

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	01	2021		31	12	2021

Section A Reference and administration details

Charity name Running Well

Other names charity is known by

Registered charity number (if any) 1169004

Charity's principal address Chine Lodge

Brook

Isle of Wight

Postcode

PO30 4HA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Bateman			
2	Julian Gabriel			
3	Gary Hale			
4	Paul Kelly			
5	Andrew Renshaw			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointed by the Trustees by a resolution

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of poverty and advancement of health in underdeveloped and remote parts of Uganda by the provision of access to clean water.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Running Well operates on a purely voluntary basis and aims to provide a better quality of life for people living in underdeveloped and deprived parts of Uganda. The charity focuses on supporting and implementing projects which have a direct, tangible and measurable impact on improving accessibility to clean water for people in the poorest and remotest parts of Uganda, for example, by building water boreholes. The charity also organises and participates in events to encourage people to run or take up any other personal challenge to help raise funds for the projects that it supports. The Trustees have had regard to the guidance issued by the Charity Commission on public benefit when deciding on what activities the charity should be undertaking.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Despite the Covid-19 pandemic, Running Well had a successful year, exceeding its net income target by more than three and half times. This achievement was even more significant given all but two of the charity's planned fundraising events were either cancelled or postponed due to Covid-19.

From a project perspective it was a more challenging year for the charity, also mainly due to Covid-19 related issues, but it still managed to complete two water boreholes and it has started work on its next two water boreholes.

The other main achievement for the charity in 2021 was the development of its new website, which has already resulted in an increase in new enquiries and online donations.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity only commits to funding projects once it has secured all the funds required to deliver any given project. The charity generally retains sufficient cash reserves to fund all of its operating expenses for a minimum of 12 months.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

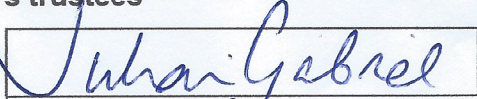
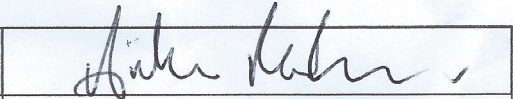
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JULIAN GABRIEL	ANDREW RENSHAW
Position (eg Secretary, Chair, etc)	CHAIRMAN	TRUSTEE
Date	25.01.2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Running Well

1169004

Receipts and payments accounts

CC16a

For the period
from

01/01/2021

To

31/12/2021

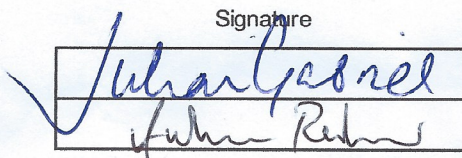
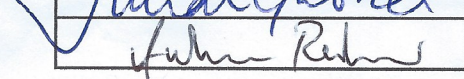
Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Planned donations	325	-	-	325	-
Unplanned donations	42,777	-	-	42,777	-
Grants	1,250	-	-	1,250	-
Sponsorship from fundraising events	5,720	-	-	5,720	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	50,071	-	-	50,071	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	50,071	-	-	50,071	-
A3 Payments					
Marketing	133	-	-	133	-
Fundraising	-	-	-	-	-
Communications / IT	144	-	-	144	-
Travel	-	-	-	-	-
Cost of fundraising events	-	-	-	-	-
Charitable activities	15,424	-	-	15,424	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	15,701	-	-	15,701	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,701	-	-	15,701	-
Net of receipts/(payments)	34,370	-	-	34,370	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,166	-	-	16,166	-
Cash funds this year end	50,536	-	-	50,536	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	50,536	-	-
		-	-	-
		-	-	-
	Total cash funds	50,536	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
B4 Assets retained for the charity's own use				
B5 Liabilities				

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name
 JULIAN GABRIEL
 ANDREW RENSHAW

Date of approval
 25.01.22
 25.01.22

Independent Examiner's Report of Running Well's Accounts

Accounting period: 1st January 2021 to 31st December 2021

Report prepared by: Shahida Mohamed

Executive Summary

This report has been prepared in accordance with the Charity Commission's Directions and Guidance for Examiners (CC32) for the Trustees of Running Well (the "Charity"). I confirm that there is no conflict of interest that prevents me from carrying out this independent examination. I further confirm that no matters of material significance have come to my attention during my independent examination which need to be reported direct to the Commission.

Description of Review Undertaken

I have checked that the Charity is eligible to have an independent examination. It is a Charitable Incorporated Organisation ("CIO"), the accounts have been correctly prepared on a receipts and payments basis, and the total gross income for the financial year was £50,071.

The Trustees have provided me with copies of the following documents for the period from 1st January 2021 to 31st December 2021:

- Receipts and Payments Accounts (CC16a)
- Bank Statement
- Cash Flow Statement
- Trustees' Annual Report

I have checked the form and contents of the Accounts and not found any discrepancies. I have reviewed the accounting records kept by the Charity, being the bank and cash flow statements, and I have compared these records with the Accounts presented. I confirm that the Accounts are consistent with the accounting records, which are clear and have been kept to a good standard. I have not identified any unusual items and/or disclosures and no unreasonable estimates, judgements or accounting policies have been used in the preparation of the Accounts. I have compared the Trustees' Annual Report with the Accounts and these are also consistent. The Trustees have considered the financial circumstances of the Charity at the end of the reporting period, which had cash surplus funds of £50,536.

Conclusion

Having reviewed the Accounts and supporting bank and cash flow statements, together with the Trustees' Annual Report, I confirm that no material matters of concern have come to my attention.

Signed by:



Date: 18/2/22