

# **Suffolk Accident Rescue Service**

## **Trustees' Annual Report and Accounts** for the year ended

**31<sup>st</sup> March 2023**



**SUFFOLK'S EMERGENCY  
MEDICAL CHARITY**

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## **ACKNOWLEDGEMENTS**

The Board of Trustees acknowledges with gratitude the work of its officers for their support to the entire board. Thanks also to our Charity Manager and his team, and to all the volunteer clinicians, charity volunteers and supporters who work together to advance the aims of this exceptional charity.

Last, but not least, we would like to acknowledge the guidance and contribution of our various professional advisors and the assistance of our Independent Examiner, Whittings LLP.





## **CHAIRMAN'S FOREWORD**



It has been an immense privilege to be the Chairman of Suffolk Accident Rescue Service (SARS) during its 50<sup>th</sup> year. This important milestone in the history of our charity has seen our service go from strength to strength. Our volunteer clinicians have continued to give up their spare time, sometimes totalling hundreds of hours, to bring their care and expertise to serious medical emergencies across the county, providing significant benefits for the patients they treat. Their commitment is simply astonishing.

Our clinicians are backed consistently by our small but dedicated staff team and a tireless group of charity volunteers who offer invaluable levels of support across the charity. Colin Gray, who received our Volunteer-Of-The-Year award this year, is a prime example. Colin thinks nothing of driving halfway across the county to pick up and deliver equipment or support SARS events, whether it be taking photos of the highest quality or helping demonstrate CPR to members of the public. So, thank you Colin, and our other volunteers for all the hours that you put in to support our work.

Finally, it has been a record-breaking fundraising year for our charity, and I would like to express my heartfelt gratitude on behalf of the SARS Trustees to the numerous supporters who have helped us over the last 12 months. Your generosity has enabled us to fund major investments in equipment and training for our clinical volunteers that will benefit patients in our local community for years to come. All the achievements I have mentioned are the result of teamwork, and we could not have done this without you.

I would now like to commend the annual report to you and hope that you enjoy learning more about the wonderful work of this remarkable Suffolk-based charity which has been serving our county for over half-a-century.



## **GOVERNANCE AND ADMINISTRATION**

Suffolk Accident Rescue Service ("SARS") was formed as a Registered Charity on 1<sup>st</sup> May 1972 and is now a Charitable Incorporated Organisation registered under the Charities Act 2011 and governed by an updated constitution dated 19<sup>th</sup> December 2022 with Charity registration number 1168764 and Company registration number CE008550.

### **TRUSTEES**

#### **Clinical Trustees:**

Mr James Whatling	Chairman
Dr. Karol Silovsky	
Mr Tim Daniels	
Dr Patricia Mills	

#### **Non-Clinical Trustees:**

Mr Harold Richardson	Secretary
Mrs Anne Daultrey	Treasurer
Mr Paul Hockey	Vice-Chairman
Mr Michael Caddock	
Mr Christopher Peter Lord	(appointed June 2023)
Mr Andrew Janes	(appointed June 2023)

#### **Charity Manager:**

Mr Ben Hall

#### **Principal Address:**

Unit 1b, Woolpit Business Park, Windmill Avenue, Woolpit IP30 9UP

#### **Independent Examiner:**

Whitings LLP, Greenwood Court, Skyliner Way, Bury St Edmunds IP32 7GY

#### **Bankers:**

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling ME19 4JQ

## **REPORT OF THE TRUSTEES**

### **Principal Objects**

The principal object of the Charity as defined by its constitution is to provide immediate medical treatment and care to persons in need by reason of accident or other emergency in the geographical county of Suffolk and adjoining areas. This work was begun by the CIO's predecessor in 1972. Highly skilled SARS clinical volunteers provide prehospital care to patients suffering a serious or life-threatening medical emergency or trauma. The service is provided without charge and is available to anyone. SARS is the first medical resource on scene in more than 30% of the incidents we attend.

The Charity has expanded the interpretation of its core objective to include the education of the public in Basic Life Support (BLS) skills including Cardio-Pulmonary Resuscitation (CPR) and the use of Automated External Defibrillators (AEDs).

The Charity receives no funding from central government or other agencies, and we rely on voluntary grants and donations to enable us to continue our vital work.

### **Activities in furtherance of Principal Objects**

During the year under review, our volunteer clinicians were mobilised to 525 emergency calls.

The Trustees are committed to increasing SARS' clinical resources to enable an expansion of our response.

### **Public Benefit**

The Charity provides public benefit by delivering its Principal Objects as outlined above. A more detailed description of how public benefit is delivered and recognised is contained in the Charity's Annual Impact Statement, filed as an appendix with this Annual Report.

## **Organisation and Structure**

The Trustees are the Charity Trustees as defined by Section 177 of *The Charities Act, 2011*.

As an emergency medical charity, the Trustees are obliged to ensure that proper arrangements exist to ensure compliance with medical regulation and best practice, and the constitution of the Charity requires a minimum of three Trustees to be registered clinicians.

The Board of Trustees meets a minimum of four times a year to receive reports from the Charity Manager and Treasurer, review clinical operations and financial statements, and to monitor the day-to-day activity of the Charity. In addition to monitoring these key elements, the trustees also review progress towards a number of defined strategic objectives and plans, and to consider risk.

Medical regulation and risk are overseen by the Clinical Management Committee, whose primary objective is to develop and maintain Clinical Governance procedures to ensure safe and effective care for patients attended by SARS Clinicians. The Committee must include a minimum of five SARS clinicians including at least one Doctor and one Paramedic.

## **Risk Management**

Risk management is a standing item on the agenda of each Trustees' meeting and Trustees aim to review a specific area of identified risk on each occasion.



## **FINANCIAL REPORTING AND REVIEW**

### **Reporting**

The Trustees have adopted the option of reporting the Charity's financial activities through a Receipts and Payments Account supplemented by a Statement of Assets and Liabilities. The Charity has no permanent or endowment funding and is wholly dependent on day-to-day cash flow. The Trustees consider this is better reflected using this format.

### **Review**

In this financial year, the Charity attracted significantly more donations, receiving £143,305 (2022: £92,588); receipts from other activities also increased to £90,579 (2022: £58,995). There has also been an increase in the level of restricted funding to £50,468 (2022: £44,984).

During the year, the charity spent £76,165 (2022: £9,609) on equipment, of which almost £69,000 was for clinical use. The balance was used to upgrade IT systems and motor vehicles.

The payments for the Charity have also increased to £143,038 (2022: £115,530) mainly due to increased activity by the clinical volunteers responding to more medical emergencies and the purchase of additional clinical equipment. Fundraising activity has returned to pre-pandemic levels and, consequently, the cost of raising funds has also increased.

At the end of the financial year, the Charity had a surplus of receipts over payments amounting to £17,124 (2022: £26,460).

As shown in the Statement of Assets and Liabilities at 31<sup>st</sup> March 2023 the Charity had unpaid liabilities of £7,240 (2022: £6,967) and was not due to receive any additional receipts.

### **Reserves**

At 31<sup>st</sup> March 2023, the total available unrestricted cash amounted to £129,397 which is considered sufficient by the Trustees to maintain its reserves policy to cover the total fixed annual costs of the Charity.

Approved by the Board of Trustees on WEDNESDAY 9<sup>th</sup> August 2023  
and signed on its behalf by:



James Whatling - Chairman



Harry Richardson - Secretary

## **INDEPENDENT EXAMINER'S REPORT**

We report to the Charity Trustees on our examination of the accounts of the Charity for the year ended 31<sup>st</sup> March 2023, which are set out on pages 9 to 12.

### **Responsibilities and basis of report**

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

We report in respect of our examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination we have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

We have completed by examination. We confirm that no material matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Whitings LLP*

**Jaimie King ACA**

For and on behalf of

**Whitings LLP**

Greenwood Court

Skyliner Way

Bury St Edmunds

Suffolk IP32 7GY

Date: *9<sup>th</sup> August 2023*



**SUFFOLK ACCIDENT RESCUE SERVICE****RECEIPTS AND PAYMENTS ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b>RECEIPTS</b>					
Donations and grants	1	92,837	50,468	143,305	92,588
Other activities	2	90,579	-	90,579	58,995
Investments		763	-	763	16
Revenue Receipts		184,179	50,468	234,647	151,599
Sale of assets		1,680	-	1,680	-
<b>Total receipts</b>		<b>185,859</b>	<b>50,468</b>	<b>236,327</b>	<b>151,599</b>
<b>PAYMENTS</b>					
Raising funds		(23,298)	-	(23,298)	(15,034)
Charitable activities	3	(111,589)	(8,151)	(119,740)	(100,496)
Revenue payments		(134,887)	(8,151)	(143,038)	(115,530)
Purchase of assets	4	(18,323)	(57,842)	(76,165)	(9,609)
<b>Total payments</b>		<b>(153,210)</b>	<b>(65,993)</b>	<b>(219,203)</b>	<b>(125,139)</b>
Net revenue movements in the year		49,292	42,317	91,609	36,069
Net capital movements in the year		(16,643)	(57,842)	(74,485)	(9,609)
<b>TOTAL NET RECEIPTS</b>		<b>32,649</b>	<b>(15,525)</b>	<b>17,124</b>	<b>26,460</b>
<b>Cash funds last year end</b>		<b>96,748</b>	<b>27,726</b>	<b>124,474</b>	<b>98,014</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>129,397</b>	<b>12,201</b>	<b>141,598</b>	<b>124,474</b>

The notes on pages 11 & 12 form part of these accounts.



## SUFFOLK ACCIDENT RESCUE SERVICE

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

#### 1 Grants and Donations

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Donations	70,040	48,229	118,269	69,114
Local Authority	22,797	2,239	25,036	23,474
	<b>92,837</b>	<b>50,468</b>	<b>143,305</b>	<b>92,588</b>

#### 2 Other Activities

Receipts from other activities has continued to increase significantly in 2022-23, to £90,579 (2022: £58,995), as a result of increased fundraising aimed at encouraging new and retaining existing third-party fundraisers.

#### 3 Analysis of expenditure - Charitable Activities

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Rescue Services	92,075	8,151	100,226	87,394
Support Costs	19,514	-	19,514	13,102
	<b>111,589</b>	<b>8,151</b>	<b>119,740</b>	<b>100,496</b>

#### 4 Purchase of Assets

During the financial year, six medical and three office equipment items were acquired and an events vehicle at a cost of £76,165. Restricted funds amounting to £57,842 were utilised in the acquisitions (2022: two medical and one office equipment items £9,609).

# SUFFOLK ACCIDENT RESCUE SERVICE


## STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2023

	Note	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b>CASH FUNDS</b>					
Cash at bank		129,213	12,201	141,414	124,219
Petty cash		184	-	184	255
<b>Total cash funds</b>		<b>129,397</b>	<b>12,201</b>	<b>141,598</b>	<b>124,474</b>
<b>Other monetary assets</b>					
<b>FIXED ASSETS retained for charity's use</b>					
Estimated value at 31 <sup>st</sup> March 2023	5	108,410		108,410	58,253
<b>LIABILITIES</b>					
Creditors due within one year		7,240	-	7,240	6,967
Photocopier lease: due within one year		-	-	-	493
due between 1 and 5 years		-	-	-	370
RRV lease: due within one year		1	-	1	1
due between 1 and 5 years		2	-	2	3

The notes on pages 11 & 12 form part of these accounts.

The financial statements were approved by the Board of Trustees on 9<sup>th</sup> August 2023 and signed on their behalf by:

  
James Whatling - Chairman

  
Anne Daultrey - Treasurer

**SUFFOLK ACCIDENT RESCUE SERVICE**  
**NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023**

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**5 Fixed Assets**

	<b>Medical Equipment £</b>	<b>Computer Equipment £</b>	<b>Vehicles £</b>	<b>Total £</b>
At 31 March 2022	27,386	706	30,161	58,253
At 31 March 2023	80,153	2,636	25,621	108,410

Fixed Assets are stated at the Trustees' estimate of net realisable value.

**6 Analysis of staff costs and key personnel**

A total of 5 staff (full time equivalent - 3) are employed by the charity (2022: 4 staff, full time equivalent 2.5).

No employees received more than £60,000 during the year (2022: none).

**7 Related Parties**

There were no related party transactions during the year (2022: none).



## Suffolk Accident Rescue Service

# IMPACT STATEMENT



When addressing the Charity's aims and objectives and when planning future activities, the Trustees have had regard to the Charity Commission's guidance on public benefit.

This impact statement allows a fuller description of the Charity's activities and achievements than is possible within the main body of the Trustees' Annual Report.



In essence, a SARS responder improves outcomes for patients by:

1. SAVING LIVES
2. DELIVERING VITAL ADVANCED INTERVENTIONS IN THE PREHOSPITAL ENVIRONMENT
3. REDUCING THE RISK OF PERMANENT DISABILITY
4. PROVIDING EFFECTIVE RELIEF FROM PAIN

Immediate medical care is provided by a network of solo-responders in their own specially-equipped vehicles responding from various locations around the county. They are supplemented by teams of responders using SARS Rapid-Response Vehicles (RRVs). All SARS volunteer responders carry equipment and drugs not normally found on emergency ambulances, thereby significantly enhancing the Charity's ability to improve patient outcomes and save lives.

The Charity's services are provided without charge to any person in need throughout the geographical county of Suffolk and its adjoining areas.

SARS responded to 525 calls in the year ending 31<sup>st</sup> March 2023. SARS is more responsive and successful than ever before. This is thanks to the dedication and expertise of our clinicians supported by a small team of committed staff at HQ and our non-clinical volunteers.



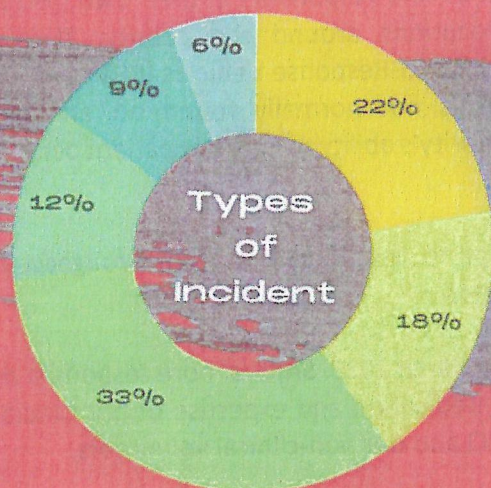
*"I am semi-retired and have some free time that I am happy to spend assisting the charity in any way that I am able. My career background has been with the ambulance service, and I have worked alongside some of the clinical volunteers and feel the support SARS provides to the people of Suffolk is vital."*

Sue Pateman, SARS charity volunteer (auditing)



## SARS OPERATIONAL STATISTICS

2022/23



Cardiac Arrests

RTO's

Medical

Falls

Sport and Other

Psychiatric

525

Mobilisations

31%

1st on Scene

### Advanced Interventions & Equipment

LUCAS automated chest compression device

Advanced Airway Management

Sedation and Anaesthesia

Video Laryngoscope

Surgical Skills

Ultrasound

Analgesia





***"You have given me the confidence I would need if I ever had to deploy the skills taught. Thank you!"***

781 adults and children attended SARS CPR and Defibrillator awareness sessions in 2022/23





## SAVING LIVES BY DELIVERING ADVANCED INTERVENTIONS...



Tony Michell went into cardiac arrest in August 2022. A SARS volunteer critical care team were swiftly dispatched to the scene. Tony's wife, Sheila had already started the chain of survival by commencing CPR. The SARS team on arrival assessed Tony before deploying their LUCAS device to undertake automated chest compressions. Tony was successfully resuscitated and a SARS doctor then undertook an advanced airway intervention to stabilize his condition before accompanying him in the back of the ambulance to hospital. Thankfully Tony has made a full recovery and has since returned to the golf course and was well enough to enjoy a family holiday in Botswana!

## REDUCING THE RISK OF PERMANENT DISABILITY AND PROVIDING RELIEF FROM PAIN...

SARS clinicians carry advanced drugs, including painkillers and sedatives, which are not normally found on frontline ambulances. This enables them to undertake specialist interventions such as sedation and anaesthesia, which would not otherwise be possible outside a hospital environment.

Over the course of this year, SARS clinicians administered sedations and provided advanced pain relief to 58 time-critical patients to enable their rapid transfer to hospital. In the majority of these cases, the patients were accompanied to hospital by a SARS clinician to ensure their condition remained stable throughout the journey.





## IMPROVING PATIENT OUTCOMES...

*"Suffolk Accident Rescue Service looked after my partner when she had a brain aneurysm. They saved her life and we are truly grateful to them"*

(Husband of patient attended by a SARS critical care team in June 2022)

SARS clinicians undertook surgical and advanced airway management procedures on 29 patients to help preserve life before transferring to hospital.

15 patients in cardiac arrest were also resuscitated with the help of fellow emergency service personnel.

In total, SARS treated 394 patients between April 2022 and March 2023 and a SARS responder was the first medical resource on scene in 31% of the medical emergencies that they attended.



*"My wife suffered a massive cardiac arrest and, if it wasn't for Steve and the Suffolk Accident Rescue Service, she wouldn't be here to tell the story. These guys do a fantastic job. We need SARS to carry on the great work they do."*

(Husband of a SARS patient 2023)



