

# SALAAM SHALOM KITCHEN

England & Wales · Charity number 1168732

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-08-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Himmah Hub  
Hyson Green Community Centre  
37A Gregory Boulevard  
Nottingham  
NG7 6BE

**Phone** 0115 9150132

**Email** [info@salaamshalomkitchen.co.uk](mailto:info@salaamshalomkitchen.co.uk)

**Website** [salaamshalomkitchen.co.uk](http://salaamshalomkitchen.co.uk)

## Activities

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**Objects:** THE PREVENTION OR RELIEF OF POVERTY IN THE UK BY PROVIDING A SOUP KITCHEN TO INDIVIDUALS WHO COULD NOT OTHERWISE PROVIDE FOR THEMSELVES.

**Activities:** To provide a hot meal and company, once per week to people in need in Nottingham

## Classification

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- **How:** Provides Services
- **What:** The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

## Geography

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- Nottingham City

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£15,626	£29,148	-	-
2024-03-31	£27,601	£24,593	-	-
2023-03-31	£32,485	£15,218	-	-
2022-03-31	£8,445	£10,208	-	-
2021-03-31	£11,256	£7,665	-	-

## Trustees

Name	Role	Appointed
<b>Dr Karen Vivien Worth</b>	Chair	2015-05-18
Andrea Chipman		2018-07-10
Dr David George Bogod		2024-06-02
Eve Cina		2018-10-01
FERZANA SHAN		2022-08-01
Mumtaz Baig		2022-08-01
Rabbi TATSIANA SAKHNOVICH		2015-05-18
Sajid Mohammed		2015-05-18

**SALAAM SHALOM KITCHEN**

England & Wales - Charity number 1168732

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# Accounts

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Salaam **Shalom** Kitchen

A Jewish Muslim Partnership  
Bringing people together through food

Annual Report  
2024-2025

Salaam Shalom Kitchen Nottingham  
A joint Muslim Jewish charity

# Our Mission



We are a joint Muslim Jewish project founded on the belief that working together across communities and perceived boundaries helps build community cohesion and break down barriers.

## **Our Ethos**

We bring together volunteers from many communities, to make friends and work together for social change.

## **The Need**

The need continues to increase, as many more people are affected by food poverty. We are now serving more than 100 people every week and giving out 160+ meals, as well as providing much needed groceries.

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## Celebrating our 10<sup>th</sup> Year

We are so delighted to be celebrating 10 years of Salaam Shalom kitchen, as our project continues grow and expand its reach. We continue to respond to a growing level of need in the community, as the high cost of living and contributes to high levels of food poverty and stress amongst our clientele. Our tenth anniversary has coincided with new milestones for the organisation.

### A new co-chair

Sajid Mohammed, stepped down as co-chair and as a steering committee member in June 2024, following our last AGM, although he remains a trustee. We thank Sajid, who co-founded Salaam Shalom Kitchen with Rabbi Tanya Sakhnovich, for his work and commitment to SaSh and wish him well with his (numerous) other obligations and projects.

We were delighted to welcome Ferzana Shan. as co-chair. In addition to being a member of the SaSh steering committee since 2017, Ferzana is Vice Chair of Himmah and Head of Training at Avon and Somerset Police. She brings experience in leadership, learning and development and enjoys poetry and playing croquet in her spare time.

### New Premises

After a number of delays, SaSh moved out of its long-time home at the Bridge Centre in Hyson Green at the end of March 2025. Our new location is the new Himmah Hub, which is located just down the street from the Bridge on Gregory Boulevard in a former community centre owned by Nottingham City Council.

Although we are still adapting to the new premises, co-locating with Himmah provides a number of advantages, and the kitchen space is larger. We thank Kathleen, Stuart and Martha from the United Reform Church, which operates the Bridge Centre, for hosting us for most of our first ten years.

## **A Message from our Co-Chairs**

### **Ferzana Shan Co-Chair**

It is an honour to introduce myself as Co-Chair of Salaam Shalom Kitchen ( SaSh). I'm Ferzana – a long-standing steering group member, trustee, and now co-chair. As a British Pakistani woman, giving back to the city that's given me so much is deeply important. The act of giving – of Sadaqah – whether through time, effort or kindness, is at the heart of what we do at SaSh.



### **Karen Worth Co-Chair**

I am so proud that we are celebrating 10 successful years of Salaam Shalom Kitchen. We started this as a small local project thinking that it might run for a year or two at most... and here we are all these years later. Tikkun Olam (helping to repair our damaged world) and gemillut chassidim (acts of loving kindness) are central teachings to me as a Jewish woman, and I am so delighted to be able to tangibly put this into practice at SaSh kitchen.



### **From both of us...**

We have watched SaSh grow from a small community café into a vital service. Post-Covid and through the ongoing cost-of-living crisis, the need in our community has only deepened. Alongside hot meals in a warm, welcoming café environment, we now offer groceries, through Fareshare and direct supermarket collections, which has become a lifeline for many.

None of this would be possible without our incredible volunteers, who cook, shop, set up, serve, and clean. They welcome guests, pour teas, and prepare meals to eat in or take

away. They drive to collect the food from supermarkets all over Nottingham and also from Fareshare. Behind them are trustees and steering group members who work tirelessly to keep everything running, and our amazing paid staff team, who do so much on very few paid hours. It's a huge operation powered entirely by community spirit.

At the core of SaSh is something truly special: a Muslim-Jewish partnership. We cannot overstate its importance. In a world often marked by division, we come together to model something different – shared purpose, mutual respect, and unity in action.

Looking ahead, our vision is to continue this work – not just with food, but with dignity, warmth, and hope. We remain grounded in service and solidarity.

We're deeply grateful to our funders and donors who walk alongside us, who believe in our ethos, and who are as moved as we are by the growing need in this city. Their support makes this all possible.

Thank you for being part of the journey.

## **Our Objectives**

Our main objective is to help to relieve food poverty in Nottingham and also to help break down isolation and loneliness for service users, by providing a warm and friendly environment every week for people to attend for a hot meal and to build connections and friendships.

We work to build cohesion and understanding primarily between the Muslim and Jewish Community in Nottingham but also building links with other faith and non-faith groups.

## **Our Activities**

Each week people work together preparing and cooking food and creating a friendly welcoming environment for our guests. Working together cooperatively in this way allows us to understand each other better and build cohesion between individuals and groups.

It allows many groups and individuals who would not otherwise mix or get to know each other to build better understanding and friendships. Students are enabled to integrate and be involved in the community in which they are living and to give back to that community.

This year the demand has continued to grow and we are serving around 160+ hot meals each week, including take-out meals. We have many regulars who attend every week and who have developed friendships/connections with others who attend the project. The people attending have continued to expand over the past year and has included many more families and people from different communities.

Every Wednesday between 5-7 pm we provide a hot meal to people from the local community, who are in need. Anyone is welcome to attend. No one is turned away nor do they have to provide evidence of need. People have diverse range of needs and issues, including: food poverty, mental health issues, substance misuse issues, asylum seekers and refugees, recent immigrants from Eastern Europe especially Poland, Lithuania and Ukraine, and Roma community, many of whom speak little English. Elderly and isolated individuals also attend.

Although most of our guests are adults, an increasing number of families with children are making use of our service, as the cost-of-living crisis hits more people. People are signposted from other organisations such as Nottingham Refugee Forum (NNRF), Prostitute Outreach workers (POW), Framework, local GPs and community groups.

## Our Amazing Volunteers

We have volunteers from lots of different organisations and also many individuals not aligned to organisations.

Groups include but are not limited to: Catholics from St Barnabus Cathedral; Trent and Nottingham University students; Nottingham Fire and Rescue Service, Nottingham Liberal Synagogue and several different Muslim organisations including Himmah, Nottingham Muslim Women's network and Pakistan Forum. Many individuals come regularly every week to volunteer.

Our volunteers work to help prepare and cook food under the guidance of our chef; a group who sort and give out the donated groceries; a team to serve the food and hot drinks at the Himmah Hub. We also have a team of drivers to collect donated food from supermarkets and Fareshare.

We are entirely dependent on the excellent work done by our volunteers, and we couldn't run the project without them.

Each week there are approximately 30 people involved in helping provide the service. Over the period this report covers we have had more than 60 different individuals volunteer. Many are regular but some are ad hoc. Volunteering goes both ways as it is extremely enjoyable and rewarding to work at SaSh, and people continue to come back to help, as they get a lot out of it.

Each week people work together preparing and cooking food, and creating a friendly welcoming environment for our guests. Working together cooperatively in this way allows us to understand each other better and build cohesion between individuals and groups. It allows many groups and individuals

who would not otherwise mix or get to know each other to build better understanding and friendships.

Some of our 'guests' also volunteer at the project so the barrier between workers and service users is blurred and this helps with cohesion and breaking down barriers. We are working on a clear process to make this pathway more accessible and transparent.



## What our volunteers and guests are saying

“Tasty cooked food which is really healthy, and a really good range. Not only can you eat inside but you can take it away and have a meal for another day. You get an awful lot here for nothing” – Nick, guest

I don't come for the food, but I need the company. This is the only time I see people all week.  
---Anonymous, guest

Teamwork and the interaction with the guests is the reason I come. There is a great variety of food we get donated and it's always exciting to see what's been delivered.

--Graham, volunteer

There's so much hate in the world and it's just beautiful to be able to do something which brings communities together.

--Luke volunteer.

The food is tasty. Staff are really friendly. I feel safe here- even though I have depression and anxiety. It's the only place I come now. I get enough food to last me. It's great that it's a hot meal and also a food bank.

--Maria. guest

It's so nice to see people smiling. You make us feel so welcome. --Anonymous, guest

Helps me feed myself as I work on zero hours contract and some weeks I get no money.

I would be living on beans on toast if it wasn't for this place. This is delicious and the healthiest meal I eat all week. It helped a lot when I was homeless.

--Julian. Guest.

This place gives me hope and makes me happy and everyone here is so lovely and non-judgemental. People just want to help each other.

--Asher, (student) volunteer.

Very nice dinner today.

--Irene guest

I enjoy volunteering at SASH because it feels like I'm making a tiny little difference in the lives of people who really need it. I've always found it really hard when I see people facing homelessness—it gives me this overwhelming feeling of hopelessness, and I wanted to do something to help.

I also like the social side of volunteering. There's something very uplifting about chopping vegetables together and having those chats where we somehow end up putting the world to rights!

---Justyna, volunteer

I like the idea behind this project. Meeting people from different religions and backgrounds. The meal is really central - getting people to sit down and eat together.

--Virginia, volunteer.

I meet friends here. Enjoy the food and lots of coffee. The staff are really nice.

--Sam, guest

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## Achievements and Performance

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During the period  
between April 2024-  
March 22, 2025:

**8,000+ hot meals prepared**

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**150 - 160 delicious meals made every Wednesday, all year round**

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**5,000 kg of supermarket food surplus saved from waste – cooked/given away**

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**90- 125 people through the doors each week**

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**More than 60 people have volunteered with us**

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# Salaam Shalom Kitchen in the Community

## Events with the High Sheriff

Nick Rubins who held the office of High Sheriff of Nottinghamshire in 2024-25, chose Salaam Shalom Kitchen as one of his two charities for the year.

Ferzana and Karen – Salaam Shalom Kitchen's co-chairs spoke to a packed audience at Southwell Minster at the Kings Birthday Celebration in June 2024.

There were two other High Sheriff events over the year, including a charitable donor event with Forever Notts in February 2025 and the High Sheriff's farewell tea where SaSh Kitchen was given a High Sheriff's award along with individual awards for Ferzana and Karen in March 2025

As a result of Nick spreading the message about our great project, and inviting more volunteers, we received a lot of interest, and made some new connections.

## **Salaam Shalom Kitchen supports sustainable development**

On November 6, 2024, SaSh Co-Chairs Karen Worth and Ferzana Shan appeared on the SDG Vision podcast. As part of a wide-ranging discussion with host Pierre Jones, they spoke about the project's alignment with the Sustainable Development Goals (SDGs) –outlined in 2015 by the United Nations General Assembly as part of the 2030 Agenda for Sustainable Development.

You can view it here:

[https://www.youtube.com/watch?v=PIfiveIyGg\\_o](https://www.youtube.com/watch?v=PIfiveIyGg_o)

### **Other events**

In February 2025, SaSh became champions of the Warm Welcome Spaces campaign, which aims to keep people warm through the winter through a movement that connects individuals and communities across the country all year round. We have attended their online sessions.

Karen Worth gave a talk about what we do at SaSh to Nottingham University students at their parliamentors meeting in March 2025.

The project continues to develop its links with other organisations and has continued to build its high standing and profile, within the community and the city of Nottingham.

## Donations and your support

We have received small financial donations throughout the year from individuals and organisations and have maintained a healthy bank balance.

We are grateful to Sherwood Open Gardens in June 2024 for their amazing donation of £4,000, raised from people paying to visit the gardens, sale of refreshments and plants and donations made by individuals.

We are also very grateful to Nick Rubins, High Sheriff of Nottinghamshire 2024-25. We received £732 donations from his charity events.

St. Andrew's with Castle Gate United Reformed Church organised an evening of Middle Eastern food in Nov 2024 which 80 people attended and donated £375 to SaSh from the event.

In 2024-25 we also received very welcome donations from the following organisations:

Artemis Trust £4000

Termate £900

Benevity £170

We have continued to keep our costs as low as possible by using donations from as many people/ agencies as possible. Food costs are kept extremely low by using surplus supermarket food donations and (purchasing) food from Fare Share.

This also helps with our goal of sustainability and to be as eco-friendly as possible.

We rely on donations and it is particularly helpful when people sign up to donate regularly. Even £5 or £10 a month would make a big difference. To set up either a one-off or regular donation please go to:

<https://cafdonate.cafonline.org/18557#!/DonationDetails>

## Our Staff

This year, we welcomed a new member of staff, Sara, who started in June 2024 as Project and Volunteer Coordinator. She has made a huge difference to the project with her boundless energy and enthusiasm. She continues to develop our volunteer support and recruitment.

Nic, our wonderful Operations Coordinator continues to be a marvel working tirelessly every Wednesday to keep the afternoon session on track, and also organises the supermarket pick-ups and deliveries.

We continue to employ our talented chef Tali, who plans delicious and nutritious meals each week made from mainly supermarket surplus, directing the many volunteers to help in preparation.

We have also added a number of temporary and guest chefs, including Sergio, Sam, Rezi and the Nottingham Muslim Women's Network, to fill in for Tali when she is unavailable.



## Structure, Governance and Management

Type of governing document – Constitution

Charitable incorporated organisation

Trustee selection methods - Appointed by existing trustees.

## Trustees

Karen Worth Co-chair

Ferzana Shah Co-chair

Sajid Mohammed

Tanya Sakhnovich

Eve Cina

Andrea Chipman

David Bogod

Mumtaz Baig

## Steering group

Our steering group is the engine that keeps the project working. We meet monthly to consider both strategic and operational activities. There are 2 steering group members present each week at SaSh to help ensure the session runs smoothly.

The steering group is: Abdul Aziz, Andrea, David, Eve, Ferzana, Karen and Mumtaz,

We are delighted to have welcomed AbdulAziz Ahmed onto our steering group. He has been really helpful in working with us on governance and policy development.

Other specific roles held by the steering group this year are:

Treasurer- Karen Worth

Secretary- Mumtaz Baig

Other members of the group take on various other significant areas of responsibilities eg Website, fareshare liason, rota etc.

We thank the steering group for the many hours they have given to SaSh and their steadfast support and vision.

## Financial Review

Our overall costs for the year 2024-2025 were £28,818. The charity's reserve policy is to aim for at least 4 months running costs in reserve. This equates to approx. £9666.

Our end of year financial position £16,608

We anticipate that our costs in the coming year will continue to increase due to the increase in food costs and wages. We receive regular small individual donations and occasional more sizeable donations from groups. We have had fewer large donations this year and not received any grants, so our reserves have depleted. We are now in process of applying for grants for the coming year.

For further information on the accounts, they are available on the charity commission website.

We have used Charities Aid Foundation (CAF) for donations and receive regular and one-off donations from both individuals and groups via this. Gift Aid is therefore automatically collected.

If you would like to donate either by a one-off or regular donation please go to:

<https://cafdonate.cafonline.org/18557#!/DonationDetails>

**SALAAM SHALOM KITCHEN**

REGISTERED CHARITY NUMBER 1168732

**FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2025**

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**Solutions Accountants & Financial Services Ltd**

149 Radford Road, Nottingham NG7 5EH, Tel/Fax 0115 8224993  
www.solutionsaccountants.co.uk, e-mail info@solutionsaccountants.co.uk

**SALAAM SHALOM KITCHEN  
FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2025**

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**SALAAM SHALOM KITCHEN**  
**FOR THE YEAR ENDED 31ST MARCH 2025**

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**Trustees**

Ms. Karen Worth (Co-chair)  
Ms. Ferzana Shan (Co-chair)  
Mr. Sajid Mohammed  
Ms. Mumtaz Baig  
Mr. David Bogod  
Ms. Eve Cina  
Ms. Andrea Chipman  
Rabbi Tatsiana Sakhnovich

**Charity registration Number**

1168732

**Registered Office**

SALAAM SHALOM KITCHEN  
54 Watcombe Circus  
Sherwood  
Nottingham  
NG5 2DT

**Bankers**

LloydsTsbBankPlc  
MarketSquareHouse  
Old Market Square  
Nottingham  
NG1 6FD

**Independent Examiners**

Solutions Accountants & Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH  
[www.solutionsaccountants.co.uk](http://www.solutionsaccountants.co.uk)

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2025 TRUSTEE'S ANNUAL REPORT

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The trustees present their report and accounts for the year ended 31st March 2025. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issued in 2014.

### **Principal activities**

The organisation has a charitable status, and the main objective is the prevention or relief of poverty in the UK by providing a soup kitchen to individuals who could not otherwise provide for themselves with our aim of improving the conditions of life of such people.

### **Tax status**

Salaam Shalom Kitchen is a registered charity and exempt from any corporation Taxes or income tax.

### **Recruitment and training of Trustees**

The Board of Trustees consists of seven members who are recruited from within the community. Role descriptions are issued to each trustee and a full induction is given setting out the obligations of a trustee. All the trustees are issued with a copy of the Charity Commission's guide 'The Essential Trustee'.

### **Organisational structure**

The Charity is principally UK based, and its registered office is in Nottingham. The Charity has no partner organisations with whom it delivers its programmes in Nottingham

### **Financial review**

#### **Principal sources of funding**

The principal source of funding for the Charity is Donations and Grants/Compaings from the community.

#### **Reserves policy**

The Trustees have established a policy whereby, given the charity's present level and nature of activities, the restricted funds not committed or invested in intangible and tangible fixed assets ("the free reserves") held by the Charity. At this level the Trustees feel that they would be able to continue the current activities the current activities of the Charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced as activities changed.

The level of free reserves (if any) will be held at the balance sheet which reflects the funds received by donors or other funders shortly before the year end which were utilised early in the new year. In addition, these donations are retained and utilised systematically to support necessary projects during the next twelve Months.

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2025

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### Statement of Trustees' responsibilities

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
  - observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
  - prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charity (Accounts and Reports) Regulations, and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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24/06/2025

**Ms. Karen Worth (Co-chair)**  
**TRUSTEE**  
*On the behalf of all Trustees*

# SALAAM SHALOM KITCHEN

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the charity, which are set out on page 5 & 6.

### **Respective responsibilities of trustees and Examiner**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and

State whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - . to keep accounting records in accordance with section 130 of the 2011 Act and
  - . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

QAZI NAVEED

24/06/2025

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Qazi Naveed Arshad  
Solutions Accountants &  
Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH

**SALAAM SHALOM KITCHEN**  
**REGISTERED CHARITY NUMBER 1168732**  
**FOR THE YEAR ENDED 31ST MARCH 2025**  
**STATEMENT OF FINANCIAL ACTIVITIES**

	Note	Unrestricted funds	Restricted Funds	Total Funds 2025	Total Funds 2024
		£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
CAF regular and one off donations		3,260	-	<b>3,260</b>	3,341
Gift Aid		567	-	<b>567</b>	497
Other organisation donations		10,407	-	<b>10,407</b>	23,180
Grants and campaigns		-	-	-	524
Misc/Refunds		698	-	<b>698</b>	58
Bank Interest		695	-	<b>695</b>	-
<b>Total Incoming Resources</b>		<b>15,626</b>	-	<b>15,626</b>	<b>27,601</b>
<b>EXPENDITURE ON</b>					
Cost of generating funds					
Charitable activities	1	15,175	-	<b>15,175</b>	7,056
Governance costs	2	13,973	-	<b>13,973</b>	17,537
<b>TOTAL</b>		<b>29,148</b>	-	<b>29,148</b>	<b>24,593</b>
<b>NET ( EXPENDITURE )</b>		<b>(13,522)</b>	-	<b>(13,522)</b>	<b>3,008</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds		-	-	-	-
<b>Net ( Expenditure for the year )</b>		-	-	(13,522)	3,008
Total funds brought forward		-	-	29,375	26,367
<b>Total funds carried forward</b>		-	-	<b>15,853</b>	<b>29,375</b>

**SALAAM SHALOM KITCHEN**  
**BALANCE SHEET**  
**REGISTERED CHARITY NUMBER 1168732**  
AS AT MARCH 31, 2025

	<u>Notes</u>	<u>2025</u> £	<u>2025</u> £	<u>2024</u> £
<b>Current Assets</b>				
Debtors		-		-
Cash at Banks and in hand	4	<u>16,608</u>		<u>29,800</u>
<b>Total Assets</b>		<b><u>16,608</u></b>		<b><u>29,800</u></b>
<b>Creditors: Amounts Falling due within one year</b>	5	755		425
			<b>15,853</b>	<b>29,375</b>
<b>Total Assets less current liabilities</b>			15,853	29,375
<b>Long Term Liabilities</b>			-	-
<b>Net Assets: Total Assets less Total Liabilities</b>			<b><u>15,853</u></b>	<b><u>29,375</u></b>
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	3		15,853	29,375
<b>TOTAL FUNDS</b>			<b><u>15,853</u></b>	<b><u>29,375</u></b>

**EXEMPTION STATEMENT**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime set out in Part 15 of the Companies Act 2006. The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 and Charities Act 2011 with respect to accounting records and preparation of accounts. These financial statements were approved by the Board of Trustees and are signed on their behalf by:

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**Ms. Karen Worth (Co-chair)**  
**TRUSTEE**

24/06/2025

The notes on page 7,8,9 form part of this financial statement.

**SALAAM SHALOM KITCHEN**  
**Notes forming part of these financial statements**  
**FOR THE YEAR ENDED 31ST MARCH 2025**

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**Notes**

**ACCOUNTING POLICIES**

**Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

**Basis of preparation**

Himmah meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

**Going concern**

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

**Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

**Grants receivable**

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

**Income and endowments**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- . Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- . HMRC Gift aid has been claimed .

**Information regarding trustees and employees remuneration**

The trustees received no remuneration in the year (2024 - 25).

The average number of people employed by the charity during the year was two (2024-25).

**Tax status**

Salaam Shalom Kitchen has a charitable status hence do not attract any Taxes.

**Notes forming part of these financial statements (continued)**  
**FOR THE YEAR ENDED 31ST MARCH 2025**

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**Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

**Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Government grants**

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

**Taxation**

The charity is considered to pass the tests set out in Paragraph I Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable incorporated organisation for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**Tangible fixed assets**

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

**Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

**Notes forming part of these financial statements  
FOR THE YEAR ENDED 31ST MARCH 2025**

**Notes**

**Net incoming resources**

Net incoming resources  
are stated after charging:

	£	£	£
	Un-restricted	Restricted	
	2025	2025	2024
<b>1 Charitable activities</b>			
Food provided by Salaam Shalom Kitchen	6,370	-	4,302
Take Away Packaging	2,083	-	2,392
Warm clothing	147	-	362
Direct Rent Cost	4,900	-	-
Subcontract Cost	1,600	-	-
Equipment	75	-	-
	<b>15,175</b>	<b>-</b>	<b>7,056</b>

**2 Governance cost**

	2025	2024
Subcontract Cost	5,997	9,509
Wages	5,266	-
Rent	-	4,800
Volunteer expenses	372	643
Publicity/IT	770	411
Miscellaneous	3	3
Insurance	810	548
Equipment	-	1,198
Accountancy	755	425
	<b>13,973</b>	<b>17,537</b>

**Notes**

	2025	2024
<b>3 Accumulated Surplus Account</b>		
Opening Balance 06/04/2024	29,375	26,367
Deficit/Surplus 05/04/2025	(13,522)	3,008
<b>Balance</b>	<b>15,853</b>	<b>29,375</b>

**4 Closing Balance**

Current a/c	5,934	9,800
Saving a/c	10,674	20,000
	<b>16,608</b>	<b>29,800</b>

**5 Short term liabilities**

Accountancy	755	425
Total s/t liabilities	<b>755</b>	<b>425</b>

**SALAAM SHALOM KITCHEN**

England & Wales - Charity number 1168732

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# Accounts

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# Salaam Shalom Kitchen

Feeding those in need since 2015



## Who we are

A joint Muslim/Jewish project founded on the belief that working together across communities and perceived boundaries helps build community cohesion and break down barriers.

## Our ethos

To bring together volunteers from diverse communities, to make friends and work together for social change.

## The need

With many more people affected by food poverty and the impact of the cost of living crisis, demand for our services has grown significantly. We provide 160/180 meals each week and welcome between 80 - 120 guests to the kitchen each Wednesday.

## Message from our Co-Chairs

We are very pleased and proud to have completed another successful year at Salaam Shalom Kitchen, providing for increasing numbers of people in need within the local community.

It is nearly 9 years since a small group of Muslims and Jews came together in Nottingham to demonstrate their shared values and connection through social action. Undoubtedly it has been a difficult year for many in our communities but despite this we have held together and maintain our commitment to this project and to each other.

In the last year we have provided more than 8 000 freshly prepared nutritious meals to people in need and experiencing food poverty. Guests also access groceries donated by supermarkets through Neighbourly and this is an increasingly valued service for our guests.

Our commitment to promoting diversity, inclusivity and sustainability has been a driving force in our efforts. We have continued to create a safe and inclusive space where people from all walks of life can come together, share a meal, collect a bag of food and build meaningful connections.

None of this would be possible without the support of our volunteers, donors, staff and partners. We are incredibly grateful for your generosity and continued support. Your donations have enabled us to manage the increasing costs of running the project and to purchase necessary equipment, maintain our kitchen facilities, and cover operational costs, ensuring that we can continue to provide practical support and hope for marginalised individuals and communities.



## Our provision

Every Wednesday our volunteers come together to prepare and cook a vegetarian meal and create a warm and welcoming environment for our guests. It allows individuals who might not otherwise mix to build relationships through a common purpose.

Demand for access to all aspects of our service has increased in a difficult economic climate for many people. We provide around 160+ meals each week and access to groceries donated by supermarkets and our Fareshare subscription plus we benefit from donations through the Hygiene Bank and at Xmas from Lush, and generous donors.

Between 5pm and 6.30pm we serve people from the local community at the Bridge Centre in Hyson Green. No-one is turned away or is required to provide evidence of need. Our guests have a diverse range of needs from mental health issues, substance misuse, asylum seekers, homelessness, food poverty. Elderly and isolated individuals also attend. Also increasing numbers of families, students and working people who are experiencing the hardship of increases in the cost of living and are experiencing food poverty.

- To help to relieve food poverty in Nottingham.
- To help to break down isolation and loneliness for our guests by providing a warm and welcoming environment each week for people to enjoy a hot meal, drinks and cake, and build connections and friendships.
- To build cohesion and understanding primarily between the Muslim and Jewish Community in Nottingham but also building links with other faith and non-faith groups.



# Surplus Food

The majority of our food is surplus food donated by supermarkets through Neighbourly, plus we subscribe to Fareshare who provide 80 kilos of food each week at a favourable rate. Neighbourly co-ordinate donations from Lidl, Aldi, Tesco and Sainsbury's and most of these donations provide our guests with access to a bag of groceries each week.

We also have ad hoc donations of fresh vegetables from gardens or allotments.

Subject to the donations we receive, we may also buy additional produce to ensure our hot meal is varied and nutritious.



# Donations

St Barnabas Cathedral support us with a weekly donation of rice and provide roast potatoes and other goodies as part of our Winter Festive meal preparation.

We were chosen by a local primary school, St Mary's Catholic Academy, to be their Harvest Festival charity and received a wonderful selection of food which boosted our grocery table significantly for two weeks and was hugely appreciated. We were also chosen to be a chosen charity for a term by Soar Valley College and again received a huge selection of food for our grocery table at the start of the year.

The Open Kitchen supported us with a generous donation of hot food - 120 tubs of rice and Dhal - when we were unable to access the kitchen for one week and had to serve from the forecourt outside.

We had an amazing array of home cooked cakes from young people and adults from Nottingham Liberal Synagogue who baked for SaSh Kitchen as part of their Mitzvah Day



## Partners

Our guests are signposted to us through Nottingham Refugee Forum, Prostitute Outreach Workers, Arimethea Trust, Framework, local GPs, community groups and word of mouth.

## Our ethos

To bring together volunteers from diverse communities, to make friends and work together for social change.

## The need

With many more people affected by food poverty and the impact of the cost of living crisis, demand for our services has grown significantly. We provide 160/180 meals each week and welcome between 70 - 120 guests to the kitchen each Wednesday.



## Our Volunteers

We have amazing support from our pool of fantastic volunteers. They help with preparation and cooking food under the guidance of our chef; a group who serve food and drinks to our guests; a team who ensure our kitchen is clean and tidy each week and a group of drivers who collect and deliver food donations from supermarkets and Fareshare. Our drivers collect and deliver donations on Tuesday and Wednesday and pay for the fuel costs themselves.

This year we had additional regular support from Nottinghamshire Fire and Rescue Service with 2 or 3 volunteers each week.

Our volunteers enjoy the friendly environment and the rewarding work they provide.

*“Gives me a sense of purpose. I have a boring desk job and coming here gives me value and a sense of contributing to something worthwhile.”*

*“I like interacting with people and helping face to face and making an impact.”*

*“I like working with a diverse group of people. I like that it is multi faith and proves people from all backgrounds can come together and work together.”*

# Guests Quotes 2023/24

“It’s fabulous, amazing atmosphere and environment.”

“Excellent that it’s available for everyone who needs it whether they work or don’t work.” “I come because my mum’s 91 and I can bring her a cooked meal. Very friendly!”

“Very good service.”

“Most staff are amazing and really helpful.”

“My daughter’s really struggling on benefits with two kids. It helps them to be able to eat in the week.”

“Good healthy food, great portions. I always leave with a good bag of food. I really like the hot drinks and cake.”

“ Some food here I would never have tried before and it’s good to try new things”

“Good to explore vegetarian options - gives me ideas what to try cooking at home.”



# Events and Entertainment



We celebrated our 8th birthday in June 2023 and used this event to recognise and celebrate the work our volunteers provide all year.

We have several musicians who provide a range of different music at sessions which guests enjoy and hugely improves the atmosphere.

In June we had a successful cake sale in the Park Open Gardens and received a generous donation from them for £3,630 plus a great opportunity to promote our kitchen.

In November we collaborated with Emmanuel House for Inter-Faith week and provided a free lunch at the centre.

For our Winter celebration event, we provided a vegetarian based traditional meal plus more than 100 goody bags with lots of variety for all ages including lots of books. The event was very well attended by more than 110 guests and with amazing live music from Chris.

We also ensure that specific Jewish and Muslim festivals and celebrations are noted at SaSh including Ramadan, Eid, Passover and Chanukah.



# Governance

Our steering group continues to function well and meet regularly. Two members of the steering group attend SaSh each week to support the staff and volunteers.

## Trustees and Steering Group

Karen Worth	Co-Chair and Treasurer, Trustee and Steering Group
Sajid Mohammed	Co-Chair, Trustee and Steering Group
Eve Cina	Trustee and Steering Group
Mumtaz Baig	Trustee and Steering Group
Andrea Chipman	Trustee and Steering Group
Ferzana Shan	Trustee and Steering Group
Bilal Hussain	Steering Group - Resigned April 2024
David Bogod	Steering Group
Rabbi Tanya Sakhnovich	Trustee

## Contracted Staff

Tali Scott	Chef
Nickala Barber	Operations Manager
Calum Boyce	Operations Assistant

During the year between August 23- Jan 24, Joanna Boulton worked as our project coordinator but sadly had to leave due to health issues.



# Financial Review

Our costs for the year 2023-2024 were £24,500.

Our reserve policy is to aim for at least 4 months operating costs in reserve which equates to £8200

We have received some notably large donations in 2023 including £10 000 from the Ernest Hecht Charitable Foundation, £2 000 from local MP Nadia Whittome, £3 000 from Artemis Trust, Encompass £2250 plus many individual regular and one off donations.

In addition to these donations we also received £2 000 from Amazon Community Grant, £500 from Neighbourly Community Fund and we were given £3 630 from the Park Open Gardens Event.

Full accounts may be seen on Charity Commission website.

Salaam shalom Kitchen charitable number is: 1168732

## CONTACT US:

For more information on volunteering please contact at [info@salaamshalomkitchen.co.uk](mailto:info@salaamshalomkitchen.co.uk)

or via the website:

[www.salaamshalomkitchen.co.uk](http://www.salaamshalomkitchen.co.uk)

## To DONATE :

We continue to need regular and one-off donations.

If you'd like to donate please follow this <https://cafdonate.cafonline.org/18557>

Or click here to go to our website where there is a donate button.

[www.salaamshalomkitchen.co.uk](http://www.salaamshalomkitchen.co.uk)



**SALAAM SHALOM KITCHEN**

REGISTERED CHARITY NUMBER 1168732

**FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2024**

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**Solutions Accountants & Financial Services Ltd**

149 Radford Road, Nottingham NG7 5EH, Tel/Fax 0115 8224993  
www.solutionsaccountants.co.uk, e-mail info@solutionsaccountants.co.uk

**SALAAM SHALOM KITCHEN  
FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2024**

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**SALAAM SHALOM KITCHEN**  
**FOR THE YEAR ENDED 31ST MARCH 2024**

**Trustees**

Dr. Karen Vivien Worth (Chair)  
Mr. Sajid Mohammed (Co-chair)  
Mr. Mumtaz Baig  
Ms. Ferzana Shan  
Ms. Eve Cina  
Ms. Andrea Chipman  
Ms. Rabbi Tatsiana Sakhnovich

**Charity registration Number**

1168732

**Registered Office**

SALAAM SHALOM KITCHEN  
54 Watcombe Circus  
Sherwood  
Nottingham  
NG5 2DT

**Bankers**

LloydsTsbBankPlc  
MarketSquareHouse  
Old Market Square  
Nottingham  
NG1 6FD

**Independent Examiners**

Solutions Accountants & Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH  
[www.solutionsaccountants.co.uk](http://www.solutionsaccountants.co.uk)

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2024 TRUSTEE'S ANNUAL REPORT

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The trustees present their report and accounts for the year ended 31st March 2024. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issued in 2014.

### **Principal activities**

The organisation has a charitable status, and the main objective is the prevention or relief of poverty in the UK by providing a soup kitchen to individuals who could not otherwise provide for themselves with our aim of improving the conditions of life of such people.

### **Tax status**

Salaam Shalom Kitchen is a registered charity and exempt from any corporation Taxes or income tax.

### **Recruitment and training of Trustees**

The Board of Trustees consists of seven members who are recruited from within the community. Role descriptions are issued to each trustee and a full induction is given setting out the obligations of a trustee. All the trustees are issued with a copy of the Charity Commission's guide 'The Essential Trustee'.

### **Organisational structure**

The Charity is principally UK based, and its registered office is in Nottingham. The Charity has no partner organisations with whom it delivers its programmes in Nottingham

### **Financial review**

#### **Principal sources of funding**

The principal source of funding for the Charity is Donations and Grants/Compaings from the community.

#### **Reserves policy**

The Trustees have established a policy whereby, given the charity's present level and nature of activities, the restricted funds not committed or invested in intangible and tangible fixed assets ("the free reserves") held by the Charity. At this level the Trustees feel that they would be able to continue the current activities the current activities of the Charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced as activities changed.

The level of free reserves (if any) will be held at the balance sheet which reflects the funds received by donors or other funders shortly before the year end which were utilised early in the new year. In addition, these donations are retained and utilised systematically to support necessary projects during the next twelve Months.

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2024

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### Statement of Trustees' responsibilities

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
  - observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
  - prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charity (Accounts and Reports) Regulations, and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

29/10/2024

-----  
**Dr. Karen Vivien Worth (Chair)**

**TRUSTEE**

***On the behalf of all Trustees***

# SALAAM SHALOM KITCHEN

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the charity, which are set out on page 5 & 6.

### **Respective responsibilities of trustees and Examiner**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and

State whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - . to keep accounting records in accordance with section 130 of the 2011 Act and
  - . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

QAZI NAVEED

29/10/2024

-----  
Qazi Naveed Arshad  
Solutions Accountants &  
Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH

**SALAAM SHALOM KITCHEN**  
**REGISTERED CHARITY NUMBER 1168732**  
**FOR THE YEAR ENDED 31ST MARCH 2024**  
**INCOME & EXPENDITURE ACCOUNT**

	Note	Unrestricted funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
CAF regular and one off donations		3,341		<b>3,341</b>	3,623
Gift Aid		497		<b>497</b>	344
Other organisation donations		23,180		<b>23,180</b>	12,623
Grants and campaigns		524		<b>524</b>	15,694
Misc/Refunds		58		<b>58</b>	200
<b>Total Incoming Resources</b>		<b>27,601</b>	-	<b>27,601</b>	<b>32,485</b>
<b>EXPENDITURE ON</b>					
Cost of generating funds					
Charitable activities	1	7,056	-	<b>7,056</b>	5,087
Governance costs	2	17,537		<b>17,537</b>	10,381
<b>TOTAL</b>		<b>24,593</b>	-	<b>24,593</b>	<b>15,468</b>
<b>NET ( EXPENDITURE)</b>		<b>3,008</b>	-	<b>3,008</b>	<b>17,017</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds		-	-	-	-
<b>Net ( Expenditure for the year )</b>		-	-	3,008	17,017
Total funds brought forward		-	-	26,367	9,350
<b>Total funds carried forward</b>		-	-	<b>29,375</b>	<b>26,367</b>

**SALAAM SHALOM KITCHEN**  
**BALANCE SHEET**  
**REGISTERED CHARITY NUMBER 1168732**  
AS AT MARCH 31, 2024

	<u>Notes</u>	<u>2024</u> £	<u>2024</u> £	<u>2023</u> £
<b>Current Assets</b>				
Debtors		-		-
Cash at Banks and in hand	4	<u>29,800</u>		<u>26,617</u>
<b>Total Assets</b>		<b><u>29,800</u></b>		<b><u>26,617</u></b>
<b>Creditors: Amounts Falling due within one year</b>	5	425		250
			<b>29,375</b>	<b>26,367</b>
<b>Total Assets less current liabilities</b>			29,375	26,367
<b>Long Term Liabilities</b>			-	-
<b>Net Assets: Total Assets less Total Liabilities</b>			<b><u>29,375</u></b>	<b><u>26,367</u></b>
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	3		29,375	26,367
<b>TOTAL FUNDS</b>			<b><u>29,375</u></b>	<b><u>26,367</u></b>

**EXEMPTION STATEMENT**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime set out in Part 15 of the Companies Act 2006. The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 and Charities Act 2011 with respect to accounting records and preparation of accounts. These financial statements were approved by the Board of Trustees and are signed on their behalf by:

-----  
**Dr. Karen Vivien Worth (Chair)**  
**TRUSTEE**

29/10/2024

The notes on page 7,8 form part of this financial statement.

**SALAAM SHALOM KITCHEN**  
**Notes forming part of these financial statements**  
**FOR THE YEAR ENDED 31ST MARCH 2024**

---

**Notes**

**ACCOUNTING POLICIES**

**1 Basis of Preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014( as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011. The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

**Tax status**

Salaam Shalom Kitchen has a charitable status hence do not attract any Taxes.

**Trustees remuneration**

None of the trustee are paid wages or any benefit in kind.

**Funds structure**

The charity has unrestricted funds.

**Income recognition**

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

**Expenditure recognition**

Expenditure is recognised when the funds have been disbursed. The charity follows a strict evaluation and approval procedure for charitable expenditure and funds are disbursed immediately upon approval.

**Income and endowments**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- . Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- . HMRC Gift aid has been claimed .

**Information regarding trustees and employees remuneration**

The trustees received no remuneration in the year (2023 - 24).

The average number of people employed by the charity during the year was nil (2023-24).

**Notes forming part of these financial statements  
FOR THE YEAR ENDED 31ST MARCH 2024**

**Notes**

**Net incoming resources**

Net incoming resources  
are stated after charging:

	£	£	£
	Un-restricted	Restricted	
	2024	2024	2023
<b>1 Charitable activities</b>			
Food provided by Salaam Shalom Kitchen	4,302	-	2,238
Take Away Packaging	2,392	-	2,715
Warm clothing	362	-	134
	<b>7,056</b>	<b>-</b>	<b>5,087</b>

**2 Governance cost**

	2024	2023
Subcontract Cost	9,509	4,762
Rent	4,800	3,720
Volunteer expenses	643	411
Publicity/IT	411	265
Laundry	-	225
Miscellaneous	3	200
Insurance	548	548
Equipment	1,198	-
Accountancy	425	250
	<b>17,537</b>	<b>10,381</b>

**Notes**

	2024	2023
<b>3 Accumulated Surplus Account</b>		
Opening Balance 06/04/2023	26,367	9,350
Deficit/Surplus 05/04/2024	3,008	17,017
<b>Balance</b>	<b>29,375</b>	<b>26,367</b>
<b>4 Closing Balance</b>		
Current a/c	9,800	26,617
Saving a/c	20,000	-
	<b>29,800</b>	<b>26,617</b>
<b>5 Short term liabilities</b>		
Accountancy	425	250
Total s/t liabilities	<b>425</b>	<b>250</b>

**SALAAM SHALOM KITCHEN**

REGISTERED CHARITY NUMBER 1168732

**FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2024**

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**Solutions Accountants & Financial Services Ltd**

149 Radford Road, Nottingham NG7 5EH, Tel/Fax 0115 8224993  
www.solutionsaccountants.co.uk, e-mail info@solutionsaccountants.co.uk

**SALAAM SHALOM KITCHEN  
FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2024**

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BALANCE SHEET	6
NOTES FORMING PARTS OF FINANCIAL STATEMENTS	7,8

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**SALAAM SHALOM KITCHEN**  
**FOR THE YEAR ENDED 31ST MARCH 2024**

**Trustees**

Dr. Karen Vivien Worth (Chair)  
Mr. Sajid Mohammed (Co-chair)  
Mr. Mumtaz Baig  
Ms. Ferzana Shan  
Ms. Eve Cina  
Ms. Andrea Chipman  
Ms. Rabbi Tatsiana Sakhnovich

**Charity registration Number**

1168732

**Registered Office**

SALAAM SHALOM KITCHEN  
54 Watcombe Circus  
Sherwood  
Nottingham  
NG5 2DT

**Bankers**

LloydsTsbBankPlc  
MarketSquareHouse  
Old Market Square  
Nottingham  
NG1 6FD

**Independent Examiners**

Solutions Accountants & Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH  
[www.solutionsaccountants.co.uk](http://www.solutionsaccountants.co.uk)

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2024 TRUSTEE'S ANNUAL REPORT

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The trustees present their report and accounts for the year ended 31st March 2024. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issued in 2014.

### **Principal activities**

The organisation has a charitable status, and the main objective is the prevention or relief of poverty in the UK by providing a soup kitchen to individuals who could not otherwise provide for themselves with our aim of improving the conditions of life of such people.

### **Tax status**

Salaam Shalom Kitchen is a registered charity and exempt from any corporation Taxes or income tax.

### **Recruitment and training of Trustees**

The Board of Trustees consists of seven members who are recruited from within the community. Role descriptions are issued to each trustee and a full induction is given setting out the obligations of a trustee. All the trustees are issued with a copy of the Charity Commission's guide 'The Essential Trustee'.

### **Organisational structure**

The Charity is principally UK based, and its registered office is in Nottingham. The Charity has no partner organisations with whom it delivers its programmes in Nottingham

### **Financial review**

#### **Principal sources of funding**

The principal source of funding for the Charity is Donations and Grants/Compaings from the community.

#### **Reserves policy**

The Trustees have established a policy whereby, given the charity's present level and nature of activities, the restricted funds not committed or invested in intangible and tangible fixed assets ("the free reserves") held by the Charity. At this level the Trustees feel that they would be able to continue the current activities the current activities of the Charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced as activities changed.

The level of free reserves (if any) will be held at the balance sheet which reflects the funds received by donors or other funders shortly before the year end which were utilised early in the new year. In addition, these donations are retained and utilised systematically to support necessary projects during the next twelve Months.

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2024

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### Statement of Trustees' responsibilities

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
  - observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
  - prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charity (Accounts and Reports) Regulations, and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

29/10/2024

-----  
**Dr. Karen Vivien Worth (Chair)**

**TRUSTEE**

***On the behalf of all Trustees***

# SALAAM SHALOM KITCHEN

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the charity, which are set out on page 5 & 6.

### **Respective responsibilities of trustees and Examiner**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and

State whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - . to keep accounting records in accordance with section 130 of the 2011 Act and
  - . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

QAZI NAVEED

29/10/2024

-----  
Qazi Naveed Arshad  
Solutions Accountants &  
Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH

**SALAAM SHALOM KITCHEN**  
**REGISTERED CHARITY NUMBER 1168732**  
**FOR THE YEAR ENDED 31ST MARCH 2024**  
**INCOME & EXPENDITURE ACCOUNT**

	Note	Unrestricted funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
CAF regular and one off donations		3,341		<b>3,341</b>	3,623
Gift Aid		497		<b>497</b>	344
Other organisation donations		23,180		<b>23,180</b>	12,623
Grants and campaigns		524		<b>524</b>	15,694
Misc/Refunds		58		<b>58</b>	200
<b>Total Incoming Resources</b>		<b>27,601</b>	-	<b>27,601</b>	<b>32,485</b>
<b>EXPENDITURE ON</b>					
Cost of generating funds					
Charitable activities	1	7,056	-	<b>7,056</b>	5,087
Governance costs	2	17,537		<b>17,537</b>	10,381
<b>TOTAL</b>		<b>24,593</b>	-	<b>24,593</b>	<b>15,468</b>
<b>NET ( EXPENDITURE)</b>		<b>3,008</b>	-	<b>3,008</b>	<b>17,017</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds		-	-	-	-
<b>Net ( Expenditure for the year )</b>		-	-	3,008	17,017
Total funds brought forward		-	-	26,367	9,350
<b>Total funds carried forward</b>		-	-	<b>29,375</b>	<b>26,367</b>

**SALAAM SHALOM KITCHEN**  
**BALANCE SHEET**  
**REGISTERED CHARITY NUMBER 1168732**  
AS AT MARCH 31, 2024

	<u>Notes</u>	<u>2024</u> £	<u>2024</u> £	<u>2023</u> £
<b>Current Assets</b>				
Debtors		-		-
Cash at Banks and in hand	4	<u>29,800</u>		<u>26,617</u>
<b>Total Assets</b>		<b><u>29,800</u></b>		<b><u>26,617</u></b>
<b>Creditors: Amounts Falling due within one year</b>	5	425		250
			<b>29,375</b>	<b>26,367</b>
<b>Total Assets less current liabilities</b>			29,375	26,367
<b>Long Term Liabilities</b>			-	-
<b>Net Assets: Total Assets less Total Liabilities</b>			<b><u>29,375</u></b>	<b><u>26,367</u></b>
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	3		29,375	26,367
<b>TOTAL FUNDS</b>			<b><u>29,375</u></b>	<b><u>26,367</u></b>

**EXEMPTION STATEMENT**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime set out in Part 15 of the Companies Act 2006. The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 and Charities Act 2011 with respect to accounting records and preparation of accounts. These financial statements were approved by the Board of Trustees and are signed on their behalf by:

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**Dr. Karen Vivien Worth (Chair)**  
**TRUSTEE**

29/10/2024

The notes on page 7,8 form part of this financial statement.

**SALAAM SHALOM KITCHEN**  
**Notes forming part of these financial statements**  
**FOR THE YEAR ENDED 31ST MARCH 2024**

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**Notes**

**ACCOUNTING POLICIES**

**1 Basis of Preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014( as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011. The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

**Tax status**

Salaam Shalom Kitchen has a charitable status hence do not attract any Taxes.

**Trustees remuneration**

None of the trustee are paid wages or any benefit in kind.

**Funds structure**

The charity has unrestricted funds.

**Income recognition**

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

**Expenditure recognition**

Expenditure is recognised when the funds have been disbursed. The charity follows a strict evaluation and approval procedure for charitable expenditure and funds are disbursed immediately upon approval.

**Income and endowments**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- . Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- . HMRC Gift aid has been claimed .

**Information regarding trustees and employees remuneration**

The trustees received no remuneration in the year (2023 - 24).

The average number of people employed by the charity during the year was nil (2023-24).

**Notes forming part of these financial statements  
FOR THE YEAR ENDED 31ST MARCH 2024**

**Notes**

**Net incoming resources**

Net incoming resources  
are stated after charging:

	£	£	£
	Un-restricted	Restricted	
	2024	2024	2023
<b>1 Charitable activities</b>			
Food provided by Salaam Shalom Kitchen	4,302	-	2,238
Take Away Packaging	2,392	-	2,715
Warm clothing	362	-	134
	<b>7,056</b>	<b>-</b>	<b>5,087</b>

**2 Governance cost**

	2024	2023
Subcontract Cost	9,509	4,762
Rent	4,800	3,720
Volunteer expenses	643	411
Publicity/IT	411	265
Laundry	-	225
Miscellaneous	3	200
Insurance	548	548
Equipment	1,198	-
Accountancy	425	250
	<b>17,537</b>	<b>10,381</b>

**Notes**

	2024	2023
<b>3 Accumulated Surplus Account</b>		
Opening Balance 06/04/2023	26,367	9,350
Deficit/Surplus 05/04/2024	3,008	17,017
<b>Balance</b>	<b>29,375</b>	<b>26,367</b>
<b>4 Closing Balance</b>		
Current a/c	9,800	26,617
Saving a/c	20,000	-
	<b>29,800</b>	<b>26,617</b>
<b>5 Short term liabilities</b>		
Accountancy	425	250
Total s/t liabilities	<b>425</b>	<b>250</b>

**SALAAM SHALOM KITCHEN**

England & Wales - Charity number 1168732

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# Accounts

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Feeding those in need since 2015  
**TRUSTEES' ANNUAL  
REPORT 2023**

## Who are we?



# Salaam Shalom Kitchen Nottingham

## A joint Muslim / Jewish charity project

*We are a joint Muslim/Jewish project founded on the belief that working together across communities and perceived boundaries helps build community cohesion and break down barriers.*

## Our Ethos

*To bring together volunteers from many communities, to make friends and work together for social change.*

## The Need

*Prior to the covid pandemic the charity used to provide 60-80 meals each week; however, since 2020 the need has increased hugely and are now providing 140-160 meals each week, with many more people affected by food poverty.*

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- Our activities..... 8
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- Achievements and performance ..... 11
- Our amazing volunteers ..... 12
- Using supermarket surplus food ..... 14
- Musical entertainment..... 16
- Grants, donations and your support ..... 19
- Celebrations..... 17
- Governance and management..... 20
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# A MESSAGE FROM OUR CO-CHAIRS

Dear Supporters,

We are thrilled to present this annual report for Salaam Shalom Kitchen charity for the year 2022-23. With your wonderful support and dedication, we have been able to continue our mission of serving delicious meals and fostering community connections in a welcoming environment.

It is nearly 8 years since a small group of Muslims and Jews came together in Nottingham to demonstrate their shared values through social action - To build bridges and offer hope.

Throughout this past year, we have been able to make a meaningful impact on our community, providing hot meals and groceries to those in need regardless of their background, race, or religion. Over the year, Salaam Shalom Kitchen served over 8,000 meals to individuals experiencing food insecurity, an increase from the previous year. We have reached out and connected to marginalised communities, including homeless individuals, low-income families, and refugees.

Our commitment to promoting diversity and inclusivity has been a driving force in our efforts. We have continued to create a safe and inclusive space where people from all walks of life can come together, share a meal, collect a bag of food and build meaningful connections. In 2022, we organized cultural events that brought people of different faiths and backgrounds together to celebrate their diversity and foster understanding and acceptance. These events have helped break down barriers and build bridges of friendship and mutual respect within our community.

None of these achievements would have been possible without the unwavering support of our dedicated team of staff, volunteers, donors, and partners. We are incredibly grateful for your generosity and commitment to our cause. | 04 Your donations have enabled us to purchase necessary equipment, maintain our kitchen facilities, and cover operational costs, ensuring that we can continue to serve meals to those in need.

# A MESSAGE FROM OUR CO-CHAIRS

As we move forward, we remain committed to our mission of promoting peace, harmony, and inclusivity through the power of food. We will continue to explore new ways to expand our reach, engage with our community, and make a positive impact on the lives of those facing poverty and food insecurity. We also look forward to forging new partnerships and collaborations to amplify our efforts and create a better, more inclusive world for all.

Once again, we extend our heartfelt thanks to each and every one of our supporters for your fantastic commitment to Salaam Shalom Kitchen. Together, we will continue to make a tangible difference in the lives of those in need and work towards a more compassionate and inclusive society.

With gratitude,

Sajid Mohammed and Karen Worth Co -Chairs, Salaam Shalom Kitchen Charity



**Karen Worth**  
CO-CHAIR



**Sajid Mohammed**  
CO-CHAIR



**“Really friendly atmosphere. It’s nice to help people out and feel like you’re making a difference”**  
**Volunteer: Sam, Aged 17**

# Our Objectives

Our main objective is to help to relieve food poverty in Nottingham.

To help break down isolation and loneliness for service users, by providing a warm and friendly environment every week for people to attend for a hot meal and to build connections and friendships.

We work to build cohesion and understanding primarily between the Muslim and Jewish Community in Nottingham but also building links with other faith and non-faith groups.



# Our Activities

Each week people work together preparing and cooking food, and creating a friendly welcoming environment for our guests. Working together cooperatively in this way allows us to understand each other better and build cohesion between individuals and groups. It allows many groups and individuals who would not otherwise mix or get to know each other to build better understanding and friendships. Students are enabled to integrate and be involved in the community in which they are living and to give back to that community.

This year the demand has continued at high levels and we are providing between 140-160 hot meals each week. We have many regulars who attend every week and who have developed friendships/connections with others who attend the project. We continue to have a wide range of people accessing the services we offer including many more families and people from different communities.



Every Wednesday between 5-6.30 pm we provide a hot meal to people from the local community, who are in need. Anyone is welcome to attend. No one is turned away or has to provide evidence of need. People have diverse range of needs and issues, including: mental health problems, substance misuse issues, food poverty, asylum seekers and refugees, recent immigrants from Eastern Europe especially Polish/Lithuanian, and Roma community, many of whom speak little English. Elderly and isolated individuals also attend. Mostly adults attend but an increasing number of families with children are making use of our service, as the cost of living crisis hits more people. People are signposted from other organisations such as Nottingham refugee forum (NNRF), Prostitute Outreach workers (POW), Framework, local GPs and community groups, or word of mouth.



# The Effect of the Rising Cost of Living



Many people are now in food poverty due to cuts in benefits and services and spiralling food and fuel costs. More people who are in paid work are needing assistance due to low pay and rising prices.

This year the demand has remained extremely high, and we provide 140-170 hot meals each week.

We are now using almost entirely surplus supermarket waste food to cook with and give out bags of groceries every week.

The project serves from The Bridge Centre, Gregory Boulevard, Nottingham NG7 5JA.

# Achievements and Performance

Over the past year SaSh Kitchen has continued to operate every week from The Bridge Centre.

Throughout 2022-2023 we cooked and gave out 140-170 meals each week. We have also given out 60- 80 bags of groceries each week.

We are very pleased to have returned to our pre-pandemic café-style environment, where people sit in and eat a hot meal, chat to friends or make new connections. We also give out hot meal takeaways.

Many people come each week and enjoy staying in a warm, friendly environment to eat together.

We have served a hot meal every week throughout the year.

We provided in excess of 8,000 meals during the period between April 2022-March 20 23.

## YOUR GIFTS IN ACTION

*Your compassion and generosity provided help to those in need in our city with...*



**140-170**

TAKEAWAY  
MEALS PER DAY



**8,000**

MEALS BETWEEN  
APR 22- MAR 23



**80**

BAGS OF GROCERIES  
GIVEN OUT EACH  
WEEK

# Our Amazing Volunteers

We have an amazing number of people who volunteer and have developed different teams of volunteers. We have a large pool of people who volunteer to help each week.

This includes teams to help prepare and cook food under the guidance of our chef; a group who sort and give out the donated groceries; a team to serve the food and hot drinks at The Bridge Centre, which is in the United Reformed Church. We also have a team of drivers to collect donated food from supermarkets and Fareshare.

We are entirely dependent on the excellent work done by our volunteers and we couldn't run the project without volunteers.

Each week there are between 15-25 people involved in helping provide the service. Over the period this report covers we have had more than 100 different individuals volunteer. Many are regular but some are ad hoc.

Volunteering goes both ways as it is extremely enjoyable and rewarding to work at SaSh, and people who continue to come back to help do so as they get a lot out of it.



# Quotes from SaSh 2023

“Helping here is very selfish.  
It makes you feel good!”  
New volunteer Rosie

“It’s a cracking place. You get to  
meet all your friends. You can  
have a coffee or a hot meal”  
James, regular guest

“The thing is it isn’t all one way. We get  
back far more than we give. It’s a lovely  
atmosphere”. Volunteer Kate

“I recently retired from my job as a hospital doctor and  
was looking for a project. I started working for SaSh this  
year and was delighted to be invited onto the Steering  
Group. I cannot imagine anything more rewarding than  
this. A proper community-based charity, bringing together  
two faith groups in a common purpose, and providing  
practical, necessary, respectful and well-targeted support  
for disadvantaged local people. Long live SaSh!”  
David, new steering group member

“The food is such high quality. It’s always delicious. It’s  
like restaurant quality. All the people / staff here are  
very kind. It is safe and well run - people aren’t  
allowed to mess around or cause trouble. I think it’s  
absolutely wonderful. I feel safe here and I feel cared  
about. It’s always really clean. They’re about  
developing community spirit ”.  
Adele, regular guest

“We have a great time while we wash up. The  
people are very diverse and it’s great to be in  
such a lively, lovely community”  
Volunteer Rachel

# Using Supermarket Surplus Food and Saving on Waste:

Most of the delicious food we cook each week is from supermarket surplus which would otherwise have been thrown away, so we manage to create 150 meals from waste!

We also have a table of fresh fruit and vegetables and other grocery items as available, which people are able to choose from to take home. These groceries are extremely popular and increasingly needed by people as the cost of living spirals higher.

SaSh obtains fresh food from a number of sources under Neighbourly which partners us with a number of branches of Aldi, Lidl and Sainsburys ( 6 in total ).

We also work with Fareshare, from whom we purchase 80 kilos of produce a week at a favourable rate. We also intermittently receive surplus food from Foodprint . There is no charge for the food from supermarkets or Foodprint. The produce we are gifted are items on or near their best before date or surplus to requirement . The produce is used where possible in the hot meal which we provide or given to guests to take away . As with all our services, there is no charge for the groceries.



Unfortunately increasingly Fareshare have been experiencing a lack of fresh produce and so are passing on less food to us. Supermarkets also have less to give away, so some weeks we have struggled to provide adequate groceries to our guests. Some weeks we have needed to buy fresh vegetables to use in our cooked meals as little has been available from the above sources.

We had planned to increase our regular food collections from Fareshare; however they are unable to accommodate this due to their decreased food supply.

We are entirely reliant on the support and generosity of a small number of volunteers who collect the donations from the supermarkets or Fareshare and then deliver it to the Bridge . This generally involves two journeys (supermarket collection is in the morning) and sometimes means keeping the produce overnight . All volunteers pay for fuel costs themselves. Some volunteers have developed very positive relationships with supermarket managers which has on occasions meant produce is better matched to our needs.

We also aim to only use recyclable/ reusable packaging and takeaway products as much as possible to reduce our impact on the environment.



# Musical Entertainment.

We have been fortunate to have several musicians play at SaSh, which always helps improve the atmosphere and makes the evening go well.

Thanks to Howard Coleman, for his marvellous regular sessions of guitar playing, Chris Woodward and Max Worth, for singing/ guitar and keyboard at the winter party, and to members of Niami who have played also.



# Grants, Donations and your Support

In January 2023 we were fortunate to have been successful in a National Lottery bid and received a grant from them to use over the next 12 months to continue our important project. We also undertook a very successful Crowdfund campaign, which was match funded by Co-Op Warm Spaces and we managed to raise £5,350.

We have also continued to receive financial donations from individuals and organisations throughout the year. We have continued to keep our costs as low as possible by using donations from as many people/ agencies as possible. Food costs are kept extremely low by using surplus supermarket food donations.

The project continues to develop its links with other organisations and has continued to build its high standing and profile, within the community and the city of Nottingham.

We continue to need regular and one-off donations. If you'd like to donate please follow this <https://cafdonate.cafonline.org/18557>  
Or click here to go to our website where there is donate button:  
[www.salaamshalomkitchen.co.uk](http://www.salaamshalomkitchen.co.uk)



# Celebrations

Our dedication to advancing diversity and inclusiveness has been a catalyst for our endeavours. We persist in establishing a secure environment where individuals from diverse backgrounds can come together, partake in a meal, learn more about each other and establish ongoing relationships.

We have events to celebrate various cultural occasions that bring people together of varying faiths and origins to understand their differences and promote sharing. These activities have aided in breaking down barriers and constructing connections of companionship and mutual esteem in our community.

In June 2022 we celebrated Salaam shalom kitchen's 7<sup>th</sup> anniversary. We held a gathering and invited our volunteers to attend. The event was made all the more special as we were finally back in the Bridge Centre.



# Celebrations

This year we held a party on 21st Dec which combined celebrating Chanukah (Jewish winter festival) Christmas, and Winter Solstice. It was a wonderful evening with delicious festive food, decorations and musical entertainment. We also were delighted to welcome Rabbi Gili Zidkiahu, from Nottingham Liberal Synagogue, who lit Chanukah candles and explained a little about the festival.

We were also delighted to be able to give out more than 100 present bags filled with gifts and special treats for our guests. Each bag contained toiletries (some donated by local school parents), chocolates, warm socks and gloves. The bags themselves were reusable calico shopping bags that were donated and would be useful. In addition, children received age-appropriate wrapped presents of books, games or toys. All the gifts were hugely well received with several delighted guests thanking and hugging the SaSh team.

It was an enjoyable evening loved by all!



## Governance

Our steering group is robust and functioning well. This year we said goodbye to Dr Ahmed Miliebarry from the steering group, and we thank him for his input over the previous 2 years. David Bogod has now joined the steering group and is proving himself to be a valued and useful member of the group.

We have eight committed members of the steering group who have met regularly on zoom and F2F throughout the past year to manage the running of the project.

Two steering group members attend the session each week to ensure smooth functioning of the session.

We have seven Trustees.

## Our contracted staff are:

Worker name	Office (if any)
Tali Scott	Chef
Nickala Barber	Operations manager
Chris Woodward	Operations assistant

## Trustees and Steering Group

name	Office (if any)
Karen Worth	Co-Chair and treasurer.Trustee and steering group
Sajid Mohammed	Co-Chair. Trustee and steering group
Eve Cina	Trustee and steering group
Mumtaz Baig	Trustee and steering group
Andrea Chipman	Trustee and steering group
Ferzana Shan	Trustee and steering group
Bilal Hussain	Steering Group
David Bogod	Steering Group
Rabbi Tanya Sakhnovich	Trustee

# Financial Review

Our overall costs for the year 2022-2023 were £15218, a 50% increase on the previous year.

The charity's reserve policy is to aim for at least 4 months running costs in reserve. This equates to £5,072.

As anticipated, our costs in the past year have markedly increased as we started paying rent again, and also due to the increase in food costs and wages.

We receive regular small individual donations and occasional more sizeable donations from groups/ trusts or businesses. We have received a grant from the National Lottery and undertook a crowdfund campaign.


We have used Charities Aid Foundation (CAF) for donations and receive regular and one-off donations from both individuals and groups via this. Gift Aid is therefore automatically collected.

If you would like to donate either by a one-off or regular donation please go to:

<https://cafdonate.cafonline.org/18557#!/DonationDetails>

Our costs have increased by 50% this year compared to last year, as costs continue to spiral and our project increases in size.

We continue to employ a worker who, as a trained chef, organises the cooking at the project each week involving and directing the many volunteers. This year we have also taken on two part-time workers to help with day to day operations. Everyone else at the project is a volunteer.

A photograph showing two individuals in a kitchen or food preparation area. The person on the left is wearing a blue hairnet, glasses, and a white face mask. The person on the right is wearing a black face mask and a dark apron over a light-colored shirt. They appear to be focused on a task. The background is slightly blurred, showing a blue wall and some kitchen equipment.

Thank you for your support of The SaSh Kitchen!  
Together we are providing help and hope to  
people who are in need!

Bridge Centre Boulevard United Reformed Church, 49a Gregory  
Boulevard, Hyson Green, Nottingham NG7 5JA

[www.salaamshalomkitchen.co.uk](http://www.salaamshalomkitchen.co.uk)

info @ salaamshalomkitchen.co.uk

**SALAAM SHALOM KITCHEN**

REGISTERED CHARITY NUMBER 1168732

**FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2023**

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**Solutions Accountants & Financial Services Ltd**

149 Radford Road, Nottingham NG7 5EH, Tel/Fax 0115 8224993  
www.solutionsaccountants.co.uk, e-mail info@solutionsaccountants.co.uk

**SALAAM SHALOM KITCHEN  
FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2023**

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**SALAAM SHALOM KITCHEN**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

---

**Trustees**

Dr. Karen Vivien Worth (Chair)  
Mr. Sajid Mohammed (Co-chair)  
Mr. Mumtaz Baig  
Ms. Ferzana Shan  
Ms. Eve Cina  
Ms. Andrea Chipman  
Ms. Rabbi Tatsiana Sakhnovich

**Charity registration Number**

1168732

**Registered Office**

SALAAM SHALOM KITCHEN  
54 Watcombe Circus  
Sherwood  
Nottingham  
NG5 2DT

**Bankers**

LloydsTsbBankPlc  
MarketSquareHouse  
Old Market Square  
Nottingham  
NG1 6FD

**Independent Examiners**

Solutions Accountants & Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH  
[www.solutionsaccountants.co.uk](http://www.solutionsaccountants.co.uk)

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2023 TRUSTEE'S ANNUAL REPORT

---

The trustees present their report and accounts for the year ended 31st March 2023. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issued in 2014.

### **Principal activities**

The organisation has a charitable status, and the main objective is the prevention or relief of poverty in the UK by providing a soup kitchen to individuals who could not otherwise provide for themselves with our aim of improving the conditions of life of such people.

### **Tax status**

Salaam Shalom Kitchen is a registered charity and exempt from any corporation Taxes or income tax.

### **Recruitment and training of Trustees**

The Board of Trustees consists of seven members who are recruited from within the community. Role descriptions are issued to each trustee and a full induction is given setting out the obligations of a trustee. All the trustees are issued with a copy of the Charity Commission's guide 'The Essential Trustee'.

### **Organisational structure**

The Charity is principally UK based, and its registered office is in Nottingham. The Charity has no partner organisations with whom it delivers its programmes in Nottingham

### **Financial review**

#### **Principal sources of funding**

The principal source of funding for the Charity is Donations and Grants/Compaings from the community.

#### **Reserves policy**

The Trustees have established a policy whereby, given the charity's present level and nature of activities, the restricted funds not committed or invested in intangible and tangible fixed assets ("the free reserves") held by the Charity. At this level the Trustees feel that they would be able to continue the current activities the current activities of the Charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced as activities changed.

The level of free reserves (if any) will be held at the balance sheet which reflects the funds received by donors or other funders shortly before the year end which were utilised early in the new year. In addition, these donations are retained and utilised systematically to support necessary projects during the next twelve Months.

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2023

---

### Statement of Trustees' responsibilities

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
  - observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
  - prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charity (Accounts and Reports) Regulations, and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

-----  
23/11/2023

**Dr. Karen Vivien Worth (Chair)**

**TRUSTEE**

***On the behalf of all Trustees***

# SALAAM SHALOM KITCHEN

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the charity, which are set out on page 5 & 6.

### **Respective responsibilities of trustees and Examiner**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and

State whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - . to keep accounting records in accordance with section 130 of the 2011 Act and
  - . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

QAZI NAVEED

23/11/2023

-----  
Qazi Naveed Arshad  
Solutions Accountants &  
Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH

**SALAAM SHALOM KITCHEN**  
**REGISTERED CHARITY NUMBER 1168732**  
**FOR THE YEAR ENDED 31ST MARCH 2023**  
**INCOME & EXPENDITURE ACCOUNT**

	Note	Unrestricted funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
CAF regular and one off donations		3,623		<b>3,623</b>	8,415
Gift Aid		344		<b>344</b>	
Other organisation donations		12,623		<b>12,623</b>	-
Grants and campaigns		15,694		<b>15,694</b>	-
Misc/Refunds		200		<b>200</b>	30
<b>Total Incoming Resources</b>		<b>32,485</b>	-	<b>32,485</b>	<b>8,445</b>
<b>EXPENDITURE ON</b>					
Cost of generating funds					
Charitable activities	1	5,087	-	<b>5,087</b>	5,906
Governance costs	2	10,381		<b>10,381</b>	4,302
<b>TOTAL</b>		<b>15,468</b>	-	<b>15,468</b>	<b>10,208</b>
<b>NET ( EXPENDITURE)</b>		<b>17,016</b>	-	<b>17,017</b>	<b>-1,763</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds		-	-	-	-
<b>Net ( Expenditure for the year )</b>		-	-	17,017	-1,763
Total funds brought forward		-	-	9,350	11,114
<b>Total funds carried forward</b>		-	-	<b>26,367</b>	<b>9,350</b>

**SALAAM SHALOM KITCHEN**  
**BALANCE SHEET**  
**REGISTERED CHARITY NUMBER 1168732**  
AS AT MARCH 31, 2023

	<u>Notes</u>	<u>2023</u> £	<u>2023</u> £	<u>2022</u> £
<b>Current Assets</b>				
Debtors		-		-
Cash at Banks and in hand	4	<u>26,617</u>		<u>9,350</u>
<b>Total Assets</b>		<u><b>26,617</b></u>		<u><b>9,350</b></u>
<b>Creditors: Amounts Falling due within one year</b>	5	250		
			<b>26,367</b>	<b>9,350</b>
<b>Total Assets less current liabilities</b>			26,367	9,350
<b>Long Term Liabilities</b>			-	-
<b>Net Assets: Total Assets less Total Liabilities</b>			<u><b>26,367</b></u>	<u><b>9,350</b></u>
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	3		26,367	9,350
<b>TOTAL FUNDS</b>			<u><b>26,367</b></u>	<u><b>9,350</b></u>

**EXEMPTION STATEMENT**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime set out in Part 15 of the Companies Act 2006. The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 and Charities Act 2011 with respect to accounting records and preparation of accounts. These financial statements were approved by the Board of Trustees and are signed on their behalf by:

-----  
**Dr. Karen Vivien Worth (Chair)**  
**TRUSTEE**

23/11/2023

The notes on page 7,8 form part of this financial statement.

**SALAAM SHALOM KITCHEN**  
**Notes forming part of these financial statements**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

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**Notes**

**ACCOUNTING POLICIES**

**1 Basis of Preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014( as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011. The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

**Tax status**

Salaam Shalom Kitchen has a charitable status hence do not attract any Taxes.

**Trustees remuneration**

None of the trustee are paid wages or any benefit in kind.

**Funds structure**

The charity has unrestricted funds.

**Income recognition**

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

**Expenditure recognition**

Expenditure is recognised when the funds have been disbursed. The charity follows a strict evaluation and approval procedure for charitable expenditure and funds are disbursed immediately upon approval.

**Income and endowments**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- . Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- . HMRC Gift aid has been claimed .

**Information regarding trustees and employees remuneration**

The trustees received no remuneration in the year (2022 - 23).

The average number of people employed by the charity during the year was nil (2022-23).

**Notes forming part of these financial statements  
FOR THE YEAR ENDED 31ST MARCH 2023**

**Notes**

**Net incoming resources**

Net incoming resources  
are stated after charging:

	£	£	£
	Un-restricted	Restricted	
	2023	2023	2022
<b>1 Charitable activities</b>			
Food provided by Salaam Shalom Kitchen	2,238	-	2,904
Take Away Packaging	2,715	-	3,002
Warm clothing	134	-	-
	<b>5,087</b>	<b>-</b>	<b>5,906</b>

**2 Governance cost**

Subcontract Cost  
Rent  
Volunteer expenses  
Publicity/IT  
Laundry  
Miscellaneous  
Insurance  
Equipment  
Accountancy

	2023	2022
Subcontract Cost	4,762	2,400
Rent	3,720	580
Volunteer expenses	411	255
Publicity/IT	265	370
Laundry	225	185
Miscellaneous	200	298
Insurance	548	-
Equipment	-	214
Accountancy	250	-
	<b>10,381</b>	<b>4,302</b>

**Notes**

**3 Accumulated Surplus Account**

Opening Balance 06/04/2022  
Deficit/Surplus 05/04/2023  
**Balance**

	2023	2022
Opening Balance 06/04/2022	9,350	11,114
Deficit/Surplus 05/04/2023	17,017	-1,763
<b>Balance</b>	<b>26,367</b>	<b>9,350</b>

**4 Closing Balance**

current a/c

current a/c	26,617	9,350
	<b>26,617</b>	<b>9,350</b>

**5 Short term liabilities**

Accountancy  
Total s/t liabilities

Accountancy	250	-
<b>Total s/t liabilities</b>	<b>250</b>	<b>-</b>

**SALAAM SHALOM KITCHEN**

REGISTERED CHARITY NUMBER 1168732

**FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2023**

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**Solutions Accountants & Financial Services Ltd**

149 Radford Road, Nottingham NG7 5EH, Tel/Fax 0115 8224993  
www.solutionsaccountants.co.uk, e-mail info@solutionsaccountants.co.uk

**SALAAM SHALOM KITCHEN  
FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST MARCH 2023**

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**SALAAM SHALOM KITCHEN**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

---

**Trustees**

Dr. Karen Vivien Worth (Chair)  
Mr. Sajid Mohammed (Co-chair)  
Mr. Mumtaz Baig  
Ms. Ferzana Shan  
Ms. Eve Cina  
Ms. Andrea Chipman  
Ms. Rabbi Tatsiana Sakhnovich

**Charity registration Number**

1168732

**Registered Office**

SALAAM SHALOM KITCHEN  
54 Watcombe Circus  
Sherwood  
Nottingham  
NG5 2DT

**Bankers**

LloydsTsbBankPlc  
MarketSquareHouse  
Old Market Square  
Nottingham  
NG1 6FD

**Independent Examiners**

Solutions Accountants & Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH  
[www.solutionsaccountants.co.uk](http://www.solutionsaccountants.co.uk)

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2023 TRUSTEE'S ANNUAL REPORT

---

The trustees present their report and accounts for the year ended 31st March 2023. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard FRS 102 issued in 2014.

### **Principal activities**

The organisation has a charitable status, and the main objective is the prevention or relief of poverty in the UK by providing a soup kitchen to individuals who could not otherwise provide for themselves with our aim of improving the conditions of life of such people.

### **Tax status**

Salaam Shalom Kitchen is a registered charity and exempt from any corporation Taxes or income tax.

### **Recruitment and training of Trustees**

The Board of Trustees consists of seven members who are recruited from within the community. Role descriptions are issued to each trustee and a full induction is given setting out the obligations of a trustee. All the trustees are issued with a copy of the Charity Commission's guide 'The Essential Trustee'.

### **Organisational structure**

The Charity is principally UK based, and its registered office is in Nottingham. The Charity has no partner organisations with whom it delivers its programmes in Nottingham

### **Financial review**

#### **Principal sources of funding**

The principal source of funding for the Charity is Donations and Grants/Compaings from the community.

#### **Reserves policy**

The Trustees have established a policy whereby, given the charity's present level and nature of activities, the restricted funds not committed or invested in intangible and tangible fixed assets ("the free reserves") held by the Charity. At this level the Trustees feel that they would be able to continue the current activities the current activities of the Charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced as activities changed.

The level of free reserves (if any) will be held at the balance sheet which reflects the funds received by donors or other funders shortly before the year end which were utilised early in the new year. In addition, these donations are retained and utilised systematically to support necessary projects during the next twelve Months.

# SALAAM SHALOM KITCHEN

## FOR THE YEAR ENDED 31ST MARCH 2023

---

### Statement of Trustees' responsibilities

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
  - observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
  - prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charity (Accounts and Reports) Regulations, and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

23/11/2023

-----  
**Dr. Karen Vivien Worth (Chair)**

**TRUSTEE**

***On the behalf of all Trustees***

# SALAAM SHALOM KITCHEN

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the charity, which are set out on page 5 & 6.

### **Respective responsibilities of trustees and Examiner**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

It is my responsibility to:

1. Examine the accounts under section 145 of the 2011 Act
2. Follow the procedure laid down in the general direction given by the charity commissioners under section 145(5)(b) of the 2011 Act; and

State whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the charity commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether matters set out in the statement below.

Our work was conducted in accordance with the statement of standards of reporting accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the charity, and making such limited enquires of the officers of the charity as we considered necessary for the purpose of the reporting. These procedures provided only the assurance expressed in our opinion.

In connection with my examination, no other matters has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirement:
  - . to keep accounting records in accordance with section 130 of the 2011 Act and
  - . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

QAZI NAVEED

23/11/2023

-----  
Qazi Naveed Arshad  
Solutions Accountants &  
Financial Services Ltd  
149 Radford Road Nottingham NG7 5EH

**SALAAM SHALOM KITCHEN**  
**REGISTERED CHARITY NUMBER 1168732**  
**FOR THE YEAR ENDED 31ST MARCH 2023**  
**INCOME & EXPENDITURE ACCOUNT**

	Note	Unrestricted funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
CAF regular and one off donations		3,623		<b>3,623</b>	8,415
Gift Aid		344		<b>344</b>	
Other organisation donations		12,623		<b>12,623</b>	-
Grants and campaigns		15,694		<b>15,694</b>	-
Misc/Refunds		200		<b>200</b>	30
<b>Total Incoming Resources</b>		<b>32,485</b>	-	<b>32,485</b>	<b>8,445</b>
<b>EXPENDITURE ON</b>					
Cost of generating funds					
Charitable activities	1	5,087	-	<b>5,087</b>	5,906
Governance costs	2	10,381		<b>10,381</b>	4,302
<b>TOTAL</b>		<b>15,468</b>	-	<b>15,468</b>	<b>10,208</b>
<b>NET ( EXPENDITURE)</b>		<b>17,016</b>	-	<b>17,017</b>	<b>-1,763</b>
Investment (deficits)/surpluses		-	-	-	-
<b>Net Movement in funds before Transfers</b>					
Gross Transfers between funds		-	-	-	-
<b>Net ( Expenditure for the year )</b>		-	-	17,017	-1,763
Total funds brought forward		-	-	9,350	11,114
<b>Total funds carried forward</b>		-	-	<b>26,367</b>	<b>9,350</b>

**SALAAM SHALOM KITCHEN**  
**BALANCE SHEET**  
**REGISTERED CHARITY NUMBER 1168732**  
AS AT MARCH 31, 2023

	<u>Notes</u>	<u>2023</u> £	<u>2023</u> £	<u>2022</u> £
<b>Current Assets</b>				
Debtors		-		-
Cash at Banks and in hand	4	<u>26,617</u>		<u>9,350</u>
<b>Total Assets</b>		<u><b>26,617</b></u>		<u><b>9,350</b></u>
<b>Creditors: Amounts Falling due within one year</b>	5	250		
			<b>26,367</b>	<b>9,350</b>
<b>Total Assets less current liabilities</b>			26,367	9,350
<b>Long Term Liabilities</b>			-	-
<b>Net Assets: Total Assets less Total Liabilities</b>			<u><b>26,367</b></u>	<u><b>9,350</b></u>
<b><u>FUNDS</u></b>				
Accumulated Surplus Account	3		26,367	9,350
<b>TOTAL FUNDS</b>			<u><b>26,367</b></u>	<u><b>9,350</b></u>

**EXEMPTION STATEMENT**

The trustees of Salaam Shalom Kitchen are responsible for the preparation of the accounts, the trustees consider that an Audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent examination is needed.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime set out in Part 15 of the Companies Act 2006. The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 and Charities Act 2011 with respect to accounting records and preparation of accounts. These financial statements were approved by the Board of Trustees and are signed on their behalf by:

-----  
**Dr. Karen Vivien Worth (Chair)**  
**TRUSTEE**

23/11/2023

The notes on page 7,8 form part of this financial statement.

**SALAAM SHALOM KITCHEN**  
**Notes forming part of these financial statements**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

---

**Notes**

**ACCOUNTING POLICIES**

**1 Basis of Preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland FRS102 issued in 2014( as updated through Update Bulletin 1 published on 2 February 2016, and the Charities Act 2011. The company is exempt from preparing a Cash Flow Statement because it is a small entity as defined by Charities SORP (FRS102).

**Tax status**

Salaam Shalom Kitchen has a charitable status hence do not attract any Taxes.

**Trustees remuneration**

None of the trustee are paid wages or any benefit in kind.

**Funds structure**

The charity has unrestricted funds.

**Income recognition**

All income is recognised once the charity has received the funds. The Trustees consider this to be the appropriate and prudent principle.

**Expenditure recognition**

Expenditure is recognised when the funds have been disbursed. The charity follows a strict evaluation and approval procedure for charitable expenditure and funds are disbursed immediately upon approval.

**Income and endowments**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- . Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- . HMRC Gift aid has been claimed .

**Information regarding trustees and employees remuneration**

The trustees received no remuneration in the year (2022 - 23).

The average number of people employed by the charity during the year was nil (2022-23).

**Notes forming part of these financial statements  
FOR THE YEAR ENDED 31ST MARCH 2023**

**Notes**

**Net incoming resources**

Net incoming resources  
are stated after charging:

	£	£	£
	Un-restricted	Restricted	
	<b>2023</b>	<b>2023</b>	<b>2022</b>
<b>1 Charitable activities</b>			
Food provided by Salaam Shalom Kitchen	2,238	-	2,904
Take Away Packaging	2,715	-	3,002
Warm clothing	134	-	-
	<b>5,087</b>	<b>-</b>	<b>5,906</b>

**2 Governance cost**

Subcontract Cost  
Rent  
Volunteer expenses  
Publicity/IT  
Laundry  
Miscellaneous  
Insurance  
Equipment  
Accountancy

	<b>2023</b>	<b>2022</b>
Subcontract Cost	4,762	2,400
Rent	3,720	580
Volunteer expenses	411	255
Publicity/IT	265	370
Laundry	225	185
Miscellaneous	200	298
Insurance	548	-
Equipment	-	214
Accountancy	250	-
	<b>10,381</b>	<b>4,302</b>

**Notes**

**3 Accumulated Surplus Account**

Opening Balance 06/04/2022  
Deficit/Surplus 05/04/2023  
**Balance**

	<b>2023</b>	<b>2022</b>
Opening Balance 06/04/2022	9,350	11,114
Deficit/Surplus 05/04/2023	17,017	-1,763
<b>Balance</b>	<b>26,367</b>	<b>9,350</b>

**4 Closing Balance**

current a/c

current a/c	26,617	9,350
	<b>26,617</b>	<b>9,350</b>

**5 Short term liabilities**

Accountancy  
Total s/t liabilities

Accountancy	250	-
<b>Total s/t liabilities</b>	<b>250</b>	<b>-</b>

**SALAAM SHALOM KITCHEN**

England & Wales - Charity number 1168732

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# Accounts

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SaShe  
Salam Salam Khairan

Feeding those in need since 2015  
**TRUSTEES' ANNUAL  
REPORT 2022**

## Who are we?



# Salaam Shalom Kitchen Nottingham

## A joint Muslim / Jewish charity project

*We are a joint Muslim/Jewish project founded on the belief that working together across communities and perceived boundaries helps build community cohesion and break down barriers.*

## Our Ethos

*To bring together volunteers from many communities, to make friends and work together for social change.*

## The Need

*Prior to the covid pandemic the charity used to provide 60-80 meals each week; however, since 2020 the need has increased hugely and are now providing 140-180 meals each week, with many more people affected by food poverty.*

# Contents Page

- Messages from our Co- Chairs..... 4
- Our Objectives..... 6
- Our Activities..... 7
- The Effect of the Pandemic ..... 9
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- Achievements and Performance..... 13
- Donations and your support..... 16
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- Structure, governance, and management..... 18
- Financial review..... 18



# A MESSAGE FROM OUR CO-CHAIRS



Sajid Mohammed  
CO-CHAIR



Karen Worth  
CO-CHAIR

This past year, with the rising cost of living, fuel bill increases, and difficulties arising from the covid pandemic and Brexit has been difficult for everyone, but especially for people in the deprived inner city communities that we serve. We are proud to say Salaam Shalom Kitchen has continued to work together and offered a beacon of hope in 2021-2022 to all those who needed us.

Many people are now in food poverty due to cuts in benefits and services. This has become more severe with more people who are in paid work also needing assistance, due to low pay and rising food prices.

Salaam Shalom Kitchen serves those in need in our community but also helps those who volunteer in the project, by building friendships across perceived barriers and giving additional meaning and purpose to our lives. There are over 100 people who have volunteered at SaSh kitchen during this time.

We are very grateful and humbled by the tremendous generosity and support which has been provided to SaSh Kitchen through donations of money, time and gifts, from individuals, groups and charitable trusts. Your impact on those most in need has truly been life changing for many. Thank you for all you do and for your consistent support. Over the period that this report covers we have served an amazing 7000+ meals and provided over 3,000 bags of groceries. We think Sash Kitchen is making a small but meaningful difference, in Nottingham, in many people's lives.

We want to thank everyone who has helped over this year and hope you will continue to support us to continue to serve and grow the project in the coming year.



**“These are the  
best friends I  
could ever  
have. They  
look after me  
and they feed  
me”**

# Our Objectives

Our main objective is to help to relieve food poverty in Nottingham.

To help break down isolation and loneliness for service users, by providing a warm and friendly environment every week for people to attend for a hot meal and to build connections and friendships.

We work to build cohesion and understanding primarily between the Muslim and Jewish Community in Nottingham but also building links with other faith and non-faith groups.



# Our Activities

Each week people work together preparing and cooking food, and creating a friendly welcoming environment for our guests. Working together cooperatively in this way allows us to understand each other better and build cohesion between individuals and groups. It allows many groups and individuals who would not otherwise mix or get to know each other to build better understanding and friendships. Students are enabled to integrate and be involved in the community in which they are living and to give back to that community.

This year the demand has continued to grow and we are providing between 140-170 hot meals each week. We have many regulars who attend every week and who have developed friendships/connections with others who attend the project. The people attending have continued to change over the past year and has included many more families and people from different communities.



Every Wednesday between 5-7 pm we provide a hot meal to people from the local community, who are in need. Anyone is welcome to attend. No one is turned away nor have to provide evidence of need. People have diverse range of needs and issues, including: mental health problems, substance misuse issues, food poverty, asylum seekers and refugees, recent immigrants from Eastern Europe especially Polish/Lithuanian, and Roma community, many of whom speak little English. Elderly and isolated individuals also attend. Mostly adults attend but an increasing number of families with children are making use of our service, as the cost of living crisis hits more people. People are signposted from other organisations such as Nottingham refugee forum (NNRF), Prostitute Outreach workers (POW), Framework, local GPs and community groups, or word of mouth.



# The Effect of the Pandemic



Many people are now in food poverty due to cuts in benefits and services. This has become more acute during the Covid Pandemic, with more people who are in paid work needing assistance due to low pay and rising food prices.

This year the demand has grown hugely, and we are now providing 140-170 hot meals each week.

We are now using almost entirely surplus supermarket waste food to cook with and give out 80+ bags of groceries per week.

The project serves from The Bridge Centre, Gregory Boulevard, Nottingham NG7 5JA, but during the covid pandemic we moved all the cooking and grocery sorting to Nottingham Liberal Synagogue. Since May 2022 we returned to the Bridge Centre.

Many people are lonely and isolated and have benefitted from having a regular weekly meeting to break down this social isolation. This was particularly severe during covid lockdown periods but was an issue before covid also.

Many groups/individuals are marginalised from mainstream society and find it hard to integrate into existing services. This project offers them an easy to access, reliable weekly place to meet others and to eat a hot, nutritious meal.



# Our Amazing Volunteers

We have volunteers from lots of different organisations and also many individuals not aligned to organisations. Groups include, but are not limited to:, Catholics from St Barnabus Cathedral; Trent and Nottingham University students; several different Muslim organisations including Himmah, Pakistan Forum; Nottingham Liberal synagogue. Many individuals come regularly every week to volunteer.



Each week people work together preparing and cooking food, and creating a friendly welcoming environment for our guests. Working together cooperatively in this way allows us to understand each other better and build cohesion between individuals and groups. It allows many groups and individuals who would not otherwise mix or get to know each other to build better understanding and friendships. Students are enabled to integrate and be involved in the community in which they are living and to give back to that community.

Some of our 'guests' also volunteer at the project so the barrier between workers and service users is blurred and this helps with cohesion and breaking down barriers.



# Achievements and Performance

Throughout the Covid-19 pandemic Salaam Shalom Kitchen continued to provide food for people in need and have continued to operate every Wednesday throughout the year.

Our operation had to change substantially as the premises of The Bridge Centre, which is owned by The United Reform Church closed in March 2020. We were able to move to Nottingham Liberal Synagogue to cook each week. The demand for food massively increased and so we responded by making an increasing number of meals. Prior to the pandemic, when we served food in person in a café environment, we would provide 50-70 meals each week. Throughout 2020-2022 we were cooking and giving out 140-170 takeaway meals each week. We have served a hot meal every week throughout the year regardless of the weather.

We provided in excess of 7,000 meals during the period between April 2021 - March 22.

## YOUR GIFTS IN ACTION

*Your compassion and generosity provided help to those in need in our city with...*



**140-170**

TAKEAWAY MEALS PER DAY



**7,000**

MEALS BETWEEN  
APR 21 - MAR 22



**80+**

BAGS OF GROCERIES GIVEN OUT  
EACH WEEK

## We had to adapt very quickly to the changing circumstances....

and have developed different teams of volunteers. We have a large pool of people who volunteer to help each week. This includes teams to help prepare and cook food at the synagogue under the guidance of our chef; a group who sort and bag up the donated groceries; a team to give out food at The Bridge and also drivers to collect donated food from supermarkets and transport hot food and donations between the venues. Each week there are between 25-30 people involved in helping provide the service. Over the period this report covers we have had more than 100 different individuals volunteer, Many are regular but some are ad hoc.

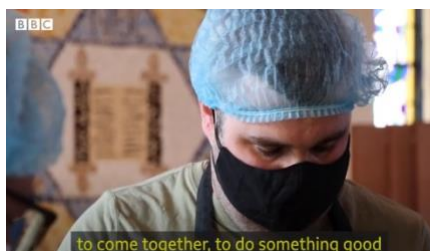
In addition to a hot meal we also gave out 80+ bags of groceries each week. The bags contain a range of grocery items and fresh food and bakery goods, some of which can be cooked at home. Some bags contain snack foods which do not require any preparation, especially to give to street homeless people or anyone who doesn't have or use cooking facilities. We also have a table of fresh fruit and vegetables which people are able to choose from if they wish.

The grocery items are from supermarket surplus donations and are collected from individual supermarkets via Neighbourly, by a group of willing drivers who do this each week. We have also signed up to Fareshare and pay to receive 80kg of surplus supermarket food each week.

Our hot meals are made almost entirely from surplus supermarket supplies thereby reducing waste and turning it into delicious food. We also aim to only use recyclable/ reusable packaging and takeaway products as much as possible to reduce our impact on the environment.



# SASH on BBC News



In October 2021 the charity was featured on BBC news. It was highlighted it was a joint muslim and jewish charity and its thought to be one of the only charities of its kind in the UK. The video can be seen [here](#)

Quotes from some of the visitors to SaSh:  
**“Its like a family”**  
**“These are the best friends anyone could wish for”**  
**“I’m sure many places wish they could have an asset like this”**

# Donations and your support

We have received small financial donations from individuals and organisations and have maintained a healthy bank balance throughout the year.

We have continued to keep our costs as low as possible by using donations from as many people/ agencies as possible. Food costs are kept extremely low by using surplus supermarket food donations. We also have received fresh vegetables from a local allotment group.

We continue to employ a worker who as a trained chef, organises the cooking at the project each week involving and directing the many volunteers. Everyone else at the project are volunteers.

The project continues to develop its links with other organisations and has continued to build its high standing and profile, within the community and the city of Nottingham.

We rely on donations and it is particularly helpful to have people signed up to donate regularly. Even £5 or £10 a month would make a big difference. To set up either a one-off or regular donation please go to:

<https://cafdonate.cafonline.org/18557#!/DonationDetails>

# Celebrating Success

In June 2022 we celebrated Salaam shalom kitchen's 7<sup>th</sup> anniversary. We held a gathering and invited our volunteers to attend. The event was made all the more special as we were finally back in Bridge Centre. From May 2022 onwards we will be back serving hot meals indoors to those who want it, but still offering a take away service too.

Our steering group is robust and functioning well. We have 8 committed members of the steering group who have met regularly on zoom throughout the past year to

manage the general running of the project. We have 2 steering group members who attend the session each week to ensure smooth functioning.



## Structure, Governance and Management

Type of governing document – Constitution

Charitable incorporated organisation

Trustee selection methods - Appointed by existing trustees.

## Trustees

Trustee name	Office (if any)
Karen Worth	Co-chair and treasurer
Sajid Mohammed	Co-chair
Bilal Hussain	
Tanya Sakhnovich	
Eve Cina	
Andrea Chipman	

## Financial Review

Our overall costs for the year 2021-2022 were £10,208. The charity's reserve policy is to aim for at least 4 months running costs in reserve. This equates to approx. £4,000.


We anticipate that our costs in the coming year will markedly increase as we will be paying rent again, and also due to the increase in food costs and wages.

We receive regular small individual donations and occasional more sizeable donations from groups.

We have used Charities Aid Foundation (CAF) for donations and receive regular and one-off donations from both individuals and groups via this. Gift Aid is therefore automatically collected.

If you would like to donate either by a one-off or regular donation please go to:

<https://cafdonate.cafonline.org/18557#!/DonationDetails>

A photograph showing two individuals in a kitchen setting. The person on the left is wearing a blue hairnet, glasses, and a white face mask. The person on the right is wearing a black face mask and a dark apron over a light-colored shirt. They appear to be focused on a task. The background is slightly blurred, showing a blue wall and a patterned surface.

Thank you for your support of The SaSh Kitchen!  
Together we are providing help and hope to  
people who are in need!

Bridge Centre Boulevard United Reformed Church, 49a Gregory  
Boulevard, Hyson Green, Nottingham NG7 5JA  
[www.salaamshalomkitchen.co.uk](http://www.salaamshalomkitchen.co.uk)  
i n f o @ salaamshalomkitchen.co.uk

**SALAAM SHALOM KITCHEN**

Financial Statement 2021-2022

**INCOME****Income Category**

Donations (Virgin Money and regular electronic)	8414.51
Charitable Trust Donations	0.00
Misc. / Refunds	30.00
<b>TOTAL</b>	<b>8444.51</b>

**EXPENDITURE****Expenses Category**

Wages	2400.00
Rent	580.00
food	2904.42
Volunteer expenses	254.74
Publicity	369.55
Equipment	213.96
Laundry	185.00
Miscellaneous	298.34
Take Away Packaging	3001.90
<b>Total</b>	<b>10207.91</b>

**Bank Reconciliation**

Opening balance 01/04/2020	11113.71
Total Income	8444.51
Total Expenses	10207.91
New total	9350.31
<b>Closing balance 31/03/2022</b>	<b>9350.31</b>

**Balance end of year****TOTAL BALANCE FOR 2021/2022 (DEFICIT) £ (1,763.40)**

**SALAAM SHALOM KITCHEN**

England & Wales - Charity number 1168732

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# Accounts

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# SASH

*Salaam Shalom Kitchen*

Feeding those in need since  
2015

## TRUSTEES' ANNUAL REPORT 2021



## Who are we?



## Salaam Shalom Kitchen Nottingham

### A joint Muslim / Jewish charity project

*We are a joint Muslim/Jewish project founded on the belief that working together across communities and perceived boundaries helps build community cohesion and break down barriers.*

## Our Ethos

*To bring together volunteers from many communities, to make friends and work together for social change.*

## The Need

*The charity used to provide 60-80 meals each week; however, during the pandemic this rose to 160-180meals, with many more people affected by food poverty.*

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- Messages from our Co- Chairs.....  
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# A MESSAGE FROM OUR CO-CHAIRS

**Thank you for giving help and hope to those**

The period of the covid pandemic has been difficult, for everyone, but especially for people in the deprived inner city communities that we serve. We are proud to say Salaam Shalom Kitchen has continued to work together and offered a beacon of hope in 2020- 2021 to all those who needed us.

Many people are now in food poverty due to cuts in benefits and services. This has become more acute during the Covid Pandemic, with more people who are in paid work also needing assistance, due to low pay and rising food prices.

Salaam Shalom Kitchen serves those in need in our community but also helps those who volunteer in the project, by building friendships across perceived barriers and giving additional meaning and purpose to our lives. There are over 100 people



**Sajid Mohammed**  
CO-CHAIR



**Karen Worth**  
CO-CHAIR



“These are

# Our Objectives

Our main objective is to help to relieve food poverty in Nottingham.

To help break down isolation and loneliness for service users, by providing a warm and friendly environment every week for people to attend for a hot meal and to build connections and friendships.

We work to build cohesion and understanding primarily between the Muslim and Jewish Community in Nottingham but also building links with other faith and non-faith groups.



# Our Activities

Each week people work together preparing and cooking food, and creating a friendly welcoming environment for our guests. Working together cooperatively in this way allows us to understand each other better and build cohesion between individuals and groups. It allows many groups and individuals who would not otherwise mix or get to know each other to build better understanding and friendships. Students are enabled to integrate and be involved in the community in which they are living and to give back to that community.

This year the demand has grown hugely and we are now providing 160-180 hot meals each week. We have many regulars who attend every week and who have developed friendships/connections with others who attend the project. The people attending have changed over the past year and has included many more families and people from different communities.



Every Wednesday between 5-7 pm we provide a hot meal to people from the local community, who are in need. Anyone is welcome to attend. No one is turned away nor have to provide evidence of need. People have diverse range of needs and issues, including: mental health problems, substance misuse issues, food poverty, asylum seekers and refugees, recent immigrants from Eastern Europe especially Polish/Lithuanian, and Roma community, many of whom speak little English. Elderly and isolated individuals also attend. Mostly adults attend but an increasing number of families with children are making use of our service. People are signposted from other organisations such as Nottingham refugee forum (NNRF), Prostitute Outreach workers (POW), Framework,



local GPs and community groups, or  
word of mouth.

# The Effect of the Pandemic



Many people are now in food poverty due to cuts in benefits and services. This has become more acute during the Covid Pandemic, with more people who are in paid work needing assistance due to low pay and rising food prices.

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We are now using almost entirely surplus supermarket waste food to cook with and give out 80-100 bags of groceries per week.

The project serves from The Bridge Centre, Gregory Boulevard, Nottingham NG7 5JA, but we have been unable to use the building for people to attend inside, since the covid pandemic. We moved all the cooking and grocery sorting to

Many people are lonely and isolated and have benefitted from having a regular weekly meeting to break down this social isolation. This was particular severe during covid lockdown periods but was an issue before covid also.

Many groups/individuals are marginalised from mainstream society and find it hard to integrate into existing services. This project offers them an easy to access, reliable weekly place to meet others and to eat a hot, nutritious meal.



# Our Amazing Volunteers

We have volunteers from lots of different organisations and also many individuals not aligned to organisations. Groups include, but are not limited to:, Catholics from St Barnabus Cathedral; Trent and Nottingham University students; several different Muslim organisations including Himmah, Pakistan Forum; Nottingham Liberal synagogue; and Nottingham Environment Agency. Many individuals come regularly every week to volunteer.



Each week people work together preparing and cooking food, and creating a friendly welcoming environment for our guests. Working together cooperatively in this way allows us to understand each other better and build cohesion between individuals and groups. It allows many groups and individuals who would not otherwise mix or get to know each other to build better understanding and friendships. Students are enabled to integrate and be involved in the community in which they are living and to give back to that community.

During the covid pandemic many new volunteers signed up as they were furloughed from work, or not engaged in their usual activities. The project gave them an opportunity to meet other people in a safe way and to engage in meaningful activity. For many volunteers this was a very important, to help them through the pandemic and to give them meaning and purpose and reduce social isolation.

Some of our 'guests' also volunteer at the project so



# Achievements and Performance

Due to the Covid-19 pandemic and National lockdown, Salaam Shalom Kitchen had to close suddenly at the end of March 2020. At the start of August 2020 we re-opened to provide food for people struggling during the pandemic, and have continued to operate every Wednesday throughout the year since then.

Our operation had to change substantially as the premises of The Bridge Centre, which is owned by The United Reform Church closed and has not yet reopened. We were able to move to Nottingham Liberal Synagogue to cook each week. The demand for food has massively increased and so we have responded by making an increasing number of meals. Prior to the pandemic, when we served food in person in a café environment, we would provide 50-70 meals each week. One month into our new way of working we were cooking and giving out 160-180 takeaway meals each week. We have served a hot meal every week throughout the year, from start of August, regardless of the weather. We have provided in excess of 5,000 meals during the period between August 20- March 21.

## YOUR GIFTS IN ACTION

*Your compassion and generosity provided help to those in need in our city with . . .*



**160-**



**5,000**

MEALS BETWEEN



**80+**

BAGS OF GROCERIES GIVEN

## We had to adapt very quickly to the changing circumstances....

and have developed different teams of volunteers. We have a large pool of people who volunteer to help each week. This includes teams to help prepare and cook food at the synagogue under the guidance of our chef, a group who sort and bag up the donated groceries, a team to give out food at The Bridge and also drivers to collect donated food from supermarkets and transport hot food and donations between the venues. Each week there are between 25-30 people involved in helping provide the service. Over the period this report covers we have had more than 100 different individuals volunteer, Many are regular but some are ad hoc.

In addition to a hot meal we also gave out 80+ bags of groceries each week. The bags contain a range of grocery items and fresh food and bakery goods, some of which can be cooked at home. Some bags contain snack foods which do not require any preparation, especially to give to street homeless people or anyone who doesn't have or use cooking facilities. We also have a table of fresh fruit and vegetables which people are able to choose from if they wish. The grocery items are from supermarket surplus donations and are collected from individual supermarkets via Neighbourly, by a group of willing drivers who do this each week. We have also signed up to Fairshare and pay to receive 80kg of surplus supermarket food each week.



food



each



week.



Under the guidance of our chef we use as much of the donated surplus food as possible in the cooking of the hot meals – often including a fresh vegetable or fruit salad, thus reducing food waste and putting it to good use. As the Synagogue is not large enough to easily cook enough food for 180 people, St Barnabus Cathedral have a rota of their members who cook and deliver carbohydrates each week to The Synagogue. Each week they cook enough rice or pasta ( or another carbohydrate) for 180 meals.

The hot food is then packaged up in sustainable takeaway packaging and transported by different volunteers to The Bridge Centre. There, is a different team of 4-5 people set up tables outside the venue, as we are unable to use the inside, and serve hot food takeaways , grocery bags and additional fresh fruit and vegetables as available. In bad weather we erect a gazebo and serve from there.



and your sup



We have received small financial donations from individuals and organisations and have maintained a healthy bank balance



throughout the year. We also received a generous donation of £5,000 from The Duchess of Sussex's Charitable Trust which we have managed well and used throughout the year.

We have continued to keep our costs as low as possible by using donations from as many

people/ agencies as possible. Food costs are kept extremely low by using surplus supermarket food donations. We also have received fresh vegetables from a local allotment group.

We continue to employ a worker who as a trained chef, organises the cooking at the project each week involving and directing the many volunteers. Everyone else at the project are volunteers.

The project continues to develop its links with other organisations and has continued to build its high standing and profile, within the community and the city of Nottingham.

# Celebrating Success

At Christmas 2020 we provided a huge number of presents for our guests including lots of children's toys. These were collected as donations from both individuals and from local businesses Over the winter/ cold weather, we also bought a large number of warm hats, gloves, socks and scarves to give to people who were homeless or living without adequate heating/ warmth.

In June 2021 we celebrated Salaam shalom kitchen's 6<sup>th</sup> anniversary. We held a small gathering at the synagogue and invited up to 30 of volunteers to attend an outside gathering ( this was during the limited gatherings due to covid rules).

We also gave all our volunteers and guests reusable calico shopping bags with our printed logo to encourage less plastic use.

Our steering group is robust and functioning well. We have 7 committed members of the steering group who have met regularly on zoom throughout the past year to manage the general running of the project. We have 2 steering group members at The Bridge each week and one at synagogue to ensure smooth functioning of the processes.



## Structure, Governance and Management

Type of governing document - Constitution

Charitable incorporated organisation

Trustee selection methods - Appointed by existing trustees.

### Trustees

<b>Trustee name</b>	<b>Office (if any)</b>
Karen Worth	Co-chair and treasurer
Sajid Mohammed	Co-chair
Bilal Hussain	
Tanya Sakhnovich	
Eve Cina	
Andrea Chipman	

### Financial Review

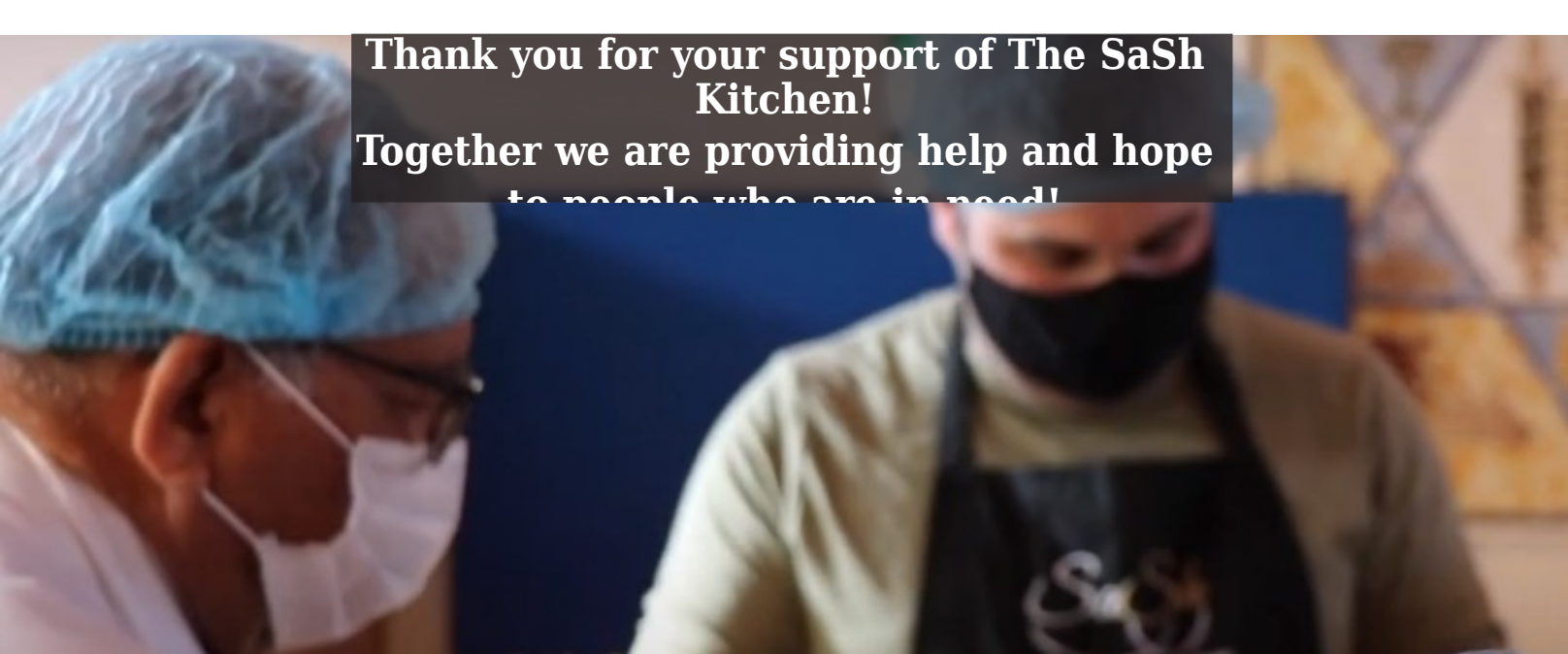
The charity's reserve policy is to aim for at least 4 months running costs in reserve.

This equates to £4,000

We receive regular small individual donations and more sizeable donations from groups.

We are currently managing well on the grant awarded to us from The Duchess of Sussex's Charitable Trust.

We have used Virgin Money Giving throughout the year and receive regular and one off donations from both individuals and groups via this. Gift Aid is therefore automatically collected.



**Thank you for your support of The SaSh  
Kitchen!**  
**Together we are providing help and hope  
to people who are in need!**

**Bridge Centre Boulevard United Reformed Church,  
49a Gregory Boulevard, Hyson Green, Nottingham  
NG7 5JA**  
**[www.salaamshalomkitchen.co.uk](http://www.salaamshalomkitchen.co.uk)**  
**info@salaamshalomkitchen.co.uk**

**SALAAM SHALOM KITCHEN INANCIAL STATEMENT 2020-2021**

<b>INCOME</b>	
<b>Income Category</b>	
Donations (Virgin Money and regular electronic)	3556.52
Other donations (Cash/cheque)	543.82
Charitable Trust Donations	7500.00
Misc. / Refunds	
<b>TOTAL</b>	<b>11600.34</b>
<i>Income adjustments</i>	
Adjust unclaimed expenses donated by Steering Group members	29
Adjust other expenses made as goods by others	0
Adjust other donations received 2019/20 deposited 2020/21	-373.75
<b>Final Income Total</b>	<b>11255.59</b>

<b>EXPENDITURE</b>	
<b>Expenses Category</b>	
Wages	2137.00
Rent	500.00
Food	492.67
Volunteer expenses	0.00
Publicity	213.39
Equipment	718.29
Laundry	125.00
Miscellaneous	898.79
Take Away Packaging	2813.97
<b>Total</b>	<b>7899.11</b>
<i>Expenses adjustments</i>	
Adjust payments made 2020/2021 relate to 2019/20	-517.04
Adjust payments made 2021/2022 relate to 2020/2021	253.85
Adjust expenses paid by donations	29
<b>Final Expenses Total</b>	<b>7664.92</b>

<b>Bank Reconciliation</b>	
Opening balance 01/04/2020	7410.48
Total Income	11600.34
Total Expenses	7899.11
New total	11111.71
<b>Closing balance 31/03/2021</b>	<b>11113.71</b>
<i>This is a minor entry error to be written off</i>	-2

<b>Surplus end of year</b>	
Total Income after adjustments	11255.59
Total expenses after adj.	7664.92
<b>TOTAL SURPLUS FOR 2020/2021</b>	<b>3590.67</b>