

Revert2Reality
Report and Accounts
Year Ending 26 July 2023

Charity Registration no. 1168971

Report and accounts for the year ended 26 July 2023

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Revert2Reality

Trustees Annual Report for the year ended 26th July 2023

Trustees:

Aliya Iqbal

Zahid Ahmed – resigned 20th May 2024

Maryam Meherban

Dr Arjuman Khan – resigned 1st January 2024

Haadia Choudhury – resigned 1st January 2024

Joanna Sloughly – appointed 25th April 2024

Mohbub Alom – appointed 22nd April 2024

Charity's Trust:

- Revert2Reality Governing Document as per copy with Charity Commission
- Trustees are appointed or elected as per Charity Commission guidelines

Trustee Induction and Training:

All trustees are provided with relevant information as well as documentation along with our Charitable Objectives.

They are provided with an induction that includes the Charity aims and objectives, organisational structure, policy and procedures as well as trustees responsibilities.

Objectives, Activities, Achievements and Performance:

- The advancement of the Islamic faith for the benefit of the public
- The prevention and relief of poverty and hardship for the benefit of the public
- The relief of those in need due to their Islamic faith and culture.

Public Benefit

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have regard to the Charity Commission general guidance on public benefit Charities and Public Benefit.

Revert2Reality

Revert2Reality's (R2R) beginnings go all the way back to around 1997 when a group of local community members from Waltham Forest decided to organise social events, classes and community support services for the needy and vulnerable in our borough.

R2R is a Registered Charity (Number 1168971) and has no paid employees and continues to remain a volunteer lead organisation with a team of 7 dedicated volunteers who assist with regular activities and events.

R2R is lead and run by local community members from Waltham Forest who have lived and worked in the borough and understand the community well. R2R has always worked to build better community relations and understanding amongst the diverse multicultural communities within the borough.

Our services include counselling; mentoring for new Muslims, advice and religious guidance on marriage and divorce, Advocacy service, Advice surgery, health, diet, fitness and spiritual care as well as social meets up for those who are facing isolation, dinners and exhibition galleries (Heritage, Culture and Arts).

R2R is amongst the leading voluntary social and community support service providers in Waltham Forest. In 2011, we were recognised for our community work and received an award for 'Excellence in community development' from the Waltham Forest Council of Mosques.

We have good ties with local mosques, businesses and charities in the area and often receive referrals from mosques and organisations within Waltham Forest and outside the borough.

Revert2Reality Services

R2R is unique in comparison to other Muslim projects in the borough, we often deal with issues many mosques and organisations in the borough are simply not able to manage and accommodate.

Whilst R2R essentially serves the Muslim and wider community, the core part of its work is with new Muslims. Many who choose to embrace Islam often find themselves isolated and confused, some face rejection, abuse and violence. R2R provides support and mentoring to new Muslims through their mentoring programme; which helps new Muslims learn the essential tenets of Islam and provide support to help them through the challenges they face as new Muslims.

With the ever-increasing threat of terrorism and violent extremism at our doorstep, R2R seeks to mentor and educate young Muslims through their programmes by providing a healthy and supportive environment.

Revert2Reality

The premises create much more scope to build capacity into projects and will allow R2R to carry out all additional services over time under one roof.

The R2R coffee mornings have been running for 14 years. The new premises has allowed for mothers to get out of the house, meet other mums and take a break. Women of the BAME community; young and old all meet regularly at the R2R Wellbeing Centre.

The counselling service is made up of several components, which deal with mental health, depression, anxiety, abuse, domestic violence and victims of islamophobia. Referrals are often made via the local mosques and community members. Amongst some of charities and counsellors we have worked with are; Sakoon Counselling, Mindworks UK, Inspired Minds and Afiyah Project. We have also set up a Free Listening Service for those who cannot afford counselling or wish to remain anonymous.

Workshops covering important subjects such as parenting, forced marriages, adolescence, culture, faith, integration, green issues and our environment are held on a regular basis and open to members of the public. Various creative learning and therapy sessions are also held every week to help women to cope with stress and anxiety.

Local doctors, nurses, counsellors and teachers often support R2R; assisting with regular workshops and seminars on diet, nutrition, health, education and issues relating to Mental Health. Recently Dr Ali has joined the Team; she is a local GP and runs a monthly women's health guidance workshop.

R2R have connections with local health and fitness centres that have expressed a keen interest in hosting regular workshops to encourage walking, exercise and good health. Last year we starting a walking group and this year we paired up with JoyRiders and Cycle in Confidence to help more people to get on to bikes especially Asian women

Between July 2022 and July 2023; The R2R Wellbeing Centre has facilitated and organised over 12 events, which is a lot less than last year but we have made more connections with local initiatives and groups.

It's great to be able to support local initiatives as well as work alongside the local council; who often chose to use our facilities.

As a Wellbeing Centre we run various fitness classes for women only – from yoga, Pilates, kickboxing and boxercise. It's wonderful to see the older generation of Asians participating and really enjoying the classes; this is a cultural break-through for us; as opportunities are scarce for Asian women (especially those with language barriers).

For a number of years Alison Manning a Life Coach has been hosting free workshops to empower women. She ran a free workshop over a course of 2 weekends in September and then continued the course for the ladies online for a further 6 weeks. Her workshops are always well received and we have seen a boost in confidence from the women who attend.

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Every quarterly we host a Reverts Afternoon Tea – this gathering is hosted with the intent to allow converts to Islam – old and new to come together, make new friends, share similar challenges and experiences and not feel isolated. Our afternoon tea took place in September, December and March.

This year we launched a new initiative to empower and support Muslim Women who have small businesses or creative ideas which they are trying to grow. Our first Creative Muslim Women's Networking Event was a huge success. We had female authors, counsellors, artists, crochet lovers and therapists who all had a chance to share their stories and encourage other sisters to also take up their dreams and aspirations. We hosted two networking events – one in January and one in May.

Since the opening of our Therapy Room in October 2021, our new counsellor Shumaila Rashid has been very busy seeing clients three to four times in the week. Our goal this year is to bring in one more counsellors.

Wahed Finance was invited on the 14th October to offer financial advice and how to invest your money wisely and according to Islamic Teachings. We had roughly 60 men and women attend.

During the half term we often try to host a children's movie night as a community engagement initiative as well raise funds for our centre. Movie Night was held on the 28th October

1st April – R2R organised a much needed food sale to raise money for the R2R Wellbeing Centre.

15th January and 22nd January – We collaborated with Crescent Calligraphy to host a beginner's course on Modern English Lettering and Arabic Calligraphy. This was well received and will be an ongoing collaboration.

In January 2023 we started boxing classes for young children.

Since the launch of our walking therapy group which has been well received and still continues. We have now launched our cycle in confidence group for people of all ages and backgrounds. The aim of the cycling group is to help people gain confidence on their bikes and to ride safely on the roads, build friendships and get fit.

1st April – Community Food Sale to raise awareness about the centre and its services, as well as raise much needed funds.

16th April 2022 – Reverts and Community Iftar – an annual event to support New Muslims during the month of Ramadan

In May 2022 we starting weekly boxing classes for young boys and girls, and various fitness classes for women

19th June 2022 we hosted a table-top sale to raise funds for the centre. We had 18 stalls and food for sale

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24th June 2022 we hosted a traditional event celebrated around Eid. We had stalls and food for sale. We were able to raise awareness about the centre as well as bring the community together.

The Year 2022 and 2023 have been exceptional for us; as during this time we were about to introduce various new facets to the wellbeing centre to enhance our community services and support for the community. We were also able to build new and valuable relationships with various local credible projects. Working with existing initiatives is very important to Revert2Reality and we hope that we can continue to grow and build strong connections for the advancement of the community.

Sustainability:

We always endeavour to work towards diversifying services that help with income generation and to this effect we try our best to maximise use of the current facilities to help generate resources required to help run and sustain the existing premises. We try to ensure any services provided are fun and practical so those that have walked through our doors will continue to come back and at the same time encourage others to come forward also.

We are supported by a strong and dedicated team of volunteers, and it is our hope that going forward we can also engage and collaborate with local business to help ensure we can maximise help and support to those that need it most.

Financial Review:

At the end of Financial Year 26th July 2023 Revert2Reality Accounts show:

Total Income: £37,673

Total Expenditure: £55,255

Top three areas of expenditure are:

- | | |
|----------------------|-----|
| 1. Rent | 67% |
| 2. Admin expenditure | 17% |
| 3. Dates | 7% |

We endeavour to ensure that best value for money is obtained when procuring goods and services and in the majority of cases we find that local members of the community are willing to help with covering costs or even donating items for free.

Reserve Policy:

Revert2Reality

The aim of the trustees is to maintain free reserves in unrestricted funds at a level, which equates to 3-6 months of unrestricted expenditure, which we believe is sufficient. The designated reserves have been set up to provide for any further refurbishment costs at the centre, and to allow for further developmental projects.

Since Covid general public donations have significantly dropped due mainly to cost of living crises. We are hoping that this trend will be reversed as well as more funding available to help us sustain ourselves for longer periods.

Revert2Reality

Report of the Independent Accountant to the Trustees of the charity on the accounts for the year ended 26th July 2023

We report on the financial statements of Revert2Reality for the year ended 26th July 2023, as set out on pages 8 to 11, which comprise the Statement of Financial Activities, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard 102, (effective 1st January 2016), and the accounts have been prepared in accordance with FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW), effective January 2016, (The SORP), under the historical cost convention, and in accordance with the accounting policies set out on page 10, which framework constitutes the applicable United Kingdom Generally Accepted Accounting Practice.

Respective responsibilities of the directors and the accountant

The charity's Trustees are responsible for the preparation of the accounts.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply and the Trustees also consider the charity to be exempt from the requirement to be subject to Independent Examination.

Our responsibility is to prepare accounts upon the basis of the information supplied to us, without conducting any formal scrutiny.

No statement of opinion

We have not carried out any audit procedures and have relied upon information supplied to us by the Trustees, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently we do not express an audit or other assurance opinion on the view given by the accounts.



Shahid Majid FCCA

**Independent Accountant
69 Icknield Drive
Essex IG2 6SE**

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Statement of Financial Activities for the year ended 26th July 2023

	Unrestricted Funds 2023	Total Funds 2022
Income and endowments from:		
Donations and legacies	21,995	68,268
Other trading activities	15,678	9,752
Total	37,673	78,019
Expenditure on:		
Raising funds	54,694	47,188
Charitable activities	561	865
Total	55,255	48,053
Net income/(expenditure)	-17,582	29,966
Net movement in funds	-17,582	29,966
Reconciliation of funds:		
Total funds brought forward	66,564	36,598
Total funds carried forward	48,982	66,564

All activities derive from continuing activities

The notes attached on pages 12 - 13 form an integral part of these accounts.

Revert2Reality

Balance Sheet as at 26th July 2023

	Notes	26-Jul-23	26-Jul-22
Current assets:			
Cash at bank and in hand		48,982	79,964
Total current assets		<u>48,982</u>	<u>79,964</u>
Liabilities:			
Creditors: Amounts falling due within one year		-	11,400
Net current assets or liabilities		<u>48,982</u>	<u>68,564</u>
Total assets less current liabilities		<u>48,982</u>	<u>68,564</u>
Creditors: Amounts falling due after more than one year			
Creditors: Amounts falling due after one year		-	2,000
Total net assets or liabilities		<u>48,982</u>	<u>66,564</u>
The funds of the charity:			
Unrestricted funds - General Reserve	4	37,982	55,564
Designated Reserves	4	11,000	11,000
Total charity funds		<u>48,982</u>	<u>66,564</u>



Ms Aliya Iqbal
Founder & Trustee
Approved on 15th May 2024

The notes attached on pages 12-13 form an integral part of these accounts.

Notes to the accounts for the year ended 26th July 2023

1 Accounting Policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW), effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Purposes for which the funds are allocated

All the funds accumulated to date are unrestricted and as such are held to meet the objectives of the charity and to provide reserves for future activities. Whilst it is possible that a portion of these unrestricted funds could be designated for specific projects in the future, it is currently not the case. The trustees aim to build up sufficient reserves to be able to meet six months of running costs for the charity.

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4 Movements of Funds

Fund	Balance at 27 July 2022	Income	Expenditure	Transfers	Balance at 26 July 2023
Unrestricted funds					
General reserves	55,564	37,673	-55,255	11,000	48,982
Designated reserves	11,000	-	-	-11,000	-
Total	66,564	37,673	-55,255	-	48,982

