



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' annual report (including Directors' report) for the period

From: 11th august 2016 Period start date 1st April 2020 To:
Period end date 31st March 2021

Charity name: Flat Friends UK

Charity registration number: 1168730

Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of women in the UK who have had or may face mastectomy and who live or are considering living without breast reconstruction; in particular (but not exclusively) by providing information, advice, and raising awareness among healthcare professionals and the wider public
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Continuing to provide around 250 breast units nationwide with our booklet, "Living Without Reconstruction", which is given to ladies facing mastectomy surgery with out immediate reconstruction. Due to Covid the conferences that we normally attend were cancelled and we were unable to hold our annual get together of our members. We have started to put together a small research project among our members to ascertain the surgical options they were given and whether they felt completely informed about their choices.
Statement confirming whether the trustees have had regard to the guidance issued by the	Para 1.18	All trustees have had regard to the guidance issued by the Charity Commission on public benefit. Trustees have taken the guidance

Charity Commission on public benefit		into account when making decisions on which proposed projects, activities and services would carry out our purposes for the public benefit.
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Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	We have 12 ladies moderating content and approving new members in our closed Facebook support group. These volunteers also help to run our public online forum, which was launched in January 2019. All of our volunteers are members of our group and are living without breast reconstruction after mastectomy.
Other		

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Our online community has now grown to some 2100 women and we have over 4000 supporting our public social media. As well as our online presence for support we are also organising local meet ups in areas across the country, but due to Covid these have had to be done via online platforms. It is apparent that face to face support is as important as online and the regular meet ups via Zoom are enjoyed by our members. By being part of a strong community women are developing self-esteem and the confidence to promote living without reconstruction as a positive outcome. Many have been involved in media articles and are
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		proud of who they are.
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Financial review

Review of the charity's financial position at the end of the period	Para 1.21	Positive position with sufficient funds to continue charitable activities
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Policy is to hold a small cash balance to cover one years charitable activities in case of being able to raise sufficient funds to continue
Amount of reserves held	Para 1.22	£10,861.00
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	<p>Virgin Money Giving, for various fund raising activities. Smile Amazon and Easy Fundraising Collection of stamps and ink cartridges. Selling merchandise</p>
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Structure, governance and management

Description of charity's trusts:		
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Type of governing document: for example, trust deed, memorandum and articles of association etc	Para 1.25	Constitution dated 8th August 2016
How is the charity constituted? for example limited company, unincorporated association, CIO	Para 1.25	CIO Foundation Structure, whose only voting members are its Trustees
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new Trustees would be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals the charity trustees will have regard to skills, knowledge and experience needed for the effective administration of the CIO

Reference and administrative details

Charity name	Flat Friends UK
Other name the charity uses	
Registered charity number	1168730
Charity's principal address	5 Gingers Green, Herstmonceux, East Sussex, BN27 4PT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gill Cant	Chair		
2	Sarah Coombes	Treasurer/Secretary		
3	Clare Jacobs	Trustee		
4				
5				
6				

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)

G A Cant

Full name(s)

Gillian Anne Cant

**Position (for example
Secretary, Chair, etc)**

Trustee & Chair

Date

21st September 2021

Flat Friends UK
UNAUDITED ACCOUNTS
For the year ended 5th April 2021

Charity Commission Number **Number** add number here

Flat Friends UK

Financial Statements For the year ended 5th April 2021

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Flat Friends UK

Report of the Trustees For the year ended 5th April 2021

1. The Trustees of Flat Friends UK present their report and financial statements for the year ended 31st January.

2. Principal activities

The principal activity of the charity is to support women who have had or are facing mastectomy surgery without reconstruction across the UK

3. Financial result

The Charity generated a profit for the year of 635.71.

4. Environmental, Health and Safety

The charity seeks to comply with all Health and Safety Regulations

5. Financial risk management objectives and policies

The charity uses conventional forms of working capital to finance its day to day activities and as such the figures appearing in the accounts reflect the absolute value of amounts recoverable and payable. The Trustees receive regular reports on these figures in order to manage the charity requirements.

6. Insurance

The charity insures against risk in relation to the business.

7. Employment policies

The charity has no employees.

9. Related party transactions

As at 5th April 2021 there are no related party transactions

Report of the Trustees For the year ended 5th April 2021

10. Going concern

The Trustees consider that the going concern basis of accounting is appropriate

11. Charity information

The Charity was registered on 11th August 2016 Reg No 1168730

Flat Friends UK

The Charity's registered office is at 5 Gingers Green, Herstmonceux, East Sussex, BN27 4PT

12. Statement of Trustee's responsibilities in relation to the Charities' financial statements

The Trustees are legally required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year then ended.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make reasonable and prudent judgements and estimates;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its operations.

The Trustees also responsible for:

- keeping proper accounting records;
- safeguarding the Charity's assets;
- taking reasonable steps for the prevention and detection of fraud and other irregularities.

BY ORDER OF THE TRUSTEES

Sarah Coombes.....
2021
SECRETARY

21st **September**
DATE

FLAT FRIENDS UK

Income and Expenditure Account For the year ended 5th April 2021

	Notes	2021 £
Income		3,435
Operating costs		<u>2,800</u>
Operating (deficit)/ surplus		-
Interest receivable and other income	4	-
Interest payable and similar charges		<u>-</u>
(Deficit)/surplus on ordinary activities before taxation		635
Tax on (deficit)/ surplus on ordinary activities	5	<u>-</u>
(Deficit)/surplus for the year		635
Surplus at beginning of year		<u>10,226</u>
Surplus at end of year		<u><u>10,861</u></u>

The notes on pages 7 to 9 form part of these accounts

FLAT FRIENDS UK
Balance Sheet
As at 5th April 2021

	Notes	2021	
Fixed assets		£	£
Fixed Assets	6		-
Current assets			
Debtors	7	-	
Cash at bank and in hand		10,861	
		10,861	
<u>Less: Creditors amounts falling due within one year</u>	8	-	
Net current assets			10,861
Total assets less current liabilities			10,861
Creditors amounts falling due after more than one year	9		-
Capital and reserves			
Income and expenditure account			10,861
			10,861

**The financial statements on pages 5 to 6 were approved by
The Trustees on 21st September 2021
and were signed on its behalf by:-**

Sarah Coombs
SECRETARY

Gill Cant

TRUSTEE
Gill Cant

TRUSTEE

The notes on pages 7 to 9 form part of these accounts

FLAT FRIENDS UK

Notes to the Financial Statements

For the year ended 5th April 2021

1. Principal accounting policies

The financial statements are prepared in accordance with UK Generally Accepted Accounting Principles (UK GAAP) and the Statement of Recommended Practice:

Basis of accounting

The financial statements are prepared on the historical cost basis of accounting.

Income

Represents donations, sponsorship and other raised income

Tangible fixed assets and depreciation

There are currently no fixed assets

2. Trustees emoluments

No remuneration was paid to the trustees.

Total expenses reimbursed to the directors not chargeable to United Kingdom income tax

2021
£

-

-

3. Employee information

The charity has no employees

2021
No

-

£

Staff costs:

For the above persons

-

4. Interest receivable and similar income

2021
£

Interest receivable

Notes to the Financial Statements
For the year ended 5th April 2021

FLAT FRIENDS UK

5. Taxation 2021 £

Current tax

UK corporation tax on (deficit)/surplus for the year -

Current tax reconciliation

Taxable (deficit)/surplus on ordinary activities before taxation -

5. Taxation [Continued] 2021 £

Theoretical tax at UK corporation tax rate 20% (2014 - 20%) -

6. Tangible fixed assets

Equipment
£

Fixtures & fittings
£

Cost

At 5th April 2020

-

-

FLAT FRIENDS UK
Notes to the Financial Statements
For the year ended 5th April 2021

7. Debtors	2021
	£
Amounts falling due within one year:	
Charitable activities	-
	<hr/>
	-
	<hr/> <hr/>

8. CREDITORS: Amounts falling due within one year	2021
	£
Creditors	-
Deferred Revenue	-
Loan	-
Bank overdraft	-
	<hr/>
	<hr/> <hr/>

9. CREDITORS: Amounts falling due after more than one year	2021
	£
Loans	-
	<hr/>
	-
	<hr/> <hr/>

FLAT FRIENDS UK
Income and Expenditure Account
For the year ended 5th April 2021

	2021	
Income	£	£
Donations	3435	
Sponsorship		
Misc Fundraising		
		<u>3435</u>
 Expenditure		
Merchandise	827	
Members Conference		
Professional Fees	730	
Leaflets & print	20	
Insurance	130	
Web	604	
General Expenses inc postage	<u>489</u>	
		<u>2800</u>
 Net (deficit)/ surplus for the year		<u><u>635</u></u>