



Fightback Charity

Society of Disabled Refugees and Asylum Seekers

Accounts

April 2021

Trustees' Annual Report for year 2020/2021

Overview

Fightback was formed in Sunderland in 2004 as a multicultural, one-stop, holistic, user-led, not-for-profit organisation. Fightback continues to be one the only a few projects that works with people who experience multiple disadvantages arising out of intrinsic factors, such as, disability, race, ethnicity, language, cultural barriers and immigration status.

Fightback charity provided a range of practical, social and educational services and activities to refugees, asylum seekers, failed asylum seekers and other BME and marginalised groups.

Fightback's holistic approach aims to improve the mental health and the well-being of our clients by involving, supporting and engaging marginalized and disadvantaged individuals, facilitating autonomy, building confidence, reducing social isolation, and promoting integration into the wider community and community cohesion.

Pre-Covid19 Practical and Social Activities and Services

Drop-in Service

Fightback provides practical support in the form of advice, information, advocacy, mediation and representation on behalf of clients, with a wide range of businesses, companies and organisations, such as, Asylum Support, Immigration Help, Mears, Hospitals, GP's, Social Services, Immigration, Solicitors, DWP (job centres and benefits, PIP, ESA, CB), Housing providers, DVLA, Schools, Councils, Utilities, Debt agencies, Schools, Colleges, Universities, Employment Agencies and the Police etc.

Form Filling

Fightback Charity reads and write letters on behalf of clients with language or cognitive difficulties and fills in a variety of forms including: Housing application forms, housing benefit and council tax benefit, PIP, DLA, Universal Credit, ESA forms including medical questionnaire forms, driving licence, Passports, etc.

Additionally, clients have access to phones, computers, photocopying, reading and writing letters with the use of interpreters where required. Creating CV's, Job Searches, applying for Jobs, college and university courses, Universal Credit and other welfare benefit applications and updates.

As the majority of our clients struggle with language, social, physical or mental health issues and often arrive in an agitated or anxious state. These practical services provide clients with information, increase their knowledge and understanding, reduce stress and anxiety, improve educational and employment opportunities and overall increase their autonomy, self-esteem and mental health wellbeing. Our clients often say that knowing they can access the help they need in a friendly and welcoming environment, quickly and confidentially.

Practical Transition (Move On) Support

Fightback has continued to help asylum seekers through the transition period from being granted refugee status to becoming a British Citizen. We have worked closely with Sunderland Council on understanding their new housing guidelines and continue to work closely with the Gentoo Housing group on the registering of new clients requiring accommodation. Gentoo Housing association attended our drop in on a regular basis to help clients who were experiencing difficulties with their tenancies and to support new refugees to register for homes, including applying for housing benefit. Fightback continued to help clients with the transition from the NASS support system to apply for either, college courses, university courses, employment, or ESA, JSA and Universal credit, updating Universal Credit Journals, creating CV's, and job searches. Fightback also helped clients navigate a range of other everyday requirements, such as, utility companies, council benefits, school registrations for their children, driving licenses and pass ports to sourcing furniture.

Befriending Service

Fightback provides a weekly befriending service where allow people to come together from all communities to make friends. It also enables people to connect with others from their own ethnic communities who can offer support, advice and reassurance which is especially important for new arrivals here who often feel isolated. Our clients can access social support, free tea and hot coffee, hot and cold snacks, and access to IT services in safe and welcoming environment.

Coffee Morning

Fightback's coffee morning provides a range of hot and cold snacks at the coffee morning, such as, tea, coffee, drinking chocolate, dilute juice, fresh fruit, sandwiches, cheese and crackers, cakes, crisps, nuts, biscuits, toast and soups, ensuring that some of our isolated clients can have hot food.

The aim of these activities is to reduce social isolation and disadvantage, promote social inclusion, integration and healthier lifestyles amongst these user groups by engaging, supporting, building confidence, facilitating autonomy, increasing knowledge and life skills, and promoting community cohesion through the provision of information and education. Clients report that the coffee morning, befriending service and drop-in service provide are a life-line, often the only social interaction they have each week and state that they feel it is a safe, warm, welcoming environment where they can meet people, make friends, share experiences and also access help.

Educational Services

Fightback also provided a range of small classes and one to one sessions and discussions on issues, such as, HIV, Hep B, TB, Diabetes Awareness, Healthy Eating, creating CV's and helping with Job Searches. These sessions serve to educate, increasing knowledge, and improve life chances and skills.

Food Parcels

Fightback also provide weekly high protein food parcels, to failed asylum seekers, the destitute, and low-income families.

Our food parcels vary from week to week and often include, Rice, pasta, tinned: tomatoes, beans, kidney beans, spinach, potatoes, soups, peas, oil, tuna, sardines, pilchards, corned beef, assorted fruit, sugar, tea bags etc. These provisions are a lifeline to many of our clients and each food parcel contains enough food for at least one good meal per day.

Additionally, when funds allow, we also distributed a range of hygiene products each month which has proved to be very popular with families.

Operationally

Fightback collects and collates a range of qualitative and quantitative data relating to all areas of our work, including client feedback forms, questionnaires and attendance records relating to the numbers of people accessing each of our services. This enables us to assess if our clients are happy with the service, and how it can be improved etc. We hold regular meetings to review client's needs, time management, utilization of staff and volunteers, finances, and the relevance and sustainability of our services to maximize the benefits to our users and the project.

Working in Partnership

Fightback promotes its activities and services on our website and Facebook page, and provides leaflets in English, French, Kurdish, Arabic and Farsi, to other community projects, doctor's surgeries, hospitals, churches, the council, housing office and social services.

Fightback continues to work in partnership with other local projects, organisations, institutions and agencies and is part of the larger Connect and BME networks. Fightback actively engages with other organisations, such as, Gentoo Housing Association. Young Asian Voices, Friends of the Drop In, Police, Fire Brigade, ICOS (International Community of Sunderland), Body Positive NE, International Centre, local health and mental health services, City of Sanctuary, Bethany Church at Bede Tower, other churches, Tyne and Wear Fire services, etc. This is important as we get the opportunity to promote our services, take referrals, share information and areas of good practice.

Our clients often find out about Fightback via asylum literature or are often referred to us by other community and BME groups, local hostels, social services and doctors who feel that the client is experience difficulties accessing the help they need. However, most of our clients are directed to our services by current or previous clients (word of mouth) illustrating that our clients are confident of our ability to help others and are happy to promote our service.

Covid19 Pandemic

Lock Down Plan and Action

In March 2020, it was clear that the Covid19 pandemic was now a significant threat to public health. On 17/ 03/ 2020, Fightback held a committee meeting and decided that as our clients have complex physical and mental health issues and are therefore considered to be vulnerable, it was necessary to temporarily suspend our coffee morning, befriending service and drop-in to minimise the risk of transmitting the virus.

However, as all the other partner organisations within the refugee network were closing their doors, we did not feel that it was in the best interest of our clients who are already some of the most vulnerable sections of society to close our doors and leave our clients cut off, isolated and without the help and support they need. Fightback Charity stepped up to become a frontline service provider by providing essential food supplies to our existing clients, while also supporting the disabled and elderly in the local community who are having to isolate or shield due to the Corona Virus. We adapted our services in the following ways:

Provision of Food Parcels and Hygiene Products

We continue to distribute and deliver much needed food parcels each week including (fresh, ambient, frozen, dried and tinned foods) to refugees, asylum seekers, failed asylum seekers, BME groups, the destitute, and local elderly and disabled residents who have no family or friends to support them, families on low income or universal credit.

Food Bank Logistics

Since the start of Covid-19 lock down, Fightback staff and volunteers have been working tirelessly Monday to Friday to ensure we have adequate supplies of food to provide our clients. This has included contacting various large supermarket chains to see if they can supply the amount of food we needed given that they placed restrictions on the amount of food due to panic buying. For the first 3 months it was impossible to get more than between 3 or 6 items of each product. As a result, our volunteers were constantly going between ASDA, ALDI, LIDL, Morrison's, Tesco's and Sainsbury's on a daily basis to buy the maximum amounts of food we needed for our food parcels. In recent months we have secured regular supplies in large quantities of different foods through Sainsbury's. Sunderland Council are also kindly supporting our foodbank by paying for additional food supplies via Fare share.

Food Parcel Collections and Deliveries

Covid 19 has created exceptional circumstances, as since the outbreak the demand for food parcels and hygienic products has increased from 34 to 100+ parcels a week. A standard Food parcel will have a mixed selection of basic meal base makers, such as, Rice, Pasta and Potatoes, a selection of difference fresh vegetables and fruit, tinned foods such as tuna, ham, corned beef, beans and tomatoes, and every day essentials, such as, eggs, milk, bread, teabags etc, with food parcels varying in size according to the size of the family, to ensure that people have enough food for at least one nutritious cooked meal per day. People struggled to get supplies for various reasons, such as:

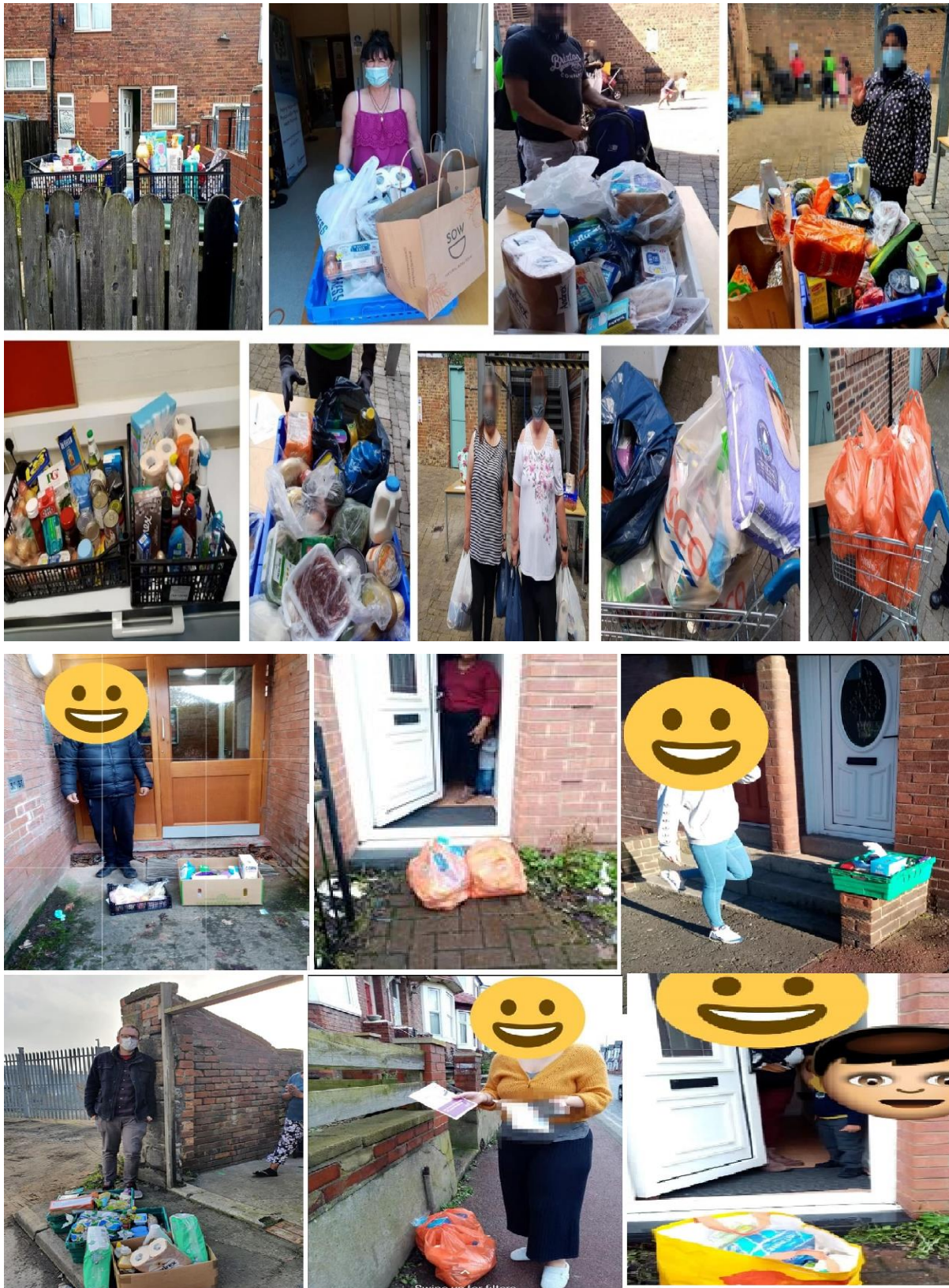
- Other drop-in centres in Sunderland have suspended their services during this crisis and people who would of normally attended and had refreshments a couple of times per week can no longer access those services.

- Many of our clients are homeless, destitute, have no recourse to public funds or are on the most basic of incomes, and often have no bank accounts or bank cards and are therefore unable to buy cheaper food on line, further reducing their buying capacity.
- A number of the elderly, disabled and vulnerable people in the local tower blocks have been forced to isolate or shield and have no families or friends to help and support them at this time, therefore Fightback is helping to provide them with food.
- Asylum seekers cannot order food online as they cannot use their Aspen cards.
- The majority of our clients have either no means of support at all or have a basic income of around £37/39 pounds per week.
- The prices of the foods have also increased due to many people panic buying and supermarkets increasing their prices which is also further reducing their buying capacity.
- Many of our clients have complex physical and/or mental health issues and have to self-isolate to protect themselves from getting the Corona Virus.
- Families with children on low incomes, universal credit, furloughed, or became unemployed were also struggling to buy food.

Since the outbreak until April 2021, we have provided 4,776 Food Parcels to Single people and Families with children.

The following photos illustrate the work we are doing and the wide range of single people and families we help, including deliveries to the disabled, elderly, those who are shielding or live on the outskirts of Sunderland and are unable to travel on public transport due to the virus or lack of funds to do so. We currently have clients throughout Sunderland and some clients in Gateshead, Newcastle, Washington, Fence Houses, Houghton-le-Spring, Hebburn, Murton and South Shields.





Food Parcels Referrals

Fightback continues to receive referral from other agencies, such as, the Red Cross, FODI, Churches, Sunderland City of Sanctuary, Council and Charities.

Remote Practical Services

In March 2020, all clients were contacted and provided with various remote options for contacting Fightback to maintain contact and access advice, support, help and reassurance during this time to help them through this isolation period where possible remotely on a daily basis even during weekends. Some urgent issues have to be dealt with face to face, in these cases an appointment is made and clients are seen with all government safety measures in place. As a result, we were able to continue to:

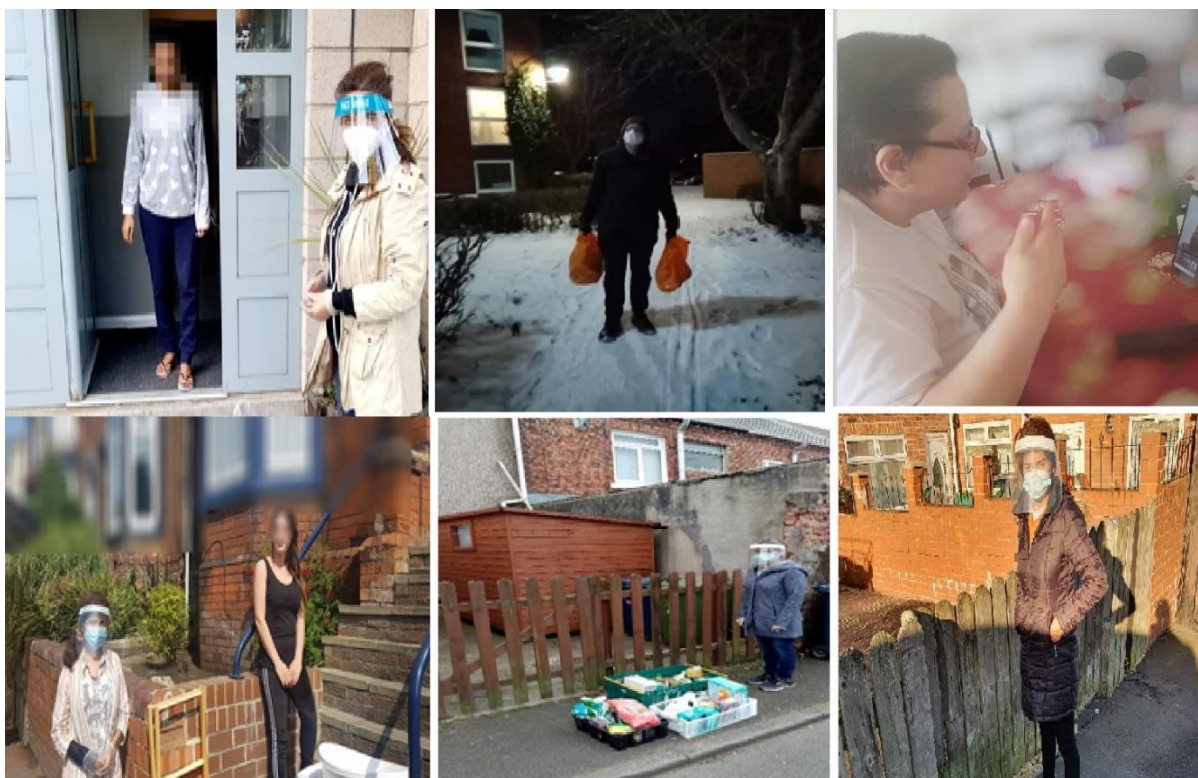
- Filled in paper and online forms, including: Housing applications, housing and council tax benefits, PIP, DLA, Universal Credit, ESA forms, including medical questionnaire forms, school transfer forms, child benefit forms, PIP, Mandatory reconsiderations, Genuino home application forms, update HC1/2 forms, driving licences, immigration forms, residence permits, references, passports and updated universal credit journals etc.
- Contact different agencies on behalf of clients, including Councils, Social Services, other Charities, Homeless referrals, Solicitors, Schools, Migrant Help, utility providers etc.
- Read and create letters and send them to various places on behalf of clients remotely.
- Kept in contact and provided advice on a range of subjects and reassurance to clients via Phone, Text, Whatsapp, video calls and Facebook.
- Dealt with other issues that have arisen due to covid-19, such as, ensuring asylum children could access Free School Meals and arranging essential travel for biometric purposes.
- Provide information and advice on a range of issues.
- Signpost clients onto other services where necessary.
- Deal with urgent immigration issues, client's cases and emergency accommodation.
- Provide support and reassurance via these formats.
- Dealt with other issues that have arisen due to covid-19, such as, ensuring asylum children could access Free School Meals and arranging essential travel for biometric purposes.
- Maintained vital support via Zoom and Whatsapp Video for clients who had COVID-19 on a daily to make sure they were alright or needed further urgent medical support.

- Responded to texts and requests for chats to let our clients know they have someone to turn to, even if it's only to hear another voice on the other side of the phone. (this is very important for clients who have anxiety or mental health issues)
- Send out regular updates via text and Facebook to let our clients know that the provision of food parcels was continuing during these trying times
- Since the first lock down in March 2020 until April 2021 we have dealt with 1,218 enquiries.

Remote Befriending

Fightback adapted its befriending service to maintain contact through remote means to provide ongoing help, support and reassurance via, phone, text, Whatsapp, Facebook, Messenger and Zoom.

- Keep contact with the clients who had a Covid19 to provide them firstly with reassurance and moral support, but also advice on breathing techniques, eating, drinking and medications that help them to recover quickly.
- Responded to texts and requests for chats to let our clients know they have someone to turn to, even if it's only to hear another voice on the other side of the phone. (this is very important for clients who have anxiety or mental health issues)
- Send out regular updates via text and Facebook to let our clients know that the provision of food parcels was continuing during these trying times.
- Deliver food parcels and hygienic product to clients who were shielding or isolating due to Covid19.
- Visited our elderly clients from behind the window or at a distance to give them food parcels and make sure they were okay.
- Help clients with getting their prescriptions.



Reinstating our face-to-face services

Drop

In July 2020, it became apparent that the lockdown was having devastating effects on the mental health of our clients. With this in mind Fightback responded by reinstating our face to face services (by appointment only) in line with Government and Public Health Guidelines to ensure that clients could receive the practical help, advice and support they needed. However, our number one priority remained the safety and well-being of all our clients, staff and volunteers, therefore, we ensured that all necessary precautions were in place, such as, social distancing measures, protective Perspex desk barriers, face masks, face shields, rubber gloves and hand sanitizers for staff, volunteers and clients.

The Table below shows the amount of people we have helped since our drop in was reinstated from 13/7/20 to 02/04/2021.

Drop_in	Advice	Advocacy and Mediation	Form Filling	Signposting
458	306	117	63	51



Coffee Morning

As lock down was clearly having a negative impact on the mental health wellbeing of many of our clients we sort permission to use the large courtyard outside in July 2020 in order to reinstate our coffee morning to help to try and in-still a sense of normality to promote mental health wellbeing amongst our user groups.

Fightback initially adapted its coffee morning by holding it outside in the courtyard, to ensure that safe distancing measures were maintained. This was vitally important as the aim of the coffee morning is to reduce social isolation and promote social inclusion. It also enables our clients to enjoy a range of hot and cold refreshments, such as, tea, coffee, drinking chocolate, dilute juice, fresh fruit, sandwiches, cheese and crackers, cakes, crisps, nuts, biscuits, toast and soups, ensuring that some of our isolated clients can have hot food as this maybe the only hot food they have that day.

Many families and single parents with children attended our coffee morning illustrating that people needed to socialize. (35 to 40 people attended per week, staggered through the day to avoid people congregating).

We have received positive feedback from our clients who are so happy to be able to get out again in a safe and relaxed atmosphere.



Unfortunately, further lock down restrictions prevented anyone from gathering and forced us to adapt the service again. Fightback responded by providing refreshments on a takeaway basis.



Free Hair Cuts

Since 30th July one of our volunteers has provided free haircuts for our clients in the courtyard outside our premises in line with Government and Public Health guidelines. Our clients have

many challenges to face, one of them often being low self-esteem. A haircut can have a great effect on someone's self-esteem, by giving them a real boost and feel good about themselves.



Volunteers and Volunteering Opportunities

We have 15 committed volunteers on rotation who organise and run our weekly coffee morning, befriending service and drop-in services, collecting, packing, distributing and delivering food parcels. Fightback is a continuously evolving user led project that actively encourages user participation at every level and to take up various roles within the project, such as, acting as trustees and using their skills and competencies for the benefit of the whole project. Whether it is simply giving their time to help organise and run the coffee morning, befriending or drop-in service, provide or enhance their clerical skills and IT support, use their bilingual or multilingual skills to act as an interpreter or assemble and distribute food parcels. User participation through volunteering is essential as it helps us to continue to provide a wide range of services that are responsive to the needs of the users themselves. Also, providing our clients/users with volunteering opportunities also helps them to gain new or enhance transferable skills which they can then use to secure paid employment, college or university courses and Fightback is always happy to provide volunteers with references.

Refugees Got Talent 2020

Unfortunately, in 2020, due to the Covid19 Pandemic, Fightback's contribution to 'Refugee Week' activities, 'Refugees Got Talent' sadly had to be cancelled. This collaborative event has proven to be hugely popular, attracting a massive 250 people from 33 different countries

in 2019. However, Fightback participated in the walk that was organised by 'City of Sanctuary' around Sunderland's landmarks with 2 metres distancing in place.

Christmas Party 2020

Fightback's Christmas Party was also unable to go ahead, however, in anticipation of a radically different Christmas experience Covid19 had inflicted on the nation, Fightback worked hard to secure funding and donations to enable us to provide family sized food hampers with extra festive items, such as chocolates, biscuits and puddings etc. We also ensured that families with children received presents for each child which included a pair of pyjamas, a toy and chocolates, and for older children a hoody, toiletry set and chocolates. (for 70+ children).







Table Top Day

We held a clothing, toys and house hold items morning for anyone in need. With everyone attending adhering to distancing rules, wearing of masks and gloves.



Working in Partnership

Although many other organisations have closed down to the general public and their clients due to Covid-19, Fightback has maintained contact with these agencies and engages in regular updates, urgent case referrals and collaborations behind the scenes via Zoom and Teams meetings with various charities, organisations and agencies, such as, NERS and the wider Connect network, MEARS, FODI, City of Sanctuary, ICOS, Action Foundation and Sunderland City Council.

Medical Placement:

Fightback has been working with Sunderland University and have three year 2 medical students assigned to our Charity as part of their community placements.

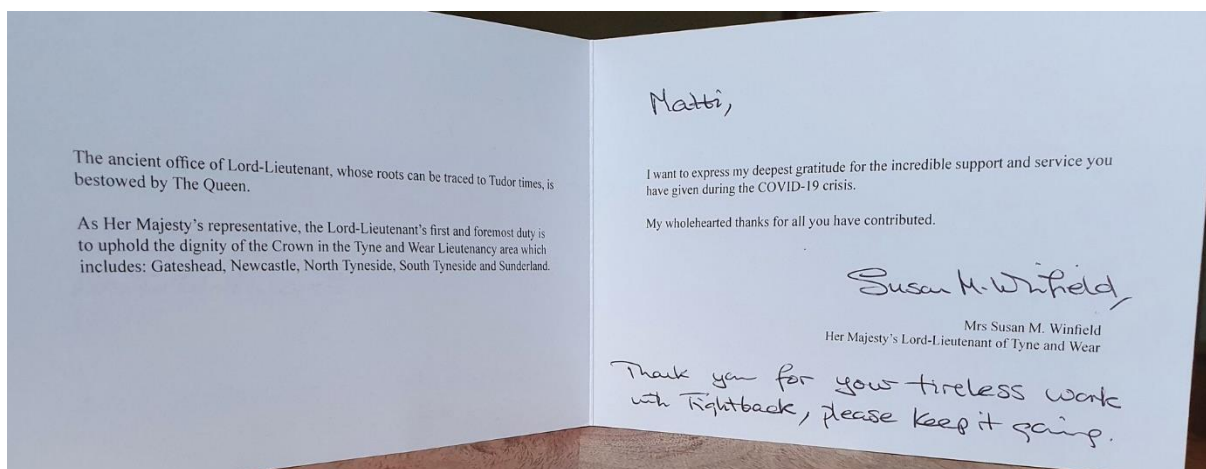
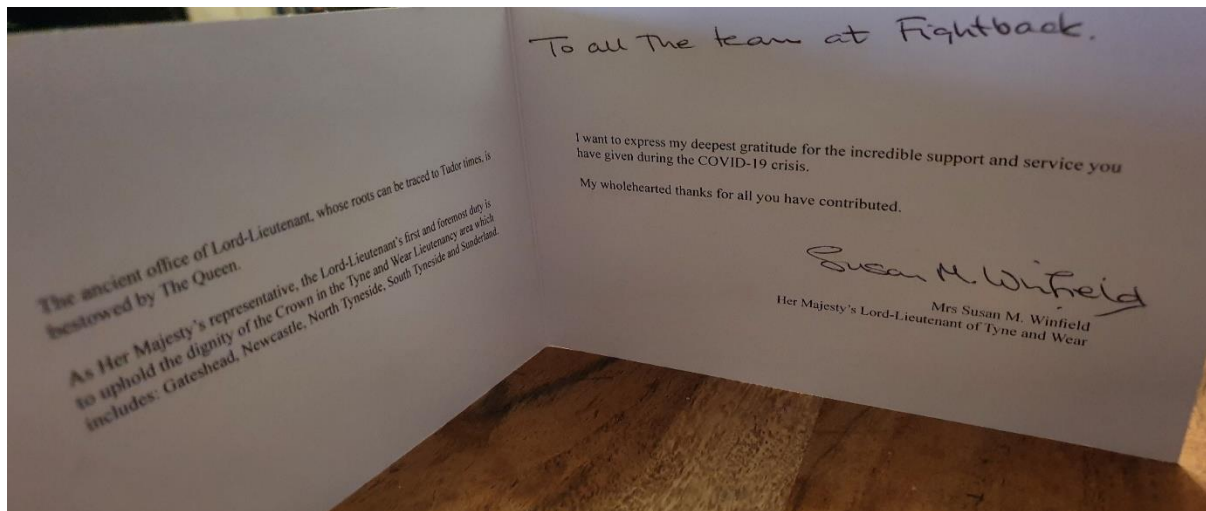
The students have visited our organisation on a few occasions and observed our activities, interacted with volunteers, did some background research and Interviewed Fightback Charity Chairperson.

The students also spoke to 3 three of your clients/ service users, to gain insight into the experiences of refugees, asylum seekers and minority ethnic groups. They used this experience and learning and write a reflective assignment.

Formal Recognition

In July 2020 and October 2020 Fightback received formal recognition of its hard work during the lockdown from Mrs. Susan M. Winifield, Her Majesty's Lord Lieutenant.





Funding

National Lottery Community Fund

In Nov 2016, National Lottery Community Fund kindly donated £125.770 in funding from the National Lottery Community Fund. This five-year grant was given to part fund the project for the salary of our existing part-time manager and accommodation rental and accountancy. This grant ends in November 2021.

Grant Uplift

In March/April we saw a substantial increase in demand for the food parcels to both our regular clients and other elderly and vulnerable local residents and we do not turn anyone in need away.

Most of our clients are unable to access food from the Sunderland food bank because their clients are referred by social services, the CAB or they have to be issued with a voucher by the council.

Our funding officer Clair Docherty contacted us to discuss the possibility of uplifting our grant with the National Lottery to support our 'Lockdown' initiatives/activities for which were kindly granted £12,000. This was secured to be able to increase our storage facilities, such as, the purchase of a large capacity freezer and large capacity larder/fridge, as well as further funding for more food parcels which enabled us to buy ambient, fresh and frozen foods, such as milk, butter, eggs, vegetables and meats for our clients. Additionally, we were also able to provide much needed items included toiletries/hygiene products for our client's and Safety Wear for staff and volunteers.

Gaining this uplift funding enabled us to continue to deliver vital support and helped us to make a real difference to our clients and the local community during these unprecedented times, by ensuring that anyone who came forward requesting support was helped.

Fundraising 2020-2021

- National Lottery Grant Uplift
- Jill Franklin trust
- Postcode Neighbourhood Trust
- City of Sunderland Council
- City of Sunderland Council Crowdfund Sunderland
- Barbour Trust donated
- Cadburys
- Hilden Charitable Trust
- Souter Charitable Trust
- Community Foundation Giving Network
- Community Foundation P&G
- Community Foundation Grigor McClelland
- Community Foundation P&G
- Community Foundation, Covid
- Disability Action
- Hilden Charitable Trust
- The Edward Gosling Trust

- Groundwork (Tesco Covid help)
- CAF
- Crowdfunder Ltd
- Cash Philanthropy Donation
- PayPal Philanthropy Donation
- Sunderland City Council provided Fightback with £600 Tesco Care Package Vouchers for the purchase of hygiene products to distribute to our clients.
- Sunderland City Council also provided Fightback with 100 resilience and 100 gift cards which were distributed amongst families with limited resources and single people with no recourse to public funds.
- Fightback is currently being supported by Sunderland City Council with Fareshare donations which help us to provide a wide range of food products in our food parcels.
- The SVP in Newcastle have also provided Fightback with a range of food, pre-used clothes, toys, and household goods which we redistribute amongst the local community.
- In kind direct #commUNITY has gifted Fightback £200 credit towards online purchases, which been spent on hygiene products.

March 2021 and Beyond

Fightback was created in 2004, as a holistic, one-stop, user-led, multicultural project that provides a range of support services and activities to some of the most disadvantaged sections of society. The National Lottery has been an avid supporter of the Fightback Charity for nine years now. Fightback is a small charity that is making a 'Huge' impact on people's lives as we are one of the most responsive and best value for money charities in the North East Region. Earlier this year Covid-19 presented the world with an unknown virus with the potential of being the deadliest pandemic since 1918. As a result, the UK was plunged into what can only be described as emergency lockdown measures, with millions of elderly, disabled and vulnerable people being forced to shield. With the vast majority of other charities, organisations and community groups closing their doors, the initial thought was to follow suit. However, after discussing the prospect with the management committee, it was decided that the impact of closing would far more damaging to those who rely on our services in terms of their physical, emotional, psychological wellbeing and ability to obtain adequate food supplies. With this in

mind, Fightback staff and volunteers decided to remain open, adapt its services where possible with government safeguarding measures in place, effectively becoming a front-line service. However, as our services were focused on responding to the needs of people due to the pandemic, other initiatives have had to be put on hold, while our ability to respond has afforded us other opportunities.

- Fightback planned to open a charity shop to help us generate an income, however, this plan has been put on hold until it is economically and safely viable to do so.
- Fightback employed a variety of media/online applications to be able to support its clients via Phone, Text, Whatsapp, Facebook, Messenger and Email, and will continue to do so in the future.
- Fightback has increased its presence by opening a Facebook page which has proved to be very popular with clients and supporters alike, as it keeps them up to date with new information about our activities etc.
- Along with this Facebook page we have promoted an online giving page which has already generated some donations.
- Fightback was approached by Sunderland City Council regarding the prospect of providing an outreach for Refugees/Asylum seekers on the outskirts of Sunderland/Washington. (talks will resume once the Covid-19 situation has resolved)
- Our funding with the National Lottery expires in November 2021. However, as our plans to become more self-sufficient have been adversely affected by the need to respond to the Covid-19 situation as a priority. We are hoping that the National Lottery will look favourably upon our efforts, and ability to rise to the challenge of becoming a front-line service provider during this time and would consider a further funding application to enable us to continue our valuable work.

Thank You for your Support.

- To all of our funders for their kind generosity
- Greggs (Union street Sunderland), who provides unsold pastries for our coffee mornings.
- Tesco for donating unsold food.
- Sunderland City Council for financially supporting us with Food share contributions towards our weekly food bank.
- SVP Charity for their kind donations
- Sunderland Police Constabulary Community Officers.
- Northumbria Fire Brigade.
- Chris Howson, Sunderland University Chaplin
- Daniel Alcock at Bethany Church (Bede Tower)
- Fightback charity trustees, staff and volunteers.

Business Information

Committee Members

Chairperson: Diana Lambton

Secretary: Sabina Bain

Treasure: Claudia Conteh

Committee Member: Monique Gorvel

Committee Member: Naghey Amine Masola

Committee Member: Mohammad Azizi

Committee Member: Mahmood Sharif Rahim

Committee Member: Janet Nalweysio

Committee Member: Daniel Pearce

Committee Member: Ali Mirzaei

Accountants

Accountability

Nautilus House, Durham Rd, Birtley, Chester-le-Street DH3 2PA

Bankers

4 Brindley Pl, Birmingham B1 2JB

Address

Fightback (Society for Disabled Refugees and Asylum Seekers)

Registered Charity; Charity number: 1168874

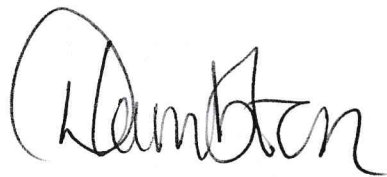
Units 4-6. Eagle Building High Street East Sunderland SR1 2AX.

Phone: 01915652707

Fightback

Approval statement

I approve these accounts which comprise the Income and Expenditure Account, the Balance Sheet and the related notes. I acknowledge my responsibility for the accounts, including the appropriateness of the accounting basis as set out in note 1, and for providing all the information and explanations necessary for their compilation.

A handwritten signature in black ink, appearing to read 'Diana Lambton'. The signature is written in a cursive, flowing style with a large initial 'D'.

Diana Lambton

27 September 2021

Fightback

Accountants' report to the members on the unaudited accounts to Fightback

You have approved the accounts for the year ended 31 March 2021 which comprise the Income and Expenditure Account, the Balance Sheet and the related notes. In accordance with your instructions, we have compiled these unaudited accounts from the accounting records and information and explanations supplied to us.



Accountability
Accountants

Nautilus House
Durham Road
Birtley
County Durham
DH3 2PA

27 September 2021

**Fightback
Income and Expenditure Account
for the year ended 31 March 2021**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Incoming resources	46,777	107,980	154,757	40,517
Resources expended				
Wages, salaries and other staff costs	72	23,099	23,171	16,819
Travel, volunteer expenses & consumables	-	7,376	7,376	6,173
Rent, rates, power and insurance costs	276	8,127	8,403	5,633
Telephone, fax, stationery and other office costs	826	1,824	2,650	1,199
Food parcels	811	40,713	41,524	8,039
Bank, credit card and other finance charges	52	92	144	144
Accountancy, legal and other professional fees	-	558	558	577
Other business expenses	1,130	2,061	3,191	1,161
	3,167	83,850	87,017	39,745
Surplus	43,610	24,130	67,740	772
Balance brought forward	1,534	2,074	3,608	2,836
Balance carried forward	45,144	26,204	71,348	3,608

**Fightback
Balance Sheet
as at 31 March 2021**

	Notes	2021 £	2020 £
Current assets			
Bank/building society balances		71,269	3,555
Cash in hand		79	53
		<u>71,348</u>	<u>3,608</u>
Net current assets		71,348	3,608
Net assets		<u>71,348</u>	<u>3,608</u>
Accumulated fund			
Balance at start of period		3,608	2,836
Net surplus	3	67,740	772
		<u>71,348</u>	<u>3,608</u>

Fightback
Notes to the Accounts
for the year ended 31 March 2021

1 Accounting basis

The accounts have been compiled on a basis that enables surpluses to be calculated in accordance with UK Generally Accepted Accounting Practice and that provides sufficient and relevant information to enable the completion of a tax return if necessary.

2 Income and Expenditure account analysis

	Unrestricted Funds £	Restricted Funds £	2021 £	2020 £
Incoming resources				
Fundraising	46,777	107,980	154,757	40,517
	46,777	107,980	<u>154,757</u>	<u>40,517</u>
Wages, salaries and other staff costs				
Wages and salaries	-	15,036	15,036	11,275
Pensions	-	1,750	1,750	1,460
PAYE & NI	-	6,313	6,313	4,084
Building Capabilities				
Training & Development & Networking	72	-	72	-
	72	23,099	<u>23,171</u>	<u>16,819</u>
Travel, volunteer expenses and consumables				
Consumables for coffee mornings	-	-	-	2,087
Volunteer general expenses	-	7,376	7,376	4,086
	-	7,376	<u>7,376</u>	<u>6,173</u>
Rent, rates, power and insurance costs				
Rent	-	6,175	6,175	5,043
Rates	276	-	276	318
Property insurance	-	318	318	272
Expensed equipment	-	1,634	1,634	-
	276	8,127	<u>8,403</u>	<u>5,633</u>
Telephone, fax, stationery and other office costs				
Telephone and fax & stationery	358	682	1,040	463
Stationery and printing	298	214	512	736
Software	170	928	1,098	-
	826	1,824	<u>2,650</u>	<u>1,199</u>
Food parcels				
Food parcels	-	36,298	36,298	7,108
Cash donations to failed asylum seekers	-	20	20	426
Toiletries for failed asylum seekers	811	4,395	5,206	505
	811	40,713	<u>41,524</u>	<u>8,039</u>
Bank, credit card and other finance charges				
Bank charges	52	92	144	144
	52	92	<u>144</u>	<u>144</u>
Accountancy, legal and other professional fees				
Accountants fees	-	558	558	527
Other legal and professional	-	-	-	50
	-	558	<u>558</u>	<u>577</u>
Other business expenses				
Other sundry costs	-	65	65	196
COVID-19 Related costs	135	1,996	2,131	-
Christmas Celebrations	995	-	995	965
	1,130	2,061	<u>3,191</u>	<u>1,161</u>

Fightback
Notes to the Accounts
for the year ended 31 March 2021

3 Restricted funds

	Balance as at 1 April 2019 £	Incoming £	Transfer Between Funds £	Outgoing £	Balance as at 31 March 2020 £
Big Lottery Fund Grant	1,212	23,180	-	18,205	6,187
National Lottery Uplift	-	12,000	-	12,000	-
Jill Franklin Trust	-	18,000	-	16,229	1,771
Community Foundation-Grigor McClelland Fund	-	5,000	-	5,000	-
Community Foundation-Covid	-	10,000	-	10,000	-
Postcode	-	20,000	-	2,767	17,233
Groundwork (tesco Bag of help)	-	500	-	500	-
Neighbourly	-	400	-	400	-
The Edward Gostlin	-	2,500	-	2,500	-
Community Foundation-Northumbrian Water	862	-	-	862	-
Community Foundation P&G	-	1,900	-	1,900	-
Disability Action	-	4,500	-	3,487	1,013
Cadburys	-	10,000	-	10,000	-
	<u>2,074</u>	<u>107,980</u>	<u>-</u>	<u>83,850</u>	<u>26,204</u>



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Fightback

On accounts for the year
ended

30/04/2021

Charity no
(if any)

1168874

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 / 04 / 2021.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

28/09/2021

Name:

Mrs Erika Younger M.A.A.T

Relevant professional
qualification(s) or body
(if any):

Association of Accounting Technicians

Address:

208 CHESTER ROAD
SUNDERLAND



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Fightback

On accounts for the year
ended

30/04/2021

Charity no
(if any)

1168874

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Signed:

Date:

28/09/2021

Name:

Mrs Erika Younger M.A.A.T

Relevant professional
qualification(s) or body
(if any):

Association of Accounting Technicians

Address:

208 CHESTER ROAD
SUNDERLAND