

FIT 4 FUTURE FOUNDATION

England & Wales · Charity number 1168854

Details

Status Registered

Legal form CIO

Registered 2016-08-22

Register [View on the Charity Commission register](#)

Contact

Address 30 Clayhill Crescent
London
SE9 4JB

Phone 07852174147

Email info@fit4futurefoundation.org

Website www.fit4futurefoundation.org

Activities

Objects: 1) FOR THE PUBLIC BENEFIT THE ADVANCEMENT OF EDUCATION IN NUTRITION AND THE ADVANCEMENT OF PHYSICAL EDUCATION. 2) THE ADVANCEMENT OF HEALTH OR THE SAVING OF LIVES. 3) THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGES. 4) THE PREVENTION OR RELIEF OF POVERTY.

Activities: Fit 4 Future Foundation operates mainly in South London, working closely with schools in providing exercise sessions and healthy lifestyle workshops.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-15	£105,406	£31,843	-	-
2024-07-15	£105,375	£55,901	-	-
2023-07-15	£6,226	£20,442	-	-
2022-07-15	£59,574	£43,608	-	-
2021-07-15	£58,715	£58,626	-	-
2020-07-15	£35,322	£21,855	-	-

Trustees

Name	Role	Appointed
ENIOLA ALEBIOSU	Chair	2016-08-16
OLUDOLAPO OKUSANYA		2016-08-16
Rebecca Jayne Green		2026-01-12

Accounts

**FIT 4 FUTURE FOUNDATION YEAR END ACCOUNTS
FOR THE YEAR TO 15.07.25**

Total Funds

Receipts

Lewisham Council HAF Funding	9,700
Croydon Council HAF Funding	25215.63
Bromley Council HAF Funding	27565.60
Misallocated Council HAF Funding	31374.67
Total receipts	<u>105,406.40</u>

Payments

Workshop Staff / Contractor Staff Invoice Payments	14908.90
Lettings Fees	13,887.50
Catering Company Services	3047
Total payments	<u>31,843.40</u>

Surplus/Defecit for the year

73,563

STATEMENT OF ASSETS & LIABILITIES ON 15 JULY 2025

Assets:

Cash at bank and in hand -

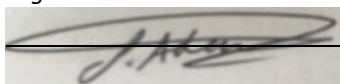
Liabilities:

None

These accounts were approved by the Trustees at a meeting on

29/05/2025

Signature



Name

Adesegun Adeniji

Role

Chair



Eniola Alebiosu

Treasurer

Accounts

**FIT 4 FUTURE FOUNDATION YEAR END ACCOUNTS
FOR THE YEAR TO 15.07.23**

	Total Funds
Receipts	
Funding	417.00
Sponsorship Events	2543.00
Online donations	<u>3265.54</u>
Total receipts	<u>6225.54</u>
Payments	
Workshop Staff Payments / Invoice Payments	13,698.00
School Hire Fee	5,400.00
Equipment / Product Purchases	0.00
Refunds	56.00
Provider Services	35.00
Marketing and publicity	<u>1,252.57</u>
Total payments	<u>20,441.57</u>
Surplus/(deficit) for the year	<u>-14,216.03</u>

STATEMENT OF ASSETS & LIABILITIES AT 15 JULY 2023

Assets:

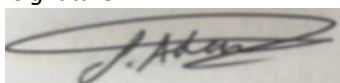
Cash at bank and in hand	<u>14,176.12</u>
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Liabilities:

None

These accounts were approved by the Trustees at a meeting on 29/05/2023

Signature



Name

Adesegun Adeniji

Role

Chair



Eniola Alebiosu

Treasurer

Accounts

**FIT 4 FUTURE FOUNDATION YEAR END ACCOUNTS
FOR THE YEAR TO 15.07.22**

	Total Funds
Receipts	
School PPA Cover	4,000.00
Funding	25,020.00
Online donations	30,553.94
Total receipts	<u>59,573.94</u>
Payments	
Workshop Staff Payments	26,102.50
School Hire Fee	4,360.00
Equipment / Product Purchases	100.93
Refunds	369.05
Provider Services	11,350.00
Marketing and publicity	1,325.57
Total payments	<u>43,608.05</u>
Surplus/(deficit) for the year	<u>15,965.89</u>

STATEMENT OF ASSETS & LIABILITIES AT 15 JULY 2017

Assets:

Cash at bank and in hand

-

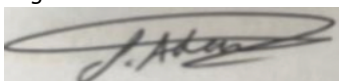
Liabililites:

None

These accounts were approved by the Trustees at a meeting on

05/05/2023

Signature



Name

Adesegun Adeniji

Role

Chair



Eniola Alebiosu

Treasurer

Accounts

FIT 4 FUTURE FOUNDATION YEAR END ACCOUNTS
FOR THE YEAR TO 15.07.21

FIT 4 FUTURE FOUNDATION YEAR END ACCOUNTS
FOR THE YEAR TO 15.07.21

	Total Funds
Receipts	
School PPA Cover / Sponsorship Events	8,750.00
Online donations	49,965.00
Total receipts	<u>58,715.00</u>
Payments	
Workshop Staff Payment	17,782.50
School Hire Fee	3,880.00
Equipment/Product Purchases	35,918.36
Marketing and Publicity	745.51
Refunds	300.00
Total payments	<u>58,626.37</u>
Surplus/(deficit) for the year	<u>88.63</u>
	58,626.37

STATEMENT OF ASSETS & LIABILITIES AT 15 JULY 2021

Assets:

Cash at bank and in hand

-

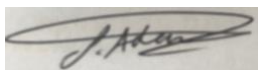
Liabilities:

None

These accounts were approved by the Trustees at a meeting
on

13/05/2022

Signature



Name

Adesegun Adeniji

Role

Chair



Eniola Alebiosu

Treasurer