

**PROSTATE CYMRU**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

# PROSTATE CYMRU

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# PROSTATE CYMRU

## CHAIRMAN'S STATEMENT

### ***FOR THE YEAR ENDED 31 DECEMBER 2022***

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On behalf of the Trustees, I am pleased to present the Trustees Annual Report and Financial Statement for the year ending 31<sup>st</sup> December 2022.

Despite the optimism for 2022, the year began with yet another unexpected set back with the increase of Covid cases, and further precautionary measures introduced at the end of 2021.

Whilst there were initial concerns, we were fortunate that it did not have too much of an impact on our income forecast, and we were very soon back on track, returning to the levels achieved pre-pandemic.

With the reintroduction of favourite events such as The Big Cycle, Big Walk, Big Breakfast, Ambassadors lunch and our Big Celebration awards evening, we were looking forward to business as usual.

Our army of volunteers and fundraisers were out in force, supporting key events as well as organising their own fundraising activities. A special mention must go to our Friendship Groups based in Cardiff, Carmarthen, Ceredigion and Pembrokeshire, who work tirelessly supporting Prostate Cymru, whether that fundraising, volunteering or raising awareness of the charity and its work. We would extend a special welcome to the members of the newly formed Glamorgan Friends, which covers Neath, Port Talbot, Bridgend and the surrounding areas. We very much appreciate all the support and are grateful to them for their continued commitment and enthusiasm.

I would also like to thank the awareness team; Head of Awareness David John and volunteers Ian Norton, Simon Moffett, Brian Harries, Andy Brown and Chris Jones who, having embraced the digital world over the past two years, were delighted to see the return of in person awareness talks and presentations.

We also welcome Ruth Webb, Frank Hart and Seamus Sullivan to the awareness team who recently attended an awareness training day.

Thanks too to our specialist nurse, Gaynor Newton, who is happiest when meeting and chatting to men and their families who have concerns about their prostate health. Gaynor is also available via the nurse hotline every weekday evening.

The hard work and outstanding effort of our staff, led by Chief Executive, Tina Tew must once again be applauded. Staff members Owen Pugsley, Lydia Caunce, Rebecca Havard, Chris Leyshon, Mali Hire and Annabelle Mason remain steadfast in their commitment and passion for the cause.

I am sincerely grateful to fellow trustees, David Brace OBE, Lyn Murray, John Daniels, Phil James MBE, Ian Barwick and James Trafford for their dedication and support during the past year as we recover from what has been a turbulent few years.

It is with great sadness that I must mention the passing of two great supporters of the charity.

In September, we were devastated by the tragic death of Eddie Butler, our much-loved friend and Ambassador. Ed who had supported the charity for many years will be greatly missed by us all. Our thoughts are with Ed's wife, Sue and children, Rebecca, Hannah, Jack, Jacob, Nell and Seth as they come to terms with their huge loss.

Another great stalwart, Tim Driscoll sadly passed away in November. Tim, a popular local artist, had been battling with his prostate cancer diagnosis for several years but continued to stay cheerful and take on many challenges, and notably awarded Fundraiser of the year in 2021.

We send our best wishes to his wife Amanda and children Sean, Katie and Bethan and thank them for their continued support. We wish Sean well as he follows in his dad's footsteps to take part in the Majorca 5-4 3-2-1 bike challenge in 2022.

My final note is to thank all our supporters. Every conversation around prostate health and every pound raised enables us to carry out the vital work we do. We can make a real difference to the lives of men living in Wales and together we can 'Save the Males in Wales'.

# PROSTATE CYMRU

## CHAIRMAN'S STATEMENT

***FOR THE YEAR ENDED 31 DECEMBER 2022***

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**James Andrew Thomas - Chairman**

Dated: .....

# PROSTATE CYMRU

## TRUSTEES' REPORT

### ***FOR THE YEAR ENDED 31 DECEMBER 2022***

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The trustees present their annual report and financial statements for the year ended 31 December 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

In 2022, confidence was being restored, employees were benefitting from a flexible work, home and life balance, the travel and hospitality industries were making a recovery and generally life was becoming more normal.

Prostate Cymru also enjoyed a level of normality with the introduction of key events, without restrictions, return of many roadshows, including The Royal Welsh, and the increase in workplace and community awareness talks.

We continue to monitor our overheads ensuring we keep these, and operational costs to a minimum. However, the rising cost of utility services and general cost of living continues to be of concern.

The report that follows represents the financial performance and activities of the charity during its financial year ended 31<sup>st</sup> December 2022. It will also focus on the strides we have made in achieving our charity objectives, including the continuation of our awareness programme, NHS support and launch of research and education grants.

#### **Objectives and activities**

Prostate Cymru operates as a Charitable Incorporated Organisation (CIO) under the governance of the Charity Commission and have stated the following objects:

- provide support, education, and practical advice.
- advance the education of the general public in all areas relating to prostate problems
- promote and influence effective care, involvement and support for people affected by prostate problems

Prostate Cancer is the most common cancer in men, with over 2,500 being diagnosed every year in Wales. The risk in men of being diagnosed is 1 in 8 and indications are that the risk is increasing.

Our pledge is to increase awareness and understanding of both prostate cancer and prostate disease amongst the Welsh population and provide a source of advice and support. This work continues to be a priority, adapted accordingly to accommodate the individual needs of businesses and communities.

With much of the country's workforce returning, the opportunity to increase live awareness talks was grasped, and a concerted effort to re-engage with businesses and the community began, as did participation in the summer agricultural shows and festivals.

The charity was also able to increase its fundraising activities, resulting in an increase of over 150% compared to 2021.

We maintained a strong position in terms of communication and PR, improving the numbers reached and the encouraging and positive messages received. Our advice line and health assessment form played a valuable role for those with health concerns or undergoing treatment.

The Friendship groups slowly began to return, with meetings, social gatherings and fundraising events plotted throughout the year. A friendship group covering Neath, Bridgend, Port Talbot and the surrounding areas was established late in the year, with the hope that others will follow in the Newport and Swansea areas. A group in North Wales remains a future ambition to support the fundraising activities already taking place and establish a programme of awareness talks.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2022

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We welcome back our existing Friendship Groups and volunteers and thank them for their continued involvement and support.

#### **Main activities**

##### **Fundraising**

As a charity we depend solely on donations, we are therefore eternally grateful to all our supporters who have taken part in our official events or created their own unique activities.

It continues to amaze how creative and resourceful our fundraisers can be, from traditional lunches, concerts and raffles to the more imaginative tractor runs, marathon darts, channel swim, marathon cycle and the more unusual Man v Horse challenge which sees competitors running against riders on horseback.

The response from public fundraising and donations has again exceeded the previous year, with an 85% increase. We are extremely grateful for all donations received, and thankful for pledges of continued support.

It is never easy to predict or guarantee income from this source, our vulnerability has been demonstrated over recent years, and we will continue to be faced with factors outside of our control. It is therefore important we remain publicly active and visible to ensure community support is maintained.

The year ahead looked much brighter, and our calendar of events was confirmed, starting with the Cardiff Half Marathon in March, the replacement for the cancelled 2020 event. A further event was held on the runs' regular weekend in October, making it the highest number of entrants supporting Prostate Cymru in any one year.

The return of The Ray Murray Golf Day in April was a highlight. This popular event was quickly snapped up by our regular golfers as well as our many corporate partnerships. This was hugely successful, resulting in a memorable day for all involved. We are grateful to the Murray family for their support and attendance on the day, and congratulations to this year's winners, law firm, Blake Morgan.

The Ambassadors lunch has been a victim of those 'external factors' on too many occasions, and this year was no exception. Having fallen foul to severe weather warnings in 2019, Covid in 2020 and 2021, we looked doomed in 2022 as storm Eunice took hold. We were not deterred and were delighted to be entertained by our Ambassadors Lyn Jones, Adam Jones and Ryan Jones on the re-arranged date in May. Little did we know, this would be the last Ambassadors lunch the great Eddie Butler would attend.

With summer approaching we launched a new golf initiative, Dawn til Dusk, with the aim of challenging golfers to 4 rounds in one day. The challenge was a step too far for some, or logistically difficult, but not to be beaten many clubs adapted the concept and dedicated days were held in support of the charity.

Golf has certainly become a key activity in our calendar, and we would like to thank Pyle and Kenfig, Maesteg, Royal Porthcawl, Llantrisant, Carmarthenshire, Ashburnham and Machynys clubs for hosting a golf day in 2022, raising vital awareness and funds.

The Big Walk was launched in July calling our regular walkers to once again walk the miles in support of Prostate Cymru. This year, celebrity walks across Wales, in conjunction with our Friendship groups, were held to bring the communities together for a common cause.

We are grateful to all our celebrity walkers and ambassadors who backed the campaign and also to our corporate supporters who organised their own walks.

The social media interaction was not only a major contributory factor to the fundraising efforts but made a huge difference in raising awareness of the facts and risks of prostate cancer.

The annual Big Cycle had been a casualty of the pandemic, so cyclists were keen to enjoy the social occasion and personal challenge of this gruelling course. Although entrants were not as high as in previous years, it was good to see this event firmly back on the calendar.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

### *FOR THE YEAR ENDED 31 DECEMBER 2022*

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Our postponed trek to Machu Picchu was also back on the agenda and scheduled for September, with 27 keen trekkers signed up for the adventure.

The trip started with huge excitement. After spending 2 days in Peru's historic city, Cusco, exploring the hidden gems that the city had to offer, or some of the more adventurous members of the group enjoying the thrill of white-water rafting, we were acclimatised and ready to start the journey.

The Group enjoyed the camaraderie of spending many hours together, taking in the scenery, enjoying the chat and generally getting to know each other. Everyone quickly became firm friends.

Sadly, the tragic death of our much-loved friend, and Ambassador, Eddie Butler, during the trek was to have a profound and lasting impact on the group, rallying around to support Ed's daughter Nell, as the tragic news was shared with his wife Sue.

It was a difficult time for everyone but with the encouragement and bravery of his daughter Nell, and son Jack, who flew out to support his sister, we were able to continue and complete the journey. A fitting and memorable tribute to our friend, and their dad, Eddie Butler.

As a mark of respect, The Award Ceremony was postponed for a new date in 2023.

The Big Breakfast, throughout the month, was embraced by all Friendship Groups, with many breakfasts hosted in each county. Our thanks to Pembrokeshire College, St David's Old Farmhouse Brewery, Aberystwyth Rugby Club, Neath Cricket Club, Neath Golf Club, Sketty Primary School, Masonic Hall Pembrokeshire, Caddie's Cafe, Haverfordwest, The Wolfe Inn, Haverfordwest, Caffi Lolfa, Bury Port, Duke of Wellington, Cowbridge, The Plough and Harrow, Ogmere, Siop Ffab, Llandysul and also our corporate supporters RPS, Gravells Kidwelly, Ffos Las, Gwent Police, Shufflebottom and the Cardiff Devils, who between them raised over £30,000.

The concerted effort of everyone involved in the charity should be commended as we extend our thanks and appreciation to the staff of Prostate Cymru, Friendship Groups and the many individuals, voluntary associations, businesses and social organisations who have dedicated their time, energy and resource in support of Prostate Cymru.

#### **Awareness**

At the start of 2022, the charity was geared up and ready to, once again, visit businesses and community led organisations to raise awareness, and encourage men to share their prostate health experiences. Uptake was slow and cautious with many employees preferring to continue to work from home, therefore the opportunity for group presentations was limited.

We are optimistic that demand for these interactive sessions will grow, and are grateful to presenters, David John, Andy Brown, Brian Harries, Chris Jones, Simon Moffett and Ian Norton who ensure that the programme is delivered to a high and informative standard. We would like to thank them for giving up their time and, in some cases, sharing their personal experiences. The interactive sessions also provide a means to relay feedback from those attending the seminars, thereby regularly updating the presentation to address the concerns and questions raised and ensuring a consistent message.

Social media continued to play a vital role in sharing awareness messages, promoting the nurse hotline and successfully encouraging 12,000 visitors to complete the health assessment form each month.

The partnership with Cardiff Devils for the 2022/23 season was a major contributory factor in driving traffic to our social media channels. The audience of predominantly males is a particularly poignant partnership as we continually strive to reach new audiences to raise awareness and educate men in Wales on the dangers of prostate cancer.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

### *FOR THE YEAR ENDED 31 DECEMBER 2022*

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As a consequence of the pandemic, it has been more difficult for men to approach their GPs, with longwinded appointment systems creating potential barriers. That, coupled with the general reluctance of men to discuss health issues, led to thousands missing out on potentially life-saving conversations.

The findings are extremely concerning, that's why the work we do generating awareness and highlighting the risks of prostate cancer is more important than ever. Early diagnosis saves lives, a fact that cannot be emphasised enough.

This year also saw the revival of the Prostate Cymru summer roadshow, which took in festivals and agricultural shows across Wales, including the Royal Welsh, Pembrokeshire, Bridgend, Aberystwyth, and Usk. This boosted the level of engagement in the community, which meant that our awareness message reached as many as 20,000 men and women.

We were delighted to welcome rugby legends, Lyn Jones, Phil Davies and Adam Jones to our impressive list of Ambassadors and thank them for their support. We are also grateful to ice hockey professionals, Brodie Reid and Josh Brittain who, for their own personal reasons, were happy to be the nominated Ambassadors as part of our partnership with the Cardiff Devils.

#### **Achievements and performance**

The financial review shows the breakdown of the 2022 income and expenditure, with a comparison of 2021, including notes in relation to the Charity's incorporation.

After two years of disruption and uncertainty, we have turned a corner. Fundraising income returning to a pre-covid level, and the awareness programme resumed.

It was pleasing to see the total revenue generated in 2022 more than double over the previous year. The increase in the number of centrally organised events led to an increase in event revenue of 150%, which is something to be proud of.

We applaud and acknowledge the hard work and creativity of the staff whose enthusiasm and commitment has not wavered.

It is never easy to predict or guarantee income, the past 2 years has highlighted our exposure when faced with factors outside of our control.

We are fortunate to have the commitment of our friendship groups who contribute a significant amount to the annual income. We would not have achieved such a quick return to our revenue levels without their support. They are without doubt the most committed and highly motivated group of individuals you could wish for; we cannot praise them enough.

We are proud to be a national charity, with a presence throughout Wales. The charity has grown significantly since 2003 and it is very important we remain publicly active and visible to ensure community support is maintained.

On this note, we are delighted to report that donations have also grown, increasing by 85%. We are, of course, extremely grateful for all donations received, and thankful for pledges of continued support.

It is important we adapt to the changing needs of the NHS in support of future cancer treatments and remain open to dialogue with the urology departments across Wales.

Whilst the waiting lists for treatment are at a more manageable level, the evidence is that patients are presenting much later, therefore at a far more advanced stage.

For this reason, it is more important than ever that awareness remains a key focus of the work we do. Early diagnosis is essential to achieve the most positive outcome, making our programme of awareness a priority.



# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2022

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It is one of the most effective parts of the charity's work and makes a real difference to the lives of men in Wales.

Face to Face workplace talks slowly returned, offering a more favourable setting to encourage questions and general discussion. Our efforts to boost the number of presentations remains a priority as we expand our corporate partnerships and general awareness campaigns.

The Prostate Cymru Awareness Toolkit is widely available and includes a pre-recorded video presentation, available in English and Welsh, online symptoms checker, a short, animated video promoting risks and early warning signs and downloadable promotional material suitable for companies and individuals to share via social media.

Supporting the education and development of medical professionals is also an integral part of the charity's plans. The travelling fellowship fund, created in 2016 and named in memory of Ray Murray, the founder of Prostate Cymru, and Ray Williams OBE, the founding Chairman of the Pembrokeshire Friends of Prostate Cymru, is available each year.

In addition to the funds reserved for medical students, an additional educational fund is in place to inspire nurses, trainees and young consultants to develop skills and encourage innovation.

The first Welsh Urology Conference for 2 years was held in April and we were delighted to see so many nurses in attendance, including our own specialist nurse, Gaynor Newton. The partnership with the Welsh Urology departments and this event, in particular, enables us to promote the charity to the relevant personnel across Wales to our mutual benefit.

Our partnership with Cardiff University has expanded to include a Prostate Cymru Scholarship scheme. We are supporting the university in their effort to find progressive new ways of tackling prostate cancer, to channel resources into supporting the aspirations of their most forward-thinking early clinical researchers.

The new scholarship scheme will support three prostate cancer research projects undertaken by medical students during their intercalated degree year. Intercalated degrees provide medical students with a unique opportunity to investigate a particular area of medicine in much deeper detail than their medical degree otherwise allows.

The programme will run from September 2022 to May 2023 and will contribute to a third of the overall intercalated degree mark.

We hope that this scholarship programme will enthuse and empower the next generation of prostate cancer clinical researchers.

One-off research and innovation grants of up to £10,000 are also available and can be used to fund small projects or act as a 'pump priming' grant to stimulate larger projects.

#### Financial review

During the year the charity's incoming resources amounted to £544,950 (2021: £251,716) and resources expended amounted to £399,055 (2021: £289,517) resulting in a surplus for the period of £145,895 (2021: deficit of £37,801) of which a surplus of £131,895 (2021: deficit of £37,801) related to unrestricted funds.

The charity became a charitable incorporated organisation (CIO) on 9 August 2016 and the net assets from the unincorporated charity were transferred to the new entity on 1 January 2017. The net assets transferred totalled £490,057. This money has been accumulated during the period 29 March 2004 to 9 August 2016, being the period that the unincorporated charity commenced its activities until its incorporation.

As an independent charity with no central or government funding we are completely self-financed, relying on our staff-led fundraising events, friendship groups, volunteers and the generosity of public donations.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2022

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You will see from previous elements of this report we have enjoyed a financially rewarding year. Income has more than doubled. The increase of almost 150% from the centrally organised events meant it was inevitable that the costs associated with such events would also increase. Donation and gifts were at a very generous £244,000, an increase of almost 85%. A vital and much appreciated source of income.

The higher operating costs reflected the general cost of living increases and hike in utility services. We continue to operate as efficiently as possible and regularly monitor overheads, applying savings wherever possible without having a detrimental impact on our services and operation.

The report shows a sum of £180,000 designated to NHS projects and yet to be claimed by the relevant health board, in some cases the grants agreed prior to the pandemic. For this reason, an audit of all designated funds is underway to establish the status and viability of each case. If it is established that the projects are no longer viable, or not within a reasonable timeframe, the funds will be redirected to more immediate projects.

We continue dialogue with the Urology Departments within the Welsh NHS and will be receptive to any new projects which meet the criteria to achieve our objectives.

In overall terms, the financial position is favourable.

#### **Risk management**

The revival in 2022 is very welcome, however, it is important that we learn from events faced over the past two years.

We survived some very difficult times, rose to the challenge and adapted accordingly. The decision to operate throughout the pandemic, albeit remotely and at a reduced level, meant we were able to remain in the public eye, offer support and advice to concerned men and their families and continue to highlight the risks of prostate cancer.

We are well equipped to manage any future disruption to our working practices and the services we provide.

The biggest threat will always be the way in which we raise funds. The lack of guaranteed funding and the reliance to self-finance are risks highlighted and managed each year as we continue to rely on the efforts and goodwill of our many stakeholders.

We acknowledge there is much competition within the charity sector; it is therefore imperative we increase the level of public support, whether that's taking care of our existing support base, enrolling new donors, developing business links or creating innovative challenges and events to attract fresh support.

We are fortunate to have a variety of Ambassadors who passionately support the charity, using their influence through their vast social media presence to help us reach new audiences. We are extremely grateful to them and encouraged by their commitment to support future activities.

Our plan is to continue the expansion of Friendship Groups and corporate supporters. Both these groups are key to maintaining the level of income and to encourage support via their workforce or immediate community. The earlier report highlighted the new group in the Neath, Bridgend and Port Talbot areas. Discussions are at the early stage to establish a group in Monmouthshire, as well as resurrecting conversations with supporters in the Swansea area.

All expenditure continues to be scrutinised to determine its current relevance and contribution to achieving our key objectives, including those allocated in designated funds.

Over the coming months our objectives will be closely examined and reassessed to ensure that the commitments made are realistic, relevant and achievable. It is important that we are able to positively react to the changing needs of the NHS in support of cancer treatment and research.

The financial obligations have been taken into consideration within the reserves policy below.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

### *FOR THE YEAR ENDED 31 DECEMBER 2022*

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#### **Looking ahead to 2023**

This is an important year for the charity as we celebrate our 20<sup>th</sup> anniversary. It will be a fitting tribute to the charity's founder, the late Ray Murray, whose steadfast determination and positive attitude laid the foundations for us to become what we are today, the leading prostate health charity in Wales.

To commemorate this milestone Prostate Cymru plan to team up with acclaimed Welsh artist Nathan Wyburn to produce a bespoke piece of artwork, which will be an acknowledgement of the past 20 years.

The piece will be a celebration of those who have battled prostate cancer, those working on the frontline to improve services for men in Wales, and the charity's fundraising over the past 20 years.

So much has been achieved over the past two decades. We are committed to ensuring the work will continue as we strive to make a difference to the health and well-being of the men in Wales.

Men are notoriously poor at discussing health matters, which is evident in the fact that 1 in 5 of those diagnosed, since the pandemic, have left it too late, and the cancer is at a far more advanced stage. We are striving to change this and must find more avenues to raise awareness and encourage those potentially life-saving conversations. An early diagnosis saves lives. Caught in its early stages, prostate cancer can be cured.

For this reason, it is more important than ever that awareness remains a key focus. It is one of the most effective parts of the charity's work and makes a real difference to the lives of men in Wales.

The face-to-face presentations and talks are an impactful element of the awareness programme, offering a favourable setting to encourage questions and general discussion. Our trained team of volunteers share their personal experience to deliver the powerful message to highlight the risk of prostate cancer.

We plan to increase our engagement with businesses and social organisations enabling us to reach across Wales, particularly areas of high risk, for example black and ethnic communities, deprived areas and rural locations.

To further enhance the awareness programme, we are delighted to announce the delivery of a new bespoke vehicle in the summer of 2023. The mobile unit, funded by the South Wales Freemasons, will play a major role in expanding the work we do in the community and introduce a structured outreach programme. It will be manned by a team of professionals and offer a wider range of services, including counselling, medical support and ancillary advice.

There is no screening programme for prostate cancer. The only indicator is the level of prostate specific antigen (PSA) present, which is a protein produced by both normal and cancerous prostate cells. It's normal for all men to have some PSA in their blood, however a high level of PSA can be a sign of cancer.

The accessibility of PSA tests differs dramatically across the country, depending on the views of individual GPs and, in some cases, varying within the same practice. There is no clear guidance regarding PSA tests but it's the only test currently available.

We have no immediate plan to offer a PSA test facility as part of our programme, however, will be exploring opportunities to work with third parties to introduce such a service.

We remain optimistic that our plan to host consultation and testing days will be delivered as part of a pilot scheme in 2023. The proposal is to work within an established framework, targeting high risk men.

Supporting the education and development of medical professionals is also an integral part of the charity's plans. Funds have been set aside to support medical students, nurses, trainee and young consultants to develop skills and encourage innovation.

Dialogue with the urology departments across Wales will continue, including the promotion of Prostate Cymru's research and innovation fund. The one-off grants of up to £10,000 can be used to fund small projects or act as a 'pump priming' grant to stimulate larger projects.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

### *FOR THE YEAR ENDED 31 DECEMBER 2022*

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We are delighted to continue our support of the Welsh Urological Conference, via a heavily subsidised fee for nurses wishing to attend. This has proved hugely popular and successful, with record number of nurses in attendance and contributing to the content of the conference.

The current lease on the office accommodation at 12 Drake Walk, Cardiff, expires in March 2024. A full assessment of the charity's operational needs will be carried out and all options fully explored to determine the way forward.

#### **Plans for future periods**

All activities over the next five years are aligned to achieving the charity's key objectives; raising awareness, education of medical students and professionals, and supporting the NHS by facilitating the introduction of new initiatives and procedures.

The order in which these are prioritised will be constantly reviewed.

Our ambition to have representation in each health region in Wales remains the focus for the coming years. Progress continues with groups established in Ceredigion, Pembrokeshire, Cardiff & Vale, Carmarthenshire and more recently the Neath, Bridgend and Port Talbot area.

The drive to add more groups in Newport and Swansea remains, as does the desire to expand into North Wales. This will allow us to capitalise on their local knowledge, experience and influence to increase awareness of prostate disease and promote the charity's presence via their community networks.

We continue to improve communication channels with frequent improvements to the website and increased activity via social media, including the production of new advertising campaigns and promotional videos to support key awareness messages.

The charity is particularly proud of its work with medical professionals to support new initiatives in terms of treatment of both prostate cancer and benign prostate disease. Funds have been set aside specifically for this purpose and all Health Boards are invited to submit applications for support.

The success of our fundraising is fundamental in shaping our future and achieving these objectives; therefore, we will constantly explore new ways to increase revenue streams, drawing on all available resource.

We have demonstrated a strong leadership and will continually adapt to challenges as they arise.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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### **Structure, governance and management**

#### **Governing document**

The charity's governing document is that of a CIO foundation that was registered on 9th August 2016.

The charity is charitable incorporated organisation registered with the Charity Commission.

#### **Recruitment and appointment of trustees**

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The Trustees seek to ensure that the needs of the Charity are appropriately reflected through the diversity of its board.

#### **Organisational structure**

The Charity is administered by the Board of Trustees, which meets on a quarterly basis. The day to day operations of the Charity are delegated to the Chief Executive and administration team.

#### **Trustee induction and training**

New trustees will receive an induction pack, a handbook with a copy of the governing document and all the policies and procedures adopted by the board. The Trustees are also encouraged to attend suitable training seminars conducted by the Charity's accountants and legal advisors from time to time.

#### **Pay policy for key management personnel**

The trustees and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. All trustees give of their time freely and no trustee received remuneration in the year. Details of trustees' expenses, key management personnel and related party transactions are disclosed in the notes to the accounts. The salary for the key management personnel is determined by benchmarking the rates against the current market.

#### **Related parties**

The Pembrokeshire and Carmarthenshire Friends are wholly affiliated to Prostate Cymru in support of achieving its objects.

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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### Reference and administrative details

**Charity name** Prostate Cymru

**Charity registration number** 1168682

**Principal office** 12 Drake Walk  
Waterfront 2000  
Cardiff  
CF10 4AN

**Trustees** Dr James Andrew Thomas  
Mrs Marion Lyn Murray  
Mr David Brace OBE  
Mr John Daniels  
Mr Phil James MBE  
Mr James Trafford  
Dr Ian Barwick

**Chief Executive Officer** Tina Tew

**Bankers** HSBC  
61 High Street  
Cowbridge  
Vale of Glamorgan  
CF71 7YJ

**Independent examiner** Claire Thompson FCCA DChA  
Azets Audit Services  
Chartered Accountants & Statutory Auditors  
Ty Derw, Lime Tree Court  
Cardiff Gate Business Park  
Cardiff  
CF23 8AB

**Legal advisors** Geldards LLP  
4 Capital Quarter  
Tyndall Street  
Cardiff CF10 4BZ

# PROSTATE CYMRU

## TRUSTEES' REPORT (CONTINUED)

***FOR THE YEAR ENDED 31 DECEMBER 2022***

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The trustees' report was approved by the Board of Trustees.

.....

**Phil James MBE - Trustee**

Dated: .....

# **PROSTATE CYMRU**

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

### ***FOR THE YEAR ENDED 31 DECEMBER 2022***

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The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.



# PROSTATE CYMRU

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PROSTATE CYMRU

---

I report to the trustees on my examination of the financial statements of Prostate Cymru (the charity) for the year ended 31 December 2022.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Chartered Certified Accountants, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Claire Thompson FCCA DChA**

**Azets Audit Services**

Ty Derw, Lime Tree Court  
Cardiff Gate Business Park  
Cardiff  
CF23 8AB  
United Kingdom

Dated: .....

# PROSTATE CYMRU

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 DECEMBER 2022**

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes						
<b>Income from:</b>							
Donations and legacies	3	247,486	20,000	267,486	132,320	-	132,320
Charitable activities	4	-	-	-	1,000	10,914	11,914
Other trading activities	5	276,770	-	276,770	107,448	-	107,448
Investments	6	694	-	694	34	-	34
<b>Total income</b>		<b>524,950</b>	<b>20,000</b>	<b>544,950</b>	<b>240,802</b>	<b>10,914</b>	<b>251,716</b>
<b>Expenditure on:</b>							
Raising funds	7	153,458	-	153,458	63,614	-	63,614
Charitable activities	8	245,597	-	245,597	214,989	10,914	225,903
<b>Total expenditure</b>		<b>399,055</b>	<b>-</b>	<b>399,055</b>	<b>278,603</b>	<b>10,914</b>	<b>289,517</b>
<b>Net incoming/(outgoing) resources before transfers</b>		<b>125,895</b>	<b>20,000</b>	<b>145,895</b>	<b>(37,801)</b>	<b>-</b>	<b>(37,801)</b>
Gross transfers between funds		6,000	(6,000)	-	-	-	-
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>131,895</b>	<b>14,000</b>	<b>145,895</b>	<b>(37,801)</b>	<b>-</b>	<b>(37,801)</b>
Fund balances at 1 January 2022		731,136	12,040	743,176	768,937	12,040	780,977
<b>Fund balances at 31 December 2022</b>		<b>863,031</b>	<b>26,040</b>	<b>889,071</b>	<b>731,136</b>	<b>12,040</b>	<b>743,176</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# PROSTATE CYMRU

## BALANCE SHEET

AS AT 31 DECEMBER 2022

		2022		2021	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Intangible assets	12		8,500		14,500
Tangible assets	13		4,924		2,428
			<u>13,424</u>		<u>16,928</u>
<b>Current assets</b>					
Debtors	14	32,051		7,421	
Cash at bank and in hand		863,995		728,646	
		<u>896,046</u>		<u>736,067</u>	
<b>Creditors: amounts falling due within one year</b>	15	(20,399)		(9,819)	
Net current assets			<u>875,647</u>		<u>726,248</u>
<b>Total assets less current liabilities</b>			<u>889,071</u>		<u>743,176</u>
<b>Income funds</b>					
Restricted funds	17		26,040		12,040
<u>Unrestricted funds</u>					
Designated funds	18	255,192		281,716	
General unrestricted funds		<u>607,839</u>		<u>449,420</u>	
			<u>863,031</u>		<u>731,136</u>
			<u>889,071</u>		<u>743,176</u>

The accounts were approved by the Trustees on .....

.....  
**James Andrew Thomas**  
Chairman

.....  
**Phil James MBE**  
Trustee

# PROSTATE CYMRU

## STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	2022 £	£	2021 £	£
<b>Cash flows from operating activities</b>					
Cash generated from/(absorbed by) operations			138,617		(27,993)
<b>Investing activities</b>					
Purchase of tangible fixed assets		(3,962)		(504)	
Investment income received		694		34	
<b>Net cash used in investing activities</b>			(3,268)		(470)
<b>Net cash used in financing activities</b>			-		-
<b>Net increase/(decrease) in cash and cash equivalents</b>			135,349		(28,463)
Cash and cash equivalents at beginning of year			728,646		757,109
<b>Cash and cash equivalents at end of year</b>			863,995		728,646

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

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### 1 Accounting policies

#### Charity information

Prostate Cymru is a charitable incorporated organisation. The principal office is 12 Drake Walk, Waterfront 2000, Cardiff, CF10 4AN.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for smaller charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

---

### 1 Accounting policies

(Continued)

Event and fundraising income is credited to the Statement of Financial Activities in the period to which the event is due to take place.

Grants are only included in the SoFA when the general income recognition criteria are met.

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services, as entitlement to the grant only occurs when the performance related conditions are met. Grants receivable are treated in different ways dependent upon their purposes and the terms of the grant.

Grants receivable for specific purposes are also treated as restricted funds so that any unused funds can be separately identified.

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

### 1.5 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Costs of raising funds comprise the costs in relation to generating income such as fundraising activities.

Expenditure on charitable activities includes all costs relating to the furtherance of the charity's objectives as stated in the trustees report and their associated support costs.

Support costs have been allocated between governance costs and other support. Support costs included central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

### 1.6 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Software	20% straight line
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# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

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### 1 Accounting policies

(Continued)

#### 1.7 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% straight line
Computers	33% straight line

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Derecognition of financial assets**

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 1 Accounting policies

(Continued)

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds
	2022 £	2022 £	2022 £	2021 £
Donations and gifts	243,886	20,000	263,886	128,720
Donated goods and services	3,600	-	3,600	3,600
	<u>247,486</u>	<u>20,000</u>	<u>267,486</u>	<u>132,320</u>

Gifts in kind in the current and prior year relate to a lease of a van.



# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 4 Charitable activities

	2022 £	2021 £
	2022 £	2021 £
Grants	-	11,914
Analysis by fund		
Unrestricted funds	-	1,000
Restricted funds	-	10,914
Groundwork UK	-	1,000
Job Retention Scheme	-	10,914
	-	11,914

### 5 Other trading activities

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Events	276,770	107,448

### 6 Investments

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Interest receivable	694	34

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 7 Raising funds

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Professional and consultancy fees	13,120	12,619
Event and fundraising costs	108,578	24,628
Staff costs	31,760	26,367
	<u>153,458</u>	<u>63,614</u>

### 8 Charitable activities

	2022	2021
	£	£
Staff costs	61,900	54,774
Depreciation and impairment	7,466	8,434
Research, innovation and training	6,000	26,773
Website costs	10,658	6,921
Rent and rates	21,646	21,140
Professional, consultancy and invoiced fees	21,867	21,030
Insurance	1,885	2,278
Travel and subsistence	1,811	2
Printing, postage and stationery	578	782
Marketing campaigns and promotional activities	47,406	31,891
Awareness support	19,025	9,110
	<u>200,242</u>	<u>183,135</u>

Share of support costs (see note 9)	42,805	40,120
Share of governance costs (see note 9)	2,550	2,648
	<u>245,597</u>	<u>225,903</u>

#### Analysis by fund

Unrestricted funds	<u>245,597</u>
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#### For the year ended 31 December 2021

Unrestricted funds	214,989
Restricted funds	<u>10,914</u>
	<u>225,903</u>

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 9 Support costs

	Support costs	Governance costs	2022	2021	Basis of allocation
	£	£	£	£	
Staff costs	1,588	-	1,588	-	Direct
Rent and rates	2,405	-	2,405	2,349	Direct
Professional and consultancy fees	32,743	-	32,743	30,435	Direct
Insurance	209	-	209	253	Direct
Printing, postage and stationery	64	-	64	87	Direct
Equipment	2,340	-	2,340	2,487	Direct
Sundry expenses	3,456	-	3,456	4,509	Direct
Independent examination fees	-	2,550	2,550	2,648	Governance
	<u>42,805</u>	<u>2,550</u>	<u>45,355</u>	<u>42,768</u>	
Analysed between					
Charitable activities	<u>42,805</u>	<u>2,550</u>	<u>45,355</u>	<u>42,768</u>	

### 10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

The charity's President is a director of Dunraven Windows. The company provided a leased van free of charge to the charity for the current and prior year. The lease value has been recognised in the financial statements.

No trustees were reimbursed for expenses (2021: no trustees were reimbursed for expenses).

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 11 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	5	5
<b>Employment costs</b>	<b>2022</b>	<b>2021</b>
	£	£
Wages and salaries	90,597	77,368
Social security costs	2,846	2,212
Other pension costs	1,805	1,561
	95,248	81,141

#### Employees earning > £60k

No employee earned more than £60,000 during the current or prior period.

#### Key management personnel

The gross benefits received by key management personnel totalled £43,735 (2021: £42,064).

### 12 Intangible fixed assets

	Software £
<b>Cost</b>	
At 1 January 2022 and 31 December 2022	30,000
<b>Amortisation and impairment</b>	
At 1 January 2022	15,500
Amortisation charged for the year	6,000
At 31 December 2022	21,500
<b>Carrying amount</b>	
At 31 December 2022	8,500
At 31 December 2021	14,500

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 13 Tangible fixed assets

	Fixtures and fittings	Computers	Total
	£	£	£
<b>Cost</b>			
At 1 January 2022	4,140	7,194	11,334
Additions	-	3,962	3,962
	<u>4,140</u>	<u>11,156</u>	<u>15,296</u>
At 31 December 2022	4,140	11,156	15,296
<b>Depreciation and impairment</b>			
At 1 January 2022	1,902	7,004	8,906
Depreciation charged in the year	828	638	1,466
	<u>2,730</u>	<u>7,642</u>	<u>10,372</u>
At 31 December 2022	2,730	7,642	10,372
<b>Carrying amount</b>			
At 31 December 2022	<u>1,410</u>	<u>3,514</u>	<u>4,924</u>
At 31 December 2021	<u>2,238</u>	<u>190</u>	<u>2,428</u>

### 14 Debtors

	2022	2021
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	395	780
Other debtors	25,588	1,835
Prepayments and accrued income	6,068	4,806
	<u>32,051</u>	<u>7,421</u>

### 15 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	2,193	1,344
Trade creditors	5,363	5,226
Other creditors	10,295	701
Accruals and deferred income	2,548	2,548
	<u>20,399</u>	<u>9,819</u>

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 16 Retirement benefit schemes

#### Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £1,805 (2021 - £1,561).

Amounts outstanding at the year end totalled £275 (2021: £325).

### 17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 January 2021	Incoming resources	Resources expended	Balance at 1 January 2022	Incoming resources	Transfers	Balance at 31 December 2022
	£	£	£	£	£	£	£
Welsh student bursaries	12,040	-	-	12,040	-	(6,000)	6,040
Coronavirus Job Retention Scheme	-	10,914	(10,914)	-	-	-	-
Masons	-	-	-	-	20,000	-	20,000
	<u>12,040</u>	<u>10,914</u>	<u>(10,914)</u>	<u>12,040</u>	<u>20,000</u>	<u>(6,000)</u>	<u>26,040</u>

#### Welsh student bursaries

Donations received from Carten to help fund medical students specialising in urology fund their elective studies. An elective is a placement in which the student chooses the content and setting of their studies. The transfer is relating to bursaries paid during the year.

#### Coronavirus Job Retention Scheme

Claims made to fund salary costs during the pandemic.

#### Masons

Donation received for a new vehicle which will be purchased in 2023.

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2022

#### 18 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds				Movement in funds			
	Balance at 1 January 2021	Incoming resources	Resources expended	Transfers 1 January 2022	Balance at 1 January 2022	Incoming resources	Resources expended	Transfers 31 December 2022
	£	£	£	£	£	£	£	£
Research and innovation grants	26,763	10,000	(9,450)	-	27,313	-	-	27,313
Support of NHS training, services and equipment	207,000	16,500	(15,025)	-	208,475	8,000	(35,520)	180,955
Welsh student bursaries	21,000	10,000	(2,000)	-	29,000	4,500	(6,000)	33,500
Fixed assets	24,858	-	(8,434)	504	16,928	-	(7,466)	13,424
	279,621	36,500	(34,909)	504	281,716	12,500	(48,986)	255,192

#### Research and innovation grants

This fund has been designated to provide successful applicants with a grant to enable them to undertake research and to provide successful applicants with innovation bursaries.

#### Support of NHS training, services and equipment

This fund has been designated to work closely with the Welsh Urological Society in Wales and the Urology Departments at Welsh NHS Hospitals to support training, services and equipment, for example Green Light Laser and training of surgeons on the Da Vinci robot.

#### Welsh student bursaries

This fund has been designated to help medical students specialising in urology fund their elective studies. An elective is a placement in which the student chooses the content and setting of their studies. The transfer is relating to bursaries paid during the year.

#### Fixed assets

The fund represents the functional tangible and intangible fixed assets used to further the charity's aims.

# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

19	Analysis of net assets between funds	Unrestricted funds 2022	Designated funds 2022	Restricted funds 2022	Total 2022	Unrestricted funds 2021	Designated funds 2021	Restricted funds 2021	Total 2021
	Fund balances at 31 December 2022 are represented by:	£	£	£	£	£	£	£	£
	Intangible fixed assets	-	8,500	-	8,500	-	14,500	-	14,500
	Tangible assets	-	4,924	-	4,924	-	2,428	-	2,428
	Current assets/(liabilities)	607,839	241,768	26,040	875,647	449,420	264,788	12,040	726,248
		607,839	255,192	26,040	889,071	449,420	281,716	12,040	743,176



# PROSTATE CYMRU

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

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### 20 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

### 21 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	16,092	16,092
Between two and five years	-	16,092
	<hr/>	<hr/>
	16,092	32,184
	<hr/>	<hr/>