

THRIVE CARDIFF

England & Wales · Charity number 1168563

Details

Status Registered

Legal form CIO

Registered 2016-08-02

Register [View on the Charity Commission register](#)

Contact

Address 1A Porthamal Road
Cardiff
CF14 6AQ

Phone 07854 365835

Email Info@thrivecardiff.org

Website www.thrivecardiff.org

Activities

Objects: THE ASSOCIATION IS ESTABLISHED FOR CHARITABLE OBJECTIVES AND PURPOSES ONLY AND FOR THE CARE, WELFARE, INTEREST, TREATMENT, EDUCATION AND ADVANCEMENT OF PERSONS WITH DISABILITIES, THEIR FAMILIES AND CARERS.

Activities: Thrive Cardiff provide recreational activities, events and trips for families who have a child with additional needs. The activities are for the whole family and are exclusive to Thrive.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Cardiff
- Newport City
- Vale Of Glamorgan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£19,462	£19,409	-	-
2024-03-31	£10,930	£32,603	-	-
2023-03-31	£18,058	£25,903	-	-
2022-03-31	£33,718	£44,647	-	-
2021-03-31	£35,121	£8,170	-	-

Trustees

Name	Role	Appointed
Alison Parry-Jones		2023-07-14
Ann Marie Macey		2023-07-14
Lee-Anne Mason		2024-02-22
Tracey Woodberry		2023-07-14

THRIVE CARDIFF

England & Wales - Charity number 1168563

Accounts



THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 March 2025

Charity Number 1168563

TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2025

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name: Thrive Cardiff

Charity registration number: 1168563

Registered Office: 5 Llandennis Green, Cardiff, CF23 6JX

The Trustees:

Marie Macey (Treasurer)

Alison Parry-Jones

Tracey Woodberry

Lee-Anne Mason

Sharon Ross

Kathryn Smith (Resigned 18/07/2024)

Cindy Cleaver (Resigned 23/10/2024)

OBJECTIVES AND ACTIVITIES

The purposes of the charity as set out in its governing document are that the Association is established for:

the relief and assistance of children, young adults, families and carers in need by reason of learning difficulty or disability in South Wales, in particular but not exclusively by providing and arranging respite breaks, recreational trips, events and activities.

Thrive Trustees are all volunteers and are not paid staff.

Membership is open to any family with a child/young person with a disability. Membership is currently £20 per family per year. Trustees meet regularly to discuss the aims of the group and to ensure policies are being followed. All members are able to attend regular trustee meetings on request except for any confidential issues.

The main activities Thrive provides fall into three categories

- 1) During school holidays Thrive organises and facilitates access to activities & events for our families. Most activities and events are subsidised by the charity. Families pay towards covering the costs of any activity/event that they take part in. The activities are planned and run by the trustees and volunteers.
- 2) We continue to run a holiday home that provides our families with short breaks at rates considerably lower than would normally be available. Many of our families simply cannot afford to go on holiday and/or are concerned about the suitability of accommodation for their disabled family members. The holiday home can also be used by families for short breaks from their caring role.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2025 (continued)

3) During the term time, Thrive Cardiff provides exclusive soft play sessions for our families to attend. These sessions are closed to the public so that our families are able to relax in a safe, secure space where they are not judged or discriminated against. These sessions are also subsidised.

We confirm the trustees have had regard to the Charity Commission's guidance on public benefit. Trustees are regularly reminded of guidance issued by the charity commission. All activities are planned following the public benefit guidelines.

ACHIEVEMENTS AND PERFORMANCE

Events, Trips and Play Sessions

Activities throughout this year have included walks, craft including beach craft, virtual reality sessions, exclusive cinema, a theatre trip, Snowtubing, an interactive animal experience, a cookery workshop and more. There have been 0 day trips this year due to the high costs associated with coach hire.

Grants and Donations

There have been no grants received during this financial period.

Holiday Home

Bookings for the holiday home improved considerably this year, as anticipated following the refurbishments carried out during the previous year. An increase in bookings of 287% was achieved this year. The costs involved in maintaining the Holiday Home were also reviewed and the amount charged for bookings has been increased but still remains well below commercial holiday let levels.

Membership

Membership dropped very slightly during this year but at the end of January 2025, we were still supporting over 90 families. The trustees intend to publicise the charity more widely over the next year as public awareness has dropped over the last few years. Our families continue to access our wide range of activities. Members have the ability to book a holiday at our holiday home from March until December at a reduced rate.

Volunteers

The Trustees would like to thank our volunteers who assist with hosting and organising events. Our volunteers have again this year supported the trustees, and they are invaluable to Thrive.

Child Protection Issues

No issues were reported. Parents and carers are always present at any Thrive activities and remain responsible for their children throughout.

Complaints

We are pleased to report that no complaints were received.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2024 (continued)

Going Concern and Post-Balance Sheet Events

The charity's reserves have stabilised this year and we continue to be in an overall healthy position. The trustees remain committed to actively seeking additional funding opportunities.

We continue to seek input from our members regarding the type of activities they would prefer and vary the activities offered. The subsidy for events has been reviewed in order to use the charity's money to best effect. The annual membership fee will remain at its current rate of £20 at the next renewal date. The trustees intend to publicise the charity more widely over 2025/26 as public awareness has dropped over the last few years.

Despite the increase in Holiday Home bookings, there is still considerable room to improve things further. The trustees agreed to share access to the holiday home over the next year, with charities and groups that serve a similar community to Thrive. Members will still have priority over bookings but after an initial period any remaining vacancies will be offered to the other groups.

FINANCIAL REVIEW

The financial performance of the charity is shown in the attached receipts and payments account and statement of assets and liabilities.

In the year to 31 March 2025 Thrive Cardiff's receipts were £19,462 (2024 £10,930). Payments for the year were £19,409 (2024 £32,602). There was a surplus this year of £53 (2024 deficit of £21,673).

The charity did not receive any grants or donations during the year but did receive donations of £4,947. Income from membership fees declined slightly. The charity's activities continue to be subsidised but to a lesser degree than in previous years.

Receipts were higher than in 2023/24, mainly because of a significant increase in income from the Holiday Home. The increase was due to the refurbishments carried out on the property and being able to open for bookings throughout the entire period unlike 2023/24 when various factors made this impossible. As a result, the losses on the Holiday Home have reduced to £2,258.

The deficit on trips and events was reduced from almost £10,000 to around £200 following a review of the charity's finances during the previous financial year. The income and costs for each event are now closely monitored to ensure that large deficits are avoided.

The unrestricted cash reserves of £28,853 at the year-end mean that Thrive Cardiff remains in a positive financial position. These reserves mean that the charity can continue as a going concern and some of the cash held can be used to finance the charity's ongoing activities.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2024 (continued)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Thrive Cardiff was registered as a new Charitable Incorporated Organisation (Registered CIO:1168563) in August 2016 and commenced trading as the new CIO (Foundation CIO) in April 2017 having taken over the assets, liabilities and activities of the predecessor charity.

The CIO is governed by its constitution and managed by its trustees, who are unremunerated. The governing document was changed to an Association CIO in September 2023. This means that trustees are elected by the charity's members as was the case before becoming a CIO.

Throughout the year the Trustees continued to action and review our policies which are in place to safeguard our member families and to protect Thrive as a charity.

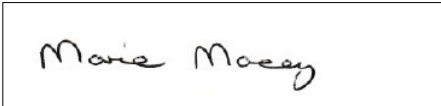
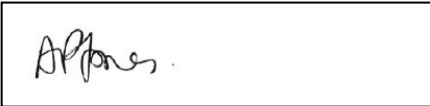
Policies and guidelines Include:

- Complaints Procedure
- Data Protection Policy
- Safeguarding Policy
- Holiday Home Booking Policy
- Volunteer Policy
- Equalities Policy
- Guidelines and Code of Conduct for Members
- Financial Controls Policy

DECLARATIONS

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signatures:		
Full names:	Marie Macey	Alison Parry-Jones
Position (e.g. Secretary, Chair):	Treasurer	Trustee
Date:	26th January 2026	26th January 2026

**REPORT TO THE TRUSTEES OF THRIVE CARDIFF
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025
CHARITY NUMBER: 1168563**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2025.

Responsibilities and basis of the report

As the charity trustees of the company you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

accounting records were not kept in accordance with section 130 of the Act; or

the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Mrs Freda June Young

Date: 25 January 2026

THRIVE CARDIFF

RECEIPTS AND PAYMENTS ACCOUNT for the Year Ended 31 March 2025

	Unrestricted Funds 2025	Restricted Funds 2025	Total 2025	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024
	£	£	£			£
RECEIPTS						
Membership Fees	1,482	0	1,482	1,835	0	1,835
Donations & Legacies	4,947	0	4,947	0	0	0
Grants	0	0	0	0	0	0
Fundraising	0	0	0	0	0	0
Trips & Events	1,447	0	1,447	5,155	0	5,155
Play Centres	1,369	0	1,369	1,478	0	1,478
Miscellaneous	0	0	0	70	0	70
Holiday Home Income	10,217	0	10,217	2,392	0	2,392
Total	19,462	0	19,462	10,930	0	10,930
PAYMENTS						
Venue Hire	4,596	0	4,596	3,534	0	3,534
Equipment, Stationery & Phone	120	0	120	0	0	0
Prizes & Fundraising Expenses	0	0	0	21	0	21
Trips & Events	1,658	0	1,658	15,122	0	15,122
Insurances & Licences	309	0	309	297	0	297
Independent Examiners Fees	0	0	0	1,080	0	1,080
IT Equipment & Support	173	0	173	874	0	874
Miscellaneous Expenses	78	0	78	501	0	501
Holiday Home Expenses	12,475	0	12,475	11,173	0	11,173
Total	19,409	0	19,409	32,603	0	32,603

THRIVE CARDIFF
RECEIPTS AND PAYMENTS ACCOUNT
for the Year Ended 31 March 2025 continued

	Unrestricted Funds 2025	Restricted Funds 2025	Total 2025	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024
	£	£	£	£	£	£
NET RECEIPTS/ PAYMENTS	53	0	53	-21,673	0	-21,673
Transfers between funds	0	0	0	0	0	0
Cash funds last year	28,800	0	28,800	50,473	0	50,473
Cash funds this year	28,853	0	28,853	28,800	0	28,800

THRIVE CARDIFF
STATEMENT OF ASSETS AND LIABILITIES
for the Year Ended 31 March 2025

	Unrestricted Funds 2025	Restricted Funds 2025	Total 2025	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024
	£	£	£	£	£	£
Cash at Bank						
Main Account	0	0	0	579	0	579
Holiday Home Account	24,576	0	24,576	25,826	0	25,826
Events Account	4,277	0	4,277	2,395	0	2,395
Total	28,853	0	28,853	28,800	0	28,800
Assets retained For Charity's Own Use						
Holiday Home	50,687	0	50,687	50,687	0	50,687
Total	50,687	0	50,687	50,687	0	50,687

These accounts were approved by the members of the committee and authorised for issue on 26th January 2026 and are signed on their behalf by:

Signatures:

Marie Macey

Alison Parry-Jones

Full names:

Marie Macey

Alison Parry-Jones

Position

Treasurer

Trustee

NOTES TO THE RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting Policies

Basis of preparing the receipts and payments account

The principal accounting policies are summarised below. They have been applied consistently throughout the current and preceding year.

Fund accounting

The charity maintains two types of funds as follows:

- Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees in furtherance of the general objectives of the charity,
- Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Fund Balances

	Balance at 1 Apr 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2025 £
Unrestricted Funds	28,800	19,462	-19,409	0	28,853
General Fund	28,800	19,462	-19,409	0	28,853
Restricted Funds	0	0	0	0	0

No grants were received during this period.

3. Taxation

The charity is exempt from tax on its charitable activities.

4. Trustees' Transactions, Remunerations and Benefits

Trustees' expenses were nil for the year ended 31 March 2025 and £42.33 for the year ended 31 March 2024. These were primarily for travel expenses.

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

5. Related Party Disclosures

There were no related party transactions No grants were received during this period.

THRIVE CARDIFF

England & Wales - Charity number 1168563

Accounts



THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 March 2024

Charity Number 1168563

THRIVE CARDIFF CIO

TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2024

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name: Thrive Cardiff

Charity registration number: 1168563

Registered Office: 5 Llandennis Green, Cardiff, CF23 6JX

The Trustees:

Sharon Ross (since 14/07/23) Chair
Marie Macey (since 14/07/23) Treasurer
Alison Parry-Jones (since 14/07/23)
Tracey Woodberry (since 14/07/23)
Kathryn Smith (since 14/07/23)
Cindy Cleaver (since 01/12/23)
Lee-Anne Mason (since 22/02/24)

Catherine Horton-Shaw (resigned as trustee on 30/11/23)
Maria Carey (resigned 31/08/23)
Chantel Wynter (term ended 22/08/23)
Annmarie McLaughlin (resigned 21/11/23)
Lisa Morgan (resigned 22/08/23)

OBJECTIVES AND ACTIVITIES

The purposes of the charity as set out in its governing document are that the Association is established for:

the relief and assistance of children, young adults, families and carers in need by reason of learning difficulty or disability in South Wales, in particular but not exclusively by providing and arranging respite breaks, recreational trips, events and activities.

Thrive Trustees are all volunteers and are not paid staff.

Membership is open to any family with a child/young person with a disability. Membership is currently charged at £20 per family per year. Trustees meet at regular intervals to discuss the aims of the groups and to ensure policies are being followed. All members are able to attend regular trustee meetings on request except for any confidential issues.

The main activities thrive provides fall into three categories

1) During school holidays Thrive organises and facilitates access to activities & events for our families.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2024 (continued)

Most activities and events are subsidised by the charity. Families pay towards covering the costs of any activity/event that they take part in.

The activities are planned and run by the trustees and volunteers.

2) We also continue to run a holiday home that provides our families with short breaks at rates that are considerably lower than would normally be available. Many of our families simply cannot afford to go on holiday and/or are concerned about the suitability of accommodation for their disabled family members. The holiday home can also be used by families for a short break from their caring role.

3) During the term time, Thrive Cardiff provides exclusive soft play sessions for our families to attend. These sessions are closed to the public so that our families are able to relax in a safe, secure space where they are not judged or discriminated against. These sessions are also subsidised.

We confirm the trustees have had regard to the Charity Commission's guidance on public benefit. Trustees are regularly reminded of guidance issued by the charity commission. All activities are planned following the public benefit guidelines.

ACHIEVEMENTS AND PERFORMANCE

Events, Trips and Play Sessions

Activities throughout this year have included walks, craft, virtual reality sessions, exclusive cinema, theatre trips, Snowtubing, Breakfast with Santa and many others. There have been 4 day trips this year.

Grants and Donations

There have been no grants received during this financial period.

Holiday Home

Bookings for the holiday home were particularly low during this year due to the need for some major refurbishments combined with a lack of electricity on the whole site for an extended period. The property has been painted throughout and there was essential replacement of some furniture items. The heating system, some of the window units and the front door were all replaced this year. The refurbishments have now been completed and the Trustees expect increased bookings for 2024.

Membership

At the end of January 2024, we were still supporting over 100 families. Our families continue to access our wide range of activities. Members have the ability to book a holiday at our holiday home from March until December at a reduced rate.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2024 (continued)

Volunteers

The Trustees would like to thank our volunteers who assist with hosting and organising events. Our volunteers have again this year supported the trustees, and they are invaluable to Thrive.

Child Protection Issues

No issues were reported. Parents and carers are always present at any Thrive activities and remain responsible for their children throughout.

Complaints

We are pleased to report that no complaints were received.

Going Concern and Post-Balance Sheet Events

The charity's reserves have reduced over the last 3 years but we continue to be in an overall healthy position. Fundraising has been difficult but the trustees remain committed to raising funds so that we can continue to support our families.

We continue to seek input from our members regarding the type of activities they would prefer and will review the subsidy for every event in order to use the charity's money to best effect. The annual membership fee will remain at its current rate of £20 at the next renewal date.

The trustees have undertaken to improve the number of bookings at our holiday home. The Trustees also continue to review the costs involved in maintaining the Holiday Home so that an appropriate amount is charged to members who book a holiday. The Holiday Home charge will remain well below commercial holiday let levels.

FINANCIAL REVIEW

The financial performance of the charity is shown in the attached receipts and payments account and statement of assets and liabilities.

In the year to 31 March 2024 Thrive Cardiff's receipts were £10,930 (2023 £18,058). Payments for the year were £32,603 (2023 £25,903). There was a deficit for the year of £21,673 (2023 £7,845).

The charity did not receive any grants or donations during the year and the general financial situation remains difficult. Income is entirely from membership fees and the charity's activities which are subsidised.

Receipts were lower than in 2022/23, partly because the charity received no grants or donations during the year. The very reduced income from the holiday home also contributed to the increased deficit compared to the previous year. The trustees are aware that in the current year losses were high and need to be significantly reduced moving forwards. The deficit on trips and events was almost £10,000 and as a result the new trustees have carried out a review of the charity's finances during the

current financial year. The income and costs for each event are now closely monitored to ensure that large deficits are avoided.

Losses on the holiday home were £8,780. One off costs of renovation, new equipment and replacement furnishings were over £6,000. The chalet is currently being actively promoted to increase income.

The unrestricted cash reserves of £28,800 at its year end mean that Thrive Cardiff remains in a positive financial position. These reserves mean that the charity can continue as a going concern and some of the cash held can be used to finance the charity's ongoing activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Thrive Cardiff was registered as a new Charitable Incorporated Organisation (Registered CIO:1168563) in August 2016 and commenced trading as the new CIO (Foundation CIO) in April 2017 having taken over the assets, liabilities and activities of the predecessor charity.

The CIO is governed by its constitution and managed by its trustees, who are unremunerated. The governing document was changed to an Association CIO in September 2023. This means that trustees are elected by the charity's members as was the case before becoming a CIO.

Throughout the year the Trustees continued to action and review our policies which are in place to safeguard our member families and to protect Thrive as a charity.

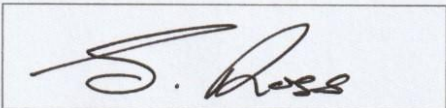
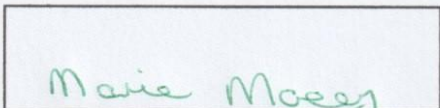
Policies and guidelines Include:

- Complaints Procedure
- Data Protection Policy
- Safeguarding Policy
- Holiday Home Booking Policy
- Volunteer Policy
- Equalities Policy
- Guidelines and Code of Conduct for Members
- Financial Controls Policy

DECLARATIONS

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signatures:		
Full names:	Sharon Ross	Marie Macey
Position (e.g. Secretary, Chair):	Chair	Treasurer
Date:	29/01/2025	29/01/2025

**REPORT TO THE TRUSTEES OF THRIVE CARDIFF
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024
CHARITY NUMBER: 1168563**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2024.

Responsibilities and basis of the report

As the charity trustees of the company you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

accounting records were not kept in accordance with section 130 of the Act; or

the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Mrs Freda June Young

Date: 27 January 2025

THRIVE CARDIFF

RECEIPTS AND PAYMENTS ACCOUNT for the Year Ended 31 March 2024

	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024	Unrestricted Funds 2023	Restricted Funds 2023	Total 2023
	£	£	£			£
RECEIPTS						
Membership Fees	1,835	0	1,835	220	0	220
Donations & Legacies	0	0	0	5,983	0	5,983
Grants	0	0	0	0	0	0
Fundraising	0	0	0	352	0	352
Trips & Events	5,155	0	5,155	7,821	0	7,821
Play Centres	1,478	0	1,478	2,242	0	2,242
Miscellaneous	70	0	70	0	0	0
Holiday Home Income	2,392	0	2,392	1,440	0	1,440
Total	10,930	0	10,930	18,058	0	18,058
PAYMENTS						
Venue Hire (playcentres)	3,534	0	3,534	3,380	0	3,380
Equipment, Stationery & Phone	0	0	0	677	0	677
Prizes & Fundraising Expenses	21	0	21	26	0	26
Trips & Events	15,122	0	15,122	14,866	0	14,866
Insurances & Licences	297	0	297	357	0	357
Independent Examiners Fees	1,080	0	1,080	1,080	0	1,080
IT Equipment & Support	874	0	874	231	0	231
Miscellaneous Expenses	501	0	501	85	0	85
Holiday Home Expenses	11,173	0	11,173	5,200	0	5,200
Total	32,603	0	32,603	25,903	0	25,903

The notes on page 9 & 10 form part of these financial statements

THRIVE CARDIFF
RECEIPTS AND PAYMENTS ACCOUNT for the Year Ended 31 March 2024 continued

	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024	Unrestricted Funds 2023	Restricted Funds 2023	Total 2023
	£	£	£	£	£	£
NET RECEIPTS/ PAYMENTS	-21,673	0	-21,673	-7,845	0	-7,845
Transfers between funds						
Cash funds last year	50,473	0	50,473	53,318	0	53,318
Cash funds this year	28,800	0	28,800	50,473	0	50,473

THRIVE CARDIFF
STATEMENT OF ASSETS AND LIABILITIES
for the Year Ended 31 March 2024

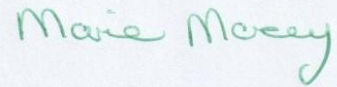
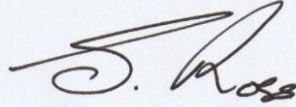
	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024	Unrestricted Funds 2023	Restricted Funds 2023	Total 2023
	£	£	£	£	£	£
Cash at Bank						
Main Account	579	0	579	18,095	0	18,095
Holiday Home Account	25,826	0	25,826	31,530	0	31,530
Events Account	2,395	0	2,395	848	0	848
Total	28,800	0	28,800	50,473	0	50,473
Assets retained For Charity's Own Use						
Holiday Home	50,687	0	50,687	50,687	0	50,687
Total	50,687	0	50,687	50,687	0	50,687

The notes on page 9 & 10 form part of these financial statements

THRIVE CARDIFF

These accounts were approved by the members of the committee and authorised for issue on 29th January 2025 and are signed on their behalf by:

Signatures:



Full names:

Sharon Ross

Marie Macey

Position

Chair

Treasurer

(e.g. Secretary, Chair):

NOTES TO THE RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the receipts and payments account

The principal accounting policies are summarised below. They have been applied consistently throughout the current and preceding year.

Fund accounting

The charity maintains two types of funds as follows:

- Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees in furtherance of the general objectives of the charity,

- Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Fund Balances

	Balance at 1 Apr 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2024 £
Unrestricted Funds	<u>50,473</u>	<u>10,930</u>	<u>-32,603</u>	<u>0</u>	<u>28,800</u>
General Fund	50,473	10,930	- 32,603	0	28,800
Restricted Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

No grants were received during this period.

3. Taxation

The charity is exempt from tax on its charitable activities.

THRIVE CARDIFF

4. Trustees' Transactions, Remunerations and Benefits

Trustees' expenses were £42.33 for the year ended 31 March 2024 and nil for the year ended 31 March 2023. These were primarily for travel expenses.

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

5. Related Party Disclosures

There were no related party transactions

THRIVE CARDIFF

England & Wales - Charity number 1168563

Accounts



THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 March 2023

Charity Number 1168563

THRIVE CARDIFF CIO

TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2023

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name: Thrive Cardiff

Charity registration number: 1168563

Registered Office: 41, Marshfield Street, Newport, NP19 0GX (until Nov 2023).
5 Llandennis Green, Cardiff, CF23 6JX (since November 2023).

The Trustees: Catherine Horton-Shaw (resigned as trustee on 30/11/23)
Maria Carey (resigned 31/08/23)
Chantel Wynter (term ended 22/08/23)
Annmarie McLaughlin (resigned 21/11/23)
Lisa Morgan (resigned 22/08/23)

Sharon Ross (since 14/07/23) Chair
Marie Macey (since 14/07/23) Treasurer
Alison Parry-Jones (since 14/07/23)
Tracey Woodberry (since 14/07/23)
Kathryn Smith (since 14/07/23)
Cindy Cleaver (since 01/12/23)

OBJECTIVES AND ACTIVITIES

The purposes of the charity as set out in its governing document are that the Association is established for:

the relief and assistance of children, young adults, families and carers in need by reason of learning difficulty or disability in South Wales, in particular but not exclusively by providing and arranging respite breaks, recreational trips, events and activities.

Thrive Trustees are all volunteers and are not paid staff.

Membership is open to any family with a child/young person with a disability. Membership is currently charged at £20 per family per year. Trustees meet at regular intervals to discuss the aims of the groups and to ensure policies are being followed. All members are able to attend regular trustee meetings on request except for any confidential issues.

The main activities thrive provides fall into three categories

1) During school holidays Thrive arranges activities/events/trips for our families. We try to have an activity of some type on most week days during the holiday periods.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2023 (continued)

Most of these activities and events are heavily subsidised by the charity. Families pay towards covering the costs of any activity/event that they take part in. The activities are planned and run by parent volunteers

2) We also continue to run a holiday home that provides our families with short breaks at rates that are considerably lower than would normally be available. Many of our families simply cannot afford to go on holiday and/or are concerned about the suitability of accommodation for their disabled family members. The holiday home can also be used by families for a short break from their caring role.

3) During the term time, Thrive Cardiff provides exclusive soft play sessions for our families to attend. These sessions are closed to the public so that our families are able to relax in a safe, secure space where they are not judged or discriminated against. These sessions are also subsidised.

We confirm the trustees have had regard to the Charity Commission's guidance on public benefit. Trustees are regularly reminded of guidance issued by the charity commission. All activities are planned following the public benefit guidelines.

ACHIEVEMENTS AND PERFORMANCE

Events, Trips and Play Sessions

Activities throughout this year have included bowling, fishing, walks, sporting activities, pottery, craft, a Jubilee party and many others. We have also run a number of theatre trips including our popular tradition of attending the Christmas pantomime at the New Theatre in Cardiff. There have been 5 day trips this year

Grants and Donations

There have been no grants received during this financial period. A donation of £5786 was received from the Hollies After School Club Charity from funds left over after they disbanded.

Holiday Home

Bookings for the holiday home were lower during this year and the Trustees will be looking into addressing this over the next year. The heating system still needs to be replaced and some basic maintenance work will be carried out during 2023 including the repair or replacement of some window units. A total of 28 breaks over 117 days were taken by families during this period. The Trustees intend to have the property redecorated in more up to date colours to improve the overall holiday experience.

Membership

At the end of January 2023, we were still supporting over 100 families. Our families continue to access our wide range of activities. Members have the ability to book a holiday at our holiday home from March until December at a reduced rate.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2023 (continued)

Volunteers

The Trustees would like to thank our volunteers who assist with hosting and organising events. Our volunteers have again this year supported the trustees, and they are invaluable to Thrive.

Child Protection Issues

No issues were reported. All Trustees have DBS certificates and safeguarding training has been undertaken by most of the trustees.

Complaints

We are pleased to report that no formal complaints were received. Some issues were raised regarding incidents during the soft play sessions and these were resolved informally by trustees, with the families involved.

Going Concern and Post-Balance Sheet Events

The charity's reserves have reduced over the last 2 years but we continue to be in an overall healthy position. The trustees intend to look at fundraising so that we can continue to support our families during the current cost of living difficulties. We will seek input from our members regarding the type of activities they would prefer and will review the subsidy for every event in order to use the charity's money to best effect. The annual membership fee will remain at its current rate of £20 at the next renewal date.

The holiday home is in need of updating and Trustees are actively arranging this at the current time. The Trustees also intend to review the costs involved in maintaining the Holiday Home so that an appropriate amount is charged to members who book a holiday. The Holiday Home charge will remain well below commercial holiday let levels.

FINANCIAL REVIEW

The financial performance of the charity is shown in the attached receipts and payments account and statement of assets and liabilities.

In the year to 31 March 2023 Thrive Cardiff receipts were £18,058 (2022 £39,718). Payments for the year were £25,903 (2022 £44,647). There was a deficit for the year of £7,845 (2022 £4,929).

Receipts were lower than in 2022, partly because the charity received no grants during the year. Reduced income from the holiday home also contributed to the increased deficit compared to the previous year.

The unrestricted cash reserves of £50,473 at the year end mean that Thrive Cardiff remains in a positive financial position. These reserves mean that the charity can continue as a going concern and some of the cash held can be used to finance the charity's ongoing activities.

THRIVE CARDIFF CIO
TRUSTEES' ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 March 2023 (continued)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Thrive Cardiff was registered as a new Charitable Incorporated Organisation (Registered CIO:1168563) in August 2016 and commenced trading as the new CIO in April 2017 having taken over the assets, liabilities and activities of the predecessor charity.

The CIO is governed by its constitution and managed by its trustees, who are unremunerated. During the period April 2022 to March 2023, trustees were elected by the board but the CIO has changed its governing document from a Foundation CIO to an Association CIO. This means that from September 2023 trustees will once again be elected by the charity's members.

All trustees are requested to complete a DBS Disclosure and also undertake safeguarding training where appropriate.

Throughout the year the Trustees continued to action and review our policies which are in place to safeguard our member families and to protect Thrive as a charity. The current financial climate for small charities is difficult and the trustees intend to develop a risk strategy and a fundraising strategy to protect the charity into the future, ensuring that it remains financially healthy.

Policies and guidelines Include:

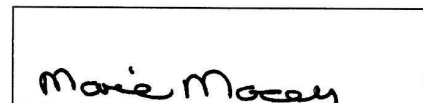
- Complaints Procedure
- Data Protection Policy
- Safeguarding Policy
- Holiday Home Booking Policy
- Volunteer Policy
- Equalities Policy
- Guidelines and Code of Conduct for Members
- Financial Controls Policy

DECLARATIONS

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signatures:



Full names:

Sharon Ross

Marie Macey

Position
(e.g. Secretary, Chair):

Chair

Treasurer

Date:

27/01/2024

27/01/2024

**REPORT TO THE TRUSTEES OF THRIVE CARDIFF
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023
CHARITY NUMBER: 1168563**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2023

Responsibilities and basis of the report

As the charity trustees of the company you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

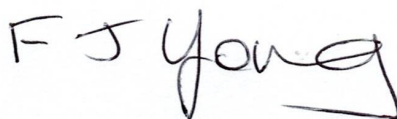
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

accounting records were not kept in accordance with section 130 of the Act; or

the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Mrs Freda June Young

Date: 27 January 2024

THRIVE CARDIFF

RECEIPTS AND PAYMENTS ACCOUNT for the Year Ended 31 March 2023

	Unrestricted Funds 2023	Restricted Funds 2023	Total 2023	Unrestricted Funds 2022	Restricted Funds 2022	Total 2022
	£	£	£			£
RECEIPTS						
Membership Fees	220	0	220	2,020	0	2,020
Donations & Legacies	5,983	0	5,983	6,306	0	6,306
Grants	0.00	0	0		7,313	7,313
Fundraising	352	0	352	2,427	0	2,427
Trips & Events	7,821	0	7,821	13,109	0	13,109
Play Centres	2,242	0	2,242	883	0	883
Miscellaneous	0	0	0	20	0	20
Holiday Home Income	1,440	0	1,440	7,640	0	7,640
Total	18,058	0	18,058	32,405	0	39,718
PAYMENTS						
Venue Hire (playcentres)	3,380	0	3,380	2,180	0	2,180
Equipment, Stationery & Phone	677	0	677	1,132	482	1,614
Prizes & Fundraising Expenses	26	0	26	730	1,645	2,375
Trips & Events	14,866	0	14,866	23,672	313	23,985
Insurances & Licences	357	0	357	546	0	546
Independent Examiners Fees	1,080	0	1,080	0	0	0
IT Equipment & Support	231	0	231	0	5,859	5,859
Miscellaneous Expenses	85	0	85	293	354	647
Holiday Home Expenses	5,200	0	5,200	7441	0	7,441
Total	25,903	0	25,903	35,994	8,653	44,647

The notes on page 9 & 10 form part of these financial statements

THRIVE CARDIFF
RECEIPTS AND PAYMENTS ACCOUNT for the Year Ended 31 March 2023 continued

	Unrestricted Funds 2023	Restricted Funds 2023	Total 2023	Unrestricted Funds 2022	Restricted Funds 2022	Total 2022
	£	£	£	£	£	£
NET RECEIPTS/ PAYMENTS	-7,845	0	-7,845	-3,589	-1,340	-4,929
Transfers between funds						
Cash funds last year	58,318	0	58,318	61,907	1,340	63,247
Cash funds this year	50,473	0	50,473	58,318	0	58,318

THRIVE CARDIFF
STATEMENT OF ASSETS AND LIABILITIES
for the Year Ended 31 March 2023

	Unrestricted Funds 2023	Restricted Funds 2023	Total 2023	Unrestricted Funds 2022	Restricted Funds 2022	Total 2022
	£	£	£	£	£	£
Cash at Bank						
Main Account	18,095	0	18,095	21,497	0	21,497
Holiday Home Account	31,530	0	31,530	34,832	0	34,832
Events Account	848	0	848	2,190	0	2,190
Total	50,473	0	50,473	58,519	0	58,519
Assets retained For Charity's Own Use						
Holiday Home	50,687	0	50,687	50,687	0	50,687
Total	50,687	0	50,687	50,687	0	50,687

The notes on page 9 & 10 form part of these financial statements

THRIVE CARDIFF

These accounts were approved by the members of the committee and authorised for issue on 27th January 2024 and are signed on their behalf by:

Signatures:




Full names:

Sharon Ross

Marie Macey

Position

Chair

Treasurer

(e.g. Secretary, Chair):

NOTES TO THE RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the receipts and payments account

The principal accounting policies are summarised below. They have been applied consistently throughout the current and preceding year.

Fund accounting

The charity maintains two types of funds as follows:

- Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees in furtherance of the general objectives of the charity,
- Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Fund Balances

	Balance at 1 Apr 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2023 £
Unrestricted Funds					
General Fund	<u>58,318</u>	<u>18,058</u>	<u>- 25,903</u>	<u>0</u>	<u>50,473</u>
	58,318	18,058	- 25,903	0	50,473
Restricted Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

No grants were received during this period. A donation to Thrive Cardiff's Unrestricted Funds of £5,786 was received from The Hollies Action Group.

3. Taxation

The charity is exempt from tax on its charitable activities.

THRIVE CARDIFF

4. Trustees' Transactions, Remunerations and Benefits

Trustees' expenses were nil for the year ended 31 March 2023 and for the year ended 31 March 2022.

There were no trustees' remuneration or other benefits for the year ended 28 February 2023 nor for the year ended 28 February 2022.

5. Related Party Disclosures

There were no related party transactions

THRIVE CARDIFF

England & Wales - Charity number 1168563

Accounts

**THRIVE CARDIFF
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022**

Charity Number 1168563

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT Year Ended 31 March 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name:	Thrive Cardiff
Charity registration number:	1168563
Principal Office:	33 Bampton Road Llanrumney CARDIFF CF3 5SE
The Trustees:	Catherine Horton-Shaw Maria Carey <i>from 23 September 2021</i> Chantel Wynter Annmarie McLaughlin Lisa Morgan Rachael Sherman <i>until 20 September 2021</i>

OBJECTIVES AND ACTIVITIES

The purposes of the charity as set out in its governing document are:

The Association is established for charitable objectives and purposes only and for the care, welfare, interest, treatment, education and advancement of persons with disabilities, their families and carers (hereinafter referred to as "the members").

Thrive trustees are all parent volunteers and are not paid staff.

Membership is open to all families, if they have a child with a disability. Membership is charged at £10 per family per year. Trustees meet at regular intervals to discuss the aims of the groups and to ensure policies are being followed. All members are invited to regular trustee meetings.

The main activities thrive provided falls into three categories

- 1) During the term time thrive provides soft play sessions for our families to attend. These sessions are closed to the public and families are able to relax in a safe, secure arena where are families are not judged or discriminated. These sessions are highly subsidised.
- 2) During the School holidays we continue to provide the play sessions but also arrange activities/events/trip each day to keep our family occupied. Activities are planned and run by parent volunteers and families are charged a small fee to cover the cost. Majority of events are highly subsidised by the charity.
- 3) Our holiday home provides our families with a break away from the caring role. Our aim has always been to offer it to members to rent out for short breaks and greatly reduced rates than would normally be available. Many of our families simply cannot afford to go on holiday and it is hoped that the holiday home would serve this purpose and give them the chance to get away for what for many will be their first ever holiday as a family.

We confirm the trustees have had regard to the Charity Commission's guidance on public benefit. At meetings trustees are reminded of guidance issued by the charity commission. All activities are planned following the public benefit guidelines.

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2022

ACHIEVEMENTS AND PERFORMANCE

Events, Trips and Play Sessions

The start of the year saw Wales still under Covid restrictions that did have an impact on services delivered. We resumed events when allowed and maintained WG guidance, events included water sports, fishing, dance classes and the latter part of the year saw the return of theatre shows and soft play sessions. No coach trips have taken place in this period of time due to the Covid situation. The trustees would like to thank members and their families for due diligence and their assistance with supporting the regulations and we had no incidences of Covid reported following events.

Grants and Donations

Small pockets of grants have been accessed and we maintain a healthy bank balance. Due to the current covid situation we have been unable to distribute collection pots. Our annual Christmas raffle raised £785.

Holiday Home

Bookings resumed at the holiday home and this year a total of 64 breaks were taken. This winter we shall be taking the opportunity to replace the heating system and undertaking some basic renovation work. Trustees agree the holiday home is looking tired and requires a freshen up and the homely items being returned to again provide the home from home experience.

Membership

We currently have 118 families we support, a rise of 3 since last year. Our families continue to access our wide range of activities and support. Members have the ability to book a holiday at our holiday home from March until December at a reduced rate and many events are subsidised through our fundraising.

Volunteers

The Trustees would like to Thank our volunteers who assist with hosting events, our volunteers have again this year supported the trustees, and they are invaluable to Thrive. Our link with Cardiff University has been maintained although this year has been difficult with covid we foresee that normal service will be resumed when allowed and we look forward to the return of the students at our sessions.

Child Protection Issues

No issues were reported. All Trustees had their DBS certificates renewed and three of our trustees hold current safeguarding certification.

Complaints

We are pleased to report no complaints were received and the current complaints committee remains in place.

Going Concern and Post-Balance Sheet Events

Thrive continues to be in healthy position despite families facing hardship we have been able to continue to offer our weekly play sessions at the same rate. We have used some of our reserved to subsidise more events this is to allow families to continue to access activities. This is reviewed every event and trustees discuss subsidy and charges to members. We will continue to do this as long as fund remain available. The holiday home is in need of updating and Trustees are looking at this for the following financial year.

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2022

FINANCIAL REVIEW

In the year to 31 March 2022, Thrive Cardiff received income of £39,718 (2021: £35,121). Expenditure for the year was £44,647 (2021: £8,170). There were net payments in the year of £4,929 (2021: net receipts of £26,951), of which £(1,340) was restricted and spends previous year's reserves (2021: £1,340) and £(3,589) unrestricted (2021: £25,611).

Thrive continues to be in a positive financial position with cash reserves at the year-end of £58,318 (2021: £63,247), of which £58,318 is unrestricted, free reserves.

Reserves are held to continue to provide activities for the families and operating the holiday home. The trustees consider the current level of reserves to be appropriate for this purpose.

The trustees feel there is no reason to believe the charity cannot continue as a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

In August 2016 the Charity Commission registered Thrive Cardiff as a new Charitable Incorporated Organisation (Registered CIO: 1168563). The trust commenced trading under the new CIO in April 2017 having taken over the assets, liabilities and activities of the predecessor charity.

The CIO is governed by its constitution and managed by its trustees, who are unremunerated. Trustees are elected by the board. All trustees are requested to complete a DBS Disclosure as the families we support are often vulnerable. All trustees also undertake safeguarding training.

Throughout the year we continued to action and review our policies.

We implement our policies to safeguard the vulnerable Families and also Thrive as a charity. The current climate for small charities is both difficult and challenging and we as Trustees are developing a risk strategy to ensure the longevity of Thrive.

Policies and guidelines include:

- How to book on Thrive events including Cancellation / refunds policy
- Non-disclosure agreement
- Membership criteria
- Data protection policy
- Parent guidelines
- Complaints form
- Child protection policy
- Complaints policy
- Volunteers policy
- Equalities policy

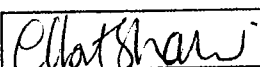
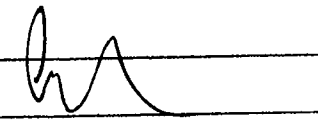
We have also included a cleaning policy and guidelines for the holiday home due to Covid-19 regulations.

DECLARATIONS

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature(s)

	
---	--

Full name(s)

Cath Horton-Shaw	Chantel Nynter
------------------	----------------

Position (eg Secretary, Chair, etc)

Trustee	Trustee
---------	---------

Date

9/2/23

THRIVE CARDIFF

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THRIVE CARDIFF Year Ended 31 March 2022

I report to the charity trustees on my examination of the financial statements of Thrive Cardiff ('the charity') for the year ended 31 March 2022 which are set out on pages 5 to 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

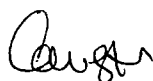
I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts did not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Farzana Ahmed ACCA
Independent Examiner

1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Date: 14/02/2023

THRIVE CARDIFF
RECEIPTS AND PAYMENTS ACCOUNTS
Year Ended 31 March 2022

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
RECEIPTS				
Membership Fees	2,020	-	2,020	230
Donations and legacies	6,306	-	6,306	3,808
Grants	-	7,313	7,313	27,300
Fundraising	2,427	-	2,427	2,532
Trips & Events	13,109	-	13,109	(2,782)
Holiday Home Income	7,640	-	7,640	3,563
Play Centres	883	-	883	
Miscellaneous	20	-	20	470
TOTAL RECEIPTS	<u>32,405</u>	<u>7,313</u>	<u>39,718</u>	<u>35,121</u>
PAYMENTS				
Venue Hire	2,180	-	2,180	-
Equipment, Stationery, Phone	1,132	482	1,614	1,393
Prizes & Fundraising Expenses	730	1,646	2,375	621
Trips & Events	23,672	313	23,985	(3,153)
Insurance and licences	546	-	546	-
Independent examiner's fees	-	-	-	1,080
IT Equipment	-	5,859	5,859	1,960
Miscellaneous Expenses	293	354	647	129
Holiday Home Expenses	7,441	-	7,441	6,140
TOTAL PAYMENTS	<u>35,994</u>	<u>8,653</u>	<u>44,647</u>	<u>8,170</u>
NET RECEIPTS / (PAYMENTS)	<u>(3,589)</u>	<u>(1,340)</u>	<u>(4,929)</u>	<u>26,951</u>
Transfers between funds	-	-	-	-
Cash funds last year	61,907	1,340	63,247	36,296
Cash Funds this year	<u>58,318</u>	<u>-</u>	<u>58,318</u>	<u>63,247</u>


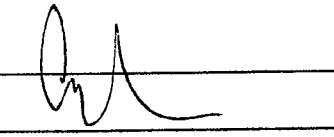
The notes on page 7 form part of these financial statements

THRIVE CARDIFF

**STATEMENT OF ASSETS AND LIABILITIES
Year Ended 31 March 2022**

		Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Cash at Bank	Main Account	21,497	-	21,497	31,113
	Holiday Home Account	34,632	-	34,632	31,777
	Events Account	2,190	-	2,190	357
		<u>58,318</u>	<u>-</u>	<u>58,318</u>	<u>63,247</u>
Assets retained for Charity's Own Use					
	Holiday Home	50,687	-	50,687	50,687
		<u>50,687</u>	<u>-</u>	<u>50,687</u>	<u>50,687</u>

These accounts were approved by the members of the committee and authorised for issue on 09/02/2023 and are signed on their behalf by:

Signature(s)		
Full name(s)	Cath Norton-Shaw	Chantel Nynter
Position (eg Secretary, Chair, etc)	a. 2. 23	9. 2. 23

THRIVE CARDIFF

NOTES TO THE FINANCIAL STATEMENTS Year Ended 31 March 2022

1. TRUSTEE EXPENSES

No trustee received any remuneration from the charity in respect of their services during the period. Out of pocket expenses incurred by the trustees in the performance of their duties were not reimbursed.

2. RELATED PARTY TRANSACTIONS

There were no transactions with related parties in the period.

3. FUND BALANCES

	Balance at 1 Apr 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2022 £
Unrestricted Funds					
General Fund	61,907	32,405	(35,994)	-	58,318
	<u>61,907</u>	<u>32,405</u>	<u>(35,994)</u>	-	<u>58,318</u>
Restricted Funds					
Moondance Foundation	1,340		(1,340)	-	-
Pobl Trust	-	837	(837)	-	-
National Lottery Community Fund	-	6,476	(6,476)	-	-
	<u>1,340</u>	<u>7,313</u>	<u>(8,653)</u>	-	-
	<u>63,247</u>	<u>39,718</u>	<u>(44,647)</u>	-	<u>58,318</u>
	Balance at 1 Apr 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2021 £
Unrestricted Funds					
General Fund	36,296	31,821	(6,210)	-	61,907
Restricted Funds					
Moondance Foundation	-	3,300	(1,960)	-	1,340
	<u>36,296</u>	<u>35,121</u>	<u>(8,170)</u>	-	<u>63,247</u>

The Moondance Foundation provided funding towards tablets, Zoom licence and online training.

The Pobl Trust provided funding towards equipment and supplies for a fishing event.

Funds were received from the National Lottery Community Fund towards tablets, games and arts & crafts materials.

**THRIVE CARDIFF
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022**

Charity Number 1168563

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT Year Ended 31 March 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name:	Thrive Cardiff
Charity registration number:	1168563
Principal Office:	33 Bampton Road Llanrumney CARDIFF CF3 5SE
The Trustees:	Catherine Horton-Shaw Maria Carey <i>from 23 September 2021</i> Chantel Wynter Annmarie McLaughlin Lisa Morgan Rachael Sherman <i>until 20 September 2021</i>

OBJECTIVES AND ACTIVITIES

The purposes of the charity as set out in its governing document are:

The Association is established for charitable objectives and purposes only and for the care, welfare, interest, treatment, education and advancement of persons with disabilities, their families and carers (hereinafter referred to as "the members").

Thrive trustees are all parent volunteers and are not paid staff.

Membership is open to all families, if they have a child with a disability. Membership is charged at £10 per family per year. Trustees meet at regular intervals to discuss the aims of the groups and to ensure policies are being followed. All members are invited to regular trustee meetings.

The main activities thrive provided falls into three categories

- 1) During the term time thrive provides soft play sessions for our families to attend. These sessions are closed to the public and families are able to relax in a safe, secure arena where are families are not judged or discriminated. These sessions are highly subsidised.
- 2) During the School holidays we continue to provide the play sessions but also arrange activities/events/trip each day to keep our family occupied. Activities are planned and run by parent volunteers and families are charged a small fee to cover the cost. Majority of events are highly subsidised by the charity.
- 3) Our holiday home provides our families with a break away from the caring role. Our aim has always been to offer it to members to rent out for short breaks and greatly reduced rates than would normally be available. Many of our families simply cannot afford to go on holiday and it is hoped that the holiday home would serve this purpose and give them the chance to get away for what for many will be their first ever holiday as a family.

We confirm the trustees have had regard to the Charity Commission's guidance on public benefit. At meetings trustees are reminded of guidance issued by the charity commission. All activities are planned following the public benefit guidelines.

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2022

ACHIEVEMENTS AND PERFORMANCE

Events, Trips and Play Sessions

The start of the year saw Wales still under Covid restrictions that did have an impact on services delivered. We resumed events when allowed and maintained WG guidance, events included water sports, fishing, dance classes and the latter part of the year saw the return of theatre shows and soft play sessions. No coach trips have taken place in this period of time due to the Covid situation. The trustees would like to thank members and their families for due diligence and their assistance with supporting the regulations and we had no incidences of Covid reported following events.

Grants and Donations

Small pockets of grants have been accessed and we maintain a healthy bank balance. Due to the current covid situation we have been unable to distribute collection pots. Our annual Christmas raffle raised £785.

Holiday Home

Bookings resumed at the holiday home and this year a total of 64 breaks were taken. This winter we shall be taking the opportunity to replace the heating system and undertaking some basic renovation work. Trustees agree the holiday home is looking tired and requires a freshen up and the homely items being returned to again provide the home from home experience.

Membership

We currently have 118 families we support, a rise of 3 since last year. Our families continue to access our wide range of activities and support. Members have the ability to book a holiday at our holiday home from March until December at a reduced rate and many events are subsidised through our fundraising.

Volunteers

The Trustees would like to Thank our volunteers who assist with hosting events, our volunteers have again this year supported the trustees, and they are invaluable to Thrive. Our link with Cardiff University has been maintained although this year has been difficult with covid we foresee that normal service will be resumed when allowed and we look forward to the return of the students at our sessions.

Child Protection Issues

No issues were reported. All Trustees had their DBS certificates renewed and three of our trustees hold current safeguarding certification.

Complaints

We are pleased to report no complaints were received and the current complaints committee remains in place.

Going Concern and Post-Balance Sheet Events

Thrive continues to be in healthy position despite families facing hardship we have been able to continue to offer our weekly play sessions at the same rate. We have used some of our reserved to subsidise more events this is to allow families to continue to access activities. This is reviewed every event and trustees discuss subsidy and charges to members. We will continue to do this as long as fund remain available. The holiday home is in need of updating and Trustees are looking at this for the following financial year.

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2022

FINANCIAL REVIEW

In the year to 31 March 2022, Thrive Cardiff received income of £39,718 (2021: £35,121). Expenditure for the year was £44,647 (2021: £8,170). There were net payments in the year of £4,929 (2021: net receipts of £26,951), of which £(1,340) was restricted and spends previous year's reserves (2021: £1,340) and £(3,589) unrestricted (2021: £25,611).

Thrive continues to be in a positive financial position with cash reserves at the year-end of £58,318 (2021: £63,247), of which £58,318 is unrestricted, free reserves.

Reserves are held to continue to provide activities for the families and operating the holiday home. The trustees consider the current level of reserves to be appropriate for this purpose.

The trustees feel there is no reason to believe the charity cannot continue as a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

In August 2016 the Charity Commission registered Thrive Cardiff as a new Charitable Incorporated Organisation (Registered CIO: 1168563). The trust commenced trading under the new CIO in April 2017 having taken over the assets, liabilities and activities of the predecessor charity.

The CIO is governed by its constitution and managed by its trustees, who are unremunerated. Trustees are elected by the board. All trustees are requested to complete a DBS Disclosure as the families we support are often vulnerable. All trustees also undertake safeguarding training.

Throughout the year we continued to action and review our policies.

We implement our policies to safeguard the vulnerable Families and also Thrive as a charity. The current climate for small charities is both difficult and challenging and we as Trustees are developing a risk strategy to ensure the longevity of Thrive.

Policies and guidelines include:

- How to book on Thrive events including Cancellation / refunds policy
- Non-disclosure agreement
- Membership criteria
- Data protection policy
- Parent guidelines
- Complaints form
- Child protection policy
- Complaints policy
- Volunteers policy
- Equalities policy

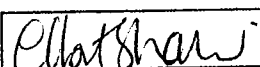
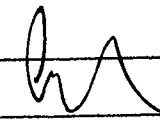
We have also included a cleaning policy and guidelines for the holiday home due to Covid-19 regulations.

DECLARATIONS

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature(s)

	
---	--

Full name(s)

Cath Horton-Shaw	Chantel Nynter
------------------	----------------

Position (eg Secretary, Chair, etc)

Trustee	Trustee
---------	---------

Date

9/2/23

THRIVE CARDIFF

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THRIVE CARDIFF Year Ended 31 March 2022

I report to the charity trustees on my examination of the financial statements of Thrive Cardiff ('the charity') for the year ended 31 March 2022 which are set out on pages 5 to 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

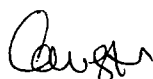
I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts did not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Farzana Ahmed ACCA
Independent Examiner

1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Date: 14/02/2023

THRIVE CARDIFF
RECEIPTS AND PAYMENTS ACCOUNTS
Year Ended 31 March 2022

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
RECEIPTS				
Membership Fees	2,020	-	2,020	230
Donations and legacies	6,306	-	6,306	3,808
Grants	-	7,313	7,313	27,300
Fundraising	2,427	-	2,427	2,532
Trips & Events	13,109	-	13,109	(2,782)
Holiday Home Income	7,640	-	7,640	3,563
Play Centres	883	-	883	
Miscellaneous	20	-	20	470
TOTAL RECEIPTS	<u>32,405</u>	<u>7,313</u>	<u>39,718</u>	<u>35,121</u>
PAYMENTS				
Venue Hire	2,180	-	2,180	-
Equipment, Stationery, Phone	1,132	482	1,614	1,393
Prizes & Fundraising Expenses	730	1,646	2,375	621
Trips & Events	23,672	313	23,985	(3,153)
Insurance and licences	546	-	546	-
Independent examiner's fees	-	-	-	1,080
IT Equipment	-	5,859	5,859	1,960
Miscellaneous Expenses	293	354	647	129
Holiday Home Expenses	7,441	-	7,441	6,140
TOTAL PAYMENTS	<u>35,994</u>	<u>8,653</u>	<u>44,647</u>	<u>8,170</u>
NET RECEIPTS / (PAYMENTS)	<u>(3,589)</u>	<u>(1,340)</u>	<u>(4,929)</u>	<u>26,951</u>
Transfers between funds	-	-	-	-
Cash funds last year	61,907	1,340	63,247	36,296
Cash Funds this year	<u>58,318</u>	<u>-</u>	<u>58,318</u>	<u>63,247</u>


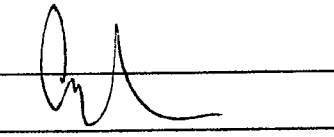
The notes on page 7 form part of these financial statements

THRIVE CARDIFF

**STATEMENT OF ASSETS AND LIABILITIES
Year Ended 31 March 2022**

		Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Cash at Bank	Main Account	21,497	-	21,497	31,113
	Holiday Home Account	34,632	-	34,632	31,777
	Events Account	2,190	-	2,190	357
		<u>58,318</u>	<u>-</u>	<u>58,318</u>	<u>63,247</u>
Assets retained for Charity's Own Use					
	Holiday Home	50,687	-	50,687	50,687
		<u>50,687</u>	<u>-</u>	<u>50,687</u>	<u>50,687</u>

These accounts were approved by the members of the committee and authorised for issue on 09/02/2023 and are signed on their behalf by:

Signature(s)		
Full name(s)	Cath Norton-Shaw	Chantel Nynter
Position (eg Secretary, Chair, etc)	a. 2. 23	9. 2. 23

THRIVE CARDIFF

NOTES TO THE FINANCIAL STATEMENTS Year Ended 31 March 2022

1. TRUSTEE EXPENSES

No trustee received any remuneration from the charity in respect of their services during the period. Out of pocket expenses incurred by the trustees in the performance of their duties were not reimbursed.

2. RELATED PARTY TRANSACTIONS

There were no transactions with related parties in the period.

3. FUND BALANCES

	Balance at 1 Apr 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2022 £
Unrestricted Funds					
General Fund	61,907	32,405	(35,994)	-	58,318
	<u>61,907</u>	<u>32,405</u>	<u>(35,994)</u>	-	58,318
Restricted Funds					
Moondance Foundation	1,340		(1,340)	-	-
Pobl Trust	-	837	(837)	-	-
National Lottery Community Fund	-	6,476	(6,476)	-	-
	<u>1,340</u>	<u>7,313</u>	<u>(8,653)</u>	-	-
	<u>63,247</u>	<u>39,718</u>	<u>(44,647)</u>	-	<u>58,318</u>
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The Moondance Foundation provided funding towards tablets, Zoom licence and online training.

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**THRIVE CARDIFF
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022**

Charity Number 1168563

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT Year Ended 31 March 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name:	Thrive Cardiff
Charity registration number:	1168563
Principal Office:	33 Bampton Road Llanrumney CARDIFF CF3 5SE
The Trustees:	Catherine Horton-Shaw Maria Carey <i>from 23 September 2021</i> Chantel Wynter Annmarie McLaughlin Lisa Morgan Rachael Sherman <i>until 20 September 2021</i>

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We confirm the trustees have had regard to the Charity Commission's guidance on public benefit. At meetings trustees are reminded of guidance issued by the charity commission. All activities are planned following the public benefit guidelines.

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2022

ACHIEVEMENTS AND PERFORMANCE

Events, Trips and Play Sessions

The start of the year saw Wales still under Covid restrictions that did have an impact on services delivered. We resumed events when allowed and maintained WG guidance, events included water sports, fishing, dance classes and the latter part of the year saw the return of theatre shows and soft play sessions. No coach trips have taken place in this period of time due to the Covid situation. The trustees would like to thank members and their families for due diligence and their assistance with supporting the regulations and we had no incidences of Covid reported following events.

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THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2022

FINANCIAL REVIEW

In the year to 31 March 2022, Thrive Cardiff received income of £39,718 (2021: £35,121). Expenditure for the year was £44,647 (2021: £8,170). There were net payments in the year of £4,929 (2021: net receipts of £26,951), of which £(1,340) was restricted and spends previous year's reserves (2021: £1,340) and £(3,589) unrestricted (2021: £25,611).

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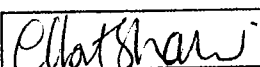
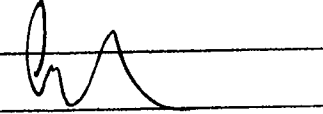
We have also included a cleaning policy and guidelines for the holiday home due to Covid-19 regulations.

DECLARATIONS

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature(s)

	
---	--

Full name(s)

Cath Horton-Shaw	Chantel Nynter
------------------	----------------

Position (eg Secretary, Chair, etc)

Trustee	Trustee
---------	---------

Date

9/2/23

THRIVE CARDIFF

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THRIVE CARDIFF Year Ended 31 March 2022

I report to the charity trustees on my examination of the financial statements of Thrive Cardiff ('the charity') for the year ended 31 March 2022 which are set out on pages 5 to 7.

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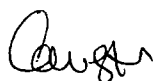
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Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts did not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Farzana Ahmed ACCA
Independent Examiner

1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Date: 14/02/2023

THRIVE CARDIFF
RECEIPTS AND PAYMENTS ACCOUNTS
Year Ended 31 March 2022

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
RECEIPTS				
Membership Fees	2,020	-	2,020	230
Donations and legacies	6,306	-	6,306	3,808
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Play Centres	883	-	883	
Miscellaneous	20	-	20	470
TOTAL RECEIPTS	<u>32,405</u>	<u>7,313</u>	<u>39,718</u>	<u>35,121</u>
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Insurance and licences	546	-	546	-
Independent examiner's fees	-	-	-	1,080
IT Equipment	-	5,859	5,859	1,960
Miscellaneous Expenses	293	354	647	129
Holiday Home Expenses	7,441	-	7,441	6,140
TOTAL PAYMENTS	<u>35,994</u>	<u>8,653</u>	<u>44,647</u>	<u>8,170</u>
NET RECEIPTS / (PAYMENTS)	<u>(3,589)</u>	<u>(1,340)</u>	<u>(4,929)</u>	<u>26,951</u>
Transfers between funds	-	-	-	-
Cash funds last year	61,907	1,340	63,247	36,296
Cash Funds this year	<u>58,318</u>	<u>-</u>	<u>58,318</u>	<u>63,247</u>



The notes on page 7 form part of these financial statements

THRIVE CARDIFF

**STATEMENT OF ASSETS AND LIABILITIES
Year Ended 31 March 2022**

		Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Cash at Bank	Main Account	21,497	-	21,497	31,113
	Holiday Home Account	34,632	-	34,632	31,777
	Events Account	2,190	-	2,190	357
		<u>58,318</u>	<u>-</u>	<u>58,318</u>	<u>63,247</u>
Assets retained for Charity's Own Use					
	Holiday Home	50,687	-	50,687	50,687
		<u>50,687</u>	<u>-</u>	<u>50,687</u>	<u>50,687</u>

These accounts were approved by the members of the committee and authorised for issue on 09/02/2023 and are signed on their behalf by:

Signature(s)		
Full name(s)	Cath Norton-Shaw	Chantel Nynter
Position (eg Secretary, Chair, etc)	9.2.23	9.2.23

THRIVE CARDIFF

NOTES TO THE FINANCIAL STATEMENTS Year Ended 31 March 2022

1. TRUSTEE EXPENSES

No trustee received any remuneration from the charity in respect of their services during the period. Out of pocket expenses incurred by the trustees in the performance of their duties were not reimbursed.

2. RELATED PARTY TRANSACTIONS

There were no transactions with related parties in the period.

3. FUND BALANCES

	Balance at 1 Apr 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2022 £
Unrestricted Funds					
General Fund	61,907	32,405	(35,994)	-	58,318
	<u>61,907</u>	<u>32,405</u>	<u>(35,994)</u>	-	<u>58,318</u>
Restricted Funds					
Moondance Foundation	1,340		(1,340)	-	-
Pobl Trust	-	837	(837)	-	-
National Lottery Community Fund	-	6,476	(6,476)	-	-
	<u>1,340</u>	<u>7,313</u>	<u>(8,653)</u>	-	-
	<u>63,247</u>	<u>39,718</u>	<u>(44,647)</u>	-	<u>58,318</u>
	Balance at 1 Apr 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2021 £
Unrestricted Funds					
General Fund	36,296	31,821	(6,210)	-	61,907
Restricted Funds					
Moondance Foundation	-	3,300	(1,960)	-	1,340
	<u>36,296</u>	<u>35,121</u>	<u>(8,170)</u>	-	<u>63,247</u>

The Moondance Foundation provided funding towards tablets, Zoom licence and online training.

The Pobl Trust provided funding towards equipment and supplies for a fishing event.

Funds were received from the National Lottery Community Fund towards tablets, games and arts & crafts materials.

THRIVE CARDIFF

England & Wales - Charity number 1168563

Accounts

**THRIVE CARDIFF
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2021**

Charity Number 1168563

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT Year Ended 31 March 2021

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name:	Thrive Cardiff	
Charity registration number:	1168563	
Principal Office:	33 Bampton Road Llanrumney CARDIFF CF3 5SE	
The Trustees:	Catherine Horton-Shaw Maria Carey Chantel Wynter Annmarie McLaughlin Lisa Morgan	
	Caroline Bright	<i>until February 2021</i>
	Rachael Sherman	<i>until September 2021</i>

OBJECTIVES AND ACTIVITIES

The purposes of the charity as set out in its governing document are:

The Association is established for charitable objectives and purposes only and for the care, welfare, interest, treatment, education and advancement of persons with disabilities, their families and carers (hereinafter referred to as "the members").

Thrive trustees are all parent volunteers and are not paid staff.

Membership is open to all families, if they have a child with a disability. Membership is charged at £10 per family per year. Trustees meet at regular intervals to discuss the aims of the groups and to ensure policies are being followed. All members are invited to regular trustee meetings.

The main activities thrive provided falls into three categories

- 1) During the term time thrive provides soft play sessions for our families to attend. These sessions are closed to the public and families are able to relax in a safe, secure arena where are families are not judged or discriminated. These sessions are highly subsidised.
- 2) During the School holidays we continue to provide the play sessions but also arrange activities/events/trip each day to keep our family occupied. Activities are planned and run by parent volunteers and families are charged a small fee to cover the cost. Majority of events are highly subsidised by the charity.
- 3) Our holiday home provides our families with a break away from the caring role. Our aim has always been to offer it to members to rent out for short breaks and greatly reduced rates than would normally be available. Many of our families simply cannot afford to go on holiday and it is hoped that the holiday home would serve this purpose and give them the chance to get away for what for many will be their first ever holiday as a family.

We confirm the trustees have had regard to the Charity Commission's guidance on public benefit. At meetings trustees are reminded of guidance issued by the charity commission. All activities are planned following the public benefit guidelines.

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2021

ACHIEVEMENTS AND PERFORMANCE

Events, Trips and Play Sessions

The start of the year saw Wales still under Strict Covid restrictions which had a dramatic impact on services we delivered. We were able to resume services by providing a host of online activities via zoom. Our weekly bingo and family quizzes were well attended by members, seeing familiar faces brought some light relief to our families and we were able to share ideas and help each other through what seemed to be a rollercoaster of emotions. Our families were desperate to meet up for physical events so when WG guidelines allowed we were able to meet at outdoor venues for picnic and walks, ensuring we still maintained WG guidance. Other events included online sunflower competitions, VE day (stay at home) Parties, online balloon race and photography competitions.

No coach trips, theatre trips or Play centre sessions have taken place during this period of time due to the Covid situation. The trustees would like to thank members and their families for due diligence and their assistance with supporting the regulations and we had no incidences of Covid reported following events or activities we hosted.

Grants and Donations

Small pockets of Covid grants have been accessed during this period and we were once again the co-op chosen charity, enabling us to maintain a healthy bank balance. Due to the current Covid situation we have been unable to distribute collection pots, so no funds have been collected via this method. The holiday home was also eligible for WG Covid grants.

Holiday Home

Bookings resumed at the holiday home with our season starting on March 1st 2020, unfortunately only 2 families were able to stay before we were hit with the devastating news that holiday accommodations must close under WG Covid Guidance, this continued until September 2020, with stricter procedures and deep cleaning, we were once again allowed to re-open, providing we left 72 hours between guests, this enabled a total of 16 breaks to be taken.

Trustees worked hard to make the holiday home as Covid safe as possible, removing soft furnishing and items that could help spread Covid. We would like to thank our cleaning team for their assistance with supporting the regulations and we had no incidences of Covid reported following any holiday bookings.

Year	Number of holidays
2016 - 2017	43
2017 - 2018	38
2018 - 2019	36
2019 - 2020	28
2020 - 2021	16

Membership

Due to the Covid situation Trustees decided to postpone the collecting of membership money for this period as many families were experiencing financial hardship. New families were able to access our information from our Facebook groups.

Volunteers

The Trustees would like to thank our volunteers who assist with hosting events, especially our online events, our volunteers have again this year supported the trustees and they are invaluable to Thrive. Our link with Cardiff University has been maintained although as no play centre sessions were held we didn't physically see them. This year has been difficult with Covid and the restrictions placed upon us, we foresee that normal service will be resumed when allowed and we look forward to the return of the students at our sessions.

Child Protection Issues

No issues were reported. All Trustees had their DBS certificates renewed and three of our trustees hold current safeguarding certification.

Complaints

We are pleased to report no complaints were received and the current complaints committee remains in place.

Going Concern and Post-Balance Sheet Events

As we start the financial year Covid restrictions are slowly beginning to ease and we are finally able to restart events and activities when families can meet up. Thrive is financially in a healthy position and the Trustees look forward to finally being able to meet families face to face. At the date of this report the Trustees are satisfied that the charity is able to continue as a going concern for the foreseeable future.

THRIVE CARDIFF

TRUSTEES' ANNUAL REPORT *(continued)* Year Ended 31 March 2021

FINANCIAL REVIEW

In the year to 31 March 2021, Thrive Cardiff received income of £35,121 (2020: £33,919). Expenditure for the year was £8,170 (2020: £45,689). There were net receipts in the year of £26,951 (2020: net payments of £11,770), of which £1,340 was restricted (2020: £nil) and £25,611 unrestricted (2020: £(11,770)).

Thrive continues to be in a positive financial position with cash reserves at the year-end of £63,247 (2020: £36,296), of which £61,907 is unrestricted, free reserves.

Reserves are held to continue to provide activities for the families and operating the holiday home. The trustees consider the current level of reserves to be appropriate for this purpose.

The trustees feel there is no reason to believe the charity cannot continue as a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

In August 2016 the Charity Commission registered Thrive Cardiff as a new Charitable Incorporated Organisation (Registered CIO: 1168563). The trust commenced trading under the new CIO in April 2017 having taken over the assets, liabilities and activities of the predecessor charity.

The CIO is governed by its constitution and managed by its trustees, who are unremunerated. Trustees are elected by the board. All trustees are requested to complete a DBS Disclosure as the families we support are often vulnerable. All trustees also undertake safeguarding training.

Throughout the year we continued to action and review our policies.

We implement our policies to safeguard the vulnerable Families and also Thrive as a charity. The current climate for small charities is both difficult and challenging and we as Trustees are developing a risk strategy to ensure the longevity of Thrive.

Policies and guidelines include:

- How to book on Thrive events including Cancellation / refunds policy
- Non-disclosure agreement
- Membership criteria
- Data protection policy
- Parent guidelines
- Complaints form
- Child protection policy
- Complaints policy policy
- Volunteers policy
- Equalities policy

We have also included a cleaning policy and guidelines for the holiday home due to Covid-19 regulations.

FUNDS HELD AS CUSTODIAN TRUSTEES ON BEHALF OF OTHERS

The charity has a holiday home in the Gower region, which is a fully adaptable property offered to families with disabled children at vastly reduced rates. Separate bank account and accounts are held for the holiday home.

The home is currently held in the name of three of the trustees, as detailed on page 1, one of which is now retired. The process of transferring the holiday home to Thrive began but unfortunately due to Covid regulations the process is very slow and Trustees are hopeful that this will be completed before December 2020.

DECLARATIONS

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature(s)

	
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Full name(s)

Cath Horton-Shaw	Maria Carey
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Position (eg Secretary, Chair, etc)

Chairperson	Trustee
-------------	---------

Date

20.1.22

THRIVE CARDIFF

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THRIVE CARDIFF Year Ended 31 March 2021

I report to the trustees on my examination of the financial statements of Thrive Cardiff ('the charity') for the period ended 31 March 2021 which are set out on pages 5 to 7.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts did not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Farzana Ahmed ACCA
Independent Examiner

1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Date: 27/01/2022

THRIVE CARDIFF

RECEIPTS AND PAYMENTS ACCOUNTS
Year Ended 31 March 2021

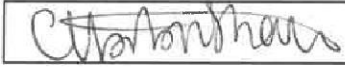

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
RECEIPTS				
Membership Fees	230	-	230	1,320
Donations and legacies	3,808	-	3,808	3,703
Grants	24,000	3,300	27,300	-
Fundraising	2,532	-	2,532	646
Trips & Events	(2,782)	-	(2,782)	24,970
Holiday Home Income	3,563	-	3,563	3,280
Miscellaneous	470	-	470	-
TOTAL RECEIPTS	31,821	3,300	35,121	33,919
PAYMENTS				
Venue Hire	-	-	-	6,200
Equipment, Stationery, Phone	1,393	-	1,393	1,216
Prizes & Fundraising Expenses	621	-	621	-
Trips & Events	(3,153)	-	(3,153)	28,366
Insurance and licences	-	-	-	721
Independent examiner's fees	1,080	-	1,080	1,080
IT Equipment	-	1,960	1,960	-
Miscellaneous Expenses	129	-	129	389
Holiday Home Expenses	6,140	-	6,140	7,717
Legacy income overstated in prior year	-	-	-	-
TOTAL PAYMENTS	6,210	1,960	8,170	45,689
NET RECEIPTS / (PAYMENTS)	25,611	1,340	26,951	(11,770)
Transfers between funds	-	-	-	-
Cash funds last year	36,296	-	36,296	48,066
Cash Funds this year	61,907	1,340	63,247	36,296

THRIVE CARDIFF

STATEMENT OF ASSETS AND LIABILITIES
Year Ended 31 March 2021

		Unrestricted Funds £	Total 2021 £	Total 2020 £
Cash at Bank	Main Account	31,113	31,113	11,185
	Holiday Home Account	31,777	31,777	10,375
	Events Account	357	357	14,736
		<u>63,247</u>	<u>63,247</u>	<u>36,296</u>
Assets retained for Charity's Own Use	Holiday Home	50,687	50,687	50,687
		<u>50,687</u>	<u>50,687</u>	<u>50,687</u>

These accounts were approved by the members of the committee and authorised for issue on 21.1.22 and are signed on their behalf by:

Signature(s)		
Full name(s)	Cath Morton-Shaw	Maria Gately
Position (eg Secretary, Chair, etc)	Chairperson	TRUSTEE

21.1.22

THRIVE CARDIFF

NOTES TO THE FINANCIAL STATEMENTS Year Ended 31 March 2021

1. TRUSTEE EXPENSES

No trustee received any remuneration from the charity in respect of their services during the period. Out of pocket expenses incurred by the trustees in the performance of their duties were not reimbursed.

2. RELATED PARTY TRANSACTIONS

There were no transactions with related parties in the period.

3. FUND BALANCES

	Balance at 1 Apr 2020 £	Income £	Expenditure £	Balance at 31 Mar 2021 £
Unrestricted Funds				
General Fund	36,297	31,821	(6,210)	61,908
Restricted Funds				
Moondance Foundation	-	3,300	(1,960)	1,340
	36,297	35,121	(8,170)	63,248
	Balance at 1 Apr 2019	Income	Expenditure	Balance at 31 Mar 2020
Unrestricted Funds				
General Fund	48,066	33,919	(45,688)	36,297
	48,066	33,919	(45,688)	36,297

The Moondance Foundation has provided funding towards tablets, Zoom licence and online training.

4. TRANSFER OF PROPERTY

On 1 April 2017 Thrive Cardiff Charity (charity number 1071500) transferred its assets and undertakings to Thrive Cardiff CIO. Thrive Cardiff CIO is a Registered Charitable Incorporated Organisation (CIO) (charity number 1168563). It is an autonomous organisation with its own constitution, first adopted on 2 August 2016.

The transfer included the holiday home, which had been held in the names of some of the trustees, on behalf of Thrive Cardiff. The Land Registry shows that the transfer to the CIO was made from 10 August 2020.