

**HEARTBEAT NORTHWEST CARDIAC CARE
(A COMPANY LIMITED BY GUARANTEE)
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st DECEMBER 2021**



Registered Charity No: 1168850

Company No: 10195311

Azets Audit Services
Statutory Auditor
Floor 1 Capital House
8 Pittman Court
Pittman Way
Fulwood
Preston
PR2 9ZG

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HEARTBEAT NORTHWEST CARDIAC CARE
REPORT OF THE TRUSTEES – LEGAL AND ADMINSTRATIVE INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2021

Charity Number	1168850
Company Number	10195311
Patrons:	Somnath Kumar Ranvir Singh Derek Smith
Directors and trustees:	Jackie Wilding (Chair) John Dent Jeannie Hayhurst Nigel Sharples Beryl (Bunty) Knowles Jacqueline Marie Chohan Stuart Clayton George Phillip Goodier Phillip Reece
Chief Executive:	Louise Bache
Secretary:	Caroline Dransfield
Clinical Director:	Dr Stewart Jones

HEARTBEAT NORTHWEST CARDIAC CARE
REPORT OF THE TRUSTEES – LEGAL AND ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2021

Registered Office: Heartbeat Northwest Cardiac Care
Preston North End Stadium
Sir Tom Finney Way
Preston
Lancashire
PR1 6PA

Bankers: Royal Bank of Scotland Plc
97 Fishergate
Preston
PR1 2DP

Shawbrook Bank Limited
Lutea House
Warley Hill Business Park
Brentwood
Essex
CM13 3BE

Scottish Widows Bank
PO Box 883
Leeds
LS1 9TY

Legal Advisors: Vincents Solicitors
72 Liverpool Road
Penwortham
Preston
PR1 0DQ

Financial Advisors: Mattioli Woods Plc
Lanson House
Winckley Gardens
Mount Street
Preston
PR1 8RY

Auditor: Azets Audit Services
Statutory Auditor
Floor 1 Capital House
8 Pittman Court
Pittman Way
Fulwood
Preston
PR2 9ZG

The trustees are pleased to present their annual directors' report and the financial statements of the charity for the year ended 31st December 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

Legal and administrative information set out on pages 2 and 3 form part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019).

Structure, Governance and Management

Heartbeat Northwest Cardiac Care is a company limited by guarantee governed by its Memorandum and Articles of Association dated 11th May 2016. It is registered as a charity with the Charity Commission. Trustees are elected from the membership at each Annual General Meeting. The trustees meet regularly at the charity's administrative offices at Sir Tom Finney Way and carry out the governance of the affairs of the charity. The trustees are permitted to appoint officers to act in the day to day management of the charity.

Anyone over the age of 18 who has signed a written declaration confirming support of the objectives and willingness to become a charity trustee of the charity can become a member of the company and there are currently 9 members (7 in 2020), each of whom agrees to contribute £1 in the event of the charity winding up.

The trustees must hold at least two meetings each year. A quorum at a meeting of the trustees is at least two or one third of the trustees in office, whichever is the greater. A meeting of the trustees may be held either in person or by suitable electronic means agreed by the trustees in which all participants may communicate with all the other participants, but at least one meeting in each year must be held in person.

Any issue may be determined by a simple majority of the votes cast at a meeting, but a resolution in writing agreed by all the trustees entitled to receive notice of a meeting is as valid as a resolution passed at a meeting. Every trustee has one vote on each issue but, in the case of equality of votes, the chair of the meeting has the casting vote.

Appointment of Trustees

As set out in the Articles of Association the chair of the trustees is nominated by the trustees. There must be a minimum of three trustees. One third (or the number nearest one third) of the trustees must retire in each year at an Annual General Meeting (AGM), those longest in office retiring first and the choice between any equal service being made by drawing lots. A retiring trustee who is eligible may be reappointed. No trustee may serve more than two three-year terms of elected office, unless by exception the trustees permit an additional term of office for such period as they shall determine, but not exceeding three years. Any time served as a co-opted trustee shall not count when calculating periods of office as a trustee.

The trustees may at any time co-opt any individual who is eligible as an additional trustee, but a co-opted trustee holds office until the end of the AGM held after their appointment.

Directors and Trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law. The trustees and officers serving during the year and since the year end were as follows:

Jackie Wilding (Chair)	
George Phillip Goodier (Treasurer)	- Appointed 30 April 2021
Joe Mallabone (Treasurer)	- Resigned 30 April 2021
John Dent	
Jeannie Hayhurst	
Nigel Sharples	
Beryl (Bunty) Knowles	
Christopher McCann	- Resigned 6 April 2021
Jacqueline Marie Chohan	- Appointed 30 April 2021
Stuart Clayton	- Appointed 30 April 2021
Phillip Reece	- Appointed 17 September 2021 (Co-opted)

Organisation

The trustees are responsible for the governance and strategic leadership of the charity, ensuring Heartbeat Northwest Cardiac Care devotes maximum resources and assets towards meeting its objectives. None of the trustees have any beneficial interest in the charity other than using its services.

The operational management of the charity is delegated to the Chief Executive Officer and the trustees ensure that the delivery is in accordance with the charity's aims and objectives by a number of internal controls which also provide appropriate reassurance against material misstatement or loss. The procedures include:

- Revision of the 3 year strategic plan and preparation of an annual budget for the consideration of trustees
- Regular review of financial performance by the Budget and Remuneration Committee against the annual budget
- A robust relationship with the Chair of Trustees promoting open communication and regular feedback
- Comprehensive documented financial controls which govern all aspects of the financial management of the charity
- Risk management formally managed using a risk register, reviewed by the trustees at least every 6 months

Induction and Training of Trustees

Trustees are recruited via several methods including internal / external adverts, press and recommendation. New trustees are welcomed to Heartbeat Northwest Cardiac Care by the Chief Executive Officer who commits significant time to provide the trustee with a comprehensive induction to the charity. New trustees are introduced to the management team and then introduced to all available colleagues. The Chief Executive Officer spends time introducing all aspects of governance and the role and responsibilities of trustees. As part of the induction, the Chief Executive Officer provides an overview of the operational aspects of the charity, organisational structure, format of trustee meetings, ensures he/she is accessible to trustees for enquiries, feedback or concerns throughout the year and ensures that each new trustee has a copy of the Heartbeat Northwest Cardiac Care Trustee guidance.

This contains information relating to the governance, structure and legal requirements of the charity, background information and an overview of the role of a trustee and board. This information is monitored and continually reviewed in accordance with the charity commission's recommendations.

Budget and Remuneration Committee

A budget and remuneration committee was established at the behest of the trustees and is chaired by the Treasurer. The Committee advises on Heartbeat Northwest Cardiac Care financial affairs and reports directly to the trustees. This remuneration committee reviews and determines the salary of the Chief Executive Officer. All other salaries are reviewed annually by the Chief Executive Officer and normally increased in accordance with average earnings.

Key Management Personnel

The trustees consider the trustees, Chief Executive Officer and the Head of Finance as comprising the key management personnel of the charity.

HEARTBEAT NWCC ORGANAGRAM 2021

Board of Trustees

Budget and Remuneration Committee

Clinical Director
Stewart Jones

Chief Executive Officer
Louise Bache

**FUNDRAISING AND
LOTTERY**

Sessional Testing Doctor
Dr Stewart Jones

Head of Finance
Caroline Dransfield

Head of Fundraising
Michelle Hunt

SERVICES

Cardiac Physiologists
Debbie Crossley
Jo Duff

**Head of Training and
Education**
Sian Percival-Edwards

Fundraising Officers
Lisa Riding
Lynn Preston

Nurse
Lorraine Hope

Operations Manager
Carl Martinez

Lottery Officer
Karen Gildert

Wellbeing
Rebecca Ellis

**Heartbeat Fitness
Instructors**
Jackie Lowry
Julia Gardham
Debbie Dasse
Charlotte Flynn
Steve Jenkinson
Matthew Tidswell
Sally Seed

Reception
Jo Widdows
Samim Patel

Sessional Fitness instructors
6 instructors

Objectives and Activities for the Public Benefit

Aims and Purposes

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit, including the guidance 'Public benefit: running a charity (PB2)' when reviewing the charity's aims and objectives and in planning future activities.

The main aim and purpose of Heartbeat Northwest Cardiac Care is to apply the money as it accumulates (through various forms of fundraising) in furtherance of improving the health of the population of the North West of England with particular regard to coronary heart disease (CHD), stroke, cardiovascular and pulmonary conditions.

In particular as stated in the Memorandum and Articles of Association:

Objectives

- a) The financial support to continue and further the work of cardiac rehabilitation within the area of benefit.
- b) The financial support of the Cardiac Rehabilitation Care and its associated rehabilitation programmes.
- c) The financial support, where appropriate, of health education and health screening in relationship to heart disease.
- d) The financial support of such schemes and the grant of such requests as the Association may deem appropriate and which are consistent with the objectives of the Association.

The "area of benefit" as referred to above collectively as the North West of England, includes the geographical counties of Lancashire, Cumbria, Cheshire, Greater Manchester and Merseyside.

Vision

People affected by, or at high risk of cardiovascular disease have access to support and services which enable them to rebuild their lives.

Mission

Heartbeat is committed to the fight to reduce the impact of coronary heart disease in all our communities within the North West of England through rehabilitation, information and advice, education, and lifestyle support.

Overview of Activities of the Charity

Heartbeat Northwest Cardiac Care is a well-established local heart charity that has been providing heart rehabilitation, clinical testing, holistic support, education, and heart disease prevention work to Lancashire residents since 1978. Based in Preston, Heartbeat operates a central bespoke heart centre located on-site at Preston North End (PNE) football club as well as a number of community-based outreach classes.

The Team consists of 22 employed staff, 1 General Practitioner (GP), 1 National Health Service (NHS) Nurse, a Clinical Director and a range of volunteers who support the charity. The charity has been self-funding since 1978 supporting thousands of local residents.

Cardiovascular diseases (CVD), sometimes referred to as circulatory diseases, are diseases of the heart and blood vessels, including coronary heart disease (CHD), heart attack and stroke. CVD is caused by reduced blood flow to the heart, brain or body caused by atheroma or thrombosis and is common in people aged over 60.

The latest recorded prevalence figures (QoF 2020/21) show that the prevalence of coronary heart disease (all persons, all ages) in the Lancashire and South/ Cumbria ICS area (3.8%), higher than England (3.0%). The long-term rate of premature mortality (under-75 years) is increasing in the Lancashire area (83.7 per 100,000 persons) although this trend has slowed over recent years. It remains significantly higher than England (70.4) (2017-19).

Heartbeat Northwest Cardiac Care services are available to heart patients at any stage, in addition to those identified as at high risk of developing cardiovascular disease, for example, obese or overweight patients, those with high blood pressure, stroke survivors, diabetics, Chronic Obstructive Pulmonary Disease (COPD) patients, smokers, alcohol misusers and those living an unhealthy or sedentary lifestyle.

The charity provides:

Testing

Exercise tolerance/treadmill tests
24 hour blood pressure monitors
24 hour electrocardiogram (ECG)
Private health testing

Training/Education

First aid training
Defibrillator training
Student placements
Schools programme
Community awareness programme

Rehabilitation and Prevention

Cardiovascular and pulmonary patient assessment post NHS pathway
Cardiovascular and pulmonary prevention and rehabilitation exercise programme
Mental and social wellbeing support
Peer support
Peripheral Arterial disease support and exercise programme

Fundraising and Community Events

Sponsored events
Fundraising events
Heartbeat Lottery
Social events for heart patients and families
Walks, runs and cycle-rides held annually

The charity currently operates 07:00 to 19:00 Monday to Friday with some Saturday events. During 2021 we were closed until mid-May conforming with government guidance. When we did open we have applied social distancing to all classes.

The charity has established relationships with NHS cardiac nurses in Preston and Chorley, local cardiac, stroke and vascular teams, a number of leisure centres and gymnasiums who provide facilities for classes as well as local charities, GP surgeries and health improvement providers.

A personal Story

My Heartbeat Story

Heartbeat has been my saviour.

After being misdiagnosed by a GP, a locum doctor raised concerns over the diagnosis when they weren't happy with the symptoms I was describing. I was ultimately sent to hospital for tests. This is where my roller coaster journey began. I was kept in hospital, transferred to Manchester Royal hospital where I was taken to theatre. Five heart bypasses later lots of anxiety over my mortality in a very short time, then died whilst in theatre.

After my initial recovery I was signposted to Heartbeat, from my first encounter I felt nothing but support. I attended sessions at Clayton Green Sports Centre twice a week with various instructors all very caring and understanding anxiety, but equally keen to improve our fitness. I continued with fabulous support, including sessions with Rebecca for my mental wellbeing, she gave me some tools to help me cope.

Sadly, Covid happened, and Heartbeat had to close their doors but the focus on people's wellbeing came from all levels from the CEO down to day-to-day support from the wider team. I joined in the challenges set by the team, a 26-mile bike ride and continued the theme during the Lapland challenge, these were great motivators and Matt became my saviour on Zoom classes every Thursday.

I isolated throughout lockdown and what I missed most were the treadmills at the gym and the equipment. When we returned the revised gym was ok but not the same. I can't praise the Heartbeat team enough, they're a constant part of my life and have given me something to focus on. I will also say exercises with likeminded people with similar illness has made it easier as nobody judges as were all on the same journey, maybe on different roads of the journey, but our destination is the same.

Time goes by so quickly, days turn into months and before you know it another year has gone by, Heartbeat is still an integral part of my life and I focus to maintain my recovery. As has been the case for lots of people Covid and anxiety play a major part of my life. We have moved from Zoom classes to back in the gym with a new group of people to meet and interact with and new instructors, but same great support.

Recently my anxiety has really got hold of me, paranoid about my heart rate, continually checking my phone and watch and to be honest it's not good for one's mental health. Yet again Heartbeat where there to support me, Rebecca, the trainee Health Psychologist and my go to person, a woman with a demeanour that brings you confidence in looking at things in a different way, someone I trust and feel happy talking to, certainly helps with the focus. In these days where hospital appointments aren't readily available Heartbeat again became my saviour.

I still miss the type of classes I had previously as this was an area I felt comfortable but as a new day dawns, a new chapter begins. Anxiety still plays a huge part of my life, where will it end I know not, but Heartbeat is my light, as spring approaches I truly need to increase my exercise level and get back into the saddle and cycle more.

HEARTBEAT NORTHWEST CARDIAC CARE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31st DECEMBER 2021

Some of Heartbeat's runners in many of 2021's sponsored events



Runners took part in:
The London Landmarks half marathon
Great Manchester 10k
and
The Chester marathon



Our Services

Cardiac rehabilitation after myocardial infarction (heart attack) or cardiac surgery has two main aims:

1. To help people to recover from the physical and psychological effects of their heart condition.
2. To try to increase the length and quality of life by:
 - Reducing the numbers of patients smoking
 - Reducing blood pressure where this is a factor
 - Reducing cholesterol where this is a factor
 - Reducing the numbers of patients who are considered obese or overweight
 - Increasing the number of patients who take regular exercise
 - Helping with the support and effects of patients diagnosed with diabetes

Initial Assessment

Heartbeat Northwest Cardiac Care provides a unique testing service for anyone wishing to join one of the cardiac rehabilitation and prevention exercise sessions. Prior to joining a class people undergo a thorough medical assessment in a friendly and comfortable environment to assess their exercise capacity and suitability for the exercise programme, to exclude any underlying cardiac problems and to set a suitable individual target heart rate for them to work to. This is carried out by the charity's team of healthcare professionals who can provide advice and support. Heartbeat Northwest Cardiac Care has invested in highly specialised medical equipment which provides a selection of specialised investigatory tests.

The initial assessment typically includes a physical examination, a resting ECG, an Exercise Treadmill Test (ETT) which provides essential information regarding the level of exercise recommended as part of the individual exercise programme, together with lung function tests.

Other tests carried out at Heartbeat Northwest Cardiac Care are Pre-Operative Cardiopulmonary Exercise Testing (CPEX), 24 hour ECG monitoring, 24 hour blood pressure monitoring and cardiac event monitoring.

Occasionally 'treadmill' test results are provided by the hospital when possible or appropriate. In this instance people can then join a cardiac rehabilitation session once their results have been reviewed by one of the charity's healthcare team without the necessity for a further initial Exercise Treadmill Test.

Heartbeat Northwest Cardiac Care offers exercise sessions to people who are considered by their Physician to be at high risk of developing vascular disease. This group of people also attend for an initial Exercise Treadmill Test prior to identifying a suitable Heartbeat Northwest Cardiac Care exercise session and have now been included in the 'initial Exercise Treadmill Test' figures.

Interim Testing

All Heartbeat Northwest Cardiac Care class members have their progress monitored, after the initial treadmill test a repeat treadmill is carried out 9 months later to measure progress.

Private Testing

People are sometimes referred to Heartbeat Northwest Cardiac Care who have not had a heart problem, for example for insurance purposes, or as part of their terms and conditions of employment. In these circumstances Heartbeat requests the individual to pay a financial contribution.

People attending rehabilitation programmes

Monitoring Heartbeat Northwest Cardiac Care rehabilitation classes has proven that many people can achieve a greater level of general fitness after a cardiac event than they had before the event. Other people who suffered a more severe cardiac event can be helped to achieve their optimum, if limited, fitness level. This gives them the greatest chance of returning or maintaining an active and enjoyable life.

A supervised and controlled exercise class provides a safe and reassuring environment. The psychological effects of a cardiac event can equally be as great a problem as the physical disability. People often need support with both aspects of their illness.

All people attending the charity's cardiac rehabilitation and prevention exercise sessions are supervised by Heartbeat Northwest Cardiac Care British Association for Cardiovascular Prevention and Rehabilitation (BACPR) accredited Fitness Instructors.

Achievements and Performance

During 2021 Heartbeat Northwest Cardiac Care followed government guidance and had to remain closed until mid May. This did not stop us providing support to our class members with our Heartbeat at Home Programme.

We are thankful to all the companies we applied to for funding as these grants supported our programme that provided exercise, regular contact, wellbeing guidance and nutrition support to all our class members to access from home.

Sadly, the number of class members taking part in our programmes has decreased during 2021 from 916 to 843 per week. We made the decision to remove people from our programme who have not attended throughout the COVID closures, but they have all been offered to return when they are ready.

Summary of Performance

Referrals

In 2021 we saw a slight increase in our referrals to the Heartbeat programme which was an extremely positive outcome. We have not had as many referrals for 24hour blood pressure testing and ECG monitoring but with extra time needed between tests for cleaning this has not impacted the team.

Training and Education

This has been a very difficult year for training and education. Our first aid training sessions have had to be restricted as they are very practical workshops, so our Head of training and education had to rewrite and record an online training plan. Unfortunately, we have not returned to delivering our schools or community programme.

First aid sessions delivered across the North West:

- ✓ 25 first aid sessions were delivered to medical professionals
- ✓ 9 online sessions
- ✓ 5 first aid sessions for industry
- ✓ 10 Heartstart sessions

Volunteers

In 2021 our volunteers did not return to supporting us in conventional ways. Store collections and events have not yet started but we are hoping that there will be a gradual return to events and store collections in 2022.

Lottery income

The 'Heartbeat Lottery' consists of both Heartbeat and beneficiary playing members. Beneficiary players are from other charities and fundraising groups. All playing members are part of the same prize pool. A fixed management fee is agreed with beneficiaries. The 'Heartbeat Lottery' currently includes the following beneficiaries:

- ✓ Preston North End, Chorley, and Bamber Bridge Football Clubs
- ✓ Headway, a brain injury association
- ✓ Cardiac Rehab, Basingstoke
- ✓ Rainbow House, a charity that provides Conductive Education
- ✓ Space Centre, provides a multi-sensory environment for anyone with special needs
- ✓ Preston Community Transport, provide transport for those who cannot use regular public transport
- ✓ FOMO, friends of Mulanje orphans
- ✓ Dig In, down to earth support for the Military and Blue light community
- ✓ Dance Syndrome, dancer led, disability inspired inclusive arts programme

Lottery income from Heartbeat playing members fell by £13,546 (4.58%) compared to £29,262 (9.00%) in the previous year. Lottery income from beneficiary playing members fell by £268 (0.20%) compared to £26,518 (16.67%) in the previous year.

Donations and Legacies

Income from donations and legacies has decreased from £395,721 to £311,400. Included within donations is furlough income totalling £107,872 compared to £141,565 in the previous year.



Paul Falcone's Virtual
Lands' End to John
O'Groats walk

Local Primary schools took
part in the designer heart
colouring competition to
welcome Heartbeat class
members back to our PNE
head office



Loyal supporters of The
Army and Navy pub also
supported Heartbeat



Attendance at Heartbeat Cardiac Rehabilitation Classes

	2021	2020	2019
Preston Central UClan	13	18	19
Preston North End	537	540	594
Blackpool	18	15	21
Burscough	19	22	23
Ribby Hall	35	40	41
Chorley	139	211	198
Leyland	35	40	46
Penwortham	17	18	19
Garstang	30	20	18
Total attendance year	843	924	979

This represents the total number of people accessing Heartbeat Northwest Cardiac Care rehabilitation and prevention programme. The figure attending is much lower than last year, due to the amount of people who have left the programme during 2021. Many people are still nervous to return but as they have now not attended for a full year or more we have removed them from our class attendee list. The figures at year end for attendance should now begin to increase 2022.

Number Referred to Heartbeat Services

	2021	2020	2019
Total number of new referrals to 9 month programme	265	246	387
Total number referred for medical testing	54	57	301
Total number referred to all services	319	303	688

Our numbers of referrals have dramatically reduced since 2019, in 2020 the numbers dropped and in 2021 we have seen a small increase. We did not start retesting in 2021 until June and the number of referrals have increased in that time, we have ensured that we have mainly focussed on the new referrals to our programme rather than blood pressure and ECG monitors.

High risk patients

GPs are now assessing patients for their risk of developing coronary heart disease during the next ten years. Patients assessed include those with high blood pressure, those with diabetes and those with other risk factors such as obesity or history of smoking. The National Framework for coronary heart disease advises intensive treatment for patients found to be at high risk. Many of these patients will have occult coronary artery disease, which will only be shown by testing. The charity is therefore continuing to offer these groups of patients an exercise test in the hope that this will pick up any patient with significant risk of coronary heart disease with a view to intervention before they have a coronary event. Heartbeat Northwest Cardiac Care also offers exercise programmes to this group of patients.

The following tests were carried out in 2021:

	2021	2020	2019
Initial exercise treadmill tests	243	90	313
9 month retests	27	44	185
Post 9 month restarts	0	0	5
3 year retests	0	4	2
High risk testing	0	0	6
Total for the year	270	138	511

Heartbeat Northwest Cardiac Care offers private testing for those who, as a term or condition of employment, may have to have an annual health check. In addition, we offer health screening and testing for those who self-monitor their own health. The following private tests were carried out in 2021:

	2021	2020	2019
Total Private ECG stress test	6	2	2

24 Hour ECG and Blood Pressure Testing

In 2021 Heartbeat Northwest Cardiac Care carried out 24 hour ECG monitoring and 24 hour blood pressure monitoring for General Practitioners in the Preston area. These tests require a Cardiac Physiologist perform the investigations and interpret the results. The charity also provides cardiac event recorders which offer a longer-term monitoring for people affected by cardiac arrhythmias. This service is currently provided free of charge to GPs. As you can see from the figures below these have significantly dropped in 2021.

	2021	2020	2019
24 hour ECG	14	17	157
24 hour Blood pressure	15	30	77
Resting ECG	25	10	64
Cardiac event monitors	0	0	3
Total annual other tests	54	57	301

TOTAL MEDICAL TESTS

	2021	2020	2019
Total medical tests	330	197	824

As noted in the figures Heartbeat did not provide testing until July 2021. So, these figures are a great return to testing post COVID-19.

Education & Training Department

2021 was a challenging time, the COVID-19 Pandemic was and remains a quintessential adaptive and transformative challenge, one for which there was no preconfigured playbook that could guide appropriate responses.

We learnt to swiftly redesign our training and education provision to protect as many people as possible during and following the pandemic.

Hundreds of laws were made in the UK in response to the coronavirus pandemic. Many of these could be described as “lockdown laws” because they placed restrictions on people to slow the spread of the coronavirus, all of which affected group education and training opportunities.

January 2021 saw the third national lockdown, People were once again told to stay at home and avoid gathering outside of their support bubbles (if eligible) and lasted until July 2021 having a huge impact on our delivery of group education and training sessions.

Schools Education

COVID - 19 Update - Schools were in and out of lockdown throughout 2020 and 21, home schooling was encouraged and when they reopened classes were split into learning bubbles and with their strict COVID protocols in place it meant external visitors/workshops/sessions were stopped to help stop the spread of the disease.

Heartbeat’s personal, social, health and economic (PSHE) workshops are designed to support primary schools when teaching pupils about their body and healthy living. Many of the schools Heartbeat visit choose us because they are running a Healthy Schools/Science/Health/Safety Week and are looking for activities and resources to support this week. Our PSHE workshops fit perfectly as our activities and resources help schools to teach the healthy living elements of the Science and PE curriculum with cross-curricula links to the PSHE framework. Unfortunately, we have not been able to teach these in 2021.

Schools attended, and workshops presented annual breakdown

	2021	2020	2019	2018
Secondary schools	0	0	0	0
Primary schools	0	2	16	17
Total number of schools	0	2	16	17
Presentations delivered	0	7	37	89
Number of children	0	300	1,298	2,394
Income from schools	£0	£500	£2,300	£2,994

Community Education

COVID - 19 Update - Strict COVID protocols in 2021 meant that meetings of groups were prohibited, especially in any indoor setting, therefore many groups stopped their regular meet ups so we have not attended any of these sessions during 2021

Cardiovascular disease (CVD) includes coronary heart disease, stroke, peripheral vascular disease and other diseases of the cardiovascular system. It is the main cause of reduced life expectancy of residents in the most deprived areas across Lancashire. The estimated prevalence of cardiovascular disease in Lancashire for people aged 16+ is slightly higher than the North-West average (12.35% vs 12.27%) (Office of National Statistics, 2014).

Heartbeat is dedicated to raising awareness of this largely preventable disease and offers community groups the opportunity to have a Heartbeat speaker visit to deliver talks to their group regarding CVD prevention.

First Aid Training

COVID - 19 Update - The COVID 19 pandemic completely changed the way face to face first aid training would need to be delivered, gone were the days of delivering session to 30+ members of staff in one session, the new guidelines were strict, and we needed to change how we delivered face to face training to allow businesses to train their staff. In order to be open businesses had to have certified first aid qualified staff onsite and GPs and dentists had to keep their annual certificates up to date although the HSE extended the renewal period for most qualifications, there was still a duty of care that needed to be addressed.

To try to provide a solution the following options were presented to anyone looking for any first aid training:

Option 1 – Face to face training but with a limit of 6 people with strict COVID-19 guidelines in place.

Option 2 – Online only course, all learning was presented electronically through a host website www.osgolearn.co.uk, each member of staff would receive their own personal log in details and password. Videos, demonstrations, quizzes and up to date first aid information was presented in a format which allowed individuals to work through in their own time and a completion certificate could be printed at the end of the course. This certificate would then be used as part of their CPD training as many of the CCG's allowed online learning during the pandemic.

The course is split into 5 sections:

- Section 1 – Responsive casualty with an obstructed airway
- Section 2 – Unresponsive casualty who is breathing normally.
- Section 3 - Unresponsive casualty who is not breathing normally.
- Section 4 - Anaphylaxis
- Section 5 - COVID 19 Guidelines

Option 3 - Blended learning course - utilised option 2 for the theory (see above) but with the option of small group practical workshops to allow learners to put theory into practice. Maximum of 4 people in a session, 20-minute slots with strict COVID-19 guidelines in place. Staff were asked to demonstrate the following:

- CPR on a baby/child/adult
- The safe use of an AED (Defib)
- The procedure for assisting a choking casualty.
- The use of an adrenaline (training) auto-injector

Option 4 - For anyone who had received theory elsewhere but still wanted a practical session (as above).

First aid training annual breakdown

	2021	2020	2019	2018
First aid for schools	0	0	0	1
First aid for community (Heartstart)	10	3	23	10
First aid for medical professionals:				
Face to face	25	10	70	52
Online	9	2	0	0
Blended learning	0	3	0	0
Practical only	0	2	0	0
First aid for industry	5	4	7	13
Income from training	£8,830	£4,630	£14,255	£13,494

Community Access Defibrillators (cPAD) and AED static units

Here in the UK 700,000 people suffer a sudden cardiac arrest every single year (That is the same amount of people that would fill Old Trafford Football stadium 9 times over!)

Out of hospital cardiac arrest (OHCA) is the biggest killer in the country. Most happen outside of a hospital environment and can happen anywhere in everyday life, at work, at school, at the train station, in the shop or on the street. When a cardiac arrest happens, every minute is vital.

- cPADs - Being a cPAD means installing a special cabinet on the outside wall of a building so that the AED (Automated External Defibrillator) inside can be accessible 24/7 to anyone in the vicinity who requires it.
- AED (defibrillator) is a small, lightweight, portable device that can read a person's heart rhythm and deliver a shock if needed. It is this shock that may restore a normal heart rhythm and potentially save a person's life.

Defibrillator annual breakdown

Although Heartbeat NWCC buy these units on the behalf of the organisation, they are not our property or responsibility, but we do include a fee to every unit/housing unit we purchase.

	2021	2020	2019	2018
AED static units	6	3	17	12
Community Access Defibrillators (cPAD)	0	0	2	5
Income	£6,705	£2,866	£2,976	£1,990

Financial Review

The Statement of Financial Activities for the year is included on page 33.

1. Income for the year was £975,189 (2020: £1,067,182).

Income from donations and legacies has decreased from £395,721 to £311,400. Included within donations are furlough claims and the charity received income of £107,872 (2020: £141,565).

The charity received restricted grants totalling £6,850 (2020: £123,035). A summary of the restricted grants can be found within note 18.

Income from charitable activities has remained steady at £233,754 (2020: £223,684). The income from testing, education and training is lower in the current and previous year due to government COVID-19 restrictions. Further information on classes is as follows:

The charity asks people attending the cardiac rehabilitation and prevention programme to consider donating a voluntary contribution to the running costs of the charity. These voluntary contributions of £167,422 (2020: £178,667) support the charity to provide cardiac rehabilitation services every week across the region.

The charity also undertakes fundraising events to support its activities such as raffles and collections, etc. There are also various fundraising activities undertaken by benevolent individuals. Heartbeat Northwest Cardiac Care does not have a direct input into such activities but ultimately benefits from the surplus generated. The trustees have recently reviewed the fundraising and consider that it is efficient and effective.

Income from other trading activities comes mainly from the lottery £414,529 (2020: £428,343). The lottery income has decreased but continues to provide vital funds for the charity.

2. Expenditure in the year was £900,204 (2020: £896,894) resulting in a surplus of £74,985 (2020: £170,288).
3. The total net assets of the charity are £730,872 (2020: £655,887). This is made up of designated funds of £359,494 (2020: £380,784) and restricted funds of £2,718 (2020: £26,091) leaving free reserves of £368,660 (2020: £249,012). Designated funds represent the property assets fund, being monies already spent on the fixed assets of the charity.

Investment Policy

In accordance with its power of investment, the trustees have agreed that any funds held in excess of that which is required for immediate running purposes are transferred into interest earning investment accounts.

Contingent Asset

The charity was informed of entitlement to a legacy but there was uncertainty as to the amount of the payment. An amount of £75,284 was received in July 2022 in relation to this legacy. No income has been recognised in the accounts.

Risk Management

The trustees continually review, in detail, the risks to which the charity may be exposed. The trustees see this as an on-going commitment in order to continually establish systems to mitigate those risks. A risk register has been developed which is reviewed at least annually.

The principal risk faced by Heartbeat Northwest Cardiac Care is the charities ability to raise sufficient funds annually to deliver the charitable objects whilst sustaining financial viability for the charity's future. The trustees regularly consider variability of fundraising methods and have a structured monitoring programme. Trustees meet a minimum of twice per year in between which a budget and remuneration committee meet to monitor all things financial and report to the trustee board. The charity produces a risk register annually as part of statutory accounts procedures and this register is reviewed and updated on an annual basis. Fundraising is split into a variety of activities tried and tested since 1978. Each year they are reviewed and updated to meet the ever-changing economic climate and fundraising environment nationally, regionally, and locally.

Historically the charity has relied heavily on one activity, a lottery, run by the charity. However, in the last five years, by resourcing and applying extra focus on other fundraising areas, this reliance has reduced and forms part of a longer-term strategic plan to continue to grow other areas.

Reserves Policy

Having a reserves policy helps form the way in which Heartbeat Northwest Cardiac Care manages its cash, liquid assets, and debt. It also assists with planning and communicating the charity's approach to interested parties. This policy contributes significantly to the trustee's ability to balance the needs of current and future beneficiaries, ensure the charity is well managed and that the trustees manage the level of reserves carefully for the benefit of Heartbeat Northwest Cardiac Care.

The pro-active management of the charity reserves, through planned management reporting systems, ensures that the level of reserves are not too high or low for the needs of the charity.

Our policy is to maintain reserves at a level equivalent to 26 weeks of annual operating expenditure, which currently equates to £450,102. At the end of this year, as shown in note 18 to the accounts, the charity has free reserves of £368,660 which whilst not sizeable illustrates the extent of the investment in our new bespoke cardiac centre which should allow Heartbeat Northwest Cardiac Care to raise its profile; increase the number of participants using the facilities; create new income generation possibilities and strengthen relationships with key partners. The trustees consider that given the strength of the charity's balance sheet, the stable cash flows from the lottery and rehabilitation classes, the current level of free reserves are sufficient and the target is now to build them so that they are, once again, at least equivalent to 26 weeks of annual operating expenditure.

The trustees recognise that the level of reserves fluctuates during periods of investment and arrangements are in place with our bankers to provide an adequate 'safety net' should it be required.

The trustees have delegated financial monitoring to a budget and remuneration committee which has an active involvement in reviewing and monitoring the financial activities of the organisation. The budget and remuneration committee reports to the trustees on a six monthly basis regarding the amount of reserves required to ensure that they are adequate to fulfil the charity's continuing obligations.

Plans for the future

Heartbeat Northwest Cardiac Care is committed to the fight to reduce cardiovascular disease. We will continue to work with our key partners, supporters, and class members to deliver the right services to achieve this objective. In the next 12 months, the trustees anticipate Heartbeat will;

- Seek out new opportunities to generate funds through a variety of ways; with a new team of fundraisers, testing fundraising activities, recruiting supporters, raising awareness of the charity's objectives and available services, forging relationships with key delivery partners, exploring grant opportunities which has served Heartbeat so well during the pandemic
- Utilising social media platforms to build awareness of our charity
- Build a better digital platform to allow us to reach a more diverse group of people
- Continue to re-grow the charities reserves towards the planned six months operating costs
- Grow the number of people accessing the services delivered by Heartbeat Northwest Cardiac Care to return to the numbers accessing the services prior to COVID-19
- Improve the quality and efficiency of our charity services by continuous qualitative monitoring
- Rebuild our training and education programme within GP's, schools and the community
- Continue to work with our partners to complete more research to provide better understanding of the effects of psychological and physical interventions
- Develop a robust legacy programme

Chief Executive Officer Summary

2021 has been a year of continuous flux. I have been proud of an excellent team who have been willing and positive throughout the year to accept the many changes we have been through.

The year started without access to our facilities, and we returned to providing face to face services mid May. The full programme has been restored and we even added to the programme. The return to classes at PNE also saw the return of the NHS phase 3 programme which led to a request that we support both the Chorley and Preston programmes. We were delighted to support phase 3 and this has strengthened our relationship.

The pilot classes we provided for people who suffer from peripheral arterial disease have proved a great success with the new attendees gaining huge increases in their fitness and a second class being added to the programme. We are now applying for funding to further develop this programme in Blackpool and Chorley. We have received so many referrals from Garstang extra classes have now been added.

We have had many class members leaving our programme, some decided that their time with Heartbeat had come to end and that they had enjoyed the great outdoors during the isolation months and many who are still nervous to return. We have not returned to our pre covid numbers yet but we have a regular flow of referrals. We have focussed on providing our sessions socially distanced with plenty of cleaning procedures in place to keep our class members safe during their exercise sessions. Everyone who has left the programme or not returned have been offered the chance to return to Heartbeat if their circumstances ever change or they feel their fitness diminishing.

I am very happy to say that Heartbeat have kept a consistent team throughout the year, new classes on the programme have led to an expansion of our instructor team and we are starting deliver a more diverse range of classes. Partnerships with external providers have strengthened and led to very interesting discussions to support our referral processes.

We have restarted the training and education programme offering our service online and face to face. This is proving an extremely popular way of updating first aid training.

Looking forward, for Heartbeat, we see an expansion in our prevention and rehabilitation programme to increase our reach in Fylde and Wyre.

We will increase the number of fundraisers we employ to begin to rebuild our fundraising income, paying particular attention to corporate, legacy and community.

Working closer with Pulmonary Rehabilitation to build on the service that is currently provided by the NHS but has no exit route. We have begun to work closer with the Clinical Network Manager – Cardiac Network (Lancashire & South Cumbria) to ensure that we are part of the North West Coast Clinical Network and I will ensure that my work on the Determinants of Health Board is relevant and productive and enables the voice of the charity sector to be heard.

So, Heartbeat moves into the New Year with a very positive attitude that we are here to stay, to provide our classes and continue our support to the many people in the North West who need our services.

Together we are Heartbeat

Louise Bache
Chief Executive Officer

Statement of Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the Heartbeat Northwest Cardiac Care for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed subject to any material departures disclosed and explained in the financial statements;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In accordance with company law, in so far as the trustees are aware:

- there is no relevant audit information of which the company's auditor is unaware; and
- the trustees have taken all necessary steps that they ought to have taken in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Auditor

A resolution will be proposed at the Annual General Meeting that Azets Audit Services be re-appointed as auditor to the charity for the ensuing year.

Approved and signed on behalf of the board of trustees:

George Phillip Goodier (Treasurer)

Date: 7 September 2022

John Dent

Date: 7 September 2022

HEARTBEAT NORTHWEST CARDIAC CARE
INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF HEARTBEAT NORTHWEST CARDIAC
CARE
FOR THE YEAR ENDED 31st DECEMBER 2021

Opinion

We have audited the accounts of Heartbeat Northwest Cardiac Care (the 'charity') for the year ended 31 December 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the notes to the accounts, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the accounts:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2021, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs(UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the accounts section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the use of the going concern basis of accounting in the preparation of the accounts is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the accounts and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the accounts does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the accounts, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the accounts or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the accounts or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' Report, which includes the Directors' Report prepared for the purposes of company law, for the financial year for which the accounts are prepared is consistent with the accounts; and
- the Directors' Report included within the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report included with the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the accounts in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

Responsibilities of Trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees, who are also directors of the charity for the purpose of company law, are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of accounts that are free from material misstatement, whether due to fraud or error.

In preparing the accounts, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the company or cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the accounts as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these accounts.

A further description of our responsibilities for the audit of the accounts is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;

HEARTBEAT NORTHWEST CARDIAC CARE
INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF HEARTBEAT NORTHWEST CARDIAC
CARE
FOR THE YEAR ENDED 31st DECEMBER 2021

- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Azets Audit Services

Julie Flintoff BA (Hons) FCA (Senior Statutory Auditor)
Azets Audit Services
Statutory Auditor
PRESTON

Date: 12 September 2022

Azets Audit Services is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

HEARTBEAT NORTHWEST CARDIAC CARE
STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31st DECEMBER 2021

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Income from:					
Donations and legacies	2	304,550	6,850	311,400	395,721
Charitable activities	3	233,754	-	233,754	223,684
Other trading activities	4	428,524	-	428,524	447,713
Investment income	5	1,511	-	1,511	64
Total income		<u>968,339</u>	<u>6,850</u>	<u>975,189</u>	<u>1,067,182</u>
Expenditure on:					
Raising funds	6	130,074	3,640	133,714	109,858
Charitable activities	7	412,694	20,200	432,894	455,007
Other – Lottery costs	8	328,587	5,009	333,596	332,029
Total expenditure		<u>871,355</u>	<u>28,849</u>	<u>900,204</u>	<u>896,894</u>
Net income/(expenditure) and net movement in funds for the year		96,984	(21,999)	74,985	170,288
Transfers between funds		1,374	(1,374)	-	-
Net movement in funds		98,358	(23,373)	74,985	170,288
Reconciliation of funds:					
Total funds brought forward		<u>629,796</u>	<u>26,091</u>	<u>655,887</u>	<u>485,599</u>
Total funds carried forward		<u><u>728,154</u></u>	<u><u>2,718</u></u>	<u><u>730,872</u></u>	<u><u>655,887</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirement for an income and expenditure account with the Companies Act 2006.

The notes on pages 35 to 49 form part of these accounts.

HEARTBEAT NORTHWEST CARDIAC CARE
BALANCE SHEET
AS AT 31st DECEMBER 2021

	Note	2021 £	£	2020 £	£
Fixed Assets					
Tangible assets	13		359,494		380,784
Current Assets					
Stock		-		-	
Debtors	14	27,645		18,905	
Cash at bank and in hand		423,285		330,082	
Total Current Assets		450,930		348,987	
Creditors: Amounts falling due within one year	15	(79,552)		(73,884)	
Net Current Assets			371,378		275,103
Total assets less current liabilities			730,872		655,887
The funds of the charity					
Unrestricted income funds:					
Designated funds	18		359,494		380,784
General unrestricted funds	18		368,660		249,012
Restricted funds	19		2,718		26,091
			730,872		655,887

Approved by the Board of Trustees and signed on its behalf by:

George Phillip Goodier (Treasurer)

John Dent

Date: 7 September 2022

Date: 7 September 2022

The notes on pages 35 to 49 form part of these accounts.

HEARTBEAT NORTHWEST CARDIAC CARE
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31st DECEMBER 2021

Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net movement in funds – Page 32	74,985	170,288
Add back depreciation charge	24,550	32,550
(Increase)/decrease in stock	-	-
Decrease/(increase) in debtors	(8,740)	12,426
(Decrease)/increase in creditors	5,668	(22,944)
Deduct interest income	(1,512)	(64)
Net cash provided by operating activities	94,951	192,256

Statement of cash flows

	2021 £	2020 £
Net cash provided by operating activities	94,951	192,256
Cash flows from investing activities		
Interest	1,512	64
Purchase of fixed assets	(3,260)	(4,534)
Net cash (used in) / provided by investing activities	(1,748)	(4,470)
Change in cash and cash equivalents in the year	93,203	187,786
Cash and cash equivalents at the beginning of the year	330,082	142,296
Cash and cash equivalents at the end of the year	423,285	330,082

1. ACCOUNTING POLICIES

Company information

Heartbeat Northwest Cardiac Care is a private company limited by guarantee incorporated in England and Wales. The registered office is Sir Tom Finney Way, Preston, Lancashire, PR1 6PA.

Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities presenting their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) (effective 1 January 2019) and the Companies Act 2006.

Heartbeat Northwest Cardiac Care meets the definition of a public entity under FRS102.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared in accordance with the historical cost convention. The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows.

Going Concern

At the time of approving the accounts, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Charitable Funds

General unrestricted funds comprise accumulated surpluses and deficits on general funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds of the charity which have been set aside to reflect the value of funds represented by the tangible fixed assets of the charity.

Restricted funds are subject to restrictions on their expenditure imposed by the donor. Expenditure which meets these criteria is charged to the fund.

Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Gifts and donations received for the general purposes of the charity are included in unrestricted funds when received. Where these comprise of donated fixed assets, they are included at market value where this is readily ascertainable. Gift Aid is recorded on a receivable basis.

Legacies are recorded on a receivable basis, where the value of the legacy is measurable and all conditions associated with receipt of the legacy have been fulfilled.

Lottery income is received for Heartbeat and beneficiaries. Lottery income is recorded on a receivable basis. Income received in advance for future draws is deferred until the corresponding draw has occurred, at which time the income will be recognised in the SOFA.

Event income comprises income raised from various fundraising events, the sale of donated and bought in goods and sponsorships during the year, which is recorded on a receipts basis.

Income from charitable activities comprises contributions from patients towards the costs of medical testing and the rehabilitation programme, which is recorded on a receipts basis.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

Grant income is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis inclusive of VAT which cannot be recovered. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities based on income directly associated to the activity, undertaken on a pro rata basis.

The costs of raising funds comprise the direct costs associated with attracting donations, legacies, grants and fundraising and their share of support costs and governance costs.

Expenditure on charitable activities includes those costs incurred by the charity in the delivery of its activities and services for its beneficiaries and their share of support costs and governance costs.

Other costs comprise the lottery prizes, beneficiary management fees and their share of support costs and governance costs. Beneficiary management fees are an agreed share of the beneficiary lottery income.

Irrecoverable VAT

The charity is not registered for Value Added Tax and accordingly income and expenditure includes the irrecoverable Value Added Tax element where applicable.

Allocation of Support and Governance Costs

Support costs and governance costs are those functions that assist the work of the charity but do not directly carry out charitable activities. These costs have been allocated on a pro rata basis between the expenditure headings on the statement of financial activities, based on income received directly associated to the activity undertaken.

Support costs are defined as shown in note 9

Governance costs are defined as shown in note 10

Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. All assets costing more than £500 are capitalised. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Preston North End – Buildings	Over the term of the lease	
Preston North End – Integral fixtures	10%	straight line
Computer equipment	25%	straight line
Medical equipment	10%	straight line
Office equipment	10%	straight line
Sports equipment	17%	straight line

Stocks

Stocks are valued at the lower of cost or net realisable value.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks and bank overdrafts. Overdrafts are shown within borrowings in current liabilities.

Financial Instruments

The charity only has financial assets (debtors, cash and bank balances) and financial liabilities (creditors and accruals) of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remains with the lessor are charged as an expense in the SOFA on a straight line basis over the period of the lease.

Taxation

The company is a registered charity and as such is entitled to tax exemptions on all its income and gains, properly applied for charitable purposes.

Pensions

The charity operates a defined contribution pension scheme using a Group Personal Pension Plan, and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

Legal Status

The Trust is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

2. Income from donations and legacies

	2021 Total £	2020 Total £
Unrestricted:		
Donations	186,843	116,673
Legacies	6,988	1,588
Gift Aid	2,847	12,860
Government Grants	107,872	141,565
	<u>304,550</u>	<u>272,686</u>
Restricted:		
Grants	6,850	123,035
	<u>311,400</u>	<u>395,721</u>

3. Income from charitable activities

	2021 Total £	2020 Total £
Voluntary contributions from rehabilitation classes	167,422	178,667
NHS/Service users contributions to the cost of testing	20,411	11,170
Education and training	15,909	8,757
Gift Aid	30,012	25,090
	<u>233,754</u>	<u>223,684</u>

All income from charitable activities relates to unrestricted funds in both 2021 and 2020.

4. Income from other trading activities

	2021	2020
	Total	Total
	£	£
Fundraising events	3,763	1,091
Sale of goods	1,385	943
Letting of offices	8,847	17,336
Lottery – Heartbeat	282,262	295,808
Lottery – Beneficiary	132,267	132,535
	<u>428,524</u>	<u>447,713</u>

All income from other trading activities relates to unrestricted funds in both 2021 and 2020.

5. Income from investments

All the charity investment income arises from money held on interest bearing deposit accounts and related to unrestricted funds in both 2021 and 2020.

6. Analysis of expenditure on raising funds

	2021	2020
	Total	Total
	£	£
Staff salaries	47,572	49,652
Advertising/Promotion	294	119
Event costs	216	446
Postage	1,787	1,697
Sundry costs	1,108	2,220
	<u>50,977</u>	<u>54,134</u>
Governance costs (see note 10)	3,424	2,557
Support costs (see note 9)	79,313	53,167
	<u>133,714</u>	<u>109,858</u>

Included within raising funds expenditure are staff salaries of £Nil (2020: £5,204) and support costs of £3,640 (2020: £17,447) which are restricted.

7. Analysis of expenditure on charitable activities

Cardiac rehabilitation classes and related testing

	2021	2020
	Total	Total
	£	£
Staff salaries	314,414	314,812
Freelance staff for testing	3,100	750
Rehabilitation costs	20,115	14,248
Training and development	261	361
Advertising/Promotion	-	216
Subscriptions	101	101
Postage	1,551	1,462
Stationery	2,571	658
Telephone, fax and internet	3,610	3,603
Premises costs	1,440	1,440
Repairs & renewals	5,951	6,049
Medical consumables	1,599	767
Education	6,633	3,346
Pulse watches	1,791	1,826
Sundry costs	7,650	6,787
	<hr/>	<hr/>
Governance costs (see note 10)	370,787	356,426
Support costs (see note 9)	2,570	4,522
	<hr/>	<hr/>
	59,537	94,059
	<hr/>	<hr/>
	432,894	455,007
	<hr/> <hr/>	<hr/> <hr/>

Included within charitable activities expenditure are staff salaries of £15,137 (2020: £37,485), telephone costs of £35 (2020: £280), programme costs of £180 (2020: £Nil), medical consumables costs of £2,000 (2020: £Nil), equipment renewal costs of £116 (2020: £Nil) and support costs of £2,732 (2020: £9,861) which are restricted.

8. Analysis of other expenditure – Lottery costs

	2021 Total £	2020 Total £
Staff salaries	38,434	40,187
Lottery wins	79,817	79,070
Beneficiary lottery fees	92,550	92,306
Agent commission	332	359
Advertising/promotion	117	276
Postage	1,803	1,689
Sundry costs	6,687	6,609
	<u>219,740</u>	<u>220,496</u>
Governance costs (see note 10)	4,712	5,116
Support costs (see note 9)	109,144	106,417
	<u>333,596</u>	<u>332,029</u>

Included within other expenditure are staff salaries of £Nil (2020: £5,203) and support costs of £5,009 (2020: £19,739) which are restricted.

9. Allocation of support costs – Current year

	Raising funds £	Charitable activities £	Other lottery costs £	2021 Total £
Depreciation	7,852	5,894	10,805	24,551
Insurance	3,873	2,907	5,329	12,109
Premises rent - Unrestricted	17,590	13,204	24,206	55,000
Premises rent - Restricted	1,599	1,200	2,201	5,000
Council tax	241	181	332	754
Gas & Electric	9,505	7,135	13,079	29,719
Water	120	90	165	375
Bank charges	3,391	2,546	4,667	10,604
Building maintenance - Unrestricted	8,048	6,041	11,075	25,164
Building maintenance - Restricted	-	-	-	-
Management/Admin- Unrestricted	25,053	18,807	34,477	78,337
Management/Admin- Restricted	2,041	1,532	2,808	6,381
	<u>79,313</u>	<u>59,537</u>	<u>109,144</u>	<u>247,994</u>

Allocation of support costs – Previous year

	Raising funds	Charitable activities	Other lottery costs	2020 Total
	£	£	£	£
Depreciation	12,069	6,824	13,657	32,550
Insurance	4,435	2,507	5,017	11,959
Premises rent - Unrestricted	12,979	7,337	14,684	35,000
Premises rent - Restricted	9,271	5,240	10,489	25,000
Council tax	3,322	1,877	3,758	8,957
Gas & Electric	9,373	5,298	10,605	25,276
Water	41	23	46	110
Bank charges	4,090	2,312	4,627	11,029
Building maintenance - Unrestricted	6,794	3,840	7,687	18,321
Building maintenance - Restricted	260	147	294	701
Management/Admin- Unrestricted	23,509	13,288	26,597	63,394
Management/Admin- Restricted	7,916	4,474	8,956	21,346
	<u>94,059</u>	<u>53,167</u>	<u>106,417</u>	<u>253,643</u>

10. Allocation of governance costs – Current year

	Raising Funds	Charitable activities	Other lottery costs	2021 Total
	£	£	£	£
Auditors remuneration	2,372	1,780	3,263	7,415
Legal and professional	1,053	790	1,448	3,291
	<u>3,425</u>	<u>2,570</u>	<u>4,711</u>	<u>10,706</u>

Total auditor's remuneration included the statutory audit fee of £7,194 (2020: £7,408), accountancy costs of £1,536 (2020: 1,536) and payroll costs of £1,104 (2020: £1,534). There was also an additional charge of £1,920 (2020: £1,956) for the furlough preparation.

Allocation of governance costs – Previous year

	Raising Funds	Charitable activities	Other lottery costs	2020 Total
	£	£	£	£
Auditors remuneration	2,747	1,553	3,108	7,408
Legal and professional	1,775	1,004	2,008	4,787
	<u>4,522</u>	<u>2,557</u>	<u>5,116</u>	<u>12,195</u>

11. Analysis of staff costs and remuneration of key management personnel

	2021	2020
	£	£
Gross wages and salaries	435,839	440,583
Pension contributions	17,296	17,103
Social security costs	32,002	31,705
	<u>485,137</u>	<u>489,391</u>

The trustees consider the board of trustees, Chief Executive and the Finance Controller as comprising the key management personnel of the charity in charge of directing and controlling the charity and running and operating the charity daily. The total employee benefits of the key management personnel of the charity were £85,371 (2020: £85,395).

Trustees are required annually to disclose any relevant interests and register them with the Chief Executive and in accordance with the charities policy withdraw from any decisions where a conflict of interest arises.

The charity has set up a remuneration committee who review the Chief Executives salary package to ascertain whether it is appropriate for the role, and is bench marked against other like for like charities with similar activities and operations.

No employee earned over £60,000. The number of staff to whom retirement benefits were accruing under a money purchase pension scheme was 15 (2020: 15).

The average number of persons employed during the year, analysed by function was follows:

	2021	2020
Medical services	14	16
Fundraising	4	4
Lottery	1	1
Management and administration	2	2
	<u>21</u>	<u>23</u>

Commission and fees payable to part-time freelance staff

	2021	2020
	£	£
Commissions/expenses paid to lottery collectors and agents	332	359
Professional fees paid to doctors and exercise staff	3,100	750
	<u>3,432</u>	<u>1,109</u>

Average number of persons working on a part-time freelance basis:

Lottery – external collectors	3	3
Professional – GPs and outreach instructors	7	8
	<u>10</u>	<u>11</u>

12. Trustee remuneration & related party transactions

All trustees give of their time freely and no trustees or any person connected to them received any remuneration for their services during the year.

The charity has not met any individual expenses incurred by the trustees for services provided to the charity during the year.

Insurance premiums during the year amounting to £470 (2020: £448) were incurred by the charity in respect of indemnity insurance for the trustees.

13. Tangible fixed assets

	PNE Lease- hold Property £	Office & Computer Equipment £	Medical Equipment £	Sports Equipment £	Total £
Cost					
At 1 January 2020	417,278	66,431	69,581	97,519	650,809
Additions	-	1,886	-	1,374	3,260
Disposals	-	-	-	-	-
	<u>417,278</u>	<u>68,317</u>	<u>69,581</u>	<u>98,893</u>	<u>654,069</u>
At 31 December 2021	417,278	68,317	69,581	98,893	654,069
Depreciation					
At 1 January 2020	73,946	54,880	62,701	78,498	270,025
Charge for the year	13,657	3,317	1,098	6,478	24,550
On disposals	-	-	-	-	-
	<u>87,603</u>	<u>58,197</u>	<u>63,799</u>	<u>84,976</u>	<u>294,575</u>
At 31 December 2021	87,603	58,197	63,799	84,976	294,575
Net Book Value					
At 31 December 2021	<u>329,675</u>	<u>10,120</u>	<u>5,782</u>	<u>13,917</u>	<u>359,494</u>
At 31 December 2020	<u>343,332</u>	<u>11,551</u>	<u>6,880</u>	<u>19,021</u>	<u>380,784</u>

All tangible fixed assets are unrestricted funds classified as designated.

14. Debtors

	2021	2020
	£	£
Program/ Testing debtors	17,187	1,172
Gift Aid	2,799	2,448
Prepayments and accrued income	7,659	15,285
	<u>27,645</u>	<u>18,905</u>

All debtors relate to unrestricted funds in both 2021 and 2020.

15. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Bank overdraft	4,930	4,526
Trade creditors	7,309	2,614
PAYE / NI	9,475	6,298
Pension contributions	3,343	3,053
Other creditors	994	1,193
Accruals	13,678	12,908
Deferred income (Note 16)	39,823	43,292
	<u>79,552</u>	<u>73,884</u>

All creditors relate to unrestricted funds in both 2021 and 2020.

16. Deferred income

	Contributions to Rehabilitation Classes £	Lottery Income £	Programmes £	2021 Total £	2020 Total £
As at 1 January 2021	9,494	33,226	572	43,292	46,097
Released in the year	(9,494)	(33,226)	(572)	(43,292)	(46,097)
Deferred to next year	7,241	31,694	888	39,823	43,292
	<u>7,241</u>	<u>31,694</u>	<u>888</u>	<u>39,823</u>	<u>43,292</u>
As at 31 December 2021	<u>7,241</u>	<u>31,694</u>	<u>888</u>	<u>39,823</u>	<u>43,292</u>

17. Financial instruments

	2021 £	2020 £
Carrying amount of financial assets		
Financial instruments measured at amortised cost	19,986	3,619
Carrying amount of financial liabilities		
Financial instruments measured at amortised cost	25,917	20,048

18. Analysis of charitable funds

Analysis of movement in unrestricted funds:

	Balance b/fwd £	Income £	Expenditure £	Gains/ Transfers £	Balance c/fwd £
General Fund	249,012	968,339	(846,805)	(1,886)	368,660
Designated Funds:					
Property Assets Fund	380,784	-	(24,550)	3,260	359,494
	<u>629,796</u>	<u>968,339</u>	<u>(871,355)</u>	<u>1,374</u>	<u>728,154</u>

Analysis of movement in unrestricted funds – previous year:

	Balance b/fwd £	Income £	Expenditure £	Gains/ Transfers £	Balance c/fwd £
General Fund	76,799	944,147	(769,125)	(2,809)	249,012
Designated Funds:					
Property Assets Fund	408,800	-	(32,550)	4,534	380,784
	<u>485,599</u>	<u>944,147</u>	<u>(801,675)</u>	<u>1,725</u>	<u>629,796</u>

General Fund: The “free” reserves of the charity after allowing for all designated funds.

Designated Funds: The property assets fund is the value of the unrestricted funds already spent and represented by the tangible fixed assets of the charity (note 13).

Analysis of movement in restricted funds:

	Balance b/fwd £	Income £	Expenditure £	Gains/ Transfers £	Balance c/fwd £
Restricted Funds:					
National Lottery Community Fund	16,091	-	(16,091)	-	-
AstraZeneca	10,000	-	(7,282)	-	2,718
Blackpool CCG Covid response fund	-	3,360	(3,360)	-	-
Springfields employees' medical research and charity trust fund	-	1,490	(116)	(1,374)	-
The Skelton Charity	-	1,000	(1,000)	-	-
Tesco Bags of Help	-	1,000	(1,000)	-	-
	<u>26,091</u>	<u>6,850</u>	<u>(28,849)</u>	<u>(1,374)</u>	<u>2,718</u>

**National Lottery
Community Fund**

The charity received a grant for the programme, Coronavirus Community Support Fund. This was used towards the running of Heartbeat at Home and for rent and salaries associated with this. This money is to be used by the end of January 2021. All carried forward funds were spent.

AstraZeneca

The charity received this grant for use on Pulmonary and Vascular classes in the previous year, but none were run. This year, they have trialled a few classes which has gone well and still have some funds remaining for future classes

**Blackpool CCG Covid
Covid response fund**

This was provided for Heartbeat at Home and all funds were spent.

**Springfield employees'
medical research and
charity trust fund**

This was granted to assist with the purchase off sports equipment at the Blackpool site. The funds were fully spent in line with the conditions.

The Skelton Charity

This was provided for the purchase of medical supplies for the charity. The funds were fully spent in the year.

Tesco Bags of Help

This was provided for the purchase of medical supplies for the charity. The funds were fully spent in the year.

Transfers between funds represent assets purchased by a restricted donation which, when purchased, cease to be restricted and become part of the general assets.

Analysis of movement in restricted funds – previous year:

	Balance b/fwd £	Income £	Expenditure £	Gains/ Transfers £	Balance c/fwd £
Restricted Funds:					
National Lottery Community Fund	-	97,010	(80,392)	(527)	16,091
AstraZeneca	-	10,000	-	-	10,000
Sport England Grant	-	5,500	(5,500)	-	-
Community Foundation	-	5,000	(3,802)	(1,198)	-
Edward Gostling Foundation	-	4,025	(4,025)	-	-
Persimmon Grant	-	1,000	(1,000)	-	-
Tesco Grant	-	500	(500)	-	-
	-	123,035	(95,219)	(1,725)	26,091

**National Lottery
Community Fund**

The charity received a grant for the programme, Coronavirus Community Support Fund. This was used towards the running of Heartbeat at Home and for rent and salaries associated with this. This money is to be used by the end of January 2021.

AstraZeneca

The charity received this grant for use on Pulmonary and Vascular classes but none were run in the year, therefore, the full grant is carried forward

Sport England Grant

This grant was offered to assist with 1 staff members' salary through COVID-19 and to be used by 31 July 2020. All of these funds were spent.

Community Foundation

This was granted for delivering online exercise programmes, including mobile costs, laptop costs and staff costs. This was fully spent in the year on 2 laptops, telephone costs and staff.

Edward Gostling Foundation

This was provided for Heartbeat at Home and to deliver online classes and needed to be spent in 3 months. This was fully spent in the year.

Persimmon

This was provided for Heartbeat at Home and all funds were spent.

Tesco

This was provided for Heartbeat at Home and all funds were spent.

Transfers between funds represent assets purchased by a restricted donation which, when purchased, cease to be restricted and become part of the general assets.

19. Analysis of net assets between funds

Current year	Restricted Fund £	General Fund £	Designated Fund £	Total £
Tangible Fixed Assets	-	-	359,494	359,494
Current Assets	2,718	448,212	-	450,930
Current Liabilities	-	(79,552)	-	(79,552)
Total	<u>2,718</u>	<u>368,660</u>	<u>359,494</u>	<u>730,872</u>
Previous year	Restricted Fund £	General Fund £	Designated Fund £	Total £
Tangible Fixed Assets	-	-	380,784	380,784
Current Assets	26,091	322,896	-	348,987
Current Liabilities	-	(73,884)	-	(73,884)
Total	<u>26,091</u>	<u>249,012</u>	<u>380,784</u>	<u>655,887</u>

20. Commitments under operating leases

At 31 December 2021 the charity had an annual commitment under a non-cancellable operating lease for rent of the property at PNE. The remaining lease term is 28 years and analysis of the commitment is set out below:

	2021 Land and Buildings £	2020 Land and Buildings £
Operating lease which expires:		
Due within 1 year	60,000	60,000
Due within 2- 5 years	240,000	240,000
Due after 5 years	1,380,000	1,440,000
	<u>1,680,000</u>	<u>1,740,000</u>

At the reporting end date, the charity also had other outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Operating lease which expires:		
Due within 1 year	2,530	2,530
Due within 2- 5 years	4,498	6,707
Due after 5 years	-	321
	<u>7,028</u>	<u>9,558</u>