

SAMARITANS OF IPSWICH AND EAST SUFFOLK

England & Wales · Charity number 1168725

Details

Other names	IPSWICH SAMARITANS
Status	Registered
Legal form	CIO
Registered	2016-08-11
Register	View on the Charity Commission register

Contact

Address	The Samaritans 140 St. Helens Street Ipswich IP4 2LE
Phone	01473 214610
Email	ipswich@samaritans.org
Website	www.samaritans.org/ipswich-eastsuffolk

Activities

Objects: TO ENABLE PERSONS IN IPSWICH AND THE SURROUNDING AREA AS WELL AS ELSEWHERE WHO ARE EXPERIENCING FEELINGS OF DISTRESS OR DESPAIR, INCLUDING THOSE WHO MAY BE AT RISK OF SUICIDE, TO RECEIVE CONFIDENTIAL EMOTIONAL SUPPORT AT ANY TIME OF THE DAY OR NIGHT IN ORDER TO IMPROVE THEIR EMOTIONAL HEALTH AND TO REDUCE THE INCIDENCE OF SUICIDE; TO PROMOTE A BETTER UNDERSTANDING IN SOCIETY OF SUICIDE, SUICIDAL BEHAVIOUR AND THE VALUE OF EXPRESSING FEELINGS WHICH MAY OTHERWISE LEAD TO SUICIDE OR IMPAIRED EMOTIONAL HEALTH; AND TO COLLABORATE WITH AND SUPPORT SAMARITANS CENTRAL CHARITY AND ITS AFFILIATED BRANCHES IN FULFILLING THESE OBJECTS.

Activities: We offer emotional support by telephone, email and face-to-face to people of all ages, regardless of gender, race or religion, both at our Centre and out in the community.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£98,598	£86,676	-	-
2024-03-31	£86,927	£104,429	-	-
2023-03-31	£75,663	£96,827	-	-
2022-03-31	£99,969	£86,824	-	-
2021-03-31	£87,746	£78,909	-	-

Trustees

Name	Role	Appointed
Anne Reader	Chair	2023-09-11
Allan Cadzow		2025-07-21
Ann Youngs		2024-05-01
Carla Susan Smolarek		2023-09-11
Fiona Simpson		2023-09-11
Johnn Hulme		2025-07-21
Judy Wright		2023-09-11
Katharine Jane Turner		2026-02-23
Stephen Palmer		2023-09-11

Linked charities

- SAMARITANS OF IPSWICH AND EAST SUFFOLK (1168725-1)

SAMARITANS OF IPSWICH AND EAST SUFFOLK

England & Wales - Charity number 1168725

Accounts

SAMARITANS

Ipswich & East Suffolk



Annual Report 2024–25

Branch Director's Report for April 1st 2024 - March 31st 2025

Last year, April 2024 - March 2025 was as busy as ever, if not busier. Following our positive Quality Review, we updated our Branch Plan and have been working hard to achieve our objectives.

We recognise that some volunteers leave every year as their personal circumstances change so ran our two annual training courses in a bigger training room with about 20 new volunteers on each course. Our volunteer numbers fluctuated a little over the year and in March this year were 118 compared with 116 in the previous March. The number of full listening volunteers and probationers reached 63, still short of our target of 80 by the end of 2025 but we are getting there. The number of calls we took increased from 10,532 to 11,344 and our calls at our outreach events increased to 103, excluding our prisons which remain about the same. Filling the rota continued to be a concern so further changes were made resulting in some improvement. Filling night time shifts and covering the hours of greatest need is still difficult.

We have strengthened our Leadership team further and are delighted that Glenn 303 is now leading outreach and Katharine 439 has taken on the role of DD Admin. We have made the difficult decision not to reopen the branch to face to face visitors as the footfall was very low and it was felt that our resources were better spent on supporting people in different ways such as outreach and on line chat.

Our awareness and outreach work continued to grow and we attend the Ipswich Town Football Club Fan zone regularly as well as a number of other regular and new events, and we have established contact with a number of different cultural and high risk communities with across East Suffolk. To help with this work, we have appointed two volunteers as our EDI leads, Lew 444 and Becci 443. Our DD Marketing, Annie 23, has a regular slot on BBC radio Suffolk and was interviewed live by broadcaster Louise Holland. Roles were reversed when Louise was interviewed by Annie about her work and book for our branch meeting.

Fundraising continued to be very successful. The raffle of the painting Maggie Hamblin donated to us the previous year, raised over £14,000. The Orwell Walk, the collection at Sarah Milligan's show in Ipswich, fundraising quizzes and several donations also boosted our funds. We are now focusing on our fundraising ball in September which we are hoping will raise even more.

During the year, we made several changes to the shop and appointed a new shop manager. Although we saw some improvements, sadly the shop hasn't proved viable and we will be closing it at the end of November. In the meantime, we are continuing to trade and are looking at alternatives ways to trade and raise funds in the future. This could include increasing our on-line sales and opening pop-up-shops following the success of our pop-up-shop in Leiston.

Nationally there were some significant changes during the year including the installation of the new 'Listening Centre', the platform which supports all our calls. This has been a big change but thanks to the excellent training and organisation from Gary 545, our DD IT, our branch has adopted it without any problems. One of the actions coming out of the national review of the services we deliver to children was to increase the screening of all our volunteers and to require higher levels of DBS checks. This involved a great deal of work and was achieved well within the allowed timescales thanks to Judy 353 and her DBS team and the cooperation of all our volunteers.

In the spring this year, our Central Office surveyed every Samaritans volunteer. In recent years, most charities have experienced difficulties in fundraising and recruiting volunteers. Samaritans is no different and our central office decided that it is essential to make some changes to ensure our charity continues for the next 20 and more years. A Future Proofing initiative has now been launched and changes will be made over the next 7 - 10 years to ensure we offer our 24/7 service to people in distress and despair and achieve our vision that fewer people die by suicide. As a branch, we are in a very strong position to support the future proofing initiative and our Branch plan already reflects much of the work we will need to do.

The next step for us is to select our new branch director or co-branch directors, and ensure that we have a strong leadership team for the next three years. The process has just started and an Engagement Team has been chosen who will explain more about the process. So this will be my last AGM. I would like to take the opportunity of thanking you all for your support and hard work. We have a wonderful branch and are able to help thousands of people every year. Long may it continue.

Anne 167
Branch Director.

Treasurer's Report year ending 31st March 2025

This year the branch has shown strong financial responsibility allowing us to hold our own and continue our vital work supporting those in emotional distress.

Fundraising and Income

We are pleased to report that our efforts have been successful with a notable contribution coming from the painting raffle. These funds have helped us cover ongoing costs.

Gift Aid

We have successfully claimed Gift Aid on donations from the past few years, and the process is now fully up and running on an ongoing basis.

Outlook

Looking ahead our financial position is stable. We remain committed to continuing with our fundraising building on the success of the raffle and other fundraising efforts.

Thanks

A heartfelt thank you to all donors, volunteers and supports who have helped make this year a success.

Carla Smolarek

Treasurer

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2025

for
Samaritans of Ipswich
and East Suffolk

Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

**Samaritans of Ipswich
and East Suffolk**

**Report of the Trustees
for the Year Ended 31 March 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity's structure was changed on 11 August 2016 to that of an association charitable incorporated organisation (CIO) and is controlled by its governing document, a constitution, filed on that date.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168725

Principal address

140 St Helens Street
Ipswich
Suffolk
IP4 2LE

Trustees

J Wright
A Reeder - Director
T P Hammond
Mrs J E Riley
Mrs N I Beach (resigned 24.11.24)
M Le Corre (resigned 23.9.24)
Mrs F A Simpson
S Palmer
Mrs C S Smolarek - Treasurer
Mrs A Youngs (appointed 1.5.24)

Independent Examiner

M J Mortimer FCA FCCA
Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Approved by order of the board of trustees on 2nd June 2025 and signed on its behalf by:



A Reeder - Trustee

**Independent Examiner's Report to the Trustees of
Samaritans of Ipswich
and East Suffolk**

Independent examiner's report to the trustees of Samaritans of Ipswich and East Suffolk

I report to the charity trustees on my examination of the accounts of Samaritans of Ipswich and East Suffolk (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M J Mortimer FCA FCCA

Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Date:

**Samaritans of Ipswich
and East Suffolk**

**Statement of Financial Activities
for the Year Ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		29,594	-	29,594	23,673
Other trading activities	2	69,004	-	69,004	63,254
Total		<u>98,598</u>	<u>-</u>	<u>98,598</u>	<u>86,927</u>
EXPENDITURE ON					
Raising funds		48,510	-	48,510	63,148
Charitable activities					
Emergency support		24,968	-	24,968	28,687
Other		13,198	-	13,198	12,594
Total		<u>86,676</u>	<u>-</u>	<u>86,676</u>	<u>104,429</u>
NET INCOME/(EXPENDITURE)		11,922	-	11,922	(17,502)
RECONCILIATION OF FUNDS					
Total funds brought forward		140,840	-	140,840	158,342
TOTAL FUNDS CARRIED FORWARD		<u><u>152,762</u></u>	<u><u>-</u></u>	<u><u>152,762</u></u>	<u><u>140,840</u></u>

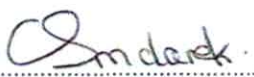
The notes form part of these financial statements

**Samaritans of Ipswich
and East Suffolk**

**Statement of Financial Position
31 March 2025**

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	6	84,597	-	84,597	88,680
CURRENT ASSETS					
Stocks	7	200	-	200	1,112
Debtors	8	97	-	97	258
Cash in hand		70,517	-	70,517	52,020
		<u>70,814</u>	-	<u>70,814</u>	<u>53,390</u>
CREDITORS					
Amounts falling due within one year	9	(2,649)	-	(2,649)	(1,230)
		<u>68,165</u>	-	<u>68,165</u>	<u>52,160</u>
NET CURRENT ASSETS					
		<u>152,762</u>	-	<u>152,762</u>	<u>140,840</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>152,762</u>	-	<u>152,762</u>	<u>140,840</u>
NET ASSETS					
		<u>152,762</u>	-	<u>152,762</u>	<u>140,840</u>
FUNDS					
Unrestricted funds	10			<u>152,762</u>	<u>140,840</u>
TOTAL FUNDS					
				<u>152,762</u>	<u>140,840</u>

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



C S Smolarek - Trustee

Samaritans of Ipswich
and East Suffolk

Notes to the Financial Statements
for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% straight line on buildings
Fixtures and fittings	- 33% on reducing balance and 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Samaritans of Ipswich
and East Suffolk

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

2. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	23,261	617
Shop income	42,436	59,463
"100" Club	880	204
N.O.M.S	2,427	2,970
	69,004	63,254

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Shop manageress	1	1
Deputy shop manager	1	1
Cleaner	1	1
	3	3

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	23,673	-	23,673
Other trading activities	63,254	-	63,254
Total	86,927	-	86,927
EXPENDITURE ON			
Raising funds	63,148	-	63,148
Charitable activities			
Emergency support	28,687	-	28,687
Other	12,594	-	12,594

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued		Unrestricted funds £	Restricted fund £	Total funds £	
	Total	104,429	-	104,429	
	NET INCOME/(EXPENDITURE)	(17,502)	-	(17,502)	
	RECONCILIATION OF FUNDS				
	Total funds brought forward	158,342	-	158,342	
	TOTAL FUNDS CARRIED FORWARD	<u>140,840</u>	<u>-</u>	<u>140,840</u>	
6. TANGIBLE FIXED ASSETS		Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
	COST				
	At 1 April 2024 and 31 March 2025	<u>186,883</u>	<u>48,365</u>	<u>17,851</u>	<u>253,099</u>
	DEPRECIATION				
	At 1 April 2024	99,585	47,988	16,846	164,419
	Charge for year	<u>3,738</u>	<u>94</u>	<u>251</u>	<u>4,083</u>
	At 31 March 2025	<u>103,323</u>	<u>48,082</u>	<u>17,097</u>	<u>168,502</u>
	NET BOOK VALUE				
	At 31 March 2025	<u>83,560</u>	<u>283</u>	<u>754</u>	<u>84,597</u>
	At 31 March 2024	<u>87,298</u>	<u>377</u>	<u>1,005</u>	<u>88,680</u>
7. STOCKS				2025	2024
				£	£
	Stocks			<u>200</u>	<u>1,112</u>

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

8.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2025	2024
		£	£
	VAT	97	258
		<u> </u>	<u> </u>

9.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2025	2024
		£	£
	Trade creditors	43	30
	Taxation and social security	1,286	-
	Other creditors	1,320	1,200
		<u> </u>	<u> </u>
		2,649	1,230
		<u> </u>	<u> </u>

10.	MOVEMENT IN FUNDS		
		Net movement in funds	At
	At 1.4.24	£	31.3.25
	£	£	£
	Unrestricted funds		
	General fund	140,840	11,922
		<u> </u>	<u> </u>
	TOTAL FUNDS	140,840	11,922
		<u> </u>	<u> </u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	98,598	(86,676)	11,922
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	98,598	(86,676)	11,922
	<u> </u>	<u> </u>	<u> </u>

Comparatives for movement in funds

		Net movement in funds	At
	At 1.4.23	£	31.3.24
	£	£	£
Unrestricted funds			
General fund	158,342	(17,502)	140,840
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	158,342	(17,502)	140,840
	<u> </u>	<u> </u>	<u> </u>

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,927	(104,429)	(17,502)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>86,927</u>	<u>(104,429)</u>	<u>(17,502)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	158,342	(5,580)	152,762
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>158,342</u>	<u>(5,580)</u>	<u>152,762</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	185,525	(191,105)	(5,580)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>185,525</u>	<u>(191,105)</u>	<u>(5,580)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

Samaritans of Ipswich
and East Suffolk

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations, grants and gifts	29,594	23,673
Other trading activities		
Fundraising events	23,261	617
Shop income	42,436	59,463
"100" Club	880	204
N.O.M.S	2,427	2,970
	69,004	63,254
Total incoming resources	98,598	86,927
 EXPENDITURE		
Other trading activities		
Opening stock	1,112	2,520
Wages	16,406	24,679
Fundraising expenses	1,574	-
Other selling costs	29,618	37,061
Closing stock	(200)	(1,112)
	48,510	63,148
 Charitable activities		
Business rates	778	730
Insurance	1,598	1,760
Water light and heat	4,319	3,855
Emergency telephone	3,457	4,601
Advertising and publicity	1,041	3,424
Repairs and renewals	3,043	6,364
Cleaning and housekeeping	3,275	1,776
Volunteer travel expenses	3,112	2,352
Director's expenses	152	-
Freehold property depreciation	3,364	3,364
Fixtures & fittings depreciation	94	126
Motor vehicle depreciation	251	335
	24,484	28,687
 Support costs		
Management		
Business rates	86	81
Carried forward	86	81

This page does not form part of the statutory financial statements

Samaritans of Ipswich
and East Suffolk

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	2025	2024
	£	£
Management		
Brought forward	86	81
Insurance	178	196
Water light and heat	480	428
Printing postage & stationery	678	979
Sundries	7,135	4,526
Professional fees	2,224	1,928
Vehicle expenses	1,003	1,862
Repairs and renewals	338	707
Cleaning and housekeeping	364	197
Conference expenses	822	1,316
Freehold property depreciation	374	374
	<hr/>	<hr/>
	13,682	12,594
	<hr/>	<hr/>
Total resources expended	86,676	104,429
	<hr/>	<hr/>
Net income/(expenditure)	<u>11,922</u>	<u>(17,502)</u>

This page does not form part of the statutory financial statements

Samaritans of Ipswich
and East Suffolk

Contents of the Financial Statements
for the Year Ended 31 March 2025

	Page
Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Statement of Financial Position	4
Notes to the Financial Statements	5 to 9
Detailed Statement of Financial Activities	10 to 11

SAMARITANS OF IPSWICH AND EAST SUFFOLK

England & Wales - Charity number 1168725

Accounts

Agenda



6.30pm - Arrive (drinks available from the bar)

7pm - **Anne** to welcome and open the meeting

Showing of Branch Documentary produced by Frances Harper

AGM

Apologies

Minutes of the last AGM September 2023

Matters arising

Presentation of the reports

Treasurer's Reports

Appointment of Auditor , Ballams - Crane Court, 302 London Road, IP2 0AG

Directors Report

Election of Trustees

New Trustees

Ann Youngs

Re-Election of...

Nicola Beach

Tim Hammond

Jane Riley

Carla Smolarek - Branch Treasurer

Fiona Simpson - Branch Secretary

Judy Wright

Steve Palmer

Break with Tea and coffee

Suffolk High Sheriff Yvonne Gilchrist-Mason OBE talk

Fiona to thank and Long service awards presented by **David Sheepshanks**

Anne to Close



**Minutes of the Annual General Meeting
held in the Hall of Fame, Ipswich Town Football Club
September 11 2023**

	<p>Welcome Anne 167 welcomed volunteers and guests to the 2023 AGM, the year in which we celebrate our 60th year as a branch and the 70th anniversary of the founding of the organisation nationwide. It was great to see so many people supporting the branch and celebrating our milestone.</p>
1	<p>In attendance were: <i>Volunteers</i> : Anne 167, Gary 545, Josh 12, Colin 299, Jenny 308, Ann 362, Verity 77, Mike 166, Liz 144, Karin 125, Lorna 24, Julie 302, Annie 23, Carla 22, Wendy ex 199, Lorna 121, Linda 270, Maureen 16, Judy 353, Helen 702, Cynthia 132, Kim 695, Steven 7, Martin 750, Dave 293, Steve 427, Julie 704, Lisa 428, Mary 331, Carol 66, Terry 198, Christine 181, Jack 416, Hannah 430, Mel 696, Sarah 410, Alison 282, Vi 155, Jocelyn 53, Chris 47, Andrew 118, Jane 606, Steve 148, Su 348</p> <p><i>Pros Vol</i> : Connie, Elaine Lawes, Stephanie Donnelly, Katharine Turner, Stephanie Donnelly</p> <p><i>Guests</i> : Ipswich Mayor, Lynne Mortimer, Honorary President of Samaritans, Felicity Varah Harding, Director Richard Hawkins, Trudie Clayden, Patron Ipswich and East Suffolk Samaritans, David Sheepshanks, Peter Hill, Nigel Hillwood, Walter Warne, Michael Stow, Vanda Rettie, Jim Cowie, Samantha Mardell, Jill Cole, Steve Downs, Clare Downs</p> <p>Apologies were received from: Ann 409, Abby 389, Beverley 112, Cathy 279, Chris 301, Claire 171, Debbie 429, Derren 413, Fiona 300, Jackie 414, Jane 540, Lynn 333, Monica 116, Paddy 400, Rebecca 655, Rob 402, Rosie ex 344, Sally 350, Sam 140, Val 408, Sue 190</p>
2	<p>To receive the minutes of the previous AGM held on 20th June 2022 on Zoom</p> <p>Anne shared the minutes of last year’s AGM and thanked Sean, our previous Branch Director, for steering us through such a turbulent time. There were no matters arising and the minutes were accepted as an accurate report of the meeting.</p>
3	<p>To receive the Charity’s Annual Report and Accounts for the year ended 31 March 2023</p> <p>The Annual Report and Accounts have been approved by the Trustees and were accepted by this meeting.</p> <p>Colin 299, outgoing Treasurer, reported that although this year has been a bit disappointing from a financial point of view, the branch still has funds and that these are slightly over the amount recommended by the Charity Commission. He stressed that a top priority is to raise funds and in that regard, Anne 167 has appointed him as DD for Fundraising. A key contributor to our funds is the work of the shop and it is</p>

	<p>hoped that proposed changes to Ipswich Town Centre will work in our favour and increase footfall.</p> <p>Anne 167 (BD) shared some highlights of the Branch Director's Report. In many ways things are back to normal, e.g. we hold face to face meetings, training etc. and Volunteers interact with each other inbetween shifts, a welcome opportunity to rebuild community.</p> <p>The shop is really busy and sales are increasing but overheads are up. Filling the rota is our biggest challenge and not just for our branch.</p> <p>The recent survey provided some great, encouraging feedback with some highlights being that we have many long standing vols, a very successful Outreach programme, welcome and effective training, good IT and IT support, a recently refurbished OPs room. Anne invited guests to visit it and see for themselves how it contributes to a healthy branch. The leadership team is responding to suggestions</p> <p>She reinforced that, as ever, our priority is to provide a safe and timely listening service to callers and that we need to recruit, retain and train/retrain. We recognise that there may be a shift in attitude to volunteering and we are going to be flexible in order to respond to that. We are delighted that we have a significant number of prospective Volunteers starting training this week.</p> <p>The overall aim for the branch, in summary, is to increase our resources to support the national vision of fewer suicides, more face to face, more Outreach.</p> <p>We are proud of the 60 years' track record which has seen us take at least a million calls and in person visitors. Check out our history in Colin's book !</p>
4	<p>To approve the nomination for the appointment of the branch's auditors: Ballams, Crane Court, 302 London Road, Ipswich IP2 0AG for the next financial year.</p> <p>All were in favour and this was passed.</p>
5	<p>Retirement of trustees</p> <p>Two of our Trustees have to retire because they have already served 6 years which our Constitution insists is the limit.</p> <p>We thank Colin 299 and Jane Cassidy for their service and hope they may return in future.</p>
6	<p>Election of branch secretary and branch treasurer</p> <p>Carla Smolarek, Listening Volunteer, was duly elected as Branch Treasurer. Proposed by Colin 299, Seconded by Christine 181</p> <p>Fiona Simpson, former Listening Volunteer and currently Support volunteer was duly elected as Branch Secretary. Proposed by Terry 198, Seconded by Dave 293</p>
7	<p>Election of new trustees</p> <p>Judy Wright, former Branch Director and currently Support volunteer, was duly elected as a Trustee. Proposed by Anne 167, Seconded by Colin 299</p> <p>Steve Palmer, Shop Co-ordinator was duly elected as a Trustee. Proposed Maureen 16, Seconded by Dave 293</p> <p>Andrew Brown, Vice Branch Director, was duly elected as a Trustee. Proposed by Anne 167, Seconded by Colin 299.</p>

8	<p>Re-lection of trustees</p> <p>The following were re-elected as Trustees. Proposed by Terry 168, Seconded by Christine 181.</p> <p>Nicola Beach Martin Le Corre Tim Hammond Jane Riley Anne 167 thanked them for their continuing support.</p>
9	<p>Any other business</p> <p>There was no other business and so the formal part of the meeting was concluded.</p>
10	<p>Celebration of 60 years of Samaritans of Ipswich and East Suffolk and 70 years of Samaritans</p> <p>A toast was proposed by David Sheepshanks, Patron of Samaritans of the branch.</p> <p>David proposed lots of thank yous – IPTFC for hosting this evening, Rory the Chef at Swan in Southwold (?) and Christine 181 for the celebratory cake, Colin for his book and a BIG thank to all current Volunteers and other supporters, family and friends. David emphasised the importance of team work and a shared vision – ‘One team, one dream’, reflecting the culture of our branch.</p> <p>Fundraising is tough and, as we have already seen, crucial. David offered thanks to Trudie especially this evening for the donation from the Clayden family. He said he is proud to be the patron of our branch which he has been since being appointed Deputy Lieutenant in 2005 was asked to be patron of this branch. He described Samaritans as being at the sharp end and do the work no one else can.</p> <p>Our website stresses the work of Samaritans to establish itself as a mental health charity with educating suicide a key aim. He said how pleased he is to see us linking with other charities e.g. Home Start, and Suffolk Mind. Collaboration is another important dimension and speaks volumes. He expressed admiration for the work the leadership team and Trustees are engaged in and encouraged us all to keep up the good work. His call to action? ‘May the force be with you...’</p>
11	<p>Guest Speaker: Felicity Varah Harding, daughter of the founder of Samaritans, Chad Varah</p> <p>Anne 167 introduced Felicity Varah Harding and said what a great honour it was to have her as our guest speaker. The only daughter of Chad, founder of Samaritans, she was awarded the OBE in 2019 for her work in the charitable sector, is a Samaritans Ambassador and our Honorary Patron.</p> <p>Felicity opened by expressing her delight in joining us to celebrate our 60th anniversary, a significant milestone, and shared that the Ipswich branch featured on one of her father’s many lists as being open from 0900 – 2300.</p> <p>Chad was born in Lincolnshire where his father was a vicar, one of 9 children of which he was the first born. He was a gifted child (he spoke 14 languages, including Russian which he taught himself at school) and was educated by his father at home until he went to Worksop College and Keble College, Oxford where he took a degree in PPE (Politics, Philosophy and Economics) with no clarity on what he wanted to do. He was, however, ordained as an Anglican clergyman in 1936, having been encourage by his godfather, the Bishop of Zanzibar to pursue a career in the church and worked as the priest of various parishes in London and the north of England. During his early career he became aware of the isolation and ignorance that children suffered. His first funeral was as assistant curate at St Giles, London, for a 13 year old girl who had taken her own life thinking that her menstruation was some awful disease and was buried in unconsecrated ground because suicide was considered a crime. This was a catalyst for what became his life work, helping young people by providing a safe place for them to</p>

	<p>talk and be listened to. To supplement his meagre salary, Chad wrote for parish magazines and Eagle Comics where he was the scientific consultant for Dan Dare supported by his friends in Fleet Street. One such contact at the Daily Mirror gave described him as ‘a good Samaritan in the city’, the christening, perhaps, of the organization as we know it. Key to his work was ‘unconditional listening’ and his attitude to Samaritans was ‘I didn’t found Samaritans; Samaritans founded me’.</p> <p>Chad didn’t drive and Felicity adopted the role of the Flying Squad., driving him to the phone box to support a caller. This was the world’s first Helpline.</p> <p>When Felicity qualified as social worker, she was ‘tricked’ by Chad to run a hostel in Battersea, perhaps the first example of an Outreach Programme?</p> <p>The combination of technology and compassion were Chad’s great passion and how that has continued to be the case. One of Felicity’s milestone contributions to Samaritans was leading the ‘Chad Varah appeal’ between 2009-2011 which raised £1,000,000 and funded the development and implementation of the phone system used today by our listening volunteers.</p> <p>Felicity reminded us that the key is never forgetting the caller...and being non-judgmental, Chad’s legacy being that we all continue the vision of caller first, embracing technology, good training, partnership and influencing national policies. And how the cause has expanded with 220 branches in the UK and over 130 worldwide.</p> <p>She congratulated us on the continuing growth and enduring success of our branch. ‘Thank you ALL,’ she said, ‘Samaritans are ordinary people doing extraordinary things’.</p>
12	<p style="text-align: center;">Presentation of Long Service awards</p> <p>Anne 167 shared that we have many Volunteers who have been with us for many years and this evening we celebrate those who have been with the branch for over 20 years.</p> <p>Colin 299 - 21 years Alison 282 - 26 years Fiona 300 - 28 years John 59 - 30 years Lydia 326 - 334 years Sally 350 - 35 years Dave 293 - 36 years</p> <p>These Volunteers were awarded a certificate and personalised Samaritans mug in recognition of their service.</p>
13	<p>Acceptance of donation from the Clayden family</p> <p>Trudie Clayden and her family have been supporting us since her brother Adrian died in 2011. Donations from the family have been welcomed by our branch and most recently helped with our refurbishment. Trudie shared that it is great that something good has come from something so tragic and Anne 16y7 thanked her sincerely for her the family’s generous donation.</p>
14	<p>Closure of Meeting</p> <p>Anne 167 thanked everyone for coming and supporting the first AGM since before lockdown.</p>

SAMARITANS

Ipswich & East Suffolk



Annual Report 2023–24

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2024

for
Samaritans of Ipswich
and East Suffolk

Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

**Samaritans of Ipswich
and East Suffolk**

**Contents of the Financial Statements
for the Year Ended 31 March 2024**

	Page
Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Statement of Financial Position	4
Notes to the Financial Statements	5 to 10
Detailed Statement of Financial Activities	11 to 12

**Samaritans of Ipswich
and East Suffolk**

**Report of the Trustees
for the Year Ended 31 March 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity's structure was changed on 11 August 2016 to that of an association charitable incorporated organisation (CIO) and is controlled by its governing document, a constitution, filed on that date.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168725

Principal address

140 St Helens Street
Ipswich
Suffolk
IP4 2LE

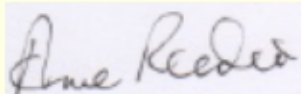
Trustees

C Stuart Treasurer (resigned 11.9.23)
Mrs A Reeve - Secretary (resigned 11.9.23)
S Alder (resigned 11.9.23)
J Wright (appointed 11.9.23)
A Reeder - Director
Mrs J Cassidy (resigned 11.9.23)
S Coulter - Director (resigned 11.9.23)
T P Hammond
Mrs J E Riley
Mrs N I Beach
M Le Corre
Mrs F A Simpson (appointed 11.9.23)
S Palmer (appointed 11.9.23)
Mrs C S Smolarek - Treasurer (appointed 11.9.23)

Independent Examiner

M J Mortimer FCA FCCA
Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Approved by order of the board of trustees on 3 July 2024 and signed on its behalf by:



A Reeder - Trustee

**Independent Examiner's Report to the Trustees of
Samaritans of Ipswich
and East Suffolk**

Independent examiner's report to the trustees of Samaritans of Ipswich and East Suffolk

I report to the charity trustees on my examination of the accounts of Samaritans of Ipswich and East Suffolk (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

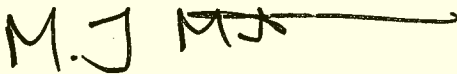
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



M J Mortimer FCA FCCA

Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

8 July 2024

**Samaritans of Ipswich
and East Suffolk**

**Statement of Financial Activities
for the Year Ended 31 March 2024**

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		23,673	-	23,673	6,004
Other trading activities	2	63,254	-	63,254	69,659
Total		<u>86,927</u>	<u>-</u>	<u>86,927</u>	<u>75,663</u>
EXPENDITURE ON					
Raising funds		63,148	-	63,148	65,425
Charitable activities					
Emergency support		28,687	-	28,687	22,514
Other		12,594	-	12,594	8,888
Total		<u>104,429</u>	<u>-</u>	<u>104,429</u>	<u>96,827</u>
NET INCOME/(EXPENDITURE)		(17,502)	-	(17,502)	(21,164)
RECONCILIATION OF FUNDS					
Total funds brought forward		158,342	-	158,342	179,506
TOTAL FUNDS CARRIED FORWARD		<u><u>140,840</u></u>	<u><u>-</u></u>	<u><u>140,840</u></u>	<u><u>158,342</u></u>

The notes form part of these financial statements

**Samaritans of Ipswich
and East Suffolk**

**Statement of Financial Position
31 March 2024**

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	6	88,680	-	88,680	92,879
CURRENT ASSETS					
Stocks	7	1,112	-	1,112	2,520
Debtors	8	258	-	258	6,454
Cash in hand		52,020	-	52,020	57,415
		<hr/>	<hr/>	<hr/>	<hr/>
		53,390	-	53,390	66,389
CREDITORS					
Amounts falling due within one year	9	(1,230)	-	(1,230)	(926)
		<hr/>	<hr/>	<hr/>	<hr/>
NET CURRENT ASSETS		52,160	-	52,160	65,463
		<hr/>	<hr/>	<hr/>	<hr/>
TOTAL ASSETS LESS CURRENT LIABILITIES		140,840	-	140,840	158,342
		<hr/>	<hr/>	<hr/>	<hr/>
NET ASSETS		140,840	-	140,840	158,342
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
FUNDS	10				
Unrestricted funds				140,840	158,342
				<hr/>	<hr/>
TOTAL FUNDS				140,840	158,342
				<hr/> <hr/>	<hr/> <hr/>

The financial statements were approved by the Board of Trustees and authorised for issue on 3 July 2024 and were signed on its behalf by:

J Wright - Trustee

The notes form part of these financial statements

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements
for the Year Ended 31 March 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% straight line on buildings
Fixtures and fittings	- 33% on reducing balance and 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

2. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	617	2,876
Shop income	59,463	64,858
"100" Club	204	306
N.O.M.S	2,970	1,619
	63,254	69,659

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Shop manageress	1	1
Deputy shop manager	1	1
Cleaner	1	1
	3	3

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	6,004	-	6,004
Other trading activities	69,659	-	69,659
Total	75,663	-	75,663
EXPENDITURE ON			
Raising funds	65,425	-	65,425
Charitable activities			
Emergency support	22,514	-	22,514
Other	8,888	-	8,888

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Total	96,827	-	96,827
NET INCOME/(EXPENDITURE)	(21,164)	-	(21,164)
RECONCILIATION OF FUNDS			
Total funds brought forward	179,506	-	179,506
TOTAL FUNDS CARRIED FORWARD	<u>158,342</u>	<u>-</u>	<u>158,342</u>

6. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 April 2023 and 31 March 2024	<u>186,883</u>	<u>48,365</u>	<u>17,851</u>	<u>253,099</u>
DEPRECIATION				
At 1 April 2023	95,847	47,862	16,511	160,220
Charge for year	<u>3,738</u>	<u>126</u>	<u>335</u>	<u>4,199</u>
At 31 March 2024	<u>99,585</u>	<u>47,988</u>	<u>16,846</u>	<u>164,419</u>
NET BOOK VALUE				
At 31 March 2024	<u>87,298</u>	<u>377</u>	<u>1,005</u>	<u>88,680</u>
At 31 March 2023	<u>91,036</u>	<u>503</u>	<u>1,340</u>	<u>92,879</u>

7. STOCKS

	2024 £	2023 £
Stocks	<u>1,112</u>	<u>2,520</u>

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	-	100
VAT	258	1,966
Prepayments and accrued income	-	4,388
	258	6,454
	258	6,454

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	30	926
Other creditors	1,200	-
	1,230	926
	1,230	926

10. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	158,342	(17,502)	140,840
	158,342	(17,502)	140,840
TOTAL FUNDS	158,342	(17,502)	140,840

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	86,927	(104,429)	(17,502)
	86,927	(104,429)	(17,502)
TOTAL FUNDS	86,927	(104,429)	(17,502)

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	179,506	(21,164)	158,342
TOTAL FUNDS	<u>179,506</u>	<u>(21,164)</u>	<u>158,342</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	75,663	(96,827)	(21,164)
TOTAL FUNDS	<u>75,663</u>	<u>(96,827)</u>	<u>(21,164)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	179,506	(38,666)	140,840
TOTAL FUNDS	<u>179,506</u>	<u>(38,666)</u>	<u>140,840</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	162,590	(201,256)	(38,666)
TOTAL FUNDS	<u>162,590</u>	<u>(201,256)</u>	<u>(38,666)</u>

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

Samaritans of Ipswich
and East Suffolk

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations, grants and gifts	23,673	5,490
Gift aid	-	514
	23,673	6,004
Other trading activities		
Fundraising events	617	2,876
Shop income	59,463	64,858
"100" Club	204	306
N.O.M.S	2,970	1,619
	63,254	69,659
Total incoming resources	86,927	75,663
EXPENDITURE		
Other trading activities		
Opening stock	2,520	2,400
Wages	24,679	26,133
Other selling costs	37,061	39,412
Closing stock	(1,112)	(2,520)
	63,148	65,425
Charitable activities		
Business rates	730	483
Insurance	1,760	1,923
Water light and heat	3,855	3,992
Emergency telephone	4,601	3,014
Advertising and publicity	3,424	1,849
Repairs and renewals	6,364	2,751
Cleaning and housekeeping	1,776	2,843
Volunteer travel expenses	2,352	1,450
Freehold property depreciation	3,364	3,364
Fixtures & fittings depreciation	126	168
Motor vehicle depreciation	335	447
	28,687	22,284
Support costs		
Management		
Business rates	81	54
Carried forward	81	54

This page does not form part of the statutory financial statements

**Samaritans of Ipswich
and East Suffolk**

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2024**

	2024	2023
	£	£
Management		
Brought forward	81	54
Insurance	196	-
Water light and heat	428	444
Printing postage & stationery	979	96
Sundries	4,526	3,268
Professional fees	1,928	1,023
Vehicle expenses	1,862	1,676
Branch affiliation fee	-	1,540
Repairs and renewals	707	306
Cleaning and housekeeping	197	316
Conference expenses	1,316	21
Freehold property depreciation	374	374
	<u>12,594</u>	<u>9,118</u>
Total resources expended	<u>104,429</u>	<u>96,827</u>
Net expenditure	<u><u>(17,502)</u></u>	<u><u>(21,164)</u></u>

This page does not form part of the statutory financial statements

TREASURER'S REPORT

In the year ending March 2024 our income from donations, grants and gift aid exceeded the previous year by over £17,000, although it should be noted that donations for the previous year were especially low. Our other fundraising activities however, which includes Charity Shop income, 100 Club and income from the National offenders' management service was around £6000 lower than the previous year. This means that our total income for the year was just under 90,000, an increase over the previous year of £14,264.

We were pleased to see that our Shop expenditure was £1650 less than the previous year, but sadly our costs for running the branch were just under £8,000 more than the previous year.

The result of all this was that our net income for the year was in deficit by £17,502 which, although a smaller deficit than last year, still needs addressing as our bank balances are obviously still being reduced because of our increased expenditure. This is of course, a situation that most charities are still finding themselves currently, but nevertheless we do now need to try and reverse this trend.

Our reserves are however more or less in line with the expectations of the charities commission, but the leadership team and our Trustees are keeping a close eye on our finances and have been looking at ways to increase our income and if possible, reduce our expenditure.

Reducing expenditure is not an easy task given the current climate of rising costs, although we have been able to negotiate a much lower rental on the shop with our landlords which should help somewhat, but we are currently focusing very much on trying to increase our income.

We are therefore now in the middle of our raffle for the Maggi Hambling painting which we hope will raise quite a bit of funds. We are also starting up Supermarket collections again, along with other planned fundraising events this year and next.

The ideal situation for the immediate future would be that we manage to keep our income the same – or slightly more - than our expenditure. That way we will continue to stay within the boundaries that are recommended by the charities commission of not holding excessive amounts of reserves.

Branch Treasurer

Branch Director's Report for April 1st 2023 - March 31st 2024

2023 -2024 was a busy year for the branch as we started to work on the issues our volunteers had raised in the branch survey, we had carried out early in the year. The priorities are:

1. Recruitment
2. Filling the rota especially at weekends and nights
3. Easier car parking (College permits from 16.00)
4. Fundraising
5. More outreach and increased working with local partners to offer people support in different venues across East Suffolk
6. Rebuild confidence and a sense of community within the Branch by having clear, effective, Leadership
7. Volunteer retention regular and varied social activities. Face to face meetings. Keep communicating with volunteers
8. Updates on training for volunteers (Safeguarding, 3rd Party calls, Emergencies within the Branch etc.)
9. Recruit Support Volunteers to spread the work load with a focus on non-confidential tasks.
10. A handbook with all the relevant information (reviewed & updated every 6 months for all Listening Volunteers.

So quite a task! we still have a lot to do but I think we have made some good progress.

We ran two training courses for new volunteers and although our overall number of volunteers at the end of March was 116 compared to 111 at the same time the year before, we increased the number of active listening volunteers from 46 to 55.

Unfortunately, the number of calls we took decreased slightly from 11,665 calls in 2022 - 23. to 10,532 in 2023-24. This could be because some calls are longer but this is something we need to look at this year. Most charities lose a few volunteers annually as life circumstances change, so recruitment will always be one of our key priorities. So that we can train and support an increased number of new volunteers each year, many listening volunteers have recently trained to be mentors and we are exploring bigger training venues.

Filling the rota has been a concern for some time. So, we carried out a thorough review of the rota, looking at different ways other branches run their rotas, seeking advice from our Regional Capacity Improvement Officer, asking our volunteers what would work best for them and dedicating a branch meeting to discuss various options. We introduced a new rota offering different times and lengths of shifts and set up a rota team. The new rota is being reviewed and final changes will be made after a six-month trial.

Car parking remains an issue and we have looked at several options. None are ideal so we keep looking, but we have made the instructions for using our residents parking clearer and the College has bought forward the time we car park in their carpark.

Fundraising is essential and like most charities, it is challenging in the current economic climate. So Colin 299, now a support volunteer, is our Fundraising Lead and has a team of volunteers helping him. Last year, Colin asked Maggi Hamblin, a well-known local artist, if she would donate one of her paintings to the branch, to raise funds, and amazingly she agreed. Raffle tickets for her oil painting, Storm Approaching, are being sold now and the draw will be in September. Bucket collections at supermarkets are ongoing and more fundraising activities are being planned.

The shop plays a major part in fundraising for the branch. Unfortunately, like many other charity shops, we have seen a drop in income. We reorganised the shop during the year to try and maximise sales and continue to look at ways to help the shop team to ensure a surplus is available to support the running costs of the branch.

During the year, we have formed several links with other local charities and organisations and have re-established the referral service we had with NSFT Mental Health Liaison Team.

To ensure the branch has clear, effective leadership and rebuilds confidence and a sense of community within the Branch we enlarged the branch leadership team (BLT) adding the roles of DD Prisons, in recognition of the important work carried out by our prison team, and DD Marketing to focus on both internal and external communication and marketing. Our newsletter has been produced four times a year and has been widely appreciated by volunteers. We try to communicate to all volunteers regularly through emails, Three Rings overview and at branch meetings. Our file store in Three Rings has been updated and reorganised.

The leadership team are trying to be as visible as possible in both the centre and the shop and be responsive to emails and phone calls. We encouraged all volunteers, to take on additional roles in the branch, when they feel ready to and have the time and it is really encouraging to see so many support and new volunteers helping with things like outreach, training and marketing. Several support volunteers have taken on key roles in the branch. New roles have been created and as well as our new Fundraising Lead, Cynthia 132 is now our Branch Hub liaison Officer, working closely with Central Office to support our callers and ensure the quality of the service is high. We are delighted to have a volunteer house keeper, Paul 999, who ensures we are kept supplied with other essential items. We hope this, along with the branch meetings and social activities that the social team have organised, will help encourage volunteers feel more involved to and will stay as members for many years.

Finally, during the year, the branch underwent the quality review which takes place every three years and is done by experienced volunteers, from other branches usually past Branch or Regional Directors, Thank you to everyone who took part in the Zoom calls for your positive comments. I am pleased to say, that the Quality `mentors' report has been sent to Samaritans Central Office and while we await the final report, the feedback we have received so far has been extremely positive, with many complements on our initiatives and our great volunteers. So, thank you everyone. We really do have a great branch with fantastic volunteers.

Anne 167
Branch Director.

We're here to listen

Call free day or night on

116 123

Email

jo@samaritans.org

Web

samaritans.org/ipswich

Visit us

**140 St Helen's Street
Ipswich
IP4 2LE**

SAMARITANS

SAMARITANS OF IPSWICH AND EAST SUFFOLK

England & Wales - Charity number 1168725

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2023

for

Samaritans of Ipswich
and East Suffolk

Ballams Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

**Samaritans of Ipswich
and East Suffolk**

**Contents of the Financial Statements
for the Year Ended 31 March 2023**

	Page
Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Statement of Financial Position	4
Notes to the Financial Statements	5 to 9
Detailed Statement of Financial Activities	10 to 11

**Samaritans of Ipswich
and East Suffolk**

**Report of the Trustees
for the Year Ended 31 March 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity's structure was changed on 11 August 2016 to that of an association, charitable incorporated organisation (CIO) and is controlled by its governing document, a constitution, filed on that date.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168725

Principal address

140 St Helens Street
Ipswich
Suffolk
IP4 2LE


Trustees

C Stuart - Treasurer
Mrs A Reeve - Secretary
S Alder
Mrs J Cassidy
S Coulter - Director
T P Hammond
Mrs J E Riley
Mrs N I Beach
M Le Corre

Independent Examiner

M J Mortimer FCA FCCA
Ballams Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Approved by order of the board of trustees on and signed on its behalf by:


.....
C Stuart - Trustee

**Independent Examiner's Report to the Trustees of
Samaritans of Ipswich
and East Suffolk**

Independent examiner's report to the trustees of Samaritans of Ipswich and East Suffolk

I report to the charity trustees on my examination of the accounts of Samaritans of Ipswich and East Suffolk (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M J Mortimer FCA FCCA

Ballams Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Date:

**Samaritans of Ipswich
and East Suffolk**

**Statement of Financial Activities
for the Year Ended 31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		6,004	-	6,004	36,884
Other trading activities	2	69,659	-	69,659	63,085
Total		<u>75,663</u>	<u>-</u>	<u>75,663</u>	<u>99,969</u>
EXPENDITURE ON					
Raising funds		65,425	-	65,425	56,953
Charitable activities					
Emergency support		22,514	-	22,514	22,963
Other		8,888	-	8,888	6,908
Total		<u>96,827</u>	<u>-</u>	<u>96,827</u>	<u>86,824</u>
NET INCOME/(EXPENDITURE)		(21,164)	-	(21,164)	13,145
RECONCILIATION OF FUNDS					
Total funds brought forward		179,506	-	179,506	166,361
TOTAL FUNDS CARRIED FORWARD		<u><u>158,342</u></u>	<u><u>-</u></u>	<u><u>158,342</u></u>	<u><u>179,506</u></u>

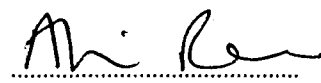
The notes form part of these financial statements

**Samaritans of Ipswich
and East Suffolk**

**Statement of Financial Position
31 March 2023**

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	6	92,879	-	92,879	97,230
CURRENT ASSETS					
Stocks	7	2,520	-	2,520	2,400
Debtors	8	6,454	-	6,454	7,162
Cash in hand		57,415	-	57,415	72,714
		<u>66,389</u>	<u>-</u>	<u>66,389</u>	<u>82,276</u>
CREDITORS					
Amounts falling due within one year	9	(926)	-	(926)	-
		<u>65,463</u>	<u>-</u>	<u>65,463</u>	<u>82,276</u>
NET CURRENT ASSETS					
		<u>158,342</u>	<u>-</u>	<u>158,342</u>	<u>179,506</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>158,342</u>	<u>-</u>	<u>158,342</u>	<u>179,506</u>
NET ASSETS					
		<u>158,342</u>	<u>-</u>	<u>158,342</u>	<u>179,506</u>
FUNDS					
Unrestricted funds	10			<u>158,342</u>	<u>179,506</u>
TOTAL FUNDS					
				<u>158,342</u>	<u>179,506</u>

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



.....
A Reeve - Trustee

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements
for the Year Ended 31 March 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% straight line on buildings
Fixtures and fittings	- 33% on reducing balance and 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	2,876	2,719
Shop income	64,858	55,341
"100" Club	306	504
N.O.M.S	1,619	4,521
	69,659	63,085
	69,659	63,085

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Shop manageress	1	1
Deputy shop manager	1	1
Cleaner	1	1
	3	3
	3	3

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	36,884	-	36,884
Other trading activities	63,085	-	63,085
Total	99,969	-	99,969
EXPENDITURE ON			
Raising funds	56,953	-	56,953
Charitable activities			
Emergency support	22,963	-	22,963
Other	6,908	-	6,908

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Total	86,824	-	86,824
NET INCOME	13,145	-	13,145
RECONCILIATION OF FUNDS			
Total funds brought forward	166,361	-	166,361
TOTAL FUNDS CARRIED FORWARD	<u>179,506</u>	<u>-</u>	<u>179,506</u>

6. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 April 2022 and 31 March 2023	<u>186,883</u>	<u>48,365</u>	<u>17,851</u>	<u>253,099</u>
DEPRECIATION				
At 1 April 2022	92,110	47,695	16,064	155,869
Charge for year	3,737	167	447	4,351
At 31 March 2023	<u>95,847</u>	<u>47,862</u>	<u>16,511</u>	<u>160,220</u>
NET BOOK VALUE				
At 31 March 2023	<u>91,036</u>	<u>503</u>	<u>1,340</u>	<u>92,879</u>
At 31 March 2022	<u>94,773</u>	<u>670</u>	<u>1,787</u>	<u>97,230</u>

7. STOCKS

	2023 £	2022 £
Stocks	<u>2,520</u>	<u>2,400</u>

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade debtors	100	100
VAT	1,966	1,764
Prepayments and accrued income	4,388	5,298
	6,454	7,162
	6,454	7,162

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	926	-
	926	-
	926	-

10. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At
	£	£	31.3.23 £
Unrestricted funds			
General fund	179,506	(21,164)	158,342
	179,506	(21,164)	158,342
TOTAL FUNDS	179,506	(21,164)	158,342

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	75,663	(96,827)	(21,164)
	75,663	(96,827)	(21,164)
TOTAL FUNDS	75,663	(96,827)	(21,164)

Comparatives for movement in funds

	At 1.4.21	Net movement in funds	At
	£	£	31.3.22 £
Unrestricted funds			
General fund	166,361	13,145	179,506
	166,361	13,145	179,506
TOTAL FUNDS	166,361	13,145	179,506

**Samaritans of Ipswich
and East Suffolk**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	99,969	(86,824)	13,145
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>99,969</u>	<u>(86,824)</u>	<u>13,145</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	166,361	(8,019)	158,342
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>166,361</u>	<u>(8,019)</u>	<u>158,342</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	175,632	(183,651)	(8,019)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>175,632</u>	<u>(183,651)</u>	<u>(8,019)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

**Samaritans of Ipswich
and East Suffolk**

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations, grants and gifts	5,490	34,884
Gift aid	514	2,000
	6,004	36,884
Other trading activities		
Fundraising events	2,876	2,719
Shop income	64,858	55,341
"100" Club	306	504
N.O.M.S	1,619	4,521
	69,659	63,085
Total incoming resources	75,663	99,969
EXPENDITURE		
Other trading activities		
Opening stock	2,400	1,647
Wages	26,133	26,632
Other selling costs	39,412	31,074
Closing stock	(2,520)	(2,400)
	65,425	56,953
Charitable activities		
Business rates	483	691
Insurance	1,923	1,908
Water light and heat	3,992	3,239
Emergency telephone	3,014	2,824
Advertising and publicity	1,849	1,313
Repairs and renewals	2,751	6,323
Cleaning and housekeeping	2,843	1,188
Volunteer travel expenses	1,450	1,294
Freehold property depreciation	3,364	3,364
Fixtures & fittings depreciation	168	223
Motor vehicle depreciation	447	596
	22,284	22,963
Support costs		
Management		
Business rates	54	77
Carried forward	54	77

This page does not form part of the statutory financial statements

**Samaritans of Ipswich
and East Suffolk**

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2023**

	2023	2022
	£	£
Management		
Brought forward	54	77
Water light and heat	444	360
Printing postage & stationery	96	177
Sundries	3,268	1,991
Professional fees	1,023	995
Vehicle expenses	1,676	854
Branch affiliation fee	1,540	-
Repairs and renewals	306	703
Cleaning and housekeeping	316	132
Conference expenses	21	1,245
Freehold property depreciation	374	374
	<hr/>	<hr/>
	9,118	6,908
	<hr/>	<hr/>
Total resources expended	96,827	86,824
	<hr/>	<hr/>
Net (expenditure)/income	(21,164)	13,145
	<hr/> <hr/>	<hr/> <hr/>

SAMARITANS OF IPSWICH AND EAST SUFFOLK

England & Wales - Charity number 1168725

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
SAMARITANS OF IPSWICH
AND EAST SUFFOLK

Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Statement of Financial Position	5
Notes to the Financial Statements	6 to 11
Detailed Statement of Financial Activities	12 to 13

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity's structure was changed on 11 August 2016 to that of an association charitable incorporated organisation (CIO) and is controlled by its governing document, a constitution, filed on that date.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168725

Principal address

140 St Helens Street
Ipswich
Suffolk
IP4 2LE

Trustees

C Stuart Treasurer
Mrs A Reeve Secretary
S Alder
Mrs J Cassidy
S Coulter Director
T P Hammond
Mrs J E Riley
Mrs N I Beach
M Le Corre

Independent Examiner

M J Mortimer ACA FCCA
Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Bankers

HSBC Bank Plc
20 High Street
Saxmundham
Suffolk
IP17 1DB

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Approved by order of the board of trustees on and signed on its behalf by:

.....
C Stuart - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

Independent examiner's report to the trustees of Samaritans of Ipswich and East Suffolk

I report to the charity trustees on my examination of the accounts of Samaritans of Ipswich and East Suffolk (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M J Mortimer ACA FCCA
Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Date:

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		36,884	-	36,884	67,617
Other trading activities	2	63,085	-	63,085	20,066
Other income		-	-	-	63
Total		<u>99,969</u>	<u>-</u>	<u>99,969</u>	<u>87,746</u>
 EXPENDITURE ON					
Raising funds		56,953	-	56,953	51,814
Charitable activities					
Emergency support		22,963	-	22,963	22,881
Other		6,908	-	6,908	4,214
Total		<u>86,824</u>	<u>-</u>	<u>86,824</u>	<u>78,909</u>
 NET INCOME		 13,145	 -	 13,145	 8,837
 RECONCILIATION OF FUNDS					
Total funds brought forward		166,361	-	166,361	157,524
 TOTAL FUNDS CARRIED FORWARD		 <u>179,506</u>	 <u>-</u>	 <u>179,506</u>	 <u>166,361</u>

The notes form part of these financial statements

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

STATEMENT OF FINANCIAL POSITION
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	6	97,230	-	97,230	101,788
CURRENT ASSETS					
Stocks	7	2,400	-	2,400	1,647
Debtors	8	7,162	-	7,162	5,160
Cash in hand		72,714	-	72,714	57,766
		<hr/>	<hr/>	<hr/>	<hr/>
		82,276	-	82,276	64,573
		<hr/>	<hr/>	<hr/>	<hr/>
NET CURRENT ASSETS		82,276	-	82,276	64,573
		<hr/>	<hr/>	<hr/>	<hr/>
TOTAL ASSETS LESS CURRENT LIABILITIES		179,506	-	179,506	166,361
		<hr/>	<hr/>	<hr/>	<hr/>
NET ASSETS		179,506	-	179,506	166,361
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
FUNDS	9				
Unrestricted funds				179,506	166,361
				<hr/>	<hr/>
TOTAL FUNDS				179,506	166,361
				<hr/> <hr/>	<hr/> <hr/>

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
S Coulter - Trustee

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 33% on cost and 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	2,719	1,212
Shop income	55,341	18,516
"100" Club	504	644
N.O.M.S	4,521	(306)
	<u>63,085</u>	<u>20,066</u>
	<u>63,085</u>	<u>20,066</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Shop manageress	1	1
Deputy shop manager	1	1
Cleaner	1	1
	<u>3</u>	<u>3</u>
	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	67,617	-	67,617
Other trading activities	20,066	-	20,066
Other income	63	-	63
	<u>87,746</u>	<u>-</u>	<u>87,746</u>
Total	<u>87,746</u>	<u>-</u>	<u>87,746</u>
EXPENDITURE ON			
Raising funds	51,814	-	51,814

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Charitable activities			
Emergency support	22,881	-	22,881
Other	4,214	-	4,214
Total	<u>78,909</u>	<u>-</u>	<u>78,909</u>
NET INCOME	8,837	-	8,837

RECONCILIATION OF FUNDS

Total funds brought forward	157,524	-	157,524
TOTAL FUNDS CARRIED FORWARD	<u>166,361</u>	<u>-</u>	<u>166,361</u>

6. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 April 2021 and 31 March 2022	<u>186,883</u>	<u>48,365</u>	<u>17,851</u>	<u>253,099</u>
DEPRECIATION				
At 1 April 2021	88,372	47,471	15,468	151,311
Charge for year	<u>3,738</u>	<u>224</u>	<u>596</u>	<u>4,558</u>
At 31 March 2022	<u>92,110</u>	<u>47,695</u>	<u>16,064</u>	<u>155,869</u>
NET BOOK VALUE				
At 31 March 2022	<u>94,773</u>	<u>670</u>	<u>1,787</u>	<u>97,230</u>
At 31 March 2021	<u>98,511</u>	<u>894</u>	<u>2,383</u>	<u>101,788</u>

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

7. STOCKS

	2022	2021
	£	£
Stocks	2,400	1,647
	<u>2,400</u>	<u>1,647</u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	100	93
VAT	1,764	534
Prepayments and accrued income	5,298	4,533
	<u>7,162</u>	<u>5,160</u>

9. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
General fund	166,361	13,145	179,506
	<u>166,361</u>	<u>13,145</u>	<u>179,506</u>
TOTAL FUNDS	<u>166,361</u>	<u>13,145</u>	<u>179,506</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	99,969	(86,824)	13,145
	<u>99,969</u>	<u>(86,824)</u>	<u>13,145</u>
TOTAL FUNDS	<u>99,969</u>	<u>(86,824)</u>	<u>13,145</u>

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	157,524	8,837	166,361
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>157,524</u>	<u>8,837</u>	<u>166,361</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	87,746	(78,909)	8,837
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>87,746</u>	<u>(78,909)</u>	<u>8,837</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	157,524	21,982	179,506
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>157,524</u>	<u>21,982</u>	<u>179,506</u>

SAMARITANS OF IPSWICH
AND EAST SUFFOLK

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	187,715	(165,733)	21,982
	_____	_____	_____
TOTAL FUNDS	<u>187,715</u>	<u>(165,733)</u>	<u>21,982</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022	2021
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations, grants and gifts	34,884	64,751
Gift aid	2,000	2,866
	36,884	67,617
Other trading activities		
Fundraising events	2,719	1,212
Shop income	55,341	18,516
"100" Club	504	644
N.O.M.S	4,521	(306)
	63,085	20,066
Other income		
Other Income	-	63
	-	63
Total incoming resources	99,969	87,746
EXPENDITURE		
Other trading activities		
Opening stock	1,647	2,250
Wages	26,632	12,919
Other selling costs	31,074	38,292
Closing stock	(2,400)	(1,647)
	56,953	51,814
Charitable activities		
Business rates	691	691
Insurance	1,908	1,798
Water light and heat	3,239	2,757
Emergency telephone	2,824	3,088
Advertising and publicity	1,313	524
Repairs and renewals	6,323	5,828
Cleaning and housekeeping	1,188	1,856
Volunteer travel expenses	1,294	470
Freehold property depreciation	3,364	3,364
Carried forward	22,144	20,376

This page does not form part of the statutory financial statements

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022	2021
	£	£
Charitable activities		
Brought forward	22,144	20,376
Fixtures & fittings depreciation	223	1,400
Motor vehicle depreciation	596	794
	22,963	22,570
Support costs		
Management		
Business rates	77	77
Water light and heat	360	306
Printing postage & stationery	177	51
Sundries	1,991	1,853
Professional fees	995	959
Vehicle expenses	854	1,241
Branch affiliation fee	-	(1,190)
Repairs and renewals	703	648
Cleaning and housekeeping	132	206
Conference expenses	1,245	-
Freehold property depreciation	374	374
	6,908	4,525
Total resources expended	86,824	78,909
Net income	13,145	8,837

This page does not form part of the statutory financial statements

SAMARITANS OF IPSWICH AND EAST SUFFOLK

England & Wales - Charity number 1168725

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
FOR
SAMARITANS OF IPSWICH
AND EAST SUFFOLK

Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Statement of Financial Position	5
Notes to the Financial Statements	6 to 11
Detailed Statement of Financial Activities	12 to 13

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity's structure was changed on 11 August 2016 to that of an association charitable incorporated organisation (CIO) and is controlled by its governing document, a constitution, filed on that date.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168725

Principal address

140 St Helens Street
Ipswich
Suffolk
IP4 2LE

Trustees

Mrs H Peace (resigned 22/2/21)
C Stuart Treasurer
Mrs H Wilkinson Secretary (resigned 22/2/21)
Mrs A Reeve Secretary (appointed 27/1/21)
S Alder (appointed 24/9/20)
Mrs J Cassidy
Mrs R Thompson (resigned 22/2/21)
G Yates (resigned 31/5/20)
S Coulter Director
T P Hammond
Mrs J E Riley
Mrs N I Beach
M Le Corre (appointed 22/2/21)

Independent Examiner

M J Mortimer ACA FCCA
Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

HSBC Bank Plc
20 High Street
Saxmundham
Suffolk
IP17 1DB

Approved by order of the board of trustees on and signed on its behalf by:

.....
C Stuart - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

Independent examiner's report to the trustees of Samaritans of Ipswich and East Suffolk

I report to the charity trustees on my examination of the accounts of Samaritans of Ipswich and East Suffolk (the Trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M J Mortimer ACA FCCA
Ballams
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Date:

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted fund £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		67,617	-	67,617	21,740
Other trading activities	2	20,066	-	20,066	75,865
Other income		63	-	63	4,135
Total		<u>87,746</u>	<u>-</u>	<u>87,746</u>	<u>101,740</u>
 EXPENDITURE ON					
Raising funds		51,814	-	51,814	71,987
Charitable activities					
Emergency support		22,881	-	22,881	61,101
Other		4,214	-	4,214	15,083
Total		<u>78,909</u>	<u>-</u>	<u>78,909</u>	<u>148,171</u>
NET INCOME/(EXPENDITURE)		<u>8,837</u>	<u>-</u>	<u>8,837</u>	<u>(46,431)</u>
 RECONCILIATION OF FUNDS					
Total funds brought forward		157,524	-	157,524	203,955
TOTAL FUNDS CARRIED FORWARD		<u><u>166,361</u></u>	<u><u>-</u></u>	<u><u>166,361</u></u>	<u><u>157,524</u></u>

The notes form part of these financial statements

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**STATEMENT OF FINANCIAL POSITION
31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	6	101,788	-	101,788	107,720
CURRENT ASSETS					
Stocks	7	1,647	-	1,647	2,250
Debtors	8	5,160	-	5,160	7,556
Cash in hand		57,766	-	57,766	41,101
		<u>64,573</u>	<u>-</u>	<u>64,573</u>	<u>50,907</u>
CREDITORS					
Amounts falling due within one year	9	-	-	-	(1,103)
		<u>64,573</u>	<u>-</u>	<u>64,573</u>	<u>49,804</u>
NET CURRENT ASSETS					
		<u>64,573</u>	<u>-</u>	<u>64,573</u>	<u>49,804</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>166,361</u>	<u>-</u>	<u>166,361</u>	<u>157,524</u>
NET ASSETS					
		<u>166,361</u>	<u>-</u>	<u>166,361</u>	<u>157,524</u>
FUNDS					
Unrestricted funds	10			<u>166,361</u>	<u>157,524</u>
TOTAL FUNDS					
				<u>166,361</u>	<u>157,524</u>

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
H Wilkinson - Trustee

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 33% on cost and 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	1,212	7,568
Shop income	18,516	67,352
"100" Club	644	588
N.O.M.S	(306)	357
	<u>20,066</u>	<u>75,865</u>
	<u>20,066</u>	<u>75,865</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Shop manageress	1	1
Deputy shop manager	1	1
Cleaner	1	1
	<u>3</u>	<u>3</u>
	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	21,740	-	21,740
Other trading activities	75,865	-	75,865
Other income	4,135	-	4,135
	<u>101,740</u>	<u>-</u>	<u>101,740</u>
Total	101,740	-	101,740
 EXPENDITURE ON			
Raising funds	71,987	-	71,987

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Charitable activities			
Emergency support	61,101	-	61,101
Other	15,083	-	15,083
Total	<u>148,171</u>	<u>-</u>	<u>148,171</u>
NET INCOME/(EXPENDITURE)	<u>(46,431)</u>	<u>-</u>	<u>(46,431)</u>

RECONCILIATION OF FUNDS

Total funds brought forward	203,955	-	203,955
TOTAL FUNDS CARRIED FORWARD	<u>157,524</u>	<u>-</u>	<u>157,524</u>

6. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 April 2020 and 31 March 2021	<u>186,883</u>	<u>48,365</u>	<u>17,851</u>	<u>253,099</u>
DEPRECIATION				
At 1 April 2020	84,634	46,071	14,674	145,379
Charge for year	<u>3,738</u>	<u>1,400</u>	<u>794</u>	<u>5,932</u>
At 31 March 2021	<u>88,372</u>	<u>47,471</u>	<u>15,468</u>	<u>151,311</u>
NET BOOK VALUE				
At 31 March 2021	<u>98,511</u>	<u>894</u>	<u>2,383</u>	<u>101,788</u>
At 31 March 2020	<u>102,249</u>	<u>2,294</u>	<u>3,177</u>	<u>107,720</u>

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

7. STOCKS

	2021	2020
	£	£
Stocks	1,647	2,250
	<u>1,647</u>	<u>2,250</u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	93	369
VAT	534	437
Prepayments and accrued income	4,533	6,750
	<u>5,160</u>	<u>7,556</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	-	(87)
Other creditors	-	1,190
	<u>-</u>	<u>1,103</u>

10. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	157,524	8,837	166,361
	<u>157,524</u>	<u>8,837</u>	<u>166,361</u>
TOTAL FUNDS	<u>157,524</u>	<u>8,837</u>	<u>166,361</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	87,746	(78,909)	8,837
	<u>87,746</u>	<u>(78,909)</u>	<u>8,837</u>
TOTAL FUNDS	<u>87,746</u>	<u>(78,909)</u>	<u>8,837</u>

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	203,955	(46,431)	157,524
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>203,955</u>	<u>(46,431)</u>	<u>157,524</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	101,740	(148,171)	(46,431)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>101,740</u>	<u>(148,171)</u>	<u>(46,431)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	203,955	(37,594)	166,361
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>203,955</u>	<u>(37,594)</u>	<u>166,361</u>

SAMARITANS OF IPSWICH
AND EAST SUFFOLK

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	189,486	(227,080)	(37,594)
	_____	_____	_____
TOTAL FUNDS	<u>189,486</u>	<u>(227,080)</u>	<u>(37,594)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations, grants and gifts	64,751	15,526
Gift aid	2,866	6,214
	67,617	21,740
Other trading activities		
Fundraising events	1,212	7,568
Shop income	18,516	67,352
"100" Club	644	588
N.O.M.S	(306)	357
	20,066	75,865
Other income		
Other Income	63	4,135
	63	4,135
Total incoming resources	87,746	101,740
EXPENDITURE		
Other trading activities		
Opening stock	2,250	1,390
Wages	12,919	25,143
Other selling costs	38,292	47,704
Closing stock	(1,647)	(2,250)
	51,814	71,987
Charitable activities		
Business rates	691	680
Insurance	1,798	1,697
Water light and heat	2,757	3,907
Emergency telephone	3,088	3,622
Advertising and publicity	524	4,384
Repairs and renewals	5,828	37,611
Cleaning and housekeeping	1,856	1,556
Volunteer travel expenses	470	1,721
Freehold property depreciation	3,364	3,364
Carried forward	20,376	58,542

This page does not form part of the statutory financial statements

**SAMARITANS OF IPSWICH
AND EAST SUFFOLK**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	2021	2020
	£	£
Charitable activities		
Brought forward	20,376	58,542
Fixtures & fittings depreciation	1,400	1,500
Motor vehicle depreciation	794	1,059
	22,570	61,101
Support costs		
Management		
Business rates	77	76
Water light and heat	306	434
Printing postage & stationery	51	347
Sundries	1,853	5,376
Professional fees	959	900
Vehicle expenses	1,241	1,158
Branch affiliation fee	(1,190)	1,145
Repairs and renewals	648	4,179
Cleaning and housekeeping	206	173
Conference expenses	-	921
Freehold property depreciation	374	374
	4,525	15,083
Total resources expended	78,909	148,171
Net income/(expenditure)	8,837	(46,431)

This page does not form part of the statutory financial statements