

Revert2Reality
Report and Accounts
Financial Year ending 26th July 2022

Charity Registration no. 1168971

Revert2Reality

Report and accounts for the year ended 26th July 2022

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Trustees Annual Report for the year ended 26th July 2022

Trustees:

Aliya Iqbal

Maryam Meherban

Dr Arjuman Khan

Haadia Choudhury

Zahid Ahmed

Charity's Trust:

- Revert2Reality Governing Document as per copy with Charity Commission
- Trustees are appointed or elected as per Charity Commission guidelines

Trustee Induction and Training:

All trustees are provided with relevant information as well as documentation along with our Charitable Objectives.

They are provided with an induction that includes the Charity aims and objectives, organisational structure, policy and procedures as well as trustees responsibilities.

Objectives, Activities, Achievements and Performance:

- The advancement of the Islamic faith for the benefit of the public
- The prevention and relief of poverty and hardship for the benefit of the public
- The relief of those in need due to their Islamic faith and culture.

Public Benefit

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have regard to the Charity Commission general guidance on public benefit Charities and Public Benefit.

Revert2Reality's (R2R) beginnings go all the way back to around 1997 when a group of local community members from Waltham Forest decided to organise social events, classes and community support services for the needy and vulnerable in our borough.

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R2R is a Registered Charity (Number 1168971) and has no paid employees and continues to remain a volunteer lead organisation with a team of around 15 dedicated volunteers, helping to run the organisation and organise all the activities.

R2R is lead and run by local community members from Waltham Forest who have lived and worked in the borough and understand the community well. R2R has always worked to build better community relations and understanding amongst the diverse multicultural communities within the borough.

Our services include counselling; mentoring for new Muslims, advice and religious guidance on marriage and divorce, Advocacy service, Advice surgery, health, diet, fitness and spiritual care as well as coffee mornings, dinners and exhibition galleries (Heritage, Culture and Arts).

R2R is amongst the leading voluntary social and community support service providers in Waltham Forest. In 2011, we were recognised for our community work and received an award for 'Excellence in community development' from the Waltham Forest Council of Mosques.

We have good ties with local mosques, businesses and charities in the area and often receive referrals from mosques and organisation within Waltham Forest and outside the borough.

Revert2Reality Services:

R2R is unique in comparison to other Muslim projects in the borough, we often deal with issues many mosques and organisations in the borough are simply not able to manage and accommodate.

Whilst R2R essentially serves the Muslim and wider community, the core part of its work is with new Muslims. Many who choose to embrace Islam often find themselves isolated and confused, some face rejection, abuse and violence. R2R provides support and mentoring to new Muslims through their mentoring programme; which helps new Muslims learn the essential tenets of Islam and provide support to help them through the challenges they face as new Muslims.

With the ever-increasing threat of terrorism and violent extremism at our doorstep, R2R seeks to mentor and educate young Muslims through their programmes by providing a healthy and supportive environment.

The premises create much more scope to build capacity into projects and will allow R2R to carry out all additional services over time under one roof.

The R2R coffee mornings have been running for 14 years. The new premises has allowed for mothers to get out of the house, meet other mums and take a break. Women of the BAME community; young and old all meet regularly at the R2R Wellbeing Centre.

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The counselling service is made up of several components, which deal with mental health, depression, anxiety, abuse, domestic violence and victims of islamophobia. Referrals are often made via the local mosques and community members. Amongst some of charities and counsellors we have worked with are; Sakoon Counselling, Mindworks UK, Inspired Minds and Afiyah Project. We have also set up a Free Listening Service for those who cannot afford counselling or wish to remain anonymous.

Workshops covering important subjects such as parenting, forced marriages, adolescence, culture, faith, integration, green issues and our environment are held on a regular basis and open to members of the public. Various creative learning and therapy sessions are also held every week to help women to cope with stress and anxiety.

Local doctors, nurses, counsellors and teachers often support R2R; assisting with regular workshops and seminars on diet, nutrition, health, education and issues relating to Mental Health.

R2R have connections with local health and fitness centres that have expressed a keen interest in hosting regular workshops to encourage walking, exercise and good health. Currently we are doing walks with Hornbeam Café and have started our own walking group too.

Between July 2021 and July 2022; The R2R Wellbeing Centre has facilitated and organised over 20 events, bookings and gatherings.

Events ranging from the launch of our in-house coffee shop, reverts afternoon teas, life coaching courses, charity events, education, health, fitness and wellbeing workshops and much more.

It's great to be able to support local initiatives as well as work alongside the local council; who often chose to use our facilities.

As a Wellbeing Centre we run various fitness classes for women only – from yoga, Pilates, kickboxing and boxercise. It's wonderful to see the older generation of Asians participating and really enjoying the classes; this is a cultural break through for us; as opportunities are scarce for Asian women (especially those with language barriers).

In September 2021- In collaboration with Waltham Forest Women's Network we hosted a MacMillan Coffee Morning. The event was well received with over 60 women from all backgrounds, faiths and communities. We had a visit from the local Mayoress and council figures. R2R received great coverage for the venue and networking opportunities.

26th September 2021; we organised our first ever trip for New Muslims to the Award-winning Cambridge Central Mosque. We hired a minibus and took 18 new Muslims who had never been to a Mosque before. We had a guided tour and tea which was arranged by the Mosque.

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15th October 2021 we launched the opening of our Fitness Studio. We had a huge demand from the community for a women only safe space where women can exercise and train. We fitted basic jigsaw mats across the hall and purchased some basic weights and equipment as most of the classes would be instructor led.

20th October 2021 we announced the opening of our Therapy room. A much need space to house our weekly counselling and therapy sessions and for R2R to mentor New Muslims with ease. We were very fortunate to have Counsellor Saleha Islam join the team to run our counselling sessions.

27th October 2021 – R2R organised a much-needed food sale to raise money for the R2R Wellbeing Centre. Some of the food was donated and some we had catered in. We were hoping for a better response to the food sale with the desire to raise enough money to cover the cost of our fitness Studio costs but did not even meet a quarter of the target.

20th November 2021 we launched our Saturday Children's Club – Young Explorers. This is a very important young people's initiative to allow our children to be in a safe environment to learn through play.

18th December 2021 – We collaborated with Crescent Calligraphy to host an amazing beginner's course on Modern English Lettering. We had an excellent response with 26 students young and old, men and women.

In November 2021, January 2022, May 2022 – Reverts Afternoon. A regular staple event; to support New Muslims, to make new friends and gain support on their journey.

2nd January 2022 – We began the year with an absolutely fantastic event – The Reverts Reunion, a reunion of old and new converts to Islam coming together. A three-course meal, talks and revert stories.

February 2022 – As a way of keeping The R2R Wellbeing Centre running we launched the opening of our in-house coffee shop. The initiative came about to firstly enhance our services for the community and create a friendly and inviting space as well as raise the much-needed funds to keep the Centre running.

27th February 2022 – Through review of our counselling sessions; we found that many clients were teenage girls, so we contacted Nabila Azam, a local Art Therapist with 20 years' experience of working with young people to host an Expressive Art Therapy session, allow young girls to expressive their selves through Art. We had an attendance of 13 girls aged 12-16.

19th February 2022 – Launch of our Walking Therapy Group for women to walk and talk, share and get fit and enjoy the outdoors.

20th March 2022 – In collaboration with Teensinspired (a teenage girls youth group) was launched as a monthly initiative for teenage girls facing mental health and cultural or family challenges (again this project was introduced based on feedback and consultation with our counsellors).

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March 2022 – Ramadan Souk Bazaar to help us raise funds for the centre.

16th April 2022 – Reverts and Community Iftar – an annual event to support New Muslims during the month of Ramadan.

In May 2022 we starting weekly boxing classes for young boys and girls, and various fitness classes for women.

19th June 2022 we hosted a table top sale to raise funds for the centre. We had 18 stalls and food for sale.

The Year 2021 and 2022 have been exceptional for us, as during this time we were about introduce various new facets to the wellbeing centre to enhance our community services and support for the community. We were also able to build new and valuable relationships with various local credible projects. Working with existing initiatives is very important to revert2Reality and we hope that we can continue to grow and build strong connections for the advancement of the community.

Sustainability:

We always endeavour to work towards diversifying services that help with income generation and to this effect we try our best to maximise use of the current facilities to help generate resources required to help run and sustain the existing premises. We try to ensure any services provided are fun and practical so those that have walked through our doors will continue to come back and at the same time encourage others to come forward also.

We are supported by a strong and dedicated team of volunteers, and it is our hope that going forward we can also engage and collaborate with local business to help ensure we can maximise help and support to those that need it most.

Financial Review:

At the end of Financial Year 26th July 2022 Revert2Reality Accounts show:

Total Income: £78,019

Total Expenditure: £48,053

Top three areas of expenditure are:

1. Rent 53%
2. Refurbishment 14%
3. Fixtures & Fittings 6%

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We endeavour to ensure that best value for money is obtained when procuring goods and services and in the majority of cases we find that local members of the community are willing to help with covering costs or even donating items for free.

Reserve Policy:

The aim of the trustees is to maintain free reserves in unrestricted funds at a level, which equates to 3 months of unrestricted expenditure, which we believe is sufficient. The designated reserves have been set up to provide for any further refurbishment costs at the centre, and to allow for further developmental projects.

Due to the type of donation/funding received during this financial year, we had achieved to extend this to more than 6 months of reserves to cover the charity costs. Nevertheless, the year has still brought its challenges especially with people still uncomfortable dealing with Covid, boosters, limited group meeting allowed and unsure how safe to step outdoors to meet family and friends.

This we evidenced from footfall of those coming to the premises still being below before the pandemic. However there are positive green shoots that slowly and with much hard work of all the volunteers, teachers and trustees that this will improve overtime.

Report of the Independent Accountant to the Trustees of the charity on the accounts for the year ended 26 July 2022

We report on the financial statements of Revert2Reality for the year ended 26 July 2022, as set out on pages 8 to 11, which comprise the Statement of Financial Activities, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard 102, (effective 1st January 2016), and the accounts have been prepared in accordance with FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW), effective January 2016, (The SORP), under the historical cost convention, and in accordance with the accounting policies set out on page 10, which framework constitutes the applicable United Kingdom Generally Accepted Accounting Practice.

Respective responsibilities of the directors and the accountant

The charity's Trustees are responsible for the preparation of the accounts.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply and the Trustees also consider the charity to be exempt from the requirement to be subject to Independent Examination.

Our responsibility is to prepare accounts upon the basis of the information supplied to us, without conducting any formal scrutiny.

No statement of opinion

We have not carried out any audit procedures and have relied upon information supplied to us by the Trustees, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently we do not express an audit or other assurance opinion on the view given by the accounts.



Shahid Majid FCCA

Independent Accountant
69 Icknield Drive
Essex IG2 6SE

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Statement of Financial Activities for the year ended 26 July 2022

	Unrestricted Funds 2022	Restricted Funds 2022	Total Funds 2022	Total Funds 2021
Income and endowments from:				
Donations and legacies	37,905	30,363	68,268	63,114
Other trading activities	9,752	-	9,752	5,005
Total	<u>47,657</u>	<u>30,363</u>	<u>78,019</u>	<u>68,119</u>
Expenditure on:				
Raising funds	16,826	30,363	47,188	41,779
Charitable activities	865	-	865	1,549
Total	<u>17,691</u>	<u>30,363</u>	<u>48,053</u>	<u>43,328</u>
Net income/(expenditure)	<u>29,966</u>	<u>-</u>	<u>29,966</u>	<u>24,791</u>
Net movement in funds	29,966	-	29,966	24,791
Reconciliation of funds:				
Total funds brought forward	36,598	-	36,598	11,807
Total funds carried forward	66,564	-	66,564	36,598

All activities derive from continuing activities

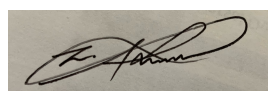
The notes attached on pages 12 - 13 form an integral part of these accounts.

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Balance Sheet as at 26th July 2022

	Notes	26-Jul-22	26-Jul-21
Current assets:			
Cash at bank and in hand		79,964	59,998
Total current assets		<u>79,964</u>	<u>59,998</u>
Liabilities:			
Creditors: Amounts falling due within one year		11,400	8,400
Net current assets or liabilities		<u>68,564</u>	<u>51,598</u>
Total assets less current liabilities		68,564	51,598
Creditors: Amounts falling due after more than one year			
Creditors: Amounts falling due after one year	4	2,000	15,000
Total net assets or liabilities		<u>66,564</u>	<u>36,598</u>
The funds of the charity:			
Unrestricted funds - General Reserve	5	55,564	25,598
Designated Reserves	5	11,000	11,000
Total charity funds		<u>66,564</u>	<u>36,598</u>

Mr Zahid Ahmed
Trustee
Approved on 23rd May 2023



The notes attached on page 10 form an integral part of these accounts.

Notes to the accounts for the year ended 26th July 2022

1 Accounting Policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW), effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Purposes for which the funds are allocated

All the funds accumulated to date are unrestricted and as such are held to meet the objectives of the charity and to provide reserves for future activities. Whilst it is possible that a portion of these unrestricted funds could be designated for specific projects in the future, it is currently not the case. The trustees aim to build up sufficient reserves to be able to meet six months of running costs for the charity.

4 Liabilities due after more than year

The sum stated under this heading represents long-term loans from donors to the charity, and are due for repayment by December 2022.

5 Movement of Funds

Fund	Balance at 27 July 2021	Income	Expenditure	Transfers	Balance at 26 July 2022
Unrestricted funds					
General reserves	25,598	47,657	-17,691	-	55,564
Designated reserves	11,000	-	-	-	11,000
Restricted funds	-	30,363	-30,363	-	-
Total	36,598	78,019	-48,053	-	66,564