



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** 1<sup>st</sup> January 2024 **Period start date** **To** 31<sup>st</sup> December 2024 **Period end date**

**Charity name:** Running Well

**Charity registration number:** 1169004

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of poverty and advancement of health in underdeveloped and remote parts of Uganda by the provision of access to clean water.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Running Well operates on a purely voluntary basis and aims to provide a better quality of life for people living in underdeveloped and deprived parts of Uganda. The charity focuses on supporting and implementing projects which have a direct, tangible and measurable impact on improving accessibility to clean water for people in the poorest and remotest parts of Uganda, for example, by building water boreholes. The charity also organises and participates in events to encourage people to run or take up any other personal challenge to help raise funds for the projects that it supports.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	Para 1.18	The Trustees have had regard to the guidance issued by the Charity Commission on public benefit when deciding on what activities the charity should be undertaking.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not Applicable.
Contribution made by volunteers	Para 1.38	Not applicable.
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The ongoing global political and economic instability as well as climate change implications continued to have an impact on the charity in 2024, especially with regards to the rising cost of materials and supply chain challenges, human resource constraints and ground conditions for drilling due to increasingly unpredictable weather patterns.</p> <p>Despite these challenges, the charity had another successful year both in terms of fundraising and managing its internal operating costs, with the total net income for the year being almost three times its original budget.</p> <p>The charity experienced some challenges during the year with the implementation of its projects mainly due to its main contractor having problems with its drilling equipment as well as poor ground conditions at one of its sites. This resulted in delays to the construction programme and completing some of the projects. Despite these delays, the charity still managed to successfully complete another seven water boreholes, the largest number it has ever completed in a single year.</p> <p>Most notable of all, the charity built its first piped water supply with solar electric pump and tapping system. This is a significant step forward for the charity as it allows us to get more water to more people more quickly.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a strong financial position at the end of the period, with approximately £44,000 of available funds for projects next year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity only commits to funding projects once it has secured all the funds required to deliver any given project. The charity generally retains sufficient cash reserves to fund all of its operating expenses for a minimum of 12 months.
Amount of reserves held	Para 1.22	£1,000.
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable.

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by the Trustees by a resolution

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Running Well
Other name the charity uses	
Registered charity number	1169004
Charity's principal address	Holly Tree Cottage Hawling Cheltenham Gloucestershire GL54 5SZ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Bateman			
2	Julian Gabriel	Chairman		
3	Gary Hale			
4	Andrew Renshaw			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Corporate trustees – names of the directors at the date the report was approved

Director name		

### Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable.
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable.

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
-----------------	------	---------


#### Name of chief executive or names of senior staff members (Optional information)

--

### Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable.

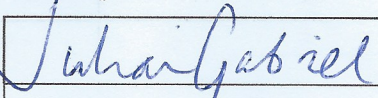
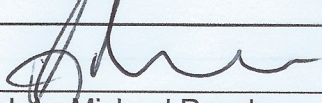
### Other optional information

--

### Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Julian Christopher Gabriel	Andrew Michael Renshaw
Position (eg Secretary, Chair, etc)	Chairman	Authorised signatory

Date 14/01/2025





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Running Well

1169004

## Receipts and payments accounts

CC16a

For the period  
from

01/01/2024

To

31/12/2024

### Section A Receipts and payments

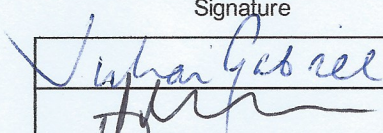
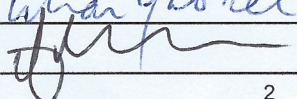
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Planned donations	6,903	-	-	6,903	5,291
Unplanned donations	32,615	-	-	32,615	27,929
Grants	1,000	-	-	1,000	1,000
Sponsorship from fundraising events	15,161	-	-	15,161	7,295
Gift aid	3,168	-	-	3,168	-
Bank interest	1,087	-	-	1,087	45
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>59,934</b>	<b>-</b>	<b>-</b>	<b>59,934</b>	<b>41,560</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>59,934</b>	<b>-</b>	<b>-</b>	<b>59,934</b>	<b>41,560</b>
<b>A3 Payments</b>					
Marketing	60	-	-	60	61
Fundraising	33	-	-	33	13
Communications / IT	199	-	-	199	165
Events	1,512	-	-	1,512	-
Other administration costs	87	-	-	87	-
Charitable activities	69,835	-	-	69,835	34,495
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>71,727</b>	<b>-</b>	<b>-</b>	<b>71,727</b>	<b>34,735</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>71,727</b>	<b>-</b>	<b>-</b>	<b>71,727</b>	<b>34,735</b>
<b>Net of receipts/(payments)</b>	<b>- 11,793</b>	<b>-</b>	<b>-</b>	<b>- 11,793</b>	<b>6,825</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>61,223</b>	<b>-</b>	<b>-</b>	<b>61,223</b>	<b>54,398</b>
<b>Cash funds this year end</b>	<b>49,430</b>	<b>-</b>	<b>-</b>	<b>49,430</b>	<b>61,223</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank account	49,430	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	49,430	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on  
behalf of all the trustees

Signature	Print Name	Date of approval
	JULIAN GABRIEL	14/01/2025
	ANDREW RENSHAW	14/01/2025





**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Running Well

**On accounts for the year  
ended**

31<sup>st</sup> December 2024

**Charity no  
(if any)**

1169004

**Set out on pages**

2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12 /2024.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

2/2/25

**Name:**

Shahida Mohamed

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:**

<b>Section B</b>	<b>Disclosure</b>
------------------	-------------------

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Not applicable.
-----------------