



CYFRIFWYR SIARTREDIG  
CHARTERED ACCOUNTANTS

Charity registration number: 1168620

## Tregaron Family Centre

Annual Report and Financial Statements

for the Year Ended 31 March 2025

## **Tregaron Family Centre**

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## **Tregaron Family Centre**

### **Reference and Administrative Details**

#### **Trustees**

Mrs Catherine Hughes  
Mrs Ann Jones  
Mrs Margaret Jones  
Mrs Esyllt Evans  
Mrs Margaret Rees

#### **Principal Office**

Tregaron Memorial Hall  
Tregaron Square  
Tregaron  
Ceredigion  
SY25 6JL

#### **Charity Registration Number**

1168620

#### **Bankers**

Barclays Bank  
Leicester  
LE87 2BB

#### **Independent Examiner**

PJE, Accountants & Advisors  
23 College Street  
Lampeter  
Ceredigion  
SA48 7DY

## **Tregaron Family Centre**

### **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

#### **Structure, Governance and Management**

Tregaron Family Centre is a charity governed by a constitution as adopted in 2013 and amended in 2016. It is registered as a charity with the Charity Commission.

The aims and objectives of the charity are, in Tregaron and surrounding districts:

- A) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- B) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

#### **Appointment of Trustees**

Trustees are appointed as set out in the constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee.

Nomination forms are completed and applicants are voted onto the Committee as appropriate. committee members can also be co-opted when appropriate.

#### **Organisation Structure**

Trustees - Plant Dewi - Coordinator - Staff and volunteers

Trustees are consulted on aspects of accounting, policies and procedures and involved in the decision-making regarding the running of the charity. The Co-ordinator is responsible for keeping order of files, office work and over-seeing all other day-to-day activities at the centre.

#### **Related Parties**

Plant Dewi are appointed by the Family Centre Management Committee to manage the Co-ordinator and the day to day running of the Family Centre.

#### **Risk Management**

Tregaron Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults. Financial risks have been reviewed and procedures put in place accordingly. The trustees have established a reserves policy to be held in line with the identified risks.

**Tregaron Family Centre**  
**Trustees' Report (continued)**

**OBJECTIVES AND ACTIVITIES**

The aims and objectives of the charity are, in Tregaron and surrounding districts:

- A) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- B) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:

- Have a flying start in life
- Have a range of education and learning opportunities
- Enjoy the best possible health, free from abuse
- Have access to play, leisure and cultural activities
- Are listened to and respected and have their identity recognised
- Have a safe home and community
- Are not disadvantaged by poverty

The objectives for the next year are to continue to:

- provide a safe, warm and welcoming environment
- provide access to various play equipment and activities
- offer training and support to families
- provide opportunities to go on trips and outings
- provide open-door policy where everyone is welcomed
- continue outreach work to identify isolated families

The changes we have noticed are that children are better prepared for school life. Also, some parents have gone back to employment, gained certificates with our training, learned new skills and children have developed better social skills. Parents and children interact much more freely and enjoy their experiences together.

At the Family Centre Staff provide a safe quality service. Staff provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre their families have gained:

- improved social and support networks
- improved skills on positive parenting
- improved relationships
- improved resilience
- increased confidence and self-esteem
- increased access to community resources

**Public Benefit**

The public benefit through having a service that provides families with children aged 0-4 years (0-11 during school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families.

The centre also works closely with other like-minded organisations and is therefore able to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

**Tregaron Family Centre**  
**Trustees' Report (continued)**

**ACHIEVEMENT AND PERFORMANCE**

We welcomed lots of new families this year including lots of Dads, offering a friendly safe environment for people from the community to attend.

We completed another year of Warm Spaces providing a hot meal and a friendly environment for all generations helping build a stronger community.

We used our skills and our knowledge to support local families and the community.

We helped support and teach new skills to families to provide help with entertaining, upskilling and bringing up their children in a healthy and happy environment.

We provided extra support for families and individuals struggling, providing them with a listening ear, advice and helping them access specialized external support from relevant agencies needed.

We went the extra mile to ensure we provided an excellent service set within a safe supportive environment.

We successfully completed our Family links course.

We celebrated the work of our volunteers and trustees by holding a volunteer appreciation day which was really well attended and appreciated by all.

We recruited a fantastic new staff member.

We supported 114 Families this financial year, this included 153 adults and 185 children.

**FINANCIAL REVIEW**

The Trustees wish to thank the Big Lottery Fund, The Postcode Trust, Garfield Weston, Ceredigion County Council Community Fund, Healthy Pre-School Fund, Families First, Cavo and the Foyle Foundation for their financial support and the local community for their valued support this year.

**Reserves Policy**

The trustees have reviewed the risks facing the organisation and have determined that reserves of between 3 - 6 months should be held to protect against the sudden/unexpected loss of funding or other unanticipated problems. The current reserve of £19,496 is more than sufficient to cover cost should this situation arise. Trustees review the reserves level at least annually and whenever new services are introduced.

## Tregaron Family Centre

### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and Regulations.

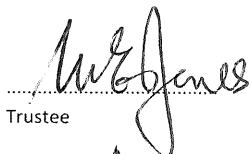
The trustees are responsible for the preparation of financial statements for each financial year. The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable entity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 28/04/2025

and signed on its behalf by:

  
Trustee

(Chair - MARGARET ELIZABETH JONES)

## Tregaron Family Centre

### Independent Examiner's Report to the trustees of Tregaron Family Centre

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025 which are set out on pages 7 to 12.

#### Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Owen Hedger  
23 College Street  
Lampeter  
Ceredigion  
SA48 7DY

Date: 29/07/2025



**Tregaron Family Centre**

**Statement of Financial Activities for the Year Ended 31 March 2025**  
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)


	Note	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
<b>Income and Endowments from:</b>					
Donations and legacies		217	61,758	61,975	26,353
Fundraising income		0	0	0	0
Trading Income		0	0	0	0
Total Income		217	61,758	61,975	26,353
<b>Expenditure on:</b>					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities	2	(0)	(44,150)	(44,150)	(33,377)
Total Expenditure		(0)	(44,150)	(44,150)	(33,377)
Net (expenditure)/income		217	17,608	17,825	(7,024)
Net movement in funds		217	17,608	17,825	(7,024)
Transfers between funds		(0)	0	0	0
<b>Reconciliation of funds</b>					
Total funds brought forward		19,279	10,148	29,427	37,491
Total funds carried forward		19,496	27,756	47,252	30,467

	Note	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>Income and Endowments from:</b>					
Donations and legacies		2,705	37,072	39,777	26,353
Fundraising income		0	0	0	0
Trading Income		0	0	0	0
Total Income		2,705	37,072	39,777	26,353
<b>Expenditure on:</b>					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities		(0)	(40,817)	(40,817)	(33,377)
Total Expenditure		(0)	(40,817)	(40,817)	(33,377)
Net (expenditure)/income		2,705	(3,745)	(1,040)	(7,024)
Net movement in funds		2,705	(3,745)	(1,040)	(7,024)
Transfers between funds		740	740	0	0
<b>Reconciliation of funds</b>					
Total funds brought forward		15,834	14,633	30,467	37,491
Total funds carried forward		19,279	10,148	29,427	30,467

**Tregaron Family Centre**  
**(Registration number: 1168620)**  
**Balance Sheet as at 31 March 2025**

	Note	2025 £	2024 £
<b>Current assets</b>			
Debtors		4,342	0
Cash at bank and in hand		44,474	37,691
		<u>48,816</u>	<u>37,691</u>
<b>Creditors: Amounts falling due within one year</b>		<u>(1564)</u>	<u>(8264)</u>
<b>Net assets</b>		<u>47,252</u>	<u>29,427</u>
<b>Funds of the charity:</b>			
Unrestricted funds	6	19,496	19,279
Restricted funds	6	27,756	10,148
<b>Total funds</b>		<u>47,252</u>	<u>29,427</u>

The financial statements on pages 8 to 13 were approved by the trustees, and authorised for issue on 28/07/2025 and signed on their behalf by:

  
 Trustee

(Chair - Margaret Elizabeth Jones)

## **Tregaron Family Centre**

### **Notes to the Financial Statements for the Year Ended 31 March 2025**

#### **1. Accounting policies**

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011

##### **Basis of preparation**

Tregaron Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Exemption from preparing a cash flow statement**

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income and endowments**

##### **Investment income**

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

##### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

##### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustee's meetings and reimbursed expenses.

##### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## **Tregaron Family Centre**

### **Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)**

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Trade creditors**

Are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Borrowings**

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

## Tregaron Family Centre

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### 2. Expenditure on charitable activities

		Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
		£	£	£	£
Activity Costs		0	8,318	8,318	9,447
Advertising/Promotion		0	0	0	0
Consultancy		0	0	0	0
Finance Costs		0	0	0	0
Health and Safety		0	0	0	0
Miscellaneous Expenses		0	503	503	0
Office Expenses		0	302	302	0
Petty Cash		0	1,926	1,926	1,687
Professional Fees		0	3,396	3,396	2,963
Rent and Rates		0	0	0	0
Repairs and maintenance		0	0	0	0
Salary	4	0	27,519	27,519	24,144
Small Items of Equipment		0	0	0	0
Support costs - Governance	3	0	1,367	1,367	962
Support costs - HR	3	0	510	510	1,080
Telephone		0	309	309	336
Training		0	0	0	198
Repayment to Lottery		0	0	0	0
Utilities		0	0	0	0
Total charitable payments		0	44,150	44,150	40,817

#### 2. Pension schemes

The charity operates a pension scheme with NEST and is compliant with the requirements of Auto Enrolment.

#### 3. Analysis of governance and support costs

	Raising Funds	Charitable Activities	2025	2024
	£	£	£	£
Governance costs:	0	1,367	1,367	962
Finance Costs	0	0	0	0
HR	0	510	510	1,080
Total support costs	0	1,877	1,877	2,042

Costs are allocated directly.

#### 4. Salaries

The average number of employees in the year, calculated on a full-time equivalent basis was 2 (2024 - 2). The total salary payments were £27,519 (2024 - £24,144). There were no higher paid employees.

#### 5. Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

## Tregaron Family Centre

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### 6. Funds

	B/Fwd £	Income £	Expenditure £	Transfers £	C/Fwd £
<b>Restricted Funds</b>					
Families First	0	4,550	(4,549)	0	1
Families First - Underspend	0	2,500	(2,500)	0	0
Garfield Weston	0	5,000	(0)	0	5,000
Healthy Pre-School Fund	57	170	(0)	0	227
Whilen Y Porthmyn - Warm Spaces	84	0	(47)	0	37
CAVO	10,007	4,342	(14,263)	0	86
Lottery	0	31,696	(21,560)	0	10,136
Foyle Foundation	0	5,000	(1,231)	0	3,769
Postcode Trust	0	8,500	(0)	0	8,500
<b>Total Restricted Funds</b>	<b>10,148</b>	<b>61,758</b>	<b>(44,150)</b>	<b>0</b>	<b>27,756</b>
<b>Unrestricted Funds</b>	<b>19,279</b>	<b>217</b>	<b>(0)</b>	<b>(0)</b>	<b>19,496</b>
<b>Total Funds</b>	<b>29,427</b>	<b>61,975</b>	<b>(44,150)</b>	<b>0</b>	<b>47,252</b>

#### 7. Cash in Bank and in Hand

	B/Fwd £	Movement £	Transfers £	C/Fwd £
Community Account - 1	25,816	8,707	(1,925)	32,598
Community Account - 2	11,727	0	(0)	11,727
Petty Cash	148	(1,925)	1,926	149
	<b>37,691</b>	<b>6,782</b>	<b>3,851</b>	<b>44,474</b>