

REGISTERED COMPANY NUMBER: 10079100 (England and Wales)
REGISTERED CHARITY NUMBER: 1169072

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
FOR
ROBIN HOOD HEALTH FOUNDATION**

DRAFT

ROBIN HOOD HEALTH FOUNDATION

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FOR THE YEAR ENDED 31 MARCH 2022**

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ROBIN HOOD HEALTH FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

The objects of the charity are:

1. the relief and prevention of sickness and the preservation of health for the public benefit by the provision of complementary, natural and alternative medicine, in particular but not exclusively through the provision of affordable complementary therapy treatments and therapeutic art projects;
2. to advance the education of the public in health and wellbeing and the therapeutic benefit of the arts by but not exclusively through the provision of lectures, exhibitions, arts programmes and workshops. for the purposes of this clause complementary therapies will be: acupuncture, chiropractic, herbal medicine, homeopathy, osteopathy, alexander technique, aromatherapy, bach and other flower remedies, body work therapies, counselling stress therapy, hypnotherapy, meditation, reflexology, shiatsu, healing, maharishi ayurvedic medicine, nutritional medicine and yoga.

IMPACT AND ACHIEVEMENTS

Overview

The 2021-22 year saw the Covid pandemic continue, and with it the intensification of the charity's work.

- The Hera Partnership, with Creative Future, The Old Market, and Diversity & Ability embedded, and notification was received from Brighton & Hove City to extend funding for a further two years to March 2025. In addition to widening access to Hera activities to people with complex health challenges across the whole city, it also provides professional development and access support to health, care and culture professionals.
- The global pandemic. In April 2020 we moved our entire programme online, and worked with partners to provide help to those struggling with the technology. An upside of this is that our programmes are now accessible to people who are housebound. Despite the pandemic, we managed to retain our staff team, keep working, and maintain and grow our programme - but this was not without challenges.
- New projects were funded to test approaches to social prescribing, and to support vulnerable forced migrants.

We ended the year in a good position, and continue to operate multi-disciplinary, multi-sector and place-based partnerships to better supporting people in those areas where there is evidence of above-average incidence of health inequalities that can be effectively addressed through creative, social and complementary approaches.

HERA (Healing, Expressive and Recovery Arts)

778 beneficiaries took part in Hera programme, with around 12 hours' group support time each.

We delivered 224 group sessions in ten different creativity activity strands, in a mix of weekly drop-in and fixed term blocks of activity.

We delivered a range of additional online cultural activities, including additional support for older and house-bound people to engage successfully.

Participant work on the theme of 'Freedom' was exhibited as part of the Artists' Open House programme, which was viewed by several thousand people over a period of six months.

ROBIN HOOD HEALTH FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Six Neurodiverse colleagues across the sector were provided with one-to-one assessments and ongoing programmes of support from our colleagues at Diversity & Ability, and development work to support and network people to work effectively in arts & health was led by Creative Future, engaging 226 people, including eight trained in peer coaching. A professional network in the city dedicated to supporting the growing field of arts & health practice is now established. RHHF delivered skills training to 12 individuals, as well as learning sessions around safeguarding, working in health & care settings and trauma-informed practice. The charity continues to provide clinical supervision for both artists and link workers, in order to support their wellbeing in what has been an extremely challenging period.

Participants were registered at least 22 different GP practices across the city, from Portslade to Woodingdean. The age range was from 18 to 95. 22% were from minority communities (ethnicity or language), reflecting the city's demographic. 74% reported mental health issues, 25% physical health issues (although there is some overlap and not everyone responded). 71% reported a total household income of under £20,000.

Engaging GPs continues to be challenging in the current environment, but the charity is generally reaching its target participants, both in terms of demographics and numbers, and is able to respond flexibly as new need emerges.

Our host practice, Brighton Health & Wellbeing Centre, merged with Benfield Valley and Burwash Road GP practices, and was re-named WellBN. We have grown engagement with colleagues and patients at those new sites through Hera sub-projects Prescribe to Thrive and Clover. Our partnership work with Wellsbourne Clinic saw a significant increase in donated income.

NHS Social Prescribing Link Workers

Our Social Prescribing Link Workers are funded by the NHS, and their role is to provide person-centred support to people who health & wellbeing is adversely affected by the 'social determinants of health' - money, housing, education, discrimination, family or social isolation, and so on.

The Link Worker caseload for the year was 600 people, mainly referred from the Goldstone Primary Care Network but also including a number of refugees and asylum seekers. The average length of time in active support was 4-6 months. A small number of people with particularly complex challenges have received support for over a year. It remains clear from participant feedback that this is a highly valued form of support. The guidance suggests offering 4-6 week's support rather than months, but we are seeing many people for whom that would not be sufficient to be effective in making the changes needed to maintain health & wellbeing and avert avoidable decline. Our directory of community and statutory support services for clients is continually updated.

The most frequent problems people said they were facing related to money, housing, mental health, loneliness, and barriers presented by long-term health worries. Mental health and housing challenges saw a significant increase.

Staff have joined various panels and working groups to ensure joined-up development in relation to the evolving Sussex Integrated Care System, including mental health, VCSE alliance and refugee & asylum seeker support.

RESEARCH PROJECTS

Appletree

This research project led by the Department of Social Psychology at UCL entered its final year. We continue to provide support and facilitation for groups of participants in this three-year study looking at non-clinical interventions to mitigate the onset of dementia.

Impact of Online Participation on HERA Participants

This valuable but delayed study led by BSMS was completed, and the findings are due to be published in the British Journal of General Practice in 2023.

ROBIN HOOD HEALTH FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

RESERVES POLICY

The charity was founded in 2016 and has grown significantly. In the context of managing risk, the trustees keep reserves policy under review. Due to the pressures of the pandemic and what this has meant for competition for funds, this was revised to focus on being able to cover any closure costs, at £20,000.

GOING CONCERN

The charity has funding for the Hera programme confirmed until 2025, with the possibility of extension. Funding for NHS Link Workers is ongoing, subject to periodic review. Other income sources are in development in order to support the charity in delivering its aims.

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

FINANCIAL REVIEW

The charity has made a surplus of £24,948 in the year ended 31 March 2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

10079100 (England and Wales)

Registered Charity number

1169072

Registered office

Brighton Health and Wellbeing Centre
18-19 Western Road
Hove
West Sussex
BN3 1AE

Trustees

Dr N Ashwell Retired
D B Stewart Retired GP
G Toyne Manager
Dr L M Andrews GP
Dr P De Paola (appointed 1.4.2021) (resigned 1.5.2021)
J Leigh (appointed 1.4.2021)

Chief Executive

Independent Examiner

Mr M J Southern BA(Hons)
FCA
Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

ROBIN HOOD HEALTH FOUNDATION

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Approved by order of the board of trustees on and signed on its behalf by:

.....
Dr N Ashwell - Trustee

DRAFT

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ROBIN HOOD HEALTH FOUNDATION**

Independent examiner's report to the trustees of Robin Hood Health Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr M J Southern BA(Hons)
FCA
Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Date:

ROBIN HOOD HEALTH FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	486	132,985	133,471	70,725
Charitable activities					
Complementary services		-	172,670	172,670	127,778
Other income		-	-	-	3,484
Total		<u>486</u>	<u>305,655</u>	<u>306,141</u>	<u>201,987</u>
EXPENDITURE ON					
Charitable activities	4				
Complementary services		<u>(180)</u>	<u>281,373</u>	<u>281,193</u>	<u>208,933</u>
NET INCOME/(EXPENDITURE)		666	24,282	24,948	(6,946)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>16,402</u>	<u>1,597</u>	<u>17,999</u>	<u>24,945</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>17,068</u></u>	<u><u>25,879</u></u>	<u><u>42,947</u></u>	<u><u>17,999</u></u>

The notes form part of these financial statements

ROBIN HOOD HEALTH FOUNDATION

BALANCE SHEET 31 MARCH 2022

	Notes	2022 £	2021 £
CURRENT ASSETS			
Debtors	9	18,560	21,540
Cash at bank		36,579	6,032
		<u>55,139</u>	<u>27,572</u>
CREDITORS			
Amounts falling due within one year	10	(12,192)	(9,573)
NET CURRENT ASSETS		<u>42,947</u>	<u>17,999</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		42,947	17,999
NET ASSETS/(LIABILITIES)		<u>42,947</u>	<u>17,999</u>
FUNDS	12		
Unrestricted funds		17,068	16,402
Restricted funds		25,879	1,597
TOTAL FUNDS		<u>42,947</u>	<u>17,999</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
N Ashwell - Trustee

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	19,836	2,502
Service level agreements	113,635	68,223
	<u>133,471</u>	<u>70,725</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

3. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2022 £	2021 £
Grants	Complementary services	<u>172,670</u>	<u>127,778</u>

Grants received, included in the above, are as follows:

	2022 £	2021 £
Arts Council England	44,794	29,551
BHCC	98,226	98,227
Clover project	9,900	-
Minding the margins	19,750	-
	<u>172,670</u>	<u>127,778</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Complementary services	<u>121,050</u>	<u>160,143</u>	<u>281,193</u>

5. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Complementary services	<u>158,127</u>	<u>140</u>	<u>1,876</u>	<u>160,143</u>

Support costs for the year ended 31 March 2022 total £160,143 as per the above split.

Support costs, included in the above, are as follows:

Management

	2022 Complementary services £	2021 Total activities £
Wages	141,358	104,141
Pensions	2,725	2,230
Insurance	726	698
Telephone	1,387	1,106
Communications and venue costs	4,806	2,179
Sundries	1,250	150
Administration	5,875	4,413
	<u>158,127</u>	<u>114,917</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

5. **SUPPORT COSTS - continued**
Finance

	2022 Complementary services £	2021 Total activities £
Bank charges	140	-

Governance costs

	2022 Complementary services £	2021 Total activities £
Accountancy	1,876	1,778

6. **TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

No trustees were reimbursed for any expenses during the period.

7. **STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2022	2021
Employed staff	5	4

No employee received emoluments in excess of £60,000 (2021: none).

8. **COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	403	70,322	70,725
Charitable activities			
Complementary services	-	127,778	127,778
Other income	3,484	-	3,484
Total	<u>3,887</u>	<u>198,100</u>	<u>201,987</u>
EXPENDITURE ON			
Charitable activities			
Complementary services	<u>4,971</u>	<u>203,962</u>	<u>208,933</u>
NET INCOME/(EXPENDITURE)	(1,084)	(5,862)	(6,946)
Transfers between funds	<u>(1,791)</u>	<u>1,791</u>	<u>-</u>
Net movement in funds	(2,875)	(4,071)	(6,946)

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	19,277	5,668	24,945
TOTAL FUNDS CARRIED FORWARD	<u>16,402</u>	<u>1,597</u>	<u>17,999</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	18,560	20,540
Other debtors	-	1,000
	<u>18,560</u>	<u>21,540</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	7,951	2,468
Other creditors	1,203	2,034
Accrued expenses	3,038	5,071
	<u>12,192</u>	<u>9,573</u>

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
Current assets	20,059	35,080	55,139	27,572
Current liabilities	(2,991)	(9,201)	(12,192)	(9,573)
	<u>17,068</u>	<u>25,879</u>	<u>42,947</u>	<u>17,999</u>

12. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
Complementary	16,402	666	17,068
Restricted funds			
HERA	1,597	(1,777)	(180)
Minding the margins	-	15,215	15,215
Wellsbourne	-	10,844	10,844
	<u>1,597</u>	<u>24,282</u>	<u>25,879</u>
TOTAL FUNDS	<u>17,999</u>	<u>24,948</u>	<u>42,947</u>

ROBIN HOOD HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Complementary	486	180	666
Restricted funds			
HERA	274,949	(276,726)	(1,777)
Minding the margins	19,750	(4,535)	15,215
Wellsbourne	10,956	(112)	10,844
	<u>305,655</u>	<u>(281,373)</u>	<u>24,282</u>
TOTAL FUNDS	<u>306,141</u>	<u>(281,193)</u>	<u>24,948</u>

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Complementary	19,277	(1,084)	(1,791)	16,402
Restricted funds				
HERA	(2,865)	(4,450)	8,912	1,597
Deep Time	8,533	(1,412)	(7,121)	-
	<u>5,668</u>	<u>(5,862)</u>	<u>1,791</u>	<u>1,597</u>
TOTAL FUNDS	<u>24,945</u>	<u>(6,946)</u>	<u>-</u>	<u>17,999</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Complementary	3,887	(4,971)	(1,084)
Restricted funds			
HERA	198,100	(202,550)	(4,450)
Deep Time	-	(1,412)	(1,412)
	<u>198,100</u>	<u>(203,962)</u>	<u>(5,862)</u>
TOTAL FUNDS	<u>201,987</u>	<u>(208,933)</u>	<u>(6,946)</u>

ROBIN HOOD HEALTH FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

13. RELATED PARTY DISCLOSURES

Mr G Toyne and Dr L Marshall-Andrews are partners of Brighton Health and Wellbeing Centre.

During the year Brighton Health and Wellbeing Centre donated £10,400 to Robin Hood Health Foundation for development of the HERA programme.

During the year room rental fees to Brighton Health and Wellbeing Centre were incurred amounting £1,800. At the year end-end all amounts were settled in respect of these costs.

14. ULTIMATE CONTROLLING PARTY

The charitable company is not under the control of another entity or any one individual.

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