

# INDEPENDENT-ME

England & Wales · Charity number 1168680

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-08-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Office 8  
2 West Road  
Lancaster  
LA1 5PG

**Phone** 01524700015

**Email** [contactus@independent-me.org.uk](mailto:contactus@independent-me.org.uk)

## Activities

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**Objects:** THE PROMOTION OF SOCIAL INCLUSION AMONG DISABLED PEOPLE IN LANCASTER AND MORECAMBE AND THE SURROUNDING AREA, WHO ARE SOCIALLY EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF BEING DISABLED, IN PARTICULAR BUT NOT EXCLUSIVELY BY:- ESTABLISHING USER LED FORUMS AND NETWORKS THAT WILL ENABLE PARTICIPATION BY DISABLED PEOPLE IN LOCAL COMMUNITIES;- WORKING WITH LOCAL SERVICE PROVIDERS TO RAISE AWARENESS OF EQUALITY ISSUES AND TO ADAPT THEIR SERVICES TO MEET THE NEEDS OF DISABLED PEOPLE;- PROVIDING TRAINING TO DISABLED PEOPLE WHICH WILL ENABLE THEM TO GAIN CONFIDENCE AND PARTICIPATE IN THE COMMUNITY;- PROVIDING INFORMATION AND ADVICE.

**Activities:** Advice, guidance and support to disabled citizens and carers in Welfare Benefit claims and appeal, advice and support in accessing social care, financial management

## Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- Cumbria
- Lancashire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	-	-	-	-
2023-03-31	-	-	-	-
2022-03-31	£150	£150	-	-
2021-03-31	£3,000	£3,000	-	-
2020-03-31	£7,500	£7,500	-	-
2019-03-31	£1,700	£1,690	-	-
2018-03-31	£14,000	£14,000	-	-

## Trustees

Name	Role	Appointed
GRAEME ELLIS	Chair	2016-04-06

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# Accounts

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## Independent me Annual Report 2020– 2021

The charity has continued to provide its services to 3852 clients in this financial year due to an increase in enquiries due to covid. No income was earned due to Covid. The charity gave up its offices at the outbreak.

Out income was £97 donated by Trustees and expenditure volunteer expenses £97

Independent-me account 2020 to 2021

	income	Out	
Bank Bal	350		
Vol Travel		97	
incone	97		
	447	97	350