

CANOLFAN DEULUOL TREGARON

England & Wales · Charity number 1168620

Details

Status Registered

Legal form Other

Registered 2016-08-05

Register [View on the Charity Commission register](#)

Contact

Address Y Fron
Dewi Road
Tregaron
Dyfed
SY25 6JW

Phone 07498521067

Email tregaronfamilycentre@gmail.com

Activities

Objects: 3. THE OBJECTS OF THE FAMILY CENTRE ARE, IN TREGARON AND SURROUNDING DISTRICTS:I. THE PRESERVATION AND PROTECTION OF HEALTH AND THE RELIEF OF DISTRESS WITHIN FAMILY RELATIONSHIPS BY THE PROVISION OF A RESOURCE AND ADVICE CENTRE AND BY THE EDUCATION OF THE PUBLIC IN GOOD PARENTING SKILLS;II. THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME ACTIVITIES FOR FAMILIES WITH YOUNG CHILDREN IN THE INTERESTS OF SOCIAL WELFARE WITH A VIEW TO IMPROVING CONDITIONS OF LIFE.

Activities: The centre provides an open access drop in service for families and young children and offers a range of activities such as messy play, arts and crafts, outings and visits to local places of interest and a Healthy lunch club. We also offer parenting courses, and invite external agencies such as Health Visitor, Speech and Language Therapist and Road Safety Unit to talk to parents.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People

Geography

- Ceredigion

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£61,975	£44,150	-	-
2024-03-31	£39,777	£40,817	-	-
2023-03-31	£26,353	£33,377	-	-
2022-03-31	£36,151	£38,807	-	-
2021-03-31	£47,057	£22,294	-	-

Trustees

Name	Role	Appointed
MARGARET ELIZABETH JONES	Chair	2013-11-25
ANN JONES		2013-11-25
CATHERINE JANE HUGHES		2013-11-25
Esyllt Evans		2021-11-24
Margaret Caroline Rees		2025-12-02

CANOLFAN DEULUOL TREGARON

England & Wales - Charity number 1168620

Accounts



CYFRIFWYR SIARTREDIG
CHARTERED ACCOUNTANTS

Charity registration number: 1168620

Tregaron Family Centre

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Tregaron Family Centre

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Tregaron Family Centre

Reference and Administrative Details

Trustees

Mrs Catherine Hughes
Mrs Ann Jones
Mrs Margaret Jones
Mrs Esyllt Evans
Mrs Margaret Rees

Principal Office

Tregaron Memorial Hall
Tregaron Square
Tregaron
Ceredigion
SY25 6JL

Charity Registration Number

1168620

Bankers

Barclays Bank
Leicester
LE87 2BB

Independent Examiner

PJE, Accountants & Advisors
23 College Street
Lampeter
Ceredigion
SA48 7DY

Tregaron Family Centre

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Structure, Governance and Management

Tregaron Family Centre is a charity governed by a constitution as adopted in 2013 and amended in 2016. It is registered as a charity with the Charity Commission.

The aims and objectives of the charity are, in Tregaron and surrounding districts:

- A) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- B) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

Appointment of Trustees

Trustees are appointed as set out in the constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee.

Nomination forms are completed and applicants are voted onto the Committee as appropriate. committee members can also be co-opted when appropriate.

Organisation Structure

Trustees - Plant Dewi - Coordinator - Staff and volunteers

Trustees are consulted on aspects of accounting, policies and procedures and involved in the decision-making regarding the running of the charity. The Co-ordinator is responsible for keeping order of files, office work and over-seeing all other day-to-day activities at the centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage the Co-ordinator and the day to day running of the Family Centre.

Risk Management

Tregaron Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults. Financial risks have been reviewed and procedures put in place accordingly. The trustees have established a reserves policy to be held in line with the identified risks.

Tregaron Family Centre
Trustees' Report (continued)

OBJECTIVES AND ACTIVITIES

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The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:

- Have a flying start in life
- Have a range of education and learning opportunities
- Enjoy the best possible health, free from abuse
- Have access to play, leisure and cultural activities
- Are listened to and respected and have their identity recognised
- Have a safe home and community
- Are not disadvantaged by poverty

The objectives for the next year are to continue to:

- provide a safe, warm and welcoming environment
- provide access to various play equipment and activities
- offer training and support to families
- provide opportunities to go on trips and outings
- provide open-door policy where everyone is welcomed
- continue outreach work to identify isolated families

The changes we have noticed are that children are better prepared for school life. Also, some parents have gone back to employment, gained certificates with our training, learned new skills and children have developed better social skills. Parents and children interact much more freely and enjoy their experiences together.

At the Family Centre Staff provide a safe quality service. Staff provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre their families have gained:

- improved social and support networks
- improved skills on positive parenting
- improved relationships
- improved resilience
- increased confidence and self-esteem
- increased access to community resources

Public Benefit

The public benefit through having a service that provides families with children aged 0-4 years (0-11 during school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families.

The centre also works closely with other like-minded organisations and is therefore able to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

Tregaron Family Centre
Trustees' Report (continued)

ACHIEVEMENT AND PERFORMANCE

We welcomed lots of new families this year including lots of Dads, offering a friendly safe environment for people from the community to attend.

We completed another year of Warm Spaces providing a hot meal and a friendly environment for all generations helping build a stronger community.

We used our skills and our knowledge to support local families and the community.

We helped support and teach new skills to families to provide help with entertaining, upskilling and bringing up their children in a healthy and happy environment.

We provided extra support for families and individuals struggling, providing them with a listening ear, advice and helping them access specialized external support from relevant agencies needed.

We went the extra mile to ensure we provided an excellent service set within a safe supportive environment.

We successfully completed our Family links course.

We celebrated the work of our volunteers and trustees by holding a volunteer appreciation day which was really well attended and appreciated by all.

We recruited a fantastic new staff member.

We supported 114 Families this financial year, this included 153 adults and 185 children.

FINANCIAL REVIEW

The Trustees wish to thank the Big Lottery Fund, The Postcode Trust, Garfield Weston, Ceredigion County Council Community Fund, Healthy Pre-School Fund, Families First, Cavo and the Foyle Foundation for their financial support and the local community for their valued support this year.

Reserves Policy

The trustees have reviewed the risks facing the organisation and have determined that reserves of between 3 - 6 months should be held to protect against the sudden/unexpected loss of funding or other unanticipated problems. The current reserve of £19,496 is more than sufficient to cover cost should this situation arise. Trustees review the reserves level at least annually and whenever new services are introduced.

Tregaron Family Centre

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and Regulations.

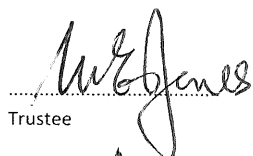
The trustees are responsible for the preparation of financial statements for each financial year. The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable entity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 28/04/2025

and signed on its behalf by:


Trustee

(Chair - MARGARET ELIZABETH JONES)

Tregaron Family Centre

Independent Examiner's Report to the trustees of Tregaron Family Centre

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025 which are set out on pages 7 to 12.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Owen Hedye
.....
23 College Street
Lampeter
Ceredigion
SA48 7DY

Date: *29/07/2025*

Tregaron Family Centre

Statement of Financial Activities for the Year Ended 31 March 2025
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies		217	61,758	61,975	26,353
Fundraising income		0	0	0	0
Trading Income		0	0	0	0
Total Income		217	61,758	61,975	26,353
Expenditure on:					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities	2	(0)	(44,150)	(44,150)	(33,377)
Total Expenditure		(0)	(44,150)	(44,150)	(33,377)
Net (expenditure)/income		217	17,608	17,825	(7,024)
Net movement in funds		217	17,608	17,825	(7,024)
Transfers between funds		(0)	0	0	0
Reconciliation of funds					
Total funds brought forward		19,279	10,148	29,427	37,491
Total funds carried forward		19,496	27,756	47,252	30,467
		£	£	£	£
Income and Endowments from:					
Donations and legacies		2,705	37,072	39,777	26,353
Fundraising income		0	0	0	0
Trading Income		0	0	0	0
Total Income		2,705	37,072	39,777	26,353
Expenditure on:					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities		(0)	(40,817)	(40,817)	(33,377)
Total Expenditure		(0)	(40,817)	(40,817)	(33,377)
Net (expenditure)/income		2,705	(3,745)	(1,040)	(7,024)
Net movement in funds		2,705	(3,745)	(1,040)	(7,024)
Transfers between funds		740	740	0	0
Reconciliation of funds					
Total funds brought forward		15,834	14,633	30,467	37,491
Total funds carried forward		19,279	10,148	29,427	30,467

Tregaron Family Centre
(Registration number: 1168620)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Current assets			
Debtors		4,342	0
Cash at bank and in hand		44,474	37,691
		48,816	37,691
Creditors: Amounts falling due within one year		(1564)	(8264)
Net assets		47,252	29,427
Funds of the charity:			
Unrestricted funds	6	19,496	19,279
Restricted funds	6	27,756	10,148
Total funds		47,252	29,427

The financial statements on pages 8 to 13 were approved by the trustees, and authorised for issue on 28/07/2025 and signed on their behalf by:


 Trustee

(Chair - Margaret Elizabeth Jones)

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2025

1. Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011

Basis of preparation

Tregaron Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustee's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

2. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Activity Costs	0	8,318	8,318	9,447
Advertising/Promotion	0	0	0	0
Consultancy	0	0	0	0
Finance Costs	0	0	0	0
Health and Safety	0	0	0	0
Miscellaneous Expenses	0	503	503	0
Office Expenses	0	302	302	0
Petty Cash	0	1,926	1,926	1,687
Professional Fees	0	3,396	3,396	2,963
Rent and Rates	0	0	0	0
Repairs and maintenance	0	0	0	0
Salary	4	27,519	27,519	24,144
Small Items of Equipment	0	0	0	0
Support costs - Governance	3	1,367	1,367	962
Support costs - HR	3	510	510	1,080
Telephone	0	309	309	336
Training	0	0	0	198
Repayment to Lottery	0	0	0	0
Utilities	0	0	0	0
Total charitable payments	0	44,150	44,150	40,817

2. Pension schemes

The charity operates a pension scheme with NEST and is compliant with the requirements of Auto Enrolment.

3. Analysis of governance and support costs

	Raising Funds £	Charitable Activities £	2025 £	2024 £
Governance costs:	0	1,367	1,367	962
Finance Costs	0	0	0	0
HR	0	510	510	1,080
Total support costs	0	1,877	1,877	2,042

Costs are allocated directly.

4. Salaries

The average number of employees in the year, calculated on a full-time equivalent basis was 2 (2024 - 2). The total salary payments were £27,519 (2024 - £24,144). There were no higher paid employees.

5. Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

6. Funds

	B/Fwd £	Income £	Expenditure £	Transfers £	C/Fwd £
Restricted Funds					
Families First	0	4,550	(4,549)	0	1
Families First - Underspend	0	2,500	(2,500)	0	0
Garfield Weston	0	5,000	(0)	0	5,000
Healthy Pre-School Fund	57	170	(0)	0	227
Whilen Y Porthmyn - Warm Spaces	84	0	(47)	0	37
CAVO	10,007	4,342	(14,263)	0	86
Lottery	0	31,696	(21,560)	0	10,136
Foyle Foundation	0	5,000	(1,231)	0	3,769
Postcode Trust	0	8,500	(0)	0	8,500
Total Restricted Funds	10,148	61,758	(44,150)	0	27,756
Unrestricted Funds	19,279	217	(0)	(0)	19,496
Total Funds	29,427	61,975	(44,150)	0	47,252

7. Cash in Bank and in Hand

	B/Fwd £	Movement £	Transfers £	C/Fwd £
Community Account - 1	25,816	8,707	(1,925)	32,598
Community Account - 2	11,727	0	(0)	11,727
Petty Cash	148	(1,925)	1,926	149
	37,691	6,782	3,851	44,474

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England & Wales - Charity number 1168620

Accounts



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Tregaron Family Centre

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for the Year Ended 31 March 2024

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Trustees' Report (continued)

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Tregaron Family Centre

Trustees' Report (continued)

ACHIEVEMENT AND PERFORMANCE

We welcomed a new volunteer who has been an asset to the team.

We successfully secured 7 grants with Ceredigion Community Fund, Garfield Weston, National Grid, CAVO, The National Lottery and Foyle foundation.

Risk assessments were done, and Safety precautions were put in place to reduce risk and provide a safe place for families.

162 sessions were held in total. Supporting 122 families with sessions such as, Language and Play, Warm spaces, Upskilling workshops, Active kids, Zumbini/Zumba kids, Family Links course, Little stars, Stay and play, Story and Rhyme Time, Baby massage, Sensory baby, Art and Craft sessions, Park plays, Picnic walks, Farm Trips, Forest School, Messy play, Fundraisers, Christmas and Summer Parties and Play Days. All sessions proved were really successful with lots of families attending them all.

Transport was provided for off site trips to help families that don't have access to transport.

Due to funding secured our Warm spaces sessions were able to carry on for the families and the community to help during the cost of living crisis which has been extremely well attended since we started it back in November 2022.

We made the sessions more appealing to Men with an amazing 21 dads/Grandads attending our sessions this year.

Book bags and Sports packs were distributed.

Upskilling workshops were started bringing the community together, which all have really enjoyed and has given us the opportunity to work with lots of new local organisations, businesses and groups.

FINANCIAL REVIEW

The Trustees wish to thank the Big Lottery Fund, The People's Postcode Lottery, Awards for All, Garfield Weston, Ceredigion County Council Community Fund, Healthy Pre-School Fund, Families First, Flying Start (Pathfinder), the Child Development Fund, Summer of Fun and Winter of Wellbeing for their financial support and the local community for their valued support this year.

Reserves Policy

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Tregaron Family Centre

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and Regulations.

The trustees are responsible for the preparation of financial statements for each financial year. The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable entity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on

and signed on its behalf by:


.....
Trustee

Tregaron Family Centre

Independent Examiner's Report to the trustees of Tregaron Family Centre

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 7 to 12.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.




.....
23 College Street
Lampeter
Ceredigion
SA48 7DY

Date: 19.11.24

Tregaron Family Centre
(Registration number: 1168620)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Current assets			
Debtors		0	0
Cash at bank and in hand		37,691	34,675
		<u>37,691</u>	<u>34,675</u>
Creditors: Amounts falling due within one year			
		(8264)	(4208)
		<u>29,427</u>	<u>30,467</u>
Net assets			
Funds of the charity:			
Unrestricted funds	6	19,279	15,834
Restricted funds	6	10,148	14,633
		<u>29,427</u>	<u>30,467</u>
Total funds			

The financial statements on pages 8 to 13 were approved by the trustees, and authorised for issue on
and signed on their behalf by:

.....

Trustee

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2024

1. Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011

Basis of preparation

Tregaron Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustee's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if they do not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

2. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Activity Costs	0	9,447	9,447	6,865
Advertising/Promotion	0	0	0	0
Consultancy	0	0	0	0
Finance Costs	0	0	0	0
Health and Safety	0	0	0	282
Miscellaneous Expenses	0	0	0	0
Office Expenses	0	1,687	1,687	778
Petty Cash	0	2,963	2,963	1,852
Professional Fees	0	0	0	128
Rent and Rates	0	0	0	0
Repairs and maintenance	0	24,144	24,144	20,484
Salary	4	0	0	235
Small Items of Equipment	0	962	962	1,222
Support costs - Governance	3	1,080	1,080	1,080
Support costs - HR	3	336	336	123
Telephone	0	198	198	62
Training	0	0	0	0
Repayment to Lottery	0	0	0	266
Utilities	0	0	0	0
Total charitable payments	0	40,817	40,817	33,377

2. Pension schemes

The charity operates a pension scheme with NEST and is compliant with the requirements of Auto Enrolment.

3. Analysis of governance and support costs

	Raising Funds £	Charitable Activities £	2024 £	2023 £
Governance costs:	0	962	962	1,222
Finance Costs	0	0	0	0
HR	0	1,080	1,080	1,080
Total support costs	0	2,042	2,042	2,302

Costs are allocated directly.

4. Salaries

The average number of employees in the year, calculated on a full-time equivalent basis was 2 (2023 - 2). The total salary payments were £24,144 (2023 - £20,484). There were no higher paid employees.

5. Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

6. Funds

	B/Fwd £	Income £	Expenditure £	Transfers £	C/Fwd £
Restricted Funds					
Ceredigion County Council Fund Yr2	2,051	0	(1,314)	(737)	0
Ceredigion County Council Fund Yr3	0	5,566	(5,566)	0	0
Families First	0	4,250	(4,250)	0	0
Families First - Underspend	0	1,450	(1,460)	10	0
Flying Start (Pathfinders)	0	2,500	(2,500)	0	0
Moondance Foundation	8,852	0	(8,852)	0	0
Gwendoline & Margaret Davies	2,439	0	(2,439)	0	0
Community Foundation Wales	159	0	(159)	0	0
Garfield Weston	0	5,000	(5,000)	0	0
Healthy Pre-School Fund	129	0	(62)	(10)	57
Summer of Fun	0	300	(300)	0	0
Cymdeithas Mudiad - Warm Spaces	0	0	(0)	0	0
Whilen Y Porthmyn - Warm Spaces	1,003	0	(919)	0	84
National Grid	0	4,800	(4,797)	(3)	0
CAVO	0	13,026	(3,019)	0	10,007
Ceredigion Council - Family Transport	0	180	(180)	0	0
Total Restricted Funds	14,633	37,072	(40,817)	(740)	10,148
Unrestricted Funds	15,834	2,705	(0)	740	19,279
Total Funds	30,467	39,777	(40,817)	0	29,427

7. Cash in Bank and in Hand

	B/Fwd £	Movement £	Transfers £	C/Fwd £	2023 £
Community Account - 1	19,718	4,590	1,508	25,816	19,718
Community Account - 2	14,927	0	(3,200)	11,727	14,927
Petty Cash	30	(1,574)	1,692	148	30
	34,675	3,016	0	37,691	34,675

CANOLFAN DEULUOL TREGARON

England & Wales - Charity number 1168620

Accounts



CYFRIFWYR SIARTREDIG
CHARTERED ACCOUNTANTS

Charity registration number: 1168620

Tregaron Family Centre

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Tregaron Family Centre

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Tregaron Family Centre

Reference and Administrative Details

Trustees

Mrs Catherine Hughes
Mrs Ann Jones
Mrs Margaret Jones
Mrs Mary Lewis
Mrs Esiyllt Evans

Principal Office

Tregaron Family Centre
Tregaron Memorial Hall
The Square
Tregaron
Ceredigion
SY25 6JL

Charity Registration Number

1168620

Bankers

Barclays Bank
32 High Street
Cardigan
SA31 3AQ

Independent Examiner

PJE, Accountants & Advisors
23 College Street
Lampeter
Ceredigion
SA48 7DY

Tregaron Family Centre

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Structure, Governance and Management

Tregaron Family Centre is a charity governed by a constitution as adopted in 2013 and amended in 2016. It is registered as a charity with the Charity Commission.

The aims and objectives of the charity are, in Tregaron and surrounding districts:

- A) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- B) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

Appointment of Trustees

Trustees are appointed as set out in the constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee.

Nomination forms are completed and applicants are voted onto the Committee as appropriate. committee members can also be co-opted when appropriate.

Organisation Structure

Trustees - Plant Dewi - Coordinator - Staff and volunteers

Trustees are consulted on aspects of accounting, policies and procedures and involved in the decision-making regarding the running of the charity. The Co-ordinator is responsible for keeping order of files, office work and over-seeing all other day-to-day activities at the centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage the Co-ordinator and the day to day running of the Family Centre.

Risk Management

Tregaron Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults. Financial risks have been reviewed and procedures put in place accordingly. The trustees have established a reserves policy to be held in line with the identified risks.

Tregaron Family Centre
Trustees' Report (continued)

OBJECTIVES AND ACTIVITIES

The aims and objectives of the charity are, in Tregaron and surrounding districts:

- A) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- B) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:

- Have a flying start in life
- Have a range of education and learning opportunities
- Enjoy the best possible health, free from abuse
- Have access to play, leisure and cultural activities
- Are listened to and respected and have their identity recognised
- Have a safe home and community
- Are not disadvantaged by poverty

The objectives for the next year are to continue to:

- provide a safe, warm and welcoming environment
- provide access to various play equipment and activities
- offer training and support to families
- provide opportunities to go on trips and outings
- provide open-door policy where everyone is welcomed
- continue outreach work to identify isolated families

The changes we have noticed are that children are better prepared for school life. Also, some parents have gone back to employment, gained certificates with our training, learned new skills and children have developed better social skills. Parents and children interact much more freely and enjoy their experiences together.

At the Family Centre Staff provide a safe quality service. Staff provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre their families have gained:

- improved social and support networks
- improved skills on positive parenting
- improved relationships
- improved resilience
- increased confidence and self-esteem
- increased access to community resources

Public Benefit

The public benefit through having a service that provides families with children aged 0-4 years (0-11 during school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families.

The centre also works closely with other like-minded organisations and is therefore able to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

Tregaron Family Centre

Trustees' Report (continued)

ACHIEVEMENT AND PERFORMANCE

This year has been another very busy and successful year for Tregaron Family Centre. The number of families who attend has yet again increased and the services and activities on offer are invaluable to both children and parents.

The small team of staff and volunteers led by Karli are hard working and make every effort to provide a safe, friendly and enjoyable environment for all those involved. This is greatly appreciated as is Carol's (Plant Dewi) advice and support in the running of the Centre.

The Centre is now situated in Tregaron Memorial Hall, sessions and activities being undertaken in the main hall whilst office and storage space is now accommodated in a meeting room at the front of the building. All are agreed that this arrangement is working well for both the Centre and the Hall itself.

During the year various courses such as the Family Links course have been offered to parents and there has been the opportunity to enjoy a weekly meal in the company of members of the community who are invited to attend the 'Warm spaces' sessions.

Other activities and sessions include Story and Rhyme Time, Little Stars for 0-12months, zumbini, messy play, as well as outdoor activities such as visiting Denmark Farm, Coed y Bont, picnicking on Cors Caron and a Summer party in Llanddewi Brefi park.

The Family Centre has benefitted greatly from working alongside other agencies such as Flying Start, Ceredigion Actif, Pathfinder and Ray Ceredigion. The Centre has also received support from amongst others Tregaron Town Council, Spar and Post Office, Siop Nwyddau Caron, Jo's Dog Shed, the Ceredigion Community Fund as well as Garfield and Weston. Such contributions are greatly appreciated by the Centre.

Tregaron Family Centre does indeed provide a vital service to families in the area and also to the community in general. The commitment of all those involved in providing this service is greatly appreciated.

Reserves Policy

The trustees have reviewed the risks facing the organisation and have determined that reserves of between 3 - 6 months should be held to protect against the sudden/unexpected loss of funding or other unanticipated problems. The current reserve of £15,834 is more than sufficient to cover cost should this situation arise. Trustees review the reserves level at least annually and whenever new services are introduced.

Tregaron Family Centre

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and Regulations.

The trustees are responsible for the preparation of financial statements for each financial year. The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable entity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on

and signed on its behalf by:


Trustee

MARGARET ELIZABETH JONES

Tregaron Family Centre

Independent Examiner's Report to the trustees of Tregaron Family Centre

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 8 to 25.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

PSE
.....
23 College Street
Lampeter
Ceredigion
SA48 7DY

Date: *28/11/2023*

Tregaron Family Centre


Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies		100	26,253	26,353	36,151
Fundraising income		0	0	0	0
Trading Income		0	0	0	0
Total Income		100	26,253	26,353	36,151
Expenditure on:					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities	2	(0)	(33,377)	(33,377)	(38,807)
Total Expenditure		(0)	(33,377)	(33,377)	(38,807)
Net (expenditure)/income		100	(7,124)	(7,024)	(2,656)
Net movement in funds		100	(7,124)	(7,024)	(2,656)
Reconciliation of funds					
Total funds brought forward		15,734	21,757	37,491	40,147
Total funds carried forward		15,834	14,633	30,467	37,491
	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies		0	36,151	36,151	46,157
Fundraising income		0	0	0	0
Trading Income		0	0	0	900
Total Income		0	36,151	36,151	47,057
Expenditure on:					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities		(0)	(38,807)	(38,807)	(22,294)
Total Expenditure		(0)	(38,807)	(38,807)	(22,294)
Net (expenditure)/income		(0)	(2,656)	(2,656)	24,763
Net movement in funds		(0)	(2,656)	(2,656)	24,763
Reconciliation of funds					
Total funds brought forward		15,734	24,413	40,147	15,384
Total funds carried forward		15,734	21,757	37,491	40,147

Tregaron Family Centre
(Registration number: 1168620)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Current assets			
Debtors		0	0
Cash at bank and in hand		34,675	39,649
		34,675	39,649
Creditors: Amounts falling due within one year		(4208)	(2158)
Net assets		30,467	37,491
Funds of the charity:			
Unrestricted funds	6	15,834	15,734
Restricted funds	6	14,633	21,757
Total funds		30,467	37,491

The financial statements on pages 8 to 13 were approved by the trustees, and authorised for issue on
and signed on their behalf by:


.....
Trustee

MARGARET ELIZABETH JONES

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2023

1. Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Tregaron Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustee's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

2. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Activity Costs	0	6,865	6,865	14,097
Advertising/Promotion	0	0	0	0
Consultancy	0	0	0	0
Finance Costs	0	0	0	0
Health and Safety	0	0	0	0
Miscellaneous Expenses	0	282	282	171
Office Expenses	0	0	0	0
Petty Cash	0	778	778	62
Professional Fees	0	1,852	1,852	1,667
Rent and Rates	0	128	128	122
Repairs and maintenance	0	0	0	85
Salary	0	20,484	20,484	13,768
Small Items of Equipment	0	235	235	968
Support costs - Governance	0	1,222	1,222	902
Support costs - HR	0	1,080	1,080	1,080
Telephone	0	123	123	695
Training	0	62	62	204
Repayment to Lottery	0	0	0	4,539
Utilities	0	266	266	447
Total charitable payments	0	33,377	33,377	38,807

2. Pension schemes

The charity operates a pension scheme with NEST and is compliant with the requirements of Auto Enrolment.

3. Analysis of governance and support costs

	Raising Funds £	Charitable Activities £	2023 £	2022 £
Governance costs:				
Finance Costs	0	1,222	1,222	902
HR	0	0	0	0
	0	1,080	1,080	1,080
Total support costs	0	2,302	2,302	1,982

Costs are allocated directly.

4. Salaries

The average number of employees in the year, calculated on a full-time equivalent basis was 2 (2022 - 2). The total salary payments were £20,484 (2022 - £13,768). There were no higher paid employees.

5. Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

6. Funds

	B/Fwd £	Income £	Expenditure £	Transfers £	C/Fwd £
Restricted Funds					
Awards for All	7,101	0	7,101	0	0
Ceredigion County Council Fund Yr1	3,633	0	3,633	0	0
Ceredigion County Council Fund Yr2	6,958	0	4,607	-300	2,051
Families First	0	4,250	4,550	300	0
Flying Start (Pathfinders)	0	2,500	2,500	0	0
Moondance Foundation	0	10,000	1,148	0	8,852
Gwendoline & Margaret Davies	0	4,000	1,561	0	2,439
Community Foundation Wales	0	2,000	1,841	0	159
Garfield Weston	3,770	0	3,770	0	0
Healthy Pre-School Fund	295	0	212	0	83
Summer of Fun	0	1,500	1,500	0	0
Cymdeithas Mudiad - Warm Spaces	0	1,000	954	0	46
Whilen Y Porthmyn - Warm Spaces	0	1,003	0	0	1,003
Total Restricted Funds	21,757	26,253	33,377	0	14,633
Unrestricted Funds	15,734	100	0	0	15,834
Total Funds	37,491	26,353	33,377	0	30,467

7. Cash in Bank and in Hand

	B/Fwd £	Movement £	Transfers £	C/Fwd £	2022 £
Community Account - 1	24,635	(4,917)	0	19,718	24,635
Community Account - 2	14,927	0	0	14,927	14,927
Petty Cash	87	(57)	0	30	87
	39,649	-4,974	0	34,675	39,649

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

8. Expenditure on charitable activities - Awards for All

	Unrestricted Funds £	Restricted Funds £	Total 2023 £
Activity Costs	0	2,003	2,003
Salary	0	5,098	5,098
Total charitable payments	0	7,101	7,101

9. Expenditure on charitable activities - Garfield Weston

	Unrestricted Funds £	Restricted Funds £	Total 2023 £
Activity Costs	0	1,223	1,223
Salary	0	2,547	2,547
Total charitable payments	0	3,770	3,770

CANOLFAN DEULUOL TREGARON

England & Wales - Charity number 1168620

Accounts



CYFRIFWYR SIARTREDIG
CHARTERED ACCOUNTANTS

Charity registration number: 1168620

Tregaron Family Centre

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Tregaron Family Centre

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Tregaron Family Centre

Reference and Administrative Details

Trustees

Mrs Catherine Hughes
Mrs Ann Jones
Mrs Margaret Jones
Mrs Mary Lewis
Mrs Esyllt Evans

Principal Office

Tregaron Family Centre
Ground Floor Flat
Council Offices
Dewi Road
Tregaron Family Centre
Ceredigion
SY25 6JN

Charity Registration Number

1168620

Bankers

Barclays Bank
32 High Street
Cardigan
SA31 3AQ

Independent Examiner

PJE, Accountants & Advisors
23 College Street
Lampeter
Ceredigion
SA48 7DY

Tregaron Family Centre

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Structure, Governance and Management

Tregaron Family Centre is a charity governed by a constitution as adopted in 2013 and amended in 2016. It is registered as a charity with the Charity Commission.

The aims and objectives of the charity are, in Tregaron and surrounding districts:

- A) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- B) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

Appointment of Trustees

Trustees are appointed as set out in the constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee.

Nomination forms are completed and applicants are voted onto the Committee as appropriate. committee members can also be co-opted when appropriate.

Organisation Structure

Trustees - Plant Dewi - Coordinator - Staff and volunteers

Trustees are consulted on aspects of accounting, policies and procedures and involved in the decision-making regarding the running of the charity. The Co-ordinator is responsible for keeping order of files, office work and over-seeing all other day-to-day activities at the centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage the Co-ordinator and the day to day running of the Family Centre.

Risk Management

Tregaron Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults. Financial risks have been reviewed and procedures put in place accordingly. The trustees have established a reserves policy to be held in line with the identified risks.

Tregaron Family Centre

Trustees' Report (continued)

OBJECTIVES AND ACTIVITIES

The aims and objectives of the charity are, in Tregaron and surrounding districts:

- A) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- B) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:

- Have a flying start in life
- Have a range of education and learning opportunities
- Enjoy the best possible health, free from abuse
- Have access to play, leisure and cultural activities
- Are listened to and respected and have their identity recognised
- Have a safe home and community
- Are not disadvantaged by poverty

The objectives for the next year are to continue to:

- provide a safe, warm and welcoming environment
- provide access to various play equipment and activities
- offer training and support to families
- provide opportunities to go on trips and outings
- provide open-door policy where everyone is welcomed
- continue outreach work to identify isolated families

The changes we have noticed are that children are better prepared for school life. Also, some parents have gone back to employment, gained certificates with our training, learned new skills and children have developed better social skills. Parents and children interact much more freely and enjoy their experiences together.

At the Family Centre Staff provide a safe quality service. Staff provide an opportunity to access information and other services that they may require in order to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre their families have gained:

- improved social and support networks
- improved skills on positive parenting
- improved relationships
- improved resilience
- increased confidence and self-esteem
- increased access to community resources

Public Benefit

The public benefit through having a service that provides families with children aged 0-4 years (0-11 during school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families.

The centre also works closely with other like-minded organisations and is therefore able to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

Tregaron Family Centre

Trustees' Report (continued)

ACHIEVEMENT AND PERFORMANCE

Tregaron Family Centre have continued to deliver a blended service of online, outdoor and indoor activities reflective of the changing levels of WG Coronavirus restrictions throughout 2021-2022.

At the beginning of the financial year, there was one part-time member of staff, the Co-ordinator, as well as a volunteer who worked together to deliver the service with support from the Trustees, Plant Dewi and the Ceredigion Family Centre Network Project Worker. Throughout the year, staff were unable to access the Family Centre building, initially due to restrictions, following which the landlords discovered dry rot in the building. This has led to extensive building works during which time staff were only able to visit at agreed times to pick up equipment and resources. Staff continued to work from home and alternative venues were found to deliver the sessions. This has created new partnerships with Tregaron Memorial Hall, from which all indoor sessions have been delivered, and Tregaron Bowls Club who provided space for outdoor sessions.

In September, the Co-ordinator left her post which left the Centre with no paid staff members. Delivery of the service was able to continue with support from the Ceredigion Family Centre Network Project Worker, Trustees, Plant Dewi and a volunteer working with other partners. Recruitment was successful and a new Coordinator took up her post at the beginning of November. With additional funding, a new Family Support Worker also joined the staff team in March. During the course of the year, the number of families attending the Centre more than doubled.

In partnership with Flying Start, the Centre has been able to deliver Parenting courses to families in Baby Massage and Language and Play. These were delivered face to face at the Memorial Hall. Families were also referred to online Parenting courses. The Centre has worked with other partners such as Arts for Wellbeing delivering sensory language and play, Actifiti for active sessions, Cymraeg I Blant delivering Welsh language story and song sessions, the Speech and Language Team, Citizens Advice Wales, Denmark Farm, Samantha Ackerman providing Zumbini (Zumba for children) and Bring your Baby Fitness, Melanie Jayne Lee who delivered a number of theatre workshops, and Families First who funded a series of Mindfulness Craft Sessions. Other activities include messy play, stay and play, arts and crafts, walking for wellbeing groups at the local nature reserve, trips to Pantyfod gardens, Denmark Farm for forest school activities and the CIC Bird Farm for woodland crafts, Family Fun Day with BBQ, scavenger hunts and teddy bears picnic.

The Centre has continued to work with the local residential home, Bryntirion, regularly keeping in touch and creating boxes of handmade gifts for the residents quarterly. Feedback from Bryntirion is that the residents truly value these gifts and it has cheered them up through some difficult times. These gifts were also distributed to older people in the community at Christmas via the local meals on wheels service.

Regular activity and resource packs were distributed to families, particularly through periods of isolation and lockdown. These included art and craft resources, items for a gardening project at home, a baking set with recipes and ingredients, as well as a pack for all children at Christmas and at Easter. The local primary school got in touch before Christmas and told staff of a family whose mother had left, leaving the dad alone with six children. The children had told the teacher that Father Christmas wouldn't be coming to their house. Staff were able to put together a large box filled with gifts, puzzles, books, art and craft resources and a gift for Dad too, who said 'Thank you so much for the huge giftbox you put together for our family in need. If only you could see the children's faces they are overwhelmed with excitement at all the goodies inside.'

The Centre continues to have an active online parent group who regularly provide input and help design the service. One parent has now joined the Board of Trustees and another attends as Parent representative. This ensures that staff are working co-productively with families and are delivering the service parents want. Staff also supported one parent to open a Cylch Ti a Fi in a neighbouring town.

The Trustees have attended the 'Roles and Responsibilities of a Trustee' training this year and have all been DBS checked, while staff have attended training in Safeguarding, First Aid, Outdoor Learning, Modern Slavery Wales, and Parental Conflict. The Trustees and staff have ensured that all policies, procedures and safeguarding have been followed this year and continue to provide a vital service for families and the community.

Tregaron Family Centre

Trustees' Report (continued)

FINANCIAL REVIEW

The Trustees wish to thank the Big Lottery Fund, The People's Postcode Lottery, Awards for All, Garfield Weston, Ceredigion County Council Community Fund, Healthy Pre-School Fund, Families First, Flying Start (Pathfinder), the Child Development Fund, Summer of Fun and Winter of Wellbeing for their financial support and the local community for their valued support this year.

Reserves Policy

The trustees have reviewed the risks facing the organisation and have determined that reserves of between 3 - 6 months should be held to protect against the sudden/unexpected loss of funding or other unanticipated problems. The current reserve of £15,734 is more than sufficient to cover cost should this situation arise. Trustees review the reserves level at least annually and whenever new services are introduced.

Tregaron Family Centre

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and Regulations.

The trustees are responsible for the preparation of financial statements for each financial year. The trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable entity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on

and signed on its behalf by:

.....
Trustee

Tregaron Family Centre

Independent Examiner's Report to the trustees of Tregaron Family Centre

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 8 to 25.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
23 College Street
Lampeter
Ceredigion
SA48 7DY

Date:.....

Tregaron Family Centre

**Statement of Financial Activities for the Year Ended 31 March 2022
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies		0	36,151	36,151	46,157
Fundraising income		0	0	0	0
Trading Income		0	0	0	900
Total Income		0	36,151	36,151	47,057
Expenditure on:					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities	2	(0)	(38,807)	(38,807)	(22,294)
Total Expenditure		(0)	(38,807)	(38,807)	(22,294)
Net (expenditure)/income		(0)	(2,656)	(2,656)	24,763
Net movement in funds		(0)	(2,656)	(2,656)	24,763
Reconciliation of funds					
Total funds brought forward		15,734	24,413	40,147	15,384
Total funds carried forward		15,734	21,757	37,491	40,147
	Note	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies		10,400	35,757	46,157	35,494
Fundraising income		0	0	0	0
Trading Income		0	900	900	676
Total Income		10,400	36,657	47,057	36,170
Expenditure on:					
Raising funds		(0)	(0)	(0)	(0)
Charitable activities		(50)	(22,244)	(22,294)	(53,946)
Total Expenditure		(50)	(22,244)	(22,294)	(53,946)
Net (expenditure)/income		10,350	14,413	24,763	(17,776)
Net movement in funds		10,350	14,413	24,763	(17,776)
Reconciliation of funds					
Total funds brought forward		5,384	10,000	15,384	33,160
Total funds carried forward		15,734	24,413	40,147	50,936

Tregaron Family Centre
(Registration number: 1168620)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Current assets			
Debtors		0	375
Cash at bank and in hand		39,649	42,799
		<u>39,649</u>	<u>43,174</u>
Creditors: Amounts falling due within one year		<u>(2158)</u>	<u>(3027)</u>
Net assets		<u><u>37,491</u></u>	<u><u>40,147</u></u>
Funds of the charity:			
Unrestricted funds	6	15,734	15,734
Restricted funds	6	21,757	24,413
Total funds		<u><u>37,491</u></u>	<u><u>40,147</u></u>

The financial statements on pages 8 to 13 were approved by the trustees, and authorised for issue on
and signed on their behalf by:

.....
Trustee

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2022

1. Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011

Basis of preparation

Tregaron Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustee's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2022 (continued)

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2022 (continued)

2. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Activity Costs	0	14,097	14,097	4,771
Advertising/Promotion	0	0	0	0
Consultancy	0	0	0	90
Finance Costs	0	0	0	144
Health and Safety	0	0	0	473
Miscellaneous Expenses	0	171	171	1,245
Office Expenses	0	0	0	216
Petty Cash	0	62	62	58
Professional Fees	0	1,667	1,667	600
Rent and Rates	0	122	122	149
Repairs and maintenance	0	85	85	0
Salary	4	13,768	13,768	9,437
Small Items of Equipment	0	168	168	1,464
Support costs - Governance	3	902	902	965
Support costs - HR	3	1,080	1,080	1,395
Telephone	0	695	695	403
Training	0	204	204	432
Repayment to Lottery	0	4,539	4,539	452
Utilities	0	447	447	452
Total charitable payments	0	38,007	38,007	22,746

2. Pension schemes

The charity operates a pension scheme with NEST and is compliant with the requirements of Auto Enrolment.

3. Analysis of governance and support costs

	Raising Funds £	Charitable Activities £	2022 £	2021 £
Governance costs:	0	902	902	965
Finance Costs	0	0	0	0
HR	0	1,080	1,080	1,395
Total support costs	0	1,982	1,982	2,360

Costs are allocated directly.

4. Salaries

The average number of employees in the year, calculated on a full-time equivalent basis was 2 (2021 - 1.6). The total salary payments were £13,768 (2021 - £9,437). There were no higher paid employees.

5. Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2022 (continued)

6. Funds

	B/Fwd £	Income £	Expenditure £	Transfers £	C/Fwd £
Restricted Funds					
Awards for All	0	10,000	2,899	0	7,101
Big Lottery Fund	4,539	0	4,539	0	0
Ceredigion County Council Fund Yr1	9,152	0	5,519	0	3,633
Ceredigion County Council Fund Yr2	0	6,958	0	0	6,958
Child Development Fund - Round 1	0	1,940	1,940	0	0
Child Development Fund - Round 2	0	3,020	3,020	0	0
Families First	0	2,500	2,500	0	0
Flying Start (Pathfinders)	0	2,500	2,500	0	0
Garfield Weston	0	5,000	1,230	0	3,770
Healthy Pre-School Fund	250	87	42	0	295
Other Donations	101	0	101	0	0
Summer of Fun	0	2,182	2,182	0	0
The People's Postcode Lottery	10,371	0	10,371	0	0
Winter of Wellbeing	0	1,964	1,964	0	0
Total Restricted Funds	24,413	36,151	38,807	0	21,757
Unrestricted Funds	15,734	0	0	0	15,734
Total Funds	40,147	36,151	38,807	0	37,491

7. Cash in Bank and in Hand

	B/Fwd £	Movement £	Transfers £	C/Fwd £	2021 £
Community Account - 1	37,870	(13,235)	(0)	24,635	37,870
Community Account - 2	4,927	10,000	0	14,927	4,927
Petty Cash	2	85	0	87	2
	42,799	-3,150	0	39,649	42,799

Tregaron Family Centre

Notes to the Financial Statements for the Year Ended 31 March 2022 (continued)

8. Expenditure on charitable activities - Awards for All

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
Activity Costs	0	753	753
Salary	0	2,146	2,146
Total charitable payments	0	2,899	2,899

9. Expenditure on charitable activities - Garfield Weston

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
Salary	0	1,230	1,230
Total charitable payments	0	1,230	1,230

10. Expenditure on charitable activities - The People's Postcode Lottery

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
Activity Costs	0	2,287	2,287
Advertising/Promotion	0	0	0
Consultancy	0	0	0
Finance Costs	0	0	0
Health and Safety	0	0	0
Miscellaneous Expenses	0	0	0
Office Expenses	0	169	169
Petty Cash	0	0	0
Professional Fees	0	530	530
Rent and Rates	0	75	75
Repairs and maintenance	0	0	0
Salary	0	6,485	6,485
Small Items of Equipment	0	0	0
Support costs - Governance	0	72	72
Support costs - HR	0	390	390
Telephone	0	331	331
Training	0	0	0
Repayment to Lottery	0	0	0
Utilities	0	32	32
Total charitable payments	0	10,371	10,371

CANOLFAN DEULUOL TREGARON

England & Wales - Charity number 1168620

Accounts

business &

employment

support &

training

best

***Business & Employment
Support & Training***

17 Milton Meadows
Milton, Nr Tenby
Pembrokeshire
SA70 8PL

**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
TREGARON FAMILY CENTRE**

TREGARON FAMILY CENTRE
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FOR THE YEAR ENDED 31 MARCH 2021

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**TREGARON FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of the Charity SORP.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number

1168620

Registered Office

Tregaron Family Centre
Ground Floor Flat
Council Offices
Dewi Road
Tregaron
Ceredigion
SY25 6JN

Trustees

Mrs Catherine Hughes
Mrs Ann Jones
Mrs Margaret Jones
Mrs Mary Lewis

Bankers

Barclays Bank
32 High Street
Cardigan
Ceredigion
SA31 3AQ

Independent Examiners

Business & Employment Support & Training
17 Milton Meadows
Milton, Nr Tenby, Pembrokeshire SA70 8PL

**TREGARON FAMILY CENTRE
REPORT OF THE TRUSTEES - continued
FOR THE YEAR ENDED 31 MARCH 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Tregaron Family Centre is a charity governed by a constitution as adopted 25th November 2013 and amended in 2016. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are, in Tregaron and surrounding districts:

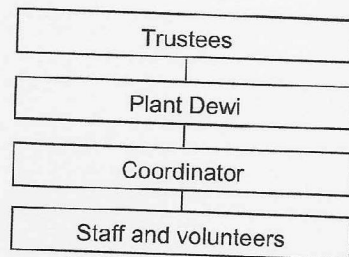
- i) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- ii) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Co-ordinator.

Appointment of Trustees

Trustees are appointed as set out in the constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

Organisation Structure



Trustees are consulted on aspects of accounting, policies and procedures and involved in the decision-making regarding the running of the charity. The Co-ordinator is responsible for keeping order of files, office work and over-seeing all other day-to-day activities at the centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage the Co-ordinator and the day to day running of the Family Centre.

Risk Management

Tregaron Family Centre conducts risk assessments before undertaking any activities or events and ensures that appropriate DBS checks are undertaken for those working with children or vulnerable adults. Financial risks have been reviewed and procedures put in place accordingly. The trustees are currently working on a reserves policy to be held in line with the identified risks.

**TREGARON FAMILY CENTRE
REPORT OF THE TRUSTEES - continued
FOR THE YEAR ENDED 31 MARCH 2021**

OBJECTIVES AND ACTIVITIES

The aims and objects of the charity are, in Tregaron and surrounding districts:

- i) The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills;
- ii) The provision of facilities for recreation and other leisure time activities for families with young children in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:

- Have a flying start in life
- Have a range of education and learning opportunities
- Enjoy the best possible health, free from abuse
- Have access to play, leisure and cultural activities
- Are listened to and respected and have their identity recognised
- Have a safe home and community
- Are not disadvantaged by poverty

The objectives for the next year are to continue to:

- provide a safe, warm and welcoming environment
- provide access to various play equipment and activities
- offer training and support to families
- provide opportunities to go on trips and outings
- provide open-door policy where everyone is welcomed
- continue outreach work to identify isolated families

The changes we have noticed are that children are better prepared for school life. Also, some parents have gone back to employment, gained certificates with our training, learned new skills and children have developed better social skills. Parents and children interact much more freely and enjoy their experiences together.

At the Family Centre Staff provide a safe quality service. Staff provide an opportunity to access information and other services that they may require to meet their individual needs. We offer support to parents while caring for their children and try to relieve stress and anxiety within the family. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre their families have gained:

- improved social and support networks
- improved skills on positive parenting
- improved relationships
- improved resilience
- increased confidence and self-esteem
- increased access to community resources

Public Benefit

The public benefit through having a service that provides families with children aged 0-4 years (0-11 school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families. The centre also works closely with other like-minded organisations and is therefore able to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

**TREGARON FAMILY CENTRE
REPORT OF THE TRUSTEES - continued
FOR THE YEAR ENDED 31 MARCH 2021**

ACHIEVEMENT AND PERFORMANCE

Sadly, due to the public health crisis (Covid-19), the Family Centre has been closed for the year, however, this has not stopped us from supporting and providing for our families. Our services were moved to being delivered online – via Facebook, Messenger, Whatsapp and regular phone contact. During the year, with the restrictions changing, we have also been able to successfully offer walk and talk sessions, which have been wonderful. Over the year, we have supported a total of: 52 adults, 80 children and 49 families.

At the start of the year, we decided to set up a FaceBook messenger group for our families, which has almost doubled in the year – going from 22 families to 40 families being supported online. The decision was also made to create a support group via FaceBook messenger for our baby group, which has also been a success. These messenger groups give us the opportunity to communicate with our families, monitor their needs and help boost their mental health and well-being during what has been a difficult year for all.

Although the year has been tough, we have still been able to outreach and support families in need. We have provided over 160 activity packs throughout the year to ensure that our families were able to support, encourage and further develop their child/children's learning and relationship. As previously mentioned, this year we have utilised the power of technology and social media, ensuring that we can support our families. This has enabled us to deliver over 40 interactive virtual sessions for our families, ranging from craft sessions, dance parties, story and song sessions to general chats and information sessions with professionals. As we are part of the Pathfinder Project, all of our families have access to and are offered parenting courses through them. Over the year, we have had a total number of 11 families who have attended different parenting courses such as Baby Massage with the Pathfinder Project.

Working with the community has been a key factor for the family centre, and we did not want this to be any different due to the pandemic. With this in mind we decided to make Kindness Christmas boxes for our friends/residents at our local residential care home Bryntirion. Our families created a beautiful box filled with homemade items, such as: a Christmas card, homemade calendar, decorated tea light holder, a Christmas bauble and other gifts all wrapped up in homemade wrapping paper. Each family was paired with a resident so that it was all personalised. These items were made during zoom craft sessions with the families, which the family centre facilitated and supplied the materials.

The connection and communication between parents have flourished during this year. Our parents are more active in communicating with each other via our messenger support group, they are encouraging each other, providing tips and tricks and checking in with each other on a regular basis.

We have been fortunate to have formed a well-supported and productive parent forum at Tregaron Family Centre. We felt that it was important to ensure that our families voices were being heard when making decisions regarding the different aspects of the centre. Having this in mind, towards the end of the year, we approached two parents who had previously been extremely active in our virtual sessions at the centre. Having spoken to these parents, they both agreed to become parent reps for the centre. Since this decision was made, our parent reps have been extremely active in helping gather the parents' thoughts, feelings and wishes regarding the centre. They have held 2 very successful parent forum meetings, have been active in encouraging parents to join our sessions and have even helped us with outreaching to different businesses in the community. They are also very active in attending our trustees' meetings.

We feel that we have taken on the challenge of the pandemic and have ensured that we as a centre and our families have been given the opportunity to thrive. We have seen an increase in the number of parents we support, parents who participate in online training, as well as an increase in parent involvement in all aspects of the centre. This pandemic has also given us as professionals the opportunity to work much closer with professionals across the county, helping to build multi-agency working.

**TREGARON FAMILY CENTRE
REPORT OF THE TRUSTEES - continued
FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW

Reserves Policy

The trustees have reviewed the risks facing the organisation and have determined that reserves of between 3 – 6 months should be held to protect against the sudden/unexpected loss of funding or other unanticipated problems. This would equate to between £5,574 and £11,147. Reserves of £15,734 are held at present, which is above this level. Trustees are reviewing how the surplus can be designated. Trustees will review the policy at least annually and whenever new services are introduced.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**TREGARON FAMILY CENTRE
REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 31 MARCH 2021**

Independent examiner's report to the trustees of Tregaron Family Centre

I report on the accounts of the charity for the year ended 31 March 2021, which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

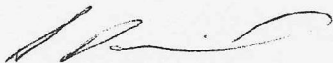
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention (other than disclosed below):

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Mrs Shirley David

Address: Business & Employment Support & Training
17 Milton Meadows, Milton, Nr Tenby, Pembrokeshire, SA70 8PL
01646 65165

Date: 23rd June 2021

**TREGARON FAMILY CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

This statement includes an income and expenditure account and statement of total recognised gains and losses

	Notes	Unrestricted Funds	Restricted Funds	Total 31 Mar 21	Total 31 Mar 20
Income					
Donations and Legacies					
Trading income		10400	35757	46157	35494
Total Income	2	0	900	900	676
		10400	36657	47057	36170
Expenses					
Charitable Activities					
Activity costs		0	4771	4771	247
Advertising/promotional		0	0	0	116
Consultancy		0	90	90	5217
Finance costs		0	144	144	108
Health and Safety		0	473	473	0
Miscellaneous Expense		0	1245	1245	190
Office Expense		0	216	216	302
Petty cash		55	4	58	0
Professional Fees		0	600	600	363
Rent and Rates		0	149	149	4053
Repairs		0	0	0	1100
Salary	3	0	9437	9437	36912
Small items of Equipment		0	1464	1464	338
Support Costs - Governance	4	0	965	965	1827
Support Costs - HR	4	0	1395	1395	30
Telephone		0	403	403	522
Training		0	432	432	94
Utilities		-4	456	451	2527
Total Charitable Activities		50	22244	22294	53946
Total Expenses	2	50	22244	22294	53946
Net Income		10350	14413	24763	-17776
B/F Funds Previous Year	2	5384	10000	15384	33160
C/F Funds Current Year	2	15734	24413	40147	15384

**TREGARON FAMILY CENTRE
BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Total	
		Mar 31, 2021	Mar 31, 2020
Fixed Asset			
Total Fixed Asset		0	0
Cash at bank and in hand			
Barclays 23722678		4,927	4,727
Barclays 33466639		37,870	15,624
Petty cash		2	195
Total Cash at bank and in hand		<u>42,798</u>	<u>20,547</u>
Debtors			
Grants Receivable		375	
Total Debtors		<u>375</u>	<u>0</u>
Net current assets		<u>43,173</u>	<u>20,547</u>
Creditors: amounts falling due within one year			
Trade Creditors			
Accounts Payable		3,027	1,101
Total Trade Creditors		<u>3,027</u>	<u>1,101</u>
Current Liabilities			
Accrued Leave and Payroll		0	4,062
Total Current Liabilities		<u>0</u>	<u>4,062</u>
Total Creditors: amounts falling due within one year	7	<u>3,027</u>	<u>5,163</u>
Net current assets (liabilities)		<u>40,147</u>	<u>15,384</u>
Total assets less current liabilities		<u>40,147</u>	<u>15,384</u>
Total net assets (liabilities)		<u>40,147</u>	<u>15,384</u>
Fund Breakdown			
Unrestricted Reserves	2	15,734	5,384
Restricted Funds	2	24,413	10,000
Total Funds		<u>40,147</u>	<u>15,384</u>

Approved by the Trustees on 9/12/2021

Signed on their behalf by M E Jones

Name MARGARET E JONES Date 9/12/2021
(CHAIRPERSON)

**TREGARON FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

4. Support Costs

Support Costs	Raising Funds	Charitable Activities	Total
Governance	0	965	965
Finance	0	0	0
HR	0	1,395	1,395
Total	0	2,360	2,360

Costs are allocated directly.

There was no trustee remuneration.

5. Risk Management

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition, the organisation has in place financial, personnel and health & safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

6. Debtors/Prepayments: There were no debtors at end of year.

7. Creditors: There was £3,026.81 due in accounts payable at the end of the year, Amazon £51.99, BEST £300.00, St David's Diocesan Council £2,624.49 and Welsh Water £50.33.