

SUFFOLK ACCIDENT RESCUE SERVICE

England & Wales · Charity number 1168764

Details

Other names SARS

Status Registered

Legal form CIO

Registered 2016-08-15

Register [View on the Charity Commission register](#)

Contact

Address Suffolk Accident
Rescue Service
Unit 1b Woolpit Business Park
Windmill Ave
Woolpit
Bury St

Phone 01359244186

Email admin@sars999.org.uk

Website www.sars999.org.uk

Activities

Objects: THE PROVISION OF IMMEDIATE MEDICAL TREATMENT AND CARE TO PERSONS IN NEED BY REASON OF ACCIDENT OR OTHER EMERGENCY IN THE GEOGRAPHICAL COUNTY OF SUFFOLK AND ADJOINING AREAS.

Activities: PROVIDES IMMEDIATE MEDICAL TREATMENT AND CARE TO PERSONS IN NEED BY REASON OF ACCIDENT OR OTHER EMERGENCY WITHIN THE GEOGRAPHICAL COUNTY OF SUFFOLK AND ADJOINING AREAS.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Cambridgeshire
- Essex
- Norfolk
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£313,457	£235,986	-	-
2024-03-31	£231,604	£232,376	-	-
2023-03-31	£236,327	£219,203	-	-
2022-03-31	£151,599	£125,139	-	-
2021-03-31	£143,907	£124,576	-	-

Trustees

Name	Role	Appointed
HAROLD RICHARDSON	Chair	2016-01-16
Andrew John Janes		2023-06-14
Brenda Patricia McLoughlin		2023-12-13
Christopher Peter Lord		2023-06-14
Dr Patricia Mills		2020-12-16
James Whatling		2017-11-18
Karol Silovsky		2018-01-17
MR TIM DANIELS		2017-11-18
Michael Caddock		2020-12-16

SUFFOLK ACCIDENT RESCUE SERVICE

England & Wales - Charity number 1168764

Accounts



ANNUAL REPORT 2024-2025

Charity number 1168764



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WELCOME FROM THE CHAIR



I am immensely privileged to have been elected as the first non-clinical Chairman of Suffolk Accident Rescue Service ('SARS') in November 2024, a little over a decade after I experienced first-hand the exceptional care we provide when I was involved in a serious road traffic collision. My sincere gratitude goes to my immediate predecessor, James Whatling, for his calm and steady stewardship of SARS over these past few years.

As we have continued to grow as a charity in 2024/25, this commitment to high-quality patient care remains central to our core mission. In January **we achieved our 20,000th emergency callout** – a reminder of just how much has been achieved over the last 53 years through the determination and perseverance of our responders, staff, and volunteers.

Our final income position, with more than £313,000 received, also represents our **most successful fundraising year** to date, in addition to very generous legacy income. All of this strengthens the charity's foundations and enables our brilliant teams of clinical responders to provide the life-saving and life-changing care of which we are all so proud.

We are delighted to have welcomed 6 new clinical responders and 9 new charity volunteers during the course of the year. Jo Rogers joined the office team as Charity Administrator in April 2024 and has been doing an exceptional job of keeping us all organised, including arranging a series of regular, well-received volunteer meetings throughout the year.

As many may already know, Ben Hall will shortly be leaving SARS after **13 years of extraordinary leadership**, during which time the charity has gone from strength-to-strength. We are hugely grateful to Ben for his hard work over such a long period, and his achievements in driving forward the organisation through the Covid-19 pandemic and beyond. Ben will certainly be missed but I know we will all wish him every success in his new role.

I also want to thank our former Trustee, Anne Daultrey, who stepped down in November after several years of service. During that time Anne worked diligently as the charity's Treasurer and has been an enormous asset to the Board with her wise, thoughtful counsel.

As we turn to the future, the Trustees have considered **a new strategy to outline our vision for SARS** in the coming years, as we navigate a complex and changing landscape in health policy and NHS reorganisation. I am very grateful to my colleagues on the Board of Trustees for their support and guidance during my first year in the chair, and particularly the honorary officers for the unique roles they play in helping to lead this wonderful organisation.

On behalf of the Trustees I wanted to finally, and most importantly, offer my heartfelt thanks to everyone: our hardworking office staff (Ben, Jo, Kim, and Zoe), our outstanding responders, selfless volunteers, and generous supporters. Your incredible efforts throughout the year have allowed us treat ever more patients at a time when they need it most.

It is my great pleasure to commend the Accounts and Annual Report to our 2025 Annual General Meeting.

A handwritten signature in blue ink that reads "Harry Richardson". The signature is fluid and cursive, with a long horizontal flourish at the end.



CLINICAL ACTIVITY APRIL 24–MARCH 25

MOBILISATION DATA

Mobilisations: 620
Active Clinicians: 44
Locations Attended: 149
First on Scene: 26%



LOCATION DATA

INCIDENT DATA

■ RTC: 113
■ CARDIAC ARREST: 171
■ PSYCHIATRIC: 46
■ MEDICAL EVENT 134

■ SPORT 37
■ FALLS: 77
■ OTHER: 42

Your donations count. Thank You!

SARS clinicians responded to **620 emergency callouts** between 1 April 2024 and 31 March 2025. In total our clinicians treated **430 patients** and were the **first medical resource on scene in 26%** of the incidents that we attended. SARS provided a network of **15 solo responders** who were mobilised in their specially equipped vehicles from various locations across Suffolk. SARS solos included consultant anaesthetists, advanced paramedics and consultants in emergency medicine. **40 SARS clinicians** crewed our **3 charity rapid-response vehicles** to provide mobile teams giving advanced prehospital care across the county, and **583 people** learned about CPR and using a defibrillator at SARS public education sessions.



OUR IMPACT

SARS responders - first on scene in time-critical incidents.

SARS team responder Colin Gray with Albert Longe (pictured below) at this year's Suffolk Show. Colin was part of a SARS team who rushed to Albert's aid when he sustained a serious head injury.

"When every parent's worst nightmare happened to us, SARS very much came to the rescue. They were absolutely in control from the moment they arrived...they made sure Albert was stable and ready for the ambulance to take him to Addenbrookes. All would be forever grateful if they ever needed them, they are wonderful people. The SARS team are there to quite literally save you. Thank you!!!"



Helping save lives

Volunteer SARS paramedic, Steve Murrow was first on scene at a serious road traffic collision where Lewis suffered multiple life-threatening injuries.

“Due to the nature of my injuries, I wasn’t able to return to work until 3 weeks before the anniversary of the incident – I was determined not to have been off work for a year! I initially returned to office based, restricted duties but I have since reached career goals that I thought I would never reach. Ella and I have got married and, most importantly, I am still alive to watch my children grow up. If nothing else, the accident has proven that life is too short to sit still and, if SARS hadn’t been first on the scene, there would not have been a story to tell!”



Reducing the chances of permanent disability and providing relief from pain to ensure rapid transfer to hospital.

In December 2024, Oscar, from East Bergholt, had been enjoying his cousin's birthday party at an indoor play area when he injured his leg coming down a slide. He suffered a potential life-changing injury and was attended by two solo SARS responders, Paramedic Keiran Bromley and Dr Ben Peirce who were mobilised to the scene.

“Thank you so much to SARS for helping us at a time of great need and ensuring Oscar got the right pain relief and medical input at the right time. We are eternally grateful for all the caring team at SARS.”



Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

As a charity that receives no central government funding, SARS relies entirely on the support of our community to continue our life-saving work. We would like to thank all our supporters whose generous contributions help us provide advanced pre-hospital care to those in desperate need across Suffolk and its border areas. Your support funds essential equipment and training for our clinicians, and by helping SARS you are enabling us to bring positive outcomes to so many people.



**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND
ADVISERS FOR THE YEAR ENDED 31 MARCH 2025**

CLINICAL TRUSTEES

Mr James Whatling
Dr Karol Silovsky
Mr Tim Daniels
Dr Patricia Mills, Vice Chair

NON-CLINICAL TRUSTEES

Mr Harold Richardson, Chair
Mrs Anne Daultrey (retired 12th November 2024)
Mr Michael Caddock, Treasurer
Mr Peter Lord
Mr Andrew Janes
Ms Brenda McLoughlin, Secretary

CHARITY MANAGER Mr Ben Hall

CHARITY REGISTERED NO. 1168764

COMPANY REGISTERED NO. CE008550

REGISTERED OFFICE Unit 1b
Woolpit Business Park
Windmill Avenue
Woolpit
IP30 9UP

INDEPENDENT EXAMINER Whitings LLP
Greenwood House
Greenwood Court
Skyliner Way
Bury St Edmunds IP32 7GY
Suffolk

BANKERS	CAF Bank Ltd	Lloyds Bank
	Kings Hill	Victoria Branch
	West Malling	PO Box 1000
	ME19 4JQ	BX1 1LT

TRUSTEES' REPORT

The Trustees present their annual report together with the financial statements of the Charity for the year ended 31 March 2025. The Trustees confirm that the Annual Report and financial statements of the Charity comply with the current statutory requirements, the requirements of the charitable incorporated organisation (CIO)'s governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

a. Policies and objectives

The principal object of the Charity as defined by its constitution is to provide immediate medical treatment and care to persons in need by reason of accident or other emergency in the geographical county of Suffolk and adjoining areas.

The Charity has expanded interpretation of its core objective to include the education of the public in Basic Life Support (BLS) skills including Cardio-Pulmonary Resuscitation (CPR) and the use of Automated External Defibrillators (AEDs).

b. Strategies for achieving objectives

The Charity's work was begun by the CIO's predecessor in 1972. Highly skilled SARS clinical volunteers provide prehospital care to patients suffering a serious or life-threatening medical emergency or trauma. The service is provided without charge and is available to anyone.

The Charity receives no funding from central government and relies on voluntary grants and donations to enable it to continue its vital work.

c. Activities undertaken to achieve objectives

During the year under review, our volunteer clinicians were mobilised to 620 emergency calls. The Trustees are committed to increasing SARS' clinical resources to enable an expansion of our response.

d. Main activities undertaken to further the Charity's purposes for the public benefit

The trustees confirm they have had regard to the Charity Commission's guidance on public benefit. The Charity provides public benefit by delivering its Principal Objects as outlined above. A more detailed description of how public benefit is delivered and recognised is contained in the Charity's Annual Impact Statement, included with this Annual Report.

ACHIEVEMENTS AND PERFORMANCE

The achievements and performance of the Charity are detailed in the papers in this Annual Report including the Chair's Welcome and the Impact Statement.

FINANCIAL REVIEW

a. Reporting

The Trustees have adopted the accruals method of accounting in this Annual Report, in accord with the Charities SORP and FRS102 requirements. As a result, the comparative figures for the year ended 31st March 2024 have also been presented under the accruals method.

b. Review

The Trustees consider the Charity's state of affairs to be satisfactory. A carefully managed fundraising strategy aims to successfully maintain close links with the local community, and to underpin this with valuable support from Suffolk businesses. Whilst SARS has not been immune to the economic pressures experienced by charities generally, we have improved our self-generated income beyond the levels achieved in 2024, without

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

increasing fundraising costs. In consequence we have been able to spend more on delivering our public benefit services.

During the year our financial position was boosted by a legacy of over £59,000. This has enabled trustees to designate a reserve of £70,000 which is managed in accordance with the policy set out at c. below.

Going concern

In the opinion of the Trustees the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

c. Reserves policy

The trustees have determined that the Charity should maintain reserves which, based on a prudent and careful analysis of risk, will be sufficient to enable it to continue to deliver public benefit in circumstances which would otherwise inhibit or negate its ability to operate effectively.

In determining the amount required, the trustees have regard to the adequacy of the Charity's business continuity plan and assess the risk of unplanned events which could impact its capacity to maintain services.

Their review utilises an ongoing assessment of financial forecasts and includes consideration of possible strategic adjustments to reflect changes in clinical practice in the delivery of our service, capital expenditure, and other factors such as uncertainties arising from potential regulatory and fiscal changes. The reserves balance is formally reviewed twice a year and adjusted if appropriate.

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution

Suffolk Accident Rescue Service ("SARS") was formed as a Registered Charity on 1st May 1972 and is now a Charitable Incorporated Organisation registered under the Charities Act 2011 and governed by an updated constitution dated 19th December 2022 with the Charity registration number 1168764 and Company registration number CE008550.

b. Organisation and structure

The Trustees are the Charity Trustees as defined by Section 177 of The Charities Act 2011.

The Trustees are obliged to ensure that proper arrangements exist to ensure compliance with medical regulation and best practice, and the constitution of the Charity requires a minimum of three Trustees to be registered clinicians.

The Board of Trustees meets a minimum of four times a year to receive reports from the Charity Manager and Treasurer, review clinical operations and financial statements, and to monitor the day-to-day activity of the Charity. In addition to monitoring these key elements, the Trustees also review progress towards a number of defined strategic objectives and plans, and to consider risk. Risk management is a standing item on the agenda of each Trustees' meeting.

Medical regulation and risk are overseen by the Clinical Management Committee, whose primary objective is to develop and maintain Clinical Governance procedures to ensure safe and effective care for patients attended by SARS clinicians. The Committee must include a minimum of five SARS clinicians including at least one Doctor and one Paramedic.

c. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are appointed in accordance with the Charity's Constitution.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to Charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards (FRS 102) have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the Constitution. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the board of Trustees on 15th October 2025 and signed on their behalf by:



.....
Harold Richardson – Chair of Trustees



.....
Brenda McLoughlin – Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SUFFOLK ACCIDENT RESCUE SERVICE ('THE CHARITY')**

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2025.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jaimie King ACA DChA

Whitings LLP
Greenwood House
Skyliner Way
Bury St Edmunds
Suffolk
IP32 7GY

Date: 04/11/2025

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity
Charity registration no. 1168764

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Note	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	3	48,838	142,831	191,669	131,890
Charitable activities	4	-	118,700	118,700	97,392
Investments	5	-	3,088	3,088	2,323
Total income		<u>48,838</u>	<u>264,619</u>	<u>313,457</u>	<u>231,605</u>
Expenditure on:					
Raising funds	6	-	37,560	37,560	37,575
Charitable activities	7	57,705	140,721	198,426	169,420
Total expenditure		<u>57,705</u>	<u>178,281</u>	<u>235,986</u>	<u>206,995</u>
Net movement in funds		<u>(8,867)</u>	<u>86,338</u>	<u>77,471</u>	<u>24,610</u>
Reconciliation of funds:					
Total funds brought forward		114,150	154,894	269,044	244,434
Net movement in funds		(8,867)	86,338	77,471	24,610
Total funds carried forward	14	<u>105,283</u>	<u>241,232</u>	<u>346,515</u>	<u>269,044</u>

The notes on pages 15 to 25 form part of these financial statements.

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity
Charity registration no. 1168764

**BALANCE SHEET
AS AT 31 MARCH 2025**

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	143,137	132,828
Current assets			
Debtors	12	2,205	-
Cash at bank and in hand		211,406	140,826
		<u>213,611</u>	<u>140,826</u>
Creditors: amounts falling due within one year	13	(10,233)	(4,610)
		<u>203,378</u>	<u>136,216</u>
Net current assets		203,378	136,216
Total assets less current liabilities		346,515	269,044
Total net assets		<u>346,515</u>	<u>269,044</u>
Charity funds			
Restricted funds	14	105,283	114,150
Unrestricted funds	14	241,232	154,894
Total funds		<u>346,515</u>	<u>269,044</u>

The financial statements were approved by the Trustees on 15th October 2025 and signed on their behalf by:



.....
Harold Richardson – Chair of Trustees



M R Caddock (Nov 3, 2025 14:39:16 GMT)

.....
Michael Caddock - Treasurer

The notes on pages 15 to 25 form part of these financial statements.

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. General information

Suffolk Accident Rescue Service is registered with the Charity Commission (registered number 1168764) and with Companies House (registered number CE008550) and is constituted as a Charitable Incorporated Organisation in England and Wales.

2. Accounting policies

2.1 Basis of preparation of financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled. Gift aid is recognised against the donation when receivable.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

Gifts in kind, whether donated for distribution to the beneficiaries of the charity or for resale are included at fair value where material and practicable to do so. Fixed asset gifts in kind are recognised when receivable and are included at fair value. They are not deferred over the life of the asset.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Costs of raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities and events.

Costs of charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Support costs are those that assist the work of the Charity but do not directly represent charitable activities and include office costs, governance costs, and administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include work carried out at the office. Where support costs cannot be directly attributed to particular headings they have been allocated to costs of raising funds and costs of charitable activities on a basis consistent with the use of resources.

All expenditure is inclusive of irrecoverable VAT.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost or fair value if donated in kind. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following basis:

Plant and machinery	- 20%	straight line
Motor vehicles	- 25%	reducing balance
Office equipment	- 20%	straight line

2.6 Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

2.7 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

2. Accounting policies (continued)

2.8 Liabilities

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

2.9 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is to provide fixed assets utilised in the delivery of services.

Suffolk Accident Rescue Service (SARS)
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

3. Income from donations and legacies

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Donations				
Donations	4,000	51,686	55,686	41,419
Local authority	-	23,966	23,966	25,767
Charitable trusts	44,838	7,950	52,788	64,704
Total donations	<u>48,838</u>	<u>83,602</u>	<u>132,440</u>	<u>131,890</u>
Legacies	-	59,229	59,229	-
	<u>48,838</u>	<u>142,831</u>	<u>191,669</u>	<u>131,890</u>
Total 2024	<u>44,124</u>	<u>87,766</u>	<u>131,890</u>	

4. Income from charitable activities

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Fundraising events	29,112	29,112	36,691
Public and third-party fundraising	79,549	79,549	55,293
Merchandise, lottery & collections	9,004	9,004	5,408
Other income	1,035	1,035	-
	<u>118,700</u>	<u>118,700</u>	<u>97,392</u>
Total 2024	<u>97,392</u>	<u>97,392</u>	

Suffolk Accident Rescue Service (SARS)
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

5. Investment income

	Unrestricted funds 2025	Total funds 2025	Total funds 2024
	£	£	£
Interest received	<u>3,088</u>	<u>3,088</u>	<u>2,323</u>
Total 2024	<u>2,323</u>	<u>2,323</u>	

6. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2025	Total funds 2025	Total funds 2024
	£	£	£
Direct costs	12,722	12,722	18,011
Salary costs	23,979	23,979	18,418
Depreciation	859	859	1,146
	<u>37,560</u>	<u>37,560</u>	<u>37,575</u>
Total 2024	<u>37,575</u>	<u>37,575</u>	

7. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2025	Unrestricted funds 2025	Total 2025	Total 2024
	£	£	£	£
Charitable activities	<u>57,705</u>	<u>140,721</u>	<u>198,426</u>	<u>169,420</u>
Total 2024	<u>30,342</u>	<u>139,078</u>	<u>169,420</u>	

Suffolk Accident Rescue Service (SARS)
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

8. Analysis of expenditure by activities

	Activities undertaken directly 2025 £	Support costs 2025 £	Total funds 2025 £	Total funds 2024 £
Charitable activities	<u>179,457</u>	<u>18,969</u>	<u>198,426</u>	<u>169,420</u>
Total 2024	<u>148,486</u>	<u>20,934</u>	<u>169,420</u>	

Analysis of direct costs

	Total funds 2025 £	Total funds 2024 £
Salary costs	70,169	65,026
RRV costs	25,293	22,907
PPE & uniform costs	10,371	-
Solo costs	6,628	11,018
Medical equipment	21,240	16,354
Purchase of drugs	2,460	2,409
Training	5,380	1,322
Depreciation	37,916	29,450
	<u>179,457</u>	<u>148,486</u>

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Analysis of support costs

	Total funds 2025	Total funds 2024
	£	£
Finance and legal	5,928	5,762
Premises	4,703	5,655
General office costs	6,539	7,718
Depreciation	599	599
Governance costs	1,200	1,200
	<u>18,969</u>	<u>20,934</u>

9. Independent examiner's remuneration

	2025	2024
	£	£
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	<u>1,200</u>	<u>1,200</u>

10. Trustees' remuneration and expenses

During the year, no Trustee received any remuneration, expenses, or other benefits (2024 - £Nil).

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

11. Tangible fixed assets

	Plant and machinery £	Motor vehicles £	Office equipment £	Total £
Cost or valuation				
At 1 April 2024	195,908	69,612	8,251	273,771
Additions	48,998	-	682	49,680
At 31 March 2025	<u>244,906</u>	<u>69,612</u>	<u>8,933</u>	<u>323,452</u>
Depreciation				
At 1 April 2024	84,336	50,396	6,213	140,943
Charge for the year	33,968	4,804	597	39,372
At 31 March 2025	<u>118,304</u>	<u>55,200</u>	<u>6,810</u>	<u>180,315</u>
Net book value				
At 31 March 2025	<u>126,602</u>	<u>14,412</u>	<u>2,123</u>	<u>143,137</u>
At 31 March 2024	<u>111,572</u>	<u>19,216</u>	<u>2,038</u>	<u>132,828</u>

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

12. Debtors

	2025	2024
	£	£
Due within one year		
Trade debtors	<u>2,205</u>	<u>-</u>

13. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Trade creditors	5,635	152
Other taxation and social security	4,598	4,162
Other creditors	-	296
	<u>10,233</u>	<u>4,610</u>

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

14. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/(out) £	Balance at 31 March 2025 £
Unrestricted funds					
Designated funds					
Designated reserve	-	-	-	70,000	70,000
General funds					
General Funds	154,894	264,619	(178,281)	(70,000)	171,232
Total Unrestricted funds	154,894	264,619	(178,281)	-	241,232
Restricted funds					
Restricted funds	114,150	48,838	(57,705)	-	105,283
Total of funds	269,044	313,457	(235,986)	-	346,515

The designated reserve represents monies set aside by the Trustees in accordance with the reserves policy detailed in the Trustees report.

15. Summary of funds

Summary of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/(out) £	Balance at 31 March 2025 £
Designated funds	-	-	-	70,000	70,000
General funds	154,894	264,619	(178,281)	(70,000)	171,232
Restricted funds	114,150	48,838	(57,705)	-	105,283
	269,044	313,457	(235,986)	-	346,515

Suffolk Accident Rescue Service (SARS)
Suffolk's Emergency Medical Charity

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

16. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Tangible fixed assets	94,969	48,168	143,137
Current assets	10,314	203,297	213,611
Creditors due within one year	-	(10,233)	(10,233)
Total	<u>105,283</u>	<u>241,232</u>	<u>346,515</u>

Analysis of net assets between funds - prior year

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	107,153	25,675	132,828
Current assets	6,997	133,829	140,826
Creditors due within one year	-	(4,610)	(4,610)
Total	<u>114,150</u>	<u>154,894</u>	<u>269,044</u>

17. Related party transactions

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 March 2025.

SUFFOLK ACCIDENT RESCUE SERVICE

England & Wales - Charity number 1168764

Accounts

Suffolk Accident Rescue Service

Trustees' Annual Report & Accounts

for the year ended
31st March 2024



Serving our community

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Acknowledgements

The Board of Trustees acknowledges with gratitude the work of its officers for their support to the entire board. Thanks also to our Charity Manager, Ben Hall and his team, and to all the volunteer clinicians, Charity volunteers and supporters who work together to advance the aims of this exceptional Charity.

Last, but not least, we would like to acknowledge the guidance and contribution of our various professional advisors and the assistance of our Independent Examiner, Whitings LLP.



Figure 1: SARS team on shift - CCP Andy Bates, Dr Edwin Li & CCP Jemma Varela

Chairman's Foreword



Whilst reading the Trustee's Annual Report and Accounts I am reminded yet again, of all the truly wonderful people who are associated and connected with our charity. We are fortunate to be supported by inspiring and humbling individuals who give up so much, so that other people can benefit from the expertise and experience that a SARS responder brings to the scene of a sudden medical or trauma emergency.

The phrase, "*Teamwork makes the dream work*", is often found in motivational quotations and as part of other dramatic visualisations across social-media platforms. It is as relevant today, as it was back in 2002 when it was first coined by John C Maxcell in his book of the same name. Whatever your views on social media-might be, it is an irrefutable fact that the Charity must embrace new ways of publicising and organising its vitally important fundraising work in today's ever-changing, technologically driven world. To this end, our fundraising team have been working incredibly hard, often quietly behind the scenes, exploring new systems that we can use to best support the Charity to increase its fundraising capability. This work will only be successful if built upon firm foundations, and I must take a moment to thank all the office staff who have carried out their work so efficiently.

All of our volunteers, both new and old, are the lifeblood of the Charity and without them we would be nothing. I would like to place on record my thanks to all our longstanding volunteers, many of whom have given more than a decade of service to the Charity. At the same time I would like to extend a warm welcome to Cassidy, Ted and Jon who have augmented our Charity's volunteer pool in the last year. I would also like to mention Callum, Keiran, Harry and Tom who have joined the Charity as clinical volunteers - it is inspiring to see that we continue to benefit from already busy people giving up their precious spare time for the benefit of others.

I must also mention Paul Hockey, my Vice-Chair on the Board of Trustees who stood down during the year. Paul's expertise in the area of Human Resources has vastly benefitted SARS over the years, and we wish him well for the future. I would also like to welcome Peter Lord, Andy Janes and Brenda McLoughlin to the Board, their wealth of experience will prove invaluable in future years.

Whilst we quite rightly celebrate those people who have joined the Charity, we also acknowledge the tremendous achievements of Dr Andy Mason, who finally decided to retire as a volunteer earlier this year after 50 years of service. Many of you will remember that Andy was one of our most prolific clinical responders before standing down from clinical duties in 2014. Since then he had been equally busy supporting SARS by heading up our community-based CPR sessions, updating our PowerPoint presentations and even coming to the rescue when some of our 'simulation' equipment needed 're-engineering'. We will all miss you terribly but wish you both a long and prosperous retirement.

On behalf of the Trustees, I would like to commend the Annual Report to you and trust that you will enjoy hearing more about the tremendous work carried out by SARS.

James Whatling

Governance and Administration

Suffolk Accident Rescue Service ("SARS") was formed as a Registered Charity on 1st May 1972 and is now a Charitable Incorporated Organisation registered under the Charities Act 2011 and governed by an updated constitution dated 19th December 2022 with Charity registration number 1168764 and Company registration number CE008550.

Board of Trustees

Clinical Trustees:

Mr James Whatling Chairman

Dr Karol Silovsky

Mr Tim Daniels

Dr Patricia Mills

Non-Clinical Trustees:

Mr Harold Richardson Vice Chairman

Mrs Anne Daultrey Treasurer

Mr Paul Hockey Resigned 15th November 2023

Mr Michael Caddock Secretary

Mr Peter Lord Appointed 14th June 2023

Mr Andrew Janes Appointed 14th June 2023

Ms Brenda McLoughlin Appointed 13th December 2023

Charity Manager:

Mr Ben Hall

Principal Address:

Unit 1b, Woolpit Business Park, Windmill Avenue, Woolpit IP30 9UP

Independent Examiner:

Whitings LLP, Greenwood House, Greenwood Court, Skyliner Way,
Bury St Edmunds IP32 7GY

Bankers:

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling ME19 4JQ

Lloyds Bank, Victoria Branch, PO Box 1000, BX1 1LT

Report of the Trustees

Principal Objects

The principal object of the Charity as defined by its constitution is to provide immediate medical treatment and care to persons in need by reason of accident or other emergency in the geographical county of Suffolk and adjoining areas. This work was begun by the CIO's predecessor in 1972. Highly skilled SARS clinical volunteers provide prehospital care to patients suffering a serious or life-threatening medical emergency or trauma. The service is provided without charge and is available to anyone.

The Charity has expanded interpretation of its core objective to include the education of the public in Basic Life Support (BLS) skills including Cardio-Pulmonary Resuscitation (CPR) and the use of Automated External Defibrillators (AEDs).

The Charity received no funding from central government, or other agencies, and relies on voluntary grants and donations to enable it to continue its vital work.

Activities in Furtherance of Principal Objects

During the year under review, our volunteer clinicians were mobilised to 561 emergency calls. The Trustees are committed to increasing SARS' clinical resources to enable an expansion of our response.

Public Benefit

The Charity provides public benefit by delivering its Principal Objects as outlined above. A more detailed description of how public benefit is delivered and recognised is contained in the Charity's Annual Impact Statement, filed as an appendix with this Annual Report.

Organisation and Structure

The Trustees are the Charity Trustees as defined by Section 177 of *The Charities Act, 2011*.

As an Emergency Medical Charity, the Trustees are obliged to ensure that proper arrangements exist to ensure compliance with medical regulation and best practice, and the constitution of the Charity requires a minimum of three Trustees to be registered clinicians.

The Board of Trustees meets a minimum of four times a year to receive reports from the Charity Manager and Treasurer, review clinical operations and financial statements, and to monitor the day-to-day activity of the Charity. In addition to monitoring these key elements, the Trustees also review progress towards a number of defined strategic objectives and plans, and to consider risk.

Medical regulation and risk are overseen by the Clinical Management Committee, whose primary objective is to develop and maintain Clinical Governance procedures to ensure safe and effective care for patients attended by SARS clinicians. The Committee must include a minimum of five SARS clinicians including at least one Doctor and one Paramedic.

Risk Management

Risk management is a standing item on the agenda of each Trustees' meeting and Trustees aim to review a specific area of identified risk on each occasion.

FINANCIAL REPORTING AND REVIEW

Reporting

The Trustees have adopted the option of reporting the Charity's financial activities through a Receipts and Payments Account supplemented by a Statement of Assets and Liabilities. The Charity has no permanent or endowment funding and is wholly dependent on day-to-day cash flow. The Trustees consider this is better reflected using this format.

Review

The Trustees consider the financial results for the year are satisfactory. Despite the impact of higher inflation and interest rates, total receipts were almost equivalent to 2023 when the Charity celebrated its 50th anniversary and achieved its highest ever level of income in a financial year. Charity Fundraising produced £36,691 in 2024 (2023: £11,791) due to the efforts of a dedicated team of charity volunteers and staff from head office. Fundraising and public awareness of SARS have both benefitted from attendance at local events which has in part increased the costs of raising funds.

The payments by the Charity increased to £176,765 (2023: £143,038) reflecting increased activity by our clinical volunteers responding to more medical emergencies, new medical volunteers joining, and the purchase of some new personal protective equipment (PPE) partially funded from specific donations. In spite of this, at the end of the financial year the Charity's payments exceeded receipts by only £772. In 2023 there was an excess of receipts amounting to £17,124 of which £12,201 was for specific capital expenditure which was made in 2024 and included in the payments for the current year.

As shown in the Statement of Assets and Liabilities at 31st March 2024, the Charity had unpaid liabilities of £4,610 (2023: £7,240). There were no outstanding debts due to the Charity in either year.

Reserves

At 31st March 2024, the total available unrestricted cash amounted to £133,828, which is considered sufficient by the Trustees to maintain its reserves policy.

Approved by the Board of Trustees on 16th October 2024 and signed on its behalf by:



James Whatling - Chair of Trustees



Michael Caddock - Secretary

INDEPENDENT EXAMINERS REPORT

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31st March 2024, which are set out on pages 11 to 14.

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed by examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Whitings LLP

Jaimie King ACA

For and on behalf of

Whitings LLP

Greenwood Court

Skyliner Way

Bury St Edmunds

Suffolk IP32 7GY

Date: *16th October 2024*



Figure 2: Equipment costs associated with equipping SARS Solo- and Team Clinicians

SUFFOLK ACCIDENT RESCUE SERVICE
RECEIPTS AND PAYMENTS ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted £	Restricted £	2024 Total £	Restated 2023 Total £
RECEIPTS					
Donations	1	148,466	44,124	192,590	222,093
Other activities	2	36,691	-	36,691	11,791
Investments		2,323	-	2,323	763
Revenue Receipts		<u>187,480</u>	<u>44,124</u>	<u>231,604</u>	<u>234,647</u>
Sale of Assets		-	-	-	1,680
Total Receipts		<u><u>187,480</u></u>	<u><u>44,124</u></u>	<u><u>231,604</u></u>	<u><u>236,327</u></u>
PAYMENTS					
Raising funds		37,328	-	37,328	23,298
Charitable activities	3	126,375	13,062	139,437	119,740
Revenue payments		<u>163,703</u>	<u>13,062</u>	<u>176,765</u>	<u>143,038</u>
Purchase of assets	4	19,346	36,265	55,611	76,165
Total payments		<u><u>183,049</u></u>	<u><u>49,327</u></u>	<u><u>232,376</u></u>	<u><u>219,203</u></u>
Net revenue receipts in the year		23,777	31,062	54,839	91,609
Net capital payments in the year		19,346	36,265	55,611	74,485
TOTAL NET RECEIPTS/(PAYMENTS)		<u>4,431</u>	<u>(5,203)</u>	<u>(772)</u>	<u>17,124</u>
Cash funds last year end		<u>129,397</u>	<u>12,201</u>	<u>141,598</u>	<u>124,474</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>133,828</u></u>	<u><u>6,998</u></u>	<u><u>140,826</u></u>	<u><u>141,598</u></u>

The attached notes on pages 13 & 14 form part of these accounts


SUFFOLK ACCIDENT RESCUE SERVICE**STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2024**

	Note	Unrestricted £	Restricted £	2024 Total £	2023 Total £
CASH FUNDS					
Cash at bank		133,664	6,998	140,662	141,413
Petty Cash		164	-	164	185
Total Cash Funds		133,828	6,998	140,826	141,598
FIXED ASSETS retained for charity's use					
Estimated value at 31st March 2024	5	132,828	-	132,828	108,410
LIABILITIES					
Creditors due within one year		4,610	-	4,610	7,240
Photocopier lease: due within one year		960	-	960	-
due between 1 and 5 years		3,535	-	3,535	-
RRV lease: due within one year		1	-	1	1
due between 1 and 5 years		1	-	1	2

The attached notes on pages 13 & 14 form part of these accounts

The financial statements were approved by the Board of Trustees on 16th October 2024 and signed on their behalf by:


James Whatling - Chairman


Anne Daultrey - Treasurer

SUFFOLK ACCIDENT RESCUE SERVICE**Additional Notes to Accounts****1 Grants and Donations**

	Unrestricted	Restricted	2024 Total	2023 Restated Total
	£	£	£	£
Donations	69,977	41,554	111,531	122,529
Local Authority	23,197	2,570	25,767	25,036
Public and Third Party Fundraising	55,292	-	55,292	74,528
	<u>148,466</u>	<u>44,124</u>	<u>192,590</u>	<u>222,093</u>

2 Other Activities

Receipts raised by 'Public and Third Party Fundraisers', £55,292 (2023: £74,528), and funds generated through charity lottery, collection pots and merchandise amounted to £60,700 (2023: £78,788). This income, previously reported under 'Other Activities', is now recorded as 'Donations'. This is in order to distinguish income raised directly by SARS fundraising events, £36,691 (2023: £11,791), exclusively under 'Other Activities'. Prior year figures have been restated in line with this amendment.

3 Analysis of expenditure - Charitable Activities

	Unrestricted	Restricted	2024 Total	2023 Total
	£	£	£	£
Rescue Services	105,659	13,062	118,721	100,226
Support Costs	20,716	-	20,716	19,514
Charitable activities	<u>126,375</u>	<u>13,062</u>	<u>139,437</u>	<u>119,740</u>

4 Purchase of Assets

During the financial year four items of medical equipment were acquired at a cost of £55,611 (2023: six medical and three office equipment items were acquired and a fundraising vehicle at a cost of £76,165), £36,265 of which was purchased with funds raised specifically for these items.

SUFFOLK ACCIDENT RESCUE SERVICE

Additional Notes to Accounts continued

5 Fixed Assets

	Medical Equipment £	Computer Equipment £	Vehicles £	Total £
At 31 March 2023	80,153	2,636	25,621	108,410
At 31 March 2024	111,573	2,039	19,216	132,828

Fixed Assets are stated at the Trustees' estimate of net realisable value.

6 Analysis of staff costs and key personnel

A total of 5 staff (FTE 3.5) are employed by the Charity (2023: 5 staff, FTE 3.5).

No employees received more than £60,000 during the year (2023: none).

7 Related Parties

There were no related party transactions during the year (2023: none).

Suffolk Accident Rescue Service

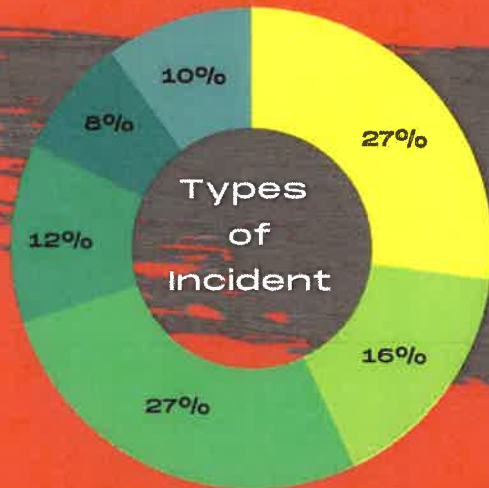
IMPACT STATEMENT



When addressing the Charity's aims and objectives and when planning future activities, the Trustees have had regard to the Charity Commission's guidance on public benefit. This impact statement allows a fuller description of the Charity's activities and achievements than is possible within the main body of the Trustees' Annual Report.

SARS OPERATIONAL STATISTICS

2023/24



Cardiac Arrests
RTC's
Medical
Falls
Sport and Other
Psychiatric

561

Mobilisations

30%

1st on Scene

Advanced Interventions & Equipment

LUCAS automated chest compression device

Advanced Airway Management

Sedation and Anaesthesia

Video Laryngoscope

Surgical Skills

Ultrasound

Analgesia



A SARS responder improves outcomes for patients by:

1. SAVING LIVES
2. DELIVERING VITAL ADVANCED INTERVENTIONS IN THE PREHOSPITAL ENVIRONMENT
3. REDUCING THE RISK OF PERMANENT DISABILITY
4. PROVIDING EFFECTIVE RELIEF FROM PAIN

Immediate medical care is provided by a network of solo-responders in their own specially equipped vehicles responding from various locations around the county. They are supplemented by teams of responders using SARS Rapid-Response Vehicles (RRVs). All SARS responders carry equipment and drugs not normally found on emergency ambulances, thereby significantly enhancing the Charity's ability to improve patient outcomes and save lives. The Charity's services are provided without charge to any person in need throughout the geographical county of Suffolk and its adjoining areas.

SARS responded to 561 calls in the year ending 31st March 2024. SARS remains responsive and successful in achieving positive patient outcomes thanks to the dedication and expertise of our clinicians supported by a small team of committed staff at HQ and our non-clinical volunteers.

In total, SARS treated 396 patients between April 2023 and March 2024 and a SARS responder was the first medical resource on scene in 30% of the medical emergencies that they attended.



Figure 3: Clinical Support Volunteer, Colin Gray and Advanced Clinical Practitioner, Liam Sands

"The fact of the matter is, it was SARS getting there so quickly that really made the difference to me" - SARS patient, Tony Michell.



Figure 4: Charity volunteers play a vital role in helping raise funds for SARS



Figure 5: 1318 adults and children attended SARS CPR & Defibrillator awareness sessions in 2023/24

16 patients in cardiac arrest were resuscitated with the help of fellow emergency service personnel.

“We all have things to be grateful for and a lot of the time they go unnoticed, and sometimes unneeded, but when you do, WOW it makes you appreciate life and the generous people that give up their precious time to help others. Mum had a cardiac arrest in Dobbie’s Garden Centre in Woodbridge earlier this year. Thankfully some amazing first aid trained staff, the onsite defibrillator, and the volunteers at SARS saved my Mum’s life, and she has made a full recovery”

Statement by Adrian Game, whose mum was treated by a SARS Critical Care team in 2023.



Figure 6: SARS Clinicians 2023-24

SARS clinicians carry advanced drugs, including painkillers and sedatives, which are not normally found on front-line ambulances. This enables them to undertake specialist interventions such as sedation and anaesthesia, which would not otherwise be possible outside a hospital environment.

Over the course of this year, SARS clinicians administered sedations and provided advanced pain relief to 66 time-critical patients to enable their rapid transfer to hospital. SARS clinicians undertook surgical and advanced airway management procedures on 35 patients to help preserve life before transferring to hospital.

In the majority of these cases, the patients were accompanied to hospital by a SARS clinician to ensure their condition remained stable throughout the journey.



Figure 7: SARS Dr James Price, CCP Jemma Varela & Dr Jack Webb with former cardiac arrest patient, Mike Munson, in 2023

SUFFOLK ACCIDENT RESCUE SERVICE

England & Wales - Charity number 1168764

Accounts

Suffolk Accident Rescue Service

Trustees' Annual Report and Accounts for the year ended

31st March 2023



**SUFFOLK'S EMERGENCY
MEDICAL CHARITY**

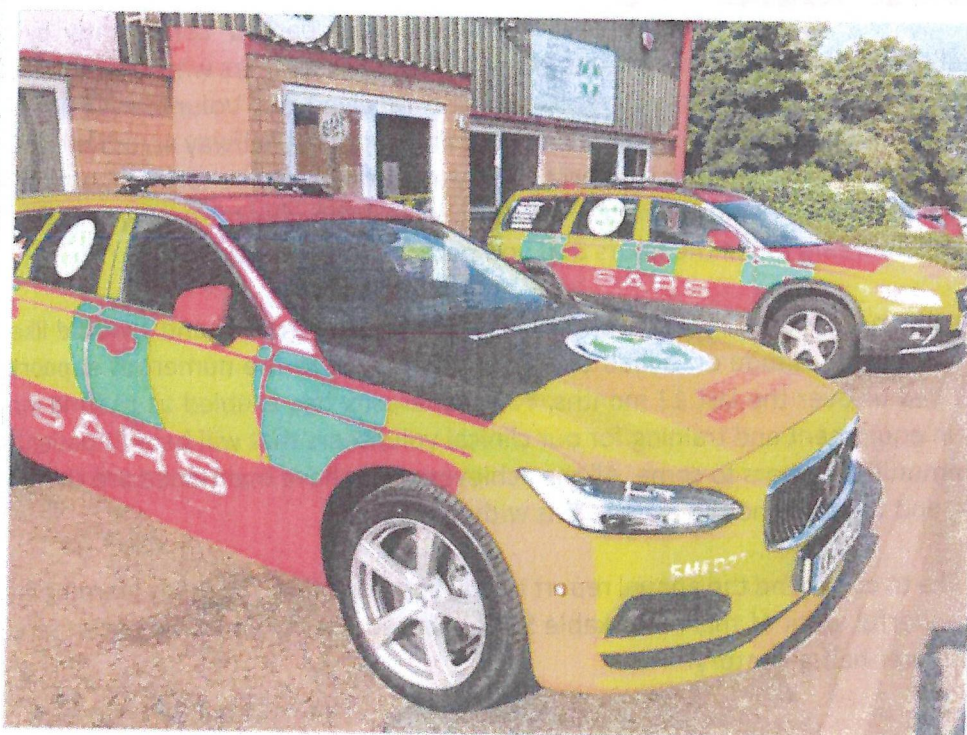
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ACKNOWLEDGEMENTS

The Board of Trustees acknowledges with gratitude the work of its officers for their support to the entire board. Thanks also to our Charity Manager and his team, and to all the volunteer clinicians, charity volunteers and supporters who work together to advance the aims of this exceptional charity.

Last, but not least, we would like to acknowledge the guidance and contribution of our various professional advisors and the assistance of our Independent Examiner, Whittings LLP.



CHAIRMAN'S FOREWORD



It has been an immense privilege to be the Chairman of Suffolk Accident Rescue Service (SARS) during its 50th year. This important milestone in the history of our charity has seen our service go from strength to strength. Our volunteer clinicians have continued to give up their spare time, sometimes totalling hundreds of hours, to bring their care and expertise to serious medical emergencies across the county, providing significant benefits for the patients they treat. Their commitment is simply astonishing.

Our clinicians are backed consistently by our small but dedicated staff team and a tireless group of charity volunteers who offer invaluable levels of support across the charity. Colin Gray, who received our Volunteer-Of-The-Year award this year, is a prime example. Colin thinks nothing of driving halfway across the county to pick up and deliver equipment or support SARS events, whether it be taking photos of the highest quality or helping demonstrate CPR to members of the public. So, thank you Colin, and our other volunteers for all the hours that you put in to support our work.

Finally, it has been a record-breaking fundraising year for our charity, and I would like to express my heartfelt gratitude on behalf of the SARS Trustees to the numerous supporters who have helped us over the last 12 months. Your generosity has enabled us to fund major investments in equipment and training for our clinical volunteers that will benefit patients in our local community for years to come. All the achievements I have mentioned are the result of teamwork, and we could not have done this without you.

I would now like to commend the annual report to you and hope that you enjoy learning more about the wonderful work of this remarkable Suffolk-based charity which has been serving our county for over half-a-century.

GOVERNANCE AND ADMINISTRATION

Suffolk Accident Rescue Service ("SARS") was formed as a Registered Charity on 1st May 1972 and is now a Charitable Incorporated Organisation registered under the Charities Act 2011 and governed by an updated constitution dated 19th December 2022 with Charity registration number 1168764 and Company registration number CE008550.

TRUSTEES

Clinical Trustees:

Mr James Whatling	Chairman
Dr. Karol Silovsky	
Mr Tim Daniels	
Dr Patricia Mills	

Non-Clinical Trustees:

Mr Harold Richardson	Secretary
Mrs Anne Daultrey	Treasurer
Mr Paul Hockey	Vice-Chairman
Mr Michael Caddock	
Mr Christopher Peter Lord	(appointed June 2023)
Mr Andrew Janes	(appointed June 2023)

Charity Manager:

Mr Ben Hall

Principal Address:

Unit 1b, Woolpit Business Park, Windmill Avenue, Woolpit IP30 9UP

Independent Examiner:

Whitings LLP, Greenwood Court, Skyliner Way, Bury St Edmunds IP32 7GY

Bankers:

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling ME19 4JQ

REPORT OF THE TRUSTEES

Principal Objects

The principal object of the Charity as defined by its constitution is to provide immediate medical treatment and care to persons in need by reason of accident or other emergency in the geographical county of Suffolk and adjoining areas. This work was begun by the CIO's predecessor in 1972. Highly skilled SARS clinical volunteers provide prehospital care to patients suffering a serious or life-threatening medical emergency or trauma. The service is provided without charge and is available to anyone. SARS is the first medical resource on scene in more than 30% of the incidents we attend.

The Charity has expanded the interpretation of its core objective to include the education of the public in Basic Life Support (BLS) skills including Cardio-Pulmonary Resuscitation (CPR) and the use of Automated External Defibrillators (AEDs).

The Charity receives no funding from central government or other agencies, and we rely on voluntary grants and donations to enable us to continue our vital work.

Activities in furtherance of Principal Objects

During the year under review, our volunteer clinicians were mobilised to 525 emergency calls.

The Trustees are committed to increasing SARS' clinical resources to enable an expansion of our response.

Public Benefit

The Charity provides public benefit by delivering its Principal Objects as outlined above. A more detailed description of how public benefit is delivered and recognised is contained in the Charity's Annual Impact Statement, filed as an appendix with this Annual Report.

Organisation and Structure

The Trustees are the Charity Trustees as defined by Section 177 of *The Charities Act, 2011*.

As an emergency medical charity, the Trustees are obliged to ensure that proper arrangements exist to ensure compliance with medical regulation and best practice, and the constitution of the Charity requires a minimum of three Trustees to be registered clinicians.

The Board of Trustees meets a minimum of four times a year to receive reports from the Charity Manager and Treasurer, review clinical operations and financial statements, and to monitor the day-to-day activity of the Charity. In addition to monitoring these key elements, the trustees also review progress towards a number of defined strategic objectives and plans, and to consider risk.

Medical regulation and risk are overseen by the Clinical Management Committee, whose primary objective is to develop and maintain Clinical Governance procedures to ensure safe and effective care for patients attended by SARS Clinicians. The Committee must include a minimum of five SARS clinicians including at least one Doctor and one Paramedic.

Risk Management

Risk management is a standing item on the agenda of each Trustees' meeting and Trustees aim to review a specific area of identified risk on each occasion.

FINANCIAL REPORTING AND REVIEW

Reporting

The Trustees have adopted the option of reporting the Charity's financial activities through a Receipts and Payments Account supplemented by a Statement of Assets and Liabilities. The Charity has no permanent or endowment funding and is wholly dependent on day-to-day cash flow. The Trustees consider this is better reflected using this format.

Review

In this financial year, the Charity attracted significantly more donations, receiving £143,305 (2022: £92,588); receipts from other activities also increased to £90,579 (2022: £58,995). There has also been an increase in the level of restricted funding to £50,468 (2022: £44,984).

During the year, the charity spent £76,165 (2022: £9,609) on equipment, of which almost £69,000 was for clinical use. The balance was used to upgrade IT systems and motor vehicles.

The payments for the Charity have also increased to £143,038 (2022: £115,530) mainly due to increased activity by the clinical volunteers responding to more medical emergencies and the purchase of additional clinical equipment. Fundraising activity has returned to pre-pandemic levels and, consequently, the cost of raising funds has also increased.

At the end of the financial year, the Charity had a surplus of receipts over payments amounting to £17,124 (2022: £26,460).

As shown in the Statement of Assets and Liabilities at 31st March 2023 the Charity had unpaid liabilities of £7,240 (2022: £6,967) and was not due to receive any additional receipts.

Reserves

At 31st March 2023, the total available unrestricted cash amounted to £129,397 which is considered sufficient by the Trustees to maintain its reserves policy to cover the total fixed annual costs of the Charity.

Approved by the Board of Trustees on
and signed on its behalf by:

WEDNESDAY, 9th August 2023



James Whatling - Chairman



Harry Richardson - Secretary

INDEPENDENT EXAMINER'S REPORT

We report to the Charity Trustees on our examination of the accounts of the Charity for the year ended 31st March 2023, which are set out on pages 9 to 12.

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

We report in respect of our examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination we have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

We have completed by examination. We confirm that no material matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Whitings LLP

Jaimie King ACA

For and on behalf of

Whitings LLP

Greenwood Court

Skyliner Way

Bury St Edmunds

Suffolk IP32 7GY

Date: *9th August 2023*

SUFFOLK ACCIDENT RESCUE SERVICE
RECEIPTS AND PAYMENTS ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted £	Restricted £	2023 Total £	2022 Total £
RECEIPTS					
Donations and grants	1	92,837	50,468	143,305	92,588
Other activities	2	90,579	-	90,579	58,995
Investments		763	-	763	16
Revenue Receipts		184,179	50,468	234,647	151,599
Sale of assets		1,680	-	1,680	-
Total receipts		185,859	50,468	236,327	151,599
PAYMENTS					
Raising funds		(23,298)	-	(23,298)	(15,034)
Charitable activities	3	(111,589)	(8,151)	(119,740)	(100,496)
Revenue payments		(134,887)	(8,151)	(143,038)	(115,530)
Purchase of assets	4	(18,323)	(57,842)	(76,165)	(9,609)
Total payments		(153,210)	(65,993)	(219,203)	(125,139)
Net revenue movements in the year		49,292	42,317	91,609	36,069
Net capital movements in the year		(16,643)	(57,842)	(74,485)	(9,609)
TOTAL NET RECEIPTS		32,649	(15,525)	17,124	26,460
Cash funds last year end		96,748	27,726	124,474	98,014
TOTAL FUNDS CARRIED FORWARD		129,397	12,201	141,598	124,474

The notes on pages 11 & 12 form part of these accounts.

SUFFOLK ACCIDENT RESCUE SERVICE
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

1 Grants and Donations

	Unrestricted	Restricted	2023 Total	2022 Total
	£	£	£	£
Donations	70,040	48,229	118,269	69,114
Local Authority	22,797	2,239	25,036	23,474
	92,837	50,468	143,305	92,588

2 Other Activities

Receipts from other activities has continued to increase significantly in 2022-23, to £90,579 (2022: £58,995), as a result of increased fundraising aimed at encouraging new and retaining existing third-party fundraisers.

3 Analysis of expenditure - Charitable Activities

	Unrestricted	Restricted	2023 Total	2022 Total
	£	£	£	£
Rescue Services	92,075	8,151	100,226	87,394
Support Costs	19,514	-	19,514	13,102
	111,589	8,151	119,740	100,496

4 Purchase of Assets

During the financial year, six medical and three office equipment items were acquired and an events vehicle at a cost of £76,165. Restricted funds amounting to £57,842 were utilised in the acquisitions (2022: two medical and one office equipment items £9,609).

SUFFOLK ACCIDENT RESCUE SERVICE
STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2023


	Note	Unrestricted £	Restricted £	2023 Total £	2022 Total £
CASH FUNDS					
Cash at bank		129,213	12,201	141,414	124,219
Petty cash		184	-	184	255
Total cash funds		129,397	12,201	141,598	124,474
Other monetary assets					
FIXED ASSETS retained for charity's use					
Estimated value at 31 st March 2023	5	108,410	-	108,410	58,253
LIABILITIES					
Creditors due within one year		7,240	-	7,240	6,967
Photocopier lease: due within one year		-	-	-	493
due between 1 and 5 years		-	-	-	370
RRV lease: due within one year		1	-	1	1
due between 1 and 5 years		2	-	2	3

The notes on pages 11 & 12 form part of these accounts.

The financial statements were approved by the Board of Trustees on 9th August 2023 and signed on their behalf by:



 James Whatling - Chairman



 Anne Daultrey - Treasurer

SUFFOLK ACCIDENT RESCUE SERVICE
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

5 Fixed Assets

	Medical Equipment £	Computer Equipment £	Vehicles £	Total £
At 31 March 2022	27,386	706	30,161	58,253
At 31 March 2023	80,153	2,636	25,621	108,410

Fixed Assets are stated at the Trustees' estimate of net realisable value.

6 Analysis of staff costs and key personnel

A total of 5 staff (full time equivalent - 3) are employed by the charity (2022: 4 staff, full time equivalent 2.5).

No employees received more than £60,000 during the year (2022: none).

7 Related Parties

There were no related party transactions during the year (2022: none).

Suffolk Accident Rescue Service

IMPACT STATEMENT



When addressing the Charity's aims and objectives and when planning future activities, the Trustees have had regard to the Charity Commission's guidance on public benefit.

This impact statement allows a fuller description of the Charity's activities and achievements than is possible within the main body of the Trustees' Annual Report.

In essence, a SARS responder improves outcomes for patients by:

1. SAVING LIVES
2. DELIVERING VITAL ADVANCED INTERVENTIONS IN THE PREHOSPITAL ENVIRONMENT
3. REDUCING THE RISK OF PERMANENT DISABILITY
4. PROVIDING EFFECTIVE RELIEF FROM PAIN

Immediate medical care is provided by a network of solo-responders in their own specially-equipped vehicles responding from various locations around the county. They are supplemented by teams of responders using SARS Rapid-Response Vehicles (RRVs). All SARS volunteer responders carry equipment and drugs not normally found on emergency ambulances, thereby significantly enhancing the Charity's ability to improve patient outcomes and save lives.

The Charity's services are provided without charge to any person in need throughout the geographical county of Suffolk and its adjoining areas.

SARS responded to 525 calls in the year ending 31st March 2023. SARS is more responsive and successful than ever before. This is thanks to the dedication and expertise of our clinicians supported by a small team of committed staff at HQ and our non-clinical volunteers.

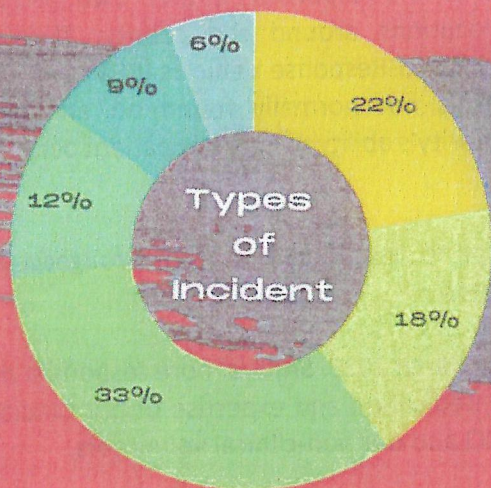


"I am semi-retired and have some free time that I am happy to spend assisting the charity in any way that I am able. My career background has been with the ambulance service, and I have worked alongside some of the clinical volunteers and feel the support SARS provides to the people of Suffolk is vital."

Sue Pateman, SARS charity volunteer
(auditing)

SARS OPERATIONAL STATISTICS

2022/23



Cardiac Arrests
RTC's
Medical
Falls
Sport and Other
Psychiatric

525

Mobilisations

31%

1st on Scene

Advanced Interventions & Equipment

LUCAS automated chest compression device

Advanced Airway Management

Sedation and Anaesthesia

Video Laryngoscope

Surgical Skills

Ultrasound

Analgesia



"You have given me the confidence I would need if I ever had to deploy the skills taught. Thank you!"

781 adults and children attended SARS CPR and Defibrillator awareness sessions in 2022/23



SAVING LIVES BY DELIVERING ADVANCED INTERVENTIONS...



Tony Michell went into cardiac arrest in August 2022. A SARS volunteer critical care team were swiftly dispatched to the scene. Tony's wife, Sheila had already started the chain of survival by commencing CPR. The SARS team on arrival assessed Tony before deploying their LUCAS device to undertake automated chest compressions. Tony was successfully resuscitated and a SARS doctor then undertook an advanced airway intervention to stabilize his condition before accompanying him in the back of the ambulance to hospital. Thankfully Tony has made a full recovery and has since returned to the golf course and was well enough to enjoy a family holiday in Botswana!

REDUCING THE RISK OF PERMANENT DISABILITY AND PROVIDING RELIEF FROM PAIN...

SARS clinicians carry advanced drugs, including painkillers and sedatives, which are not normally found on frontline ambulances. This enables them to undertake specialist interventions such as sedation and anaesthesia, which would not otherwise be possible outside a hospital environment.

Over the course of this year, SARS clinicians administered sedations and provided advanced pain relief to 58 time-critical patients to enable their rapid transfer to hospital. In the majority of these cases, the patients were accompanied to hospital by a SARS clinician to ensure their condition remained stable throughout the journey.



IMPROVING PATIENT OUTCOMES...

"Suffolk Accident Rescue Service looked after my partner when she had a brain aneurysm. They saved her life and we are truly grateful to them"

(Husband of patient attended by a SARS critical care team in June 2022)

SARS clinicians undertook surgical and advanced airway management procedures on 29 patients to help preserve life before transferring to hospital.

15 patients in cardiac arrest were also resuscitated with the help of fellow emergency service personnel.

In total, SARS treated 394 patients between April 2022 and March 2023 and a SARS responder was the first medical resource on scene in 31% of the medical emergencies that they attended.



"My wife suffered a massive cardiac arrest and, if it wasn't for Steve and the Suffolk Accident Rescue Service, she wouldn't be here to tell the story. These guys do a fantastic job. We need SARS to carry on the great work they do."

(Husband of a SARS patient 2023)

SUFFOLK ACCIDENT RESCUE SERVICE

England & Wales - Charity number 1168764

Accounts

Suffolk Accident Rescue Service

Trustees' Annual Report and Accounts for the year ended

31st March 2022



**SUFFOLK'S EMERGENCY
MEDICAL CHARITY**

Contents

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Acknowledgements

The Board of Trustees generally acknowledges with gratitude the work of its officers for their support to the whole Board. Thanks too to our Operations Manager and his team, to all the volunteer clinicians and supporters who together deliver the work of this exceptional Charity.

Last, but not least, we would like to acknowledge the guidance and contribution of our various professional advisors and the assistance of our Independent Examiner, Price Bailey LLP.

Chairman's Foreword



As I pause for a moment and look back over the past 12 months, it is clear that we have much to celebrate and reflect upon.

The beginning of the year saw our latest rapid response vehicle, call-sign SMED27 come on-line thanks to extremely generous support from Tom Ward of Smarter Metering Services Limited. I hope by now that many of you will have seen this eye-catching Volvo V90 Rapid-Response Vehicle whilst it is out on the roads of Suffolk - ready to answer calls for assistance and deliver expert teams of prehospital care clinicians in support of the East of England Ambulance Service. Tom has proved himself to be a staunch supporter of SARS and went on to donate an ultrasound unit which is now carried as part of the critical-care equipment on board our Rapid-Response Vehicles.

The support of local businesses is invaluable to us, thanks must go to all those who have supported us during the year.

Although SARS has come a long way since its inception in 1972, the steadfast commitment of those already busy healthcare professionals, who step forward to donate their precious 'spare' time to our charity - bringing expertise, that would otherwise only be found in hospital, to the patient's side (be this at work, home or in a public place), is truly humbling.

All of our volunteers are shining examples of the very best from their communities. It is only right that we thank them and their families, for making themselves available to help others - irrespective of the time of day, in support of our charitable objectives.

This year I have the pleasure of highlighting two of our longstanding responders. Paramedic Stephen Murrow was awarded the 'Volunteer of the Year' award at our AGM in November. Steve consistently volunteers hundreds of hours each year placing himself on-call, ready to answer requests from the Ambulance Service at a moment's notice. Steve is also a familiar face at many of our fund-raising events throughout the year.

Critical-Care Paramedic Rod Wells retired after 11 years of dedicated service to SARS in order to be able to take up a full-time role as Coxswain with the RNLI. During his time with SARS, Rod has given thousands of hours of voluntary coverage, the majority of which was spent covering the north-east sector of Suffolk - an area which has traditionally proved to be challenging to cover. We wish him Godspeed as he continues his lifesaving at sea.

To close, I would like to commend the annual report to you and hope that you enjoy learning more about the wonderful work of this remarkable Suffolk-based charity, which has been serving the County for the past 50 years.



SARS Critical Care Paramedic, Rod Wells, retired this year after 11 years of service to take up a full-time role with the RNLI

Governance and Administration

Suffolk Accident Rescue Service (“SARS”) was formed as a charity on 1st May 1972 and is now a Charitable Incorporated Organisation registered under the Charities Act 2011 and governed by a Constitution dated 1st April 2017 with Charity registration number 1168764 and Company registration number CE008550.

Trustees

Clinical Trustees:

Mr James Whatling (Chairman)
Mr Mike Hild (Vice-Chairman resigned November 2021)
Dr Karol Silovsky
Mr Tim Daniels
Dr Patricia Mills

Non - Clinical Trustees:

Mr Harold Richardson (Secretary)
Mrs Anne Daultrey (Treasurer)
Mr Paul Hockey (Vice-Chairman from November 2021)
Mr Michael Caddock

All served throughout the whole of the year.

Operations Manager – Mr Ben Hall

Principal Address:

Unit 1b, Woolpit Business Park, Windmill Avenue, Woolpit, IP30 9UP

Independent Examiner:

Price Bailey LLP, Tennyson House, Cambridge Business Park, Cambridge CB4 0WZ

Bankers:

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling ME19 4JQ

Report of the Trustees

Principal Objects

The principal object of the Charity as defined by its constitution is to provide immediate medical treatment and care to persons in need by reason of accident or other emergency in the geographical county of Suffolk and adjoining areas. This work was first begun half-a-century ago by the CIO's predecessor in 1972. SARS' highly-skilled clinical volunteers provide prehospital care to patients suffering serious or life-threatening medical emergency or trauma. The service is provided without charge and is available to anyone.

The Charity has expanded interpretation of its core objective to include the education of the public in basic life-saving skills, specifically Cardio-Pulmonary Resuscitation (CPR) and the use of defibrillators.

The Charity receives no central government or agency funding and we rely wholly on voluntary grants and donations to enable us to continue saving and prolonging lives.

Activities in furtherance of Principal Objects

During the year under review, our volunteer clinicians were mobilised to 461 emergency calls compared to 356 the previous year - an increase of 29%.

The Trustees are committed to increasing SARS' clinical resources to enable an expansion of our response. In furtherance of this strategic objective at the beginning of the financial year under review, a second mobile team was created and is operating from a base in Saxmundham, East Suffolk.

Public Benefit

The Charity provides public benefit by delivering its Principal Objects as outlined above. A more detailed description of how public benefit is delivered and recognised is contained in the Charity's Annual Impact Statement, filed as an appendix with this Annual Report (Pages 14-18).

Organisation and Structure

The Trustees are the Charity Trustees as defined by section 177 of the Charities Act 2011.

As a medical charity the Trustees are obliged to ensure that proper arrangements exist to ensure compliance with medical regulation and best practice, and the Constitution of the Charity requires a minimum three Trustees to be clinically registered.

The Board of Trustees meet a minimum of four times a year and receives reports from the Operations Manager and Treasurer, to review clinical operations and financial statements and to monitor the day-to-day activity of the Charity. In addition to monitoring these key features, the Trustees also review progress towards a number of defined strategic objectives and plans, and to consider risk.

Medical regulation and risk are overseen by the Clinical Management Committee whose primary objective is to develop and maintain clinical governance procedures to ensure safe and effective care for patients attended by SARS clinicians. The Committee must include a minimum of five SARS clinicians including at least one doctor and one paramedic.

Risk Management

Risk management is a standing item on the agenda of each Trustees' meeting and Trustees aim to review a specific area of identified risk on each occasion.

During the year under review, the most difficult risk remained the ongoing effect of the Covid-19 pandemic. Whilst, like many charities, it has severely affected the ability to generate income, it has also had direct operational impact because our volunteer clinicians have also been directly engaged in assisting the NHS. Trustees have reviewed the financial effects each month and carefully monitored the Charity's state of affairs.

Financial reporting and review

Reporting

The Trustees have adopted the option of reporting the Charity's financial activities through a Receipts and Payments Account supplemented by a Statement of Assets and Liabilities. The Charity has no permanent or endowment funding and is wholly dependent on day-to-day cash flow. The Trustees consider this is better reflected using this format.

Review

The Charity had a surplus of receipts over payments amounting to £26,460 (2021: £21,331) for the year ended 31st March 2022. As shown in the Statement of Assets and Liabilities at 31st March 2022 the Charity had unpaid liabilities of £6,967 (2021: £4,619) and was not due to receive any additional receipts.

Donations to the Charity have fallen, with receipts of £47,604 (2021: £95,676); receipts from other activities have increased to £58,995 (2021: £10,175) which offsets this decrease. There has also been an increase in the level of specific funding to £44,984 (2021: £38,030) donated for purchase of items of medical and IT equipment and to cover some core costs relating to the solo- and team-responders.

A third Rapid Response Vehicle was leased on a peppercorn lease and use by the Charity on 1st April 2021 which has enabled the Charity to respond to more medical emergencies. Despite this, the costs related to providing the pre-hospital critical care by our clinical volunteers have decreased slightly to £100,496 (2021: £100,897).

Reserves

At 31st March 2022, the total available unrestricted cash amounted to £96,748 which is considered sufficient by the Trustees, to maintain its reserves policy to cover the total fixed annual costs of the Charity.

Approved by the Board of Trustees on
and signed on its behalf by:

Wednesday 20th August 2022



James Whatling - Chairman



Harry Richardson - Secretary

SUFFOLK ACCIDENT RESCUE SERVICE
RECEIPTS AND PAYMENTS ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted £	Restricted £	2022 Total £	2021 Total £
RECEIPTS					
Donations	1	47,604	44,984	92,588	133,706
Other activities	2	58,995	0	58,995	10,175
Investments		16	0	16	26
Other income		0	0	0	0
Revenue Receipts		106,615	44,984	151,599	143,907
Sale of Assets		0	0	0	2,000
Total Receipts		106,615	44,984	151,599	145,907
PAYMENTS					
Raising funds		(15,034)	0	(15,034)	(13,484)
Charitable activities	3	(85,368)	(15,128)	(100,496)	(100,897)
Revenue payments		(100,402)	(15,128)	(115,530)	(114,381)
Purchase of assets	4	0	(9,609)	(9,609)	(10,195)
Total payments		(100,402)	(24,737)	(125,139)	(124,576)
Net revenue movements in the year		6,213	29,856	36,069	29,526
Net capital movements in the year		0	(9,609)	(9,609)	(8,195)
TOTAL NET RECEIPTS		6,213	20,247	26,460	21,331
Cash funds last year end		90,535	7,479	98,014	76,683
TOTAL FUNDS CARRIED FORWARD		96,748	27,726	124,474	98,014

SUFFOLK ACCIDENT RESCUE SERVICE
STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2022

	Note	Unrestricted £	Restricted £	2022 Total £	2021 Total £
CASH FUNDS					
Cash at bank		96,493	27,726	124,219	97,706
Petty Cash		255	-	255	308
Total Cash Funds		96,748	27,726	124,474	98,014
Other Monetary Assets					
		-	-	-	-
FIXED ASSETS retained for Charity's use					
Estimated value at 31st March 2022	5	58,252	-	58,252	71,208
LIABILITIES					
Creditors due within one year		6,967	-	6,967	4,619
Photocopier lease: due within one year		493	-	493	493
due between 1 and 5 years		370	-	370	863
RRV lease: due within one year		1	-	1	-
due between 1 and 5 years		3	-	3	-

The attached notes on pages 11 & 12 form part of these accounts

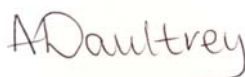
The financial statements were approved by the Board of Trustees on

Wednesday 20th August 2022

and signed on their behalf by:



James Whatling - Chairman



Anne Daultrey - Treasurer

SUFFOLK ACCIDENT RESCUE SERVICE

Additional Notes to Accounts

1 Grants and Donations

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Donations	25,080	44,034	69,114	105,421
Local Authority	22,524	950	23,474	28,285
	<u>47,604</u>	<u>44,984</u>	<u>92,588</u>	<u>133,706</u>

Restricted funds of £195 granted by local authorities remained unspent at year end due to an outstanding order of medical equipment placed before the end of the financial year.

2 Other Activities

Receipts from other activities has increased substantially to £58,995 (2021: £10,175) reflecting the increased opportunities for running fundraising activities which resulted from the relaxation of Covid-19 restrictions of the previous year.

3 Analysis of expenditure - Charitable Activities

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Rescue Services	72,266	15,128	87,394	89,464
Support Costs	13,102	0	13,102	11,433
Charitable activities	<u>85,368</u>	<u>15,128</u>	<u>100,496</u>	<u>100,897</u>

4 Purchase of Assets

During the financial year, two medical and one office equipment items were acquired at a cost of £9,609 (2021: three medical equipment items £10,195) purchased with funds raised specifically for these items. A further medical item was gifted to the Charity.

SUFFOLK ACCIDENT RESCUE SERVICE**Additional Notes to Accounts continued****5 Fixed Assets**

	Medical Equipment £	Computer Equipment £	Vehicles £
At 31 March 2021	29,700	1,293	40,215
At 31 March 2022	27,386	706	30,161

Fixed Assets are stated at the Trustees' estimate of net realisable value.

6 Analysis of staff costs and key personnel

A total of 4 staff (full time equivalent - 2.5) are employed by the Charity.

No employees received more than £60,000 during the year (2021: none).

7 Related Parties

There were no related party transactions during the year (2021: none).

Independent Examiner's Report to the Trustees of Suffolk Accident Rescue Service

I report to the Charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2022, which are set out on page 10 to 12.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Michael Cooper-Davis FCCA ACA

For and on behalf of

Price Bailey LLP

Tennyson House
Cambridge Business Park
Cambridge
CB4 0WZ

Date: 7 October 2022

Suffolk Accident Rescue Service

IMPACT STATEMENT



SARS Rapid-Response Vehicle (RRV) SMED27

When addressing the Charity's aims and objectives and when planning future activities, the Trustees have had regard to the Charity Commission's guidance on public benefit.

This Impact Statement allows a fuller description of the Charity's activities and achievements than is possible within the main body of the Trustees' Annual Report.

In essence, the presence of a SARS responder improves outcomes for patients by:

SAVING LIVES
DELIVERING VITAL ADVANCED INTERVENTIONS IN THE PREHOSPITAL ENVIRONMENT
REDUCING THE RISK OF PERMANENT DISABILITY
PROVIDING EFFECTIVE RELIEF FROM PAIN

Immediate medical care is provided by a network of solo-responders in their own specially-equipped vehicles responding from various locations around the county. They are supplemented by teams of responders using SARS Rapid-Response Vehicles (RRVs). All SARS volunteer responders carry equipment and drugs not normally found on emergency ambulances, thereby significantly enhancing the Charity's ability to improve patient outcomes and save lives.

The Charity's services are provided without charge to any person in need throughout the geographical county of Suffolk and its adjoining areas.

SARS responded to 461 calls in the year ending 31st March 2022 at a total cost of approximately £125,000 - the equivalent of £271 per call-out. This relatively low cost is only possible because all SARS clinicians give their time and expertise without charge.

At 50, SARS is more responsive and successful than ever before. This is thanks to the dedication and expertise of our clinicians supported by a small team of committed staff at HQ and our non-clinical volunteers.



Kevin Breitsprecher, SARS volunteer and Advanced Clinical Practitioner

“I love volunteering for SARS as I want to give something back to my local community and help people at the time of their greatest need. I can use my experience, knowledge and enhanced skills to help provide the best level of emergency care possible.”

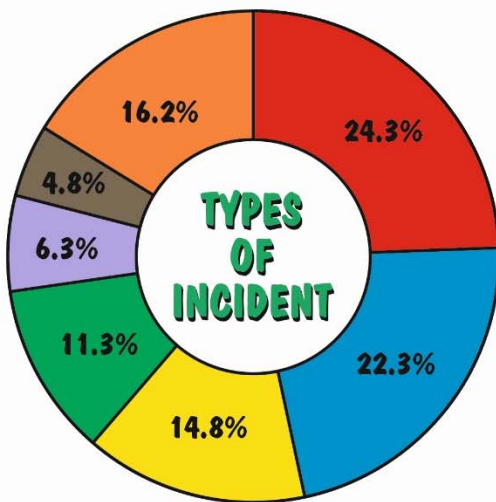
SARS OPERATIONAL STATISTICS FOR FINANCIAL YEAR 2021-22

TEAM ACTIVITY
 102 Team Shifts
 130 Team Responses
 DIFFERENT LOCATIONS 90
 (1,258 hrs offered)

MOBILISATIONS 461 (up 29%)
362 PATIENTS TREATED
ADVANCED INTERVENTIONS circa 30%
 (e.g., Anaesthesia/Sedation/Analgesia/Airway management)

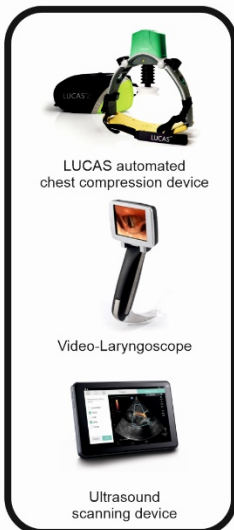
SOLO ACTIVITY
 331 Calls
 (3,996 hrs offered)

MILEAGE THIS YEAR
 SMED27/SMED26/SMED20
17,630

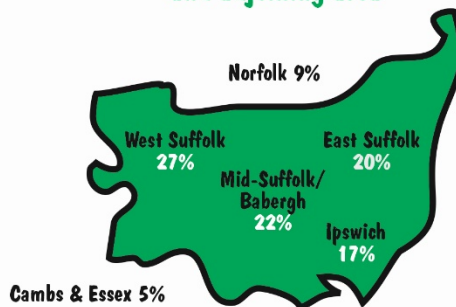


- Medical
- Cardiac Arrests
- RTCs
- Falls
- Psychiatric
- Sport
- Others (Stabbings/Water/Fire/Agricultural Industrial/Miscellaneous trauma)

SPECIALIST EQUIPMENT USED (examples)



SERVING SUFFOLK and adjoining area



FIRST ON SCENE (17% increase)



OVER 160 INCIDENT LOCATIONS
 (Hotspots: Ipswich, Mildenhall, Bury St Eds, Newmarket, Stowmarket)



Saving lives by delivering advanced interventions...



In July 2021, Mark Youles, collapsed on Southwold beach and became seriously unwell. A 999 call was issued and a volunteer critical care team from Suffolk Accident Rescue Service (SARS) was mobilised to provide advanced support to the East of England Ambulance Service. The SARS team, working alongside paramedics, assessed and treated Mark, stabilising his condition before requesting an air ambulance to provide further treatment and a rapid transfer to hospital. Volunteer Doctor James Price was part of the Suffolk Accident Rescue Service (SARS) team that day, added: "To now see him doing so well was extremely rewarding. His case was particularly complex due to the extremely challenging environment on the beach. We were glad to be able to work together with our Coastguard, Ambulance and East Anglian Air Ambulance colleagues to give Mark the very best chance of survival. It's a great illustration of the teamwork involved in the prehospital care of these critically ill patients and

I am absolutely thrilled that there has been such a positive outcome."

Reducing the risk of permanent disability and providing relief from pain...

In May 2021, Graeme Byrne suffered a cardiac arrest in Eye. SARS volunteers Dr Patricia Mills and Paramedic Zoey Spurgeon were mobilised to provide advanced medical support at the incident. The SARS team undertook several complex medical procedures at the scene before accompanying Graeme to hospital, monitoring his condition throughout. Graeme has made a great recovery and has subsequently completed a 40km fundraising walk to help raise vital funds for our service.



"I'm extremely lucky to be here as there's only a 10% chance of survival when this happens outside of a hospital. Without their help (treating me at the scene and staying with me until I went into theatre) I'm pretty sure my brain wouldn't be working as it now is. I was astounded to learn that they are volunteers on top of their busy day jobs."

Graeme Byrne with SARS volunteers Paramedic Zoey Spurgeon and Dr Patricia Mills

Improving patient outcomes...

SARS clinicians carry advanced drugs, including painkillers and sedatives, which are not normally found on frontline ambulances. This enables them to undertake specialist interventions such as sedation and anaesthesia, which would not otherwise be possible outside a hospital environment.

Over the course of this year, SARS clinicians administered sedations and provided advanced pain relief to 74 time-critical patients to enable their rapid transfer to hospital. In the majority of these cases, the patients were accompanied to hospital by a SARS clinician to ensure their condition remained stable throughout the journey.

SARS clinicians also undertook surgical and advanced airway management procedures on a further 35 patients to help preserve life before transferring to hospital.

16 patients in cardiac arrest were also resuscitated with the help of fellow emergency service personnel.

In total, SARS treated 362 patients between April 2021 and March 2022 and a SARS responder was the first medical resource on scene in 32% of the medical emergencies that they attended.



A SARS team in attendance at a serious road traffic collision in 2021

“There are no words to explain my thanks to the amazing service you provide. Keep doing what you do – you save and change people’s lives every day. You are all an inspiration.”
(SARS patient 2021)

<https://www.sars999.org.uk/donate-to-sars/>

SUFFOLK ACCIDENT RESCUE SERVICE

England & Wales - Charity number 1168764

Accounts

Suffolk Accident Rescue Service

Trustees' Annual Report and Accounts for the year ended

31st March 2021



**SUFFOLK'S EMERGENCY
MEDICAL CHARITY**

Contents

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Acknowledgements

The Board of Trustees generally acknowledges with gratitude the work of its officers for their support to the whole Board, in particular the Chairman and Treasurer whose work has been unusually onerous this year. Thanks too to our Operations Manager and his team, to all the volunteer clinicians and supporters who together deliver the work of this exceptional Charity.

Last, but not least, we would like to acknowledge the guidance and contribution of our various professional advisors and the assistance of our Independent Examiner, Price Bailey LLP.

Donations

Supporters can donate to SARS simply by clicking on the link to our website, at:
<https://www.sars999.org.uk/donate-to-sars/>

Chairman's Foreword

During the last year SARS has faced challenges, predominantly due to COVID-19 - which would have perhaps been unthinkable previously. However these pale into insignificance when compared to both the spirit and actions of our volunteer groups - both clinical and charity together with our staff working at our HQ and the local community who have all rallied in support of SARS during this time. This has allowed us to continue to push forward with our charitable aims and deliver lifesaving care to the people of Suffolk and our neighbouring counties.

SARS continues to bring expert clinical resources, together with specialised equipment and drugs not found on front-line NHS ambulances to patients in and around Suffolk. We are lucky that some of our patients have chosen to speak publicly about the events which led to their treatment by SARS volunteers and to further publicise the wonderful work carried out by our Charity. We hope that their stories will illustrate the benefit that SARS brings to Suffolk.

In a rural County such as ours, the geography can at times prove challenging when making an immediate 999 response to life threatening emergencies. It may surprise you to learn that SARS is often first on scene - ahead of the statutory services, meaning that patients benefit from life-saving interventions, advanced therapies to reduce pain and disability and expertise in patient management before they otherwise would have done. This is only possible due to the generosity of the people and organisations which have supported us, allowing us to increase our team shifts and network of responders who are ready to drop everything at a moment's notice and go to the aid of others. Their outstanding contribution was exemplified by the award of the Suffolk Medal to Dr Jeremy Mauger in June this year for his long service as a volunteer for SARS.

At the end of our reporting year we were able to commission another rapid response vehicle as a result of very generous assistance from a corporate supporter. This new vehicle, call sign SMED27, has allowed us to extend the provision of our team shift resource with a particular focus on the Suffolk Coast and North-East sectors of Suffolk.

I commend the annual report to you and hope that you enjoy learning more about the wonderful work of this remarkable Charity which has been serving Suffolk for the past 49 years.

Governance and Administration

Suffolk Accident Rescue Service ("SARS") was formed as a Charity on 1st May 1972 and is now a Charitable Incorporated Organisation registered under the Charities Act 2011 and governed by a Constitution dated 1st April 2017 with Charity registration number 1168764 and Company registration number CE008550.

Trustees

Clinical Trustees:

Mr. James Whatling	(Chairman)
Mr. Mike Hild	(Vice-chairman)
Dr. Karol Silovsky	
Mr. Tim Daniels	
Dr. Patricia Mills	

Non - Clinical Trustees:

Mr. Harold Richardson	(Secretary)
Mrs. Anne Daultrey	(Treasurer)
Mr. Paul Hockey	
Mr. Michael Caddock	

All served throughout the whole of the year except Dr. Patricia Mills and Mr. Michael Caddock who were both appointed on 16th December 2020. Dr. Pam Chrispin retired at the Annual General Meeting on 14th October 2020.

Operations Manager:

Mr. Ben Hall

Principal Address:

Unit 1b, Woolpit Business Park, Windmill Avenue, Woolpit IP30 9UP

Independent Examiner:

Price Bailey LLP, Tennyson House, Cambridge Business Park, Cambridge CB4 0WZ

Bankers:

CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling ME19 4JQ

Report of the Trustees

Principal Objects

The principal object of the Charity as defined by its constitution is to provide immediate medical treatment and care to persons in need by reason of accident or other emergency in the geographical county of Suffolk and adjoining areas. This work was first begun nearly half a century ago by the CIO's predecessor in 1972. SARS' highly-skilled clinical volunteers provide prehospital care to patients suffering serious or life-threatening medical emergency or trauma. The service is provided without charge and is available to anyone. SARS is the first medical resource on scene in 15% of the incidents attended.

The Charity has expanded interpretation of its core objective to include the education of the public in basic life-saving skills, specifically Cardio-Pulmonary Resuscitation (CPR) and the use of defibrillators.

The Charity receives no central government or agency funding and we rely wholly on voluntary grants and donations to enable us to continue saving and prolonging lives.

Activities in furtherance of Principal Objects

During the year under review our volunteer clinicians were mobilised to 356 emergency calls.

The Trustees are committed to increasing SARS' clinical resources to enable an expansion of our response. In furtherance of this strategic objective immediately following the end of the financial year under review a second mobile team was created and operates from a base in Saxmundham, East Suffolk.

Public Benefit

The Charity provides public benefit by delivering its Principal Objects as outlined above. A more detailed description of how public benefit is delivered and recognized is contained in the Charity's Annual Impact Statement, filed as an appendix with this Annual Report.

Organisation and Structure

The Trustees are the Charity Trustees as defined by section 177 of the Charities Act 2011.

As a medical charity, the Trustees are obliged to ensure that proper arrangements exist to ensure compliance with medical regulation and best practice, and the Constitution of the Charity requires a minimum three Trustees to be clinically registered.

The Board of Trustees meet a minimum of four times a year and receives reports from the Operations Manager and Treasurer, to review clinical operations and financial statements and to monitor the day-to-day activity of the Charity. During the financial year under review the Board has held at least one electronic meeting in each month. In addition to monitoring these key features, the Trustees also review progress towards a number of defined strategic objectives and plans, and to consider risk.

Medical regulation and risk are overseen by the Clinical Management Committee whose primary objective is to develop and maintain clinical governance procedures to ensure safe and effective care for patients attended by SARS clinicians. The Committee must include a minimum of five SARS clinicians including at least one doctor and one paramedic. The Committee makes a formal report to the Board of Trustees at least once a year.

Risk Management

Risk management is a standing item on the agenda of each Trustees' meeting and Trustees aim to review a specific area of identified risk on each occasion.

During the year under review the most difficult risk has been the effect of the Covid-19 pandemic. Whilst, like many charities, it has severely impacted the ability to generate income, it has had direct operational impact because our volunteer clinicians have also been directly engaged in assisting the NHS. Trustees have reviewed the financial effects each month and monitored the Charity's state of affairs carefully. During the period the Charity's work received some public notice and a number of institutions responded with generosity. As a result the necessary income stream was maintained. It is unlikely that this will be repeated and the Trustees continue to review the financial position each month.

Following recent changes in personnel and internal accounting routines the Trustees have undertaken to complete an updated review of risks and of financial control systems during the current financial year.

Financial Reporting and Review

Reporting

The Trustees have adopted the option of reporting the Charity's financial activities through a Receipts and Payments Account supplemented by a Statement of Assets and Liabilities. The Charity has no permanent or endowment funding and is wholly dependent on day-to-day cash flow. The Trustees consider this is better reflected using this format.

Review

The Charity had a surplus of receipts over payments amounting to £21,331 for the year ended 31st March 2021. As shown on the Statement of Assets and Liabilities at 31st March 2021 the Charity had unpaid liabilities of £4,619 and was not due to receive any additional receipts.

The Government restrictions imposed relating to Covid-19 seriously impacted our ability to participate in fundraising at public events, consequently during the financial year 2020-21, donations to the Charity have decreased to £95,676 (2020: £119,280). However, specific funding of £38,030 (2020: £62,425) was also obtained for purchase of items of medical equipment and to cover some core costs.

The Charity has responded to the restrictions by increasing its online presence and enabling online and text donations. A greater emphasis has been placed on applying for grants and donations from both charitable and corporate organisations and local authorities to offset the reduced donations from public fundraising events.

The direct costs related to providing the pre-hospital critical care by our clinical volunteers have decreased to £100,897 (2020: £113,305).

The Trustees made the decision in April 2020, to reduce costs, wherever possible, until the financial impact of the pandemic could be forecast. The new RRV, purchased in March 2020 and not commissioned at that time, and the events van were mothballed until August and October respectively providing a significant saving on road tax, insurance and running costs. Additionally, the planned upgrading of some HQ equipment was also postponed for the year.

Reserves

The trustees maintain the policy of retaining sufficient cash to meet the total annual fixed costs of the Charity. At 31st March 2021 total available unrestricted cash amounted to £90,535, which is considered sufficient to cover annual fixed costs.

Approved by the Board of Trustees on ...Wednesday 15th September 2021... and signed on its behalf by:



.....
James Whatling - Chairman



.....
Harry Richardson - Secretary

SUFFOLK ACCIDENT RESCUE SERVICE

RECEIPTS AND PAYMENTS ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted £	Restricted £	2021 Total £	2020 Total £
RECEIPTS					
Donations	1	95,676	38,030	133,706	181,705
Other activities		10,175	-	10,175	14,331
Investments		26	-	26	116
Other income		-	-	-	24
Revenue receipts		105,877	38,030	143,907	196,176
Sale of assets	2	2,000	-	2,000	-
Total receipts		107,877	38,030	145,907	196,176
PAYMENTS					
Raising funds		(12,984)	(500)	(13,484)	(15,121)
Charitable activities	3	(75,687)	(25,210)	(100,897)	(113,305)
Revenue payments		(88,671)	(25,710)	(114,381)	(128,426)
Purchase of assets	4	-	(10,195)	(10,195)	(66,382)
Total payments		(88,671)	(35,905)	(124,576)	(194,808)
Net revenue movement in the year		17,206	12,320	29,526	67,750
Net capital movement in the year		2,000	(10,195)	(8,195)	(66,382)
TOTAL NET RECEIPTS		19,206	2,125	21,331	1,368
Cash funds last year end		71,329	5,354	76,683	75,315
TOTAL FUNDS CARRIED FORWARD		90,535	7,479	98,014	76,683

The attached notes on pages 11 and 12 form part of these accounts

SUFFOLK ACCIDENT RESCUE SERVICE

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2021

	Note	Unrestricted £	Restricted £	2021 Total £	2020 Total £
CASH FUNDS					
Cash at bank		90,227	7,479	97,706	76,552
Petty Cash		308	-	308	131
Total Cash Funds		<u>90,535</u>	<u>7,479</u>	<u>98,014</u>	<u>76,683</u>
Other Monetary Assets		<u>-</u>	<u>-</u>	<u>-</u>	<u>3,996</u>
FIXED ASSETS retained for charity's use	5				
Estimated value at 31st March 2021		<u>71,208</u>	<u>-</u>	<u>71,208</u>	<u>88,492</u>
LIABILITIES					
Creditors due within one year		4,619	-	4,619	5,358
Photocopier lease: due no later than one yr		493	-	493	493
due between 1 and 5 yrs		863	-	863	1,356

The attached notes on page 11 and 12 form part of these accounts

The financial statements were approved by the Board of Trustees on
Wednesday 15th September 2021 and signed on their behalf by:


James Whatling - Chairman


Anne Daultrey - Treasurer

SUFFOLK ACCIDENT RESCUE SERVICE

Additional Notes to accounts

1 Grants and Donations

	Unrestricted	Restricted	2021	2020
	£	£	Total	Total
			£	£
Donations	74,191	31,230	105,421	150,593
Local Authority	21,485	6,800	28,285	31,728
	<u>95,676</u>	<u>38,030</u>	<u>133,706</u>	<u>181,705</u>

2 Sale of Assets

The Subaru Rapid Response Vehicle was sold for £2000.

3 Analysis of expenditure - Charitable Activities

	Unrestricted	Restricted	2021	2020
	£	£	Total	Total
			£	£
Rescue Services	64,254	25,210	89,464	96,318
Support Costs	11,433	-	11,433	16,987
Charitable activities	<u>75,687</u>	<u>25,210</u>	<u>100,897</u>	<u>113,305</u>

4 Purchase of assets

During the year, 3 items of medical equipment were purchased at a cost of £10,195 (2020: 2 vehicles and 3 items of medical equipment £66,382) utilising funds which were donated specifically for this purpose. The items will enable our medical volunteers to continue providing critical care treatment.

5 Fixed Assets

	Medical	Computer		2021
	Equipment	Equipment	Vehicles	Total
	£	£	£	£
At 31 March 2020	<u>31,263</u>	<u>2,344</u>	<u>54,885</u>	<u>88,492</u>
At 31 March 2021	<u>29,700</u>	<u>1,293</u>	<u>40,215</u>	<u>71,208</u>

Fixed Assets are stated at the trustees' estimate of net realisable value.

SUFFOLK ACCIDENT RESCUE SERVICE

Additional Notes to accounts continued

6 Analysis of staff costs and key management personnel

A total of 4 staff (full time equivalent - 2.5) are employed by the charity.

No employees received more than £60,000 during the year. (2020 - none).

No Trustees received any expenses in the year (2020 - nil).

7 Related Parties

There were no related party transactions during the year (2020: none)

Independent Examiner's Report

Independent Examiner's Report to the Trustees of Suffolk Accident Rescue Service

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2021 which are set out on pages 9 to 12.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Michael Cooper-Davis FCCA ACA

For and on behalf of

Price Bailey LLP
Tennyson House
Cambridge Business Park
Cambridge
CB4 0WZ

Date: 27 October 2021

Suffolk Accident Rescue Service

Appendix to
Trustees' Annual Report and Accounts
for the year ended

31st March 2021

IMPACT STATEMENT



SARS Rapid-Response Vehicle (RRV) SMED26.

<https://vimeo.com/555291234>

When addressing the Charity's aims and objectives and when planning future activities, the Trustees have had regard to the Charity Commission's guidance on public benefit.

This Impact Statement allows a fuller description of the Charity's activities and achievements than is possible within the main body of the Trustees' Annual Report.

In essence, the presence of a SARS responder improves outcomes for patients by:

SAVING LIVES
DELIVERING VITAL ADVANCED INTERVENTIONS IN THE PREHOSPITAL ENVIRONMENT
REDUCING THE RISK OF PERMANENT DISABILITY
PROVIDING EFFECTIVE RELIEF FROM PAIN

Immediate medical care is provided by a network of solo-responders in their own specially-equipped vehicles responding from various locations around the county. They are supplemented by teams of responders using SARS Rapid-Response Vehicles (RRVs). All SARS volunteer responders carry equipment and drugs not normally found on emergency ambulances, thereby significantly enhancing the Charity's ability to improve patient outcomes and save lives.

The Charity's services are provided without charge to any person in need throughout the geographical county of Suffolk and its adjoining areas.

SARS responded to 356 calls in the year ending 31st March 2021 at a total cost of approximately £125,000 – the equivalent of £350 per call-out. This is only possible because all SARS clinicians give their time and expertise without charge – effectively saving us several hundreds of thousands of pounds each year.

As we move into our 50th year of operation, SARS is more responsive and successful than ever before. This is thanks to the dedication and expertise of our clinicians supported by a small team of committed staff at HQ and our non-clinical volunteers. The vital service that we provide has been maintained throughout the Covid-19 crisis.



*Jemma Varela, SARS volunteer
Critical Care Paramedic.*

"We never know what environment we are about to walk into, so we have to be constantly prepared for everything and anything! Positively though, I feel very proud to be working in a team of volunteers at Suffolk Accident Rescue Service that, despite the risks and difficulties that COVID is throwing at us, are still giving up their own time to save lives and look after their communities."

SARS OPERATIONAL STATISTICS 2020/21

356 CALLOUTS

6,000+
VOLUNTEER HOURS

106 TEAM SHIFTS
Doctor & Paramedic crews

COST OF PROVIDING OUR SERVICE
£125,000

£0
COST TO PATIENTS

All our Clinical Volunteers provide their services on a voluntary basis without any payment or expenses

SARS CLINICIANS
all carry specialist equipment and drugs not found on frontline emergency ambulances

SPECIALIST SKILLS WE PROVIDED THIS YEAR

- Ultrasound scans
- LUCAS automated chest compression
- Cardiac pacing
- Anaesthesia, pain relief & sedation
- Surgical interventions
- Nerve blocks
- Ventilation of the lungs



WWW.SARS999.ORG.UK

BUSIEST MONTH
JANUARY



SARS TEAM MEMBERS

- 2.5 STAFF AT HEADQUARTERS**
- 20 CHARITY VOLUNTEERS**
- 32 CLINICAL VOLUNTEERS**
 - 13 DOCTORS
 - 8 GCPs
 - 7 PARAMEDICS
 - 3 ACPs
 - 1 NURSE
- 8 NEW MEMBERS WELCOMED**
3 DOCTORS & 5 PARAMEDICS

INCIDENTS ATTENDED

- MEDICAL
- ROAD TRAFFIC COLLISIONS
- CARDIAC ARRESTS
- FALLS
- SPORT/EQUESTRIAN
- WATER
- INDUSTRIAL
- FIRE
- STROKE/PSYCHIATRIC



ESTABLISHED
1972
(49 YEARS)



Saving lives by delivering advanced interventions...

During a seven month monitoring period between September 2020 and March 2021, SARS clinicians were involved in the successful resuscitation and safe transfer to hospital of 28% of the cardiac arrest patients they attended. In the UK, only 10% of patients currently survive an out-of-hospital cardiac arrest. We are proud to have helped improve the survival rate of some of these patients including Dave Cleland from Woodbridge, whose wife, Bernie, commented:



Dave Cleland and his wife, Bernie.

“Liam [from SARS] was one of the first on scene attending and, not only did he give my husband the clinical care that he needed, he also went out of his way to explain to me in simple terms what was happening. We were completely stunned when we found out later that Liam was doing this as a volunteer in his own time.”

Reducing the risk of permanent disability and providing relief from pain...



Emma, a patient treated by a SARS volunteer Critical-Care team in 2020

“Thank you to all the team that helped me in my motorbike accident. You helped save my life, I can’t thank you all enough and I will be forever grateful. Keep up the great work, there’s not enough recognition for what you do.”

SARS clinicians carry advanced drugs, including painkillers and sedatives, which are not normally found on frontline ambulances. This enables them to undertake specialist interventions such as sedation and anaesthesia, which would not otherwise be possible outside a hospital environment.

SARS clinicians administered sedation to 30 patients this year and provided additional pain relief to many others. This facilitated procedures such as limb re-locations and enabled the rapid extrication of patients for transfer to hospital. In each case, the patients were accompanied to hospital by a SARS clinician to ensure their condition remained stable throughout the journey

Improving patient outcomes...



A SARS team in attendance at a serious road traffic collision in 2021

SARS treated 260 patients this year utilising the advanced skills of its volunteers, including clinicians specialising in the field of emergency medicine. Enhanced prehospital treatment of patients included: advanced airway management, defibrillation, cardioversion, temporary electrical pacing of the heart, tracheal intubation, sedation, ultrasound scanning, insertion of arterial lines and anaesthesia.

SARS was also mobilised to 96 incidents where our responders were stood-down on scene or before arrival.

In 15% of those incidents attended, a SARS clinician/team was the first medical resource to arrive at the scene.

“Knowing his life was saved by your quick response makes me and all my family very grateful.”

(The words of a relative of a patient treated by SARS in March 2021).

Jeremy's Award



*Dr Jeremy Mauger with SARS Hon. President,
Cllr Margaret Marks*

In 2021, Dr Jeremy Mauger was awarded the Suffolk Medal for his outstanding voluntary work over the past twenty years. Jeremy is currently our longest serving clinical responder and regularly volunteers hundreds of hours of critical care coverage each year. He will think nothing of getting up from his bed in the middle of night to help someone in their hour of direst need and has created a long legacy of grateful patients who have benefitted from his skills and expertise.

Jeremy is an inspiration to us all with his unstinting commitment to helping others and dedication to his local community. He is a very deserving recipient of this prestigious award. Congratulations, Jeremy!

Suffolk Heroes Awards

Three of our volunteers also received awards from Suffolk's MPs for vital contributions made to their communities during the Covid-19 pandemic. They were Paramedic Steve Murrow (West Suffolk), Dr Andy Mason (Mid-Suffolk) and CCP Liam Sagi (East Suffolk), providing yet more evidence of the selfless dedication of our volunteers.



Steve Murrow (West Suffolk)



Andy Mason (Mid-Suffolk)



Liam Sagi (East Suffolk)

As we approach our 50th anniversary in May 2022, SARS is immensely proud of all its volunteers, both clinical and non-clinical, past and present, who have enabled our Charity to bring lifesaving care to the people of Suffolk and surrounding areas over such a long period of time. So, here's to the next 50 years!