u>293,002</u>
NET INCOME/(EXPENDITURE)		118	56,673	56,791	(21,470)
Transfers between funds	12	<u>24,000</u>	<u>(24,000)</u>	<u>-</u>	<u>-</u>
Net movement in funds		24,118	32,673	56,791	(21,470)
RECONCILIATION OF FUNDS					
Total funds brought forward		11,187	10,290	21,477	42,947
TOTAL FUNDS CARRIED FORWARD		<u><u>35,305</u></u>	<u><u>42,963</u></u>	<u><u>78,268</u></u>	<u><u>21,477</u></u>

The notes form part of these financial statements

ROBIN HOOD HEALTH FOUNDATION

BALANCE SHEET 31 MARCH 2024

	Notes	2024 £	2023 £
CURRENT ASSETS			
Debtors	9	31,773	41,600
Cash at bank		56,500	18,889
		<u>88,273</u>	<u>60,489</u>
CREDITORS			
Amounts falling due within one year	10	(10,005)	(39,012)
		<u>78,268</u>	<u>21,477</u>
NET CURRENT ASSETS			
		<u>78,268</u>	<u>21,477</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>78,268</u>	<u>21,477</u>
NET ASSETS/(LIABILITIES)		<u>78,268</u>	<u>21,477</u>
FUNDS	12		
Unrestricted funds		35,305	11,187
Restricted funds		42,963	10,290
TOTAL FUNDS		<u>78,268</u>	<u>21,477</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
J Leigh - Trustee

The notes form part of these financial statements

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	15,401	33,224
Service level agreements	120,853	112,954
	<u>136,254</u>	<u>146,178</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

3. INCOME FROM CHARITABLE ACTIVITIES

		2024 £	2023 £
Grants	Activity Creative and health services	<u>269,061</u>	<u>125,204</u>

Grants received, included in the above, are as follows:

	2024 £	2023 £
Arts Council England	72,229	-
BHCC	98,227	98,227
National Lottery Community Fund	-	4,977
NHS migrant support	56,750	20,000
Hermes Trust	2,000	2,000
Natural England	4,855	-
Enjoolata Foundation	5,000	-
Ruskin Mill	5,000	-
Baring Foundation	25,000	-
	<u>269,061</u>	<u>125,204</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Creative and health services	<u>107,373</u>	<u>241,151</u>	<u>348,524</u>

5. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Creative and health services	<u>237,247</u>	<u>220</u>	<u>3,684</u>	<u>241,151</u>

Support costs for the year ended 31 March 2024 total £241,151 as per the above split.

Support costs, included in the above, are as follows:

Management

	2024 Creative and health services £	2023 Total activities £
Wages	196,574	151,680
Pensions	3,892	3,049
Insurance	1,536	815
Telephone	1,220	1,048
Communications and venue costs	14,630	5,285
Administration	19,395	19,303
	<u>237,247</u>	<u>181,180</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

5. SUPPORT COSTS - continued Finance

	2024 Creative and health services £	2023 Total activities £
Bank charges	220	240
	<u>220</u>	<u>240</u>
Governance costs		
	2024 Creative and health services £	2023 Total activities £
Accountancy	3,684	1,890
	<u>3,684</u>	<u>1,890</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

No trustees were reimbursed for any expenses during the period.

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Employed staff	8	5
	<u>8</u>	<u>5</u>

No employee received emoluments in excess of £60,000 (2023: none).

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	374	145,804	146,178
Charitable activities			
Creative and health services	-	125,204	125,204
Other income	-	150	150
Total	<u>374</u>	<u>271,158</u>	<u>271,532</u>
EXPENDITURE ON			
Charitable activities			
Creative and health services	6,255	286,747	293,002
	<u>6,255</u>	<u>286,747</u>	<u>293,002</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(5,881)	(15,589)	(21,470)
RECONCILIATION OF FUNDS			
Total funds brought forward	17,068	25,879	42,947
TOTAL FUNDS CARRIED FORWARD	<u>11,187</u>	<u>10,290</u>	<u>21,477</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	30,693	29,591
Other debtors	-	179
Prepayments and accrued income	1,080	11,830
	<u>31,773</u>	<u>41,600</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	4,904	21,170
Other creditors	1,173	4,477
Accrued expenses	3,928	13,365
	<u>10,005</u>	<u>39,012</u>

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
Current assets	39,262	49,011	88,273	60,489
Current liabilities	(3,957)	(6,048)	(10,005)	(39,012)
	<u>35,305</u>	<u>42,963</u>	<u>78,268</u>	<u>21,477</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

12. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
Creative and health services	11,187	118	24,000	35,305
Restricted funds				
HERA	4,050	53,202	(24,000)	33,252
Migrant work	(1,151)	(1,436)	-	(2,587)
Wellsbourne	7,391	4,907	-	12,298
	<u>10,290</u>	<u>56,673</u>	<u>(24,000)</u>	<u>42,963</u>
TOTAL FUNDS	<u>21,477</u>	<u>56,791</u>	<u>-</u>	<u>78,268</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Creative and health services	116	2	118
Restricted funds			
HERA	322,378	(269,176)	53,202
Migrant work	56,751	(58,187)	(1,436)
Wellsbourne	26,070	(21,163)	4,907
	<u>405,199</u>	<u>(348,526)</u>	<u>56,673</u>
TOTAL FUNDS	<u>405,315</u>	<u>(348,524)</u>	<u>56,791</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
Creative and health services	17,068	(5,881)	11,187
Restricted funds			
HERA	(180)	4,230	4,050
Migrant work	15,215	(16,366)	(1,151)
Wellsbourne	10,844	(3,453)	7,391
	<u>25,879</u>	<u>(15,589)</u>	<u>10,290</u>
TOTAL FUNDS	<u>42,947</u>	<u>(21,470)</u>	<u>21,477</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Creative and health services	374	(6,255)	(5,881)
Restricted funds			
HERA	241,157	(236,927)	4,230
Migrant work	20,001	(36,367)	(16,366)
Wellsbourne	10,000	(13,453)	(3,453)
	<u>271,158</u>	<u>(286,747)</u>	<u>(15,589)</u>
TOTAL FUNDS	<u>271,532</u>	<u>(293,002)</u>	<u>(21,470)</u>

Any negative restricted funds have future funding in place to cover the short fall.

13. RELATED PARTY DISCLOSURES

There were no related party transactions during the year ended 31 March 2024.

14. ULTIMATE CONTROLLING PARTY

The charitable company is not under the control of another entity or any one individual.