

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	16	July	2023		15	July	2024

Section A Reference and administration details

Charity name

The Lateef Project

Other names charity is known by

Registered charity number (if any)

1168459

Charity's principal address

13 Princes St

Toddington, Dunstable

Bedfordshire

Postcode

LU5 6ED

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Stephen Maynard			The Lateef Project board of Trustees
2	Tahirah Yasin			The Lateef Project Board of Trustees
3	Usma Uzzmani			The Lateef Project Board of Trustees
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Elected by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

In addition to being accredited with the Charity Excellence kite mark. The Lateef Project has submitted an application for organisational membership of the BACP and has rejoined the Living Well Consortium.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect good physical and mental health for the public benefit in particular, but not exclusively among Muslims by:

Providing professional confidential and accessible psychotherapeutic faith-based counselling services and other related resources and services

Developing and maintaining good practice in counselling and therapy and raising professional standards and competence by supporting the education and training of counsellors

Advancing the education of the general public in all areas relating to mental health and the role of counselling and therapy in promoting and protecting good mental health

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Lateef Project works to provide Islamic Counselling and Islamic Psychotherapy to Muslims and others experiencing distress or common mental health problems free at the point of use. The Lateef Project works to improve statutory mental health provision, and mental health awareness among Muslims.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

In addition to maintaining our ongoing counselling service, The Lateef Project three papers on Muslim mental health including a case study on its work with Afghan sanctuary seekers following the withdrawal of UK troops from Kabul in 2021.

Section E Financial review

Brief statement of the charity's policy on reserves

At the time having utilised its reserves in supporting people in the covid pandemic, The Lateef Project was working to again develop a health reserve.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

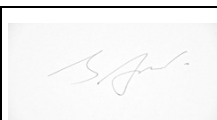
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



T. Yasin

Full name(s)

Stephen Maynard

Tahirah Yasin

Position (eg Secretary, Chair, etc)

Chair

Treasurer

Date 07/05/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

THE LATEEF PROJECT

1168459

Receipts and payments accounts

CC16a

For the period
from

16/07/2023

To

15/07/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,514	-	-	2,514	4,580
Grants	79,434	-	-	79,434	122,000
Contracts	-	-	-	-	2,550
Loan	6,000	-	-	6,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	87,948	-	-	87,948	129,130
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	87,948	-	-	87,948	129,130
A3 Payments					
Salaries	40,999	-	-	40,999	129,817
Advertising & Marketing	-	-	-	-	2,112
Insurance	1,330	-	-	1,330	759
Accountancy	1,500	-	-	1,500	1,500
Telephone	2,459	-	-	2,459	2,207
Postage	140	-	-	140	34
Computers	1,197	-	-	1,197	635
Legal fees	163	-	-	163	35
Travel & Subsistence	19,357	-	-	19,357	30,866
Bank charges	603	-	-	603	-
	-	-	-	-	-
Sub total	67,747	-	-	67,747	167,965
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	67,747	-	-	67,747	167,965
Net of receipts/(payments)	20,201	-	-	20,201	- 38,835
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	38,718	-	-	38,718	77,553
Cash funds this year end	58,919	-	-	58,919	38,718

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	58,919	-	-
		-	-	-
		-	-	-
	Total cash funds	58,919	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Loan	Unrestricted fund	6,000	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

The Lateef Project

**On accounts for the year
ended**

15 July 2024

**Charity no
(if any)**

1168459

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 15/07/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Sajjad Tejani

Date:

13/5/2025

Name:

Sajjad Tejani FCCA

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

Suite G1, Hartsbourne House

Delta Gain, Watford

WD19 5EF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.